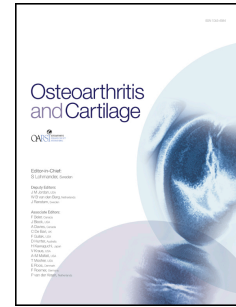


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1 **The STR/ort mouse model of spontaneous osteoarthritis – an update**

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20 Abstract

21 Osteoarthritis is a degenerative joint disease and a world-wide healthcare burden.
22 Characterized by cartilage degradation, subchondral bone thickening and osteophyte
23 formation, osteoarthritis inflicts much pain and suffering, for which there are currently
24 no disease-modifying treatments available. Mouse models of osteoarthritis are proving
25 critical in advancing our understanding of the underpinning molecular mechanisms.
26 The STR/ort mouse is a well-recognized model which develops a natural form of
27 osteoarthritis very similar to the human disease. In this Review we discuss the use of
28 the STR/ort mouse in understanding this multifactorial disease with an emphasis on
29 recent advances in its genetics and its bone, endochondral and immune phenotypes.

30 **Keywords:** STR/ort; osteoarthritis; articular cartilage; subchondral bone

31 **Running headline:** The STR/ort mouse OA model– an update

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41 Introduction

42 Animal models are a vital tool for the study of osteoarthritis (OA). In particular they provide
43 scope to examine the early aetiological processes where equivalent human samples are
44 difficult to obtain, and they remain necessary in developing and testing new treatments¹.

45 Animal OA models consist broadly of those requiring invasive manipulation, such as surgical
46 joint destabilization by ligament transection or meniscectomy, those destabilizing the joint
47 without surgical manipulation such as collagenase-induced instability, those exploiting non-
48 surgical application of mechanical trauma, or those in which OA develops naturally²⁻⁴.

49 Surgical models are representative chiefly of trauma-induced secondary human OA, whilst
50 natural models offer an opportunity to investigate OA without known aetiology, akin to
51 primary OA⁵. All of these OA models principally use the mouse; well-used mainly due to the
52 ease with which its genome can be manipulated and because of its robust breeding capacities,
53 easy husbandry and price of upkeep. In addition, its relatively short life-span allows for the
54 examination of OA progression, from initiation to late degenerative stages, to be undertaken
55 in a compressed timescale.

56 Numerous mouse strains develop OA with advancing age, offering proof that genetic
57 predisposition or susceptibility is an important factor. They, nonetheless, develop OA with
58 differing incidences⁶; high incidence and severity was identified in the STR/1N mouse, from
59 which the inbred STR/ort strain is directly derived. The STR/ort mouse is a well-recognized
60 model of spontaneous OA and, to date, has featured in over 80 studies. STR/ort mice develop
61 OA spontaneously early in life and show many human OA characteristics, including
62 proteoglycan (PG) loss, articular cartilage (AC) fibrillation, active extracellular matrix
63 (ECM) degradation, osteophyte formation and subchondral sclerosis. Herein, we will revisit
64 (see Watanabe et al., 2011 and Mason et al., 2001^{7, 8}) past and new data from STR/ort mice

65 with view to revealing how they inform our understanding of early aetiology,
66 pathophysiology and potential treatment of OA.

67 **Origins of the STR/ort mouse**

68 The STR/1N strain was first isolated by Strong (1951) during an extensive selective-breeding
69 programme designed to identify traits for resistance to tumour induction at the site of injected
70 carcinogens⁹. Tandem crosses between CBA, N, J and K strains generated a new NH strain
71 that was treated for multiple generations with the carcinogen, 20-methylcolanthrene creating
72 the NHO strain. Further selection using another carcinogen (4-methylcholantrene) ended with
73 a piebald mutation and serendipitous generation of the STR/1N strain⁷, which exhibited
74 obesity and spontaneous OA at a young age¹⁰. After some breeding without brother-sister
75 pairing and arrival at the Institute of Orthopaedics, Stanmore (UK), the strain was renamed
76 STR/ort, as it is now commonly known. The CBA mouse is the only remaining parental
77 strain available today and it's lack of overt OA makes it effective as a control¹¹.

78 **STR/ort mouse OA phenotype**

79 STR/ort OA susceptibility genetics are uncertain and their phenotype is better characterised.
80 STR/ort mice develop OA in knee, ankle, elbow and temporomandibular joints¹²⁻¹⁵. The first
81 studies by Walton described a greater incidence of OA knee pathology in male than in female
82 STR/ort mice; a sexual dimorphism in this model which is the opposite to that in the human
83 disease^{16, 17}. In male mice, Walton reported steadily increasing OA incidence and severity
84 from 18wks of age. We have shown, by toluidine blue staining followed by the
85 internationally-recognized OARSI grading system¹⁸, that the OA in the STR/ort mouse
86 invariably predominates on the medial tibial plateau at the cruciate ligament insertion, is
87 followed by AC clefting/fibrillation extending centrally and then later to medial femoral
88 condyles and is accompanied by osteophyte development and by subchondral bone sclerosis

89 which, with extensive AC loss across both condyles, later becomes exposed. Chondrogenesis
90 and ossification in collateral/cruciate ligaments, and meniscal hyperplasia, ossification and
91 eburnation is seen in severely affected joints. This is consistent with greater chondrocyte
92 proliferation, synovium hyperplasia and cluster formation in menisci of STR/1N mice¹⁹
93 described as tentative evidence for reparative processes. It fails to match, however, with
94 prominent synovial inflammatory infiltrates seen in STR/ort mice by some. Our recent work
95 examining whether gait changes are a meaningful measure of STR/ort OA severity showed
96 that age-related modifications in paw area precede OA onset and may therefore be useful for
97 longitudinal monitoring of OA development in these mice²⁰.

98 Only a few studies have explored OA-associated pain in this model. Increased basal and
99 evoked prostaglandin E2 release has been observed in knee preparations from 18-week-old
100 STR/1N mice, which may enhance nociceptor sensitivity and chronic OA pain²¹. However,
101 we have found that male STR/ort mice do not exhibit any pain-associated behaviours with
102 OA development, even when treated with the opioid antagonist naloxone²⁰. They did
103 however exhibit normal pain behaviours in response to complete Freund's adjuvant-induced
104 arthritis, suggestive that these mice are not inherently insensitive to joint pain²⁰. Despite this,
105 the precise nature of OA pain in STR/ort mice is unresolved.

106 **Mechanical aetiology of OA in the STR/ort mouse**

107 Several lines of evidence suggest that OA development in STR/ort mice involves a
108 mechanical contribution. Indeed, Walton (1977) showed a close relationship between AC
109 lesions and medial patella dislocation, medial collateral ligament calcification/ossification
110 and lateral subluxation of the femur¹⁶ and that surgical patella fixation decreased OA,
111 whereas patella dislocation in CBA mice induced OA²². Patella dislocation has also been
112 linked to abnormal tibial internal torsion in STR/ort (STR/OrtCrlj) mice and to advanced age,

113 leading Naruse et al., (2009) to propose this as the cause of STR/ort OA²³. However, Das-
114 Gupta *et al.*, reported an incidence of patella dislocation in only 22% of STR/ort mice,
115 reinforcing this with radiological studies showing not all mice with OA had displaced patellae,
116 demonstrating that this cannot be a primary event²⁴. We find that patella dislocation
117 correlates with severe OA, but can be absent even in some STR/ort mice with severe AC
118 degeneration (unpublished data). Other studies have indicated that this medial patellar
119 luxation in STR/IN mice is likely due to medial tibia AC degeneration, pronounced
120 instability and varus knee joint deformity, which contrasts with the valgus characterising
121 knee OA in C57/Bl6 mice^{25, 26}. Mechanical changes induced by patella dislocation could
122 nonetheless be an important contributor and aggravator of OA development in STR/ort mice.

123 Development of ankle OA in STR/ort mice has similarly been linked with calcaneal
124 dislocation, with elevation progressively more pronounced in ageing mice where it eventually
125 became parallel to the distal tibia (unpublished). The cause for this ankle deformity is
126 unknown, but suggests a possible defect in maintaining joint stability with spontaneous
127 subluxation and later severe disruption of navicular and tarsal bones in male STR/ort mice¹⁵.
128 Together, these studies suggest a widespread instability phenotype that disrupts joint
129 mechanics to promote OA. This was however deemed unlikely by scoring of multiple
130 STR/ort mouse joints which found that patellar and calcaneal displacements rarely occurred
131 in the same limb, suggesting they were likely independent events¹².

132 The anterior cruciate ligaments of STR/ort mice also exhibit lower ultimate strength,
133 increased collagen metabolism and matrix metalloproteinase (MMP) activity compared to
134 CBA mice at 20-30wks^{27, 28}. This suggests that STR/ort mice have inherently weaker
135 ligaments, which could facilitate patella dislocation and joint instability. Changes in
136 ligaments and menisci in STR/ort OA joints, with chondrogenesis and ossification, are also

137 seen in surgical OA models, supporting their mechanical aetiology. These changes would, in
138 turn, modify the mechanical properties of the ligaments and cause further joint damage.

139 We have recently explored the importance of mechanical loading in lesion induction and
140 pathological OA progression in STR/ort mice using a non-invasive knee joint trauma
141 model²⁹. We found that AC in STR/ort mice is relatively resistant to mechanical trauma - it
142 can bear greater applied loads without failure – which is associated with thicker AC at all
143 ages relative to CBA mice²⁹. These data suggest that STR/ort mouse OA susceptibility is
144 unlikely due to enhanced vulnerability of AC to mechanical lesion induction. We did,
145 however, find that repetitive mechanical loading over a two week-long period promoted
146 progression of spontaneously-occurring AC lesions in the medial tibia, suggesting that
147 mechanical disturbances may nevertheless accelerate OA progression in these mice²⁹. This
148 merges well with human studies showing that mechanical loading of joints is likely a major
149 determinant of both OA onset and progression and further highlights the attractiveness of the
150 STR/ort mouse as a model for exploring interplay with mechanical factors in OA
151 development.

152 **Genetic studies in the STR/ort mouse**

153 Numerous genetic and microarray analyses have been performed in STR/ort mice. Studies by
154 Jaeger et al (2008) confirmed Mendelian OA inheritance and concluded that its polygenicity
155 means that the allelic subset involved in OA predisposition unlikely reaches significance in
156 any single-Quantitative Trait Loci (QTL) analysis³⁰. Genotyping of male F2 (STR/ort x
157 C57BL/6) using 96 microsatellite markers and phenotyping by weight, serum COMP
158 biomarker levels and knee OA revealed three weight-, one serum COMP- and one OA-
159 associated QTL on chromosome 8³⁰. Backcrossing F1 STR/ort male to C57BL/6N females
160 and linkage by microsatellite markers, again showed polygenicity with a QTL for OA instead

161 mapped to a 20 centimorgan region, proximal to chromosome 4's centromere (another linked
162 to OA onset in C57BL/6N mice on chromosome 5 was identified)³¹; together these data
163 might simply support the existence of multiple murine OA loci.

164 Revisiting chromosome 8 and fine mapping of the OA-QTL revealed Wnt-related genes
165 associated with altered chondrogenesis, including *dickkopf 4 (Dkk4)*, *secreted frizzled related*
166 *protein 1 (Sfrp1)* and *fibroblast growth factor 1 (Fgfr1)*, with 23 polymorphic changes in the
167 *Sfrp1* gene identified in STR/ort in comparison to C57BL/6 mice³², suggesting that reduced
168 *Sfrp1* expression not only increases Wnt/ β -catenin signalling early in life but also renders the
169 AC prone to premature OA³². This is similar to various genome-wide expression profiling
170 studies in human OA which have also identified members of the Wnt/ β -catenin signalling
171 pathway as candidate genes associated with OA.^{33,34}

172 Our recent studies also support an epigenetic contribution to STR/ort OA (unpublished).
173 Careful joint OA scoring in individually-tracked male mice at 26wks of age found an
174 important maternal influence, with a significant correlation between OA severity and
175 maternal litter parity, and to a lesser extent with maternal age. Interestingly, no correlations
176 were found with litter size nor with the time between litters, which suggests an important
177 maternal influence during embryo development that underpins OA severity in STR/ort mice.

178 **Articular cartilage phenotype of STR/ort mice**

179 *Matrix remodelling*

180 STR/ort mouse AC undergoes structural demise similar to human OA. Morphologically,
181 STR/ort mouse AC is thicker than in CBA, and whilst STR/ort chondrocytes express a
182 normal spectrum of PGs and collagens, there are early changes in AC matrix integrity and
183 chondrocyte phenotype and function³⁵⁻³⁷. These include a subtle, yet progressive decay in PG

184 orientation prior to any decline in quantity, which was proposed to reflect the increased free
185 water-content characteristic of human OA³⁸. In addition, STR/ort mouse AC catabolic and
186 anabolic gene expression profiles closely resembled those seen in other mouse OA models
187 and in human OA¹¹, consistent with increased MMP expression and activity^{37, 39, 40}. The
188 importance of MMPs in AC degradation in STR/ort mice has been tested by administration of
189 Ro 32-3555, an orally active collagenase selective inhibitor which protected against OA
190 development (Table 1)⁴¹. In addition, intra-articular injections of CRB0017 (anti-ADAMTS5
191 antibody) dose-dependently slowed OA progression in STR/ort mice ageing from 5-8 months
192 (Table 1)⁴². The likelihood that the STR/ort mouse model will help identify new preventative,
193 protective and curative avenues targeting AC in OA joints is therefore well supported.

194 Subtle changes in STR/ort AC matrix composition, and in glycosaminoglycan PG content in
195 particular, is observed in STR/ort male mice in comparison to age-matched CBA mice^{36, 43}.
196 Indeed, chondroitin sulphate content, predominantly C6S, is elevated in STR/ort mice at 8 –
197 19 weeks (before OA onset), decreases at 24-26weeks of age, before increasing again
198 thereafter (after OA onset)³⁶. These changes in AC composition may therefore impact AC
199 function prior to OA onset and this highlights potential targets for therapeutic intervention.

200 *Chondrocyte phenotype*

201 Alternative approaches to redress the lack of therapeutics in OA are also now emerging.
202 Evidence suggests that the normally ‘stable’ AC chondrocyte adopts a more ‘transient’
203 phenotype similar to growth plate chondrocytes in OA^{35, 44-46}. This phenotype switching also
204 occurs in STR/ort mice with the hypertrophic marker *Col10a1* mRNA significantly increasing
205 in STR/ort AC compared to non-OA AC^{11, 35, 47}. Consistent with this, Col10a1
206 immunolabelling has been observed throughout AC of STR/ort mice before histological OA
207 is detected³⁵.

208 TUNEL-positive chondrocytes are observed around OA lesions in STR/ort AC, indicating
209 apoptosis and chondrocyte transiency, correlating with OA progression⁴⁸. The lack of any
210 changes in the ratio of Bax:Bcl-2 in STR/ort AC⁴⁸ indicates that this apoptosis is perhaps
211 attributable instead to increased chondrocyte adenosine production⁴⁹. Aberrant control of
212 upstream regulators of apoptosis have also been found in STR/ort mouse AC; including
213 prohibitin-1, a protein which restricts generation of reactive oxygen species, mitochondrial
214 disorganization, abnormal cristae morphology and increased sensitivity towards stimuli-
215 elicited apoptosis⁵⁰. In both STR/ort, and human AC, accumulation of prohibitin-1 along with
216 Pitx1 repression was detected in OA chondrocyte nuclei, consistent with elevated apoptosis.

217 It appears that STR/ort mouse AC chondrocytes also have an altered metabolic phenotype,
218 with those in OA-prone regions having low lactate and succinate dehydrogenase activities
219 prior to OA onset^{51, 52}. This aberrant metabolic phenotype is also evident in lower glucose 6-
220 phosphate dehydrogenase activity and different monoamine oxidase localisation specifically
221 in AC regions where OA develops⁵³⁻⁵⁵; the latter exhibiting potential for therapeutic targeting
222 in STR/ort mice.

223 *Cell signalling pathways*

224 Discovery of the molecular determinants of OA in STR/ort mice will undoubtedly shed light
225 upon OA aetiopathogenesis in other species and as such, have been well investigated. Our
226 transcriptional profiling of STR/ort AC at various ages revealed differential regulation of
227 many signalling pathways¹¹, including an underexplored pathway relating to genes normally
228 associated with the contractile machinery of muscle cells; expression of this gene subset is
229 high in both young STR/ort and CBA mice, but remains high in OA STR/ort when a
230 significant decrease is seen in healthy CBA aged samples¹¹.

231 Major pathways such as those provoked by the transforming growth factor (TGF) β
232 superfamily have already been investigated. Expression of TGF- β 1 was indeed elevated
233 during OA development in STR/ort compared to age-matched CBA mice⁵⁶. Further, AC
234 chondrocyte TGF- β 3 and SMAD-2P protein expression decreased in STR/ort mice with
235 advancing OA severity, except in areas of osteophyte formation where elevated levels
236 persisted⁵⁷; blocking studies suggest that TGF- β 3 is involved in early and bone
237 morphogenetic proteins (BMPs) in late osteophytogenesis^{57,58}.

238 Effective regulation of the Wnt pathway is proving critical in OA joint pathology⁵⁹ and
239 levels of sFRP1, the Wnt inhibitor, are reduced in AC chondrocytes of young STR/ort mice³².
240 We have reported a role for another Wnt inhibitor, sclerostin. This shows marked enrichment
241 at the osteochondral interface in the relatively unaffected lateral tibia but its expression was
242 severely disrupted in medial tibial regions showing AC loss and subchondral bone
243 thickening³⁵. Similar differential expression patterns of matrix extracellular
244 phosphoglycoprotein (MEPE), an inhibitor of cartilage matrix mineralisation⁶⁰ and
245 downstream sclerostin target⁶¹, were also observed in STR/ort mice, implicating a novel
246 mechanism by which sclerostin, and hence Wnt signalling functions in OA^{35, 59}. Hypoxia
247 inducible factor 1 (HIF-1 α) also plays a major role in joint homeostasis and its inhibition
248 rapidly provokes OA development in Balb/C mice. Intriguingly, HIF-1 α stabilisation failed to
249 prevent OA in STR/ort mice⁶² which further supports use of STR/ort mice in discerning
250 whether identical pathological pathways are common to all forms of OA.

251 *Oxidative stress*

252 Oxidative stress has been shown to contribute to OA progression. In STR/ort mice, oxidative
253 stress (malondialdehyde) and the collagen type II degradation (CTX-II) biomarker levels are
254 both higher than in CBA mice prior to OA onset, suggesting that oxidative stress is linked to

255 AC type II collagen degradation⁶³. Even before OA onset, young STR/ort mice show
256 decreased levels of extracellular superoxide dismutase, the major scavenger of extracellular
257 reactive oxygen species (ROS) in AC, and elevated nitrotyrosine formation at all ages,
258 suggesting that inadequate control of ROS plays a pathophysiological role in OA⁶⁴. This role
259 is supported by markedly lower OA incidence in STR/1N mice following dietary
260 supplementation (Table 1)⁶⁵. More recently, apurinic/aprimidinic endonuclease 2 (Ape2)
261 was also claimed to play a critical role in DNA repair caused by oxidative damage in STR/ort
262 (STR/OrtCr1j) joints⁶⁶.

263 **Bone phenotype of the STR/ort mouse**

264 Subchondral bone thickening (sclerosis) in OA joints, although often considered secondary,
265 is nonetheless one of the earliest detectable changes and we have observed sclerosis in
266 STR/ort joints with OA onset and development³⁵. This agrees with decreased
267 osteoclastogenesis (85Sr incorporation), increased bone apposition that is spatially associated
268 with AC lesions in early STR/ort mouse OA (polychrome sequential bone labelling) and with
269 early MRI in STR/ort mice where changes in patellar tendon and local sclerosis were
270 identified^{67, 68}. They are also consistent with a recent comprehensive multimodal micro-
271 computed tomography study which determined compartment-, age- and site-specific changes
272 in subchondral bone in STR/ort mice evoking temporal changes that lead to an altered
273 architecture contributing to their OA phenotype⁶⁹.

274 STR/ort mice also have a generalised high bone mass phenotype in cortical and trabecular
275 compartments too (vs C57Bl/6), associated with elevated osteoblast numbers and activity,
276 and impaired osteoclast function⁷⁰. Indeed, changes in bone remodelling have already been
277 implicated in the early stages of STR/ort mouse OA, where raised urinary CTX-II levels were
278 apparent in an OA subgroup of STR/ort mice (vs non-OA subgroup⁷¹). Consistent with an

279 inherent bone phenotype, we have recently reported that young (6-week) STR/ort have
280 increased cortical and trabecular parameters in comparison to age-matched CBA mice³⁵.
281 Surprisingly, this difference is noted significantly earlier and is more marked in female
282 STR/ort mice, with an almost complete bone marrow compression and extramedullary
283 haematopoiesis observed by 9 months⁷⁰. This raises an interesting paradox regarding sexual
284 dimorphism in this strain, where females show - on one hand - higher bone mass and
285 protection from reproducible AC degeneration and where - on the other - male OA appears
286 not to be influenced by hormone status^{37, 72}. It therefore seems unlikely that high bone mass
287 alone is sufficient to accelerate OA onset. Sexually dimorphic OA development might instead
288 be due to architectural bone differences. Thus, early internal tibial torsion and lower
289 cancellous bone mineral density evident in males may explain the differential incidence of
290 OA in this STR/ort strain⁷³.

291 Clues to these changing osteochondral relationships in STR/ort mice might be evident in the
292 endochondral ossification required for long bone growth. We recently observed accelerated
293 growth dynamics in comparison to CBA mice with STR/ort mice exhibiting (i) an
294 acceleration in body weight gain and tibia length at sexual maturity (ii) Col10a1 and MMP13
295 expression widely dispersed into the growth plate proliferative zone (iii) differences in
296 growth plate maturation zone sizes (iv) a dramatic acceleration of growth plate closure with
297 bone bridge formation particularly clustered to medial areas where OA later predominates³⁵.
298 Together these studies suggest that STR/ort mice have an inherent endochondral ossification
299 defect that drives their OA pathology. Interestingly, the relationship between longitudinal
300 long bone growth rates and OA development in humans is a completely unexplored area. It is
301 intriguing nonetheless that canine hip dysplasia, a hereditary predisposition to degenerative
302 OA, is more common in certain breeds, in particular those larger breeds which tend to grow
303 more rapidly⁷⁴.

304 STR/ort mouse immune phenotype

305 Although OA is not primarily a classic inflammatory disorder, it is accepted that cytokines
306 play an important pathogenic role⁷⁵. Indeed, Chambers et al (1997) found elevated IL-1 β
307 levels in AC chondrocytes of STR/ort mice at all ages⁵⁶. In addition, serum levels of IL-1 β ,
308 IL-4, IL-10, interferon γ were markedly higher in STR/ort mice⁷⁶. Our previous microarray
309 analysis in AC identified NF κ B signalling as the main pathway modified in STR/ort mice (vs.
310 CBA¹¹) and immunolabelling for the NF κ B subunit p65 confirmed elevated levels in AC
311 chondrocytes of STR/ort mice from 8 weeks of age¹¹. The NF κ B pathway is a recognised hub
312 for inflammatory signalling which suggests links between chondrocyte cytokine production
313 and signalling and catabolic changes in OA cartilage in STR/ort mice.

314 Together these studies suggest that STR/ort OA has an important inflammatory component
315 and this is further cemented by observations of spleen and lymph nodes abnormalities¹⁶. We
316 more recently showed that male STR/ort mice possess significantly bigger spleens (with
317 greater cellularity), decreased naïve T cell numbers, but increased activated T and B cell
318 numbers, indicating a heightened inflammatory status¹¹. This could perhaps be explained by
319 the high bone mass phenotype of STR/ort mice (described above) and compression of the
320 bone marrow necessitating extramedullary hematopoiesis⁷⁰. Oxidative stress is associated
321 with increased inflammatory mediator production and as such, reported increases in oxidative
322 stress in STR/ort mice (see above) may provide an alternative explanation for these raised
323 inflammatory markers levels⁶³. These studies suggest a central function of inflammatory
324 pathways to in STR/ort mouse OA development; they may also reflect a common molecular
325 aetiology linking these OA and immune phenotypes.

326 STR/ort mice exhibit increased AC expression of beta-defensins 3 and 4, broad-spectrum
327 antimicrobial components of innate immunity. These findings offer a link between host

328 defence mechanisms and inflammation with AC tissue-remodelling processes⁷⁷. Moreover, it
329 is recognised that CGRP may contribute to human joint pain and CGRP/CGRP receptor
330 signalling may indeed be modified in STR/ort mouse synovium via increased CD11c(+)
331 macrophages, with high IL-1 β in F4/80(+) and high CGRP, CLR, and RAMP1 in the F4/80(-)
332 cell fraction, which can be ameliorated upon macrophage depletion, suggesting that synovial
333 macrophages and IL-1 β production may be suitable therapeutic targets for treating OA pain⁷⁸.

334 **Obesity/metabolic syndrome in the STR/ort mouse**

335 Obesity is now a recognised OA risk factor and it has been reported that the parent STR/1N
336 strain exhibits higher blood cholesterol and phospholipids compared to DBA/2JN and A/LN
337 strains¹⁰. STR/ort mice have also been described as hypercholesterolemic and hyperlipidemic
338 (raised cholesterol, high-density and low-density lipoprotein, triglyceride and insulin) without
339 different glucose levels compared to C57Bl6/J and CBA/JN⁷⁹. Regardless, it has been
340 suggested that STR/ort mice should not be termed obese as their weight is significantly lower
341 than ob/ob mice⁸⁰. STR/ort mice also show low levels of serum adiponectin, a key player in
342 glucose and lipid metabolism, which resembles human primary hypertriglyceridemic patients.
343 Despite this, a reduction in body weight of STR/ort mice, using fenofibrate treatment, did not
344 modify serum lipid composition nor OA severity⁸¹, suggesting that lipid metabolism
345 anomalies were not the primary cause of spontaneous OA in STR/ort mice.

346 More recently, microarrays on STR/ort AC/subchondral bone described upregulation of 331
347 genes related to development and function of connective tissues, and 290 genes
348 downregulated linked to lipid metabolism, in particular genes that were directly interacting
349 with peroxisome proliferator-activated receptor (PPAR) alpha/PPARgamma⁸². While
350 PPARalpha and PPARgamma mRNA levels themselves were not significantly altered,
351 multiple PPAR pathway components were, leading the authors to conclude that decreased

352 PPAR signalling contributes to OA progression in STR/ort mice by promoting
353 osteoblastogenesis and enhanced bone formation.

354 **Concluding remarks**

355 The STR/ort mouse is an excellent model of spontaneous osteoarthritis with disease
356 pathology starting early in life and showing many similar characteristics akin to human
357 primary OA. The phenotype of the STR/ort mouse is well characterised with pathology
358 observed in the knee, elbow, ankle and temporomandibular joints of male mice; this
359 highlights the sexual dimorphism in this strain, whereby females show higher bone mass and
360 protection from reproducible AC degeneration. The highly defined and reproducible disease
361 pathology of the STR/ort mouse has, to date, offered the unique opportunity to identify the
362 pathological role that key determinants of the AC and subchondral bone phenotypes play in
363 spontaneous OA development, highlighting the attractiveness of this murine model in
364 exploring the aetiopathogenesis of spontaneous OA. Whether research in the OA field should
365 focus upon pre-clinical studies or on clinical studies in man is still a matter of debate, and has
366 been elegantly debated in a recent editorial by Hunter and Little¹. However, with new
367 acceptance that broad generalisation regarding OA aetiopathogenesis is somewhat distracting
368 and flawed in our pursuit of a single disease-modifying treatment, research in the OA field
369 will undoubtedly look to utilise animal models such as the STR/ort mouse to yield greater
370 understanding of primary OA. The recent research discussed herein certainly indicates that a
371 better understanding of the genes, molecules and processes contributing to STR/ort mouse
372 OA will aide significantly in the identification of new preventative, protective and curative
373 avenues for OA.

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380 **Competing interest statement**

381 The authors have no potential conflicts of interest to disclose.

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602

603 **Table 1.** A summary table of some therapeutics tested in the STR/ort mouse model and their
604 outcomes

Agent	Action	Outcome	Ref.
Naloxone	Opioid antagonist	No signs of pain-associated behaviours	20
Ro 32-3555	Collagenase inhibitor	Reduction in joint space narrowing, osteophyte formation and protection against AC degradation and subchondral bone sclerosis	41
CRB0017	anti-ADAMTS5 antibody	dose-dependently slowed OA progression in STR/ort mice ageing from 5-8 months	42
vitamins E, C, A, B6, B2, and selenium	dietary supplementation	Lower OA incidence	65

605