

1 **Simulating intestinal transporter and enzyme activity in a**  
2 **physiologically based pharmacokinetic model for tenofovir**  
3 **disoproxil fumarate**

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## 27 **Synopsis**

28 Tenofovir disoproxil fumarate (TDF), a prodrug of tenofovir, has oral bioavailability  
29 (25%) limited by intestinal transport (p-glycoprotein), and intestinal degradation  
30 (carboxylesterase). However, the influence of luminal pancreatic enzymes is not fully  
31 understood. Physiologically-based pharmacokinetic (PBPK) modelling has utility for  
32 estimating drug exposure from in vitro data. This study aimed to develop a PBPK  
33 model that included luminal enzyme activity to inform dose reduction strategies. TDF  
34 and TFV stability in porcine pancrelipase concentrations was assessed (0, 0.48, 4.8,  
35 48 and 480U/mL lipase; 1mM TDF; 37°C; 0 – 30 min). Samples were analyzed using  
36 mass spectrometry. TDF stability and permeation data allowed calculation of  
37 absorption rates within a human PBPK model to predict plasma exposure following  
38 six days of once-daily 300 mg TDF dose. Regional absorption of drug was simulated  
39 across gut segments. TDF was degraded by pancrelipase (half-life 0.07 and 0.62  
40 hours using 480 and 48 U/mL, respectively). Previous literature  $C_{max}$  (335 ng/mL),  
41  $T_{max}$  (2.4 hr) and  $AUC_{0-24hr}$  (3045 ng.hr/mL) and  $C_{24hr}$  (48.3 ng/mL) were all within  
42 0.5-fold difference of the simulated  $C_{max}$  (238 ng/mL),  $T_{max}$  (3 hr) and  $AUC_{0-24hr}$  (3036  
43 ng.hr/mL) and  $C_{24hr}$  (42.7 ng/mL). Simulated TDF absorption was higher in  
44 duodenum and jejunum than ileum ( $p < 0.05$ ). These data support that TDF  
45 absorption is limited by the action of intestinal lipases. Results suggest that  
46 bioavailability may be improved by protection of drug from intestinal transporters and  
47 enzymes, for example by co-administration of enzyme inhibiting agents or  
48 nanoformulation strategies.

## 49 **1. Introduction**

50 Human immunodeficiency virus (HIV) is currently an incurable disease which  
51 constitutes a serious global health crisis. Oral antiretroviral therapy is the mainstay of  
52 current therapy and involves coadministration of drugs targeting multiple viral targets.  
53 Both drug-related adverse reactions and drug resistance have led to the  
54 development of newer antiretroviral drugs and drug classes. However, the cost and  
55 dosing schedule of treatments are a significant concern in low- and middle-income  
56 countries (L&MICs). Several effective antiretroviral drugs are now manufactured as  
57 generics and are marketed with significant cost savings to payers (1, 2).

58

59 Tenofovir disoproxil fumarate (TDF), a prodrug of tenofovir (TFV), is a cornerstone of  
60 first-line treatment in low-income and middle-income countries. TDF is a nucleotide-  
61 reverse transcriptase inhibitor (NtRTI), which prevents viral DNA chain lengthening  
62 and replication (3) (Figure 1). During preclinical development, TFV demonstrated low  
63 oral bioavailability (around 13%) (4) and TDF was developed to improve this by  
64 removing charged regions and increasing lipophilicity. However, the oral  
65 bioavailability of TDF was only moderately improved and is estimated at around 25%  
66 in fasted subjects (5, 6). Substantially improving the bioavailability of TDF would  
67 provide significant cost-saving in L&MICs. In order to achieve this, it is important to  
68 understand the causes of low TDF bioavailability and to formulate potential targeting  
69 strategies.

70

71 Using Caco-2 monolayers as a model for the intestinal epithelial surface, the drug  
72 efflux transporter ABCB1 has been shown to readily transport TDF (7). As ABCB1 is  
73 involved in the elimination of substrates from the enterocytes of the intestine back

74 into the luminal space, it is hypothesised that inhibitors of ABCB1 may improve TDF  
75 oral absorption. However, this ABCB1 inhibitory effect was not observed in situ using  
76 perfusion studies in rats (8). The significance of this finding is not clear due to the  
77 significantly faster TDF degradation in rat duodenal and ileal enterocytes compared  
78 to corresponding human enterocytes (9).

79

80 Previous studies have investigated the impact of co-administered HIV protease  
81 inhibitors on TFV pharmacokinetics (7). Ritonavir-boosted protease inhibitors  
82 atazanavir, lopinavir, darunavir and saquinavir all showed a modest increase in TFV  
83 exposure when co-administered with TDF. Protease inhibitors show varying degrees  
84 of ABCB1 inhibition *in vitro*. Therefore, the same study also investigated the impact  
85 of these drugs on ABCB1-mediated transport of TDF. Darunavir, which in patients  
86 led to a 22% increase in TFV exposure, had no impact on TDF transport *in vitro*. In  
87 the case of the interactions observed with protease inhibitors and possibly other  
88 drugs, additional bioavailability-related mechanisms are likely to be involved  
89 alongside ABCB1.

90

91 TDF is rapidly metabolised to TFV in the presence of rat intestinal microsomes (8). It  
92 was hypothesised that carboxylesterase was responsible for this metabolism, and  
93 further investigations showed improved drug stability in the presence of certain  
94 natural fruit extracts and pharmacological esters. Protease inhibitors have shown  
95 varying degrees of carboxylesterase inhibition, and this enzyme may therefore be  
96 involved in interactions between TDF and these drugs.

97

98 Pancreatic enzymes, including lipase, amylase and trypsin, are released into the  
99 duodenum and are involved in the breakdown of ingested food in preparation for  
100 nutrient absorption. Pancreatic lipase is known to hydrolyse ester bonds (10), but the  
101 ability of lipase to metabolise TDF by ester-linked chain removal has not been  
102 previously investigated.

103

104 The initial aim of this study was to determine *in vitro* the extent of TDF metabolism  
105 by pancreatic lipase. This data was combined with previous information on TDF  
106 ABCB1-mediated transport and carboxylesterase metabolism to create a PBPK  
107 model with informed absorption mechanisms involving all these processes. The  
108 model generated was then used to estimate the relative importance of these factors  
109 in TDF absorption, providing a platform to postulate possible dose reduction  
110 strategies.

111

## 112 2. Results

### 113 2.1 Stability of TDF in pancrelipase

114 The breakdown of TDF was determined at various concentrations of lipase. The half-  
115 life of TDF was determined as 4.0 minutes in 480 U/mL lipase and 37.5 minutes in  
116 48 U/mL lipase. TDF was stable in 4.8 U/mL lipase and below, therefore half-life was  
117 not determined at these concentrations. Data was used to generate an equation,  
118 given below, relating lipase concentration to TDF stability, which was used to inform  
119 the PBPK model.

120

$$121 \text{TDF}_{1/2} = -0.0013 * [\text{Lipase}] + 0.6863$$

122

123 Where  $\text{TDF}_{1/2}$  is the half life of TDF (hr); [Lipase] is the concentration of lipase in the  
124 intestine (units/mL). To confirm the role of lipase in TDF degradation, selective  
125 inhibition of pancreatic enzymes were performed and the influence on TDF half life  
126 was evaluated. Co-incubation of TDF with lipase inhibitor orlistat resulted in a 33%  
127 increase in TDF half life (16.0 min) compared to inhibitor-free incubation (12.0 min,  $p$   
128 = 0.02), whereas no alteration in TDF half life was observed with co-incubation with  
129 amylase inhibitor acarbose (12.6 min,  $p$  = 0.66) or trypsin inhibitor type 1-S from  
130 glycine max (soybean) (12.7 min,  $p$  = 0.23).

131

### 132 2.2 Model verification

133 The 300 mg once-daily steady state TFV pharmacokinetic study by Barditch-Crovo  
134 et al showed variability in median pharmacokinetic parameters  $C_{\text{max}}$ ,  $T_{\text{max}}$ ,  $\text{AUC}_{0-24\text{hr}}$

135 assessed between days 8, 15 and 35 days of the study (6). Therefore, a mean and  
136 standard deviation between these assessment days was calculated and used for  
137 comparison with simulated data. The clinical  $C_{\max}$  (335 ng mL<sup>-1</sup>),  $T_{\max}$  (2.4 hr) and  
138  $AUC_{0-24hr}$  (3045 ng.hr mL<sup>-1</sup>) were all within 0.5-fold difference of the simulated  $C_{\max}$   
139 (238 ng mL<sup>-1</sup>, 0.41-fold higher),  $T_{\max}$  (3 hr, 0.2-fold lower) and  $AUC_{0-24hr}$  (3036 ng.hr  
140 mL<sup>-1</sup>, 0-fold difference). The observed median TFV  $C_{24hr}$  following seven days of  
141 once-daily 300 mg oral dosing was 48.3 ng mL<sup>-1</sup>, which was within the acceptable  
142 range of the median simulated TDF  $C_{24hr}$  of 42.7 ng mL<sup>-1</sup> (Figure 2A). The terminal  
143 plasma half life of TFV was determined as 11.7 hours and 8.5 hours from the median  
144 clinical and simulated pharmacokinetic data, respectively, following seven days of  
145 300 mg once-daily oral dosing. The simulated mean bioavailability of 300 mg of  
146 orally dosed TDF was 21.2 ± 3.3 % (range 13.1-27.6 %). This estimation of oral  
147 bioavailability slightly underpredicted the 25% value estimated to be bioavailable  
148 from clinical studies. To validate the robustness of the model further, simulations  
149 were performed as described above but using alternative TDF oral dose sizes (75  
150 mg, 150 mg and 600 mg) and plasma concentration curves compared with previous  
151 clinical data (6). For the 75 mg TDF dose, the clinical  $C_{\max}$  (53 ng mL<sup>-1</sup>) and  $T_{\max}$  (2.5  
152 hr) were within 0.5-fold difference of the simulated  $C_{\max}$  (51 ng mL<sup>-1</sup>, 0.03-fold higher)  
153 and  $T_{\max}$  (3 hr, 0.2-fold lower) (Figure 2B). The  $AUC_{0-24hr}$  and  $C_{24hr}$  for the 75 mg  
154 dose could not be determined from the clinical data as TFV was undetectable at the  
155 0 and 24 hour time points on the plasma concentration curve. Therefore, clinical  
156  $AUC_{1-12hr}$  (480 ng.hr mL<sup>-1</sup>) and  $C_{12hr}$  (34 ng mL<sup>-1</sup>) were compared to simulated  $AUC_{1-}$   
157  $_{12hr}$  (488 ng.hr mL<sup>-1</sup>, 0.02-fold lower) and  $C_{12hr}$  (28 ng mL<sup>-1</sup>, 0.21-fold higher) (Figure  
158 2B). For the 150 mg TDF dose, the clinical  $C_{\max}$  (135 ng mL<sup>-1</sup>),  $T_{\max}$  (2.5 hr),  $AUC_{0-}$   
159  $_{24hr}$  (1581 ng.hr mL<sup>-1</sup>) and  $C_{24hr}$  (29 ng mL<sup>-1</sup>) were all within 0.5-fold difference of the

160 simulated  $C_{\max}$  (112 ng mL<sup>-1</sup>, 0.21-fold higher),  $T_{\max}$  (2 hr, 0.25-fold higher),  $AUC_{0-24hr}$   
161 (1581 ng.hr mL<sup>-1</sup>, 0-fold difference) and  $C_{24hr}$  (23 ng mL<sup>-1</sup>, 0.26-fold higher) (Figure  
162 2C). For the 600 mg TDF dose, the clinical  $C_{\max}$  (618 ng mL<sup>-1</sup>),  $T_{\max}$  (2.5 hr),  $AUC_{0-}$   
163  $_{24hr}$  (6166 ng.hr mL<sup>-1</sup>) and  $C_{24hr}$  (111 ng mL<sup>-1</sup>) were all within 0.5-fold difference of the  
164 simulated  $C_{\max}$  (574 ng mL<sup>-1</sup>, 0.08-fold higher),  $T_{\max}$  (2 hr, 0.25-fold higher),  $AUC_{0-24hr}$   
165 (7547 ng.hr mL<sup>-1</sup>, 0.18-fold lower) and  $C_{24hr}$  106 ng mL<sup>-1</sup>, 0.05-fold higher) (Figure  
166 2D).

167

### 168 **2.3 Simulations of TDF and TFV fractional absorption**

169 The regional intestinal absorption of TDF and TFV was simulated over 24 hours in  
170 100 virtual subjects following a single 300 mg oral dose of TDF (Figure 3). The  
171 majority of drug entering the systemic circulation was predicted to be accounted for  
172 by absorption of TDF directly, predominantly via the duodenum (11.7 mg) and  
173 section 1 of the jejunum (11.6 mg). Compared to absorption of TDF, overall  
174 absorption of TFV was predicted to be minor and varied from 0.15 mg in the  
175 duodenum to 1.19 mg in section 2 of the jejunum.

176

### 177 **2.4 Simulations of tenofovir plasma concentrations following inhibition of** 178 **intestinal ABCB1, CES and luminal lipase**

179 Data was found to be non-normally distributed so a Mann Whitney U test was used  
180 to determine significance. The median tenofovir  $AUC_{0-24hr}$  (5<sup>th</sup>-95<sup>th</sup> centile) of the  
181 control group (3036 (1752-4762) ng.hr mL<sup>-1</sup>) was significantly less than other groups  
182 following inhibition of ABCB1 (4480 (2538-7228) ng.hr mL<sup>-1</sup>),  $p < 0.01$ , ABCB1 +

183 carboxylesterase (6018 (3514-10976) ng.hr mL<sup>-1</sup>), p<0.01), lipase (12873 (9020-  
184 20827) ng.hr mL<sup>-1</sup>), p<0.01), ABCB1 + lipase (17322 (12752-26226) ng.hr mL<sup>-1</sup>),  
185 p<0.01), and ABCB1 + carboxylesterase + lipase (19250 (14215-29208) ng.hr mL<sup>-1</sup>),  
186 p<0.01) (Table 2).

187

## 188 **2.5 Simulations of dose reduction strategies**

189 Further simulations were performed where TDF dose was reduced in groups with  
190 inhibited factors, with the aim of achieving a similar (within 10% difference) median  
191 tenofovir AUC<sub>0-24hr</sub> as was observed in the control group. Comparable tenofovir  
192 exposure was observed in all simulated groups following specific dose reductions in  
193 each case (Table 3). The median AUC<sub>0-24hr</sub> (5<sup>th</sup>-95<sup>th</sup> centile) following inhibition of  
194 ABCB1 (200 mg dose, 2897 (1678-4603) ng.hr mL<sup>-1</sup>), ABCB1 + carboxylesterase  
195 (150 mg dose, 3002 (1900-4536) ng.hr mL<sup>-1</sup>), lipase (90 mg dose, 3337 (2245-5341)  
196 ng.hr mL<sup>-1</sup>), ABCB1 + lipase (60 mg dose, 3279 (2366-4950) ng.hr mL<sup>-1</sup>), and  
197 ABCB1 + carboxylesterase + lipase (50 mg dose, 3133 (2286-4751) ng.hr mL<sup>-1</sup>)  
198 were all within 10% difference of the control group (3036 (1752-4762) ng.hr mL<sup>-1</sup>).

199

### 200 3. Discussion

201 In this study we have established that TDF is unstable in the presence of  
202 physiologically relevant concentrations of pancrelipase. The most likely mechanism  
203 of this degradation is ester bond cleavage that first results in the TFV monoester and  
204 finally in TFV. As this process occurs in the luminal fluid prior to drug absorption, it is  
205 hypothesised that luminal lipase activity influences TDF bioavailability in humans. To  
206 investigate this, the impact of luminal lipase was included in the PBPK model to  
207 estimate TFV plasma concentrations. Simulations suggest that the included factors  
208 contribute to the TFV exposure seen in subjects, with luminal lipase having a  
209 significant impact. In addition to results generated in this study, there is supporting  
210 evidence that lipase may be a relevant factor in determining TFV bioavailability.  
211 Protease inhibitors are able to inhibit lipase activity *in vitro* (11) and this process may  
212 be involved in the interactions seen between TDF and these drugs (possibly in  
213 addition to its known inhibition of transporters). Additionally, TDF exposure was  
214 increased 40% in human subjects when taken with a high-fat meal whereas no  
215 comparable effect was seen with a low-fat meal (3). Although it is common to see  
216 improved bioavailability of highly lipophilic and insoluble drugs when taken with a  
217 fatty meal, TDF is reasonably soluble in intestinal fluid. Alternatively, it can be  
218 hypothesised that the increased fat in the intestinal fluid limits availability of lipase  
219 active sites for TDF metabolism. However, this competition has not been assessed  
220 and requires further empirical confirmation.

221

222 The authors have successfully employed PBPK modelling to include a variety of  
223 factors that influence TDF absorption. However, due to existing knowledge gaps and

224 the complexities of biological processes involved in TFV pharmacokinetics, there are  
225 limitations to this approach and it is important that these limitations are addressed.  
226 The simulations were undertaken assuming a population of fasted subjects, and the  
227 influence of ingested food and fats was not considered. This was due to incomplete  
228 information on the effects of food and fats on intestinal lipase activity and the  
229 influence of this on TDF stability. It was assumed that lipase was only active in the  
230 small intestine compartments and that the level of activity did not vary between these  
231 compartments in individual subjects. Per amount of enzyme, the activity level of the  
232 lipase was assumed to be similar in both an *in vitro* and *in vivo* environment, and in  
233 the *in vitro* experiments the authors used FaSSiF to replicate the environment in the  
234 fasted-state luminal fluid. Additionally, the use of porcine pancrelipase was chosen  
235 by the authors due to the well characterised enzymatic activity of the product, where  
236 precise units of all enzymes (ie activity of lipase, amylase and trypsin) per weight of  
237 substance was known, whereas human pancreatic fluids available to the authors did  
238 not provide the required information needed for utilisation in the PBPK model. The  
239 distribution levels and activity levels of carboxylesterase protein in different sections  
240 of the intestine is unknown; therefore it was assumed that the Caco-2 intestinal  
241 model was a suitable surrogate system.

242

243 Reformulation of TDF offers a strategy to improve bioavailability. There are cases  
244 where multiple formulations of an antiretroviral are available, often for specific  
245 scenarios such as in paediatric treatment. Comparison studies have shown that  
246 formulation composition can significantly influence antiretroviral pharmacokinetics  
247 (1). Extended release formulations have proven beneficial in many diseases, and

248 may have the potential to protect TDF from luminal enzymes. Inhibition of ABCB1 or  
249 carboxylesterase alone is unlikely to have a dramatic effect on TFV bioavailability,  
250 but a more holistic approach to inhibit multiple proteins (including lipase) may be  
251 more successful. This is somewhat supported by the modest increase in TFV  
252 exposure observed on coadministration with boosted protease inhibitors, and a more  
253 target-driven approach may achieve greater increases. Emerging nanotechnologies  
254 may also provide bespoke opportunities to encapsulate and protect TDF from  
255 degradation until absorption is complete (12).

256

## 257 **4. Materials and Methods**

### 258 **4.1 Determination of TDF stability in pancrelipase**

259 The stability of 1 mM TDF was assessed in triplicate in a range of lipase  
260 concentrations (0, 0.48, 4.8, 48 and 480 U/mL) using porcine pancrelipase. The  
261 medium used to perform experiments was Fasted Simulated Small Intestinal Fluid  
262 (FaSSIF; 3 mM sodium taurocholate, 0.2 mM lecithin, 34.8 mM sodium hydroxide,  
263 68.62 mM sodium chloride, maleic acid 19.12 mM, deionized water 1L, hydrogen  
264 chloride added dropwise to achieve pH 6.5) and TDF concentrations were assessed  
265 at 0, 5, 10, 15, 20 and 30 minutes. Parallel experiments were performed to identify  
266 the specific enzymes involved in TDF degradation, where saturating concentrations  
267 of inhibitors of lipase (100 µg/mL orlistat), amylase (1 mg/mL acarbose) and trypsin  
268 (1 mg/mL Type 1-S trypsin inhibitor from soybean) (13) were co-incubated with 20  
269 µg/mL TDF and alterations in TDF half life were determined in the presence of a mix  
270 of porcine pancreatic enzymes (100 U/mL lipase, 540 U/mL amylase and 340 U/mL  
271 trypsin). All experiments were performed at 37°C and samples were processed and

272 analysed at Scynexis (Durham, NC, USA) using LC-MS/MS. The column used was a  
273 Synergi Polar RP 2.0x150mm 4um (Phenomenex) kept at 60°C, mobile phase A  
274 consisted of 96%/3%/1% water/acetonitrile/acetic acid and mobile phase B consisted  
275 of 3%/96%/1% water/acetonitrile/acetic acid. Flow rate was 600 µL/min and  
276 consisted of 100% A between 0 to 1 minutes, 2% A 98% B at 2 minutes, 2% A 98%  
277 B at 3 minutes, 100% A at 3.1 minutes, 100% A at 4 minutes. TDF was detected in  
278 positive mode, Q1 mass was 520.1 and Q3 mass was 270 using collision energy 34.  
279 Labetalol was used as internal standard.

280

## 281 **4.2 Model construction**

282 The PBPK model was created using SimBiology version 3.3, a product of Matlab  
283 v.8.2 (MathWorks, Natick, MA, USA, 2013). The aim of the PBPK model was to  
284 simulate the steady-state pharmacokinetics of TFV in humans following six days of  
285 once-daily 300 mg TDF administration. In particular, the aspects potentially relevant  
286 to TDF absorption (solubility, lipase activity, carboxylesterase activity, ABCB1  
287 activity) were included to simulate the relative importance of each factor.

288

## 289 **4.3 System parameters**

290 The basic structure of the PBPK model is based on previously published model  
291 created by the authors (14). Demographic factors of virtual male subjects between  
292 the ages of 18 and 60 (height, weight, body mass index, body surface area) were  
293 taken from published literature and used in allometric equations to calculate  
294 individual organ volumes (15). The volume and rate of blood circulation in each

295 simulated subject was calculated as previously described (16). The model was  
296 created with the following assumptions: 1) tissue compartments were treated as well-  
297 stirred compartments with instant distribution of drug; 2) drug was not absorbed from  
298 the stomach compartment; 3) the rate of drug absorption from the caecum and colon  
299 was reduced to 10-fold less than would be observed in the small intestine under the  
300 same conditions; 3) the model is blood-flow-limited. The physiological factors  
301 relevant for drug absorption in the intestinal compartments are based on the  
302 Advanced Compartmental Absorption and Transit (ACAT) model and are given in  
303 Table 1 (17).

304

#### 305 **4.4 Drug parameters**

##### 306 **4.4.1 Solubility of TDF in the luminal fluid**

307 In order to account for potential solubility-induced absorption limitations, the solubility  
308 of TDF was measured by Corealis Pharma (Quebec, Canada) in a physiologically-  
309 relevant range of buffered pH solutions. Solubility of TDF was high at 9300, 4800  
310 and 6200 mg/L in buffered solutions of pH 2, 4.5 and 8, respectively. These results  
311 were then used to derive a quadratic equation, given below, to calculate the pH-  
312 dependent limitations to TDF luminal solubility (mg/L) in the PBPK model intestinal  
313 compartments.

314

$$315 \text{ TDFs} = (366.67 * [\text{pH}]^2) - (4183.33 * \text{pH}) + 16200$$

316

317 Where  $TDF_s$  is the maximum possible solubility of TDF (mg/L);  $pH$  is the pH of the  
318 intestinal segment fluid.

319

320 Only soluble TDF, which was continually determined throughout simulations in each  
321 intestinal segment, was available for absorption in the PBPK absorption model.

322

#### 323 **4.4.2 Stability of TDF in the luminal fluid**

324 Intestinal lipase concentrations were acquired from literature and included in the  
325 small intestine segments of the PBPK model (duodenum, jejunum and ileum) (18).  
326 Each simulated fasted subject was given a physiologically-relevant concentration of  
327 luminal lipase which was randomly assigned within the ranges obtained from  
328 published literature of between 100 and 400 units/mL. Using the *in vitro* metabolism  
329 data generated in this study, an equation was then developed establishing the  
330 relationship between lipase concentration and drug half life, as given in the results  
331 section. The lipase-dependent rate of elimination was then determined for each  
332 simulated subject and the degraded TDF was assumed to be converted to TFV,  
333 which is either absorbed or passes along and out of the intestine, as detailed below.

334

#### 335 **4.4.3 Absorption of TDF and TFV**

336 TDF permeation through a Caco-2 monolayer has been previously investigated and  
337 the apparent permeability ( $P_{app}$ ) was found to be drug-concentration-dependent (7).  
338 The authors hypothesised that this was the result of active transport saturation

339 (specifically saturation of ABCB1) when higher TDF concentrations were added to  
340 the receiver compartment. To inform the current model of this scenario, this  
341 relationship between TDF concentrations and  $P_{app}$  was continuously re-determined  
342 in each intestinal segment using a polynomial equation, given below, derived from a  
343 previous study (7).

344

$$\begin{aligned} 345 \quad TDF_{Papp} = & -1.9 \cdot 10^{-26} \cdot [TDF_{conc}]^6 + 3.3 \cdot 10^{-22} \cdot [TDF_{conc}]^5 - 2.2 \cdot 10^{-18} \cdot [TDF_{conc}]^4 \\ 346 \quad & + 7.5 \cdot 10^{-15} \cdot [TDF_{conc}]^3 - 1.3 \cdot 10^{-11} \cdot [TDF_{conc}]^2 + 1.1 \cdot 10^{-8} \cdot [TDF_{conc}] + 1.6 \cdot 10^{-7} \end{aligned}$$

347

348 Where  $TDF_{Papp}$  is the estimated TDF  $P_{app}$  value at a specific concentration of TDF;

349  $TDF_{conc}$  is the concentration of TDF.

350

351 Using previously established equations,  $P_{app}$  was used to generate the rate of drug  
352 absorption in the model (19, 20). Intestinal absorption of TFV, the breakdown  
353 product of TDF occurring via luminal lipase, was included. The rate of intestinal TFV  
354 absorption was determined by scaling the  $P_{app}$  value of  $0.41 \text{ cm} \times 10^{-6} \text{ s}^{-1}$  determined  
355 previously in MDCK monolayers (21) (22).

356

#### 357 **4.4.4 Distribution of TFV**

358 The volume of distribution of TFV was simulated considering the volume of  
359 distribution of 0.813 L/kg described in population pharmacokinetic studies (23) and  
360 tissue distribution was determined using previously published equations (24, 25).

361

#### 362 **4.4.5 Clearance of TFV**

363 TFV is predominantly eliminated from the body unchanged via the kidneys. In order  
364 to account for this loss, clearance of TFV was included in the model. The multiple  
365 physiological factors involved in the elimination of TFV, such as the effect of drug  
366 transporters and tubular reabsorption, have not been fully characterised, making a  
367 mechanistic prediction of TFV renal elimination difficult. Therefore, a TFV total  
368 clearance rate of 0.066 L/hr/kg was derived from a previous population  
369 pharmacokinetic study and was included in our model (6).

370

#### 371 **4.5 Model verification**

372 To verify the model, pharmacokinetic data from simulations were compared to  
373 clinical data. Following six days of once-daily dosing of 300 mg TDF in 100 simulated  
374 subjects, median TFV  $C_{\max}$ ,  $T_{\max}$ ,  $AUC_{0-24hr}$  and  $C_{24hr}$  were calculated and contrasted  
375 to steady state pharmacokinetics observed in real subjects, taken from a  
376 randomized, double-blind, placebo-controlled, escalating-dose study of four doses  
377 (75, 150, 300, and 600 mg given once daily) with between eight and nine subjects in  
378 each group (6). Additionally, the terminal plasma half life of TDF was estimates from  
379 simulated concentration plots and compared to half life generated from clinical data.  
380 The bioavailability of orally administered TDF is estimated at around 25 % of the total  
381 dose (26) and the bioavailability of 300 mg orally administered TDF was determined  
382 from our simulations (mean  $\pm$  standard deviation, with minimum and maximum  
383 range) as a comparison to further validate the model. As a pre-determined measure  
384 of success for the model validation, a difference of 0.5-fold or less between clinical  
385 and predicted pharmacokinetic parameters was deemed acceptably accurate (27)  
386 (28). Pharmacokinetic parameters were determined by non-compartmental analysis  
387 using PK Solutions 2.0 (Summit Research Services, UK).

388 To validate the robustness of the model further, simulations were performed as  
389 described above but using alternative TDF oral dose sizes (75 mg, 150 mg, 600 mg).  
390 Pharmacokinetic parameters (median TFV  $C_{\max}$ ,  $T_{\max}$ ,  $AUC_{0-24hr}$  and  $C_{24hr}$ ) were  
391 generated from these simulations and were compared to available clinical  
392 pharmacokinetic data where these dose sizes were utilised (6).

393

#### 394 **4.6 Assessment of regional absorption of TDF and TFV**

395 The regional absorption of TDF and TFV was simulated in 100 virtual subjects  
396 following a single 300 mg oral dose of TDF. Mean absorption amounts (mg) with  
397 standard deviations were determined 24 hours post-dose in duodenum, jejunum  
398 section 1 (j1), jejunum section 2 (j2), ileum section 1 (i1), ileum section 2 (i2), ileum  
399 section 3 (i3), caecum and colon (Table 1).

400

#### 401 **4.7 Prediction of TFV pharmacokinetics following inhibition of factors involved** 402 **in absorption**

403 In order to determine the influence of intestinal ABCB1, CES and lipase on tenofovir  
404 exposure, each factor was individually (with the exception of CES) and in  
405 combination removed from simulations and the pharmacokinetics of TFV determined  
406 for each combination. In the case where lipase activity in the model was eliminated,  
407 simulations were performed where intestinal  $TDF_{1/2} = 0$  minutes. In the case where  
408 ABCB1 activity was inhibited, simulations were performed using a TDF  $P_{app}$  value of  
409  $3.6 \text{ cm} \times 10^{-6} \text{ s}^{-1}$  taken from a previous study (7). In the case where ABCB1 and CES  
410 activities in the model were inhibited, simulations were performed using a TDF  $P_{app}$   
411 value of  $9.41 \text{ cm} \times 10^{-6} \text{ s}^{-1}$  taken from a previous Caco-2 permeation study where  
412 inhibition of ABCB1 and CES activity was achieved using TPGS (ABCB1 inhibitor)  
413 and 1 mM propylparaben (CES inhibitor) (7) (21). In each group, mean tenofovir  
414  $C_{max}$ ,  $T_{max}$ ,  $AUC_{0-24hr}$  and  $C_{24hr}$  were calculated following six days of once-daily  
415 dosing of 300mg TDF in 100 simulated subjects.

416

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420

421 **Transparency declaration**

422 None to declare.

423

424

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507 **Tables**

508 Table 1. Physiological factors relevant for simulating the oral absorption of TFV  
 509 disoproxil and TFV in the PBPK model.

Segment	pH	Volume (mL)	Radius (cm)	Transit time (hr)	Absorption scaling
Stomach	1.3	46.56	N/A	0.25	x 0
Duodenum	6	41.56	1.53	0.26	x 1
Jejunum 1	6.2	154.2	1.45	0.93	x 1
Jejunum 2	6.4	122.3	1.29	0.74	x 1
Ileum 1	6.6	94.29	1.13	0.58	x 1
Ileum 2	6.9	70.53	0.98	0.42	x 1
Ileum 3	7.4	49.83	0.82	0.29	x 1
Caecum	6.4	47.49	3.39	4.19	x 1
Colon	6.8	50.33	2.41	12.57	x 0.1

510

511

512 Table 2. Simulated median pharmacokinetic parameters of tenofovir following  
513 inhibition of factors involved in drug absorption of TDF. Parameters were determined  
514 following 6 days once-daily oral dosing of 300 mg TDF in 100 healthy male subjects.

Inhibited factor	C <sub>max</sub> (ng mL <sup>-1</sup> )	T <sub>max</sub> (hr)	AUC <sub>0-24hr</sub> (ng.hr mL <sup>-1</sup> )	C <sub>24hr</sub> (ng mL <sup>-1</sup> )
None (control)	238	3	3036	43
ABCB1	377	2	4480	51
ABCB1 + CES	538	2	6018	68
Lipase	1013	3	12873	199
ABCB1 + lipase	1409	3	17322	235
ABCB1 + CES + lipase	1642	3	19250	228

515

516 Table 3. Dose reduction strategies following inhibition of factors involved in drug  
517 absorption of TDF. Parameters were determined following 6 days once-daily oral  
518 dosing of TDF in 100 healthy male subjects.

Inhibited factor	Dose size (mg)	AUC <sub>0-24hr</sub> (ng.hr mL <sup>-1</sup> )	% difference from control
None (control)	300	3036	n/a
ABCB1	200	2897	-5%
ABCB1 + CES	150	3002	-1%
Lipase	90	3337	+10%
ABCB1 + lipase	60	3279	+8%
ABCB1 + CES + lipase	50	3133	+3%

519

## 520 **Figure legends**

521

522 Figure 1. The process of converting the prodrug TDF to TFV and ultimately to the  
523 active substance TFV diphosphate.

524

525 Figure 2. Validation of the physiologically based pharmacokinetic model strategy  
526 against clinical data of TDF once-daily, day 7 profiles for dose size of 300 mg (Figure  
527 2A), 75 mg (Figure 2B), 150 mg (Figure 2C) and 600 mg (Figure 2D) (6).

528

529 Figure 3. The amount of TDF and tenfovir absorbed via each intestinal segment  
530 following a single 300 mg oral dose of TDF ( $\text{mg} \pm \text{SD}$ , 24 hours post-dose). J1 =  
531 jejunum first section; J2 = jejunum section 2; I1 = ileum section 1; I2 = ileum section  
532 2; I3 = ileum section 3.

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