

1 ***In vitro* fertilization does not increase the incidence of *de novo* copy number alterations in**  
2 **fetal and placental lineages**

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31 **Although chromosomal instability (CIN) is a common phenomenon in cleavage-stage**  
32 **embryogenesis following *in vitro* fertilization (IVF)<sup>1-3</sup>, its rate in naturally conceived human**  
33 **embryos is unknown. CIN leads to mosaic embryos that contain a combination of**  
34 **genetically normal and abnormal cells and is significantly higher in *in vitro* produced**  
35 **preimplantation embryos as compared to *in vivo*-conceived preimplantation embryos<sup>4</sup>.**  
36 **Even though embryos with CIN-derived complex aneuploidies may arrest between the**  
37 **cleavage- and blastocyst-stage of embryogenesis<sup>5,6</sup>, a high number of embryos containing**  
38 **abnormal cells can pass this strong selection barrier<sup>7,8</sup>. However, prevalence and extent of**  
39 **CIN during prenatal development and at birth, following IVF treatment, is not well**  
40 **understood. Here we profiled the genomic landscape of fetal and placental tissues**  
41 **postpartum from IVF and naturally conceived children to investigate the prevalence and**  
42 **persistence of large genetic aberrations that have likely arisen from IVF-related CIN. We**  
43 **demonstrate that CIN is not preserved at later stages of prenatal development, and that *de***  
44 ***novo* numerical aberrations or large structural DNA imbalances occur at similar rates in**  
45 **IVF and naturally conceived live-born neonates. Our findings affirm that human IVF**  
46 **treatment has no detrimental effect on the chromosomal constitution of fetal and placental**  
47 **lineages.**

48

49 CIN is a common event in human cleavage-stage embryogenesis that results in a high frequency  
50 of chromosomal mosaicism in IVF embryos<sup>1-3</sup> and likely provides an explanation for the low  
51 success rate per embryo transfer of IVF<sup>9</sup>. Strikingly, most IVF embryos are mixtures of euploid  
52 and aneuploid cells and only a low fraction of IVF embryos contain a normal karyotype in all  
53 blastomeres<sup>1,10</sup>. Between the cleavage- and blastocyst-stage of embryogenesis, CIN may cause

54 complex aneuploidies and the arrest of many embryos<sup>5,6</sup>. Even after this substantial selection,  
55 genetically aberrant cells can be preserved at high frequency in the developing blastocysts, such  
56 that about 40% of blastocysts have been reported to be uniformly euploid<sup>7,8</sup>. Despite the high  
57 prevalence of human IVF embryos with aberrant chromosomal configurations, its clinical  
58 implications are poorly understood. Recently, we established *Bos taurus* as a model organism to  
59 study CIN at cleavage stage embryogenesis<sup>11</sup> and showed that CIN in *in vitro*-produced embryos  
60 is significantly higher in prevalence when compared to *in vivo*-conceived embryos<sup>4</sup>, rising the  
61 alarming concern about the suboptimal *in vitro* environment on genetic integrity of embryos.  
62 However, the fate of aberrant cells after cleavage-stage embryogenesis is not clear and it remains  
63 impossible to investigate naturally conceived human embryos *in vivo*.

64 Cell lineages containing genetic aberrations in mosaic cleavage-stage embryos have been  
65 speculated to survive in the trophectoderm, having no or little influence on the composition of  
66 the inner cell mass and its subsequent fetal development<sup>12</sup>. This possibility is in accordance with  
67 the confined placental mosaicism found in approximately 1–2% of ongoing natural pregnancies<sup>13</sup>  
68 and the low prevalence of genetic mosaicism in postnatal and adult DNA samples<sup>14</sup>.  
69 Furthermore, euploid blastomeres may outgrow blastomeres with chromosomal aberrations<sup>15</sup>,  
70 allowing normal embryonic development and birth. This view of preferential selection of normal  
71 cells is supported by recent studies reporting the birth of healthy babies after intrauterine transfer  
72 of genetically mosaic IVF embryos<sup>16,17</sup>. In addition, a recent report described lineage-specific  
73 fate in chimeric mouse embryos. This report demonstrated that different mechanisms act on  
74 aneuploid cells in fetal or placenta lineages, such that apoptotic depletion of aneuploid cells  
75 occurs in fetal lineage, whereas aneuploid cells in placenta persist but slow down their  
76 divisions<sup>18</sup>.

77 To investigate the persistence of IVF-related CIN, we profiled *de novo* DNA copy  
78 number alterations in DNA samples extracted from cord blood cells and placental tissue, which  
79 are derived from embryonic and extra-embryonic cell lineages, respectively, of both IVF and  
80 naturally conceived neonates using haplarithmisis<sup>3</sup> and molecular karyotyping. Importantly, the  
81 transferred embryos of IVF newborns were not screened nor counter selected for chromosomal  
82 aneuploidy status before intrauterine transfer. Following live birth, we scrutinized genome-wide  
83 single nucleotide polymorphism (SNP) profiles in DNA from the father, mother, placenta and  
84 neonate umbilical cord blood of 111 families (quartets; **Fig. 1a**), of which 49 and 62 quartets  
85 were from IVF and natural pregnancies, respectively. In the IVF cohort, the infertile patients  
86 underwent fresh or frozen IVF ( $n = 32$ ) or intracytoplasmic sperm injection (ICSI,  $n = 17$ )  
87 embryo transfer, with about 4 out of 5 embryos transferred on days 2/3 ( $n=38$ , 77.5%) and the  
88 remaining on days 5/6 at blastocyst stage ( $n=11$ , 22.5%). These quartets were further subdivided  
89 based on birthweight at delivery, with 48 IVF and 50 natural conception families categorized as  
90 ‘appropriate for gestational age’ (AGA), and one IVF and 12 natural conception families as  
91 ‘small for gestational age’ (SGA) (**Supplementary Tables 1 and 2**). DNA copy number variants  
92 (CNVs) were classified by whether they were found exclusively in a single sample or a few to all  
93 samples within a quartet. This approach empowered our analysis and allowed us to differentiate  
94 inherited CNVs (present in either or both parents, umbilical cord blood and placenta), *de novo*  
95 CNVs (present in placenta and umbilical cord blood only) and placental *de novo* CNVs (present  
96 in placenta only). CNVs were detected by the combined use of logR values, B Allele Frequency  
97 (BAF) and parent-of-origin haplotypes (haplarithms). The latter analysis allowed us to account  
98 for maternal DNA contribution in placental tissue (**Fig. 1b, Extended Data Fig. 1**), to identify

99 the parental origin of *de novo* CNVs (**Fig. 1c** and **Table 1**) and to more accurately estimate the  
100 level of mosaicism of CNVs within the DNA sample (**Fig. 2a, b** and **Table 1**).

101 We detected *de novo* large CNVs (>100 kb) in placental genomes of twelve families; of  
102 the total fifteen detected aberrations four were also present in newborns and eleven were  
103 exclusively present in the placenta. We did not detect any CNVs present only in umbilical cord  
104 blood DNA, which would indicate a genomic alteration in the neonate only. The mosaic ( $n = 12$ )  
105 *de novo* CNVs were 5–70% mosaic (**Table 1**) and were together with *de novo* non-mosaic CNVs  
106 ( $n = 3$ ) randomly located across the genome (**Fig. 1d**). Our analysis showed comparable  
107 prevalence ( $P = 0.327$  odds ratio test or  $P = 0.775$  Pearson's chi square test) of *de novo* CNVs in  
108 both cohorts with AGA: six of the 50 families with naturally conceived neonates (12.0%) and in  
109 three of the 48 families with IVF neonates (6.3%) (**Table 1**). When IVF with fresh and frozen  
110 embryo transfers was compared to ICSI fresh/frozen embryo transfers similar proportions of  
111 mosaic *de novo* CNV cases were found (6.3%, 2/32 and 5.9%, 1/17, respectively,  $P = 0.96$  odds  
112 ratio test), indicating that the mode of fertilization (IVF vs ICSI) and embryo freezing are  
113 unlikely to influence the rate of large CNVs in fetal and placental lineages.

114 We found three partial trisomies with different levels of mosaicism in family P172 from  
115 the naturally conceived cohort and a mosaic full-chromosome trisomy in family P106 from the  
116 IVF cohort (**Fig. 2a, b, Table 1** and **Extended Data Figs. 2** and **3**), showing mosaicism of 5–  
117 25%. We obtained biopsies from two other spatially distinct locations, applied haplarithmisis and  
118 confirmed the results using droplet digital PCR (ddPCR) (**Fig. 2c** and **Supplementary Table 3**).  
119 The partial mosaic trisomies on Chr 6 (22.4 Mb), Chr 9 (5.8 Mb) and Chr 21 (22.0 Mb) of P172  
120 were not present in the other placental biopsies (**Fig. 2c** and **Extended Data Fig. 2**). In contrast,  
121 the full Chr 2 mosaic trisomy was present in all the P106 placental biopsies (**Fig. 2c** and

122 **Extended Data Fig. 3**). This result indicates that the mosaic Chr 2 trisomy arose as CIN in the  
123 early cleavage-stage embryo, but segregated into the placental lineage only (**Fig. 3** and **Table 1**),  
124 because it was present across different parts of the placenta with the same degree of mosaicism.  
125 The presence of the low-degree mosaic Chr 2 trisomy reinforces an earlier observation in mouse  
126 embryos, which suggested a progressive reduction of aneuploid cell lineage in placenta<sup>18</sup> because  
127 only 10% of the cells carried the anomaly. However, the segmental trisomies in family P172  
128 were present in only one of the placental locations, indicating that these genomic alterations  
129 either emerged later in gestation through local clonal expansion of aberrant cells in the placenta  
130 or appeared early in development, contributed to the trophectoderm and were largely overgrown  
131 by normal cells in placental tissue. The presence of multiple *de novo* DNA copy number variants  
132 has recently been shown to lead to genomic disorders<sup>19</sup>. The finding that multiple CNVs are  
133 present with a different degree of mosaicism, albeit in placenta genome only, is indicative that  
134 they occurred in a cumulative fashion<sup>20</sup>.

135 To further investigate CNV heterogeneity across the placenta and reaffirm the (non-) mosaic nature of the detected *de novo* CNVs, we further analysed 20 DNA samples derived from  
136 spatially different locations of all but two placentas (F351 and F1021) with *de novo* CNVs  
137 (**Table 1**). As expected, *de novo* non-mosaic CNVs found in both placenta and cord blood were  
138 consistently present in all the biopsies, whereas *de novo* mosaic CNVs were not present in the  
139 other biopsies (**Extended Data Fig. 4**). Importantly, the full Chr 2 mosaic trisomy was found in  
140 all the biopsies (**Extended Data Fig. 3**), indicating its early embryonic origin (see above).

142 We identified two clinically significant non-mosaic CNVs in the SGA cohort, with the  
143 genetic aberrations found both in umbilical cord and placental DNA. P153 carried a *de novo*  
144 deletion on Chr 7q11.23. Postpartum follow-up revealed clinical features of Williams–Beuren

145 syndrome<sup>21</sup>. P177 carried a paternally inherited duplication on Chr 15 with features of Chr  
146 15q13.3 duplication syndrome<sup>22,23</sup>. The low birth weight of these neonates might be indicative of  
147 the underlying chromosomal aberration; therefore, the SGA neonates should be subjected to  
148 submicroscopic chromosomal analysis.

149 Although the prevalence of *de novo* CNVs in SGA (25.0%, 3/12) and AGA (12.0%, 6/50)  
150 groups of the cohort of natural conceptions is not significantly different ( $P = 0.44$ , odds ratio  
151 test), current sample size for SGA ( $n = 12$ ), provides limited statistical power ( $<0.50$ ). A study  
152 with increased SGA sample size ( $n > 44$ , **Methods**) is required to evaluate the effect of  
153 birthweight on the prevalence of *de novo* CNVs. Furthermore, our data indicates that the current  
154 sample size ( $n=50$  per AGA cohort) provides limited statistical power to detect CNVs with small  
155 effect size ( $w=0.1-0.2$ ) between the two cohorts. We estimated that future studies with smaller  
156 effect size require a data set of  $\sim 10$ -fold larger<sup>24</sup>.

157 The human placenta is characterized by deep invasion of trophoblasts into the  
158 endometrium. Trophoblasts have similar properties to cancer cells, including rapid proliferation,  
159 migration and invasiveness. As CIN is a hallmark of both tumorigenesis and early  
160 embryogenesis, a recent study hypothesized that the placenta resembles tumor tissue by  
161 demonstrating an extensive load of *de novo* genomic gains, harboring excessively expressed  
162 genes required for the invasiveness of trophoblasts<sup>25</sup>. Our results challenge this view; as we  
163 found that placental *de novo* CNVs were present in only 12 of the 111 families (10.8%) (**Fig. 1d**  
164 and **Table 1**), and placental heterogeneity was found in 85.7% (6/7) of the studied ‘placenta  
165 only’ *de novo* mosaic CNVs. To determine whether genes located in the *de novo* CNV regions ( $n$   
166 = 475) had specific placental biology-related functions, we analyzed gene expression in full-term  
167 placentas following live birth (**Methods**). Only 18.1% ( $n = 86$ ) of these genes had moderate or

168 high expression according to the whole RNA sequencing of placental tissue (**Fig. 2d** and  
169 **Supplementary Table 4**), and genes from regions with *de novo* gains (18.0%, 77/428) and  
170 losses (19.1%, 9/47,  $P = 0.84$  odds ratio test) demonstrated similar proportion of moderate-to-  
171 high expression genes in placental tissue. Moreover, enrichment analyses of genes located in *de*  
172 *novo* CNV regions did not reveal any molecular pathway related to placental biology. All this  
173 indicates that these new CNVs are likely sporadic and do not play any role in placental biology.

174 In this study, our main outcome measure was the extent and prevalence of *de novo* large  
175 CNVs (>100 kb) in live-born IVF-conceived neonates when compared to naturally conceived  
176 ones. Although we have not studied the embryonic loss with or without aneuploidies in IVF- or  
177 naturally conceived pregnancies, we speculate that when all cells of day-3 (cleavage-stage)  
178 embryos are investigated for the presence of (segmental) aneuploidies, on average 80% of the  
179 embryos present with at least one aneuploid cell (range 70%-90%)<sup>1,3,10</sup>. The IVF success rate per  
180 embryo transfer of day-3 embryos is about 35% in Helsinki and Tartu IVF centres. Assuming  
181 that all euploid day-3 embryos survive, they would constitute at most 20% of the total number of  
182 embryos transferred resulting in pregnancy/delivery, but indicating that at least 15% of all  
183 embryos did contain some aneuploid cells. This would amount to 60% and 40% of the live births  
184 resulting from respectively euploid and mosaic euploid/aneuploid cleavage-stage embryos.  
185 Conversely, about 20% (15/80%) of mosaic embryos survive and result in healthy live births,  
186 whereas 80% (65/80%) are selected against. Since it is unlikely that all euploid embryos make it  
187 to term, the latter is a lower estimate.

188 Mosaicism rates in human IVF embryos are still debated and vary across studies  
189 primarily because of the definition of mosaicism used, the technology applied, and the variance  
190 in assisted reproduction protocols used. First, important differences in the definition of a mosaic

191 embryo exist between studies. Embryos having both euploid and aneuploid cells were defined as  
192 mosaic in 1993<sup>26</sup>, but since, an arbitrary classification of embryos as mosaic or diploid  
193 influenced the mosaicism rate reported by different studies. For instance, some studies<sup>27-29</sup>  
194 considered an embryo mosaic only if more than 50% of blastomeres within the embryo were  
195 aneuploid. The reason for considering an embryo having less than 50% abnormal cells as diploid  
196 was that they are likely viable and a low percentage of abnormal cells in those embryos was  
197 believed clinically irrelevant. Second, since the discovery of aneuploidies in human  
198 preimplantation embryos<sup>30,31</sup>, different technologies have been used to profile the chromosomal  
199 constitution of preimplantation embryos. Depending on the technology used the rate of  
200 mosaicism was reported to range from 15%<sup>32</sup> to >90%<sup>1,3</sup>. However, in a meta-analysis of all  
201 technologies included and carried out on 815 embryos from different developmental stages, 73%  
202 were classified as mosaic<sup>10</sup>. The high variability occurs, because different technologies have  
203 different sensitivities and specificities for profiling the ploidy state of a selected chromosomes  
204 (e.g. FISH<sup>32</sup>) or the entire genome (microarray<sup>1,3</sup> or next-generation sequencing<sup>3,33</sup>). The above,  
205 and the number of cells per embryo analyzed with those technologies, can affect the reported  
206 embryo mosaicism rates in those studies, with the studies analysing all the cells from a single  
207 embryo showing the higher rate of mosaicism<sup>10</sup>. In current study, we applied the same wet- and  
208 dry-lab technologies as in our preimplantation embryo studies<sup>3,34,35</sup> and further validated our  
209 approach using sensitive droplet digital PCR and standard copy number analysis methods<sup>36,37</sup>,  
210 allowing us to rule out technology-driven bias. Third, the mosaicism rate is reported to be  
211 influenced by the fertility clinic where the IVF procedure is carried out<sup>38</sup>; one key component  
212 that can explain differences in the reported mosaicism rate is embryo culture conditions<sup>39</sup>.

213 However, in this study, the IVF procedure, including culture conditions, were similar in the  
214 participating IVF clinics.

215 Taken together, our findings suggest that the high level of chromosomal mosaicism in  
216 IVF cleavage-stage embryos is not preserved at later stages of prenatal development. Although  
217 we found a low-level mosaic trisomy in one IVF placental genome, it was not present in the fetal  
218 lineage of the same pregnancy, suggesting a proliferative defect of trisomic cells. The sporadic  
219 *de novo* genomic aberrations found in approximately 10.8% of pregnancies were scattered across  
220 the genome and represented random and rare events of embryonic CIN, without any observed  
221 functional consequence on placental biology or fetal health. Thus, our findings confirm that the  
222 IVF procedure has no detrimental effect on large genomic rearrangements in fetal and placental  
223 lineages of live-born neonates, which helps to remove a major health concern for IVF neonates.

224

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238

## 239 **AUTHOR CONTRIBUTIONS**

240 M.Z.E., Tr.V., A.K., Th.V., J.R.V. and A.S. conceived the study and designed the experiments.  
241 M.Z.E. Tr.V., O.T., J.M., Th.V., J.R.V. and A.S. analysed and interpreted the data. Tr.V., O.T.,  
242 A.T., H.M., H.K., V.S-A., A-M.S., A.T., N.K-A. and S.K. carried out sample collection. O.T.  
243 and M.Z.E. performed ddPCR assays. M.K. carried out RNA sequencing analysis. M.N., K.T.,  
244 O.Z. and R.M. performed PennCNV and QuantiSNP analyses. M.Z.E. drafted the initial version  
245 of the manuscript. M.Z.E., Tr.V., A.K., Th.V., J.R.V. and A.S. wrote and edited the manuscript.  
246 M.Z.E., Th.V., J.R.V. and A.S. jointly supervised this study. All the authors read and approved  
247 the manuscript for submission.

248

## 249 **COMPETING FINANCIAL INTERESTS**

250 M.Z.E., J.R.V., and Th.V. are co-inventors on a patent applications ZL913096-  
251 PCT/EP2014/068315-WO/2015/028576 “Haplotyping and copy-number typing using  
252 polymorphic variant allelic frequencies”.

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344 **Figure Note**

345 **Figure legends**

346 **Figure 1 | Haplarithmisis reveals genetic mosaicism with parent-of-origin information. (a)**

347 Schematic representation of a quartet. **(b)** Haplarithmisis can determine the maternal DNA

348 contribution to the bulk placental DNA sample (see **Methods**). **(c)** A maternally inherited CNV

349 (red arrows) and placental *de novo* CNV with paternal origin found on Chr 5 of P070 (purple

350 arrow). B allele fraction (BAF) of a SNP is the signal intensity of allele B over signal intensities

351 of both expected alleles for that SNP ( $BAF = \frac{B}{A+B}$ ), and logR (relative copy number) of that

352 SNP is the base 2 logarithm of the summed normalized signal intensities of both alleles over

353 expected signal intensity values ( $logR = \frac{R_{Sample}}{R_{expected}}$ ). **(d)** Overview of *de novo* CNVs found in this

354 study (see also **Source data**). G and L denote gains and losses, respectively, as shown in **Table**

355 **1**.

356

357 **Figure 2 | Mosaic *de novo* CNVs and overlap with placental transcriptome.** Haplarithms

358 revealed *de novo* mosaic **(a)** partial trisomies in P172 placenta of paternal origin (see also

359 **Extended Data Fig. 2**) and **(b)** full-chromosome trisomy in P106 placenta of maternal origin

360 (see also **Extended Data Fig. 3**). These aberrations are indicated by purple arrows. **(c)**

361 Validation of detected mosaic *de novo* CNVs by ddPCR (each circle and error bar indicate mean

362 and standard deviation, respectively, of four independent measurements). **(d)** Placental

363 expression of genes detected in *de novo* CNV regions, expressed as reads per kilobase per

364 million mapped reads (RPKM).

365

366 **Figure 3 | Schematic representation of plausible occurrence and segregation of *de novo***  
367 **CNVs into fetal or placental lineages found in this study.** *De novo* CNVs can occur before  
368 conception in the germ cells or during conception (I), during the cleavage divisions of early  
369 development (II-IV) or later during development, e.g. blastocyst-stage embryogenesis (V-VI).  
370 Note that, for simplicity in the CIN-derived mosaic CNVs, we merely showed CNV burst in 2-  
371 cell stage embryos (II-IV types) and blastocyst-stage embryos (V-VI types) (see also **Table 1**).  
372 Red circles indicate cells carrying *de novo* CNV.

Cohort	Family	Genome coordinates	Length (bp)	SNP-probes (#)	O:T <sup>a</sup>	CN <sup>b</sup>	Origin <sup>c</sup>	Mosaicism (%) <sup>d</sup>	Biopsy (cnv:bps) <sup>e</sup>
Naturally conceived. Appropriate birth weight for gestational age	P017	Chr16:78670954-78867839	196885	37	OP:III/V	L1	Maternal	65%	1:3
	P073	Chr7:13238496-13348832	110336	26	OP:III/V	L2	Paternal	60%	1:3
	P080	Chr3:174684649-174831994	147345	32	OP:III/V	L3	Maternal	60%	1:3
	P142	Chr14:47624206-47746980	122774	16	OP:III/V	L4	Paternal	70%	1:3
	P162	Chr14:64554517-64953726	399209	189	OP:III/V	L5	Paternal	40%	1:3
	F351	Chr22:23250737-23644794	394057	99	B:I	L6	Maternal	-	NA <sup>f</sup>
	F351	Chr4:91709484-91910883	201399	24	OP:III/V	L7	Maternal	70%	NA <sup>f</sup>
Naturally conceived. Small birth weight for gestational age	P070	Chr5:103670162-104157752	487590	45	OP:III/V	G1	Paternal	65%	1:3
	P153	Chr7:72305671-74115258	1809587	359	B:I	L8	Maternal	-	3:3
	P172	Chr21:26058246-48084247	22026001	5796	OP:III/V	G2	Paternal	25%	1:5
	P172	Chr6:204072-22569968	22365896	4106	OP:III/V	G3	Paternal	10%	1:5
	P172	Chr9:135277529-141031439	5753910	2915	OP:III/V	G4	Paternal	5%	1:5
IVF. Appropriate birth weight for gestational age	P091	Chr16:21605180-21966869	361689	41	B:I	L9	Maternal	-	3:3
	P106	Chr2:1-243048760	243015748	44591	OP:III/V	G5	Maternal	10%	5:5
	F1021	Chr17:2832092-3070476	238384	71	B:II	G6	Maternal	40%	NA <sup>f</sup>

375 <sup>a</sup> O:T demonstrates occurrence and type. Occurrence can be B = *de novo* copy number alteration occurred in both placenta and  
376 umbilical cord DNA samples, OP = *de novo* copy number alteration occurred in placental DNA sample only; and type can be in  
377 one of the stratified CNV types illustrated in Fig. 3. <sup>b</sup> CN = copy number; L = Loss; G = Gain; <sup>c</sup> parent of origin is determined  
378 based on the parental allele which is affected, e.g. maternal loss or gain means that maternal allele is deleted or duplicated,  
379 respectively; for non-mosaic deletions present in both placenta and cord blood, we used parent-of-origin module of siCHILD to  
380 determine parental origin; <sup>d</sup> percentage of abnormal cells; <sup>e</sup> cnv:bps demonstrates number of CNVs ('cnv') found in spatially  
381 different placenta biopsies ('bps'; see also Extended Data Figs. 2, 3 and 4); <sup>f</sup> more biopsies from these placentas were not  
382 available.

383 **METHODS**

384

385 **Ethical approval.** The study was approved by the local Ethics Committee of the University of  
386 Tartu (213/T-21) and the Ethics Committee of Helsinki University Central Hospital  
387 (285/13/03/03/2013). All couples signed the informed consent form.

388

389 **Selection of participating families.** In total, 111 couples participated in this study  
390 (**Supplementary Table 1 and 2**), including 62 couples who delivered neonates after spontaneous  
391 conception (natural cohort) and 49 couples who delivered after IVF (IVF cohort). No prior  
392 genetic predisposition was identified in any of the couples participating in this study. Clinical  
393 data and biological material were collected from singleton pregnancies at birth from vaginal  
394 delivery or caesarean section (**Supplementary Table 2**). For each family, we isolated DNA from  
395 the father, mother, as well as the placenta and neonate umbilical cord blood following live birth  
396 (quartet DNA sample set). The natural cohort was divided into two subgroups based on the  
397 neonate birthweight: (i) AGA neonates, with a birthweight between the 10th and 90th percentile  
398 ( $n = 50$  families), and (ii) SGA neonates, with a birthweight below the 10th percentile ( $n = 12$   
399 families). The IVF cohort consisted of 48 families with AGA neonates and one family with an  
400 SGA neonate. Birthweight percentiles were calculated by using data from the Estonian Medical  
401 Birth Registry<sup>40</sup> and the Finnish National Institute for Health and Welfare<sup>41</sup>.

402

403 **Sample collection and DNA extraction.** Full-thickness placental blocks of around 1 cm were  
404 taken from placenta and stored at -80 °C for subsequent DNA extraction. To investigate placenta  
405 CNV heterogeneity, we analysed 3-5 biopsies from spatially distinct locations of 10 placentas

406 (Table 1 and Extended Data Figs. 2, 3 and 4). All samples were collected by the same medical  
407 personnel. Maturity and health of term placenta were confirmed by histological examination. A  
408 total of 9 mL of peripheral venous blood from parents and 4 mL of umbilical cord blood were  
409 collected into ethylenediaminetetraacetic acid-containing tubes (BD Vacutainer, Becton,  
410 Dickinson and Co.). In Estonia, DNA was isolated from blood and placental tissue by using the  
411 PureLink Genomic DNA Kit (Invitrogen, Life Technologies). DNA samples were eluted with  
412 200  $\mu$ L of PureLink Genomic Elution Buffer (10 mM Tris-HCl, pH 9.0, 0.1 mM EDTA) and  
413 stored at -20 °C until analysis. Finnish parental DNA from blood samples was extracted by  
414 NucleoSpin Blood XL Kit (Macherey-Nagel) and DNA from umbilical cord blood by  
415 NucleoSpin Tissue Kit (Macherey-Nagel). NanoDrop 2000 (Thermo Fisher Scientific Inc.) was  
416 used to assess DNA concentration and purity.

417

418 **SNP genotyping.** For SNP genotyping, the Infinium PsychArray-24 v1.1 (Illumina; GEO:  
419 GPL22819) and PsychArray-24 v1.3 BeadChip SNP arrays (Illumina; GEO: GPL26750) were  
420 used, which contains approximately 590,000 SNP markers with a median marker spacing of 5.5  
421 kb. Genotype calls, SNP B-allele frequency values and logR values of all samples were  
422 computed by the Illumina GenomeStudio software.

423

424 **Haplarithmisis.** We applied haplarithmisis<sup>3</sup> on each quartet DNA sample. Discrete SNP calls  
425 derived from umbilical cord blood were used as seeds to phase the parental genotypes. Parental  
426 haplarithms were used to infer DNA copy number state, parent-of-origin and level of mosaicism  
427 of *de novo* copy number alterations in placental/newborn's DNA. Level of mosaicism was  
428 calculated as described<sup>42</sup>.

429 Haplarithmisis can be used to estimate contributions of maternal and fetal genomes in  
430 placental DNA samples. We carried out a simulation analysis by blending maternal and fetal  
431 alleles with different proportions (from 1%<sub>Mother</sub> : 99%<sub>Child</sub> to 99%<sub>Mother</sub> : 1%<sub>Child</sub>) and applied  
432 haplarithmisis (**Extended Data Fig. 5**). This process allowed us to determine accurately the  
433 maternal and fetal contributions to placental tissue (**Supplementary Table 5** and **Extended**  
434 **Data Fig. 1**).

435  
436 **Copy number profiling.** We applied both PennCNV<sup>36</sup> (with 0.2% false positive rate and 86%  
437 sensitivity for constitutional CNVs) and QuantiSNP<sup>37</sup> (with 0.1% false positive rate for  
438 constitutional CNVs) algorithms as well as the copy number module of siCHILD<sup>3</sup> on the raw  
439 logR values with minor modifications. Raw logR-values were smoothed by using a moving  
440 average window of five consecutive SNP probes, wave-corrected for GC% bias by a Lowess fit  
441 and normalized to a trimmed mean of normal diploid chromosomes. Normalized logR-values  
442 were segmented by piecewise-constant fitting<sup>43</sup> ( $\gamma = 14$ ). A copy number alteration was  
443 considered reliable if more than six consecutive SNP probes supported the copy number change,  
444 its length was more than 33 kb (six times 5.5 kb median distance between two probes) and it was  
445 supported by raw or segmented parent-of-origin specific haplotypes, coined haplarithms. As a  
446 sanity check, we investigated whether there are signals that are detected only by haplarithmisis  
447 (**Supplementary Table 6**) or logR analysis (**Supplementary Table 7**). We did not include those  
448 in the analysis.

449 Copy number analysis was empowered by our quartet sample-set and haplarithmisis, as  
450 we used all of the samples within a quartet to call a reliable genomic change. For each of the  
451 detected DNA copy number alterations in one sample (e.g. placenta), we checked whether the

452 same alteration was present in other samples of the same quartet. This approach allowed us to  
453 determine the parental origin of inherited CNVs, to detect *de novo* CNVs (i.e. in placental  
454 samples or in both placental and umbilical cord samples), to find CNVs exclusive to any of the  
455 samples (e.g. present solely in the placental genome) and to reveal genotyping artifacts.

456

457 **Other statistical and computational analysis.** Since both predictor (with or without IVF  
458 treatment) and outcome (with or without *de novo* CNVs) are dichotomous, chi-squared test is the  
459 most suitable test<sup>44</sup>. To determine appropriate sample size, we performed a power analysis using  
460 chi-squared test with confidence level of at least 95% and feeding the conventional effect size  
461 ( $w$ ) values of 0.1, 0.3 and 0.5, which correspond to small, medium and large effect sizes,  
462 respectively<sup>45</sup>. With a medium effect size at least 40 samples per cohort is required to reach to  
463 the power of 0.8<sup>24</sup>. Given the sample size of about 50 per cohort (50 naturally conceived quartets  
464 and 48 IVF quartets with appropriate birthweight for gestational age), this study has >80% power  
465 ( $\alpha = 0.05$ ; middle effect size of 0.3; case to control ratio ca 1) to detect a significant  
466 difference ( $<0.05$ ).

467 We also compared large CNVs with mosaic or non-mosaic nature separately. The rate of  
468 mosaic large CNVs found in naturally conceived versus IVF-conceived AGA groups were not  
469 significantly different ( $P = 0.157$  Pearson's chi square test). Similarly, the rate of non-mosaic  
470 CNVs found in naturally conceived versus IVF-conceived AGA groups were not significantly  
471 different ( $P = 0.977$  Pearson's chi square test).

472 We applied Hotelling's T-square multivariate statistical test on the numerical  
473 demographic features of AGA neonates of both IVF and natural cohorts, including birth weight,

474 birth length, placenta weight, parity and gestational age. This analysis showed no significant  
475 difference in these cohorts ( $P = 0.22$ , Hotelling's two sample T2-test).

476 For statistical analyses we applied R (<http://www.r-project.org/>). For visualization  
477 purposes we applied siCHILD<sup>3</sup> and R (<http://www.r-project.org/>).

478

479 **RNA sequencing and comparison with placental transcriptome.** We performed RNA  
480 sequencing as described previously<sup>46</sup> (**Supplementary Table 4**). Briefly, 12 placental samples  
481 were collected from singleton pregnancies at term (range, 38–42 weeks of gestational age).  
482 Placental samples from different families were used for RNA sequencing and CNV analysis.  
483 Full-thickness placental blocks of around 2–3 cm were taken from three different regions of  
484 placenta. Total RNA was extracted with the mirVana miRNA Isolation Kit (Ambion, Life  
485 Technologies), and RNA samples were pooled. DNA contamination was removed with the  
486 DNA-free Kit (Invitrogen, Life Technologies). Agilent 2100 Bioanalyzer and RNA 6000 Nano  
487 Kit (Agilent Technologies) were used to assess the integrity and concentration of total RNA  
488 samples.

489 For RNA-Seq library preparation, 45 ng of total RNA was amplified with the Ovation  
490 RNA-Seq System V2 Kit (NuGen). The SOLiD 5500 System DNA fragment library (Life  
491 Technologies) was used for library preparation. Pooled samples were analyzed on three  
492 FlowChip lanes, and approximately 40 million mappable paired-end reads were obtained per  
493 sample. DESeq (version 3.0.2) was used to calculate reads per kilobase per million (RPKM). All  
494 genes from placenta were grouped into four classes according to their RPKM values (0–1, 1–10,  
495 10–100, and >100). Genes with moderate to high expression were defined by >10 mapped reads  
496 per RPKM and treated as placenta expressed genes.

497

498 Protein-coding genes from *de novo* CNV regions were extracted from the UCSC browser  
499 (<https://genome.ucsc.edu/>). Human genome build GRC37/hg19 was used as a reference. Genes  
500 found at *de novo* CNV regions were studied for gene expression in placental tissue from 12  
501 individuals. Enrichment analyses for Gene Ontology terms were performed for genes present at  
502 *de novo* CNVs, by using g:Profiler (version Ensembl 90, Ensembl Genomes 37, rev 1741, build  
503 date 2017-10-19)<sup>47</sup> with default settings. Briefly, this tool performs gene set enrichment analyses  
504 for Gene Ontology, Human Phenotype Ontology and Kyoto Encyclopedia of Gene and Genomes  
505 gene sets. Enrichment analyses are conducted by hypergeometric test and resulting enrichment  
506 P-values are further adjusted for multiple testing by g:SCS (Set Counts and Sizes) method,  
507 developed to address the non-independent structure of tested GO terms<sup>47</sup>. Separate enrichment  
508 analyses were conducted to different groups of genes, based on cohort, CNV type and expression  
509 in placenta (all genes and placenta expressed genes). Results were filtered hierarchically, and  
510 only the most significant ontology per parent group was shown. *De novo* CNVs with gains and  
511 losses were analyzed separately.

512

513 **Validation by ddPCR.** We applied ddPCR to validate low-level mosaic aberrations (**Fig. 2c** and  
514 **Supplementary Table 3**). We used a proof-of-principle assay to evaluate the sensitivity of  
515 TaqMan-based ddPCR. A DNA sample from a trisomy 21 (copy number, CN = 3) cell line was  
516 mixed with a DNA sample from a normal diploid cell line (CN = 2) at different ratios, creating  
517 admixture series of DNA samples with 100%, 75%, 50%, 25%, 10–15% and 0% abnormal  
518 alleles (**Extended Data Fig. 6**). The cell lines of EBV-immortalized lymphocytes had been  
519 established in-house using blood samples from patients of Centre for Human Genetics, UZ

520 Leuven, Leuven, Belgium, and were authenticated by conventional karyotyping. Mycoplasma  
521 PCR was performed to ensure that the cell lines are not contaminated<sup>48</sup>. To evaluate the level of  
522 Chr 21 mosaic gain, the FAM-fluorescent TaqMan copy number assay probe for the *RUNXI*  
523 gene locus (dHsaCP1000308) was used as a target probe. The HEX-fluorescent TaqMan copy  
524 number reference assay *AP3BI* probe (dHsaCP2500348) was used as an internal reference  
525 control (Bio-Rad, Hercules, CA).

526 The ddPCR system was operated according to the manufacturer's instructions. Briefly,  
527 before droplet generation, restriction enzyme HaeIII (New England Biolabs Inc.) was added  
528 directly to the ddPCR reaction mixture and incubated for 20 min at room temperature.  
529 Subsequently, droplets were generated in a DG8 disposable droplet generator cartridge using a  
530 QX100 Droplet Generator (Bio-Rad). PCR amplification was performed by using the following  
531 conditions: 95 °C for 10 min, followed by 40 cycles of 94 °C for 30 s and 59 °C for 1 min and,  
532 finally, 98 °C for 10 min. Droplets were counted by using the QX100 Droplet Reader. Data were  
533 analyzed by using QuantaSoft Software (Bio-Rad).

534 Mosaic ratio was calculated based on the total positive signal counts of *RUNXI*  
535 normalized against reference *AP3BI* positive signal counts. All analyzed samples were run in  
536 four-replicate reactions. Mosaic placental DNA samples were processed in the same manner by  
537 performing initial DNA digestion, followed by droplet generation and PCR amplification. All  
538 DNA samples were quantified by using the TaqMan copy number assay target probes for the  
539 specific gene in the region of interest. The *AP3BI* probe was used as an internal reference  
540 control (**Supplementary Table 3**).

541

542 **Code availability.** Custom code is available upon request.

543

544 **Data availability.** All SNP array data generated in this study were deposited in the  
545 NCBI Gene Expression Omnibus (GEO; <http://www.ncbi.nlm.nih.gov/geo/>) under accession  
546 number GEO: GSE93353.

547

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549

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