

1 **Title: Activation of a chondrocyte volume-sensitive Cl<sup>-</sup> conductance prior to**  
2 **macroscopic cartilage lesion formation in the rabbit knee anterior cruciate ligament**  
3 **transection osteoarthritis model.**

4  
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21 **Running title: Early  $I_{Cl,vol}$  activity in rabbit ACLT OA**

22

23 **Abstract**

24 **Objective:** The anterior cruciate ligament transection (ACLT) rabbit osteoarthritis (OA)  
25 model confers permanent knee instability and induces joint degeneration. The degeneration  
26 process is complex, but includes chondrocyte apoptosis and OA-like loss of cartilage  
27 integrity. Previously, we reported that activation of a volume-sensitive  $\text{Cl}^-$  current ( $I_{\text{Cl,vol}}$ ) can  
28 mediate cell shrinkage and apoptosis in rabbit articular chondrocytes. Our objective was  
29 therefore to investigate whether  $I_{\text{Cl,vol}}$  was activated in the early stages of the rabbit ACLT OA  
30 model.

31 **Design:** Adult Rabbits underwent unilateral ACLT and contralateral arthrotomy (sham)  
32 surgery. Rabbits were euthanized at 2 or 4 weeks. Samples were analyzed histologically and  
33 with assays of cell volume, apoptosis and electrophysiological characterization of  $I_{\text{Cl,vol}}$ .

34 **Results:** At 2 and 4 weeks post ACLT cartilage appeared histologically normal, nevertheless  
35 cell swelling and caspase 3/7 activity were both significantly increased compared to sham  
36 controls. In cell-volume experiments, exposure of chondrocytes to hypotonic solution led to a  
37 greater increase in cell size in ACLT compared to controls. Caspase-3/7 activity, an indicator  
38 of apoptosis, was elevated in both ACLT 2wk and 4wk. Whole-cell currents were recorded  
39 with patch clamp of chondrocytes in iso-osmotic and hypo-osmotic external solutions under  
40 conditions where  $\text{Na}^+$ ,  $\text{K}^+$  and  $\text{Ca}^{2+}$  currents were minimized. ACLT treatment resulted in a  
41 large increase in hypotonic-activated chloride conductance.

42 **Conclusion:** Changes in chondrocyte ion channels take place prior to the onset of apparent  
43 cartilage loss in the ACLT rabbit model of OA. Further studies are needed to investigate if  
44 pharmacological inhibition of  $I_{\text{Cl,vol}}$  decreases progression of OA in animal models.

45

46 **Keywords**

47 Osteoarthritis; cartilage; ion channels; ACLT; chloride channel; anion channel; caspase;

48 apoptosis

49

50 **Introduction:**

51 Chondrocyte apoptosis is an important contributor to the development and growth of healthy  
52 articular cartilage<sup>1</sup>. In the process of normal bone growth and endochondral ossification,  
53 terminally differentiated chondrocytes are removed from the calcified cartilage by apoptosis  
54 prior to the transition to bone<sup>1</sup>. There is also evidence that an increased incidence of  
55 chondrocyte apoptosis during aging is responsible for the hypocellularity associated with  
56 degradation and/or pathological remodeling of the cartilage matrix, and exacerbates the risk  
57 of degenerative joint diseases such as osteoarthritis (OA)<sup>1</sup>. Study of this in biopsies from OA  
58 patients can suffer from the limitation that OA is typically presented at an advanced stage. To  
59 address this issue, this study used a knee instability anterior cruciate ligament tear rabbit  
60 model (ACLT) which induces OA-like degradative changes in the joint<sup>2, 3</sup> and investigated  
61 changes in chondrocyte physiology taking place prior to apparent macroscopic changes of the  
62 cartilage.

63 During onset of OA, disruption of the collagen network of cartilage is also accompanied by  
64 an increase in water content and a corresponding decrease in cartilage osmolality<sup>4, 5</sup>. Decrease  
65 in extracellular osmolality causes chondrocytes to swell<sup>6</sup>, and cell swelling is, in general, a  
66 trigger for apoptosis<sup>7</sup>. Articular chondrocytes are also exposed to perturbation of osmotic

67 pressure and ionic composition during normal use<sup>6</sup>. Chondrocytes have mechanisms in place  
68 to oppose cell swelling (referred to as regulatory volume decrease, RVD) and several ion  
69 channels and transporters have been implicated in this cell-volume regulatory process (for  
70 reviews see<sup>6, 8</sup> and these have been implicated in pathogenesis of OA.

71 In previous studies, we and others have shown that volume-sensitive Cl<sup>-</sup> channels ( $I_{Cl,vol}$ ) are  
72 functionally expressed by articular chondrocytes and involved RVD<sup>9-11</sup>. Aberrant activation  
73 of  $I_{Cl,vol}$  under iso-osmotic conditions contributes to the cell-shrinkage associated with  
74 induction of apoptosis in cells including chondrocytes<sup>12, 13</sup>. We therefore hypothesized that  
75 the chondrocyte  $I_{Cl,vol}$  may also be associated with OA.

76

77 In the current report we measured *early* changes in chondrocyte volume regulation and of the  
78 volume-sensitive Cl<sup>-</sup> current ( $I_{Cl,vol}$ ), together with an apoptotic marker (caspase activity) and  
79 cartilage histology. Our results show that  $I_{Cl,vol}$ , cell-volume control and caspase activity are  
80 all altered following ACLT, but prior to the manifestation of histologically detectable OA.

81

## 82 **Methods**

83 Brief methods are included below, with more detailed methods in the “**Supplementary**

84 **Methods**” document. All experimental protocols conformed to The Guide for the Care and  
85 Use of Laboratory Animals (National Research Council 2011) and were approved by the  
86 Animal Care and Use Committee of Shiga University of Medical Sciences. All experiments  
87 used adult male white rabbits (body weight, 2.5 to 3kg). Sham and ACLT surgical induction  
88 were conducted on right knees.

89

90 ***Histological examination:***

91 3µm thick sections were obtained from the femoral side of patellofemoral joints and stained  
92 with toluidine blue and safranin-O as for proteoglycans and glycosaminoglycans. For overall  
93 evaluation of the cartilage area, tissues were graded by 3 blinded observers using both the  
94 Mankin score system<sup>14</sup> and OARSI histopathology score<sup>15</sup>.

95

96 ***Isolation of rabbit articular chondrocytes:***

97 Articular chondrocytes were isolated using an enzymatic dissociation procedure similar to  
98 that described previously<sup>16</sup> with modifications<sup>10</sup>. Dispersed chondrocytes were washed three  
99 times, re-suspended in DMEM supplemented 40mM mannitol (~360mosmol/L) and used  
100 within 8h.

101

102 ***Caspase-3/7 activity measurement:***

103 Caspase-3/7 activity was measured as an indicator of apoptosis using the Caspase-Glo 3/7  
104 assay system (Promega, Madison, WI, USA). The luminescent signal was measured with a  
105 luminometer (Infinite M200, Tecan, Männedorf, Switzerland).

106

107 ***Cell swell assay:***

108 Cell size measurements and patch-clamp experiments were conducted on round-shaped  
109 chondrocytes. Live chondrocytes microscopy images were captured (at 1 min intervals)  
110 before and during a hypo-osmotic challenge at a 2560×1920 pixel resolution using a CCD  
111 digital camera (DS-Fi1, Nikon) equipped with a DS-L2 control unit (Nikon). The cell cross-  
112 sectional areas were calculated using Image-J (NIH, Bethesda, MD, USA). These were each  
113 normalized to their respective initial iso-osmotic size.

114

115 ***Electrophysiology:***

116 Whole-cell membrane currents were recorded from isolated chondrocytes. Square-step and  
117 voltage-ramp protocols were used to record whole-cell currents. Hypotonic-isotonic

118 difference currents were calculated by subtracting individual currents under isotonic  
119 conditions, from the equivalents in hypotonic conditions. We calculated conductance plots  
120 using Boltzmann transformations of data to separate the underlying whole-cell ion  
121 conductance from the Ohmic driving force for ion flow. These data were then fit by  
122 Boltzmann equations<sup>17</sup> as follows;

123

$$124 \quad g_{(V_m)} = \frac{g}{(1 + \exp(V_m - V_h)/k)}$$

125

Equation 3

126 where  $g$  is the maximal conductance,  $V_h$  is the  $V_m$  at which the conductance is half-activated  
127 (“midpoint”) and  $k$  is the slope of activation.

128

129 ***Statistical analysis:***

130 Data are written as means (95% confidence intervals), with the number of animals (cell  
131 isolations) and cells from which measurements were made indicated by  $N$  and  $n$ , respectively.

132 Statistical comparisons were made using either Student’s t-test or a general linear model  
133 ANOVA (Minitab version 17, Minitab Ltd., Coventry UK) as stated.

134



135 ***Solutions and Chemicals:***

136 The iso-osmotic external solution used for the patch-clamp experiments contained (in mM):  
137 mannitol 150, NaCl 100, MgCl<sub>2</sub> 2.0, BaCl<sub>2</sub> 2.0, GdCl<sub>3</sub> 0.03, glucose 5.5, and Hepes 10 (pH  
138 7.4). Measured osmolality was approximately 360 mOsm. This osmolality was chosen  
139 because it resembles that of native cartilage. The pipette solution contained (in mM): caesium  
140 aspartate 135, CsCl 30, TEA-chloride 20, MgCl<sub>2</sub> 2.0, Tris-ATP 5.0, Na<sub>2</sub>-GTP 0.1, EGTA 5.0,  
141 and Hepes 5.0 (pH 7.2). The iso-osmotic external solution used for measuring cell swell  
142 contained (in mM): mannitol 180, NaCl 90, KCl 5.4, CaCl<sub>2</sub> 1.8, MgCl<sub>2</sub> 0.5, NaH<sub>2</sub>PO<sub>4</sub> 0.33,  
143 glucose 5.5, and Hepes 5.0 (pH 7.4). The hypo-osmotic external solution was made by  
144 omitting mannitol.

145

146 **Results**

147 ***Histological observation:***

148 2 and 4 weeks following surgical treatment, tissue slices were prepared and assessed  
149 according to both the Mankin and OARSI osteoarthritis scoring systems<sup>14, 15</sup>. All areas of the  
150 2 and 4-wk specimens of the ACLT knees were found to have macroscopically normal  
151 histological appearance in both toluidine blue and safranin-O staining (Figure 1).

152

153 ***Cell-volume control assay:***

154 To analyze whether changes in cellular phenotype had developed in chondrocytes from the

155 macroscopically normal cartilage, we began by assessing chondrocyte cell-volume properties.

156 We measured relative cell-volume response from isolated sham (control), ACLT 2wk and

157 ACLT 4wk rabbit cartilage isolated chondrocytes, using our cell-swell assay. Cells were

158 incubated in 360mOsm solution and then exposed to a (180mOsm) hypo-osmotic external

159 solution. The degree of hypo-osmotic cell swelling was evaluated by measuring the cross-

160 sectional area of cell images. As shown in Figure 2, exposure of a chondrocyte to hypo-

161 osmotic solution led to a rapid increase in relative cell size (approx. 6% swell, Figure 2)

162 compared to that in control cells. Figure 2 also shows the time-course of cell swell under

163 these conditions. Chondrocytes from ACLT 2wk and 4wk rabbit cartilage tissue showed a

164 more rapid increase in cell size than controls, both reaching a highly significantly greater

165 relative volume at 5min post hypotonic challenge (approx. 8% and 11% swell respectively,

166 Figure 2). These changes could result from a reduced capacity of chondrocytes to regulate

167 their cellular-volume at a very early stage of OA progression.

168

169 ***ACLT induced caspase 3/7 activity:***

170 Changes in cellular volume regulation are frequently linked to progression of apoptosis. To  
171 investigate this we used an apoptosis assay. We used a caspase-3/7 activity assay since it has  
172 been previously demonstrated that this is a major step in apoptotic cell death<sup>18</sup>.

173 As a positive control, we used TNF $\alpha$  treatment (24hrs 10ng/ml). We also investigated if this  
174 process could be prevented by an inhibitor of the swelling/volume sensitive chloride channel  
175 blocker DCPIB. TNF $\alpha$  induced a significant increase in caspase-3/7 activity and this was  
176 abolished by DCPIB. DCPIB alone had no effect on population incidence of apoptosis. We  
177 also determined incidence of apoptosis in ACLT cartilage and the controls. We found  
178 caspase-3/7 activity to be significantly elevated in both 2wk and 4wk ACLT OA models  
179 (Figure 3) in comparison with control.

180

181 ***Constitutive anion channel activity in ACLT chondrocytes and controls:***

182 Articular chondrocytes express a wide variety of cation and anion channels important for cell  
183 volume control<sup>8</sup>. We recently showed a major contribution of  $I_{Cl.vol}$  to drug doxorubicin-  
184 induced chondrocyte apoptosis in chondrocytes<sup>13</sup> and so the current study focused on anion  
185 currents. Isolated rabbit articular chondrocytes were investigated under conditions designed

186 to minimize  $\text{Na}^+$  currents (a holding potential of  $-30\text{mV}$ ),  $\text{Ca}^{2+}$  currents (removal of  $\text{Ca}^{2+}$   
187 from the external solution),  $\text{K}^+$  currents (omission of  $\text{K}^+$  from the internal solution and  
188 addition of  $\text{BaCl}_2$  to the external solution), and electrogenic  $\text{Na}^+/\text{K}^+$  pump current (omission  
189 of  $\text{Na}^+$  and  $\text{K}^+$  from internal and external solutions, respectively).  $\text{Gd}^{3+}$ -sensitive stretch-  
190 activated channels<sup>19</sup> were also blocked by adding  $30\ \mu\text{M}$   $\text{GdCl}_3$  to the bath.  $\text{Gd}^{3+}$  also blocks  
191 the majority of TRP cation channels<sup>20</sup>. Figure 4A and B shows representative whole-cell  
192 currents under these conditions, in response to 200 ms square voltage-clamp steps applied  
193 from a holding potential of  $-30\ \text{mV}$  to test potentials of  $+80$  to  $-100\text{mV}$  in  $10\text{mV}$  steps. In  
194 our previous pharmacological studies, we established this was a chloride conductance<sup>9, 10</sup>. To  
195 allow in depth analysis of the whole-cell conductance we transformed the current-voltage  
196 data to whole-cell conductance plots (Figure 4E). These were then fit with Boltzmann curves  
197 (Equation 3) showing that maximum conductance ( $g$ ) was significantly increased by ACLT  
198 surgery, but that slope ( $k$ ) and half-maximum conductance activation ( $V_h$ ) were not  
199 significantly changed (Figure 4E).

200

### 201 ***Hypotonicity-activated anion channel activity in ACLT chondrocytes and controls:***

202 Exposure of the chondrocyte to hypo-osmotic solution caused increase in the whole-cell

203 current in chondrocytes from both control and ACLT cartilage (Figure 4C, D and Figure 6C,  
204 D). The hypo-osmotic swelling-activated current was also largely time-independent at  
205 potentials negative to +50mV and outwardly rectifying with a reversal potential (Figure 4E  
206 and F) close to the calculated  $E_{Cl^-}$ . To investigate the molecular identity of the hypotonically  
207 activated chloride conductance, we measured difference currents of control cells with and  
208 without the presence of 3 different chloride channel blockers; CaCC<sub>Inh</sub>-A01 (a selective  
209 blocker of the Ca<sup>2+</sup>-activated chloride channel and TMEM16A/anoctamin-1/ANO-1)<sup>21</sup>,  
210 DCPIB (an inhibitor of the volume sensitive anion channel<sup>22</sup>), VSAC/VRAC) and  
211 arachidonic acid (an inhibitor of VRAC<sup>23</sup>). All 3 of these caused a significant inhibition of  
212 conductance, CaCC<sub>Inh</sub>-A01 significantly more effective than DCPIB or arachidonic acid  
213 (Figure 5).

214 To analyze ACLT induced changes in underlying conductance in detail, we Boltzmann  
215 transformed control and ACLT hypotonic difference currents and fitted these with Equation 3  
216 (Figure 6E). In both controls and ACLT samples, hypotonicity results in a significant  
217 increase in maximum conductance and steeper slope (smaller absolute  $k$ ). In control cells, the  
218 half maximum activation voltage ( $V_h$ ) of conductance was significantly shifted to the left  
219 (channels open at more negative potentials) by hypotonic challenge. This leftward shift of  $V_h$

220 was not apparent in ACLT cells. To analyze and quantify just the hypotonically activated  
221 current, without contamination of the tonically active current, we constructed difference  
222 currents, for currents in isotonic and hypotonic solutions. The hypo-osmotic swelling-  
223 activated difference current was also outwardly rectifying with a reversal potential (Figure 4E  
224 and F) close to  $E_{Cl^-}$ . We Boltzmann transformed and fitted the hypotonic-isotonic difference  
225 currents in control and ACLT chondrocytes (Figure 7). The difference current maximum  
226 conductance ( $g$ ) was significantly greater in ACLT chondrocytes and shifted to the right  
227 compared to controls. The slope of activation was not significantly different.

228

## 229 **Discussion**

230 In this study we used a rabbit joint destabilization model of early arthritis. We investigated  
231 samples prior to the development of macroscopic cartilage changes, but found that caspase-  
232 3/7 activity (apoptosis), cell-volume regulation and the chloride conductance  $I_{Cl.vol}$  were all  
233 significantly altered in ACLT treatment joints compared to sham controls.

234

235 The diagnosis of OA is mainly based on physical examination and radiograph (Kellgren-  
236 Lawrence grading (K-L Grading)) supported by laboratory tests such as C-reactive protein

237 (CRP), erythrocyte sedimentation rate (ESR) or arthroscopy. Each of these diagnostic  
238 techniques has limitations: Radiographs provide positive results only after significant  
239 progression of disease<sup>24</sup>. C-reactive protein and ESR are indicators of inflammation, but are  
240 not site specific. Arthroscopy reveals damage to cartilage that is not visible on radiographs,  
241 but is an invasive technique. Magnetic resonance imaging is a useful alternative and non-  
242 invasive technique, but cost and availability can prevent routine use. Joint tissue degeneration  
243 is therefore usually advanced by the time the diagnosis and our research focus has shifted to  
244 understand the earliest physiological changes in cartilage or chondrocytes.

#### 245 *Histological Analysis of control and post ACLT samples*

246 Our histological data convincingly show no significant difference in indicators of  
247 degeneration between any of the three groups using the Mankin score system<sup>14</sup> or OARSI  
248 histopathology score<sup>15</sup>. These histological results are consistent with previous reports. For  
249 whilst a previous study did observe degenerative changes 4 weeks post ACLT, they were  
250 much less marked than longer term studies and there was no evidence of full-thickness  
251 ulceration. In addition, those changes that were observed were quite variable between  
252 samples<sup>3</sup>. Therefore, it appears that 4-week post-ACLT is, in rabbits, somewhat of a threshold  
253 stage of OA where macroscopic changes just begin to materialize.

254 ***Changes in cell volume properties***

255 Despite the lack of clear macroscopic histological changes in the 2 or 4-week ACLT cartilage  
256 samples, we did find a number of changes in chondrocyte cellular physiology. What triggers  
257 these changes prior to evident changes in matrix structure is unknown; possibilities include  
258 changes in mechanical loading of cartilage and thus resident chondrocytes<sup>25</sup>, or very early  
259 biochemical changes and induced stress, several of which have been shown to change early in  
260 models of OA<sup>26, 27</sup>. Potentially, even the established changes in cartilage osmolality<sup>4</sup> could  
261 lead to secondary changes in chondrocyte phenotype. Since chondrocytes produce the  
262 enzymes that maintain cartilage, it seems logical that changes in chondrocyte phenotype  
263 could precede evident extracellular matrix changes. The first observation we made was that  
264 chondrocytes swelled more following ACLT treatment than sham controls. Since passive cell  
265 swell and RVD take place in parallel, this phenomenon could be due to a decreased capacity  
266 for RVD (which would otherwise oppose cell swell), a change in cytoskeletal properties, or  
267 an increase in cell membrane permeability to water which could arise from the increased  
268 aquaporin expression we previously reported to occur in some models of OA<sup>28</sup>. These  
269 hypotheses are not mutually exclusive, since it is likely that changes in any of the  
270 components of cell-volume regulation, such as aquaporins, *I<sub>Cl.vol</sub>*, BK etc<sup>8</sup> could lead to an



271 impaired ability to undergo RVD.

### 272 *Changes in apoptosis*

273 One key consequence of altered cell-volume regulation is programmed cell death,  
274 apoptosis<sup>29, 30</sup>. Other important elements of the apoptotic pathway are the activity of a  
275 number of intracellular enzymes including the caspases<sup>31</sup>. We chose to investigate caspase  
276 activity, with a luminescence system optimized for detection of isoforms 3/7, since it is  
277 thought that all apoptosis pathways pass through these<sup>31</sup>. Our data showed that caspase-3/7  
278 activity was increased at both 2-weeks and 4-weeks following ACLT confirming again, that  
279 cellular physiological changes had taken place prior to observable macroscopic degeneration.

### 280 *Electrophysiological changes*

281 Several ion channels are involved with chondrogenesis<sup>32</sup>, chondrocyte migration<sup>33</sup>, volume  
282 control/ apoptosis<sup>34, 35</sup> and mechanotransduction<sup>36</sup>. Considerable interest has also surrounded  
283 the chondrocyte stretch activated BK channel<sup>8, 37, 38</sup> and TRPV4 cation channels<sup>39-41</sup>, with  
284 TRPV4 being raised as a potential therapeutic target in a range of musculoskeletal diseases<sup>42</sup>.  
285 Anion channels are, however, equally important to cation channels and some of our own  
286 previous work has shown that a swell activated chloride channel  $I_{Cl,vol}$  is of particular  
287 importance to development of apoptosis in chondrocytes<sup>13</sup>. Our previous

288 electrophysiological studies showed that  $I_{Cl,vol}$  (also referred to as the volume-sensitive  
289 organic osmolyte/anion) is functionally expressed in rabbit articular chondrocytes and is  
290 involved in cell volume maintenance mechanisms such as RVD<sup>9, 10</sup>. In addition to this  
291 physiological importance in the homeostatic regulation of cell volume, activation of  $I_{Cl,vol}$  has  
292 also been suggested to contribute to the cell shrinkage associated with apoptosis in several  
293 cell types<sup>12</sup>.

294 In the present study we measured whole-cell currents in conditions optimized for detection of  
295 chloride conductances (e.g., potassium free etc). We analyzed currents under both isotonic  
296 conditions and following hypotonic shock. Both “resting” (iso-osmotic) and hypotonic-  
297 activated currents were increase significantly in cells from joints 4 weeks post ACL. Detailed  
298 analysis reveals that hypotonic challenge of chondrocytes changed the maximum chloride  
299 conductance, the slope and midpoint for voltage activation of this conductance. Changes to  
300 all three of these parameters is fully consistent with the idea that hypotonicity activates a  
301 chloride conductance that is not present under isotonic conditions in control chondrocytes  
302 (i.e.,  $I_{Cl,vol}$  see *Figure 4*). Conversely, ACLT treatment significantly increased only the  
303 maximal conductance of chondrocytes without significantly changing either slope or  
304 midpoint of its activation; consistent with the hypothesis that there has been an increase in the

305 number of active  $I_{Cl,vol}$  channels, rather than a change in their electrophysiological properties  
306 or expression of an entirely new/different channel. It is also consistent with a hypothesis that  
307 there has been an activation of  $I_{Cl,vol}$ , even under isotonic conditions. Calculation of  
308 Boltzmann parameters from hypotonic-isotonic difference currents removes any contribution  
309 from constitutively active background conductances active under isotonic conditions.

310 Previously, two clearly distinguishable phenotypes of anion channels have been linked to cell  
311 apoptosis and cell volume regulation; the volume-regulated anion channel (VRAC) and the  
312 calcium-activated chloride conductance (CaCC)<sup>23, 43</sup>. Molecular identities have proven  
313 elusive with several gene products having been proposed; CLCN3 (CLC3), bestrophin, ANO-  
314 1 (an anoctamin) and the LRRC8 family<sup>43, 44</sup>. Latest evidence suggests that ANO-1 is  
315 synonymous with CaCC<sup>43, 45</sup> and LRRC8 gene family products contribute to VRAC<sup>46, 47</sup>. The  
316 correlation between gene and functional channel identity is still somewhat unclear however,  
317 since there is also evidence to state that LRRC8 gene products are *non*-critical to VRAC  
318 function<sup>48</sup>. Our own recent qPCR studies of human cartilage show the presence of chloride  
319 channels CLCN-3, CLCN-7 and bestrophin, but we were not able to analyze either the  
320 anoctamin or LRRC8 families<sup>49</sup>. Here, we attempted to identify the underlying phenotype of  
321  $I_{Cl,vol}$  using a pharmacological approach, since rabbit chloride channel gene sequences are not

322 yet well characterized. There are no truly selective drugs for chloride channels, but DCPIB is  
323 considered somewhat selective for VRAC relative to other volume-activated chloride channel  
324 candidates such as CLC-3 and ANO-1<sup>22</sup>. Arachidonic acid is also thought to inhibit VRAC,  
325 but not ANO-1<sup>23</sup>. Conversely, CaCC<sub>Inh</sub>-A01 is thought selective for CaCC<sup>21</sup> compared to  
326 VRAC. We chose optimal concentrations of agents, based on the literature quoted above and  
327 found both arachidonic acid and DCPIB to powerfully inhibit control  $I_{Cl,vol}$ . Interestingly, the  
328 apparently selective ANO-1 inhibitor CaCCInh-A01 also inhibited  $I_{Cl,vol}$  albeit significantly  
329 less potently than inhibitors of VRAC. Tentatively, our data suggests that both ANO-1- like  
330 and VRAC-like conductances may contribute to  $I_{Cl,vol}$ . Comparison of Boltzmann parameters  
331 between control and ACLT chondrocytes shows a large increase in maximum conductance,  
332 but no change in slope (*see Figure 7*). There is also, in this case, a shift of midpoint for  
333 voltage activation to the right (more positive potentials). This is surprising given the lack of  
334 shift in midpoint of the raw Boltzmann and supports the hypothesis that, following ACLT  
335 treatment, there is a substantial proportion of  $I_{Cl,vol}$  channel active under isotonic conditions,  
336 i.e., even before the application of hypotonic stretch. In all these scenarios, using an  
337 electrophysiological approach, it is not possible to determine if the profound increases in  
338 chloride conductance associated with ACLT result from the increased cell swell (shown in

339 Figure 2) or are independent of this. That there appears to be an increase of  $I_{Cl,vol}$  activity  
340 even under isotonic conditions following ACLT, may suggest the latter; increased functional  
341 expression. There are no direct proteomic or transcriptomic data for the rabbit ACLT OA  
342 model, but there is considerable evidence of changes in anion channel expression and DNA  
343 methylation in human studies, albeit of OA at advanced stages of progression. Specifically,  
344 recent microarray studies revealed significant changes in ANO-1/TEMEM16A<sup>28</sup>.  
345 Furthermore, LRRC8 genes also appear profoundly different in human OA. Next  
346 generation sequencing shows a 2.4 fold increase in LRRC8D (*adjusted p-val* 1.05e-6<sup>50</sup>) and  
347 fascinatingly, this is matched by a differentially methylation loci within LRRC8 genes<sup>51</sup>.  
348 Conversely, the hypo-osmotic state of more advanced degenerating cartilage itself may be  
349 expected to have an opposing effect on overall chloride conductance (i.e., decreasing chloride  
350 conductance), since *in vitro* studies, subjecting a human chondrocyte cell line to hypo-  
351 osmotic stress decreased expression of CLC-7/CLCN7<sup>52</sup>, a chloride channel especially  
352 involved with acid-base regulation.

353 In the light of these data, we hypothesize that increased activation of  $I_{Cl,vol}$  may occur at an  
354 early stage of OA and persist through its progression. Since volume-activated channels  
355 contribute to cell shrinkage, and cell shrinkage is a key component of apoptosis, this may be

356 associated with the increase in caspase 3/7 activity. It should be noted, however, that we  
357 applied a hypo-osmotic solution for only a few minutes, whilst naturally, patients would have  
358 a decrease in joint fluid osmolality for many years. Future studies will be needed to  
359 determine if chloride channel inhibitor drugs or biologics are able to reduce progression of  
360 OA in pre-clinical models.

361

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366

## 367 **Author Contributions**

368 (1) The conception and design of the study, or acquisition of data, or analysis and  
369 interpretation of data: KK FT CAS TM NO HM YM SI RBJ.

370 (2) Drafting the article or revising it critically for important intellectual content:

371 KK FT CAS TM NO HM YM SI RBJ.

372 (3) Gave final approval of the version to be submitted: KK FT CAS TM NO HM YM

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376 The funders had no role in the design, data collection and analysis, decision to publish, or the

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378

379 **Conflict Of Interest**

380 None of the authors has any conflict of interest in the outcomes of this study.

381

382

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542

543

544 **Figure Legends**

545 **Figure 1: Cartilage histology following ACLT.** Histological findings after Safranin O (A,  
546 C, E) and toluidine blue (B, D, F) staining in the 3 groups (sham (control) (A, B), ACLT 2w  
547 (C, D) and ACLT 4w (E, F)). Scale bar: 2 mm. All areas of ACLT 2-week and 4-week were  
548 preserved with normal appearance. Mankin score and OARSI score were also normal.

549

550

551 **Figure 2: Control and ACLT Chondrocyte Swell Data.** Changes in cell (chondrocyte)  
552 cross-sectional area in cells from sham (blue circles), and ACLT after 2 weeks (ACLT 2W,  
553 yellow circles) and 4 weeks (ACLT 4W, red triangles). Isotonic (360 mOsm) solution was  
554 changed to hypotonic solution (180 mOsm) at time 0s. Exposure of chondrocytes to  
555 hyposmotic solution led to a rapid increase in relative cell size (6% swell; i.e., 1.06, 95% CI  
556 1.021 – 1.099 at 5 min, n =15, N =5) in control cells, and this swell was significantly greater  
557 with cells from ACLT 2W and 4W tissue (ACLT 2wk; 1.08, 95% CI 1.060 - 1.020 at 5 min, n  
558 =21, N =5,  $p \leq 0.0005$ ; ACLT 4wk; 1.11, 95% CI 1.071 - 1.149 at 5 min, n =11, N =5,  
559  $p \leq 0.0005$ . There was no significant change in absolute initial volumes (control 875, 95% CI  
560 848 – 902 $\mu\text{m}$ ; ACLT 2wk 726, 95% CI 707 - 745 $\mu\text{m}$  and ACLT 4wk 935, 95% CI 915 –  
561 955 $\mu\text{m}$ ). All *p-values* were obtained from Dunnett's *post-hoc* multiple comparison against  
562 control).

563

564

565 **Figure 3: Caspase-3/7 activity, measured from chondrocytes.** Caspase activity is given in  
566 terms of luminescent intensity (arbitrary units) measured with the Caspase-glo 3/7 assay  
567 system described in the methods. Columns represent cells from control tissue, ACLT 2 and  
568 4w represent that from tissue 2 and four weeks after ACLT. Control +TNF $\alpha$  is a positive  
569 control where control rabbit chondrocytes were exposed to 10ng/ml TNF $\alpha$  for 24hr, Control +  
570 DCPIB is a negative control (cells exposed to 20 $\mu$ M DCPIB). Control + TNF $\alpha$  + DCPIB  
571 combines the TNF $\alpha$  and DCPIB treatments, as described for the previous columns. Asterisks  
572 represent data significantly increased from control (Minitab GLM ANOVA, Dunnett's  
573 multiple comparison *post hoc* test \*\*  $p \leq 0.0005$ ). Caspase-3/7 activity was markedly elevated  
574 in chondrocytes from ACLT 2w (1.24, 95% CI 1.20 - 1.28, n =20, N =5,  $p \leq 0.0005$ ), 4w (1.52,  
575 95% CI 1.40 - 1.64, n =20, N =5,  $p \leq 0.0005$ ) animals and Control + TNF $\alpha$  (2.15, 95% CI 2.09  
576 - 2.21, n =20, N =5,  $p \leq 0.0005$ ). There was no significant increase from control with either  
577 DCPIB alone, or TNF $\alpha$  +DCPIB). Note, the increase between 2wk and 4wk was also  
578 statistically significant  $p=0.0026$ . Each cell numbers  $1 \times 10^5$  cells/ml.  
579

580 **Figure 4: Control chondrocyte whole-cell data.** Switch from isotonic solution to hypotonic  
581 solution (as described in the methods) resulted in increased whole-cell conductance in  
582 chondrocytes from sham control rabbit tissue. Solutions optimized for detection of chloride  
583 conductances (*see methods*). (A) Representative continuous raw current data trace during  
584 switch from isotonic to hypo and then hypertonic solution. Constant ramps (dV/dt 0.25V/s)  
585 were applied at 6s intervals, with full current voltage protocols run at points indicated by “a”  
586 and “c” (see B to E). (B) Expanded view of the raw current voltage data shown in (Aa,b).  
587 The upper panel illustrates the voltage protocol; the lower traces “a” and “b” are the resultant  
588 current traces. Superimposed current traces are in response to 200 ms square-steps applied  
589 from a holding potential of -30 mV to test potentials of +80 through -100 mV in 10 mV  
590 steps. (C) Mean current voltage data from a number of protocols such as that shown in A and  
591 B. The filled black circles indicate recordings in isotonic solution. There is a large activation  
592 of current in the presence of hypotonic solution (filled blue circles). (D) Subtraction of the  
593 current in isotonic from the current in hypotonic solution gives the hypotonic activated  
594 (difference) current. Current reverses near to the calculated reversal potential for chloride  
595 ions ( $E_{Cl^-}$  19mV). (E) Boltzmann transformation of the current-voltage curves in C (junction  
596 potential corrected data). Control isotonic data (black filled circles) is fit with midpoint ( $V_h$ )



597 40 (95% CI 16.5 - 63.5) mV, slope ( $k$ ) 62 (95% CI 42.4 - 81.6) mV and maximum  
598 conductance ( $g$ ) of 364 (95% CI 268 - 460) pS/pF. In hypotonic solution (blue filled circles),  
599 the mean control chondrocyte Boltzmann curve is significantly; shifted to the left ( $V_h = -2$ ,  
600 95% CI -11.8 - 7.8 mV,  $p \leq 0.0005$ ), steeper slope ( $k = 31$ , 95% CI 23.2 - 38.8 mV  $p = 0.018$  and  
601 larger (maximum conductance  $g = 1350$ , 95% CI 1250 - 1450 pS/pF  $p = 0.009$ ). Note that  
602 these are Benjamini-Hochberg adjusted  $p$ -values.

603

604 **Figure 5: Pharmacological analysis of the hypotonically activated conductance.**

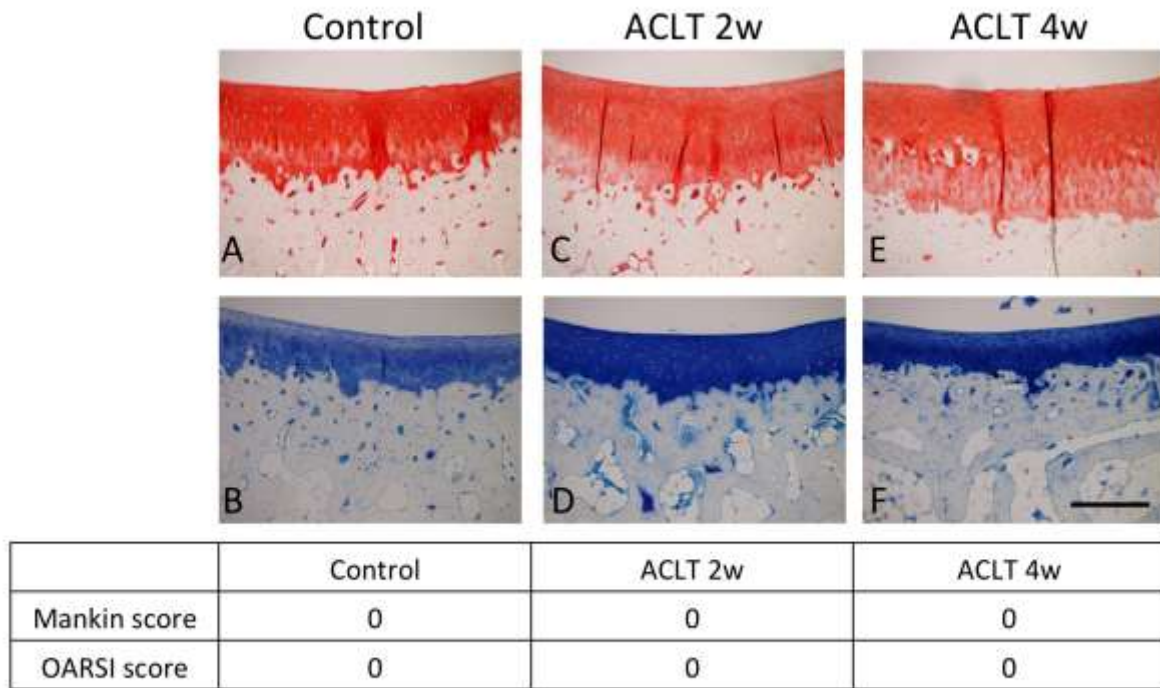
605 Hypotonic difference currents, recorded and calculated as in Figure 4D. Empty circles are  
606 under control conditions, solid circles in the presence of 20  $\mu$ M CaCCinh-A01, solid triangles  
607 in the presence of 20  $\mu$ M DCPIB and empty circles in the presence of 30  $\mu$ M arachidonic acid  
608 (AA). \*  $p = 0.007$ , \*\*  $p < 0.0005$  general linear model ANOVA ( $V_m$  \* drug) with Tukey's  
609 Pairwise multiple comparisons (post-hoc) test. This pairwise comparison test also revealed  
610 that the difference curves for DCPIB and AA were significantly more inhibited than that in  
611 the presence of CaCCinh-A01 ( $p$ -values = 0.012 and 0.020 respectively). DCPIB and AA  
612 curves were not themselves significantly different.

613 **Figure 6: Whole-cell data from ACLT 4wk chondrocytes.** (A) Raw data from the same  
614 protocol as that described in Figure 4, but using chondrocytes from 4W ACLT animals.  
615 Switching from isotonic solutions to hypotonic solutions activates a large voltage-gated  
616 current, with full current voltage protocols (see B to E) run at points indicated by “a” and “b”.  
617 (B) Expanded view of the raw current voltage data shown in (Aa,b). The upper panel  
618 illustrates the voltage protocol; the lower traces “a” and “b” are the resultant current traces.  
619 (C) Mean current voltage data from a number of protocols such as that shown in A and B.  
620 Currents recorded in isotonic solution are shown as black filled circles. There is a large  
621 activation of current in the presence of hypotonic solution (red filled circles). (D) Subtraction  
622 of the current in isotonic from the current in hypotonic solution gives the hypotonic activated  
623 (difference) current. As Figure 4, this current reverses near to the calculated  $E_{Cl^-}$ . (E)  
624 Boltzmann transformation of the current-voltage curves in C. 4wk ACLT isotonic data (black  
625 filled circles) is fit with midpoint ( $V_h$ ) 23 95% CI (-0.5 – 46.5) mV, slope 42 (95% CI 34 –  
626 50) mV. These are not significantly different to the control isotonic equivalent values  
627 ( $p=0.35$  and  $p=0.11$  respectively). Isotonic maximum conductance (762, 95% CI 58 - 966  
628 pS/pF) was significantly greater than that of control chondrocytes ( $p=0.004$ ). In hypotonic  
629 solution (red filled circles), the mean 4W ACLT chondrocyte Boltzmann curve was not

630 significantly shifted ( $V_h$  10, 95% CI 2.2 – 17.8 mV) from that in isotonic ( $p=0.35$ ) or that or  
631 from the control hypotonic values ( $p=0.22$ ), but was significantly steeper slope ( $k$  25, 95% CI  
632 21.1 – 28.9 mV  $p=0.014$ ) and larger (maximum conductance 2290, 95% CI 2200 - 2380  
633 pS/pF  $p\leq 0.0005$ ) than the ACLT isotonic conductance curves. The ACLT hypotonic  
634 conductance value was also greater than the control equivalent ( $p\leq 0.0005$ ), but not  
635 significantly steeper ( $p=0.263$ ). Note that these are Benjamini-Hochberg adjusted  $p$ -values.  
636 Direct comparison of difference current derived Boltzmann curves between Control and 4 W  
637 ACLT are shown in Figure 6.  
638

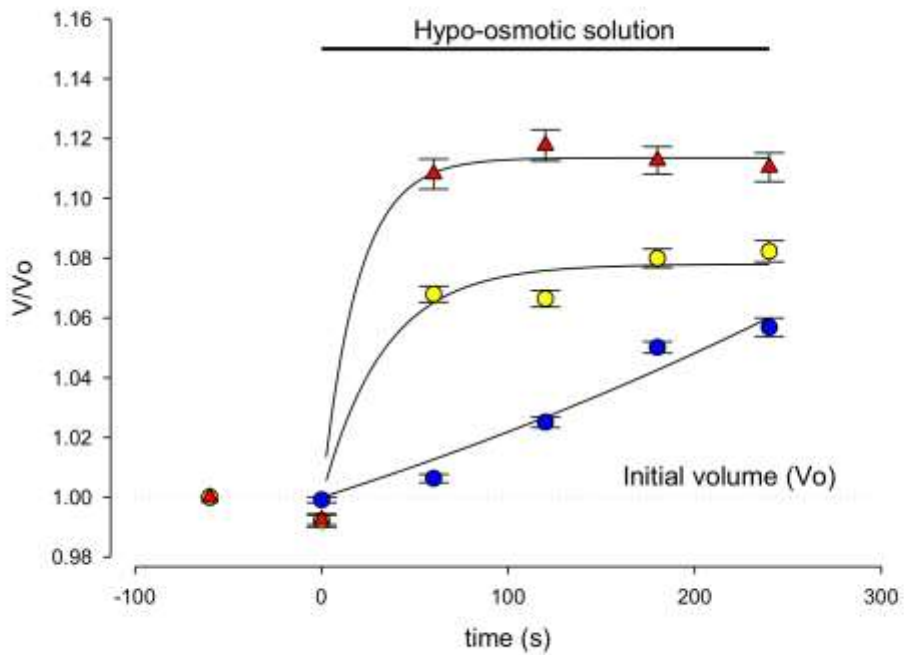
639 **Figure 7: Boltzmann analysis of control and 4W ACLT difference currents:** Boltzmann  
640 curves created from the Control (blue circles) and 4W ACLT (red circles) chondrocyte  
641 difference current data shown in Figures 4 and 5. The smooth lines are fits with the  
642 Boltzmann curves with parameters as follows: For control;  $V_h$  68 (95% CI 58.2 - 77.8) mV,  
643 slope 31 (95% CI 23.16 - 58.84) mV, maximum conductance 1035 (95% CI 935 - 1135)  
644 pS/pF. For 4W ACLT curves the mean fitted parameters were:  $V_h$  7 (95% CI -2.8 - 16.8) mV,  
645 slope 24 (20.8 - 27.92) mV, maximum conductance 2290 (2200 - 2380) pS/pF. Slope was not  
646 significantly different from control ( $p=0.19$ ), but both midpoint and maximum conductance  
647 were  $p \leq 0.0005$  for each). Note that these  $p$ -values are Benjamini-Hochberg adjusted.  
648  
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Figure 1



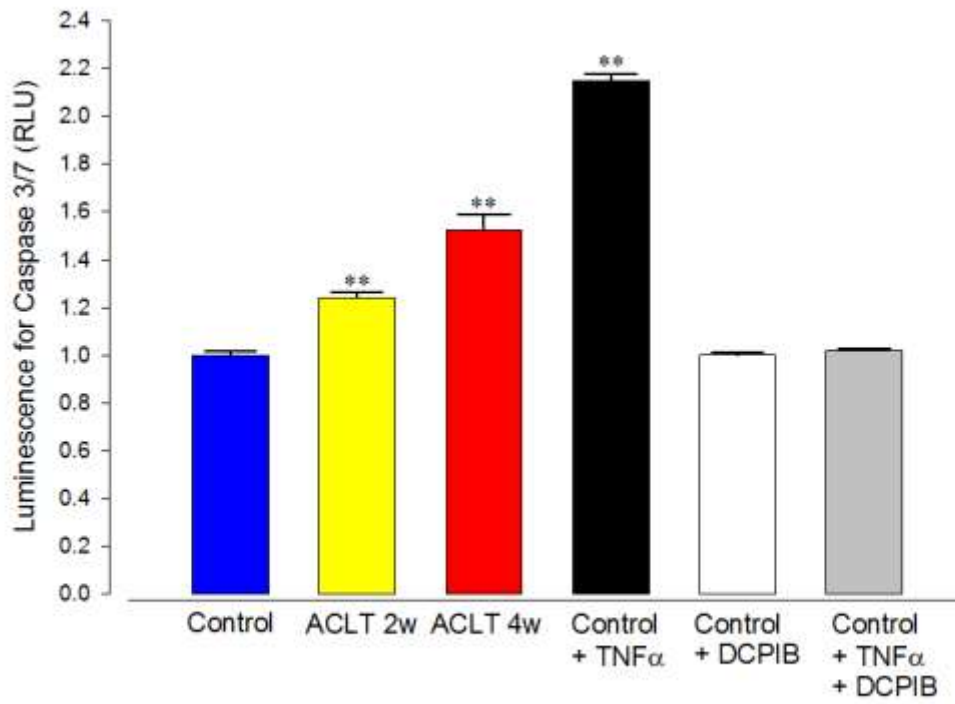
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Figure 2



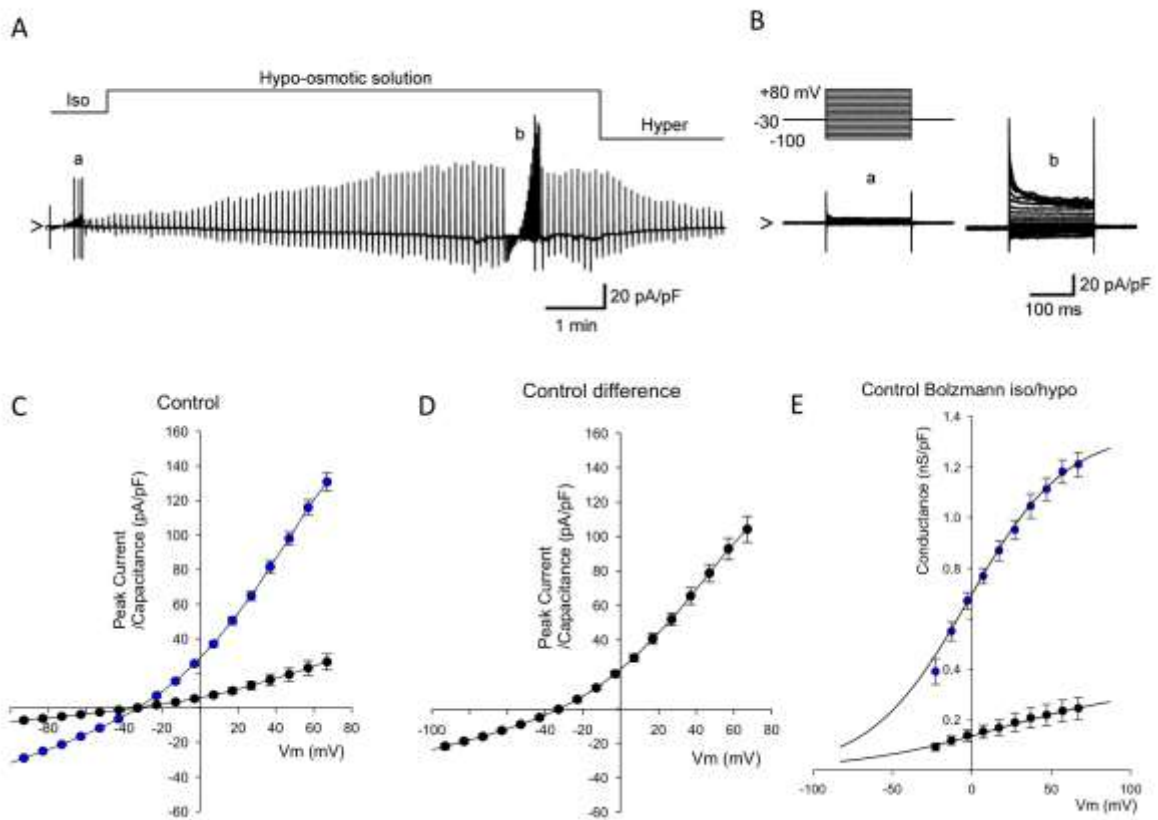
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Figure 3



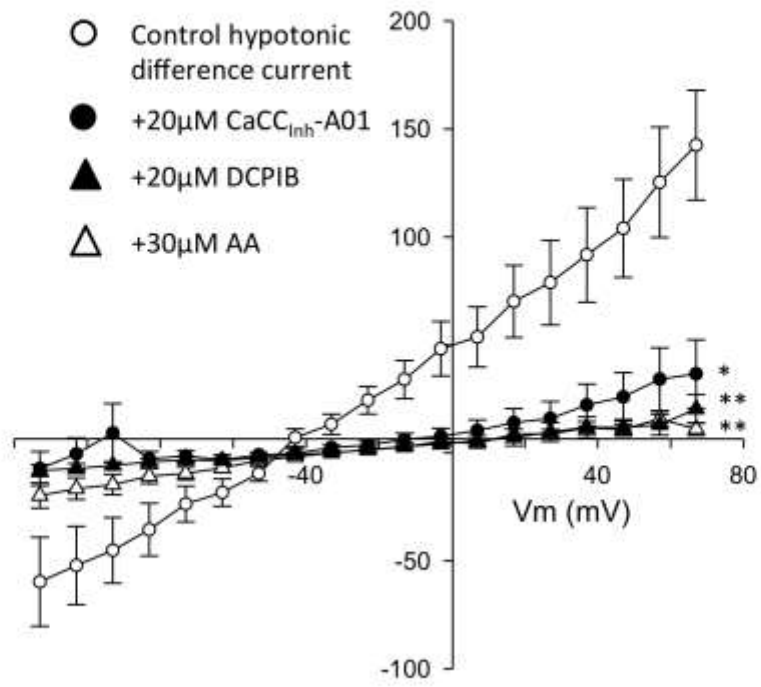
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Figure 4



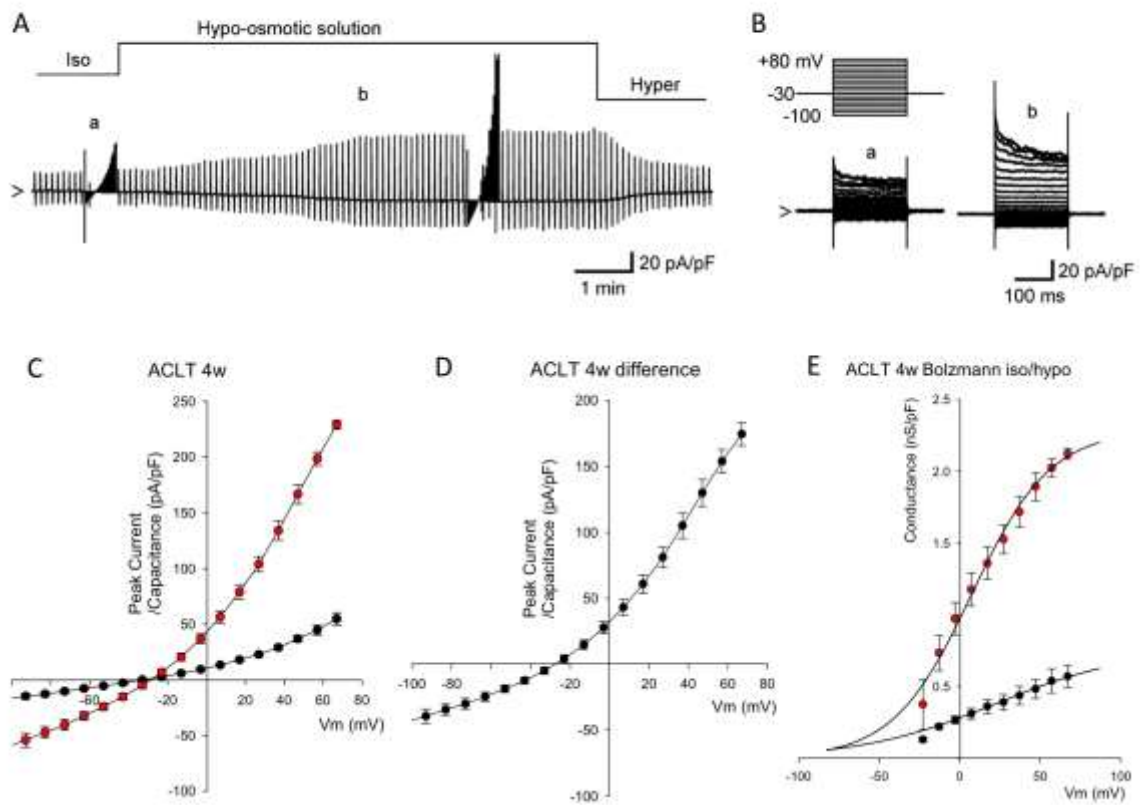
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Figure 5



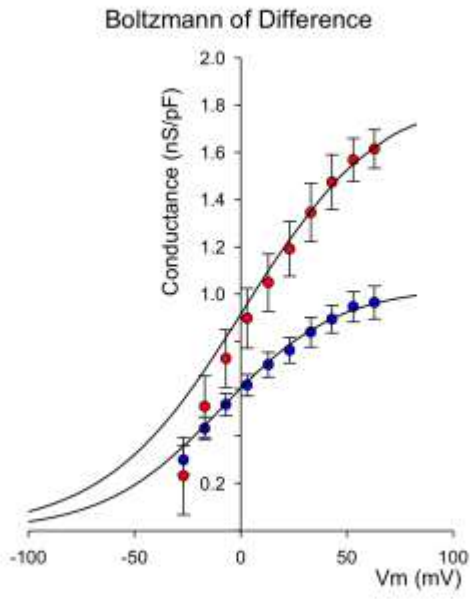
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Figure 6



655

Figure 7



656