

# Speech produced in noise: Relationship between listening difficulty and acoustic and durational parameters<sup>a)</sup>

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Conversational speech produced in noise can be characterised by increases in intelligibility relative to such speech produced in quiet. Listening difficulty (LD) is a metric that can be used to evaluate speech transmission performance more sensitively than intelligibility scores in situations in which performance is likely to be high. The objectives of the present study were to evaluate the LD of speech produced in different noise and style conditions, to evaluate the spectral and durational speech modifications associated with these conditions, and to determine whether any of the spectral and durational parameters predicted LD. Nineteen subjects were instructed to speak at normal and loud volumes in the presence of background noise at 40.5 dB(A) and babble noise at 61 dB(A). The speech signals were amplitude-normalised, combined with pink noise to obtain a signal-to-noise ratio of  $-6$  dB, and presented to twenty raters who judged their LD. Vowel duration, fundamental frequency and the proportion of the spectral energy in high vs low frequencies increased with the noise level within both styles. LD was lowest when the speech was produced in the presence of high level noise and at a loud volume, indicating improved intelligibility. Spectrum balance was observed to predict LD. © 2017 Acoustical Society of America.

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## I. INTRODUCTION

Talkers modify their speech in the presence of noise to maintain a level that is sufficient for communication. The Lombard effect (Lombard, 1911) is the involuntary tendency to increase the level of speech in the presence of noise. In noisy environments, speakers commonly increase not only their vocal intensity but also their fundamental frequency ( $f_o$ ; e.g., Junqua, 1993; Van Summers *et al.*, 1988), their first vowel formant ( $F1$ ; e.g., Boril and Pollak, 2005; Kadiri, 1998), and the energy in the spectrum between 1 and 4 kHz relative to the energy below 1 kHz, resulting in an increase in the *spectrum balance* (hereafter SB; e.g., Stanton *et al.*, 1988; Ternström *et al.*, 2006; Krause and Braida, 2004, 2009; Lu and Cooke, 2009). As the speech level and, therefore, the vocal effort level increases, the spectrum flattens (e.g., Nordenberg and Sundberg, 2004; Ternström *et al.*, 2006). When this level increase co-occurs with an increase in glottal flow and, hence, subglottal pressure,  $f_o$  typically rises, while  $F1$  rises with more jaw opening (Fant, 1997). Speech produced in noise can also demonstrate changes in segment (especially vowel) duration and/or a slowing of the speech rate (e.g., Fonagy and Fonagy, 1966; Junqua, 1993; Krause and Braida, 2004).

So-called Lombard speech is more intelligible than speech produced in quiet environments when presented at equal signal-to-noise (SN) ratios (e.g., Dreher and O'Neill,

1957; Summers *et al.*, 1988; Pittman and Wiley, 2001; Lu and Cooke, 2009). However, it has not yet been resolved which of the speech modifications contribute most strongly or are necessary, either in combination or in isolation, to a gain in intelligibility (whether linguistic or non-linguistic parameters; cf. Cooke and García Lecumberri, 2012). See Cooke *et al.* (2014a) for a review. Relatedly, it has not yet been determined which of these speech modifications predict perceived listening difficulty (LD; e.g., Morimoto *et al.*, 2004). However, an upward shift in the overall spectral “centre of gravity” (CoG) does appear to contribute more to intelligibility than does an  $f_o$  increase (e.g., Hazan and Markham, 2004; Lu and Cooke, 2009; Mayo *et al.*, 2012) or the sorts of durational changes that occur in Lombard speech (Cooke *et al.*, 2014b).

Under some conditions, noise-induced speech modifications may be harmful to intelligibility in quiet conditions. Findings for both shouted speech (e.g., Pickett, 1956; Junqua, 1993) and non-native listeners (Cooke and García Lecumberri, 2012) indicate that the speech level may be increased to preserve audibility to the detriment of phonetic information (Rostolland and Parant, 1975). Junqua (1993) observed variation in the intelligibility of Lombard speech relative to speech produced in quiet, depending on the vocabulary, noise type (white Gaussian or multi-talker) and talker gender. For non-native vs native listeners, Cooke and García Lecumberri (2012) found that Lombard speech may be slightly less intelligible than conversational speech when presented in quiet. However, Lombard speech may provide benefits to both native and non-native listeners by placing important speech information outside of the range

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81 of the energetic masker (see discussion in [García](#)  
82 [Lecumberri et al., 2010](#); [Cooke et al., 2014a](#); [Godoy et al.,](#)  
83 [2014](#); [ISO 226, 2003](#)).

84 Previous research has shown that there are differences  
85 in speech intelligibility between Lombard and “clear” speech  
86 or interlocutor-directed speech, such as speech directed  
87 toward infants, hearing-impaired persons, and non-native  
88 speakers (e.g., [Picheny et al., 1985, 1986](#); [Skowronski and](#)  
89 [Harris, 2006](#); [Wassink et al., 2007](#); [Godoy et al., 2014](#);  
90 [Cooke et al., 2014a](#)). Some clear speech modifications are  
91 enhancements that are dependent on linguistic knowledge,  
92 and therefore favour the native speaker (e.g., [Picheny et al.,](#)  
93 [1986](#); [Bond and Moore, 1994](#); [Bradlow and Bent, 2002](#);  
94 [Hazan and Markham, 2004](#)).

95 The acoustic and durational differences between Lombard  
96 and loud or shouted speech have been considered by Stanton  
97 and colleagues (e.g., [Stanton, 1988](#); [Stanton et al., 1988](#)), and  
98 [Bond and Moore \(1990\)](#), but much remains to be investigated.  
99 [Stanton \(1988\)](#) compared the speech modifications associated  
100 with the change from normal speech to speech produced at  
101 “nominally 10 dB above normal,” to the modifications associ-  
102 ated with the change from normal to Lombard speech (involv-  
103 ing 90 dB of pink noise being emitted into the talker’s ears via  
104 headphones) in the fighter cockpit environment. He noted a  
105 smaller shift in the spectral CoG and *F1* and, typically, a  
106 smaller increase in vowel duration between normal and  
107 Lombard speech than between normal and loud speech,  
108 although there was large inter-speaker variation. [Bond and](#)  
109 [Moore \(1990\)](#) concluded, based on a single speaker’s produc-  
110 tion, that Lombard speech and deliberately loud speech  
111 (involving an instruction concerning imagined speaker-listener  
112 distance) result from the same speech production mechanisms.

113 Intelligibility assessment in speech communication can  
114 be performed by means of objective and subjective methods,  
115 such as by calculating the Speech Transmission Index (STI)  
116 of a transmission channel ([IEC 60268-16, 2011](#)), or by test-  
117 ing with real listeners the percentage of words correctly  
118 understood within a given space (intelligibility scores, or  
119 IS). However, sentence scores of 100% are associated in the  
120 [ISO 9921 \(2003\)](#) standard with a large range of STI values  
121 (0.45–1). A sentence intelligibility score of 100% does not  
122 imply that each word is clearly understood, and there are  
123 many situations in which the speech transmission perfor-  
124 mance cannot be regarded as satisfactory ([ISO 9921, 2003](#);  
125 [Morimoto et al., 2004](#), p. 1609). Additionally, for the same  
126 communication channel, scores can be high while predict-  
127 ability and/or word familiarity are high, but reduce when  
128 words are unpredictable or unfamiliar (e.g., [Kalikow et al.,](#)  
129 [1977](#)). These issues of metric sensitivity in the context of  
130 high performance and highly familiar and/or predictable  
131 speech material can be resolved with the use of a rating scale  
132 concerning how difficult a given listening situation is (e.g.,  
133 [ITU-T P.85, 1994](#); [IEC 60268-16, 2011](#)). LD is a subjective  
134 perception metric developed by [Morimoto, Sato and col-](#)  
135 [leagues](#) for use with highly familiar words that can be used  
136 to evaluate speech transmission performance more accu-  
137 rately and sensitively than IS in situations in which the per-  
138 formance is likely to be high ([Morimoto et al., 2004](#)). It is  
139 designed to minimise the potential confounding effects of

word familiarity and predictability and the extent of higher  
cognitive processing. LD ratings using the 0–3 rating system  
described by [Sato and colleagues \(Sato et al., 2005\)](#) are  
mapped to IS and STI values in [IEC 60268-16E \(2011\)](#). LD  
has been used as a complement to IS or the STI in several  
publications concerning the transmission of Japanese or  
Korean speech (e.g., [Morimoto et al., 2004](#); [Sato et al.,](#)  
[2005](#); [Lee and Jeon, 2011](#)).

While the listening effort scale has been expanded from  
5 to up to 13 or more levels in order to avoid floor or ceiling  
saturation effects ([ITU-T P.85, 1994](#)), the LD traditionally  
has only 4 levels (from not difficult to extremely difficult),  
and is defined as the percentage of the total number of  
responses that indicates some level of difficulty. The use of  
only four levels can lead to an accumulation of values at the  
upper bound ([Morimoto et al., 2004](#); [Genta et al., 2013](#)),  
while averaging over the total number of responses means  
that variability associated with the individual listener’s  
responses cannot be modeled. This variability, which can be  
high (see, e.g., [Lee and Jeon, 2011](#); [Genta et al., 2013](#)), may  
be due to individual differences in cognitive ability or prefer-  
ence. Studies of category scale design have indicated that  
data quality (e.g., reliability, sensitivity) tends to improve as  
the number of answer categories increases (e.g., [Alwin,](#)  
[1992](#)). An alternative seven-point scale for rating LD was pro-  
posed by [Gover and Bradley \(2007\)](#), and a five-point scale  
attempting to address the saturation issue but not the variation  
issue was proposed by [Genta et al. \(2013\)](#), who suggested on  
the basis of their results that there was a need for alternative  
implementations of the method. A ten-point scale LD metric  
and statistical approach designed to address both issues of sat-  
uration and listener variation is presented in this paper. An  
additional contribution of the paper is the use of LD ratings  
with first language English speakers and listeners who have  
been audiometrically tested for normal hearing.

The consideration of LD independently from speech intelli-  
gibility is particularly important for hearing aid users, young  
children, and older listeners. This is because even under condi-  
tions of perfect speech intelligibility, adverse conditions such as  
background noise can impair memory of spoken items and lis-  
tening comprehension (e.g., [Pichora-Fuller, 2003](#)). The literature  
indicates that there are many acoustical modifications of speech  
associated with ease of listening that may or may not co-occur  
with improved intelligibility such as modifications of speech rate  
*f<sub>0</sub>*, formant frequencies, and *f<sub>0</sub>* modulation ([Bond and Moore,](#)  
[1994](#); [Lu and Cooke, 2009](#); [Cooke et al., 2014a](#)). Decreased LD  
is likely to reduce listener fatigue, which may lead to intelligibil-  
ity improvements in extended listening tasks ([Lim and](#)  
[Oppenheim, 1979](#)). In contexts in which listening is difficult,  
acoustic treatments or signal enhancement may be used to  
reduce fatigue and improve recall ([Lim and Oppenheim, 1979](#)).

In summary, there has been much work contributing to  
the understanding of speech in noise, and features of clear  
speech and interlocutor-directed speech. However, the ques-  
tion of which speech modifications inherently improve intel-  
ligibility and reduce LD for the normal hearing native  
English speaker has not yet been fully resolved. Moreover,  
there is a need for further investigation and modification of  
the LD metric.

199 In the present study, the principal aim was to evaluate  
 200 acoustic and durational modifications that occur in non-  
 201 communicative laboratory speech in noisy environments in two  
 202 different speech styles and to relate them to perceived LD.  
 203 Based on this aim, the primary research question was as fol-  
 204 lows, where speech was produced in babble noise at 61 dB(A)  
 205 or in background noise at 40.5 dB(A): Do any of the spectral or  
 206 durational measures considered— $f_o$  (in semitones),  $f_o$  modula-  
 207 tion, SB, or vowel duration—predict LD ratings when SN-  
 208 ratio =  $-6$  dB? A further aim was to extend previous results  
 209 (Morimoto *et al.*, 2004; Sato *et al.*, 2005) that indicated that  
 210 LD may be a useful measure of rating speech transmission  
 211 when word recognition performance would be high. This new  
 212 work extends the previous work by using first-language normal  
 213 hearing English talkers and listeners and also by including an  
 214 evaluation of which spectral or durational changes predict LD  
 215 ratings for continuous speech produced in noise. In this way,  
 216 the current paper responds to a call for studies examining the  
 217 relationship between the intonational, spectral, and durational  
 218 features of Lombard speech and speech intelligibility (Cooke  
 219 *et al.*, 2014b). Furthermore, while Lu and Cooke (2009) con-  
 220 sidered the relevant contributions of only  $f_o$  and spectrum flat-  
 221 tening parameters, and suggested that durational increases  
 222 might, like spectrum flattening, contribute to intelligibility, in  
 223 the current study,  $f_o$ , spectrum flattening, and a durational  
 224 parameter are considered. It is worth considering whether the  
 225 acoustical parameters that predict speech intelligibility also pre-  
 226 dict listening difficulty. The findings have implications for the  
 227 improvement of communication in noisy environments.

## 228 II. EXPERIMENTAL PROCEDURES

229 This study was conducted with approval from and in  
 230 accordance with the policies of Michigan State University's  
 231 Human Research Protection Program (IRB No. 13-1149).  
 232 Participants were not compensated. MATLAB v2014b and Praat  
 233 v5.4.01 (Boersma and Weenink, 2015) were used for signal  
 234 processing. Post-processing and statistical analysis were con-  
 235 ducted in R v3.1.2 (R Development Core Team, 2016).

### 236 A. Experiment one: Speech assessment

#### 237 1. Subjects and instructions

238 Nineteen native American English speaking subjects  
 239 (nine males, ten females) of between 18 and 29 years of age  
 240 with a mean of 21 years of age and with self-reported normal  
 241 speech and hearing were recruited. The subjects were  
 242 recorded while reading the "Rainbow" passage text in a  
 243 semi-reverberant room (a classroom) in two different styles,  
 244 corresponding to normal and loud voice levels. In the envi-  
 245 ronment of the talker was multi-talker children's babble  
 246 (classroom babble; *high level*) noise and/or (naturally occur-  
 247 ing) background (*low level*) noise, which was primarily  
 248 associated with the heating, ventilation, and air conditioning  
 249 system. The instructions given for the styles were as follows:  
 250 normal: "Speak in your normal voice" and loud: "Imagine  
 251 you are in a classroom and you want to be heard by all of the  
 252 children." Investigators were present in the room, observing  
 253 the talker.

## 2. Room acoustic measurements and pre-processing 254

255 The recording took place in a classroom of dimensions 255  
 256  $5.8\text{ m} \times 6\text{ m} \times 2.7\text{ m}$ . The floor and ceiling were covered by 256  
 257 absorbent material (carpet and absorbent tiles). Room acous- 257  
 258 tic parameters were measured in an unoccupied state without 258  
 259 furniture from the impulse responses (IRs) generated by bal- 259  
 260 loon pops (according to ISO 3382-2, 2008).  $T_{30}$  was derived 260  
 261 by means of the AURORA software suite (Farina, 2010). 261  
 262 The mid-frequency reverberation time was 0.53 s (standard 262  
 263 deviation = 0.04; see Bottalico *et al.*, 2015). 263

264 The background noise was measured in the unoccupied 264  
 265 room using a Head and Torso Simulator (HATS) Kemar 265  
 266 45BB-1 (G.R.A.S., Denmark). The primary noise source 266  
 267 contributing to the level of 40.5 dB(A) in the talker position 267  
 268 was the ventilation system. Given that the level was below 268  
 269 43 dB(A), the level of speech production in the background 269  
 270 noise condition was not affected by the noise (Lazarus, 270  
 271 1986; Bottalico *et al.*, 2017). 271

272 The multi-talker noise was emitted by a directional loud 272  
 273 speaker (Yamaha studio monitor model HS5, Yamaha, Japan) 273  
 274 at a level of 61 dB(A) in the talker position. This level repre- 274  
 275 sents a common noise level (hereafter,  $L_{\text{noise}}$ ) generated by 275  
 276 children in a classroom engaged in quiet group work or individ- 276  
 277 ual work with some movement (Shield and Dockrell, 2004). 277  
 278 The spectral maxima in the babble occurred in the 500 Hz and 278  
 279 1 kHz octave bands. Babble noise was emitted by the loud 279  
 280 speaker rather than by headphones to avoid the perturbation of 280  
 281 the talkers' self-monitoring of auditory feedback. Arguably, if 281  
 282 noise is delivered via headphones, the headphones can alter the 282  
 283 talker's perception of their own voice (due to the effects on 283  
 284 both internal and external hearing), and therefore the talker's 284  
 285 voice production (e.g., Garnier and Henrich, 2014). The babble 285  
 286 signal had deep amplitude fluctuations, while the background 286  
 287 noise was stationary. The mean  $f_o$  of the babble was 256 Hz, 287  
 288 which is within the normal range for children (Titze, 2000). In 288  
 289 the babble noise condition, the SN-ratio of the speech signal 289  
 290 (represented by the concatenated voiced segments) and corre- 290  
 291 sponding noise signal as acquired by the head-mounted micro- 291  
 292 phone was estimated at +24 dB on average in the loud style, 292  
 293 and +22 dB on average in the normal style. 293

294 The speech signal was acquired by an omnidirectional 294  
 295 head-mounted microphone (Glottal Enterprises M-80, 295  
 296 Syracuse, NY) placed at a distance of 5 cm from the mouth 296  
 297 (much less than the critical distance; hence, the signal was 297  
 298 associated only with the direct sound of the talker). The 298  
 299 microphone has a fairly flat frequency response  $<4$  kHz, 299  
 300 with a rising frequency response between 4 and 6 kHz, and a 300  
 301 sensitivity of  $-65\text{ dB} \pm 3\text{ dB}$ . The signal was acquired by a 301  
 302 Roland R-05 digital recorder (Hamamatsu, Japan) in 16 bit/ 302  
 303 44.1 kHz WAV format. The microphone line out was con- 303  
 304 nected to a personal computer (PC) via an external sound 304  
 305 board (Scarlett 2i4 Focusrite, High Wycombe, UK). The sig- 305  
 306 nal was recorded with Audacity v2.0.6 with a sampling rate 306  
 307 of 44.1 kHz. Recordings varied in length between 25 and 307  
 308 45 s, depending on the talker. 308

309 Words were manually segmented in Praat. For the vowel 309  
 310 duration analysis, individual vowels were segmented in 310  
 311 Python v3.4 by means of the FAVE-align and HTK toolkits 311

312 and visually inspected for errors. The FAVE-align toolkit is  
313 an adaptation of the Penn Forced Aligner, which relies on  
314 hidden Markov modeling (Rosenfelder *et al.*, 2014). Vowels  
315 were labeled according to the Carnegie Mellon University  
316 (CMU) Pronouncing Dictionary representations of the rele-  
317 vant Rainbow passage words.

318 **3. Vowel duration**

319 Normalised vowel duration was calculated by dividing  
320 each vowel duration in seconds associated with a given sub-  
321 ject by that subject’s mean in the low Lnoise and normal  
322 style (a presumed baseline value). Due to heteroscedasticity,  
323 durations were analysed by means of Welch-corrected one-  
324 way tests for equal means. Speech rate was considered dur-  
325 ing testing, but was found not to change in a reliable way  
326 with the level of noise and so is excluded from the analyses.

327 **4. Fundamental frequency**

328  $f_0$  was extracted from the recordings by means of Praat  
329 at 10ms intervals. An autocorrelation-based method was  
330 used with Hanning windows with a length of 0.043 s, a pitch  
331 floor of 70 Hz, and a pitch ceiling of 400 Hz.  $f_0$  was then con-  
332 verted to semitones in R with bases for males and females  
333 equal to their mean  $f_0$  (Hz): 128 Hz for males and 203 Hz for  
334 females in this case. These base values are representative of  
335 typical adult males and females, the difference relating pri-  
336 marily to differences in membranous vocal fold length  
337 (Titze, 2000, 2011).

338 **5. Spectrum balance**

339 Sound pressure level (SPL) data concerning the same  
340 talkers and experimental conditions as in the present study  
341 have been reported in a previous publication (Bottalico  
342 *et al.*, 2015). In this previous study, concerning a set of  
343 speech production data of which the present data are a sub-  
344 set, it was confirmed that SPL increased in speech produced  
345 in noisy conditions, specifically, unintelligible children’s  
346 babble at 61 dB(A), relative to speech produced in relatively  
347 quiet conditions [ambient noise at 40.5 dB(A)]. As in  
348 Bottalico *et al.* (2015), in the present study, MATLAB version  
349 2014b was used to obtain a time history of overall SPL eval-  
350 uated at 0.125 s intervals for each reading of the Rainbow  
351 passage. The average among all the SPL values was com-  
352 puted per subject and this mean was subtracted from each  
353 time history value for that subject (termed  $\Delta$ SPL). This  
354 within-subject centering was performed in order to evaluate  
355 the variation in the subject’s vocal behaviour in the different  
356 conditions from their typical vocal behaviour. For each sub-  
357 ject, the relative amplitudes in each octave band were calcu-  
358 lated in dB, where each data point corresponded to a  
359 difference between each level measured in dB for a subject  
360 and the maximum amplitude calculated for that subject  
361 across noise and style conditions.

362 Spectral analysis was conducted in order to determine  
363 whether an increase in the SB occurred in high relative to  
364 low Lnoise. SB, named after the measure of Ternström *et al.*  
365 (2006; but modified in form), was defined as the energy

difference between the 1–4 kHz and 0–1 kHz regions or 366  
*bands* (i.e., the mean energy computed for the upper band 367  
minus the mean computed for the lower band, in dB). The 368  
upper band limits were chosen on the basis of previous stud- 369  
ies (e.g., Krause and Braida, 2004, 2009; Garnier and 370  
Henrich, 2014). The SB value will usually be negative, as 371  
the low frequency region tends to dominate the voice spec- 372  
trum. The SB increases when it goes from more to less nega- 373  
tive and, thus, becomes less steep (or in other words, the 374  
spectrum becomes more flat). The claim is that in intelligible 375  
speech produced by normal talkers, the energy difference 376  
between the lower and the upper bands becomes smaller, 377  
resulting in an increase in the SB. However, as discussed 378  
previously, this difference can also be affected by the speech 379  
level and  $f_0$ . SB as here defined relates to the  $\alpha$  ratio measure 380  
(but with the negative rather than the positive sign and an 381  
upper limit of 4 kHz rather than 5 kHz; see, e.g., Sundberg 382  
and Nordenberg, 2006). 383

384 In order to measure possible measurement bias due to  
385 any babble noise in the signal acquired by the head-mounted  
386 microphone, the difference in SB with and without the artifi-  
387 cial babble noise for the same speech material was evaluated  
388 with a HATS. The same speech material recorded in the  
389 same experimental conditions was emitted from the mouth  
390 simulator, with and without babble noise being emitted by  
391 the loud speaker. The average difference in the SB with and  
392 without the babble noise was equal to  $0.12 \pm 1.14$  dB. A  
393 paired sample *t*-test indicated that this difference was negli-  
394 gible [ $t = -0.67$ , degrees of freedom (df) = 49,  $p = 0.51$ ].

395 The concatenated words (i.e., the sentences with silen-  
396 ces between words removed) produced by each talker in  
397 each condition were subjected to long term average spectrum  
398 (LTAS) analysis, also performed in Praat. After fast Fourier  
399 analysis, each LTAS was calculated and the SB was derived  
400 via the “get slope” function with the lower band limits of 0  
401 and 1 kHz, and the upper band limits of 1 and 4 kHz, where  
402 the energy is averaged over the concatenated signal in dB,  
403 based on the mean power of the signal. When the results  
404 were compared with those produced with a lower band of  
405 50 Hz–1 kHz, the difference was negligible.

406 An evaluation of the effects of noise, style, and interac-  
407 tions of noise and style, noise and gender, and style and gen-  
408 der on the response variable, SB, was conducted by means  
409 of a linear mixed effects or LME model (*lme4* and *lmerTest*  
410 R packages) fitted by restricted maximum likelihood  
411 (REML) with the random effects term of talker. The LME  
412 model output includes the estimates of the fixed effects coef-  
413 ficients, the standard error (SE) associated with the estimate,  
414 the df, the test statistic, *t*, and the *p* value. The Satterthwaite  
415 method is used to approximate df and calculate *p* values.

**B. Experiment two: LD assessment** 416

417 Prior to the LD assessment, 20 native American English  
418 speaking listeners (10 males, 10 females), who were aged  
419 between 18 and 23 years, with a mean age of 21 years, were  
420 audiometrically assessed to ensure normal hearing at  
421  $\leq 20$  dB hearing level (HL) between 250 Hz and 6 kHz using

an Orbiter 922 v. 2 audiometer (Madsen Kft., Budapest, Hungary) audiometer in a sound-attenuated booth.

### 1. Room acoustic measurements and pre-processing

There were 152 test stimuli per listener (19 talkers  $\times$  2 speaking styles  $\times$  2 noise conditions  $\times$  2 external auditory feedback conditions, which are not considered here). The stimuli were prepared as follows. A short extract of the Rainbow passage (two sentences in length, which did not include the first or the last phrases in the passage) produced by each talker in each condition was linearly amplitude normalised and combined with pink noise in MATLAB to obtain a SN-ratio of  $-6$  dB. This value is the lowest considered by Sato *et al.* (2005). The onset of noise preceded the onset of the signal by 500 ms. The background Lnoise in the listener position in the booth was 25.1 dB(A), as measured using an NTi Measurements microphone M2211 (class 1 frequency response) and analysed by means of NTi XL2 Audio and Acoustic Analyzer (Schaan, Liechtenstein). LD ratings have been used previously with a specific short speech pattern (Kurusu *et al.*, 2013).

### 2. Testing procedures

The stimuli were presented binaurally via Sennheiser HD205 headphones (Wedemark, Germany) in a pseudo-random order to 20 listeners seated in a sound-attenuated booth. Randomisation on the order of presentation and the recording of LD ratings was obtained via a custom Praat script. The instruction was “rate the level of LD for these sentences on a scale of 1 (not difficult, no effort required) to 10 (very difficult, considerable effort required).” Testing was divided into a training phase (8 stimuli) and a testing phase (152 stimuli), and subjects were able to rest between the 2 halves of the testing phase, to reduce any effects of fatigue. The training phase was included and exposure of all listeners to all conditions was specified, in part, to minimise possible context effects (see Sato *et al.*, 2005). The LD assessment took  $\sim 45$  min. Subjects were required to respond to every stimulus.

In the current study, the discrete subjective LD scale was changed from 1 to 4 (as in the original 2004 version of the metric), in which the percentage of values  $>1$  are taken to represent the LD associated with a given experimental condition (Morimoto *et al.*, 2004) to 1 to 10, for reasons outlined in Sec. II B 1.

### 3. Statistical procedures

A cumulative link mixed model (Laplace approximation; ordinal R package) was run with LD as the response variable and Lnoise, style, their interaction, and interactions of both Lnoise and style with talker gender, with both the listener and the talker as random effects terms. To determine which, if any, of the acoustic and durational parameters predicted LD, a LME model fitted by REML was run with LD as the response variable and SB,  $f_o$  (semitones),  $f_o$  (semitones) standard deviation, and normalised vowel duration as independent variables, with an interaction of  $f_o$  (semitones) and gender, and with talker as the random effects term. In

the case of this model, LD was averaged across listeners per signal. Given that the resolution of 1/10 and the SN-ratio of  $-6$  dB led to the LD metric having good coverage of the measurand range, this response variable could be treated as continuous.

## III. RESULTS

First, the effects of Lnoise and style on spectral and durational speech parameters will be reported. Second, the extent to which any of these parameters predict LD will be discussed.

### A. Experiment one: Speech assessment

#### 1. Vowel duration

Welch-corrected one way tests for equal means indicated that there was an effect of Lnoise [ $F(1,18649) = 134.44$ ,  $p < 0.0001$ ], and gender [ $F(1,18985) = 15.75$ ,  $p < 0.0001$ ] but not style ( $p > 0.1$ ) on normalised vowel duration. This effect of Lnoise held per style and per vowel quality [ $i$ ],  $F(1,1062) = 7.25$ ,  $p < 0.01$ ;  $a$ ],  $F(1,149) = 4.83$ ,  $p < 0.05$ ;  $u$ ],  $F(1,528) = 6.60$ ,  $p < 0.05$ ]. As shown in Fig. 1, vowel durations were longer when the speech was produced in high level than low Lnoise, for both males and females.

#### 2. Fundamental frequency

The mean  $f_o$  increased from 200 to 207 Hz from low to high Lnoise for females, and from 125 to 131 Hz from low to high Lnoise for males. Not only the males' but also the females' mean  $f_o$  remained distant from the mean  $f_o$  of the babble signal (256 Hz).

A LME model was built with  $f_o$  (semitones) as the response variable, and as predictors: Lnoise, style, and interactions of Lnoise and style and noise and gender. Talker was included as a random factor. The low Lnoise, the normal style, and the male gender were chosen as the reference levels. As is shown in Fig. 2,  $f_o$  (in semitones) was higher when speech was

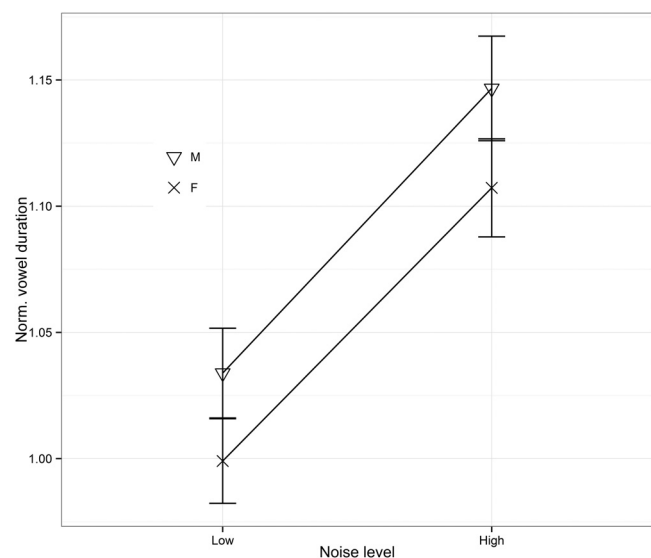


FIG. 1. Normalised vowel durations by Lnoise (x axis) and gender (symbol) condition. Means are shown with 95% confidence intervals.

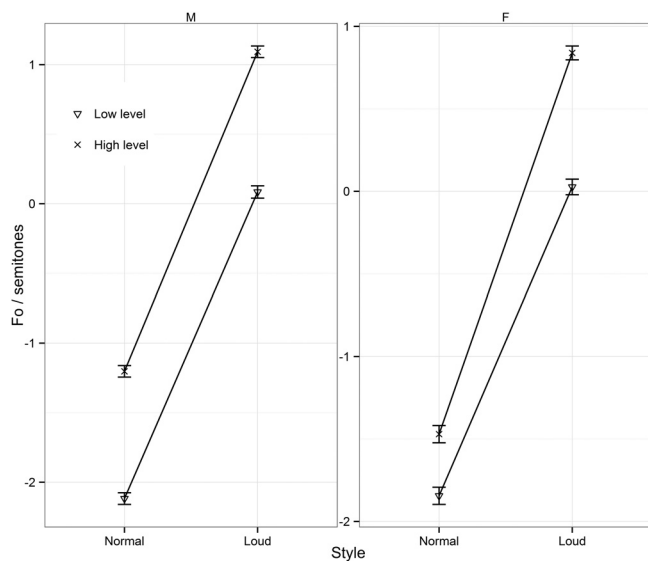


FIG. 2.  $F_0$  in semitones per style (x axis), Noise (symbol) and gender [(left) male, (right) female] condition. Means are shown with 95% confidence intervals.

509 produced in the presence of high Lnoise than low Lnoise  
 510 ( $\hat{\beta} = 0.76$ ,  $SE = 0.03$ ,  $df = 254566$ ,  $t = 29.70$ ,  $p < 0.0001$ ).  $F_0$   
 511 was higher in the loud style than in the normal style ( $\hat{\beta} = 2.09$ ,  
 512  $SE = 0.03$ ,  $df = 254566$ ,  $t = 81.83$ ,  $p < 0.0001$ ). There was an  
 513 interaction between noise and style ( $\hat{\beta} = 0.33$ ,  $SE = 0.03$ ,  
 514  $df = 25466$ ,  $t = 11.52$ ,  $p < 0.0001$ ) such that the effect of noise  
 515 was stronger in the loud style. There was also an interaction  
 516 between style and gender ( $\hat{\beta} = -0.11$ ,  $SE = 0.03$ ,  $df = 25466$ ,  
 517  $t = -3.85$ ,  $p < 0.001$ ), such that males increased their  $f_0$  more  
 518 than females in the loud relative to the normal style.

In the normal style, variation in  $f_0$  (semitones) in the  
 form of standard deviations was slightly increased when  
 speech was produced in the presence of high Lnoise than  
 low Lnoise ( $\hat{\beta} = 0.33$ ,  $SE = 0.14$ ,  $df = 129$ ,  $t = 2.32$ ,  
 $p < 0.05$ ). In the loud style,  $f_0$  variation did not appear to be  
 reliably associated with noise conditions. Variation tended to  
 be lower in the loud style than in the normal style  
 ( $\hat{\beta} = -0.22$ ,  $SE = 0.11$ ,  $df = 129$ ,  $t = -1.96$ ,  $p = 0.05$ ). Very  
 similar results were found when the  $f_0$  values were subjected  
 to outlier detection and removal using the Bonferroni  
 method before analysis, indicating that these results were not  
 due to  $f_0$  artefacts.

### 3. SB

With regard to within-subject normalised overall SPL  
 ( $\Delta$ SPL), in the normal style,  $\Delta$ SPL increased by approximately  
 9 dB from  $-11.74$  dB in low Lnoise to  $-2.70$  dB in high  
 Lnoise. In the loud style,  $\Delta$ SPL increased by approximately  
 4.70 dB from 5.03 dB in low Lnoise to 9.71 dB in high Lnoise.  
 The relative magnitude of spectral energy in the higher frequen-  
 cies was increased in the high Lnoise, as indicated by the relative  
 amplitudes (dB) in each of the seven octave bands (Fig. 3). For  
 males, there tended to be a smaller difference between Lnoise  
 conditions in the loud style than in the normal style, as in the  
 case of the overall  $\Delta$ SPL.

Amplitude variation, measured in terms of the range of  
 the relative amplitude, increased from the low to the high  
 Lnoise in the normal style by 3 dB, and in the loud style for  
 the females by 2 dB, but did not increase in the loud style for  
 males, possibly due to a ceiling effect.

The effects of noise, style, and gender on SB are reported  
 in Table I and shown in Fig. 4. Recall that SB will typically

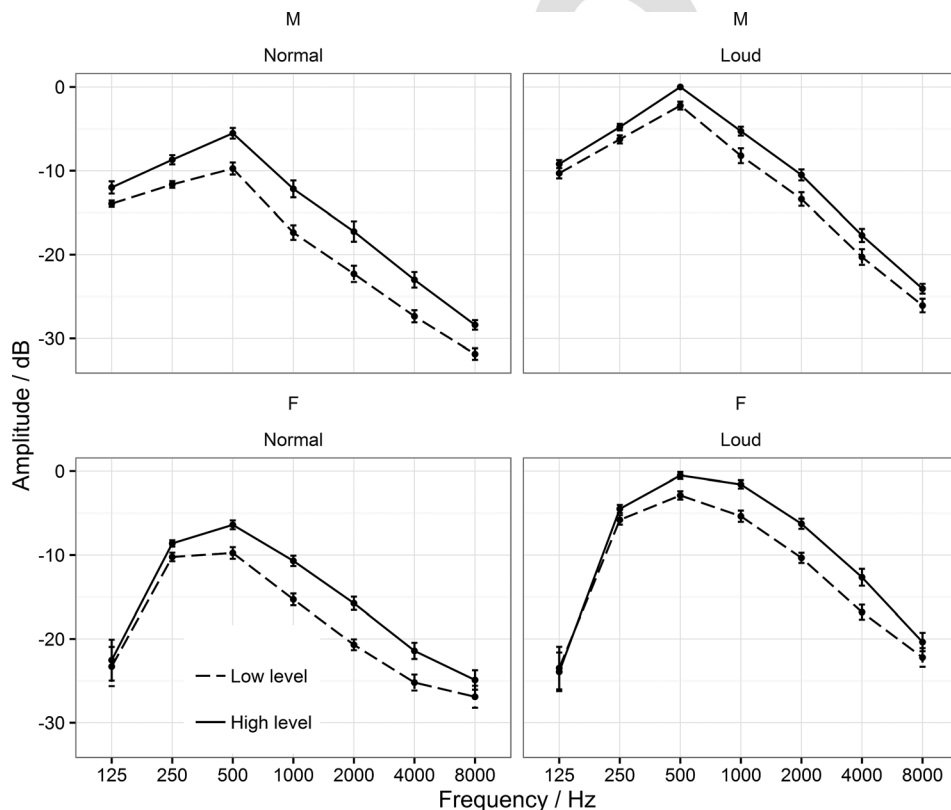


FIG. 3. Relative amplitude (dB) by frequency (Hz), style [(left) loud, (right) normal] and noise level (dashed line, low; solid line, high) for males (upper) and females (lower) with  $\pm 1$  SE.

TABLE I. LME model with the response variable SB and independent variables Lnoise, and style and interaction terms with gender (reference levels: Lnoise, low; style, normal; gender male). Significance codes: \*\*\* < 0.001, \*\* < 0.01, \* < 0.05, “.” < 0.1.

Term	Estimate	SE	df	t
(Intercept)	-17.60	0.55	21	-31.26***
Lnoise high	1.75	0.27	129	6.46***
Style loud	3.31	0.27	129	8.88***
Lnoise high: Style loud	-0.72	0.31	129	-2.34*
Lnoise low: Gender female	0.76	0.75	20	1.02
Lnoise high: Gender female	1.30	0.75	20	1.74
Style loud: Gender female	1.73	0.31	128	5.62***

TABLE II. Cumulative link mixed model (Laplace) output for LD by Lnoise and style and interactions with talker gender (reference levels are Lnoise, low; style, Normal; gender male). Significance codes: \*\*\* < 0.001, \*\* < 0.01, \* < 0.05, “.” < 0.1.

Term	Estimate	SE	z
Lnoise high	-0.86	0.12	-7.40***
Style loud	-1.17	0.12	-10.02***
Lnoise high: Style loud	0.57	0.13	4.37***
Lnoise low: Gender female	-0.61	0.35	-1.74.
Lnoise high: Gender female	-0.61	0.35	-1.73.
Style loud: Gender female	-0.16	0.13	-1.20

550 increase (become less negative) as SPL increases. The LME  
 551 model included Lnoise and style and interactions of Lnoise  
 552 and style, Lnoise and gender, and style and gender, with talker  
 553 as a random effect. Reference levels were low Lnoise, normal  
 554 style, and male gender. When the speech was produced in high  
 555 vs low Lnoise in the normal and in the loud styles, there was  
 556 an increase in SB. In addition, when the speech was produced  
 557 in the loud style vs the normal style in the presence of low  
 558 Lnoise, there was an increase in SB. In the normal style, there  
 559 was a greater difference between Lnoise conditions than in the  
 560 loud style. This result suggests the achievement of an upper  
 561 limit in the high Lnoise, loud style condition. There was also  
 562 an interaction between style and gender: For males there was a  
 563 much smaller difference between the style conditions than for  
 564 the females (Fig. 4). For females,  $f_o$  was moderately positively  
 565 correlated with SB ( $r = 0.52, p < 0.0001$ ). No reliable correla-  
 566 tion was observed for males ( $r = 0.24, p < 0.05$ ).

567 **B. Experiment two: LD assessment**

568 **1. Effects of noise, style, and talker gender on LD**

569 In the speech perception study, 20 listeners evaluated  
 570 their difficulty in listening to the speech produced by the

571 talkers in the 2 noise and 2 style conditions. A cumulative  
 572 link mixed model was fit to LD with the following predic-  
 573 tors: Lnoise and style and interactions of Lnoise and style,  
 574 Lnoise and gender, and style and gender. The model incor-  
 575 porated random effects for talker and listener and for the  
 576 talker listener interaction. The reference levels were low  
 577 Lnoise, normal style, and male gender. As reported in Table  
 578 II and shown in Fig. 5, there was a decrease in LD when the  
 579 speech was produced in high vs low Lnoise in the normal  
 580 style, and when the speech was produced in the loud style vs  
 581 normal style in low Lnoise. There was an interaction of noise  
 582 and style such that the difference in LD between the styles  
 583 was greater in low Lnoise than in high Lnoise. The lowest  
 584 LD scores occurred when speech was produced in high  
 585 Lnoise in the loud style condition.

586 When LD was converted by quartile to a four-point  
 587 scale (as in the original method), the effects of noise and  
 588 style were very similar to those observed in the ten-point  
 589 scale model. In the four-point scale model, the arcsine trans-  
 590 formed proportion of values higher than one (averaged over  
 591 the listeners) was evaluated as the response variable of a  
 592 LME model with noise and style and their interaction as  
 593 independent variables, and talker as a random factor.

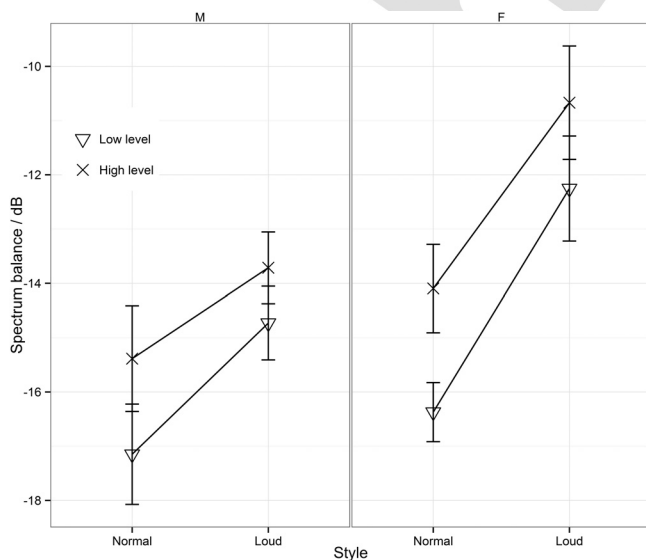


FIG. 4. SB in dB per style (x axis), noise (symbol), and gender [(left) male, (right) female] condition, with means and 95% confidence intervals.

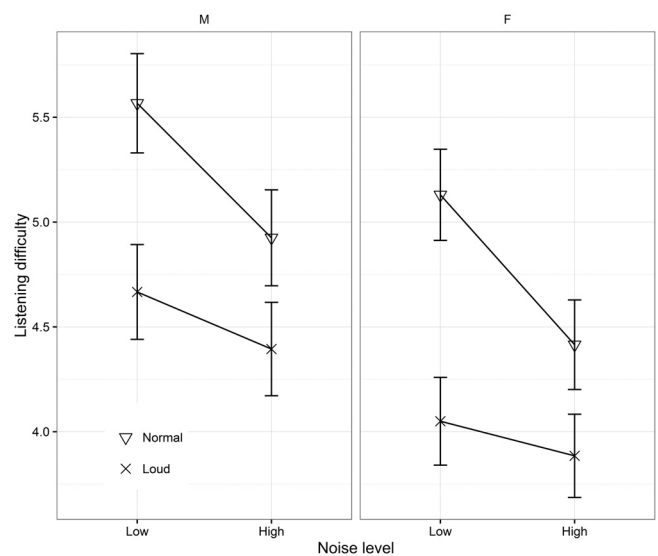


FIG. 5. LD (1, lowest; 10, highest) by Lnoise (x axis) and style (symbol) condition, with means and 95% confidence intervals.

TABLE III. LME model with the response variable LD (averaged over talker) and scaled independent variables: SB,  $f_o$  modulation (semitones), vowel duration, and an interaction of  $f_o$  and talker gender. Significance codes: \*\*\* < 0.001, \*\* < 0.01, \* < 0.05, “.” < 0.1.

Term	Estimate	SE	df	<i>t</i>
(Intercept)	0.05	0.77	135	0.07
SB	-2.9	0.03	82	-10.87***
$F_o$ standard deviation (semitones)	0.11	0.08	50	1.46
Vowel duration	-0.14	0.52	146	0.27
$F_o$ (semitones): Gender male	-0.01	0.04	56	-0.27
$F_o$ (semitones): Gender female	0.13	0.06	71	2.38*

## 594 2. Relationships between speech parameters and LD

595 Models were fitted to determine which of the acoustic  
596 and durational parameters predicted LD. The distribution of  
597 the LD ratings was near normal, with no saturation at the  
598 upper and lower bounds. The results are reported in Table  
599 III. A LME model was run with LD as the response variable  
600 and the acoustical and durational parameters as independent  
601 variables: SB,  $f_o$  modulation (semitones), normalised vowel  
602 duration, and an interaction of  $f_o$  and talker gender. Of the  
603 parameters, only SB reliably predicted LD ( $p < 0.0001$ ).  
604 However, there was a difference in the slope  $f_o$  (semitones)-  
605 LD between females and males such that for females there  
606 was a decrease in LD as  $f_o$  increased ( $p < 0.05$ ). The slope  
607 can be derived from a simple linear regression:

$$y = 4.27 - 0.15f_o + \epsilon. \quad (1)$$

## 608 IV. DISCUSSION

609 This paper reports the use of LD ratings for an identifi-  
610 cation of the speech modifications that predict the transmis-  
611 sion performance of speech produced in noise by first-  
612 language, normal hearing English speakers. In the assess-  
613 ment of the speech parameters in this study, the increase in  
614 vocal intensity in speech produced in noise was found to  
615 co-occur with increases in  $f_o$  and SB, as predicted on the  
616 basis of previous studies (e.g., Van Summers *et al.*, 1988;  
617 Stanton *et al.*, 1988; Junqua, 1993). Arguably, these spec-  
618 tral modifications, which occurred in a non-communicative  
619 context, are primarily associated with the increase in vocal  
620 intensity in the presence of babble noise, but could also  
621 reflect other modifications made to improve audibility for  
622 the talker at his/her own ear (see, e.g., Garnier and Henrich,  
623 2014; Cooke *et al.*, 2014a).

624 In the present study, it was possible to identify effects  
625 of noise within both speech styles. First, for normalised  
626 vowel duration, there was an effect of Lnoise but no  
627 observable effect of style. Additionally, for  $f_o$ , SB, and LD,  
628 there was an additive effect of Lnoise and style. In full, the  
629 effects of noise in the environment of the talker were an  
630 increase in vowel duration, an increase in  $f_o$ , an increase in  
631 the SB, and, in the perception assessment, a decrease in rat-  
632 ings of LD.

633 The results concerning the relationship between dura-  
634 tional changes and LD ratings suggest that while vowel

elongation can increase the amount of acoustic information  
available about vowel quality and neighbouring segment  
identity (see, e.g., Fonagy and Fonagy, 1966), the extent to  
which these changes can improve the intelligibility of speech  
masked by broadband noise appears to depend on other fac-  
tors (Cooke *et al.*, 2014b; Lu and Cooke, 2009). The magni-  
tude of the vowel duration results may reflect the fact that  
the high Lnoise present during speech production was multi-  
talker noise, which is said to degrade the perception of vow-  
els more than consonants (Junqua, 1993). It is interesting  
that there was no reliable effect of style on vowel duration  
for these speakers, despite the observed increase in speech  
level from normal to loud style (cf., e.g., Traunmüller and  
Eriksson, 2000).

Shifts in the spectral energy distribution toward frequen-  
cies between 1 and 4 kHz, i.e., increases in SB, were  
observed to predict LD when the signals were presented to  
listeners at the same SN-ratio. The reported effects of these  
shifts on LD ratings are consistent with the results of Krause  
and Braida (2004), who found that high frequency spectral  
emphasis contributes to the increased intelligibility of clear  
relative to conversational speech when produced in noise. In  
the present study, it was found that while changes in both  $f_o$   
and spectral energy distribution occur when speech is pro-  
duced in noise, only the latter appears to contribute in a sig-  
nificant way to intelligibility (Lu and Cooke, 2009; Hazan  
and Markham, 2004; Cooke *et al.*, 2014b). The  $f_o$  increase  
may under most conditions merely accompany the increase  
in vocal intensity (Gramming *et al.*, 1988). Lu and Cooke  
(2009) have argued that SB, unlike an upward shift in  $f_o$ , reli-  
ably increases the amount of information available to the lis-  
tener, i.e., the amount of speech information that is out of  
the range of the masker energy. In Cooke's (2006) glimpsing  
model of speech perception in noise, there are more glimpses  
(defined as connected regions in the spectro-temporal rep-  
resentation of the speech time-frequency plane) within which  
speech information is audible. In other words, in the current  
study, an increase in SB provides some release from ener-  
getic masking. In singers, an increase in energy in the  
region of 3 kHz allows the voice to be heard well above an  
orchestra or background noise (Sundberg, 1994) and results  
in an increase in phons and sones (Hunter *et al.*, 2006), due  
to the human ear being particularly sensitive to frequencies  
in this region (see Cooke *et al.*, 2014a; ISO 226, 2003). As  
mentioned previously, Cooke and García Lecumberri  
(2012) have argued that while some linguistic enhance-  
ments may exist in Lombard speech, such as greater vowel  
space dispersion (Cooke and Lu, 2010), these may be out-  
weighed by other changes that in fact reduce intelligibility;  
linguistic enhancements, therefore, appear to have a limited  
role.

With regard to  $f_o$ , in the normal style, a small but reli-  
able increase was observed in  $f_o$  modulation (in semitones)  
in high vs low Lnoise, which has previously been interpreted  
as evidence of an active strategy to improve audibility in  
noise (Garnier and Henrich, 2014). For females, the increase  
in  $f_o$  (semitones) with the increase in Lnoise was larger in  
the loud than in the normal style, despite the effect of noise  
on speech level being larger in the normal style, which may



694 also suggest an active strategy to optimise masker release.  
 695 Further, for the female speakers, a possible explanation of the  
 696 finding for the slope  $f_o$  (semitones)-LD may be that within the  
 697  $f_o$  range of the females ( $\sim 160$ – $270$  Hz), when  $f_o$  increases  
 698 there may be some additional release from energetic masking.  
 699 This is due to the migration of spectral energy into higher  
 700 parts of the spectrum (given the wider spacing of harmonics  
 701 at high  $f_o$  frequencies). This release may be associated with  
 702 the presence of a high level of noise and/or the raised intensity  
 703 of the loud style (see, e.g., Cooke *et al.*, 2014a). Such a rela-  
 704 tionship between  $f_o$  and speech intelligibility for female talk-  
 705 ers may only occur at low SN-ratios (Barker and Cooke,  
 706 2007). Indeed, in the current study, for females but not males,  
 707  $f_o$  was moderately positively correlated with SB.

708 The increase in amplitude variation in high Lnoise rela-  
 709 tive to low Lnoise for some speakers may not be entirely  
 710 related to the increase in vocal intensity, but may also reflect  
 711 the intention of these speakers to improve their intelligibility  
 712 once the SN-ratio can no longer be improved (e.g., Picheny  
 713 *et al.*, 1985, 1986; Ternström *et al.*, 2006).

714 On the basis of the results presented, it can be argued  
 715 that LD ratings are sensitive to changes in the audibility or  
 716 intelligibility of speech in contexts in which the performance  
 717 would be high due, in part, to the predictability of the speech  
 718 material rather than strictly to the SN-ratio or the character-  
 719 istics of the masker. The results are consistent with the find-  
 720 ings of Morimoto *et al.* (2004) that “LD is not always high  
 721 when background noise is present.” (p. 1611) This research  
 722 suggests that an artificial increase in the SB, for example,  
 723 generated by a filter that amplifies frequencies  $> 1$  kHz,  
 724 may reduce LD. Such processing is feasible to implement in  
 725 real-time (Skowronski and Harris, 2006). Thus, signals may  
 726 be enhanced to improve comprehension and recall for young  
 727 children and older listeners. In this paper, a revised LD  
 728 method has been presented that addresses the issues of satu-  
 729 ration at ceiling performance and high listener variability  
 730 that have been reported in the literature.

## 731 V. CONCLUSIONS

732 The objectives of the present study were to evaluate the  
 733 LD of speech produced in different noise and style condi-  
 734 tions, evaluate the spectral and durational speech modifica-  
 735 tions associated with these conditions, and determine  
 736 whether any of the spectral and durational parameters pre-  
 737 dicted LD. It was confirmed that speech produced in high  
 738 level babble noise relative to low level background noise  
 739 was associated with an increased  $f_o$ , increased spectral  
 740 energy between 1 and 4 kHz relative to energy below 1 kHz,  
 741 and increased vowel duration. However, only the proportion  
 742 of high to low spectral energy reliably predicted LD for  
 743 normal-hearing listeners.

744 It should be noted that the speech was acquired in the  
 745 high Lnoise condition in the presence of babble noise; how-  
 746 ever, the effects of noise in the acquired signal on SB itself,  
 747 being the difference between the mean energy of the 1–4 kHz  
 748 band and of the  $< 1$  kHz band, were negligible. In this study,  
 749 the ecological validity of tests in terms of proprioception and  
 750 internal and external auditory feedback was prioritised, as was

unconstrained head movement in the loud style (see, e.g.,  
 Lagier *et al.*, 2010; Garnier and Henrich, 2014).

Further studies are required to evaluate the ten-point scale  
 form of the LD measure. In a future study, the properties of  
 the original form, the revised form, and IS will be compared  
 both for repeated and unique speech material. Moreover, not  
 only the level but also the type of noise in the talker’s environ-  
 ment will be manipulated during communicative tasks, for  
 example, among broadband, speech-shaped, and babble noise,  
 to allow a clear separation of the effects on speech audibility  
 and intelligibility of the level from the type of noise. The type  
 of additive noise used in the listening experiment will also be  
 varied to evaluate how LD ratings and word recognition scores  
 are affected by the properties of the noise masker.

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