

Steady flow around an inclined torus at low Reynolds numbers: Lift and drag coefficients

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Abstract

The steady flow around an inclined torus has received little attention, despite being relevant to many engineering and biological situations, such as the sedimentation of fluidized particles and the motion of natural micro-swimmers. In this study, we perform three-dimensional direct numerical simulations of the flow around an inclined torus over a range of aspect ratios ($2 \leq \mathcal{R} \leq 3$), inclination angles ($0 \leq \theta \leq 90^\circ$) and Reynolds numbers ($10 \leq Re \leq 50$), with a focus on the steady flow regime preceding the onset of vortex shedding.

For a fixed Re , we find that as the torus inclines from a flow-normal orientation ($\theta = 0^\circ$) to a flow-parallel orientation ($\theta = 90^\circ$), the drag coefficient (C_D) decreases monotonically, while the lift coefficient (C_L) first increases from zero, reaches a maximum at $40^\circ \leq \theta \leq 50^\circ$ and then returns to zero owing to top-down symmetry at full inclination. The decrease in C_D with θ is caused by a decrease in the pressure drag, with almost no change in the viscous drag. The variation in C_L with θ is caused by the pressure lift dominating the viscous lift. With increasing Re , the overall trends in C_D and C_L remain qualitatively unchanged but their quantitative values decrease. Compared with the effects of θ and Re , those of \mathcal{R} are relatively weak for the specific flow conditions examined here. We conclude by performing a nonlinear regression analysis to generate curve fits for C_D and C_L in terms of \mathcal{R} , θ and Re .

Keywords: Wakes, bluff-body flows, torus, recirculation zone, direct numerical simulations

1. Introduction

The flow around three-dimensional (3D) bluff bodies has been the subject of decades of analytical, numerical and experimental research [1]. However, these flows continue to attract attention owing to their significance in a wide range of established and emerging fields, such as the sedimentation of fluidized particles and fibers [2] and the active control of flow instabilities [3]. Two of the most widely studied wake flows are those from a circular cylinder [4] and from a sphere [5]. However, the flow around a torus, which is the geometrical intermediate between a cylinder and a sphere, has been less well studied, despite being

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9 prevalent in many engineering and biological situations, such as the flow around helical heat
 10 exchangers [6] and the motion of natural micro-swimmers such as helical flagella [7].

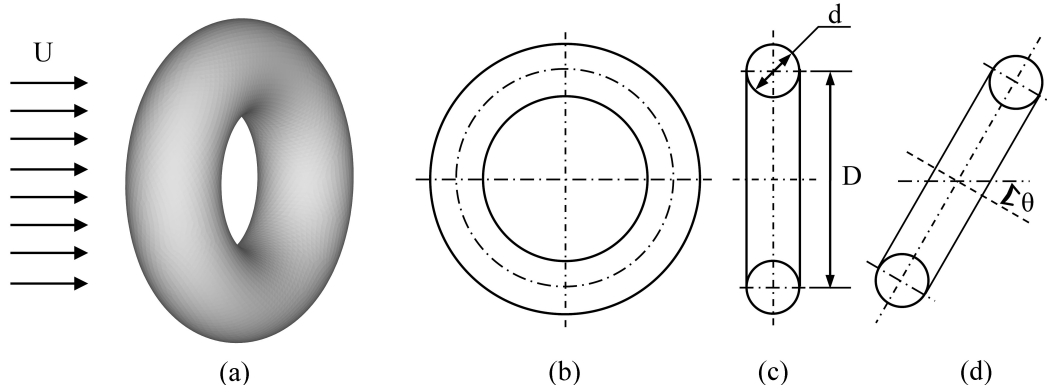


Fig. 1: Schematic of a torus in a uniform free-stream: (a) 3D view, (b) front view, (c) side view at zero inclination, and (d) side view at an inclination angle of θ .

11 Figure 1 shows the geometry of a typical torus. Its aspect ratio is defined as $\mathcal{R} \equiv D/d$,
 12 where d is the cross-sectional diameter of the torus and D is its centerline diameter. The
 13 torus becomes a sphere as $\mathcal{R} \rightarrow 0$ but becomes a circular cylinder as $\mathcal{R} \rightarrow \infty$ [8]. Therefore,
 14 by studying the flow around a torus at intermediate aspect ratios, one can gain insight into
 15 the connection between sphere wakes ($\mathcal{R} = 0$) and cylinder wakes ($\mathcal{R} = \infty$). In such bluff-
 16 body wakes, it is well known that a series of bifurcations occurs as the Reynolds number
 17 (Re) increases, taking the flow from a steady creeping state at $Re \sim 1$ [9] to an unsteady
 18 3D state at a higher Re whose exact critical value depends on the subtle details of the bluff-
 19 body geometry [10, 11]. In the rest of this introduction, we will review the key features of
 20 these classical wakes at different Reynolds numbers, before presenting our case for the need
 21 to study torus wakes further, particularly when the Reynolds number is low and when the
 22 torus is inclined relative to the oncoming free-stream, as illustrated in Fig. 1(d).

23 1.1. Flow around a sphere ($\mathcal{R} = 0$)

24 For the flow around a sphere, the creeping solution at $Re \sim 1$ can be found through the
 25 analytical method of Stokes [12, 13] or Oseen [14, 15]. As Re increases from ~ 1 , the flow
 26 remains steady but develops an axisymmetric recirculation zone when Re reaches ≈ 20 – 24 ,
 27 as shown in the experiments of Taneda [9] and Wu & Faeth [16]. Numerical simulations by
 28 Fornberg [17] have shown that the length of the recirculation zone increases with $\log(Re)$
 29 until a symmetry-breaking bifurcation occurs at $Re \approx 210$. The onset of that bifurcation
 30 is consistent with the stability analysis of Natarajan & Acrivos [18] and the numerical
 31 simulations of Johnson & Patel [10] and Tomboulides & Orszag [11], which showed that the
 32 flow at $210 < Re < 270$ is still steady but no longer axisymmetric. At $Re = 277.5$, stability
 33 analyses predict another bifurcation, but this time to an unsteady limit cycle [18]. This has
 34 been confirmed by numerical simulations showing the onset of unsteady flow at $Re > 280$,
 35 with periodic vortex shedding occurring above $Re \approx 300$ [10, 11].

36 In addition to the wake structure and its dynamics, the drag coefficient and its variation
 37 with Re are also important considerations, e.g. in the analysis of sedimentation and micro-
 38 biological flows [19]. Several experimental and numerical studies have been conducted to
 39 determine the drag coefficient of a sphere at different Reynolds numbers [5, 20]. The main
 40 findings are that the drag coefficient (i) decreases as Re increases from ~ 1 to around 350
 41 because of a transition from viscous-dominated flow to pressure-dominated flow, but that it
 42 (ii) remains relatively constant at higher Re until the onset of boundary-layer transition at
 43 $Re \sim \mathcal{O}(10^5)$ [10, 11]. A comprehensive list of the empirical and semi-empirical correlations
 44 that have been proposed for the drag coefficient of a sphere can be found in Ref. [5].

45 1.2. Flow around a cylinder ($\mathcal{R} = \infty$)

46 For the flow around a circular cylinder, Underwood [21] has shown that the critical
 47 Reynolds number at which a steady recirculation zone first forms is $Re \approx 5.75$, which
 48 is consistent with the low-dimensional Galerkin analysis of Noack & Eckelmann [22]. As
 49 Re increases, the wake remains steady and symmetric about its centerline, but eventually
 50 transitions – via a supercritical Hopf bifurcation [23] – to an unsteady laminar self-excited
 51 state of periodic vortex shedding above a critical value of Re . Williamson [24] determined
 52 that critical value to be $Re = 49$, but Dušek *et al.* [25] arrived at a slightly lower value of
 53 $Re = 47.1$ via numerical simulations and a truncated Landau model. It is worth noting that
 54 the symmetry of the cylinder wake prior to its Hopf bifurcation to an unsteady limit cycle
 55 is in stark contrast to the asymmetry observed in the subcritical flow around a sphere [8].

56 Like that of a sphere, the drag coefficient of a circular cylinder undergoes marked changes
 57 at low Reynolds numbers ($0 < Re < 350$) [26, 27]. In the steady regime ($Re \lesssim 47$), the drag
 58 coefficient decreases with increasing Re because both the viscous and pressure components of
 59 the drag decrease [28]. In the unsteady regime ($Re \gtrsim 47$), however, the pressure component
 60 increases with Re , counteracting the decrease in the viscous component to produce an overall
 61 increase in the total drag coefficient for $Re \gtrsim 150$ [29].

62 1.3. Flow around a non-inclined torus ($\theta = 0^\circ$)

63 Several previous studies have investigated the flow around a torus, but mostly at an
 64 inclination angle of zero ($\theta = 0^\circ$) where the torus' axis of rotational symmetry is parallel
 65 to the free-stream velocity, as illustrated in Fig. 1(c). Wind-tunnel experiments by Roshko
 66 [30] and Monson [31] showed that as the aspect ratio of a non-inclined torus increases, the
 67 wake transitions from that of a sphere ($\mathcal{R} = 0$) to that of a circular cylinder ($\mathcal{R} = \infty$). The
 68 critical value of \mathcal{R} at which that transition occurs is $\mathcal{R}_{crit} \approx 3.9$, which was determined
 69 by Sheard *et al.* [8, 32] through numerical simulations and linear Floquet analysis. The
 70 transition coincides with a change in the scaling relationship between the Strouhal number
 71 and Re , but only when the latter is high enough to cause periodic vortex shedding.

72 To investigate the effect of Re , Leweke & Provansal [33] have conducted wind-tunnel
 73 experiments on several different non-inclined tori ($\theta = 0^\circ$). However, they focused mostly
 74 on $\mathcal{R} > 10$, which is above the critical transition ($\mathcal{R}_{crit} \approx 3.9$ [8, 32]) between sphere-like
 75 wakes and cylinder-like wakes. Therefore, they observed behavior fairly similar to that of a
 76 cylinder wake. At $Re < 350$, they found three distinct flow regimes: (i) a steady wake at

77 $Re < 50$, (ii) vortex shedding at $50 < Re < 200$, and (iii) flow transition at $180 < Re < 350$.
78 During vortex shedding, six periodic modes were identified, including parallel and oblique
79 modes. These spatiotemporal dynamics were then successfully modelled with a low-order
80 coupled-oscillator system based on the Ginzburg–Landau equation [33].

81 At $Re \sim 1$, the Stokes drag on a non-inclined torus can be calculated from the exact
82 solutions of Majumdar & O’Neill [34] and Goren & O’Neill [35] or from the singularity
83 solution of Johnson & Wu [36]. Free-fall experiments [37, 31] and numerical simulations [19]
84 have shown that, as Re increases from 1 to 50, the aspect ratio corresponding to minimum
85 drag decreases from $\mathcal{R} = 5$ (cylinder-like) to $\mathcal{R} = 1$ (sphere-like). Sheard *et al.* [19] have
86 proposed an empirical formula for the drag coefficient of a non-inclined torus, which appears
87 as a power-law fit that is valid for $Re < 100$. However, no previous studies have quantified
88 the drag coefficient of an inclined torus, which is the subject of the present study.

89 1.4. Flow around an inclined torus ($\theta \neq 0^\circ$)

90 To our knowledge, there has only been one previous study performed on the flow around
91 an inclined torus. Inoue *et al.* [38] experimentally investigated the spatiotemporal dynamics
92 of an inclined torus wake ($\mathcal{R} = 3$ and 5) at two Reynolds numbers above the onset of
93 vortex shedding: $Re = 600$ and 1500. Using flow visualization and ultrasonic anemometry,
94 they found that the wake dynamics change elaborately as θ changes. At zero inclination
95 ($\theta = 0^\circ$), two different modes of vortex shedding were observed: (i) a disk mode at $\mathcal{R} = 3$
96 characterized by an oblique vortex loop and a cylindrical shear layer and (ii) a ring mode
97 at $\mathcal{R} = 5$ characterized by the formation of counter-rotating vortex rings. However, no
98 difference in the shedding frequency was observed between the two modes. At moderate
99 inclination ($\theta = 45^\circ$), the vortex shedding loses its periodicity owing to nonlinear interactions
100 between vortices shed from the inner and outer surfaces of the torus. At strong inclination
101 ($\theta = 80^\circ$), the interactions between those shed vortices strengthen, leading to lock-in via
102 synchronization [39], a typical feature of self-excited hydrodynamic oscillators [40, 41, 42].
103 Although this study by Inoue *et al.* [38] has contributed significantly to our understanding of
104 the unsteady behavior of inclined torus wakes, it was performed at Reynolds numbers above
105 the onset of vortex shedding, leaving many open questions about the steady behavior of such
106 wakes, particularly in relation to their recirculation zones and the lift and drag coefficients.

107 1.5. Contributions of the present study

108 In this numerical study, we examine the flow around an inclined torus at Reynolds
109 numbers below the onset of vortex shedding: $10 \leq Re \leq 50$. Our aim is to explore the effect
110 of θ on the steady wake behavior, particularly the size and location of the recirculation
111 zones and the lift and drag coefficients. In Secs. 2 and 3, we present the flow configuration
112 and the numerical framework used in our simulations. In Sec. 4, we validate that numerical
113 framework with two case studies performed on two classical wake flows: the flow around a
114 sphere ($\mathcal{R} = 0$) and the flow around a non-inclined torus ($\mathcal{R} = 2$ and 3). In Sec. 5, we
115 present and discuss our findings by examining the wake structure, recirculation zones, and
116 lift and drag coefficients, within a parameter space defined by \mathcal{R} , Re and θ . In Sec. 6, we
117 conclude with the key results and possible directions for future work.

118 **2. Flow configuration**

119 Direct numerical simulations are performed on a steady uniform free-stream of velocity
 120 U flowing around a torus inclined at an angle of θ , which is defined as the angle between
 121 the free-stream velocity and the torus' axis of rotational symmetry (see Fig. 1d). Several
 122 inclination angles ($0^\circ \leq \theta \leq 90^\circ$) and four aspect ratios ($\mathcal{R} \equiv D/d = 2, 2.3, 2.5, 3$) of
 123 the torus are considered. These particular values of \mathcal{R} are chosen because they are in the
 124 transitional range between sphere-like behavior and cylinder-like behavior [8, 32].

125 Three-dimensional viscous incompressible flow is considered, as governed by the Navier–
 126 Stokes equations:

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \frac{1}{Re} \nabla^2 \mathbf{u} \quad (1)$$

$$\nabla \cdot \mathbf{u} = 0 \quad (2)$$

127 where \mathbf{u} and p denote the velocity vector and pressure scalar fields, respectively. The
 128 Reynolds number is defined as $Re \equiv Ud/\nu$, where U is the free-stream velocity, d is the
 129 cross-sectional diameter of the torus (see Fig. 1c), and ν is the kinematic viscosity. The
 130 static pressure p is non-dimensionalized by the free-stream dynamic pressure ρU^2 , where ρ
 131 is the fluid density.

132 As mentioned in Sec. 1, the focus of our study is on the wake characteristics of an inclined
 133 torus at Reynolds numbers low enough for steady flow. The stability analysis of Sheard *et*
 134 *al.* [8, 32] showed that, within the range of aspect ratios considered here ($2 \leq \mathcal{R} \leq 3$),
 135 the bifurcation from steady flow to unsteady flow occurs at $Re \approx 90$. Therefore, we keep
 136 $Re \leq 50$ to conservatively maintain steady flow, which will be validated in Secs. 3 and 4.

137 **3. Numerical framework**

138 Figure 2 shows the computational domain, whose boundaries are defined by the Cartesian
 139 limits of $(\pm L, \pm W, \pm H) = (\pm 30d, \pm 17d, \pm 17d)$. These boundaries are sufficiently far away
 140 from the torus to keep the flow uniform in the far field. The torus is positioned at $(x, y, z) =$
 141 $(-L/2, 0, 0)$ with a no-slip condition imposed on its surface. A free-stream condition is
 142 imposed on the inlet velocity at the upstream boundary ($x = -L$), a Neumann stress-free
 143 condition is imposed on the outlet velocity at the downstream boundary ($x = L$), and a slip
 144 condition is imposed on the four lateral boundaries running parallel to the free-stream.

145 Direct numerical simulations are performed on a 3D hybrid grid. Cartesian background
 146 nodes are used for the computational domain, and mesh-free nodes are used for the im-
 147 mersed rigid torus and its immediate surroundings. Spatial discretization is achieved by the
 148 combination of (i) a singular value decomposition (SVD) based generalized finite difference
 149 (GFD) scheme, which is applied to the mesh-free nodes, and (ii) a conventional finite dif-
 150 ference scheme, which is applied to the Cartesian nodes. The SVD–GFD scheme is also
 151 applied to a small number of Cartesian nodes having mesh-free nodes in their neighborhood
 152 of $[-\Delta x, \Delta x] \times [-\Delta y, \Delta y] \times [-\Delta z, \Delta z]$. The full details of this SVD–GFD scheme have been
 153 discussed by Wang *et al.* [43] and Ang *et al.* [44], so only a brief description is given below.

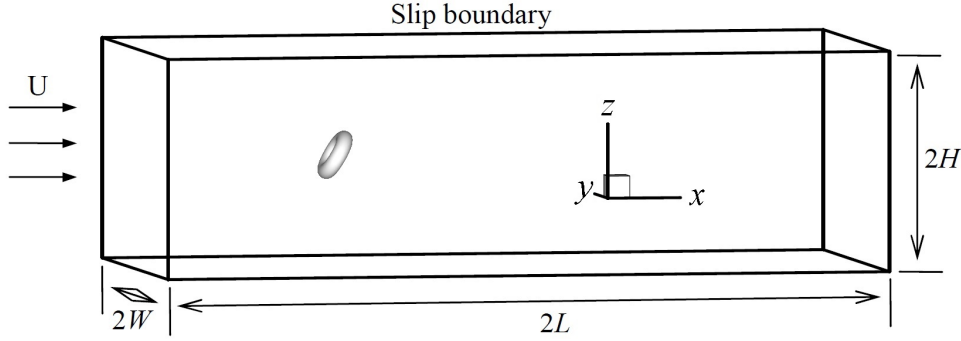


Fig. 2: Computational domain for steady uniform flow at velocity U around a torus inclined at an angle of θ . The size of the computational domain is $(\pm L, \pm W, \pm H) = (\pm 30d, \pm 17d, \pm 17d)$.

154 The GFD scheme is based on a Taylor series expansion in which the derivative com-
 155 ponents $\partial f_{19 \times 1} = (\partial_x, \partial_y, \partial_z, \partial_x^2, \partial_y^2, \dots, \partial_y^3, \partial_z^3)^T f|_{\mathbf{x}_0}$ of the function $f(\mathbf{x})$ at a reference node
 156 $\mathbf{x}_0 = (x_0, y_0, z_0)$ are related to its functional values $f_i = f(\mathbf{x}_i)$ at n support nodes $\mathbf{x}_i =$
 157 $\mathbf{x}_i + \Delta \mathbf{x}_i (i = 1, \dots, n)$ by:

$$\Delta f_{n \times 1} = [S]_{n \times 19} \partial f_{19 \times 1} \quad (3)$$

158 where

$$\Delta f_{n \times 1} = (f_1 - f_0, f_2 - f_0, \dots, f_n - f_0)^T, \quad (4)$$

$$[S]_{n \times 19} = \begin{bmatrix} \Delta x_1 & \Delta y_1 & \Delta z_1 & 0.5\Delta x_1^2 & 0.5\Delta y_1^2 & 0.5\Delta z_1^2 & \dots \\ \Delta x_2 & \Delta y_2 & \Delta z_2 & 0.5\Delta x_2^2 & 0.5\Delta y_2^2 & 0.5\Delta z_2^2 & \\ \Delta x_3 & \Delta y_3 & \Delta z_3 & 0.5\Delta x_3^2 & 0.5\Delta y_3^2 & 0.5\Delta z_3^2 & \\ \dots & & & & & & \\ \Delta x_n & \Delta y_n & \Delta z_n & 0.5\Delta x_n^2 & 0.5\Delta y_n^2 & 0.5\Delta z_n^2 & \end{bmatrix}. \quad (5)$$

161
 162
 163 In general, $n > 19$ support nodes are needed to approximate the second-order derivatives
 164 of $\partial f_{19 \times 1} = (\partial_x, \partial_y, \partial_z, \partial_x^2, \partial_y^2, \dots, \partial_y^3, \partial_z^3)^T f|_{\mathbf{x}_0}$ to an accuracy of $\mathcal{O}(|\Delta \mathbf{x}|^2)$. The derivatives
 165 are calculated by solving the over-determined linear system of Eq. (3) through the use of
 166 SVD, which minimizes the L_2 -norm (least squares) of the residual error vector. The error
 167 components are weighted to give greater importance to nodes closer to the reference node
 168 \mathbf{x}_0 . The least-squares solution to Eq. (3) is given by:

$$\partial f_{n \times 1} = [S^W]^+ [W] \Delta f_{n \times 1} \quad (6)$$

169
 170 where $[S^W]^+$ denotes the pseudo-inverse of the weighted S -matrix $[S^W] = [W][S]_{n \times 19}$ and

171 $[W]$ is the n weighting (diagonal) matrix, as given by:

$$W = \begin{cases} 2/3 - 4\bar{r}_i^2 + 4\bar{r}_i^3 & \text{for } \bar{r}_i \leq 1/2 \\ 4/3 - 4\bar{r}_i + 4\bar{r}_i^2 - 4\bar{r}_i^3/3 & \text{for } 1/2 < \bar{r}_i \leq 1 \\ 0 & \text{for } \bar{r}_i > 1 \end{cases} \quad (7)$$

172

173 where $\bar{r}_i = |\Delta\mathbf{x}_i|/[\max_{j=1,\dots,n} |\Delta\mathbf{x}_j|]$ ($i = 1, \dots, n$) is the normalized nodal distance.

174 The governing equations are solved in the time domain using the semi-implicit second-
 175 order Crank-Nicolson fractional-step method of Chew *et al.* [45] with modifications made
 176 to the boundary conditions [44]. The simulations are performed from $t = 0$ with $\Delta t = 0.025$
 177 until a steady state is reached. A parallel computing technique based on shared memory
 178 multi-processors (OpenMP) [46] is used to accelerate the simulations.

179 After the velocity and pressure fields are computed, the total force vector acting on the
 180 torus is found by integrating the local pressure acting over its surface. The total force vector
 181 is then projected in the $+x$ and $-z$ directions to get the drag force (F_D) and the lift force
 182 (F_L), respectively. The lift force is defined to be positive in the downwards ($-z$) direction
 183 because, in this study, inclining the torus by a positive value of θ results in downwards lift
 184 (see Fig. 2). From F_D and F_L , the drag and lift coefficients are calculated as:

$$C_D = \frac{F_D}{0.5\rho A_\theta U^2} \quad (8)$$

$$C_L = \frac{F_L}{0.5\rho A_\theta U^2} \quad (9)$$

185

186 where A_θ is the projected frontal area of the torus. Both the drag and lift forces are made
 187 up of the sum of a pressure component and a viscous component: $F_D = F_{Dp} + F_{Dv}$ and
 188 $F_L = F_{Lp} + F_{Lv}$. In Sec. 5, these will be examined together with C_D and C_L .

189 4. Validation of the numerical framework

190 The numerical framework presented in Sec. 3 is validated through two case studies per-
 191 formed on two classical wake flows: (i) the flow around a sphere and (ii) the flow around a
 192 non-inclined torus.

193 4.1. Validation case study (i): Flow around a sphere

194 In the first case study, the flow around a sphere is examined in the steady flow regime at
 195 $10 \leq Re \leq 200$ [10, 11, 18]. The Reynolds number is defined here as $Re \equiv UD_s/\nu$, where D_s
 196 is the diameter of the sphere, U is the free-stream velocity, and ν is the kinematic viscosity.
 197 The computational domain is a 3D rectangular box with dimensions of $30D_s \times 15D_s \times 15D_s$,
 198 which is discretized into $221 \times 131 \times 131$ Cartesian nodes. The Cartesian grid is uniform
 199 in all three spatial directions within a $4D_s \times 2D_s \times 2D_s$ box containing the sphere, with
 200 a grid spacing of $\Delta x = \Delta y = \Delta z = 0.04D_s$. The surface of the sphere is discretized into
 201 2966 mesh-free nodes. Four more layers of mesh-free nodes are placed radially away from

202 the surface, with a smaller radial spacing used for nodes closer to the surface. The distance
 203 between the surface and the first layer of nodes is $0.017D_s$. Preliminary numerical testing
 204 has confirmed that this mesh is fine enough to produce grid-independent results.

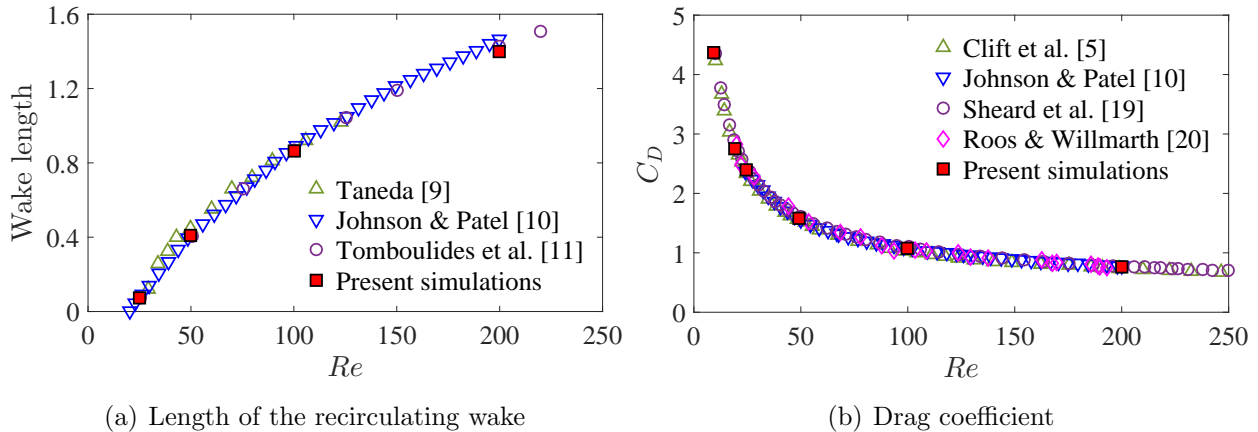


Fig. 3: Numerical validation on the steady flow around a sphere at $10 \leq Re \leq 250$.

205 Figure 3 compares our simulations with numerical and experimental data from the liter-
 206 ature. It can be seen that for $10 \leq Re \leq 250$ (a) a steady recirculating wake forms behind
 207 the sphere at $Re \approx 20$ and elongates with increasing Re , and (b) the drag coefficient first
 208 decreases sharply and then more gradually as Re increases. These findings are in excel-
 209 lent quantitative agreement with reference data from the literature [5, 9, 10, 11, 19, 20],
 210 validating our numerical framework.

211 4.2. Validation case study (ii): Flow around a non-inclined torus

212 In the second case study, the flow around a non-inclined torus ($\mathcal{R} = 2$ and 3) is examined
 213 in the steady flow regime at $10 \leq Re \leq 50$ [8, 32, 33]. The computational domain is a 3D
 214 rectangular box with dimensions of $60d \times 34d \times 34d$, which is discretized into $231 \times 181 \times 181$
 215 Cartesian nodes. The Cartesian grid is uniform in all three spatial directions within a
 216 $6d \times 6d \times 6d$ box containing the torus, with a grid spacing of $\Delta x = \Delta y = \Delta z = 0.06d$.
 217 The surface of the torus is discretized into 5420 mesh-free nodes for $\mathcal{R} = 2$ and into 8068
 218 mesh-free nodes for $\mathcal{R} = 3$. Four more layers of mesh-free nodes are placed radially away
 219 from the surface, with a smaller radial spacing used for nodes closer to the surface. The
 220 distance between the surface and the first layer of nodes is $0.026d$. Preliminary numerical
 221 testing has confirmed that this mesh is fine enough to produce grid-independent results.

222 Figures 4 and 5 show the streamlines of the flow in the x - y plane at $\mathcal{R} = 2$ and 3, re-
 223 spectively. In both figures, our 3D SVD-GFD simulations are compared against simulations
 224 performed in axisymmetric coordinates using an alternative numerical scheme based on the
 225 finite volume method (FVM) of Yu *et al.* [47, 48]. For the present values of Re and \mathcal{R} , the
 226 comparison shows excellent agreement. Furthermore, the streamlines are consistent with
 227 those reported by Sheard *et al.* [8], whose stability analysis predicts that the flow is steady

228 and axisymmetric for the present values of Re and \mathcal{R} . The wake structure can be seen to
 229 change markedly as Re increases. Behind the $\mathcal{R} = 2$ torus, a detached recirculation zone
 230 develops near the flow centerline at $Re = 10$ (Fig. 4a,b), but it grows and moves downstream
 231 when Re increases to 50 (Fig. 4c,d), leaving behind a second smaller recirculation zone at-
 232 tached to the back of the torus. Behind the $\mathcal{R} = 3$ torus, there is no recirculation zone at
 233 $Re = 10$ (Fig. 5a,b), but a small attached one forms at $Re = 20$ (Fig. 5c,d). At $Re = 50$
 234 (Fig. 5e,f), a second recirculation zone appears behind the outer edge of the first, which
 235 becomes elongated in the streamwise direction. Unlike the first recirculation zone, however,
 236 this second one is detached from the torus. The broad agreement in streamline patterns
 237 between our 3D SVD-GFD method, our axisymmetric FVM method, and the results of
 238 Sheard *et al.* [8] is further validation of our numerical framework.

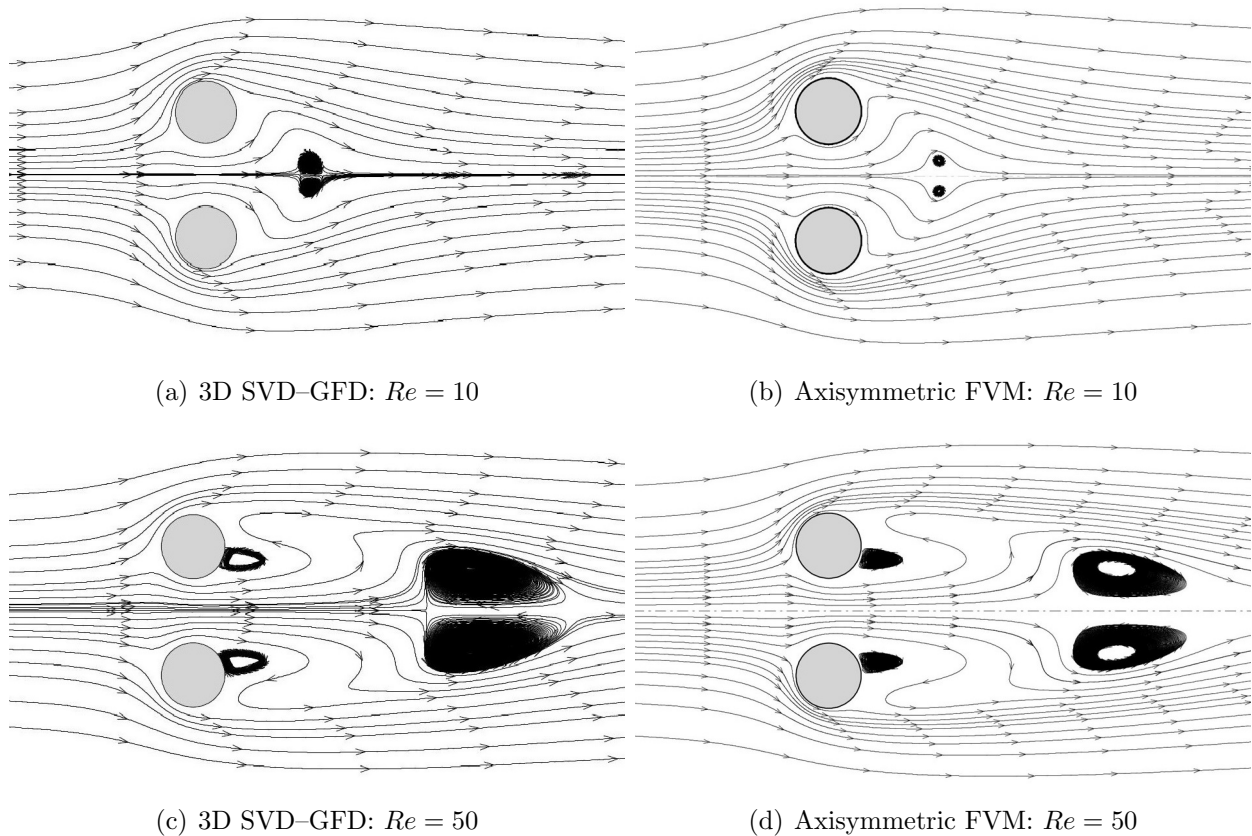


Fig. 4: Numerical validation on the steady flow around a non-inclined torus at $\mathcal{R} = 2$: (a,c) 3D SVD-GFD simulations and (b,d) axisymmetric FVM simulations. Shown are streamlines in the x - y plane at two Reynolds numbers: (a,b) $Re = 10$ and (c,d) $Re = 50$.

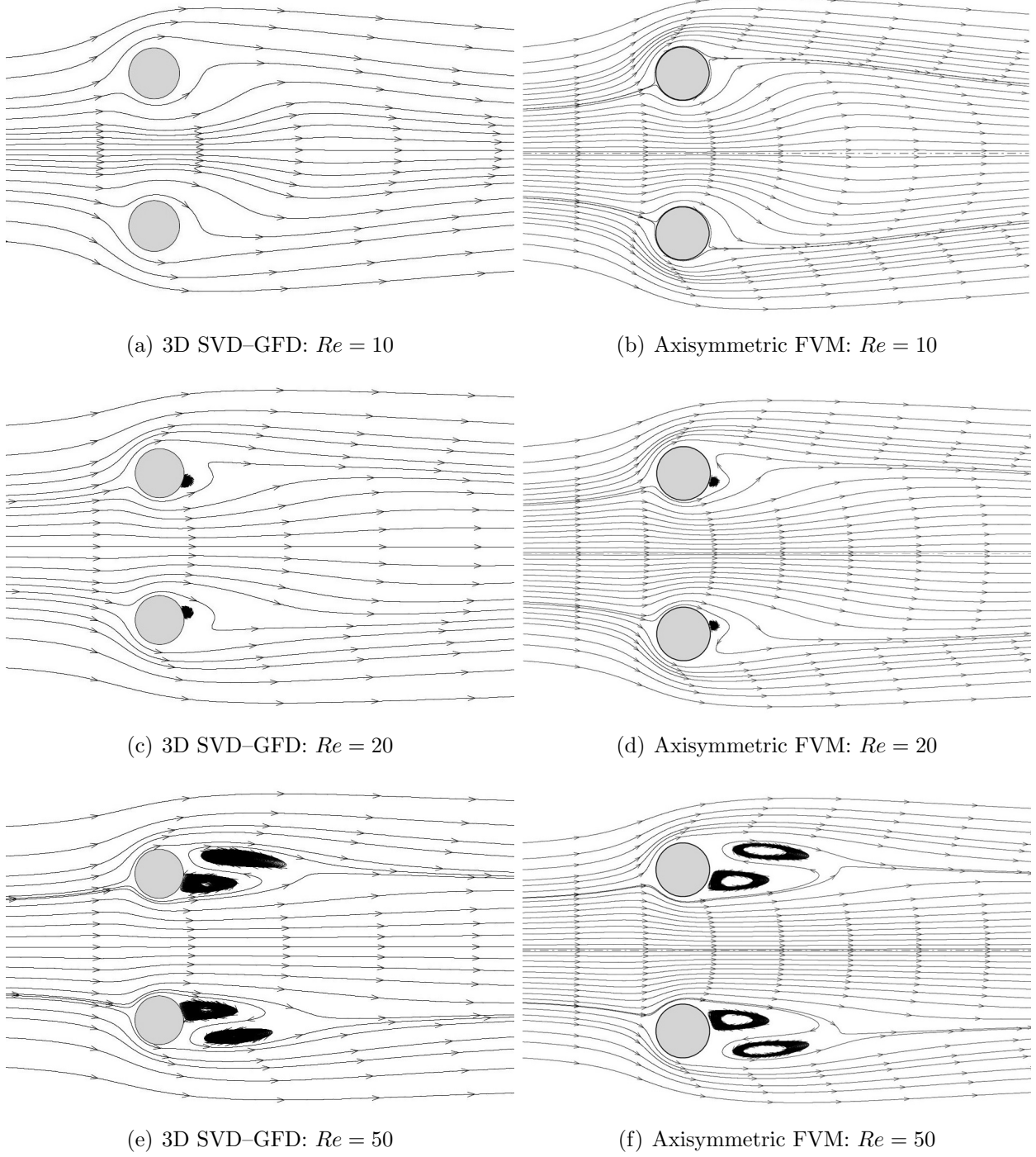


Fig. 5: Numerical validation on the steady flow around a non-inclined torus at $\mathcal{R} = 3$: (a,c,e) 3D SVD-GFD simulations and (b,d,f) axisymmetric FVM simulations. Shown are streamlines in the x - y plane at three Reynolds numbers: (a,b) $Re = 10$, (c,d) $Re = 20$ and (e,f) $Re = 50$.

239 For a more quantitative comparison, Table 1 lists the non-dimensional distances between
 240 the central plane of a non-inclined $\mathcal{R} = 2$ torus and the front and rear stagnation points of
 241 its rearmost recirculation zone at two Reynolds numbers: $Re = 25$ and 50 . For both values
 242 of Re , the agreement between our 3D SVD–GFD simulations and our axisymmetric FVM
 243 simulations is within 0.55%, further validating our numerical framework.

Table 1: Numerical validation on the steady flow around a non-inclined torus at $\mathcal{R} = 2$: non-dimensional distance from the central plane of the torus to the front and rear stagnation points of its rearmost recirculation zone at two Reynolds numbers.

	$Re = 25$		$Re = 50$	
	Front	Rear	Front	Rear
3D SVD–GFD simulations	1.762	4.116	3.688	6.004
Axisymmetric FVM simulations	1.762	4.112	3.707	6.010

244 As a final validation step, Fig. 6 shows the drag coefficient (C_D) of a non-inclined torus
 245 at $Re \leq 160$ for $\mathcal{R} = 2$ and 3 . For both values of \mathcal{R} , as Re increases from around 10,
 246 C_D first decreases sharply but then levels off as the flow transitions from being viscous-
 247 dominated to being pressure-dominated. This is the same trend observed in the C_D of a
 248 sphere ($\mathcal{R} = 0$) [5, 10, 11]. As before, there is excellent quantitative agreement between
 249 the three independent numerical schemes: our 3D SVD–GFD simulations, our axisymmetric
 250 FVM simulations, and the axisymmetric simulations of Sheard *et al.* [19]. This agreement
 251 shows that our numerical framework is capable of accurately simulating the steady flow
 252 around a bluff body at low Re . In the next section, we will use this numerical framework
 253 to investigate the steady flow around an inclined torus at similarly low Re .

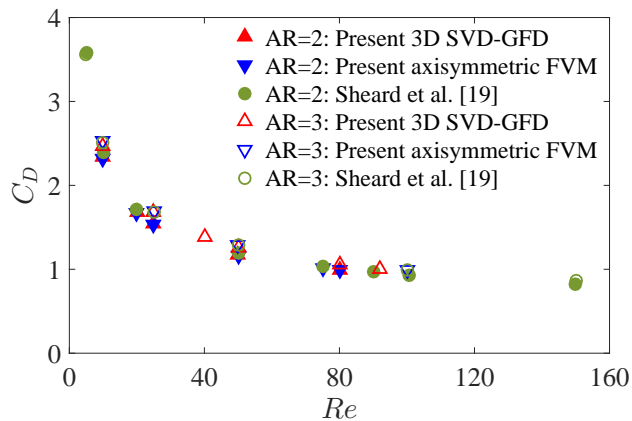


Fig. 6: Comparison of the drag coefficient of a non-inclined torus ($\mathcal{R} = 2$ and 3) at $Re \leq 160$ across three independent numerical schemes.

254 **5. Results and discussion**

255 *5.1. Effect of the inclination angle*

256 First we examine the effect of θ on the steady wake behavior, focusing on the drag and
 257 lift coefficients and on how they are influenced by the structure of the recirculation zone.

258 *5.1.1. Drag and lift coefficients*

259 Figure 7 shows the drag and lift coefficients of an inclined $\mathcal{R} = 2$ torus as a function
 260 of θ at four Reynolds numbers: $Re = 10, 20, 25$ and 50 . As the torus inclines (i.e. as θ
 261 increases), C_D decreases monotonically from a maximum at $\theta = 0^\circ$ to a minimum at $\theta = 90^\circ$
 262 (full inclination). Meanwhile, C_L starts from zero at $\theta = 0^\circ$ because of top-down symmetry
 263 about the y -axis, reaches a maximum at $40^\circ \leq \theta \leq 50^\circ$, and then returns to zero at $\theta = 90^\circ$
 264 because of a return to top-down symmetry. As Re increases, both C_D and C_L decrease;
 265 similar decreases have been observed in the flow around a circular cylinder [26, 28]. The
 266 decrease in C_D is uniform across all values of θ , but the decrease in C_L is concentrated at
 267 intermediate values of θ , where the torus has the least top-down symmetry about the y -axis.

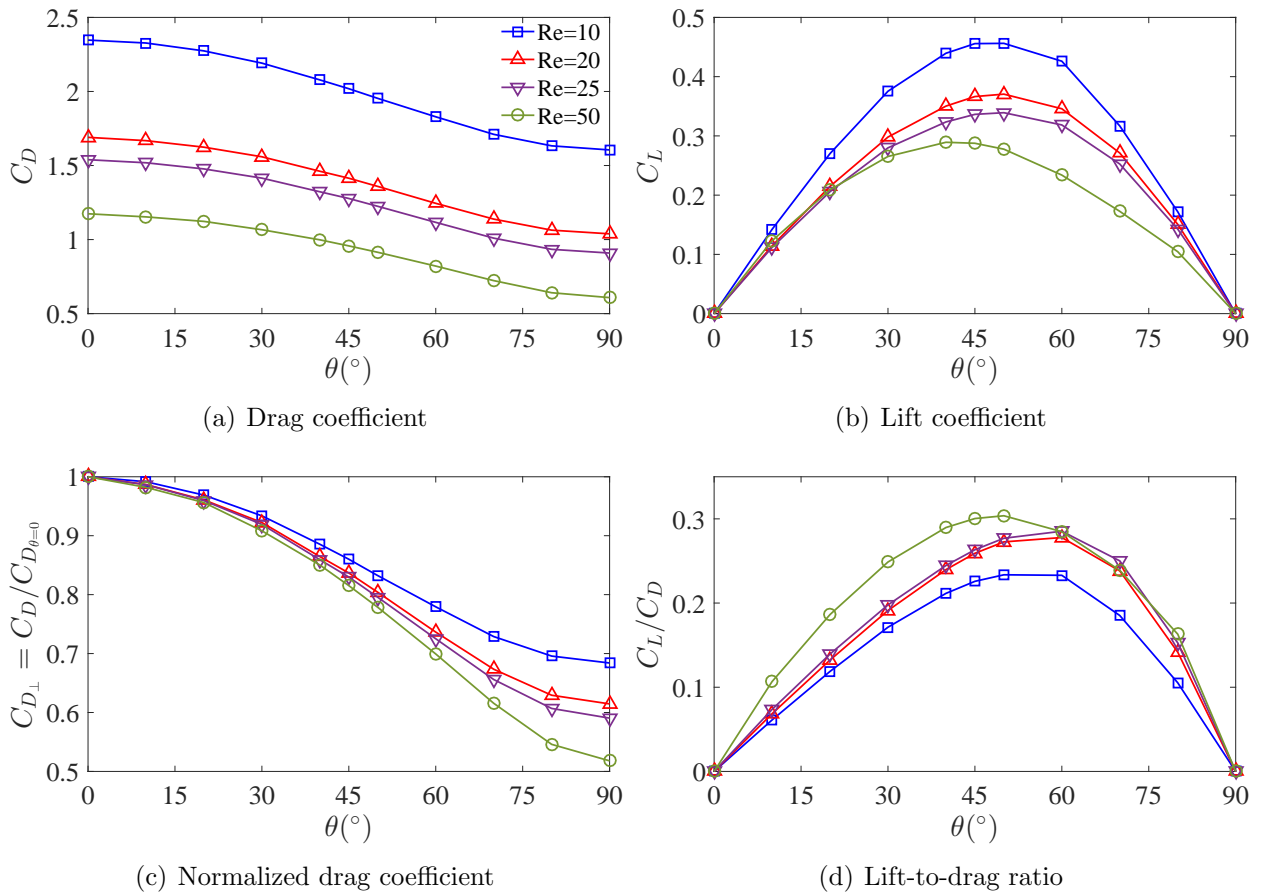


Fig. 7: (a) Drag coefficient, (b) lift coefficient, (c) normalized drag coefficient, and (d) lift-to-drag ratio as a function of θ for steady flow around an inclined $\mathcal{R} = 2$ torus at four Reynolds numbers.

268 The decrease in C_D with θ is compared across different values of Re by normalizing
 269 C_D by its maximum value, which occurs at $\theta = 0^\circ$: $C_{D\perp} = C_D/C_{D\theta=0}$. As can be seen
 270 from Fig. 7(c), the decrease in the normalized $C_{D\perp}$ with θ becomes more pronounced as Re
 271 increases. By fitting quartic polynomials to the $C_{D\perp} - \theta$ curves, we find that the location
 272 of the inflection point shifts to higher θ as Re increases: from $\theta = 51.8^\circ$ at $Re = 10$ to
 273 $\theta = 59.1^\circ$ at $Re = 50$. This contrasts with the behavior seen in inclined circular cylinders,
 274 where the inflection point always occurs at an inclination angle of approximately 45° [28].

275 Figure 7(d) shows C_L/C_D as a function of θ . The overall trends are similar to those
 276 of C_L versus θ : as θ increases for a fixed Re , C_L/C_D starts from zero at zero inclination
 277 ($\theta = 0^\circ$), increases to a maximum at moderate inclination, and then returns to zero at full
 278 inclination ($\theta = 90^\circ$). There are, however, two notable differences: (i) because C_D decreases
 279 with increasing θ , the critical value of θ at which C_L/C_D peaks is generally larger than that
 280 at which C_L peaks, and (ii) because C_D decreases more rapidly than C_L does with increasing
 281 Re , C_L/C_D ends up increasing with Re , despite C_L itself decreasing with increasing Re .

282 Figure 8(a) shows the pressure (C_{Dp}) and viscous (C_{Dv}) components of the total drag
 283 coefficient at the flow conditions of Fig. 7. At small θ , the pressure drag exceeds the viscous
 284 drag for all values of Re . However, as θ increases, the pressure drag decreases monotonically,
 285 falling below the viscous drag, which remains relatively constant with θ . The critical value
 286 of θ at which the pressure drag balances the viscous drag increases with Re because the
 287 latter decreases slightly more than the former does as Re increases. These findings show
 288 that the decrease in the total drag (C_D) with θ seen in Fig. 7 is due primarily to a decrease
 289 in the pressure drag (C_{Dp}) with almost no change in the viscous drag (C_{Dv}).

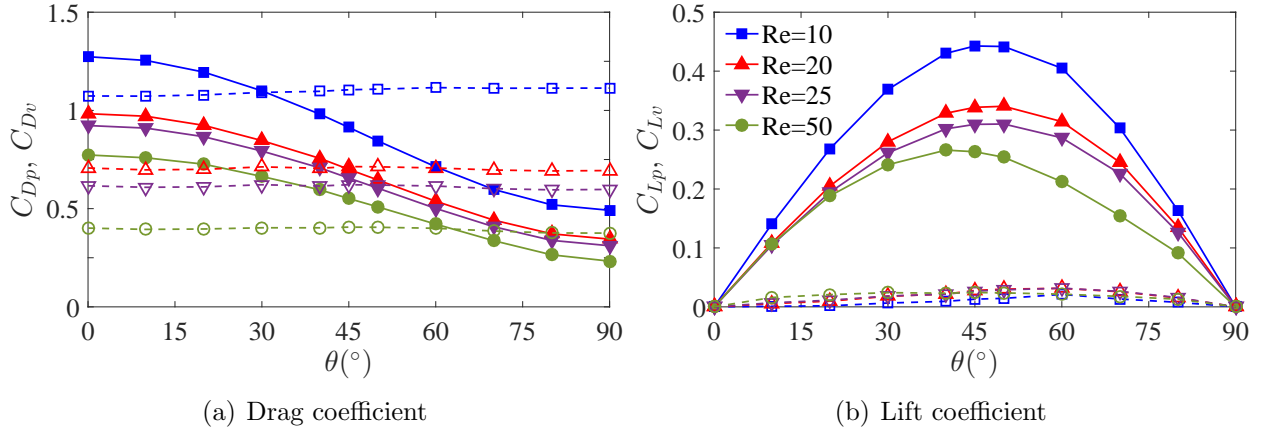


Fig. 8: The pressure and viscous components of (a) the drag coefficient and (b) the lift coefficient as a function of θ for steady flow around an inclined $R = 2$ torus at four Reynolds numbers. The solid lines/filled markers denote the pressure components, and the dashed lines/hollow markers denote the viscous components.

290 Figure 8(b) shows the pressure (C_{Lp}) and viscous (C_{Lv}) components of the total lift
 291 coefficient. Across all values of θ , the pressure lift dominates the viscous lift, making up
 292 over 85% of the total lift regardless of Re . The viscous lift makes up the remainder of the

293 total lift and is invariably small because the shear stresses acting on the torus surface are
294 aligned predominately with the free-stream, perpendicular to the lift direction.

295 5.1.2. Wake structure

296 To explore the physical cause of the decrease in C_D with θ , we show in Fig. 9 streamlines
297 from the x - y and x - z planes for steady flow around an $\mathcal{R} = 2$ torus at $Re = 50$ and four
298 inclination angles: (a) $\theta = 10^\circ$, (b) $\theta = 30^\circ$, (c) $\theta = 45^\circ$, and (d) $\theta = 60^\circ$.

299 At $\theta = 10^\circ$ (Fig. 9a), the outer streamlines diverge, wrap around the torus, and then
300 converge downstream. In the x - y plane, there are two distinct recirculation zones on either
301 side of the flow centerline: a large detached zone and a small attached zone. These are
302 similar to those observed behind a non-inclined torus at $1 \leq \mathcal{R} \leq 2$ [8] (see also Fig. 4c,d).
303 In the x - z plane, there are two recirculation zones in total, both of which are located behind
304 the upper (leeward trailing) section of the inclined torus.

305 As θ increases (Fig. 9b-d), the small attached recirculation zone in the x - y plane dis-
306 appears, and the initially large detached recirculation zone behind it shrinks and moves
307 upstream, becoming attached to the torus when $\theta = 60^\circ$. In the x - z plane, the two distinct
308 recirculation zones merge and move behind the hole of the torus. In general, recirculation
309 zones are regions of low pressure. When they disappear, shrink or move away from the
310 surface of a bluff body, the static pressure behind that body tends to increase, reducing the
311 pressure imbalance between the front stagnation point and the rear wake. This reconfigu-
312 ration of the recirculation zones could explain why the pressure drag and C_D decrease with
313 increasing θ , as seen in Sec. 5.1.1. Another contributing factor could be the sheltering effect
314 that the lower (windward leading) section of the torus has on the upper (leeward trailing)
315 section [49]. This effect is analogous to that which occurs in the flow around two circular
316 cylinders arranged in a tandem configuration, for which the drag coefficient is known to
317 decrease as the two cylinders approach each other [50]. One may imagine the flow around
318 an inclined torus as being similar to that around two short cylinders arranged in an offset-
319 tandem configuration. Numerical simulations by Lee *et al.* [51] have shown that the two
320 cylinders need not be in perfect tandem (i.e. θ need not be perfectly 90°) for there to be
321 a drag reduction. For a cylinder-to-cylinder spacing equivalent to that of an $\mathcal{R} = 2$ torus,
322 Lee *et al.* [51] found that C_D starts to decrease at $\theta \approx 30^\circ$ and continues to decrease all the
323 way to $\theta = 90^\circ$ [51], which is consistent with the C_D trends observed in Fig. 7.

324 To further explore the changes occurring in the wake structure, we turn to 3D streamlines
325 of the flow at $\theta = 45^\circ$, as shown in Fig. 10. At $Re = 10$ (Fig. 10a), there is no evidence
326 of a recirculation zone. The flow passing through the hole of the torus emerges from the
327 back without recirculating and then moves downstream. At $Re = 25$ (Fig. 10b), a small
328 recirculation zone develops immediately downstream of the torus. At $Re = 50$ (Fig. 10c),
329 the recirculation zone grows in the streamwise direction. This can be seen in the streamline
330 pattern as well as in the change in sign (from positive to negative) of the local pressure
331 coefficient (C_p) on the inner-upstream surface of the torus as Re increases from 25 to 50
332 (Fig. 10b-c). Previous research by Yu *et al.* [52] focusing on the velocity profile of the flow
333 around a non-inclined torus ($\theta = 0^\circ$) has shown that when Re increases from 1 to 70, the
334 maximum velocity increases and its location shifts closer to the torus. This could explain

335 why C_p on the inner wall is negative, and why the location and growth of the recirculation
 336 zone change with increasing Re . Farther downstream, the recirculating fluid is faster on the
 337 upper side of the torus than it is on the lower side, as evidenced by the diverging streamlines.

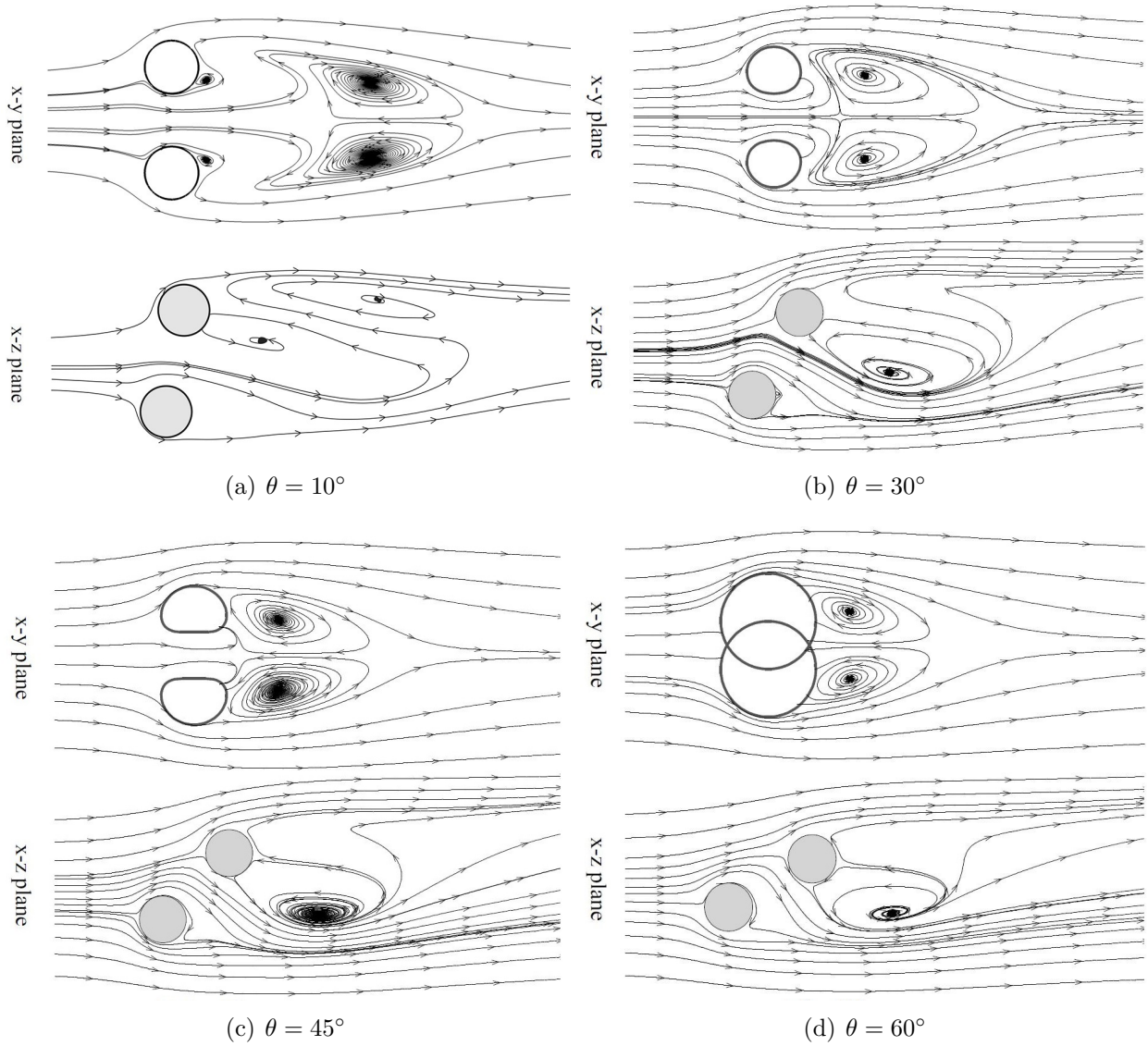


Fig. 9: Streamlines of the steady flow around an $\mathcal{R} = 2$ torus at $Re = 50$ for four inclination angles: (a) $\theta = 10^\circ$, (b) $\theta = 30^\circ$, (c) $\theta = 45^\circ$, and (d) $\theta = 60^\circ$.

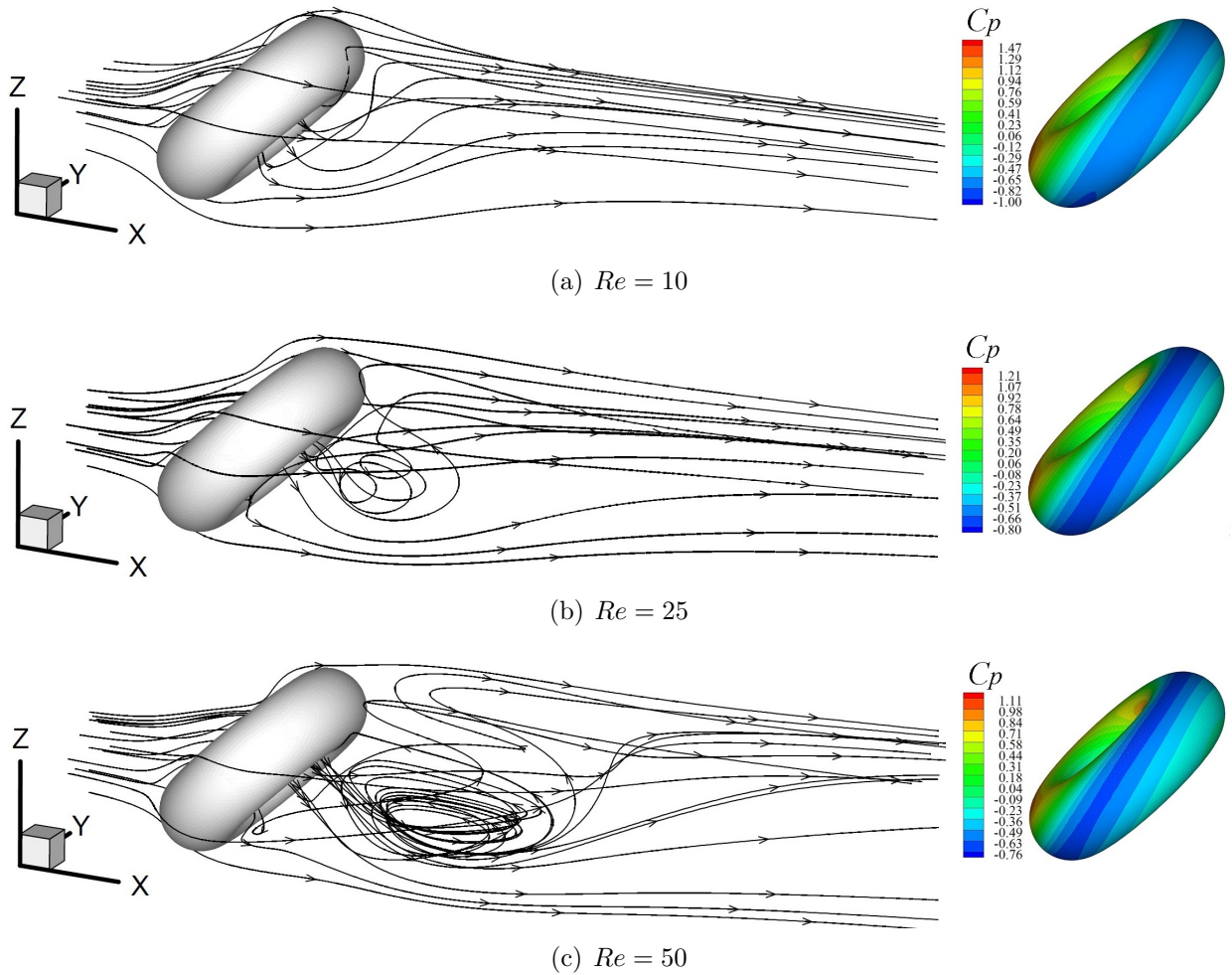


Fig. 10: (left) 3D streamlines and (right) local pressure coefficient of the steady flow around an $\mathcal{AR} = 2$ torus at $\theta = 45^\circ$ for three Reynolds numbers: (a) $Re = 10$, (b) $Re = 25$, and (c) $Re = 50$.

338 5.2. Effect of the aspect ratio

339 Next we examine the effect of \mathcal{AR} on the drag and lift coefficients.

340 5.2.1. Drag and lift coefficients

341 Figure 11(a–b) shows the drag and lift coefficients at three aspect ratios ($\mathcal{AR} = 2, 2.5,$
 342 3) and three Reynolds numbers ($Re = 10, 25, 50$). For most flow conditions, C_D and C_L
 343 are only weakly sensitive to \mathcal{AR} . At zero inclination ($\theta = 0^\circ$), C_D for $\mathcal{AR} = 3$ is around 5%
 344 ($Re = 10$) to 8% ($Re = 50$) higher than that for $\mathcal{AR} = 2$. At full inclination ($\theta = 90^\circ$), C_D for
 345 $\mathcal{AR} = 3$ is around 8% ($Re = 50$) to 10% ($Re = 10$) lower than that for $\mathcal{AR} = 2$. Thus, there is
 346 a critical value of θ above which C_D for $\mathcal{AR} = 2$ overtakes that for $\mathcal{AR} = 3$. This critical angle
 347 is around 50° when $Re = 10$ but is over 70° when $Re = 50$. Interestingly, C_L is much less
 348 sensitive to \mathcal{AR} when $Re = 10$ or 50 than when $Re = 25$, where C_L for $\mathcal{AR} = 2$ consistently
 349 exceeds that for $\mathcal{AR} = 3$ over an intermediate range of inclination angles, $45^\circ \leq \theta \leq 80^\circ$.

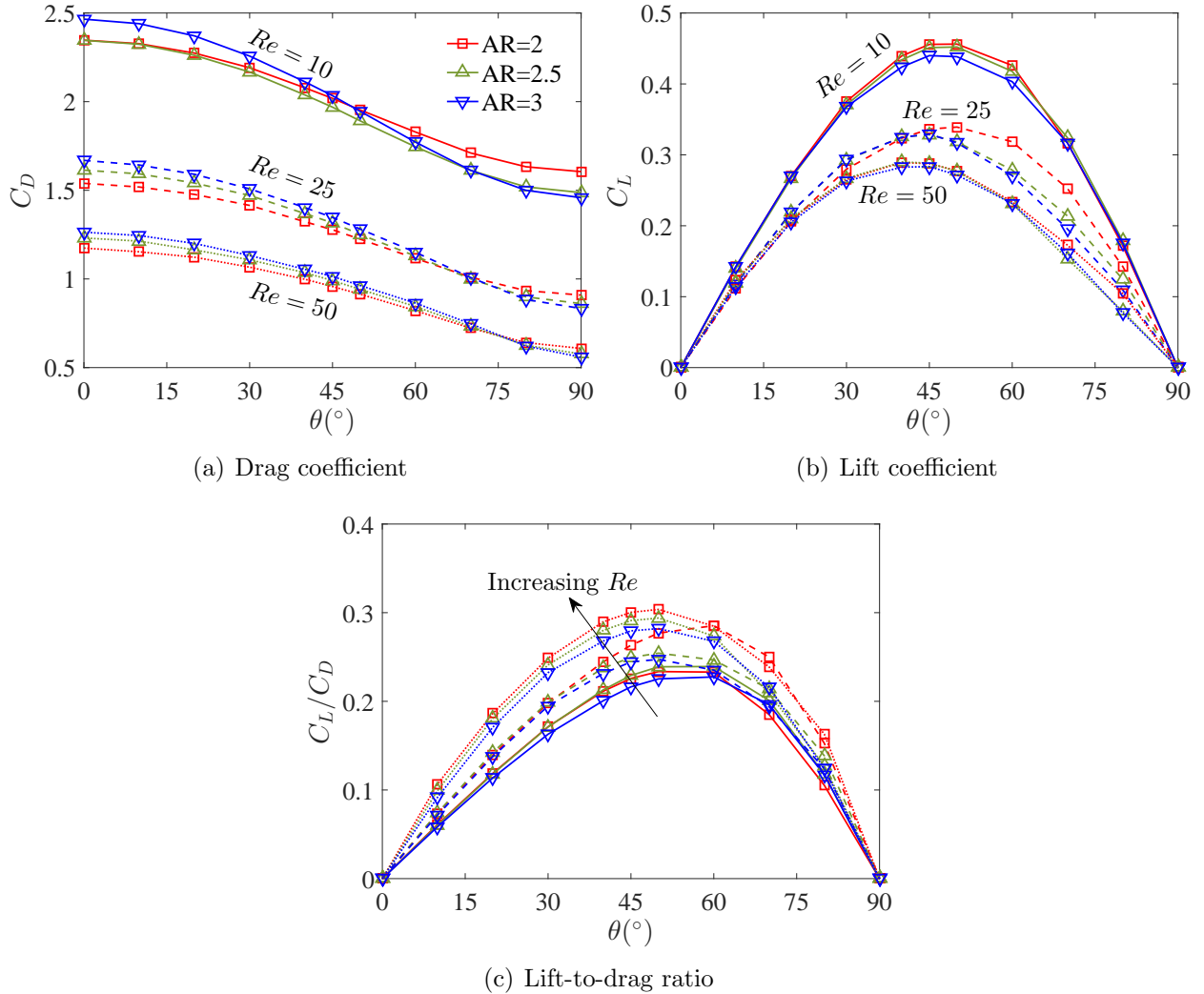


Fig. 11: (a) Drag coefficient, (b) lift coefficient and (c) lift-to-drag ratio as a function of θ for steady flow around an inclined torus at three aspect ratios and three Reynolds numbers: (solid lines) $Re = 10$, (dashed lines) $Re = 25$, and (dotted lines) $Re = 50$.

350 Figure 11(c) shows the lift-to-drag ratio, which combines the overall trends of C_D and
 351 C_L . The maximum difference in C_L/C_D caused by variations in \mathcal{R} increases and shifts to
 352 higher θ as Re increases, starting from less than 4% for $Re = 10$ ($\theta = 40^\circ$), increasing to
 353 29% for $Re = 25$ ($\theta = 70^\circ$), and then saturating to around 28% for $Re = 50$ ($\theta = 80^\circ$). As
 354 with Fig. 7(d), C_L/C_D increases with Re because C_D decreases more rapidly than C_L does.

355 Figure 12(a) shows the pressure (C_{Dp}) and viscous (C_{Dv}) components of the total drag
 356 coefficient. Only data for $Re = 50$ are shown because it is representative of the other values
 357 of Re . The overall trends are similar to those of Fig. 8(a), where C_{Dp} decreases monotonically
 358 as θ increases, while C_{Dv} remains relatively constant. This leads to C_{Dp} dominating C_{Dv}
 359 at small θ but then being overtaken by C_{Dv} at large θ . In Fig. 12(a), the contribution of

360 C_{Dp} to C_D for $\mathcal{AR} = 3$ is slightly higher than that for $\mathcal{AR} = 2$, with the maximum difference
 361 being around 2% at zero inclination ($\theta = 0^\circ$). These findings show that, for $2 \leq \mathcal{AR} \leq 3$,
 362 the decrease in the total drag (C_D) observed as θ increases can be attributed mainly to a
 363 decrease in the pressure drag (C_{Dp}) rather than to changes in the viscous drag (C_{Dv}).

364 Figure 12(b) shows the pressure (C_{Lp}) and viscous (C_{Lv}) components of the total lift
 365 coefficient at $Re = 50$. For $2 \leq \mathcal{AR} \leq 3$, C_{Lp} dominates C_{Lv} at all values of θ because
 366 the shear stresses acting on the torus surface are aligned mainly parallel to the free-stream
 367 velocity, perpendicular to the lift vector.

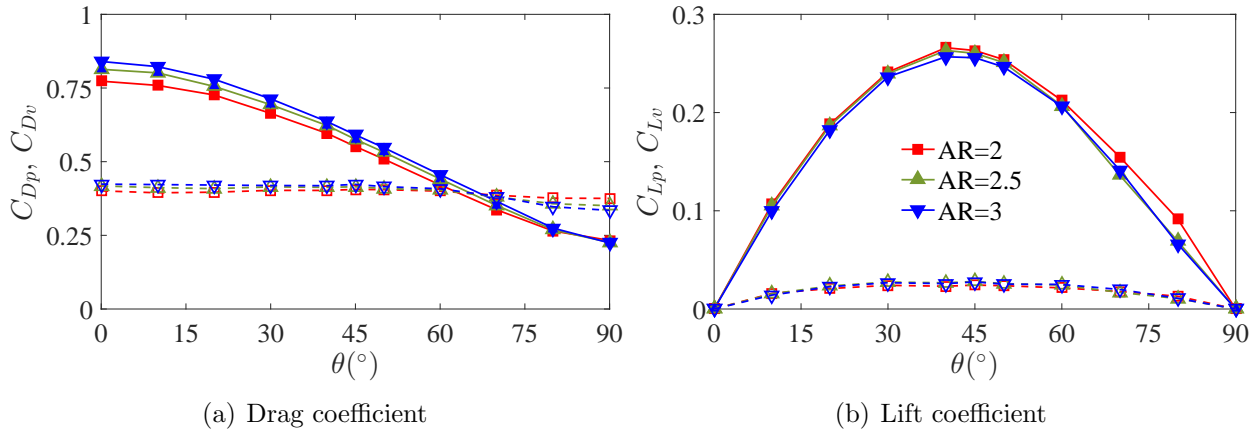


Fig. 12: The pressure and viscous components of (a) the drag coefficient and (b) the lift coefficient as a function of θ for steady flow around an inclined $\mathcal{AR} = 2$ torus at $Re = 50$. The solid lines/filled markers denote the pressure components, and the dashed lines/hollow markers denote the viscous components.

368 5.3. Nonlinear regression analysis of C_D and C_L

369 A nonlinear regression analysis is performed to give curve fits for C_D and C_L as a function
 370 of three independent variables: (i) the aspect ratio, $2 \leq \mathcal{AR} \leq 3$, (ii) the inclination angle,
 371 $0 \leq \theta \leq 90^\circ$, and (iii) the Reynolds number, $10 \leq Re \leq 50$. These fits can be used to model
 372 the drag and lift forces acting on a torus in reduced-order simulations where the detailed
 373 flow around the torus need not be explicitly resolved, reducing the computational costs [53].

374 Table 2 lists the regression models and their coefficients for the curve fits to C_D and
 375 C_L . These fits were generated with MATLAB's `nlinfit` function, which uses an iterative
 376 least squares algorithm to calculate the robust weights using the residual from the preceding
 377 iteration [54]. The form of the model for C_D was chosen based on the observation that C_D
 378 decreases with θ similarly to the cosine function. The independent variable Re is included
 379 as an additive term because its effect does not vary significantly with θ or \mathcal{AR} and so can
 380 be decoupled. The form of the model for C_L was chosen based on the observation that C_L
 381 increases and decreases with θ similarly to the sine function. For both models, the coefficient
 382 of determination (R^2) is high, with values of $R^2 = 0.988$ for C_D and $R^2 = 0.987$ for C_L .

383 Also shown in Table 2 is the root mean square (RMS) difference between our numerical
 384 simulations and nonlinear regression analysis. Across $2 \leq \mathcal{AR} \leq 3$, the RMS difference is

385 4.61% for C_D and 8.16% for C_L , both of which compare favorably with previous numerical
386 simulations on the steady flow around an inclined circular cylinder [28]. As \mathcal{R} increases from
387 2 to 3, the RMS difference in C_D increases monotonically but that in C_L remains relatively
388 constant. To visualize this, we show in Fig. 13 the drag and lift coefficients calculated by
389 our numerical simulations and those approximated by the curve fits. Overall there is good
390 agreement, consistent with the data in Table 2.

Table 2: Nonlinear regression analysis on the steady flow around an inclined torus. Shown are curve fits for the drag coefficient (C_D) and lift coefficient (C_L) as a function of three independent variables: (i) the aspect ratio, $2 \leq \mathcal{R} \leq 3$, (ii) the inclination angle, $0 \leq \theta \leq 90^\circ$, and (iii) the Reynolds number, $10 \leq Re \leq 50$.

	Model	Coefficients	R^2	RMS Difference
Drag	$C_D = \beta_1 \mathcal{R}^{\beta_2} \cos(2\theta) + \beta_3 Re^{\beta_4}$	$\beta_1 = 0.207485$ $\beta_2 = 0.626308$ $\beta_3 = 5.781323$ $\beta_4 = -0.468003$	0.988	4.61% for $\mathcal{R} = 2-3$ 3.32% for $\mathcal{R} = 2$ 3.91% for $\mathcal{R} = 2.3$ 4.71% for $\mathcal{R} = 2.5$ 5.63% for $\mathcal{R} = 3$
Lift	$C_L = \gamma_1 \mathcal{R}^{\gamma_2} Re^{\gamma_3} \sin(2\theta)$	$\gamma_1 = -0.987067$ $\gamma_2 = -0.115132$ $\gamma_3 = -0.298905$	0.987	8.16% for $\mathcal{R} = 2-3$ 8.62% for $\mathcal{R} = 2$ 8.27% for $\mathcal{R} = 2.3$ 8.51% for $\mathcal{R} = 2.5$ 7.48% for $\mathcal{R} = 3$

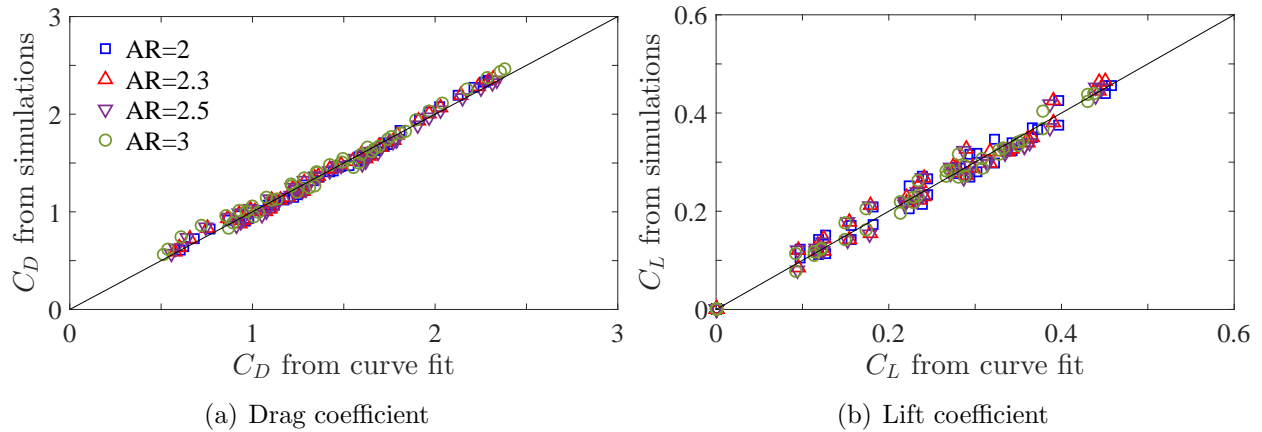


Fig. 13: Comparison of the drag and lift coefficients between our numerical simulations and the nonlinear regression analysis of Table 2.

391 6. Conclusions

392 Using a 3D SVD–GFD scheme, we have performed direct numerical simulations of the
393 steady flow around an inclined torus over a range of aspect ratios ($2 \leq \mathcal{R} \leq 3$), inclination

394 angles ($0 \leq \theta \leq 90^\circ$) and Reynolds numbers ($10 \leq Re \leq 50$). We examined the drag (C_D)
395 and lift (C_L) coefficients of the torus and related their trends to the physical structure of
396 the recirculation zones. We then performed a nonlinear regression analysis to generate curve
397 fits for C_D and C_L in terms of \mathcal{R} , θ and Re . Our focus was on the steady flow regime – at
398 Reynolds numbers below the onset of vortex shedding – because that regime had not been
399 explored before but is relevant to many engineering and biological situations, such as the
400 sedimentation of particles and the motion of natural micro-swimmers such as helical flagella.

401 For a fixed Re , it was found that as the torus inclines from a flow-normal orientation
402 ($\theta = 0^\circ$) to a flow-parallel orientation ($\theta = 90^\circ$), C_D decreases monotonically, while C_L first
403 increases from zero, reaches a maximum at $40^\circ \leq \theta \leq 50^\circ$ and then returns to zero owing
404 to top-down symmetry at full inclination. The decrease in C_D with θ was attributed to a
405 decrease in the pressure drag, with almost no change in the viscous drag. The variation in C_L
406 with θ was attributed to the pressure lift dominating the viscous lift, with the latter making
407 up less than 15% of the total lift because the shear stresses acting on the torus surface
408 are aligned mainly with the free-stream, perpendicular to the lift vector. With increasing
409 Re , the overall trends in C_D and C_L remain qualitatively unchanged but their quantitative
410 values decrease – much as they do in the flow around a circular cylinder. Compared with
411 the effects of θ and Re , those of \mathcal{R} are relatively weak for the particular flow conditions
412 examined in this study. Curve fits to C_D and C_L in terms of \mathcal{R} , θ and Re were found to
413 be in good agreement with the numerical data, with an RMS difference of less than 9% and
414 $R^2 \geq 0.987$. Future work could involve extending the present simulations to higher Reynolds
415 numbers where a series of nonlinear bifurcations to unsteady flow is expected to occur.

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