

# Determination of Corneal Biomechanical Behaviour In-vivo for Healthy Eyes Using CorVis ST Tonometry: Stress-Strain Index

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32 **Abstract**

33 **Purpose:** This study aims to introduce and clinically validate a new algorithm that can  
34 determine the biomechanical properties of the human cornea in vivo.

35

36 **Methods:** A parametric study was conducted involving representative finite element models  
37 of human ocular globes with wide ranges of geometries and material biomechanical behaviour.  
38 The models were subjected to different levels of intraocular pressure (IOP) and the action of  
39 external air puff produced by a non-contact tonometer. Predictions of dynamic corneal response  
40 under air pressure were analysed to develop an algorithm that can predict the cornea's material  
41 behaviour. The algorithm was assessed using clinical data obtained from 480 healthy  
42 participants where its predictions of material behaviour were tested against variations in central  
43 corneal thickness (CCT), IOP and age, and compared against those obtained in earlier studies  
44 on ex-vivo human ocular tissue.

45

46 **Results:** The algorithm produced a material stiffness parameter (Stress-Strain Index or SSI)  
47 that showed no significant correlation with both CCT ( $p > 0.05$ ) and IOP ( $p > 0.05$ ), but was  
48 significantly correlated with age ( $p < 0.01$ ). The stiffness estimates and their variation with age  
49 were also significantly correlated ( $p < 0.01$ ) with stiffness estimates obtained earlier in studies  
50 on ex-vivo human tissue.

51

52 **Conclusions:** The study introduced and validated a new method for estimating the in vivo  
53 biomechanical behavior of healthy corneal tissue. The method can aid optimization of  
54 procedures that interfere mechanically with the cornea such as refractive surgeries and  
55 introduction of corneal implants.

56

57

## 58 Introduction

59 The ability to determine corneal biomechanical properties in-vivo is of great clinical  
60 importance as it can help optimise several treatments and management procedures that interact  
61 or interfere mechanically with the eye. Examples include measurement of intraocular pressure  
62 (IOP) for effective glaucoma management (Kaushik et al., 2012;Elsheikh et al., 2015),  
63 refractive surgery planning (Roberts, 2002;Pepose et al., 2007), keratoconus risk profiling  
64 (Ortiz et al., 2007;Ambrosio et al., 2017a), optimisation or judging different protocols of  
65 collagen cross-linking treatments (Goldich et al., 2012), pre-op evaluation of refractive surgery  
66 re-treatment, selection of intracorneal ring implants and even design of soft contact lenses  
67 where the mechanical interaction between the lens and the anterior eye is currently not  
68 considered.

69

70 A main challenge in estimating the corneal biomechanical behaviour in vivo stems from the  
71 difficulty in separating the effects of this behaviour from those of the IOP on ocular response  
72 to mechanical stimuli. This challenge has made it difficult to produce accurate IOP estimates,  
73 that are free of the effects of corneal biomechanics (Liu and Roberts, 2005), and the same  
74 challenge exists in determining the tissue's biomechanics that are free of the effects of IOP.  
75 Nevertheless, the compound nature of this challenge has meant that finding a solution for either  
76 IOP or corneal biomechanics would lead to a solution for the other problem.

77

78 What complicates matters further is that the stress-strain behaviour of biological tissue,  
79 including cornea and sclera, is nonlinear (Ethier et al., 2004;Elsheikh et al., 2007), and  
80 therefore the tangent modulus ( $E_t$ ) – a measure of material stiffness – does not have a constant  
81 value, but increases with stress and strain. This effectively means that as the IOP in the eye  
82 increases, the stress and strain to which the eye is subjected increases, causing a rise in the  
83 tangent modulus. Therefore, the problem is not only that the effects of IOP and corneal  
84 biomechanics on eye behaviour are difficult to separate; IOP also effects the immediate corneal  
85 stiffness.

86

87 A positive development towards achieving a solution to this problem was the introduction of  
88 the biomechanically-corrected IOP (bIOP) estimates based on the CorVis ST (OCULUS  
89 Optikgeräte GmbH; Wetzlar, Germany) output (Elsheikh et al., 2015). The bIOP algorithm was  
90 developed using a combination of numerical modelling, experimental and clinical validation  
91 (Elsheikh et al., 2010a;Joda et al., 2016), as well as corneal deformation parameters (measured  
92 by the CorVis ST) to reduce the effect of stiffness on IOP estimates (Eliasy et al., 2018). With  
93 the bIOP shown in earlier studies to be less correlated with the cornea's stiffness parameters  
94 than both GAT and the uncorrected CorVis ST IOP (CVS-IOP) measurements (Chen et al.,  
95 2018), this study takes the next logic step in providing estimates of the material mechanical  
96 behaviour.

97

98 This step is taken in this study where the emphasis is on an algorithm that can provide an  
99 estimate of the whole stress-strain behaviour that would, in turn, enable determination of Et  
100 under any IOP, and would ultimately be suitable for use in numerical simulation exercises to  
101 exploit the benefits of material characterisation in clinical applications such as refractive  
102 surgery planning or cross-linking therapy optimisation.

103 *Hypothesis: The study was based on the hypothesis that a biomechanical CorVis index can be*  
104 *numerically developed and shown to be almost independent of CCT and IOP but maintained*  
105 *positive correlation with age in healthy patients.*

106

## 107 **Methods**

108 The study relied on numerical models of the full eye globe subjected to both IOP and the air  
109 pressure of the CorVis ST. The models enabled simulation of wide ranges of ocular  
110 topography, thickness profiles, IOP values and material behaviour trends that extend beyond  
111 those seen in ophthalmic practice or reported in the literature. The analysis resulted in  
112 predictions of corneal deformation and CorVis output parameters for each combination of the  
113 input parameters, and these predictions were used to develop an algorithm providing estimates  
114 of the tissue's material behaviour as a function of the cornea's geometric parameters, the IOP  
115 measurement and the CorVis output parameters. The algorithm was then validated by assessing  
116 the correlation between its material stiffness predictions and patient age in two clinical datasets,  
117 and against earlier results of inflation experiments on ex-vivo human eyes (Eliasy et al., 2018).

118

### 119 ***Numerical Modelling***

120 Finite element models of full eye globes were developed by a bespoke ocular mesh-generator  
121 software tool (developed in house (Whitford et al., 2015)) and analysed using Abaqus 6.14 FE  
122 solver (Dassault Systèmes Simulia Corp., Providence, RI, USA), Figure 1. The models  
123 included 65712 six-noded, continuum C3D6H elements, connected by 65716 nodes, and  
124 organized in 25 cornea element rings and 124 sclera element rings, Figure 2.

125

126 Rigid-body motion of the models was prevented by restricting the equator nodes in the anterior-  
127 posterior direction, and the corneal apex in both the superior-inferior and temporal-nasal  
128 directions, Figure 2. The models had a fluid cavity filled with an incompressible fluid with a  
129 density of 1000 kg/m<sup>3</sup> to simulate the aqueous and vitreous and their incompressible behaviour  
130 (Villamarin et al., 2012). IOP was applied and varied in the model through controlling the  
131 pressure in this internal fluid. This technique enabled the internal eye pressure to vary from the  
132 initial IOP according to the deformation experienced under the CorVis air pressure. At the start  
133 of the analysis, the stress-free form of each model, which corresponded with a state under IOP  
134 = 0 mmHg, was reached using an iterative process (Elsheikh et al., 2013) before applying IOP  
135 followed by the CorVis air pressure.

136

137 The eye model was divided into four regions incorporating the cornea, limbus, anterior sclera  
138 and posterior sclera, with different stress-strain behaviour patterns. Third-order, hyper-elastic  
139 Ogden models were used to represent the ocular tissue's mechanical behaviour as obtained in  
140 previous experimental studies where correlation between stress-strain behaviour and age was  
141 reported (Elsheikh et al., 2010b; Geraghty et al., 2012). Moreover, scleral regional variation in  
142 stiffness, with a gradual reduction in stiffness from the limbus towards the posterior pole, was  
143 incorporated in the numerical models (Elsheikh et al., 2010a).

144

### 145 ***CorVis Simulation***

146 The air puff of the CorVis was applied on ocular numerical models as per the results of  
147 experiments provided by the manufacturer and depicted in Figure 3 (Elsheikh et al., 2009). The  
148 results indicated a maximum air pressure of 95 mmHg at corneal apex, reducing away from the  
149 apex to a zero value at 4mm radius. Figure 3B shows the profile of pressure applied by the  
150 CorVis on the cornea, which starts with a 5 ms stage with relatively low pressure followed by  
151 a fast rise then fall of pressure within approximately a 22 ms period.

## 152 153 *Parametric study*

154 The numerical models were used in a parametric study that covered wide variations in IOP,  
155 geometry and material parameters. IOP varied between 10 and 30 mmHg (in steps of 5 mmHg),  
156 covering the values commonly seen in ophthalmic practice, while central corneal thickness  
157 (CCT) varied between 445 and 645 microns (in steps of 50 microns). These values of CCT  
158 covered and slightly extended beyond the ranges reported in clinical studies, while corneal  
159 curvature was fixed at 7.8mm (Dubbelman et al., 2002;Belin and Khachikian, 2006;Gilani et  
160 al., 2013). The peripheral corneal thickness (PCT) was assumed larger than CCT by 150  
161 microns (Avitabile et al., 1997;Ambrosio et al., 2006) with a linear growth in thickness between  
162 the two, and in the sclera, the thickness varied linearly from PCT at the limbus, to 80% of PCT  
163 at the equator and 120% of PCT at the posterior pole, based on findings of an earlier  
164 experimental study (Elsheikh et al., 2010a). The optic nerve head was not simulated in the  
165 models as its effect on corneal behaviour was expected to be insignificant.

166  
167 In order to consider variations in the tissue's material properties, experimental stress-strain  
168 behaviour obtained in earlier studies (Elsheikh et al., 2010b;Geraghty et al., 2015) by the  
169 Biomechanical Engineering Group was assessed and found to follow the similar trends  
170 depicted in Figure 4b, rather than the intersecting trends shown in Figure 4a. This feature meant  
171 that different stress-strain curves could be obtained from each other while applying a simple  
172 stretching factor as a multiplier to all strain values. This factor, called in this study the Stress  
173 Strain Index, or SSI, was taken as 1.0 for the average experimental behaviour obtained for  
174 corneal tissue with age = 50 years (Elsheikh et al., 2010b). Higher values of SSI would then be  
175 indicative of higher tissue stiffness, and vice versa.

176  
177 The average behaviour of 50 year old tissue was determined experimentally as (Elsheikh et al.,  
178 2010b):

$$179 \quad \sigma = 1.26 \times 10^{-3} \times (e^{102.9 \times \epsilon} - 1) \quad (Eq.1)$$

181 As this  $\sigma - \epsilon$  behaviour is approximately exponential, the resulting  $E_t - \sigma$  behaviour would be  
182 almost linear. This feature enabled making the changes in Stress-Strain Index (SSI)  
183 proportional to the changes in  $E_t$  at any stress level as depicted in Figure 4c. The parametric  
184 study considered variations in SSI from 0.30 to 3.00, representing a range of stiffness from  
185 very soft to very stiff, respectively.

186  
187 At the end of each simulation, the eye model's deformation under IOP and CorVis ST pressure  
188 was recorded and used to predict values of the main CorVis corneal deformation parameters,

189 including the highest concavity radius, maximum deflection, first applanation pressure and first  
190 applanation deflection (Nemeth et al., 2013;Roberts et al., 2017).

191

### 192 ***Algorithm to estimate SSI parameter***

193 The input parameters of the numerical models (CCT, true IOP, SSI) and the output parameters  
194 (bIOP and CorVis deformation parameters) were used to derive an algorithm that provides  
195 estimates of SSI based on values of CCT, CorVis parameters and bIOP (the biomechanically-  
196 corrected IOP taken as a close representation of true IOP). The CorVis parameters were used  
197 first to provide values of the stiffness parameter at highest concavity (SP-HC). SP-HC was  
198 developed in an earlier study, is currently provided as a CorVis output, and has been shown to  
199 be strongly correlated to the cornea's overall stiffness:

$$200 \quad \text{SP-HC} = \frac{\text{AdjAP1-bIOP}}{\text{Deflection}_{\text{max}} - \text{Deflection}_{\text{A1}}} \quad (\text{Eq. 2})$$

201

202 where *AdjAP1* is the pressure measured at first applanation previously quantified using hot  
203 wire anemometry (Roberts et al., 2017);  $\text{Deflection}_{\text{max}}$  is the amplitude of corneal apex  
204 deflection at the highest concavity; and  $\text{Deflection}_{\text{A1}}$  is the deflection amplitude of corneal apex  
205 at first applanation. The least squares method was then used to develop an algorithm to  
206 determine SSI as a function of the numerical modelling input and output parameters; CCT,  
207 bIOP and SP. The method adopted the objective function:

$$208 \quad \text{RMS} = \min \sqrt{\frac{1}{N} \sum_{i=1}^N (SSI_i^{\text{Algorithm}} - SSI_i^{\text{Numerical}})^2} \quad (\text{Eq. 3})$$

209 Where *RMS* is the root mean square of the error, *N* is number of data points, *i* is the counter,  
210  $SSI^{\text{Algorithm}}$  is the value obtained from the algorithm,  $SSI^{\text{Numerical}}$  is the value set in the numerical  
211 models

212

### 213 ***Clinical Data and Validation***

214 The SSI algorithm was assessed against clinical data obtained from 480 healthy participants  
215 enrolled at the Vincieye Clinic in Milan, Italy (Dataset 1, 253 patients) and Corneal  
216 Tomography and Biomechanics Study Group – Rio de Janeiro, Brazil (Dataset 2, 227 patients).  
217 Institutional review boards at the two institutions ruled that approval was not needed for this  
218 record review study. However, ethical approval for using the data in research had been secured  
219 at both institutions when the data was collected, anonymised and used in earlier studies  
220 (Vinciguerra et al., 2016;Ambrosio et al., 2017b), before which participants' informed and  
221 written consent was secured before collecting the data. Nevertheless, the ethical standards set  
222 out in the 1964 Declaration of Helsinki, and revised in 2000, were observed. All patients were  
223 evaluated with a complete ophthalmic examination, including the Corvis ST and Pentacam  
224 (OCULUS Optikgeräte GmbH; Wetzlar, Germany). All patients were free of any ophthalmic  
225 disease, with a Belin/Ambrósio Enhanced Ectasia total deviation index (BAD-D) derived from  
226 the Pentacam of less than 1.6 standard deviations (SD) from normative values in both eyes.  
227 Patients with previous ocular surgery or disease, myopia less than -10D, concurrent or previous  
228 glaucoma or hypotonic therapies were excluded.

229

230 All Corvis ST exams were acquired by the same experienced technicians with good quality  
 231 (QS) scores that enabled calculation of all CorVis dynamic corneal response parameters  
 232 (DCRs). Moreover, a frame-by-frame analysis of the exams, was performed by an independent  
 233 masked examiner, to ensure quality of each acquisition. Only one eye per patient was randomly  
 234 included in the analysis to avoid the bias of the relationship between bilateral eyes that could  
 235 influence the analysis result. Any CorVis readings with visible rotational misalignment in the  
 236 corneal profile were excluded from the analysis.

237

238 The clinical data were used to validate the SSI algorithm via testing the hypothesis that SSI  
 239 would not be correlated with corneal thickness or IOP but be dependent on age (because of  
 240 age's correlation with material stiffness (Elsheikh et al., 2010b)).

241

### 242 ***Ex-vivo Data and Validation***

243 As another form of validation, the correlation between SSI and age that has been established  
 244 in the two clinical datasets was compared to what had been found in an earlier study involving  
 245 inflation tests on ex-vivo human corneas (Girard et al., 2009;Elsheikh et al., 2010b). The study,  
 246 which involved 57 corneas tested under inflation conditions with a posterior pressure  
 247 simulating IOP, resulted in a stress-strain relationship of the form:

$$248 \quad \sigma = A[e^{B\varepsilon} - 1] \quad (\text{Eq.4})$$

249

250 Where  $\sigma$  = stress,  $\varepsilon$  = strain,  $A = 1.26 \times 10^{-3}$  and  $B = 0.0013 \text{ age}^2 + 0.013 \text{ age} + 99$ . Both  
 251 parameters of A and B are dimensionless. Differentiating Equation 1 with respect to the strain  
 252 leads to:

$$253 \quad E_t = \frac{d\sigma}{d\varepsilon} = AB e^{B\varepsilon} = B(\sigma + A) \quad (\text{Eq.5})$$

254

255 where  $E_t$  = tangent modulus. At the specific case with age = 50 years (at which SSI = 1.0), B  
 256 = 102.9. Since the ratio between  $E_t$  at any age and  $E_t$  at age = 50 equals the ratio between SSI  
 257 at this age and SSI at age 50 years, which is 1.0, therefore SSI at any age x can be determined  
 258 from:

$$259 \quad \frac{SSI_{\text{age } x}}{SSI_{50}=1.0} = \frac{E_t(\text{age } x)}{E_t(\text{age } 50)} \quad (\text{Eq.6})$$

260 This value of SSI, based on ex-vivo results and given in terms of age, has been compared to  
 261 the values of SSI obtained from analysis of the in vivo results, obtained from the two clinical  
 262 datasets.

263

### 264 **Statistical Analysis**

265 Statistical analyses were carried out using IBM SPSS Statistics 24. Data were expressed as  
 266 mean, standard deviation and range. Pearson correlation analysis was performed to study the  
 267 relationships of corneal thickness (CCT), age and IOP with the SSI parameter. In this analysis,  
 268 p values smaller than 0.05 were considered to be indicative of statistical significance.

269

## 270 **Results**

### 271 ***Stress-Strain Index (SSI) algorithm***

272 The least squares method was used to develop an algorithm that can estimate the value of the  
273 SSI parameter based on the numerical modelling input and output parameters CCT, bIOP and  
274 SP-HC. The method resulted in a minimum RMS error of  $\pm 3\%$  when the algorithm took the  
275 form:

$$276 \text{SSI} = f(a_1 + a_2 C_1 + a_3 C_2 + a_4 C_1^2 + a_5 C_1 C_2 + a_6 C_2^2 + a_7 C_1^3 + a_8 C_1^2 C_2 + a_9 C_1 C_2^2 + C_2^3 + \\ 277 \ln(\text{SP-HC}))$$

278 (Eq.7)

279 where  $C_1 = \text{CCT}/545$ ,  $C_2 = \text{bIOP}/20$ ,  $\ln(\text{SP-HC})$  the natural logarithm of the stiffness parameter  
280 at highest concavity, and  $a_1$  to  $a_9$  constants determined by fitting Equation 7 to the numerical  
281 input and output values, Table 1.

282

### 283 ***Clinical Validation***

#### 284 Dataset 1 (Milan)

285 Participants included in Dataset 1 had a mean age of  $43.3 \pm 16.6$  (8-87) years, CCT of  
286  $539.3 \pm 33.2$  (454-629) microns and bIOP of  $14.3 \pm 2.6$  (7.7-29.3) mmHg. Analysis of CCT,  
287 bIOP, age and SSI values confirmed the hypothesis that SSI was not dependant on CCT ( $p =$   
288  $0.792$ ) or IOP ( $p = 0.745$ ) but significantly correlated with age ( $P < 0.01$ ), Figure 5. Statistical  
289 analysis was performed using Pearson correlation for bIOP and CCT as the data were normally  
290 distributed and with Spearman's rho correlation for age where the data were not normally  
291 distributed.

292

#### 293 Dataset 2 (Rio)

294 In Dataset 2, participants had a mean age of  $39.9 \pm 16.7$  (7-81) years, CCT of  $543.8 \pm 29.4$  (454-  
295  $621$ ) microns and bIOP of  $14.5 \pm 2.3$  (9.8-24.3) mmHg. Similar to Dataset 1, the analysis  
296 showed that SSI was not dependant on CCT ( $p = 0.599$ ) or bIOP ( $p = 0.281$ ), but was  
297 significantly correlated with age ( $P < 0.01$ ), Figure 6. Statistical analysis was performed using  
298 Pearson correlation with bIOP and CCT and Spearman's rho correlation with age for the  
299 reasons described above.

300

#### 301 Combined Datasets

302 In order to increase the statistical power of results, the analysis was repeated while combining  
303 the two datasets. In this analysis, participants had a mean age of  $40.6 \pm 17.1$  (7-87) years, CCT  
304 of  $541.5 \pm 32.43$  (454-629) microns and bIOP of  $14.7 \pm 2.4$  (7.7-29.3) mmHg. Similar to the  
305 analysis conducted above, statistical comparisons showed that SSI was not dependant on CCT  
306 ( $p = 0.999$ ) or bIOP ( $p = 0.480$ ), but was significantly correlated with age ( $p < 0.01$ ). The analysis  
307 was performed using Pearson correlation with bIOP and CCT and Spearman's rho correlation.

308

309 ***Validation against ex-vivo inflation test results***

310 The relationship between SSI and age plotted in Figures 5c and 6c for Datasets 1 and 2,  
311 respectively, is re-plotted in Figure 7 and compared with the relationship based on ex-vivo  
312 inflation test results (Elsheikh et al., 2007). The comparison shows close correlation between  
313 the two relationships with the differences being  $0.09\pm 0.20$  ( $p < 0.01$ ) and  $0.10\pm 0.21$  ( $p < 0.01$ )  
314 for Datasets 1 and 2, respectively. Statistical analysis was performed using Spearman's rho  
315 correlation as the data were not normally distributed.

316

317 **Discussion**

318 This paper attempts to address a long-standing challenge related to the in-vivo measurement of  
319 corneal biomechanics, and in doing so it attempts to overcome two major obstacles. First, the  
320 nonlinear nature of the tissue behaviour makes it necessary to determine the whole stress-strain  
321 behaviour, rather than a tangent modulus value which would be valid only at a particular level  
322 of stress or strain. This obstacle was overcome through an observation that stress-strain  
323 relationships obtained earlier for ex-vivo ocular tissue had similar trends that saw almost  
324 proportional decreases in strain with increases in tissue age. By taking the behaviour of corneal  
325 tissue at age 50 years as the benchmark, at which the new SSI parameter was assumed equal to  
326 1.0, other stress-strain relationships for stiffer or softer material could be derived by  
327 multiplying the strain values by the relevant value of the SSI parameter.

328

329 The second challenge stems from the effect of IOP and corneal thickness on corneal  
330 deformation under the action of internal or external mechanical actions. However, while the  
331 effect of corneal thickness on overall behaviour is large, it can be estimated and removed as  
332 the thickness and its effect can be measured and excluded accurately. On the other hand, IOP  
333 presents a more difficult challenge since IOP measurement methods – through tonometry – are  
334 affected by corneal stiffness, creating a challenging dilemma with the stiffness affecting IOP  
335 measurement and IOP affecting corneal mechanical behaviour, which is used to estimate the  
336 stiffness. In this study, this challenge was addressed through consideration of a Corvis  
337 parameter – the stiffness parameter, SP-HC – which is more strongly correlated with corneal  
338 stiffness than IOP. For brevity, SSI is intended to be independent of IOP and corneal geometry  
339 and is needed to estimate the material stiffness, hence it is not the same as Stiffness Parameter  
340 (SP).

341

342 The new SSI algorithm was generated based on predictions of corneal behaviour using finite  
343 element (FE) numerical modelling simulating the effects of IOP and Corvis ST air puff. The  
344 algorithm was then validated through assessment of its correlation with IOP, CCT and age in  
345 two large clinical datasets. As expected, SSI was found to be independent of both IOP ( $p =$   
346  $0.745$  in Dataset 1,  $p = 0.281$  in Dataset 2) and CCT ( $p = 0.792$  in Dataset 1,  $p = 0.599$  in Dataset  
347 2), while being correlated with age ( $p < 0.01$  in Dataset 1,  $p < 0.01$  in Dataset 2), which, in turn,  
348 was found earlier – in an experimental study on ex-vivo human eyes) to be strongly associated  
349 with material stiffness (Elsheikh et al., 2007).

350

351 Another validation exercise was conducted by comparing the relationship between SSI and age  
352 established in the two datasets against the results of the earlier ex-vivo study (Elsheikh et al.,

353 2010b). The comparisons showed there were no significant differences between the  
354 relationships ( $p < 0.01$  in both Datasets 1 and 2).

355

356 The introduction of the SSI algorithms in clinical practice could enable customisation of the  
357 diagnosis and management of ocular diseases and allow optimisation of clinical procedures  
358 that either interact or interfere mechanically with the eye. With successful validation, SSI could  
359 help in identifying eyes with keratoconus, possibly increasing the sensitivity and specificity of  
360 indexes such as the Corvis Combined Biomechanical Index (CBI) (Vinciguerra et al., 2016) or  
361 the Tomography and Biomechanical Index (TBI) (Ambrosio et al., 2017b). Moreover, it could  
362 help in the detection of patients with higher risk or susceptibility for ectasia development or  
363 progression after refractive surgery and could aid in surgery planning. (Ambrosio et al., 2017a)

364

365 Glaucoma management could also benefit from the accurate measurement of corneal  
366 biomechanics (Kaushik et al., 2012). Among the factors that influence the accuracy of IOP  
367 measurement is the corneal tissue's mechanical stiffness, and therefore quantifying the stiffness  
368 using the SSI algorithm could lead to improvements in IOP measurement and possibly better  
369 glaucoma management outcomes (Liu and Roberts, 2005).

370

371 There have been previous attempts to measure corneal mechanical properties in vivo. These  
372 included the Corneal Hysteresis (CH) and Corneal Resistance Factor (CRF) produced by the  
373 Ocular Response Analyzer (ORA) (Luce, 2005), and the Stiffness Parameter (SP) (Roberts et  
374 al., 2017) by the CorVis. These parameters were correlated with the diagnosis of keratoconus  
375 and showed significant increases after collagen cross-linking (CXL) (Bak-Nielsen et al., 2014)  
376 but could not provide measures of material behaviour that were separate from the effects of  
377 geometry and IOP. Another attempt is the elastic modulus provided by Brillouin microscopy  
378 (Scarcelli et al., 2013), which, while related to the cornea's material stiffness, is not compatible  
379 with the nonlinear stress-strain behaviour that means the tissue does not have a unique modulus,  
380 but has a tangent modulus, which increases gradually with stress or applied pressure.

381

382 The SSI algorithm developed in this study is only suitable for corneas with normal topography.  
383 Corneas with keratoconus or ectasia, in which the geometry does not match the numerical  
384 models used in this work, will be treated separately in a future publication. Earlier work  
385 demonstrated the importance of including the ciliary muscles in simulations of corneal  
386 mechanical response to both IOP and external air pressure, but not the iris or the lens (Whitford,  
387 2016). Earlier studies also confirmed the much lower stiffness of the retina relative to the ocular  
388 outer tunic (cornea and sclera) (Chen et al., 2010) and for this reason, it was not included in  
389 the numerical models.

390

391 In conclusion, we introduced in this study a new method for estimating the material behavior  
392 of healthy corneal tissue that can aid in optimisation of procedures that interact or interfere  
393 mechanically with the cornea..

394

395 **Author Contributions Statement**

396 KC conducted the research; AEliasy and RV drafted the manuscript, interpreted data,  
397 performed statistical analysis; AEliasy validated the findings and assisted in supervision; RV  
398 provided clinical data; AA, PV, RA, CR performed interpretation of data and provided clinical  
399 data. AElsheikh developed the concept, design the project and supervised the entire research  
400 and secured funding, all authors reviewed the manuscript and provided final approval

401

#### 402 **Conflict of Interest**

403 RA, PV, RV, CR and A Elsheikh are consultants for OCULUS Optikgeräte GmbH. None of  
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406

407

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531

532 Table 1 Values of constants  $a_1$  to  $a_9$  used in Equation 7

CCT( $\mu\text{m}$ )	SSI	$a_1$	$a_2$	$a_3$	$a_4$	$a_5$	$a_6$	$a_7$	$a_8$	$a_9$
$\geq 400$	0.3	-3.094	5.249	8.982	0.248	-8.423	-2.416	-0.443	1.704	2.198
	0.5	-7.731	22.224	7.699	-17.455	-8.806	-1.515	5.361	2.852	1.471
	0.7	0.440	0.387	4.723	2.974	-5.498	-0.403	-1.200	2.386	0.404
	0.8	4.509	-10.507	3.013	12.998	-3.028	0.017	-4.315	1.583	0.002
	0.9	7.603	-17.995	0.764	18.971	0.888	0.297	-5.826	-0.114	-0.259
	1.0	8.047	-18.217	-0.500	18.236	3.236	0.395	-5.235	-1.242	-0.336
	1.5	-8.355	30.668	1.754	-30.649	0.651	-0.519	11.572	-1.163	0.653
	2.0	-3.101	16.284	-0.219	-18.494	4.480	-0.208	9.073	-3.482	0.508
	2.5	4.677	-9.969	3.607	10.742	-1.410	-1.504	-1.413	-1.463	1.804
	3.0	6.842	-16.245	3.244	17.519	-4.064	0.222	-3.391	1.251	0.092
$\leq 400$	0.3	-3.094	5.249	8.982	0.248	-8.423	-2.416	-0.443	1.704	2.198
	0.5	-7.731	22.224	7.699	-17.455	-8.806	-1.515	5.361	2.852	1.471
	0.7	0.440	0.387	4.723	2.974	-5.498	-0.403	-1.200	2.386	0.404
	0.8	4.509	-10.507	3.013	12.998	-3.028	0.017	-4.315	1.583	0.002
	0.9	7.603	-17.995	0.764	18.971	0.888	0.297	-5.826	-0.114	-0.259
	1.0	8.047	-18.217	-0.500	18.236	3.236	0.395	-5.235	-1.242	-0.336
	2.0	-3.101	16.284	-0.219	-18.494	4.480	-0.208	9.073	-3.482	0.508
	2.5	4.677	-9.969	3.607	10.742	-1.410	-1.504	-1.413	-1.463	1.804
	3.0	6.842	-16.245	3.244	17.519	-4.064	0.222	-3.391	1.251	0.092

533 CCT: Central Corneal Thickness; SSI: Stress-Strain Index;

534 Figure 1 Flowchart is demonstrating the process behind the analysis of built-in-house mesh  
535 generator software.

536

537 Figure 2 (a) A typical finite element model showing the boundary conditions applied at the  
538 equator and corneal apex and the four model regions, each with its own material behaviour. (b)  
539 Apex deformation of the numerical model during application of air-puff.

540

541 Figure 3 Spatial distribution (A) and temporal variation (B) of air pressure applied by the  
542 CorVis ST on the cornea(Joda et al., 2016)

543

544 Figure 4 Material biomechanical behaviour where (a) stress-strain curves intersect, or (b)  
545 stress-strain curves follow similar patterns. The almost linear variation of  $E_t$  and SSI with  
546 applied pressure or stress, which corresponds to the behaviour patterns in (b) is depicted in (c).

547

548 Figure 5 Assessment of the correlation in Dataset 1 between SSI and each of (a) bIOP, (b) CCT  
549 and (c) age

550

551 Figure 6 Assessment of the correlation in Dataset 2 between SSI and each of (a) bIOP, (b) CCT  
552 and (c) age

553

554 Figure 7 Relationship between SSI and age based on in-vivo clinical data (black dots and a  
555 trend black line) and ex-vivo inflation test results (red dots) for (a) Milan dataset and (b) Rio  
556 dataset