

1 **TITLE:**  
2 **Large-Area Scanning Probe Nanolithography Facilitated by Automated Alignment and Its**  
3 **Application to Substrate Fabrication for Cell Culture Studies**

4  
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30  
31 **KEYWORDS:**

32 scanning probe lithography, polymer pen lithography, automated alignment, parallelization,  
33 nanolithography, cell culture, stem cells, mesenchymal stem cells, cell-surface interactions

34  
35 **SHORT ABSTRACT:**

36 Here we present a protocol for wide-area scanning probe nanolithography enabled by the  
37 iterative alignment of probe arrays, as well as the utilization of lithographic patterns for cell-  
38 surface interaction studies.

39  
40 **LONG ABSTRACT:**

41 Scanning probe microscopy has enabled the creation of a variety of methods for the  
42 constructive ('additive') top-down fabrication of nanometer-scale features. Historically, a major  
43 drawback of scanning probe lithography has been the intrinsically low throughput of single  
44 probe systems. This has been tackled by the use of arrays of multiple probes to enable

45 increased nanolithography throughput. In order to implement such parallelized  
46 nanolithography, the accurate alignment of probe arrays with the substrate surface is vital, so  
47 that all probes make contact with the surface simultaneously when lithographic patterning  
48 begins. This protocol describes the utilization of polymer pen lithography to produce  
49 nanometer-scale features over centimeter-sized areas, facilitated by the use of an algorithm for  
50 the rapid, accurate and automated alignment of probe arrays. Here, nanolithography of thiols  
51 on gold substrates demonstrates the generation of features with high uniformity. These  
52 patterns are then functionalized with fibronectin for use in the context of surface-directed cell  
53 morphology studies.

54

## 55 **INTRODUCTION:**

56 Progress in nanotechnology is dependent on the development of techniques capable of  
57 efficiently and reliably fabricating nanoscale features on surfaces.<sup>1,2</sup> However, generating such  
58 features over large areas (multiple cm<sup>2</sup>) reliably and at relatively low cost is a non-trivial  
59 endeavor. Most existing techniques, derived from the semiconductor industry, rely on ablative  
60 photolithography to fabricate 'hard' materials. More recently, lithographic techniques derived  
61 from scanning probe microscopy (SPM) have emerged as a convenient and versatile approach  
62 for the rapid prototyping of nanoscale designs.<sup>3</sup> SPM-based techniques are able to conveniently  
63 and rapidly 'write' any user-defined pattern. The most well-known of these is dip-pen  
64 nanolithography (DPN), pioneered by Mirkin *et al.*,<sup>4</sup> where a scanning probe is used as a 'pen'  
65 to transfer a molecular 'ink' to the surface producing features in a fashion analogous to writing.  
66 Under ambient conditions, as a probe is scanned across a surface the 'ink' molecules are  
67 transferred to the surface *via* a water meniscus that forms between the probe and the surface  
68 (**Figure 1**). DPN thus allows the nanolithographic deposition of a wide range of materials,  
69 including 'soft' materials such as polymers and biomolecules.<sup>5</sup> Related techniques using probes  
70 engineered with channels for fluid delivery, variously referred to as 'nanopipettes' and 'nano-  
71 fountain pens', have also been reported.<sup>6-8</sup>

72

73 The main obstacle to the wider application of SPM-derived lithography is throughput, as it  
74 requires an excessively long time to pattern centimeter-scale areas with a single probe. Early  
75 efforts to address this issue focused on the parallelization of cantilever-based DPN, with both  
76 'one-dimensional' and 'two-dimensional' (2D) probe arrays being reported for the lithography  
77 of centimeter-sized areas.<sup>5,9</sup> However, these cantilever arrays are produced through relatively  
78 complex multistep fabrication methods and are relatively fragile. The invention of polymer pen  
79 lithography (PPL) addressed this issue by replacing the standard SPM cantilevers with a 2D array  
80 of soft siloxane elastomer probes bonded to a glass slide.<sup>10</sup> This simple probe setup significantly  
81 decreases the cost and complexity of patterning large areas, opening up nanolithography to a  
82 wider range of applications. This cantilever-free architecture has also been expanded to hard-  
83 tip soft-spring lithography,<sup>11</sup> which provides a hybrid of soft elastomeric backing with hard  
84 silicon tips giving improved resolution in comparison to patterns produced using soft elastomer  
85 tips.

86

87 A crucial factor in the execution of these 2D array technologies is that the probe array must be  
88 exactly parallel to the surface substrate so that when lithography is utilized, all the probes come

89 into contact with the surface simultaneously. Even a small misalignment can cause a large  
90 difference in feature size from one side of the array to the other, since some probes will come  
91 into contact with the surface earlier during the descent of the array, while others will come into  
92 contact later or not at all.<sup>12</sup> Exact alignment is especially important with PPL due to the  
93 deformability of the soft elastomer probes, where the probes contacting the surface earlier will  
94 be compressed, leaving a larger footprint on the surface.

95  
96 The early work on PPL employed purely visual inspection to guide the alignment process, using  
97 a camera mounted above the array to observe the deformation of the pyramidal probes as they  
98 were brought into contact with the surface.<sup>10</sup> Alignment was judged by observing which side of  
99 the probes came into contact with the surface first, then adjusting the angle and repeating the  
100 procedure in an iterative manner until the difference in contact on each side of the probe was  
101 indistinguishable to the eye. As this alignment procedure relies on subjective visual inspection  
102 by the operator, reproducibility is low.

103  
104 Subsequently, a more objective approach has been developed, consisting of a force sensor  
105 mounted beneath the substrate to measure the force applied upon contact of the probes on  
106 the surface.<sup>12</sup> Alignment was thus achieved by adjusting the tilt angles to maximize the force  
107 exerted, which indicated that all the probes were simultaneously in contact. This method  
108 showed that alignment to within  $0.004^\circ$  of the surface parallel was possible. This ‘force  
109 feedback levelling’ has now been implemented into fully automated systems in two  
110 independent reports.<sup>13,14</sup> Both use a triad of force sensors mounted either beneath the  
111 substrate or above the array and measure the amount of force exerted upon contact between  
112 the probe arrays and surface. These systems give high precision, reporting misalignments of  $\leq$   
113  $0.001^\circ$  over a 1 cm length scale,<sup>14</sup> or  $\leq 0.0003^\circ$  over 1.4 cm.<sup>13</sup> These automated alignment  
114 systems also provide major savings in operator time and overall time taken to complete the  
115 lithography process.

116  
117 One major application of high-throughput surface fabrication enabled by this technology is the  
118 generation of cell culture substrates. It is now well established that cell phenotype can be  
119 manipulated by controlling the initial interaction between cells and surface features, and that  
120 this can be enhanced at the nanoscale.<sup>15</sup> Specifically, scanning probe lithography methods have  
121 been shown to be a facile method to produce a variety of nanofabricated surfaces for such cell  
122 culture experiments.<sup>16</sup> For example, surfaces presenting nanoscale patterns of self-assembled  
123 monolayers and extracellular matrix proteins templated by PPL and DPN have been used to  
124 study the potential of nano-modified materials in material induced differentiation of stem  
125 cells.<sup>17</sup>

126  
127 This protocol describes the utilization of a modified atomic force microscope (AFM) system that  
128 enables large-area PPL. We detail the detection of force using multiple force sensors as the  
129 means of determining probe-surface contact, together with an algorithm that automates the  
130 iterative alignment process. Subsequent functionalization of these patterns with the  
131 extracellular matrix protein fibronectin and the culture of human mesenchymal stem cells  
132 (hMSC) are described, as a demonstration of PPL-fabricated surfaces applied for cell culture.

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**PROTOCOL:**

**1. Fabrication of the PPL pen array**

1.1) To prepare the polydimethylsiloxane (PDMS) copolymer mixture:

1.1.1) Add 10  $\mu\text{L}$  of the platinum(0)-1,3-divinyl-1,1,3,3-tetramethyldisiloxane complex solution and 172  $\mu\text{L}$  of 1,3,5,7-tetramethyl-1,3,5,7-tetravinylcyclotetrasiloxane to 250 g of (7–8 % w/w vinylmethylsiloxane)-dimethylsiloxane co-polymer. Mix these components thoroughly on a rotary mixer for 7 days to ensure homogenous mixing.

CAUTION: platinum(0)-1,3-divinyl-1,1,3,3-tetramethyldisiloxane is toxic. Please read MSDS before working with this solution. Safety equipment must be worn while handling the chemical.

1.1.2) Add 0.5 g of (25–35 % w/w methylhydrosiloxane)-dimethylsiloxane co-polymer to a 1.7 g portion of mixture from step 1.1.1 in a weighing boat and mix thoroughly with a spatula.

1.1.3) Degas this mixture by transferring it to a vacuum desiccator and exposing the mixture to low pressure (200 mTorr, 0.3 mBar) for 20 min until all the gas bubbles have dissipated.

1.2) Place a 13 x 13 mm glass slide in a plastic screw-topped vial filled with 20 mL 2-propanol, then place the vial in an ultrasonic bath for 10 min to remove any large debris. Wash the slides by submerging the slides in fresh 2-propanol (100 mL) and dry under a stream of nitrogen gas.

1.3) Place a silicon master<sup>18</sup> into a 4 cm diameter petri dish and add sufficient degassed PDMS prepolymer mixture (from step 1.1) until fully covered. Typically, 100  $\mu\text{L}$  is required for a 20 x 20 mm master. Place the master with the prepolymer mixture in a vacuum desiccator. Degas the polymer for a further 5 min to remove any gas bubbles formed during the transfer of the mixture. The  $\text{O}_2$  plasma treatment of the glass slides (step 1.4 below) should be performed while the degassing is taking place.

1.4) Treat the glass squares with  $\text{O}_2$  plasma (600 mTorr) at maximum RF power for 1 min to remove any organic contamination and to generate a uniform oxide layer on the glass for adhesion of the elastomer.<sup>19</sup> Use the plasma treated slides immediately in the next step.

1.5) Carefully place the square glass slide (from step 1.4) over the prepolymer on the master (from step 1.3) with the plasma-cleaned side facing down. Gently press down the glass slide onto the silicon master to remove any trapped air and to ensure a uniform film of PDMS is sandwiched between the master and the slide.

1.6) Place the sandwiched PDMS array from above step in a petri dish with the silicon master at the bottom (*i.e.*, with the back of the glass slide facing upwards) and place the dish in an oven at 70–80 °C for 24–48 h to thermally cure the PDMS.

177 1.7) Remove the cured array from the oven and allow to cool for 15 min, then with a razor  
178 blade carefully remove any excess PDMS from the back and sides of the glass slide and use a  
179 stream of dry nitrogen to blow away any loose PDMS debris.

180

181 1.8) Wedge a razor blade into the corner of the array at a depth of 1 mm and carefully pry the  
182 array apart from the master. Perform this action in a single continuous lifting action; do not  
183 allow the arrays to fall back onto the master.

184

## 185 **2. Array preparation and substrate mounting**

186

187 2.1) Generate a hydrophilic surface on the probe array by O<sub>2</sub> plasma treatment:

188

189 2.1.1) Place the PPL pen array in a petri dish into plasma chamber then apply vacuum to 600  
190 mTorr. Switch on the plasma generator (maximum setting) for 30 s.

191

192 2.1.2) Release the vacuum, remove the array and check its hydrophilicity by dropping 20 µL of  
193 deionized water onto the array and observing whether there is even spreading of the water  
194 across the surface. If this does not occur, subject the array to a second round of plasma  
195 treatment. Afterwards, dry the array thoroughly with a stream of dry nitrogen gas.

196

197 2.2) Using double-sided carbon tape, attach the array onto the middle of the probe holder.  
198 Mount the probe holder onto the AFM kinematic holder (**Figure 2**).

199

200 2.3) To load the PPL array with 16-mercaptohexadecanoic acid (MHA) ('inking'):

201

202 2.3.1) Prepare 1 mM 16-mercaptohexadecanoic acid (MHA) solution by dissolving 8.6 mg in 30  
203 mL ethanol in a tube and placing it in an ultrasonic bath for 10 min to fully dissolve the  
204 compound.

205

206 CAUTION: 16-mercaptohexadecanoic acid is toxic. Please read MSDS before working with this  
207 solution. Safety equipment must be worn while handling the chemical.

208

209 2.3.2) Using a micropipette, deposit 20 µL drop of the MHA solution on the array. Avoid contact  
210 of the pipette tips with the arrays. Allow it to spread throughout the array, then allow the  
211 ethanol to evaporate under ambient conditions.

212

213 Note: The PPL array can alternatively be inked after the alignment has taken place.<sup>10</sup>

214

## 215 **3. Preparation of gold substrates for PPL.**

216

217 3.1) Gold substrates can either be purchased, or made in-house by thermal or electron beam  
218 deposition, and are constructed of a 2 nm titanium adhesion layer followed by 20 nm of gold on  
219 a glass or silicon wafer.<sup>18</sup>

220

221 3.2) Where necessary, clean the substrates by oxygen plasma treatment using the parameters  
222 described in step 1.4.

223

224 3.3) Place the gold substrate in the middle of the AFM sample stage and secure with adhesive  
225 tape around the borders of the substrate (**Figure 2**). Adjust the stage to the correct height as  
226 indicated in the manufacturer's operating instructions using the z-axis controller.

227

#### 228 **4. Automatic alignment of pen array**

229

230 4.1) Open and run the stage controller setup program (SetupNSF.exe) on the computer to reset  
231 ('zero') all axes and angles to a pre-calibrated zero point, then use the stage x/y-axis controller  
232 console to move the substrate to the desired alignment/printing location. For optimal results,  
233 the substrate should be placed near the center of the stage, between the stage's force sensors.

234

235 Note: In some models of computer, the x/y-axis controller USB signal may interfere with that  
236 from the z-axis controller. If this occurs, disconnect the x/y-axis controller USB cable after this  
237 step. It should then be reconnected after the alignment procedure (step 4.7).

238

239 4.2) Switch the stage release lever to release the sample stage and activate the triad of force  
240 sensors as indicated by the AFM manufacturer's instructions. Allow the force sensors to  
241 equilibrate for at least 15 min. For optimal results, allow 30–50 min.

242

243 4.3) Increase the z-axis height to bring the array into close proximity with the substrate by  
244 visually observing the probe array and surface.

245

246 Note: The closer the array is to the surface, the fewer iterations are required for the alignment  
247 process, thus saving time.

248

249 4.4) Open/run the Automatic Alignment program (Auto Alignment v16.exe) and enter relevant  
250 alignment parameters into the program.

251

252 4.4.1) Enter the desired 'Angle Step' parameter value, typically 0.15°. This parameter is the  
253 offset angle from the 'optimum' angle for each axis that is determined by the program. Set this  
254 parameter between 0.1 and 0.2°, as angles lower than this range do not result in a clearly  
255 detectable force difference upon approach of the probes to the surface.

256

257 Note: Software accepts values in millidegrees (*i.e.*,  $1 \times 10^{-3} \text{ }^\circ$ ). For example, for 0.15°, users  
258 should input '150.'

259

260 4.4.2) Entering the desired 'Coarse Step' parameter value, typically 0.6  $\mu\text{m}$ . This parameter is  
261 the z-axis step size used by the stage as it approaches the probes in the initial rough alignment.  
262 Set this parameter between 0.2 and 1  $\mu\text{m}$ . Larger step sizes decrease the time taken for the  
263 alignment process but reduce the accuracy of the alignment, and increase the wear on the  
264 probes.

265

266 Note: Software accepts values of coarse steps in micrometers. For example, for 0.6  $\mu\text{m}$  users  
267 should input '0.6'.

268

269 4.4.3) Enter the desired 'Fine Step' parameter value, typically 0.2  $\mu\text{m}$ . This parameter is the z-  
270 axis step size used for fine adjustment of the optimum alignment. For most applications, set  
271 this parameter between 0.1 and 0.4  $\mu\text{m}$ . Larger value step sizes will decrease the amount of  
272 time taken for the alignment process but reduce the quality of the alignment.

273

274 Note: Software accepts values of fine steps in micrometers. For example, for 0.2  $\mu\text{m}$ , users  
275 should input '0.2.'

276

277 4.4.4) Configure the 'Excel file path' and attach an unmodified copy of the provided  
278 spreadsheet template file by using the 'folder' icon, navigating to the file location, and pressing  
279 'OK'. This file contains the raw and calculated data that is used to determine the optimum stage  
280 tilt angles of the stage.

281

282 4.5) Open/run the AFM control software. Navigate to the spectroscopy component of this  
283 program by clicking the 'spectroscopy' button (according to the manufacturer's instructions),  
284 and set the AFM scan head z-axis to oscillate by 10  $\mu\text{m}$  over 100 ms, with a pause time of 250  
285 ms, then to retract 10  $\mu\text{m}$  over 100 ms with a pause time of 250 ms (**Figure 3**).

286

287 4.6) As the AFM head is oscillating, click the 'start' button of the alignment software to begin  
288 the automated alignment process. When the program is running, the software is writing and  
289 reading data in the file described in step 4.4.4.

290

291 Note: The alignment takes between 30 min and 3 h depending on the initial stage position set  
292 in step 4.3 and software configuration that were entered in step 4.4.

293

294 CAUTION: The stage controller consoles are still active during the alignment process – do not  
295 use them during the alignment process as it will interfere with the alignment.

296

297 4.7) When the alignment finishes, the green light box 'Alignment Completed' on the alignment  
298 software (from step 4.4) will be lit. When this occurs, click the 'STOP' button on the user  
299 interface to end the alignment process.

300

301 4.8) Inspect the graphs in the spreadsheet template file for a correlation between recorded  
302 data points and the line fit that is generated by the software. See representative results for  
303 examples of a good correlation, with typical  $R^2$  values of  $> 0.99$ . If alignment is unsuccessful,  
304 replace the probe array with a newly prepared array (step 2) and repeat the alignment (step  
305 4.4).

306

307 4.9) Move the stage upwards in the z-axis using the stage controller console for that axis. The  
308 stage should be moved in 50 nm increments until contact can be observed from the top view

309 camera of the AFM. Contact between the array and substrate can be observed as a 'white dot'  
310 of high contrast at the apex of the individual probe pyramids.

311  
312 4.10) At this point, click the 'stop' button on the AFM control software to stop the spectroscopy  
313 program from step 4.5. This will retract the array by 10  $\mu\text{m}$ , therefore leaving 10  $\mu\text{m}$  of possible  
314 z-axis extension. Check the image from the top view camera of the AFM to ensure that the  
315 probes are not in contact with the substrate.

## 316 317 **5. Polymer pen lithography (PPL)**

318  
319 5.1) Navigate to the lithography component of the control software by clicking the 'lithography'  
320 button on control software. Choose the z-modulation operating mode and import a raster  
321 (bitmap) or vector image that will be used as the lithography pattern. In order to generate the  
322 features shown in the representative results, use a bitmap consisting 20 x 20 black pixels (see  
323 supplemental material), corresponding to the lithography of a grid of 20 x 20 dots per probe on  
324 the PPL array.

325  
326 5.2) Enter the lithography parameters into the 'Pixel Graphic Import' window of the AFM  
327 controller software.

328  
329 5.2.1) Configure the 'Size' of the pattern to be generated, *e.g.*, 40  $\mu\text{m}$  in length and width.  
330 These parameters indicate the width and length over which the image in the bitmap will be  
331 scaled. To generate features shown in the representative results, use a width and length of 40  
332  $\mu\text{m}$  in both dimensions.

333  
334 5.2.2) Set the 'Origin' of the pattern to be generated at 25  $\mu\text{m}$  on both x and y axis. These  
335 parameters determine the center of the image relative to the center of the AFM x/y-axes. Set  
336 these parameters to avoid the region of the surface where the probes were in contact during  
337 the alignment process.

338  
339 5.2.3) Set the printing 'Parameters'. These values determine how the probes are to be extended  
340 (i.e. brought into contact with the surface) in response to each pixel in the bitmap image.

341  
342 5.2.3.1) Select from the drop-down menu 'Modulation Abs Z Pos' and 'Simplify to' two layers.  
343 This mode instructs the AFM to extend the probes by an absolute distance determined by only  
344 two results, either 'Black (0)' or 'White (1)' fields.

345  
346 5.2.3.2) Set the values in the 'Black (0)' and 'White (1)' fields to 5 and  $-5 \mu\text{m}$ , respectively.  
347 These values determine the distance the probes should be moved in response to a black or  
348 white pixel on the bitmap image and are typically set between 3 and 5  $\mu\text{m}$  for 'Black' (*i.e.*,  
349 extend probes downwards by that distance relative to the zero point of that axis) and  $-3$  to  $-5$   
350  $\mu\text{m}$  for 'White' (*i.e.*, withdraw the probes upwards by 3 to 5  $\mu\text{m}$  relative to the zero point).

351  
352 Note: These representative distances assume that a 5  $\mu\text{m}$  extension results in the probes



353 coming into contact with the surface and hence the generation of a feature, while a 5  $\mu\text{m}$   
354 withdrawal lifts the probes away from the surface resulting in no contact. Z-extension affects  
355 feature size by determining the extent of probe contact with the surface, greater extensions  
356 result in the probes being pressed further into the surface, resulting in larger features.<sup>10</sup>  
357

358 5.2.3.4) Click the 'OK' button to implement these settings and close the window.  
359

360 5.3) Enter the 'pause time' in the lithography window of the AFM control software, typically 1 s.  
361 This setting determines the length of time the probes remain in the extended 'Black' position,  
362 which is typically set between 0.1 and 10 s.  
363

364 Note: Longer pause times result in larger feature sizes due to the larger amount of MHA  
365 transported to the gold surface. Further details on controlling the size of features generated  
366 can be found in other reports.<sup>20</sup>  
367

368 5.4) Prepare the atmospheric control enclosure.  
369

370 5.4.1) Lower the atmospheric isolation chamber onto the AFM and open/run the manufacturer-  
371 supplied atmospheric control software (MHG\_control.exe).  
372

373 5.4.2) Set the atmospheric control software to maintain a relative humidity of 45%, a  
374 temperature of 25  $^{\circ}\text{C}$ , and an atmosphere exchange 'Flow rate' of 500 mL by entering these  
375 values into the software. Click 'Use' to implement the settings. The atmospheric control module  
376 will then begin to pump humidified air into the chamber.  
377

378 Note: Higher humidity levels result in larger feature sizes due to the formation of a larger water  
379 meniscus generated between pen arrays and surface.<sup>21</sup> This value is typically set between 40  
380 and 60%. The flow rate is typically set between 300 and 500 mL. Larger flows allow the desired  
381 humidity level to be reached more rapidly but is less accurate. The representative results use a  
382 flow rate of 500 mL for initial generation of humidity and is decreased to 300 mL upon reaching  
383 the desired humidity, to maintain an accurate and stable level during lithography.  
384

385 5.5) Once desired humidity is obtained, start the lithographic sequence by pressing the 'start'  
386 button on the software interface.  
387

388 5.6) Upon completion of the lithography, use the z-axis stage controller console to move the  
389 substrate away from the array by retracting the stage by 500  $\mu\text{m}$ . Then remove the atmospheric  
390 isolation chamber from its mount.  
391

392 5.7) Switch the stage release lever to lock the sample stage and deactivate the force sensors, as  
393 indicated by the AFM manufacturer's instructions, then remove the substrate from the stage.  
394

## 395 **6) Pattern visualization** 396

397 Patterns can be visualized using one of the following methods, lateral force scanning probe  
398 microscopy or chemical etching.

399

400 6.1) Scan the patterned surface on AFM with lateral force mode using contact mode cantilever  
401 to examine the features nondestructively.

402

403 Note: Lateral force microscopy can be used as a nondestructive method of viewing the features  
404 produced by polymer pen lithography; however, using this method, only a relatively small area  
405 can be visualized (typically 100 x 100  $\mu\text{m}$ ).

406

407 6.2) Since the deposited MHA can act as an etch resist, chemical etching can be used to remove  
408 the gold from the non-patterned areas. The resulting unetched areas can then be visualized by  
409 optical microscopy, meaning a wide area can be viewed at once.<sup>18</sup>

410

411 Note: Substrates that are etched in this way cannot then be used for the subsequent cell  
412 culture experiments described below.

413

414 6.2.1) Separately, prepare aqueous solutions of 40 mM thiourea, 27 mM iron(III) nitrate and  
415 100 mM hydrochloric acid. Prepare the etchant by mixing 5 mL of each of these three solutions.  
416 Freshly mix prior to each use.<sup>22</sup>

417

418 CAUTION: thiourea, iron(III) nitrate and hydrochloric acid are toxic. Please read MSDS before  
419 working with this solution. Safety equipment must be worn while handling the chemical.

420

421 6.2.2) Transfer the patterned substrate into a petri dish and pipette sufficient etchant solution  
422 into the dish to cover the surface of the substrate (typically 10 mL). Keep the substrate  
423 submerged for 4–5 min to etch 15 nm of gold (at an approximate rate of 3 nm/min).

424

425 6.2.3) When etching is completed, remove the substrate and thoroughly rinse with water and  
426 dry with a stream of nitrogen.

427

428 Note: The completion of etching process is determined by the thickness of gold surface  
429 obtained (step 3.1) associated with the etching rate specified (step 6.2.2).

430

431 6.2.4) Inspect the etched gold features under bright field optical microscopy. The remaining  
432 gold features that remain should appear corresponding to the pattern that was printed (from  
433 step 5.2). If the entire surface appears homogeneous, this indicates that a significant amount of  
434 gold remains and the etching step (following step 6.2.2) should be repeated for 1–2 min.

435

## 436 **7) Pattern functionalization with fibronectin**

437

438 7.1) Immerse the patterned substrates into a solution of 1 mM (11-  
439 mercaptoundecyl)hexa(ethylene glycol) solution in ethanol for 1 h. Wash the substrate three  
440 times with ethanol and dry thoroughly under a stream of nitrogen. This step passivates the

441 unpatterned gold areas.

442

443 CAUTION: (11-mercaptoundecyl)hexa(ethylene glycol) is toxic. Please read MSDS before  
444 working with this solution. Safety equipment must be worn while handling the chemical.

445

446 7.2) Submerge the substrates in a 10 mM  $\text{Co}(\text{NO}_3)_2$  aqueous solution for 5 min. Next, remove  
447 the substrates from the solution, wash three times with ultrapure water, and dry under a  
448 stream of dry nitrogen.

449

450 CAUTION:  $\text{Co}(\text{NO}_3)_2$  is toxic. Please read MSDS before working with this solution. Safety  
451 equipment must be worn while handling the chemical.

452

453 7.3) Immerse the substrate in a 50  $\mu\text{g}/\text{mL}$  solution of fibronectin in phosphate buffered saline  
454 (PBS) and incubate at 4 °C for 16 h. Wash the substrate three times with PBS, then dry the  
455 substrate under a stream of dry nitrogen.

456

457 Note: Fibronectin is bound to MHA-functionalized areas through chelation of Co(II) by the  
458 terminal carboxylic acid groups on the MHA. Fibronectin then binds to Co(II) *via* its collagen-  
459 binding domain.<sup>23</sup>

460

461 7.4) If desired, visualize the surface-bound fibronectin by labelling it with fluorescent  
462 antibodies:

463

464 7.4.1) Apply a 2 mL solution of 1:100 unconjugated rabbit anti-fibronectin primary antibody in  
465 5% (w/v) of bovine serum albumin (BSA) in PBS to the surface and incubate at 4 °C for 16 h.  
466 Aspirate the supernatant and wash three times with PBS.

467

468 7.4.2) Submerge the substrate in a 2 mL solution of fluorescently conjugated anti-rabbit  
469 secondary antibody (at the manufacturer's specified dilution, 2 drops/mL) in 5% (w/v) of BSA in  
470 PBS, cover in tin foil, and incubate at room temperature for 1 h. Aspirate the supernatant and  
471 wash three times with PBS.

472

473 7.4.3) Record the epifluorescence microscopy images of the features using a fluorescence  
474 microscope according to the manufacturer's instructions, with an excitation filter set to 594  
475 nm.

476

## 477 **8) Cell culture on nanofabricated surfaces**

478

479 8.1) Prepare a suspension of well characterized hMSCs that are between the 4<sup>th</sup> and 6<sup>th</sup>  
480 passage.<sup>24</sup>

481

482 8.1.1) Suspend a confluent flask of cells by rinsing once with 10 mL PBS, dissociate adhered cells  
483 by adding 5 mL of trypsin/EDTA into the T75 tissue culture flask, and incubate the flask in a  
484 humidified chamber at 37 °C supplemented with 5%  $\text{CO}_2$  for up to 5 min until 90% of cells are

485 detached from surface.

486

487 8.1.2) Subsequently, add 6 mL of fresh culture media containing 10% fetal calf serum (FCS) into  
488 the flask and briefly rinse the flask with the media added. Transfer cell suspension into a 15 mL  
489 centrifuge tube and centrifuge at 400 g at 25 °C for 5 min.

490

491 8.1.3) Remove the supernatant and resuspend cell pellet in 3 mL of fresh culture media.

492

493 8.1.4) Count the cell density using a hemocytometer<sup>25</sup> and adjust the density of the cell  
494 suspension to  $2 \times 10^4$  cells/mL by the addition of an appropriate volume of culture media.

495

496 8.2) Seed the cells onto substrates at a density of  $10^4$  cells/cm<sup>2</sup>.

497

498 8.2.1) Cut the substrate into 1 x 1 cm<sup>2</sup> with diamond scribe and place it in a well in 12-well  
499 tissue culture plate.

500

501 8.2.2) Pipette 2 mL of cell suspension in culture media (from step 8.1.4) into the well and  
502 incubate in a humidified chamber at 37 °C supplemented with 5% CO<sub>2</sub> for 24 h.

503

504 8.3) After cell growth on the patterns, analyze the extent of cell attachment and spreading by  
505 immunofluorescence:

506

507 8.3.1) Remove media and wash substrates once with PBS. Fix cells with 2 mL of a solution of 4%  
508 paraformaldehyde in PBS (pre-warmed to 37 °C) for 20 min in fume hood and wash three times  
509 with PBS.

510

511 CAUTION: Paraformaldehyde is toxic. Please read MSDS before working with this solution.  
512 Safety equipment must be worn while handling the chemical.

513

514 8.3.2) Permeabilize the cells with 2 mL of a solution of 0.5% detergent (see **Table of Materials**)  
515 in PBS for 15 min, then wash three times with PBS.

516

517 8.3.3) Submerge the substrate in 2 mL of a solution of unconjugated rabbit anti-fibronectin  
518 primary antibody at dilution of 1:100 with 5% (w/v) BSA in PBS and incubate at 4 °C for 16 h,  
519 then wash three times with 0.1% (v/v) Tween 20 in PBS (PBST).

520

521 8.3.4) Subsequently submerge the substrate in 2 mL of a solution of fluorescently conjugated  
522 anti-rabbit secondary antibody (diluted with 5% (w/v) BSA in PBS at the manufacturer's  
523 specified dilution, 2 drops/mL), cover in tin foil and incubate at room temperature for 1 h, then  
524 wash three times with 0.1% PBST.

525

526 8.3.5) To label actin filaments, submerge 2 mL of fluorescently conjugated phalloidin at a  
527 dilution of 1:250 in PBS, cover in tin foil and incubate at 4 °C for 30 min then wash three times  
528 with PBS.

529  
530 8.3.6) Simultaneously stain cell nuclei and mount the substrate by applying a drop of mounting  
531 medium containing DAPI and cover with a coverslip.

532  
533 8.4) Visualize cells using a fluorescence microscope according to the manufacturer's  
534 instructions, with excitation filters of 365 nm for nuclei (DAPI), 488 nm for F-actin and 594 nm  
535 for fibronectin.

536  
537 **REPRESENTATIVE RESULTS:**

538 To check whether the automated alignment had been successful, the graphs plotted from the  
539 alignment data (in the spreadsheet from step 4.8) were examined. Where the alignment  
540 process had been successful the two plots, corresponding to the angle by which the sample  
541 stage has been tilted along the  $\theta$  and  $\phi$  axes, showed a series of rising and descending data  
542 points. In each of the plots, two linear fits of the data points showed a well-defined intersect  
543 "peak" indicating the maximum z-extension and the corresponding angle at which alignment  
544 was achieved (**Figures 4A and 4B**). This process is repeated four times (*i.e.*, twice for each axis)  
545 and plotted as a set of four coordinates. The intersection of each pair of coordinates thus shows  
546 the overall optimum angles (**Figure 4C**).<sup>13</sup> In cases where the alignment was not successful, it  
547 can be observed that their corresponding  $\theta$  and  $\phi$  angle plots do not give good quality linear  
548 fits, or do not intersect (**Figure 5**). Such failed alignments are typically as a result of the arrays  
549 being improperly trimmed or mounted to the probe holder (steps 1.7, 1.8, and 2.2). In these  
550 cases, the arrays were discarded and a new one prepared and mounted (steps 1 and 2), and the  
551 alignment process repeated (step 4).

552  
553 Upon successful alignment and lithography with MHA by PPL, patterned gold substrates were  
554 then imaged using lateral force microscopy to examine whether deposition had taken place. A  
555 larger area examination of the printed surfaces was also conducted by optical microscopy of  
556 the substrates after etching of the gold not protected by the deposited thiol (**Figures 6 and 7**).  
557 However, the etched patterns cannot be used for further functionalization and should only be  
558 used to confirm patterning on representative samples of a batch of printed surface substrates.  
559 If the etched patterns show blank areas corresponding to individual pens (**Figure 8**), this result  
560 indicates that the production of probe arrays has not been done successfully, and that some  
561 probes are damaged or missing. This inhomogeneity of the probes may be due to the use of an  
562 old master where the perfluorinated coating has worn away (step 1.3), resulting in some probes  
563 being torn away when the array is separated from the master. In these cases, a new master  
564 should be used. The result may also be due to the presence of air bubbles trapped between the  
565 glass backing and the master (step 1.5), or if the probe array was not cleanly separated from  
566 the master after curing (step 1.8).

567  
568 Florescent microscopy images of the fibronectin functionalized surfaces incubated hMSCs were  
569 also collected (**Figure 9**). In general, all substrates were stable within the *in vitro* culture  
570 environment and the cells adhered and adapted their morphology to the printed patterns in  
571 case of smaller isolated 20 x 20 array of features.

572

573 **FIGURE & TABLE LEGENDS:**

574 **Figure 1. Schematic representation of polymer pen lithography showing molecular ink**  
575 **transport via a water meniscus on probe tip.** (A) Side view and (B) top view of the polymer pen  
576 array indicate that when the probe array and surface substrate are fully aligned, all the probes  
577 come into contact with the surface simultaneously, resulting in parallelized lithography.

578  
579 **Figure 2. Schematic diagram of polymer pen lithography set up.** (A) Expanded side view of  
580 experimental set up where the prepared probe array is attached to probe holder and mounted  
581 to AFM scanner. The substrate is placed on the stage, below which are located the three force  
582 sensors. (B) A representation of the assembled instrumentation, showing the AFM scan head  
583 relative to the sample stage. (C) Bottom view showing force sensor location.

584  
585 **Figure 3. Schematic representation depicting the spectroscopy program for the alignment**  
586 **procedure.** The AFM scanner is set to move the probes toward sample by a distance of 10  $\mu\text{m}$   
587 within 100 ms, held at position for 250 ms, followed by a retraction of 10  $\mu\text{m}$  within 100 ms,  
588 and then held for 250 ms at the retracted position. The motion is then repeated throughout the  
589 alignment process.

590  
591 **Figure 4. Graphs illustrating a successful alignment.** Graphs of z position against the tilt angles  
592 (A)  $\theta$  and (B)  $\phi$  for a successful alignment, where  $\bullet$  indicates the actual values measured and +  
593 indicates the best fit with the least-squares method. (C) Graph of  $\phi$  against  $\theta$  fitted angles with  
594 the four points where the maximum z-position was reached. The intersection point marked is  
595 the final optimum tilt angle across both axes.

596  
597 **Figure 5. Graphs illustrating an unsuccessful alignment.** Graphs of z position against the tilt  
598 angles (A)  $\theta$  and (B)  $\phi$  for an unsuccessful alignment, where  $\bullet$  indicates the actual values  
599 measured and + indicates the best fit with the least-squares method. (C) Graph of  $\phi$  against  $\theta$   
600 fitted angles with the four points where the maximum z-position was reached. No clear optima  
601 or intersection point are observed and therefore the optimum alignment angles are not  
602 resolved.

603  
604 **Figure 6. Illustrative optical microscopy and atomic force microscopy images of gold**  
605 **substrates that were patterned with MHA by the aligned PPL arrays and then etched.** (A) and  
606 (B) are sequentially magnified optical microscopy images of the etched patterns; (C) is an AFM  
607 topography image of a single grid of patterns.

608  
609 **Figure 7. Illustrative optical microscopy images of gold substrates that were patterned with**  
610 **MHA by the aligned PPL arrays and then etched.** (A) and (B) are sequentially magnified optical  
611 microscopy images of etched patterns and (C) is a lower magnification image that shows large  
612 area homogeneous patterns.

613  
614 **Figure 8. Illustrative optical microscopy image of a gold substrate that was unevenly**  
615 **patterned with MHA and then etched.** The intended patterns (shown in the inset) were  
616 repeating grids of 20 dot lines arranged in 20 lines, with every two lines produced by increasing

617 the z-axis extension by 1  $\mu\text{m}$  (ranging from 5 to  $-5 \mu\text{m}$ ). It can be seen that in some areas no  
618 patterns are generated, due to missing probes in those locations. In the areas where only two  
619 lines of dots are produced, this result indicates that a probe is present but it is not of the same  
620 height as the fully functioning probes, so only deposit features when the array is extended to  
621 the full z-axis distance. In this image, the contrast has been deliberately altered to enable  
622 observation of the partially printed areas.

623  
624 **Figure 9. Epifluorescence microscopy images of hMSCs cultured on the fibronectin arrays**  
625 **templated by PPL.** (A) and (B) are high magnification images showing individual cells. (C) Shows  
626 an example pattern of the fibronectin array without an adherent cell and (D) is a wide field  
627 image of the cells cultured in a grid arrangement (a schematic of the printed pattern is also  
628 shown in the inset). The cells are stained to show fibronectin (red), F-actin (green) and cell  
629 nuclei (blue).

630  
631 **DISCUSSION:**

632 This protocol serves to provide users with a convenient methodology to rapidly carry out  
633 nanolithographic patterning with high uniformity and controllable feature size over large ( $\text{cm}^2$ )  
634 areas. Substrates bearing these large area nanopatterns can then be further elaborated for a  
635 variety of applications. One major application of this technology is in the generation of  
636 nanofabricated surfaces for cell-surface interaction studies. This report shows some illustrative  
637 examples of cell culture on these materials, demonstrating control of hMSC morphology by  
638 nanofabricated substrates.

639  
640 The key enabler of this protocol is the automation of the alignment procedure (step 4) that  
641 allows highly uniform and high-throughput production of features on surfaces, down to  
642 nanoscale resolution, which enables the rapid turnover of cell culture experiments. The  
643 polymer pen lithography carried out using this alignment algorithm is able to generate  
644 nanoscale features within approximately 30 min. The reproducibility and accuracy of  
645 automated alignment, and thus the uniformity of the patterned features, is however critically  
646 dependent on the quality of the probe arrays that are produced (step 1 and 2). Any flaws in  
647 their preparation that result in blunt, broken or missing probes; such as trapped air bubbles  
648 (step 1.5) or improper separation of the probes from the master (step 1.8) can result in  
649 inaccurate alignment and poor quality lithography.

650  
651 This reported method shares a limitation in common with other alignment methods that rely on  
652 force feedback. The accurate determination of when the probes are in contact with the surface  
653 is constrained by the need to account for background vibrations caused by the ambient  
654 environment and the movement of the sample stage. In general, the sensors have a force  
655 sensitivity in the  $\mu\text{N}$  regime (2  $\mu\text{N}$  in this case), but the alignment algorithm is designed to only  
656 register a force of at least 490  $\mu\text{N}$  as definitive contact between the probes and the surface, in  
657 order to avoid any 'false positives' resulting from background noise.<sup>13</sup> Thus, this method tends  
658 to produce large features (1-2  $\mu\text{m}$ ) since the probes must extend a large distance on the z-  
659 axis (with a consequent higher force) in order to register contact. In order to compensate,  
660 smaller features can be generated by reducing the z-axis distance travelled during the

661 lithography step (*e.g.*, entering the 'Black' setting in step 5.2.3.2 as 3  $\mu\text{m}$  instead of 5  $\mu\text{m}$ ).

662

663 Nevertheless, even with this limitation, the automation algorithm is able to address a critical  
664 aspect in the application of parallelized scanning probe lithography methods, as alignment was  
665 previously the most time demanding and imprecise step in the implementation of these  
666 techniques. This automation now shifts the rate-limiting step of the fabrication process from  
667 the alignment to the lithographic writing itself. While this protocol demonstrates the  
668 application of this alignment procedure to PPL, the framework could be applied to a number of  
669 SPL techniques such as lipid-DPN<sup>26</sup> and matrix-assisted lithography<sup>27</sup> as well as potential future  
670 catalytic probe systems.<sup>28</sup>

671

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680

#### 681 **DISCLOSURES:**

682 The alignment algorithm and software were developed by, and are proprietary to, the  
683 University of Manchester. It is available for download at <http://www.click2go.umip.com/>.

684

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