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| **Table One:** Maternal and Infant Characteristics (N=261) |
| Maternal Characteristic | Value | Infant Characteristic | Value |
| Maternal age (mean years ± SD) | 31.25 (±4.50) | Infant age (mean weeks ± SD) | 16.10 (±6.43) |
| Country of Residence (N/%) |  | Gender (N/%) |  |
| UK | 239 (91.6) | Male | 146 (55.9) |
| Ireland | 4 (1.5) | Female  | 115 (44.1) |
| US | 4 (1.5) | Birth order (N/%) |  |
| Australia & NZ | 2 (0.8) | 1st | 121 (46.4) |
| Other European | 9 (3.4) | 2nd | 104 (39.8) |
| Other Non-European | 3 (1.2) | 3rd | 27 (10.3) |
| Marital Status (N/%) |  | 4th  | 4 (1.5) |
| Married | 195 (74.7) | 5th and after | 5 (1.9) |
| Co-habiting | 57 (21.8) | Birth Weight (mean kg ± SD) | 3.50 (0.69) |
| Single | 7 (2.7) | Infant BMI percentile (mean ± SD) | 30.80 (37.0) |
| Separated/Divorced/Widowed | 2 (0.8) | Timing of Birth (N/%) |  |
| Occupation (N/%) |  | Premature (<37 weeks) | 7 (2.7) |
| Managers, Directors and Senior Officials | 6 (2.3) | Early Term (>37<39) | 49 (18.7) |
| Professionals | 34 (13.0) | Full Term (>39<41) | 124 (47.5) |
| Skilled Trades  | 23 (8.8) | Late Term (>41<42) | 77 (29.5) |
| Caring, Leisure and Other Service | 22 (8.4) |  Post Term (>42 weeks) | 4 (1.5) |
| Sales and Customer Service | 2 (0.8) | Multiple Birth (N/%) |  |
| Process, Plant and Machine Operatives | 31 (11.9) | Yes | 4 (1.5) |
| Elementary Occupations | 6 (2.3) | No | 257 (98.5) |
| Housewife | 116 (44.4) | EBF (N/%) |  |
|  |  | Yes | 176 (67.4) |
|  |  | No | 85(32.6) |
|  |  | Any BF (N/%) |  |
| Not in paid occupation | 21 (8.0) | Yes | 217 (83.1) |
| Educational Attainment (N/%) |  | No | 44 (16.9) |
| Postgraduate education | 64 (25.2) | Maternal Bonding Behaviours (mean/SD/range) | Value |
| Undergraduate education | 123 (46.6) | Overall bonding | 13.62 (±11.09); 0-51 |
| A-levels or equivalent college education | 50 (18.9) | General bond | 7.03 (±5.81); 0-29 |
| GCSEs or equivalent secondary school education | 16 (6.1) | Rejection and anger | 3.03 (±3.30); 0-15 |
| Other Qualification | 7 (3.8) | Infant focused anxieties | 3.51 (±2.80); 0-14 |
| No qualifications | 1 (0.4) | Risk of harm | 0.49 (±2.64); 0-2 |
| Living Status (N/%) |  | Mental Health Measures (mean/SD/range) | Value |
| Own Property | 180 (68.9) | Postpartum Specific Anxiety Scale | 105.53 (±23.98); 55-177 |
| Rent privately | 59 (22.6) | State Trait Anxiety Inventory - State | 37.70 (±13.45); 20-79 |
| Rent from the authority | 11 (4.2) | State Trait Anxiety Inventory - Trait  | 42.91 (±13.41); 20-80 |
| Live with parents | 2 (0.9) | Beck Depression Inventory - II  | 14.83 (±10.11); 0-57 |
| Other | 9 (3.4) |  |  |
| Size of Household (inc. participant) (N/%) |  |  |  |
| 2 people | 7 (2.7) |  |  |
| 3 people | 113 (43.3) |  |  |
| 4 people | 102 (39.1) |  |  |
| 5 people | 29 (11.1) |  |  |
| 6 or more people | 10 (3.8) |  |  |
| Current Diagnosis of Anxiety/Depression (N/%) |  |  |  |
| Yes | 27 (10.3) |  |  |
| No | 233 (89.3) |  |  |
| Prefer not to say | 1 (0.4) |  |  |
| Maternal BMI (kg/m2) (mean ±SD)  | 27.00 (6.69) |  |  |
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