

1 Stephen Lynch
2 hlslynch@student.liverpool.ac.uk
3 MRC Centre for Drug Safety Science
4 Department of Molecular and Clinical Pharmacology
5 Sherrington Building
6 Ashton Street
7 University of Liverpool
8 Liverpool
9 L69 3GE, UK

10
11 Chris S Pridgeon
12 pridgeon@liv.ac.uk
13 MRC Centre for Drug Safety Science
14 Department of Molecular and Clinical Pharmacology
15 Sherrington Building
16 Ashton Street
17 University of Liverpool
18 Liverpool
19 L69 3GE, UK

20
21 Carrie A Duckworth
22 carried@liv.ac.uk
23 MRC Centre for Drug Safety Science
24 Department of Molecular and Clinical Pharmacology
25 Sherrington Building
26 Ashton Street
27 University of Liverpool
28 Liverpool
29 L69 3GE, UK

30
31 Parveen Sharma
32 psharma@liv.ac.uk
33 MRC Centre for Drug Safety Science
34 Department of Molecular and Clinical Pharmacology
35 Sherrington Building
36 Ashton Street
37 University of Liverpool
38 Liverpool
39 L69 3GE, UK

40
41 B Kevin Park
42 bkpark@liv.ac.uk
43 MRC Centre for Drug Safety Science
44 Department of Molecular and Clinical Pharmacology
45 Sherrington Building
46 Ashton Street
47 University of Liverpool
48 Liverpool
49 L69 3GE, UK

50 Chris EP Goldring
51 C.E.P.Goldring@liverpool.ac.uk
52 MRC Centre for Drug Safety Science
53 Department of Molecular and Clinical Pharmacology
54 Sherrington Building
55 Ashton Street
56 University of Liverpool
57 Liverpool
58 L69 3GE, UK

59
60

61 STEM CELL MODELS AS AN *IN VITRO* MODEL 62 FOR PREDICTIVE TOXICOLOGY

63 Authors: Lynch, Pridgeon, Duckworth, Sharma, Park, Goldring

64 ABSTRACT

65 Adverse drug reactions (ADRs) are the unintended side effects of drugs. They are categorised as
66 either predictable or unpredictable drug-induced injury and may be exhibited after a single or
67 prolonged exposure to one or multiple compounds. Historically, toxicology studies rely heavily on
68 animal models to understand and characterise toxicity of novel compounds. However, animal
69 models are imperfect proxies for human toxicity and there have been several high-profile cases of
70 failure of animal models to predict human toxicity e.g. fialuridine, TGN1412 which highlight the need
71 for improved predictive models of human toxicity. As a result, stem cell derived models are under
72 investigation as potential models for toxicity during early stages of drug development. Stem cells
73 retain the genotype of the individual from which they were derived, offering the opportunity to
74 model the reproducibility of rare phenotypes *in vitro*.

75 Differentiated 2D stem cell cultures have been investigated as models of hepato- and cardiotoxicity.
76 However, insufficient maturity, particularly in the case of hepatocyte-like cells, means that their
77 widespread use is not currently a feasible method to tackle the complex issues of off target and
78 often unpredictable toxicity of novel compounds. This review discusses the current state of the art
79 for modelling clinically relevant toxicities, e.g., cardio- and hepatotoxicity, alongside the emerging
80 need for modelling gastro-intestinal toxicity and seeks to address whether stem cell technologies are
81 a potential solution to increase the accuracy of ADR predictivity in humans.

82 INTRODUCTION

83 Adverse drug reactions (ADRs) are the harmful side effects of medicine which may occur after acute
84 or chronic exposure to a compound. They place a significant financial burden on the healthcare
85 industry and contribute to approximately 5% of all hospital admissions [1]. Similarly, ADRs are
86 burdensome to pharma, who face financial loss due to drug withdrawal if toxicity is detected post-
87 marketing. The current cost of developing a drug is \$648 million USD over 10-15 years [2], which is a
88 major concern given that many drugs do not exhibit ADRs until late stage trials when large
89 investments of time and money have already been made. Between 1980 and 2009, 15% of licenced
90 drugs having proven efficacious in phase II trials, were terminated with the main reasons being
91 unanticipated cardiotoxicity, hepatotoxicity and gastrointestinal (GI) toxicity [3]. Currently, cardiac
92 drug-induced injury is the leading cause of drug withdrawal, whilst drug induced liver injury is the 2nd

93 leading cause of drug termination and causes approximately 50% of acute liver failure [4].
94 Unpredicted cardiotoxicity is the main reason for drug termination, accounting for 28% of drug
95 withdrawals [5]. In the USA, the gastrointestinal tract has been associated with 20% of drug-induced
96 events [6].

97 Human embryonic stem cells (ESCs) were initially discovered in blastocyst stage embryos, whilst
98 induced pluripotent stem cells (iPSCs) were developed approximately 13 years ago, by
99 reprogramming adult somatic cells by overexpression of the Yamanaka factors: Oct4, Sox2, Klf4 and
100 cMyc (OSKM) [7]. Both ESCs and iPSCs are pluripotent, meaning that they can differentiate into any
101 somatic cell type. iPSCs can be derived from individuals known to have unusual or diseased
102 phenotypes, these phenotypes can then be introduced into *in vitro* assays at early stages during
103 toxicity testing. Genetic modification platforms such as CRISPR-Cas9 can be utilised to generate
104 isogenic human iPSC lines that can be used to assess cross-organ ADR responses from the same
105 patient. The process for deriving iPSCs is minimally invasive requiring only a skin biopsy or blood
106 sample, though any tissue type can be used.

107 Stem cells are able to be exploited in both 2D and 3D, therefore utilising spheroids and organoids to
108 model *in vivo* systems. Spheroids are self-aggregating clusters of cells that form spontaneously when
109 adherent cells are denied an attachment surface. Spheroids have been observed for almost as long
110 as cell culture has been practiced with observations of cells 'rounding off into little spheres' as early
111 as 1907 [8]. Due to their 3D physiology, spheroids can be used to replicate a 3D microenvironment
112 which is thought to improve the relevance of cell models to organ parenchyma. Despite their
113 advantages over monolayer systems, spheroids are not perfect as they are typically hypoxic above a
114 given size due to the diffusion gradient of oxygen through non-vascularised tissue, which often leads
115 to necrosis in the core. Despite hypoxia being observed in spheroids, most 2D and 3D cultures are
116 said to be in hyperoxic conditions (21% O₂), which causes hepatocyte dedifferentiation and therefore
117 a loss of specific cell functions. Notably, 5% O₂ is very effective in maintaining epithelial morphology
118 and retain hepatic functions for up to 5 days [9]. Due to their necrotic core, spheroids can be
119 alternatively used to model small tumour growth, as angiogenesis has not yet occurred *in vivo* and
120 accurately models an oxygen gradient in a tumour microenvironment. Generally, spheroids are
121 comprised of a single cell/tumour cell type. Whilst spheroids are useful in modelling 3D culture, due
122 to their necrotic core and lack of vasculature, spheroids can be used to model tumour growth. Whilst
123 *in vitro* cultures are not entirely representative of normal tissue, mixed populations of non-
124 transformed cells are possible, as is layering with multiple cell types to recapitulate organ structure.
125 Crucially, spheroids do not spontaneously form organotypic structures or differentiate into more
126 mature tissues.

127 Organoids are a 3D heterogeneous collection of cells, self-organising to recreate organ
128 microanatomy. Organoids self-arrange with a central lumen, allowing for more complete drug
129 penetration and the establishment of a toxicological gradient. Organoids are often derived from
130 tissue resident stem cells, thus making biopsy of the target tissue necessary. This has several
131 disadvantages compared with iPSC-derived models which can be derived from easily accessible cells
132 [10], including collection time, patient consent and the volume of culture material. However,
133 organoids remain a promising nascent model for examining toxicity in multiple tissue types.
134 Moreover, some studies have shown that organoids may be produced from iPSCs and exhibit the
135 phenotype of the patient overcoming this limitation of organoid culture [11]. A study conducted by
136 the Clevers group, has demonstrated that hepatic organoids express a similar level of CYP3A4
137 compared to freshly isolated hepatocytes, and was verified via midazolam metabolism. This study
138 highlighted the potential of hepatic organoids, replicating a clinical level of metabolism, whilst
139 adopting key 3D functions to mimic an *in vivo* system [12].

140

141 Hepatotoxicity

142 The liver is the major site of metabolism and detoxification of xenobiotic compounds, which leads to
143 high incidences of ADRs, therefore hepatotoxicity is a leading cause of attrition in drug development.
144 Human primary hepatocytes (hPH) are considered the gold standard for studying *in vitro*
145 hepatotoxicity though they are not a flawless model. A major limitation of using mature hPH is that
146 they rapidly de-differentiate immediately after the tissue is removed from the patient's blood supply
147 and continue to de-differentiate over approximately one-week post-isolation in culture [13].
148 Moreover, de-differentiation causes a large reduction in expression of key hepatic proteins, e.g.
149 cytochromes P450 and other key phase I/II enzymes and transporters, which directly affect drug
150 metabolism and therefore the validity of the cell model.

151 To overcome the limitations of hPH stability *in vitro*, a more physiologically relevant and stable
152 model is required to measure the long-term effects of drug induced toxicity. Immortalised cell lines,
153 such as HepG2 and HepaRG cells can be used, primarily due to their highly proliferative nature and
154 ease of culture. However, these cell lines are far less physiologically relevant compared to hPHs
155 often lacking many key hepatic proteins. iPSC-derived hepatocyte-like cells (iPSCHLCs) are a potential
156 'Goldilocks' model combining the replicative nature of cell lines with the potential for close
157 physiological relevance offered by primary cells. They are also able to maintain the phenotype of a
158 single donor allowing repeat experiments under similar genetic conditions, something that is
159 typically not possible with primary cells. Despite their promise, iPSCHLCs do not currently fully
160 recapitulate the phenotype of freshly-isolated hPHs, and, like hPH, do not proliferate when
161 differentiated. However, only a few phenotypic markers are used, which suggests an inadequate
162 benchmark for hepatocyte phenotyping [3].

163 The phenotype of hepatic models can be examined using drugs previously known to be metabolised
164 by specific enzymes. Several key drugs were analysed, namely, phenacetin (CYP1A2), diclofenac
165 (CYP2C9), omeprazole (CYP2C19), metoprolol (CYP2D6) and midazolam (CYP3A4) [14]. HepaRG and
166 iPSC-HLCs displayed similar metabolic rates after 8 days, except in the case of CYP3A4 dependant
167 metabolism, where iPSC-HLCs showed substantially higher metabolism (Table 1). The iPSCHLCs
168 demonstrated stable metabolic rates of all tested cytochromes P450 until day 29, except for CYP3A4
169 which showed a sharp decrease to levels similar to those observed in HepaRG cells at day 9 (Table 1).

170 iPSC-HLCs have shown early success in safety assessments, particularly with regard to their ability to
171 reproducibly model diseased phenotypes. High throughput screening is widely applied in drug
172 development to prioritise lead molecules, to decrease animal use [15], allowing for Tox21/ToxCast
173 programs to aid decision making [16] during drug discovery. The necessity to generate data on the
174 potential toxicity of at least 30'000 compounds, is expected to require up to 10 million animals [17].
175 In one study, iPSCs were derived from patients with α 1antitrypsin (A1AT) deficiency [18], and
176 through high-throughput screening, a compound that significantly reduced defective A1AT within
177 the cytoplasm was identified [19]. As a result, iPSCs from diseased donors are being investigated for
178 other conditions, including: hypercholesterolemia [20], glycogen storage disease [20-23], Gaucher's
179 disease [24], hereditary tyrosinemia [20], hereditary cholestasis [18] and defective mitochondrial
180 respiratory chain complex disorder [23].

181 Human skin-derived precursors (hSKP) are a multipotent stem cell line that can be differentiated
182 towards a hepatic fate (hSKP-HPC). The response of hSKP-HPC to paracetamol (APAP) was recently
183 examined using qPCR analysis [25]. Notably, CYP3A5, a foetal isoform of CYP3A4, demonstrated a
184 15-fold increase in hSKP-HPC upon APAP exposure demonstrating the capacity for induction of key
185 metabolic enzymes in these cells [20]. Basal levels of several CYPs in hSKP-HPC have been found to

186 be minimal [26], however, it has been hypothesised that the CYP expression may fluctuate
187 depending on the xenobiotic to which they are exposed.

188 Like most cells, stem cells are currently most commonly cultured in 2D conditions. This is a major
189 limitation, since these models cannot completely mimic the physiology of an *in vivo* system e.g. no
190 connective tissue or presence of extracellular matrix. 2D systems have contributed to a poor
191 standard of pre-clinical *in vitro* hepatotoxicity assays. Consequently, more than 90% of drugs that
192 yield positive data during *in vitro* preclinical studies fail the safety margins required in subsequent
193 clinical trials. As a result of a lack of key phenotypic properties in 2D models, 3D models are currently
194 being explored to improve the reliability of *in vitro* toxicity assays [26].

195 HepG2 cells in a typical rigid 3D culture show improved hepatic functions over monolayer cultures in
196 terms of glycogen storage, bile salt transportation, development of bile canaliculi and increased
197 expression of CYP3A4, CYP2E1, CYP2C9, CYP2C19, CYP2D6 and UGT1A1 [26]. Drug-induced
198 cholestasis (DIC) is measured *in vitro* by the compound's ability to inhibit bile salt export pump
199 (BSEP), however, DIC is typically complex, multifactorial and delayed in its manifestation [27-29], and
200 therefore innovative toxicity models are required. Spheroid models formed via hPH and HepaRG
201 cells were dosed with a cholestatic inducing compound; chlorpromazine [30]. Both models displayed
202 DIC related toxicity, whilst the HepaRG spheroid also displayed reduced F-actin expression,
203 indicating chlorpromazine in disrupting structural integrity, which has been implicated in early
204 chlorpromazine-induced cholestasis through oxidative stress [31].

205 Organoid models are being developed in the hope that they will improve upon current 3D models.
206 When compared to human foetal liver progenitor cell derived hepatocytes (hFLPC-HLCs) human liver
207 organoids showed far greater urea and albumin production. After 21 days human liver organoids
208 produced approximately 4.4-fold higher albumin concentrations and 4.0-fold higher urea
209 concentrations than hFLPC-HLCs. These results show that organoids are potentially capable of
210 greater physiological relevance than traditional 2D culture systems [32]. It has been suggested that
211 isolated primary hepatocytes can be used to generate branched hepatocyte-like organoids (Hep-
212 Org), when exposed to a variety of small molecules, including RSPO-1 and other Wnt agonists [33].
213 Through biliary ductal cell isolation, it is possible to generate cholangiocyte-like organoids (Chol-
214 Org), which differ greatly from Hep-Org, as shown through RNA analysis, and through lineage
215 tracing, loosely indicates a similarity between primary hepatocytes and Hep-Org, however, Hep-Orgs
216 have shown decreased HNF4a and albumin expression, 2 & 4-fold decrease respectively, whilst Chol-
217 Orgs demonstrated >1000-fold decrease [33]. Notably, genes involved in hepatocyte functions such
218 as cytochrome P450 activity, glycogen metabolism, lipid metabolism, steroid metabolism, urea cycle
219 and complement activation all displayed very similar expression profiles between Hep-Orgs and
220 primary hepatocytes [33].

221 CARDIOTOXICITY

222 iPSC-derived cardiomyocytes (iPSC-CM) have great potential in cardiotoxicity research. They offer an
223 attractive platform to mimic cardiovascular diseases, model early stages of cardiac development and
224 advance predictive toxicology assays *in vitro*. Like other iPSC-derived models iPSC-CMs retain the
225 donor phenotype potentially allowing multiple experiments on rare phenotypes and have been used
226 to model complex channelopathies such as prolonged QT syndrome, catecholaminergic polymorphic
227 ventricular tachycardia and familial hypertrophic cardiomyopathy [34-36], alongside those seen in
228 table 2. The predictive capability of iPSC-CMs is therefore dependent on key structural
229 characteristics and electrophysiology *in vitro*.

230 A key benefit to using iPSC-CMs is phenotypic retention, which is the ability to model drug induced
231 cardiotoxicity in diseased states. Cardiomyocytes were dosed with 1-300 nM of Cisapride, a potent

232 HERG channel blocker, using control human embryonic stem cells (hESC-CMs) and hESC-CMs from
233 long QT syndrome (LQT), hypertrophic cardiomyopathy (HCM) and dilated cardiomyopathy (DCM)
234 patient-derived cardiomyocytes (table 2). Cisapride was observed to provoke early
235 afterdepolarisation (EAD) at different concentrations for each diseased cell type [37]. Nicorandil, a
236 K⁺ channel opener, was next applied to elicit drug-induced responses in disease cell models.
237 Nicorandil has been implicated in shortening the QT interval through increased K⁺ efflux, therefore
238 inducing arrhythmias [38-40]. Upon Nicorandil application to diseased cardiomyocytes, 100 nM was
239 found to both normalise APD prolongation and remove spontaneously occurring EADs. Many studies
240 also reported arrhythmia induction in patients receiving high levels of Nicorandil due to excessive QT
241 shortening [41-43]. Several key disease phenotypes have also been modelled (table 2), with
242 successful toxicology studies performed.

243 In a recent study, embryonic stem cell derived-CMs (ESC-CMs), were exposed to a range of cadmium
244 chloride (CdCl₂) concentrations to induce morphological changes. Consistent with previous studies,
245 significantly higher levels of reactive oxygen species (ROS) were observed in CdCl₂ treated cells
246 compared to control [44-46]. In addition, ESC-CMs displayed sarcomeric disorganisation and
247 disruption, increased nucleoplasmic ratio and nuclear membrane shrinkage [47]. These results are in
248 concordance with *in vivo* studies, in which CdCl₂ disrupts cardiac structure and integrity. These
249 results show that ESC-CMs can recapitulate complex cardiac structure and electrophysiology, which
250 is important for accurate prediction of cardiotoxicity.

251 A critical function of cardiomyocytes is their contractile ability, therefore the effects of E-4031 (a
252 class III antiarrhythmic compound) was considered to examine antiarrhythmic effects.
253 Administration of E-4031 at 30-100nM, resulted in a significant decrease in beating rate (32.7
254 ±1.2/min) vs vehicle control and a decrease in contractile velocity vs vehicle control [48]. The recent
255 work of the Wu group is an important advance as it shows that even for a complex, off-target
256 toxicity such as doxorubicin-induced cardiotoxicity, which likely entails decreased mitochondrial
257 function, perturbed calcium regulation and oxidative stress, it is possible to emulate this using
258 patient-derived single cell iPSC-cardiomyocytes [49]. A critical function of cardiomyocytes is their
259 contractile ability, therefore the antiarrhythmic effects of E-4031(a class III antiarrhythmic
260 compound) were examined. Administration of E-4031 significantly decreased contractile velocity and
261 beating rate in iPSC-CTs (32.7 ±1.2/min) [48]. Dose-dependent doxorubicin toxicity has been
262 successfully modelled in iPSC-CTs, reporting the reported minimum effective concentration of
263 doxorubicin in monolayer iPSC-CM systems is not significantly different from the concentrations
264 achieved in pre-clinical studies, therefore indicating a comparable tolerance to cytotoxins between
265 systems [48], [50-52].

266 A recent study treated cardiomyocyte spheroids with antibiotic, antidiabetic and anticancer drugs
267 [52] The spheroids showed physiologically relevant structure and metabolic functions, as 6/8 known
268 cardiotoxic compounds tested were also detected *in vitro*, therefore, CM spheroids correctly
269 identified 75% of cardiotoxic compounds, compared to clinical data. The study has found 3D cardiac
270 tissue models tested in this manner are more sensitive to cardiotoxicity than traditional viability
271 assays. Another recent study has reported that rosiglitazone; a potent antidiabetic drug, induced
272 severe contractile failures in mice at 10-30 µM [53], when iPSC-CM derived spheroids were treated
273 in a similar manner, the microtissue stopped contracting at 50 µM. This study suggests that
274 spheroids are not currently as sensitive as an *in vivo* model, and whilst they are not a perfect model,
275 they can exhibit physiological changes in response to an insult. Spheroids exhibit action potential
276 propagation, force transduction and contractile tension, which play a critical role in
277 pharmacologically induced responses of cardiomyocytes and show increased expression of cardiac
278 troponin (cTnT) and aMHC [54-56].

279 There are, however, shortcomings with iPSC-CMs which must be overcome to establish a reliable *in*
280 *vitro* model. The maturity of iPSC-CMs must be improved to establish predictive electrical,
281 mechanical and metabolic function. Stem cell differentiation protocols can lead to variability,
282 depending on the protocol used. This can lead to differences in phenotype and variation in the
283 proportion of cell types produced, e.g. atrial-like cells or pacemaker-like cells. A common problem
284 with 3D cardiomyocytes is the extra-cellular matrix effecting the contraction and relaxation of the
285 system which may restrict the ability to contract due to the attachment to a rigid matrix. To negate
286 the effect of a matrix upon 3D-CM's, it is possible to generate 'free-floating' spheroid like structures,
287 e.g., hanging droplet formation, which display beating cardiomyocytes.

288 GASTROINTESTINAL TOXICITY

289 The gastrointestinal (GI) tract plays an important role in xenobiotic bio activation, metabolism and
290 detoxification, as it is enriched with xenobiotic processing proteins. The epithelium of the GI tract
291 has a rapid cell turnover, involving the proliferation of stem cells at the base of the crypt which
292 produce daughter cells that then migrate along the crypt-villus axis. Intestinal stem cells either divide
293 asymmetrically, which leads to one identical daughter stem cell and one transit amplifying cell that
294 initially retains some proliferative capacity, but eventually becomes a committed progenitor. Rarely,
295 stem cells divide symmetrically giving rise to two stem cells. The Wnt target gene leucine rich-
296 repeat-containing G-protein coupled receptor 5 (LGR5) [57] is expressed in cells found at the base of
297 a crypt and is widely believed to label active cycling stem cells. Lineage tracing using LGR5 has shown
298 that all five differentiated intestinal epithelial cells arise from these stem cells: columnar epithelium
299 (mainly absorptive enterocytes), goblet cells, Paneth cells, tuft cells and neuroendocrine cells [58].
300 LGR5 positive cells are located at the base of small intestinal and colonic crypts in crypt base
301 columnar cells, which are thought to be active adult intestinal stem cells [11] and self-renew with an
302 approximately 24-hour cell cycle time [59]. Therefore, LGR5 detection would allow for efficient
303 characterisation of adult stem cells *in vitro*. Whilst adult stem cells are source-limited in comparison
304 to iPSC enteroids, they enable spontaneous formation of organoid structures, maintaining any
305 genetic mutations to model disease states. Also, tissue-derived organoids can be generated more
306 cheaply and with greater efficiency than iPSC enteroids, since differentiation is not required.

307 GI organoids are well established, characterised and have a reliable metabolic profile compared to
308 donor matched tissue [58]. GI organoids are generated via stem cell isolation from the intestinal
309 crypt [60]. Crypt cultures form spherical structures almost immediately, with small buds appearing
310 typically after 5 days [11]. Human-derived GI organoids require culture in differentiation medium to
311 generate all mature cell lineages [61] and there are subtle differences in growth medium and
312 dynamics between small intestinal-derived enteroids and colon-derived colonoids [62]. Multiple
313 phase I/II drug metabolising enzymes and transporters have been identified in enteroids [10]. Stable
314 crypt cultures express high levels of CES1/2, UGT1A1 and key drug transporters ABCC2 & ABCB1A
315 [63].

316
317 Irinotecan is a potent anti-cancer drug, which upon hydrolysis by carboxylesterases (CES) forms
318 the active topoisomerase inhibitor SN-38, which undergoes glucuronidation by UGT1A1 to form
319 SN38G. Cytochrome P450 3A4 (CYP3A4), is one of the most versatile drug metabolising enzymes,
320 accounting for the metabolism of approximately half of all prescribed medications [64] and is
321 responsible for hepatic metabolism of irinotecan. Typically, the bio activation and detoxification of
322 SN-38 has been accredited to hepatic pathways [63], through CYP3A4 metabolism, though CYP3A4 is
323 also present in the GI tract. However, recent studies using gastrointestinal organoids have implicated
324 intestinal CES2 with a greater affinity for irinotecan metabolism than hepatic CES1 [59]. GI organoid
325 mediated irinotecan metabolism can be measured via intra/extra-cellular concentrations of

326 irinotecan/SN-38/SN-38G and can be used to quantify bio activation and detoxification using
327 HPLCMS analysis [65]. Further metabolic studies have shown that the presence of metabolites was
328 detected in the extra-cellular medium, rising in concordance with irinotecan concentration.
329 Intracellular SN-38 was significantly higher than SN-38G, which suggests significant efflux of SN-38G.
330 GI organoids derived from UGT1A1 knockdown mice, retained their genotype and did not express
331 UGT1A1, as a result, SN-38G was not detected [65].

332 Intestinal organoids can replicate typical transport physiology, alongside host-pathogen interactions.
333 Therefore, human intestinal organoids can be employed as a model to understand salt/water
334 transport and diarrhoea-related pathophysiology. Human GI organoids have been shown to express
335 sodium and chloride transporters (NHE3 and DRA respectively), chloride efflux channels (CFTR and
336 BLM NCKCC1), sodium/potassium-ATPase and potassium channels [66].

337 GI organoids are a useful model to create disease states *in vitro*, allowing for genetic and pathogenic
338 influences to be analysed. Activation of cAMP signalling increases the membrane potential in wild
339 type but not CFTR-/- murine organoids [67], upon treatment with forskolin, apical fluid secretion is
340 observed, leading to intestinal cell shrinkage and organoid expansion allowing for a useful model to
341 monitor intestinal CFTR-related fluid secretion [67, 68], which has enabled the development of a pre-
342 clinical screening assay to assess how patients respond to expensive cystic fibrosis drugs [69].
343 Diarrhoea, cholera, rotavirus and enterohaemorrhagic *Escherichia coli* (EHEC) are amongst the major
344 causes of death worldwide [70]. Both cholera and rotavirus inhibit NHE3, by causing the GPCR to
345 remain in an active state, leading to an increase in intracellular cyclic AMP which continually
346 activates the CFTR [71]. Previous studies have also used iPSC-derived organoids in studying rotaviral
347 infection [72]. Human intestinal organoids treated with a calcium/calmodulin kinase kinase 2
348 inhibitor (STO-609) have been found to have significantly lower rotavirus infection, quantified by
349 infectious virus particle production [66]. EHEC infection results in GI damage leading to
350 micropinocytosis induction [72] which is indicative of symptoms found *in vivo*. iPSC-derived human
351 intestinal organoids (HIO) exposed to a known antigen known to induce an identical response to
352 EHEC, undergo large cytoskeletal changes, resembling micropinocytosis, highlighting the utility of GI
353 organoids as an *in vitro* model [67].

354
355 Human colonic organoids, isolated from healthy and adenocarcinoma tissue have been used to
356 screen compounds, to establish their effect on patients with different genomes. Adenocarcinomic
357 organoids derived from patients that exhibited a loss-of-function mutation in TP53 showed
358 resistance to MDM2 inhibitor nutlin-3a, whilst 'healthy' organoids showed cell death. This has been
359 further demonstrated when organoids from colonic tumours expressing KRAS mutations, exhibited a
360 resistance to cetuximab (anti-EGFR inhibitor) [73]. Through genome sequence analysis, performed
361 on organoids derived from a patient diagnosed with gastric cancer and metastasis, the presence of
362 TFGBR2 was identified as a genetic factor for increased risk of metastasis [74]. Utilising CRISPR-Cas9,
363 colorectal organoids can be effective in pre-clinical drug screening assays. In a KRAS wild-type colon
364 tumouroid cell line that was sensitive to combinational therapy (EGFR and MEK inhibitors), the
365 introduction of a KRAS^{G12D} mutation via CRISPR resulted in a loss of drug sensitivity. As the genetic
366 makeup of these isogenic lines can be said to be identical before genome editing, this finding proved
367 that it was indeed the RAS status of the tumour that was responsible for the loss of drug sensitivity.
368 Therefore, CRISPR-guided genetic modification of organoids can serve to strengthen conclusions
369 based on large drug screens [75], however, this technology is best served once the mechanism
370 behind the disease is known. Modified isogenic cells provide little information in detecting ADRs that
371 were not detected in humans during pre-clinical testing. Isogenic cells can however provide a very
372 useful resource upon confirming a genetic disposition towards ADRs.

373 **CONCLUSION**

374 Patient-derived iPSC/hESCs can play a role in drug discovery and preclinical toxicity testing for the
 375 treatment of patients with gastrointestinal, cardiovascular, and liver diseases. Current drug testing
 376 platforms, such as animal studies and human clinical trials are not comprehensive, therefore human
 377 iPSCs may provide an advantage which can enhance the current approaches to drug toxicology
 378 studies. Moreover, the ability of human iPSCs to simulate organ systems *in vitro* may allow studying
 379 the effects of drug metabolites on various cell types. Many studies have utilised iPSC-based systems,
 380 in both 2D and 3D, to identify potential adverse drug reactions through disease modelling,
 381 metabolism studies and proteomic studies. Due to the phenotypic retention of iPSCs, efficiency of
 382 differentiation and epigenetic shadowing, disease states can be modelled, allowing for patient-
 383 specific *in vitro* analysis. Whilst the application of iPSCs in toxicity testing and drug development
 384 represent a very advanced and practical use of stem cells, the acceptance and incorporation of the
 385 pharmaceutical industry to implement a new approach to current methods will be a slow process
 386 [76]. Whilst iPSC-derived hepatocytes are a valuable resource, they are not yet considered to be a
 387 ‘perfect’ mature hepatocyte, which may limit their use *in vitro*, despite their many advantages: cost-
 388 effectiveness, an unlimited source of hepatocytes, and the potential of high-throughput screening.

389 Organoids are another promising model for *in vitro* toxicity, currently there are several issues
 390 preventing their widespread use. Organoids are fragile in culture since they rely on a gel-like scaffold
 391 of BME-2 or Matrigel to grow, limiting their scale up efforts. Another concern is that the organoid
 392 culture methodology is currently under patent, which may potentially limit their availability to be
 393 used commercially. With the current technology available, it is unlikely iPSC/ESC-derived systems
 394 and patient derived organoids are ready to replace animal models, this is mainly due to the
 395 complexity of recreating an *in vivo* system where every tissue is represented. Organoids cannot
 396 recreate a fully vascularised system and incorporate multiple cell types, e.g., macrophages and
 397 fibroblasts. In the future, we hope the field can advance in such a manner that allows for the co-
 398 culture of organoids with other cell types whilst retaining a physiologically relevant structure. The
 399 flaws listed however are synonymous amongst most *in vitro* systems and not exclusive to stem cell
 400 systems. In conclusion, no current system can be said to be perfect, but due to the advantages and
 401 flexibility of stem cell systems, in both 2D and 3D, they are likely to be very useful to model toxicity
 402 *in vitro*, and in the future will feature more prominently in toxicity studies. In this review we have
 403 discussed how stem cell models as *in vitro* pre-clinical assays are rapidly evolving. These systems are
 404 sensitive to specific genome modification and the assessment of a patient’s susceptibility to a drug
 405 before clinical exposure. Rapid advancement of these systems to accurately predict patient
 406 response, particularly in the liver, heart and GI systems, will greatly accelerate the advancement of
 407 drugs from their development to clinical use, as these organs express the greatest abundance of key
 408 drug metabolising enzymes and consequently show the greatest susceptibility to ADR’s.

409

Cell Model	Day	Cells per well $\times 10^5$	Drug Oxidation Activity				
			pmol products/hour/ 1×10^5 cells				
			CYP1A2	CYP2C9	CYP2C19	CYP2D6	CYP3A4
HepaRG	8	1.8	0.93±0.03	0.040±0.004	4.1±1.0	11±2.0	20±2.0
iPSC #1	8	1.5	0.93±0.24	0.004±0.001	1.2±0.20	7.0±2.0	94±20.0

	29	1.1	1.2±0.10	0.053±0.006	7.9±0.80	24±4.0	26±2.0
iPSC #2	8	1.5	0.78±0.19	0.002±0.0004	1.0±0.10	4.4±1.1	77±6.0
	29	1.3	1.2±0.10	0.027±0.005	6.5±0.70	16±1.0	24±3.0

410 Table 1: Enzyme metabolic rates, depending on the concentration of product produced, comparing
411 immortalised HepaRG cells against iPSC-Hep cell lines [14], showing the different systems responding
412 to a known compound over 8 and 29 days. iPSCs responded in a far more stable manner over 29
413 days, as HepaRG cells metabolic rates were too low to measure.

414

Disease	Tested Drug(s)
LQT1	Propranolol [77], isoprenaline [78]
LQT2	Nifedipine [38], propranolol [79], Allele specific siRNA [80], cisapride [81]
LQT8	Roscovitine[39]
CPTV1	Isoprenaline, forskolin [35]
DCM	Metoprolol, norepinephrine [82]
HCM	Propranolol, verapamil, nifedipine [36]
ARVC	Nifedipine [83], Isoproterenol [84]

415 Table 2 – Cardiac diseases which have been modelled in vitro using iPSC-CMs. Many drugs have been
416 tested using disease state iPSC-CMs.

417

418

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420 References

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