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WEENTECH Proceedings in Energy 5 (2019) 43-52

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4th International Conference on Energy, Environment and Economics, ICEEE2019, 20-22 August 2019, Edinburgh Conference Centre, Heriot-Watt University, Edinburgh, EH14 4AS, United Kingdom

Assessing low energy school buildings using the new Building Bulletin 101

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Abstract

This paper reports an assessment of a school building design using the newly published Building Bulletin 101 2018. The requirements on thermal comfort and CO₂ based indoor air quality from this new guidance document are very different from its earlier version published in 2006. Existing research reported that the new requirements are much tougher to meet compared with the previous version. The aim of this research is to examine whether design alternatives on an existing school building with 10 learning and teaching spaces can help in passing the new requirements using dynamic thermal simulation tool - IESVE.

It is found that promoting ventilation, shading and night purging can all help mitigating overheating in the ten learning and teaching spaces evaluated. With the 'as built' condition, these learning and teaching spaces failed all three overheating criteria from the new BB101. Promoting ventilation can help some of the spaces pass the overheating occurrence criterion but not the overheating severity criteria. With added shading to block excessive solar gains, half of the evaluated spaces were able to pass the thermal comfort requirement. Boosting the night purging also helps to some extent in bridging the gap against the target requirements on overheating severity, however, there are still spaces which will not pass the comfort requirement. This may indicate that natural ventilation itself may not be able to provide thermal comfort for the given design. CO₂ based indoor air quality requirements are less of an issue as higher CO₂ concentrations always happen when the outdoor air temperature is low, boosting ventilation using automatic or manual control can easily resolve this. The research also highlights that one of the overheating criteria is much more difficult to meet, the appropriateness of this criterion is therefore in question. As the new BB101 was only launched very recently, it will be subject to further tests and evaluations in order to examine whether it fits for purpose.

Keywords: Building Bulletin 101; Overheating; Adaptive Thermal Comfort; Design Summer Year; Dynamic Thermal Simulation

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https://doi.org/10.32438/WPE.7019

Manuscript History

Receipt of completed manuscript: 01 May 2019 Receipt of Revised Manuscript: 22 May 2019

Date of Acceptance: 23 May 2019

Online available from: 06 September 2019

Abbreviations

BB101 Building Bulletin 101 DSY Design Summer Year TRY Test Reference Year

CIBSE Chartered Institution of Building Service

Engineers

WCDH Weighted Cooling Degree Hours

IESVE Integrated Environmental Solutions Virtual

Environment

1. Introduction

It has been evident that school children's cognitive performances can be significantly impacted by their learning environment [1-3]. For new school building designs as well as retrofitting existing schools, achieving a good indoor environment for pupil's various learning activities should be put at the centre of such projects. In the UK, Building Bulletin 101 (BB101) is a dedicated guidance document for the design of school buildings. Prior the new update in 2018 [4], BB101 (2006) primarily focused on ventilation of school buildings [5]. The new update BB101 (2018) provides guidelines not only on ventilation but also emphasizes thermal comfort and indoor air quality in schools. This latest update (which published on the UK government website), entitled 'Guidelines for ventilation, thermal comfort and IAQ in schools', provides a holistic approach for school building design and retrofit with added emphasis on energy consumptions and controllability. The key design requirements for thermal comfort and CO₂ based indoor air quality from BB101 (2018) is summarized in Table 1.

Table 1 BB101 (2018) compliance calculation requirements on weather, occupancy, ventilation, CO₂, and thermal comfort for teaching and learning spaces [4]

	BB101 (2018) Guidance requirements
Weather data used for assessment	Using future projected Design Summer Year weather data – pDSY-1 (2020)
Occupancy time for assessment	9:00 to 16:00 / Mon. to Fri. / 1 st of May to 30 th of September
Ventilation (l/s/p – litre per second	For Mechanical ventilation – 8 to 9 l/s/p
per person	For Natural ventilation – 5 1/s/p
CO ₂ concentrations	Maximum ≤ 2000ppm for more than 20 minutes; Average ≤ 1000ppm
Thermal comfort criteria (two out	Hours of exceedance ≤ 40 hours; Daily weighted exceedance ≤ 6 ; The temperature
of the three criteria need to be met)	difference (between maximum indoor operative temperature and comfort temperature
<u> </u>	upper limit temperature) $\leq 4K$

For building compliance calculations, standardized weather data are often used. In the UK there are two types of standardized weather data: Test Reference Year (TRY) and Design Summer Year (DSY) [6]. Based on historical recorded weather data over typically 20 to 30 years, a TRY represents an averaged weather condition which is often used for building energy consumption calculation. While for a DSY, it represents a near extreme weather condition and is used for building overheating assessment. Both TRYs and DSYs were made available for 14 cities in the UK: Belfast, Birmingham, Cardiff, Edinburgh, Glasgow, Leeds, London, Manchester, Newcastle, Norwich, Nottingham, Plymouth, Southampton, and Swindon. There are three weather stations in London – Heathrow, Gatwick & London Weather Centre, so in total there are 16 weather datasets available across the country. In the recent release of weather data from CIBSE 2016, DSYs were no longer selected by the mid of the upper quartile of the base weather years [7], instead, a new metric 'weight cooling degree hours (WCDH)' was used [8,9]:

$$WCDH = \sum_{i=1}^{N} \left(T_{dbt}^{i} - T_{comf}^{i} \right)^{2} | T_{dbt}^{i} > T_{comf}^{i}$$
 (1)

where T_{comf}^i represents the comfort temperature defined by adaptive thermal comfort [10], i is the individual hours, T_{dbt}^i is the dry-bulb temperature at hour i, which is assumed to be the same as the indoor operative temperature under the conceptual building assumption [6], and N is the total hours from April to September inclusive (4392 hours).

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The baseline weather data used for the recent release of DSYs and TRYs are from 1984 to 2013 [6]. Using London as an example, the probabilistic DSYs were chosen by calculating their return periods of the new metric WCDH. A longer return period represents a more severe of the summer warmth. For example, in Heathrow, pDSY-1 (Heathrow 1989) represents a moderately warm summer; pDSY-2 (Heathrow 2003) has a more intense single warm spell; and pDSY-3 (Heathrow 1976) has a long period of persistent warmth. Using these current pDSYs, future projected pDSYs were also included in the new release for 2020, 2050 and 2080. For the compliance calculation of school buildings, it is recommended that a future moderate warm summer pDSY-1 2020 will be used [4].

The overheating criteria used in BB101 2018 were derived from the adaptive thermal comfort approach, detailed discussions can be found from the relevant standards such as BS EN 15251 [10], CIBSE Guide A [11], and more specifically TM52 [12]. The adaptive thermal comfort approach emphasizes the influence of outdoor running mean temperature on the indoor comfort temperature. The comfort temperature is defined as:

$$T_{comf} = 0.33 Max(10, T_{rm}) + 18.8$$
 (2) with
 $T_{rm} = (1 - \alpha)T_{ed-1} + \alpha T_{rm-1}$ (3)

 T_{comf} is the comfort temperature, T_{rm} is the outdoor running mean temperature. The previous day's daily mean and running mean temperatures are T_{ed-1} and T_{rm-1} . A constant α (between 0 and 1) is used to account the influences of daily mean temperature on the running mean temperature, $\alpha = 0.8$ is recommended by BS EN 15251 [10]. For Category II normal expectations of thermal comfort, the comfort upper limiting temperature ($T_{c,u,l,t}$) is defined as:

$$T_{c.u.l.t} = T_{comf} + 3 (4)$$

As presented in BB101 2018 and TM52 [12], the Hours of Exceedance (H_e) in table 1 are counted based on the temperature differences between the indoor operative temperature T_{op} and the comfort upper limiting temperature $T_{c.u.l.t}$ ($\Delta T = T_{op} - T_{c.u.l.t}$). This requirement for H_e is that 'the number of hours (H_e) during which ΔT is greater than or equal to one degree (K) during the period I^{st} of May to 30^{th} of September for the defined hours inclusive shall not be more than 40 hours'. ΔT is rounded to the nearest degree (i.e. for ΔT between 0.5 and 1.5 the value used is 1°C, for 1.5 to 2.5 the value used is 2°C and so on). The daily weighted exceedance (W_e) is the 'daily accumulated number of hours over' for that day, counting the sum of all the rounded ΔT . The temperature difference criterion assesses the difference between the maximum indoor operative temperature and the comfort upper limiting temperature on the day ($\Delta T_{max} = T_{op-max} - T_{c.u.l.t}$), the difference ΔT_{max} should be less or equal 4°C. The compliance calculation requires to pass at least two out of these three criteria for a particular design.

Recent studies indicate that the requirements for thermal comfort and CO₂ concentrations from the new BB101 update are much tougher to meet. The case with multiple learning spaces which met the

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2. The school building model

An existing 4-storey preparatory school building is used in this research. It is a naturally ventilated school built in late 2008 in central London (Fig. 1). There are ten teaching and learning spaces (the plan view of Fig. 1). Due to the existing site conditions, all the windows of these learning and teaching spaces are east facing. There are no openable windows on the west side to avoid the noise from a busy road adjacent. Therefore, ventilation of these spaces is provided by opening windows on east façade, ventilation louvres and roof terminals with or without stacks.

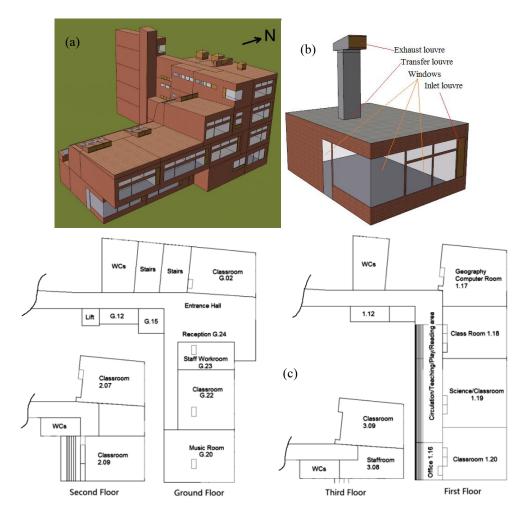


Fig. 1 (a) the school model; (b) one classroom showing ventilation routes and (c) the plan view of the school (the narrow side of the building was now shown in the plan view)

As shown in Fig. 1 plan view, ground floor has three teaching and learning spaces (2 class rooms G.02 & G.22, and G.20 which is a music room); there are 3 classrooms and a computer room in the first

floor (F1.18, F1.19, F1.20 & F1.17); on the second floor there are two classrooms – F2.07 & F2.09; classroom T3.09 is on the third floor. Each of these teaching and learning spaces has designated natural ventilation route, cross ventilation between these spaces is avoided through design. These 10 teaching and learning spaces have different layouts, stack heights, internal gains, roof terminals, ventilation routes and volumes. In this work, we use these spaces to carry out the compliance check against BB101 2018.

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The school was built on an existing site. Its adjacent buildings are included as parts of the model to take into account their shading effects. Following the building design specifications, the thermal transmittances (U-values) of different facades are benefited from appropriate insulations which have led to low U-values compared with the current building regulations: Zinc roof (0.14 $\text{W/m}^2\text{K}$); Sarnafil roof (0.12 $\text{W/m}^2\text{K}$); External walls (0.15 $\text{W/m}^2\text{K}$); Ground floor (0.27 $\text{W/m}^2\text{K}$); External glazing (1.09 $\text{W/m}^2\text{K}$); Internal Walls (0.29 $\text{W/m}^2\text{K}$); Intermediate floors (0.62 $\text{W/m}^2\text{K}$).

3. Methodologies

The compliance calculation of the given model was done by IESVE. IESVE is a well-established dynamic thermal simulation tool which uses the hourly weather data to examine the dynamic responses of a building [14]. Table 2 provides the details of the ventilation louvres, windows and their free opening areas for each individual teaching and learning space of interest, as well as the details on the incidental heat gains of each room. An overhead projector (maximum output 250 watts) is included in each space and the lighting gain is assumed at 10W/m^2 during occupancy. Room F1.17 is a computer suite with 23 laptops at 60 watts per laptop. These assumptions on heat gains were from the CIBSE Guide A [11]. For dynamic thermal modelling the maximum gain (worst case scenario) was used to do the compliance calculation. Apart from F1.17 which has a maximum gain at 85.7W/m^2 , other spaces are between 50W/m^2 to 61W/m^2 .

A nodal network airflow model Marcro-flo was used for ventilation modelling. This model is an integrated part of the IESVE tool suite, which considers the prevailing driving forces of wind and buoyancy. The amount ventilation will be calculated in referencing the free areas of the ventilation louvres, vertical stacks with transfer grills, roof air extract terminals/louvres and openable windows. During occupancy, behaviour related controls on the opening of ventilation routes were used in referencing indoor and outdoor temperature, CO₂ concentrations. Ramp functions were used to regulate the degree of openings, i.e. when indoor air temperature change from 20 °C to 24 °C (from 800ppm to 2000ppm for CO₂ concentration) the degree of opening for windows and louvres will vary from fully closed to fully open. Night cooling is considered by keeping the inlet louvres open at night.

The school building was first assessed under 'as built' condition against the adaptive overheating criteria from the new BB101. The mitigations of overheating were considered by:

- Case 1 increasing ventilation free opening areas by 20% where appropriate (including all Louvres and Airstract. Originally fixed windows are now opened 20% during occupancy, the openable windows were kept unchanged as they are already full or nearly full open);
- Case 2 adding external shutters for windows to avoid excessive solar gains (when incident radiation is higher than 300W/m², the shutters will be closed, shutters are fully open when the incident radiation is less or equal 300W/m²);
- Case 3 promote night time ventilation (night ventilation or purging is very important for naturally ventilated buildings to combat summer warmth. Under as built condition, Louvres are already

serving the night ventilation purpose, in this case we also consider leaving the windows open 20% at night time to boost night ventilation).

Table 2 Ventilation openings, internal heat gains, floor areas and occupancy details for individual teaching and learning spaces (as built specifications).

 C_d^1 Room **Opening Types** Free Area **Internal gains** Floor Area Total gain (m^2) (m^2) Equipment Lighting Occupancy (W) (W/m^2) G.02 Louvre (inlet) 0.4 0.112 0.55 250W $10W/m^2$ Transfer Louvre 0.192 1 Adult + 35.6 2120.6 59.5 Airstract ² (shared) 0.368 0.61 19 Pupils Openable windows ³ 4.3 0.61 G.20 Louvre (inlet) 0.136 by 8 0.4 Transfer Louvre 0.55 1 Adult + 250W $10W/m^2$ 43.7 55.5 0.201 2425.9 Louvre (exhaust) 0.274 by 2 0.4 22 Pupils Openable windows ³ 0.61 G.22 Louvre (inlet) 0.136 by 8 0.4 Transfer Louvre 0.201 0.55 1 Adult + 250W $10W/m^2$ 40.3 2166.0 53.8 Louvre (exhaust) 0.274 by 2 0.4 19 Pupils Openable windows ³ 0.61 F1.17 Louvre (inlet) 0.4 250W + 230.112 Transfer Louvre $10W/m^2$ 0.201 0.55 1 Adult + laptops 45.5 3899.3 85.7 Airstract *1 (shared) 0.368 0.423 Pupils (60W each) Openable windows ³ 3.08 0.61 F1.18 Louvre (inlet) 0.112 0.4 0.55 $10W/m^2$ Transfer Louvre 0.201 1 Adult + 250W 38.7 2227.6 57.5 Louvre (exhaust) 0.238 by 2 0.4 20 Pupils Openable windows ³ 0.61 3.89 Louvre (inlet) 0.112 0.4 $10W/m^2$ Transfer Louvre 0.201 0.55 1 Adult + 250W 52.0 2883.8 55.5 Louvre (exhaust) 0.238 by 20.427 Pupils Openable windows ³ 5.73 0.61 F1.20 Louvre (inlet) 0.112 0.4 Transfer Louvre 0.201 0.55 1 Adult + 250W $10W/m^2$ 39.2 2232.8 56.9 Louvre (exhaust) 0.238 by 2 0.4 20 Pupils Openable windows ³ 3.89 0.61 S2.07 Louvre (inlet) 0.112 0.4 Transfer Louvre 0.55 1 Adult + 250W $10W/m^2$ 34.6 2036.2 58.8 0.219 Airstract *1 (shared) 0.368 0.4 18 Pupils Openable windows ³ 3.08 0.61 S2.09 Louvre (inlet) 0.112 0.4 Transfer Louvre 0.55 1 Adult + 250W $10W/m^2$ 33.2 0.219 2022.8 61.0 Louvre (exhaust) 0.256 by 2 0.4 18 Pupils Openable windows ³ 3.14 0.61 T3.09 Louvre (inlet) 0.4 0.112 $10W/m^2$ Transfer Louvre 0.293 0.55 1 Adult + 250W 34.1 2030.1 59.5 Airstract (shared) 0.384 0.61 18 Pupils

0.61

4. Results and discussions

Openable windows ³

2.75

Results for compliance calculation on thermal comfort using IESVE were shown in Table 3. For

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¹Discharge coefficients; ²One 1250mm×575mm Airstract was shared by Rooms G02, F117 & S207; ³These openable windows are either 'tilt and turn' windows or 'bottom-hinged' windows, their free areas are the maximum openable areas.

as built condition, none of the room was able to pass the given criteria in BB101 2018. More specifically, except room F1.20, none of other rooms pass any of the three criteria. Earlier assessment for the school indicated that all the rooms could pass the BB101 2006 requirements [13]. This indicates that the new BB101 2018 indeed has much more stringent requirements on thermal comfort. The considered cases in this work aimed to help mitigating summer warmth. For Case 1, although increasing ventilation can help reduce the overheating occurrence and severity compared with the base case (as built), all these assessed rooms still failed to meet the given thermal comfort criteria (pass two out of the three criteria). With the help of appropriate shadings, five out of ten rooms were able to pass the latest thermal comfort requirements from the new BB101. It is obvious that the 'hours of exceedance' is relatively easier to pass (in Case 2 & 3, only room F1.17 failed this criterion, even in Case 1, 5 rooms passed this criterion), seconded by the maximum temperature difference criterion (between maximum indoor operative temperature and the comfort upper limiting temperature). The most difficult criterion of the three is the daily weighted exceedance, all the rooms failed by a relatively big margin, even in Case 3 where the other two criteria either passed or close to pass, but for W_e the smallest is 11 which is nearly double the requirement of 6.

Table 3 Thermal comfort compliance data for various conditions against BB101 2018 requirement

	Rooms	G.02	G.20	G.22	F1.17	F1.18	F1.19	F1.20	S2.07	S2.09	T3.09
Cases C		G.02	G.2 0		11,17	11.10	11,17	11.20	52.07	52.07	15.07
As built	Hours of Exceedance ≤ 40	41	149	114	154	84	44	38	60	78	50
	Daily weighted exceedance ≤ 6	22	35	32	38	32	25	20	25	27	23
	The temperature difference ≤ 4K	5	8	8	8	7	6	5	6	6	5
	Pass (Yes/No)	No	No	No	No	No	No	No	No	No	No
Case 1	Hours of Exceedance ≤ 40	33	115	80	107	52	40	35	37	47	33
	Daily weighted exceedance ≤ 6	19	33	28	32	26	23	19	20	23	19
	The temperature difference $\leq 4K$	5	8	7	7	7	6	5	5	5	5
	Pass (Yes/No)	No	No	No	No	No	No	No	No	No	No
	Hours of Exceedance ≤ 40	14	28	39	50	30	25	17	15	24	13
Case 2	Daily weighted exceedance ≤ 6	13	19	21	24	18	17	13	13	14	12
	The temperature difference $\leq 4K$	4	5	6	6	5	5	4	4	4	4
	Pass (Yes/No)	Yes	No	No	No	No	No	Yes	Yes	Yes	Yes
Case 3	Hours of Exceedance ≤ 40	14	23	37	44	30	21	15	15	15	12
	Daily weighted exceedance ≤ 6	13	18	20	22	18	14	13	13	13	11
	The temperature difference $\leq 4K$	4	5	6	6	5	5	4	4	4	3
	Pass (Yes/No)	Yes	No	No	No 22nd C	No	No	Yes	Yes	Yes	Yes

Figure 2 illustrates the warmest day on the $22^{\rm nd}$ of July from the weather data (London Heathrow pDSY-1 2020). Weather parameters and simulated room variables for Case 3 are plotted to show how the overheating severity criteria are assessed. The dashed line is the comfort upper limiting temperature on the day, the temperature difference ΔT_{max} ($\Delta T_{max} = T_{op-max} - T_{c.u.l.t}$) is rounded to 6K, which fails

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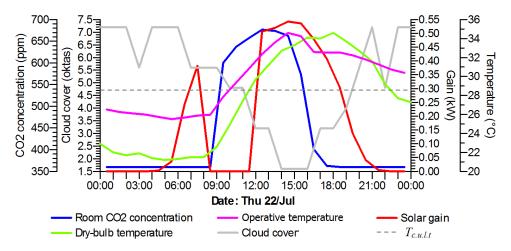


Fig. 2 Peak day parameters for room F1.17 from Case 3 (operative temperature, outdoor dry-bulb temperature, comfort upper limiting temperature, solar gain, cloud cover & room CO₂ concentration)

The simulation outputs for CO₂ concentration in each space is shown in Table 4. The maximum CO₂ concentrations are all lower than the required target 2000ppm, while for the Average (maximum daily average) CO₂ requirement it is a different story: many spaces failed to pass this criterion for the cases considered. The used control logic for window opening on CO₂ concentration is from 'closed to fully open' when CO₂ concentration is from 800ppm to 2000ppm, which could be adjusted (i.e. from 800ppm to 1000ppm as suggested by [4]). Attempts were made but this control itself does not work as windows were also controlled by a threshold temperature (currently set as 20°C). The venting windows would only open when the outdoor temperature reaches 20°C, and this setting overwrites the ramp function settings for both CO₂ concentrations and indoor temperatures (from 20°C to 24°C). As shown in Figure 3, the higher CO₂ concentrations always happened in days where outdoor temperature are lower. For warmer days, the venting windows would have been partially or fully opened so adequate amount of ventilation would have been achieved, so lowered CO₂ concentrations (i.e. second half of June, July and August). Due to the temperature difference between indoor and outdoor in colder days, windows can always be opened to boost ventilation and subsequently lowering down the CO₂ concentrations. This can be achieved by setting a lower threshold window opening temperature, or, in practice, open venting windows manually to achieve this. The considered natural ventilation strategy in this work can provide adequate ventilation for regulating CO₂, however, in practice, one has to consider the potential cold draft in colder days during the assessment time period. Generally speaking, from the assessments conducted in this research, overheating is far more difficult to tackle than the CO₂ associated indoor air quality.

Table 4 CO₂ concentrations of each modelled space under different simulation scenarios

Rooms Cases Criteria	G.02	G.20	G.22	F1.17	F1.18	F1.19	F1.20	S2.07	S2.09	T3.09
As built Max $CO_2 \le 2000$ ppm	1837	1337	1322	952	1219	1471	1371	1061	1005	1031

	Average ≤ 1000ppm	1096	1116	1069	724	859	995	1047	905	852	866
Case 1	$Max CO_2 \leq 2000ppm$	1427	1199	1147	1129	1383	1364	1276	1578	1561	1568
	Average ≤ 1000ppm	1059	941	945	766	941	992	1010	1088	1033	1008
Case 2	$Max CO_2 \le 2000ppm$	1889	1204	1160	1190	1410	1482	1408	1725	1637	1741
	$Average \leq 1000ppm$	1136	945	950	830	1009	1027	1043	1174	1126	1177
Case 3	$Max\ CO_2 \leq 2000ppm$	1889	1209	1160	1483	1446	1482	1408	1722	1637	1741
	$Average \leq 1000ppm$	1121	954	958	901	1036	1028	1046	1175	1127	1177

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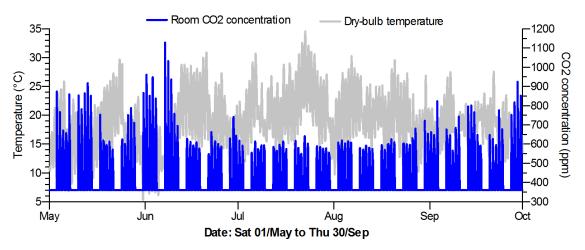


Fig. 3 CO₂ concentrations and outdoor dry-bulb temperature over simulation period for room F1.17

5. Conclusions and discussions

This paper presents a compliance calculation of an existing school building design using dynamic thermal simulation tool – IESVE. The requirements on the adaptive thermal comfort and CO₂ based indoor air quality from the newly published BB101 2018 are the focus of the assessment. Ten teaching and learning spaces with various ventilation routes/areas were modelled with different case scenarios. The simulation results show that all the teaching and learning spaces will not pass the overheating criteria from the new BB101 under 'as built' conditions. With the changes made to the design in terms of promoting ventilation, providing solar shading as well as night purging, some of the spaces are able to pass the new compliance requirements in terms of thermal comfort. For CO₂ concentration requirements, the design of the learning and teaching spaces provides adequate capacity in achieving lower CO₂ concentrations although for some of the spaces the simulated results show otherwise. That was due to the control settings in colder days when venting windows were closed under the threshold temperature. In practice this can be easily adjusted. The research also highlighted that the overheating severity criterion - 'daily weighted exceedance', is much more difficult to pass than the other two criteria. This does raise the question whether this criterion was set appropriately. Due to the restriction of the existing design, alternative options were limited to what has been tested in this work. A systematic evaluation on the new BB101's adaptive thermal comfort criteria would be useful. The evaluation could include but not limited to: orientation, various types of shading, different ventilation strategies, appropriate night purging, materials of construction, etc., which will be subject to the future work.

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