# Maraviroc Solid Drug Nanoparticles with Improved Oral Pharmacokinetics



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## Introduction

It was estimated that over 36 million people were living with HIV globally in 2016 with only 19.5 million receiving access to antiretroviral therapy (ART)<sup>1</sup>. Maraviroc (MVC) is an orally dosed entry inhibitor which targets the CCR5 co-receptor to prevent entry of CCR5-trophic virus into T-cells<sup>2</sup>. Oral dosing presents a simple route of self-administration but is often limited by low bioavailability. MVC is a substrate for P-glycoprotein (P-gp), limiting permeability. Additionally, it is estimated that over 60% of the absorbed drug is metabolised by CYP3A4, resulting in a bioavailability of ~33%<sup>3</sup>. Current MVC-containing ART regimens require twice-daily administration to maintain MVC plasma concentrations within the therapeutic range. Preferred ART regimens involve once daily dosing, but the MVC dose cannot be increased due to potential risk of postural hypotension, reported at  $C_{max}^{4}$ . The aims of this study were to develop MVC Solid Drug Nanoparticles (SDNs) using an emulsiontemplated freeze-drying technique (ETFD)<sup>5</sup>, with a higher bioavailability and a lower C<sub>max</sub>:C<sub>min</sub> ratio in rodent, potentially enabling a once-daily fixed dose combination product (FDC).

### Results

### **SDN Production and Characterisation**

An ETFD screen was used to produce and optimise solid drug nanosuspensions of MVC, achieving up to 70 wt.% drug-loading. The lead which formulations showed enhanced permeability and progressed to In vivo studies are outlined in Table 1.

### In vitro Apparent Permeability

The results in Figure 1. indicate that formulation of MVC into SDNs increased the apparent oral absorption of the drug across Caco-2 monolayers. Specifically:

- Nanodispersion 1 increased the MVC P<sub>app</sub> ratio over 1.7-fold the conventional compared to unformulated MVC.
- The soybean blended formulation, oil nanodispersion 2, increased the MVC  $P_{app}$  ratio over 4.3-fold.

**Table 1.** MVC SDNs characterised using dynamic light
 scattering (Malvern Instruments, UK)

MVC anodispersion	MVC loading (wt.%)	Z-average size (nm)	PDI	
1	70%	728	0.345	
2*	70%	171	0.170	

\*Soybean oil blended formulation



### In vivo Oral Pharmacokinetics

Enhanced MVC exposure was highlighted following the oral dosing of nanodispersions 1 (Fig. 2 A) and 2 (Fig. 2 B) compared to an equivalent conventional MVC dose in male Wistar rats. The pharmacokinetic parameters in Table 2. highlight: • A 2.4- and 2.5-fold increase in  $AUC_{0-4}$  and  $C_{ave}$ ,

respectively, and a 1.65-fold reduction in the C<sub>max</sub>:C<sub>min</sub> ratio for nanodispersion 1 compared to the conventional MVC preparation.

A 2.4-, 2.8- and 4.5-fold increase in AUC<sub>0-4</sub>, C<sub>ave</sub> and C<sub>max</sub>:C<sub>min</sub> ratio, respectively, for the oil blended formulation, nanodispersion 2, compared to the conventional MVC preparation.

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### **Tissue Distribution**

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**Table 2.** Pharmacokinetic parameters of MVC following oral dosing. Parameters were calculated from the exposure curves outlined in Fig 2.

nacokinetic rameter	Conventional MVC	Nanodispersion 1	Nanodispe 2
ng ml⁻¹)	26.52	50.74	130.32
g ml <sup>-1</sup> )	8.16	25.83	8.88
(ng.h ml <sup>-1</sup> )	58.71	145.33	146.24
g ml⁻¹)	15.17	38.38	43.06
)	1.5	1.5	1.0
<sub>min</sub> ratio	3.25	1.96	14.67

Increased MVC concentrations were observed in most tissues obtained from the nanodispersion dosed rats (Fig. 3). Specifically;

• A 2.2- (P=<0.001), 1.6- (P=<0.001) and 1.8-fold (P=0.0057) increase was observed in the liver, spleen and kidney, respectively, in the rats dosed with nanodispersion 1.

A 3.8- (P=0.001), 2.4- (P=0.0227), 1.9- (P=0.0014), 4.6-(P=0.0040) and 1.6-fold (P=0.0173) increase was observed in the liver, spleen, kidney, lung and heart, respectively, in the rats dosed with nanodispersion 2.

### Discussion

The nanomedicines presented here have the potential to enable once-daily dosing of MVC, reducing the dose required for viral suppression and may enable the development of novel ART FDCs.



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MVC Figure plasma adult male concentration in Wistar rats dosed with either nanodispersion 1 (A.), 2 (B.) or a ersion conventional MVC dose (10 mg Kg<sup>-1</sup> MVC) via oral gavage. (±SD, n=4). All *In vivo* work was conducted in accordance with the Animals (Scientific Procedures) Act 1986 (ASPA) implemented by the UK Home Office.



\*, P<0.05; \*\*, P<0.01; \*\*\*, P<0.001 (Unpaired two-tailed t-test)

(±SD, n=4).

World Health Organisation (<u>http://www.who.int</u>)

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