

Stability of performance of a handheld radial shape discrimination test in patients at risk of developing neovascular AMD

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Purpose: We are currently investigating a handheld Radial Shape Discrimination (hRSD) test (Wang et al, 2013, IOVS 54:5497) as a potential screening test for detecting new neovascular age-related macular degeneration (nvAMD). The stability of performance of the hRSD test over time was assessed in patients at risk of developing nvAMD prior to disease development.

Methods: Thirty-three non-diabetic participants (mean \pm SD age: 77 \pm 7 years; range: 60-91 years, 19 female) were recruited from a UK AMD clinic. Participants had nvAMD in one eye (for which they were receiving treatment) and no evidence of nvAMD in their fellow eye (study eye, SE) with a visual acuity of 0.4 logMAR or better in that eye. They performed the hRSD test with the SE, under supervision, on 5 occasions over a period of 5.5 \pm 0.8 months. Presence or absence of large drusen (maximum vertical diameter larger than 70 μ m) and disruption of the ellipsoid zone (EZ) within 1500 μ m of the centre of the fovea was assessed on Heidelberg Spectralis OCT at baseline.

Results: Group mean (\pm SD) hRSD thresholds at each time point were -0.54 \pm 0.18, -0.57 \pm 0.17, -0.56 \pm 0.17, -0.56 \pm 0.18 and -0.59 \pm 0.22 logMAR. A repeated measures ANOVA demonstrated that these thresholds were not statistically significantly different [$F(4, 116)=0.56$, $p=0.694$]. Regression analysis of threshold over time showed that the mean slope of individual regression lines was -0.000252 \pm 0.001206. The mean (95%CI) difference in hRSD threshold between the first and the last time points was -0.05 (-0.13 to 0.03) logMAR. Presence/absence of large drusen, or disruption to the EZ had no statistically significant effect on hRSD test performance ($p=0.10$ and $p=0.23$ respectively).

Conclusion: Stability over time prior to the development of the target pathology is an important aspect of a diagnostic test. We have confirmed that hRSD test performance was stable over a period of approximately six months in the fellow (non-nvAMD) eyes of AMD patients and that it remained consistently below the cut-off value for the hRSD test previously suggested to be indicative of disease (-0.37 logMAR).

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