

Surveillance of HIV-1 transmitted integrase strand transfer inhibitor resistance in the UK

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Complete List of Authors:	Mbisa, Jean; Public Health England Colindale, Virus Reference Department Ledesma, Juan; Public Health England, Virus Reference Department Kirwan, Peter; Public Health England, HIV and STI Department Bibby, David; Public Health England Colindale, Virus Reference Department Manso, Carmen; Public Health England, Virus Reference Department Skingsley, Andrew; Public Health England, HIV and STI Department Murphy, Gary; Public Health England Colindale, Virus Reference Department Brown, Alison; Public Health England, HIV and STI Department Dunn, David; University College London, Institute of Global Health Delpech, Valerie; Public Health England Colindale, HIV and STI Department Geretti, Anna; Institute of Infection and Global Health (IGH), Department of Clinical Infection, Microbiology and Immunology (CIMI); Anna Maria Geretti,
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Surveillance of HIV-1 transmitted integrase strand transfer inhibitor resistance in the UK ~~and implications on clinical practice~~

Jean L. MBISA^{1,2,*†}, Juan LEDESMA^{1,2†}, Peter KIRWAN¹, David F. BIBBY¹, Carmen MANSO¹, Andrew SKINGSLEY¹, Gary MURPHY¹, Alison BROWN¹, David T. DUNN³, Valerie DELPECH^{1,2} and Anna Maria GERETTI⁴

¹ National Infection Service, Public Health England, London UK

² National Institute for Health Research (NIHR) Health Protection Research Unit in Blood Borne and Sexually Transmitted Infections, London, UK

³ Institute for Global Health, University College London, London UK

⁴ Institute of Infection and Global Health, University of Liverpool, Liverpool, UK.

Running Title. No transmitted InSTI resistance in UK

Summary. Integrase strand transfer inhibitor (InSTI) drug resistance data from HIV-1 recently infected individuals in the UK shows no evidence of major InSTI resistance-associated mutations as a high-frequency variant. These data suggest no clinical benefit for baseline integrase resistance testing.

* Corresponding author: Antiviral Unit, Virus Reference Department, National Infection Service, Public Health England, 61 Colindale Avenue, London NW9 5EQ, UK.
(tamyo.mbisa@phe.gov.uk)

† These authors contributed equally to this work

24 Abstract

25 **Background:** HIV treatment guidelines have traditionally recommended that all HIV-positive
26 individuals are tested for evidence of drug resistance prior to starting ART. Testing for
27 resistance to reverse transcriptase inhibitors (RTI) and protease inhibitors (PI) is well
28 established in routine care. However, testing for integrase strand transfer inhibitors (InSTI)
29 resistance is less consistent.

30 **Objectives:** To inform treatment guidelines by determining the prevalence of InSTI resistance in
31 a national cohort of recently infected individuals.

32 **Patients and methods:** Recent (within 4 months) HIV-1 infections were identified using a
33 Recent Infection Testing Algorithm of new HIV-1 diagnoses in the UK. Resistance-associated
34 mutations (RAMs) in integrase, protease and RT were detected by ultradeep sequencing which
35 allows for the sensitive estimation of the frequency of each resistant variant in a sample.

36 **Results:** The analysis included 655 randomly selected individuals (median age 33 years, 95%
37 male, 83% men who have sex with men, 78% white) sampled in 2014 to 2016 and determined
38 to have a recent infection. These comprised 320, 138 and 197 samples from 2014, 2015 and
39 2016, respectively. None of the samples had major InSTI RAMs occurring at high variant
40 frequency ($\geq 20\%$). A subset (25/640, 3.9%) had major InSTI RAMs occurring only as low-
41 frequency variants (2-20%). In contrast, 47/588 (8.0%) had major RTI and PI RAMs at high
42 frequency.

43 **Conclusions:** Between 2014 and 2016, major InSTI RAMs were uncommon in adults with
44 recent HIV-1 infection, only occurring as low-frequency variants of doubtful clinical significance.

45 Continued surveillance of Testing newly diagnosed patients for evidence of transmitted InSTI
46 resistance is recommended to inform unlikely to be of clinical practice benefit at present.

47

48 Introduction

49 In 2007, raltegravir was the first integrase strand transfer inhibitor (InSTI) introduced into clinical
50 practice, initially for treatment-experienced HIV-positive patients requiring rescue therapy¹ and
51 two years later for all patients including those who are treatment-naïve. RAL was followed by
52 elvitegravir in 2012 as part of a fixed dose, single tablet combination (Stribild) that includes the
53 booster cobicistat, emtricitabine and tenofovir disoproxil fumarate. Elvitegravir was subsequently
54 reformulated in combination with tenofovir alafenamide instead of tenofovir disoproxil fumarate
55 (Genvoya). Second-generation InSTIs comprise dolutegravir, which was approved in 2013, and
56 more recently bictegravir coformulated with tenofovir alafenamide and emtricitabine (Biktarvy),
57 which was approved in 2018.² Large clinical trials have demonstrated that the second-
58 generation InSTIs are potent suppressors of HIV replication and have good safety and high
59 genetic barriers to the emergence of drug resistance.³⁻⁶ These features make them the
60 preferred third agent for starting antiretroviral therapy (ART) in combination with a backbone of
61 two nucleoside reverse transcriptase inhibitors (NRTIs).⁷⁻⁸ First-line regimens based on non-
62 nuclease reverse transcriptase inhibitors (NNRTIs) or boosted protease inhibitors (bPIs) are
63 instead reserved for selected scenarios.

64 Mirroring European and American guidelines, the British HIV Association (BHIVA) guidelines for
65 the treatment of HIV-1 positive adults recommend that resistance testing by viral partial genome
66 sequencing be undertaken in all newly diagnosed patients prior to starting ART to allow the
67 detection of transmitted drug resistance (TDR).⁷⁻¹⁰ Sequencing should be performed for reverse
68 transcriptase and protease genes, based on studies showing that when the prevalence of TDR
69 in the population exceeds a threshold of 1-5% it is cost-effective to screen patients to guide
70 treatment selection.¹¹⁻¹² In the UK, the prevalence of TDR affecting NRTIs, NNRTIs or PIs
71 peaked at ~14% in 2002 and has remained stable at 7-9% since 2006.¹³⁻¹⁴ To date, there is no
72 recommendation for baseline integrase sequencing as little evidence exists of the transmission
73 of InSTI resistance-associated mutations (RAMs) in the UK and worldwide.¹⁵

74 Most routine resistance testing is performed using conventional Sanger sequencing technology,
75 which has variant frequency detection threshold of ~20% and hence fails to detect variants that
76 are present below this threshold in a patient's viral population. Next generation sequencing
77 (NGS) technologies allow the detection of variants present in a sample at frequency as low as
78 1%.¹⁶ The clinical significance of low-frequency resistant variants remains under debate. It has
79 been shown that low-frequency variants with mutations affecting the NNRTIs, and to a lesser
80 extent the NRTIs, significantly reduce responses to first-line therapy with 2 NRTIs plus 1 NNRTI,
81 while showing no appreciable effect on bPI-based regimens.¹⁷⁻²⁰ However, transmission is
82 unlikely to be a source of the large majority of these low-frequency variants in individuals who
83 have recently acquired HIV and consequently would have minimal to no impact on treatment
84 outcome as they would not have been selected under drug pressure.²¹

85 Several studies have reported no evidence of InSTI major RAMs in treatment-naïve or recently
86 infected HIV-1 positive populations using Sanger sequencing.²²⁻²⁷ The few studies reporting
87 apparent transmission of InSTI RAMs included mutations that are polymorphic among ART-
88 naïve patients (e.g. L74IM, T97A and E157Q).²⁸⁻²⁹ One notable exception is a study from
89 Taiwan that observed InSTI major RAMs (e.g. Q148HKR and Y143R) in 1.2% of 1307 ART-

90 naïve individuals under a specific epidemiological circumstance where there was a large
91 reservoir of InSTI resistance among the treated population.³⁰

92 The UK national reference laboratory receives blood samples from half of all newly diagnosed
93 cases of HIV-1 infection for incidence testing using a Recent Infection Testing Algorithm
94 (RITA).³¹ Recently infected individuals are the most relevant population as they are treatment-
95 naïve and detection of resistance is most likely due to transmission and prior to natural decay.
96 Using this resource, we determined the national prevalence of TDR to InSTIs, NRTI, NNRTI and
97 bPI by performing NGS on samples from newly diagnosed patients identified as infected in the
98 previous 4 months. The findings will inform the clinical utility of baseline resistance testing for
99 integrase in the UK.

100 Patients and methods

101 Study population

102 The UK national reference laboratory applies ~~recent infection testing algorithm~~ (RITA) to new
103 HIV-1 diagnoses as a sentinel national surveillance programme. Blood samples from ART-naïve
104 individuals collected at HIV or Genitourinary Medicine Clinics in the UK are identified as likely
105 recent infections (within 4 months of sample collection) using a Limiting-antigen (LAg) avidity
106 assay with an OD index <1.5. The assay differentiates likely recent from long standing infection
107 by the strength of HIV-specific antibody-antigen binding.³² The assay has a misclassification
108 rate of long-standing HIV infections as recent of <1% when RITA is applied and samples close
109 to the OD index cut-off values are more likely to be misclassified.³³ The RITA algorithm also
110 includes matching the sample to individual HIV records of the HIV and AIDS Reporting System
111 (HARS). Individuals with an OD index <1.5 must also have a CD4+ cell count (>200 cells/mm³)
112 and viral load (>1,000 copies/mL) to be assigned as 'recent infections'. In 2014-2016, RITA was
113 applied to 8,379 (47.9%) ~~of~~ new diagnoses and 1,765 (21.1%) were identified as recent
114 infections (**Figure 1**). We randomly selected 655 (37.1%) of these plasma specimens with
115 residual volume for NGS analysis, comprising by year 320, 138 and 197 samples collected in
116 2014, 2015 and 2016, respectively. Linked demographic and clinical information was extracted
117 from HARS. Prescription data were used to determine the use of InSTIs in clinical practice in
118 England between 2010 and 2015.

119 Next generation sequencing

120 ~~RNA was extracted using QIA Symphony virus/pathogen DSP mini kit (Qiagen) and eluted in a~~
121 ~~final volume of 60 µl.~~ Samples collected in 2014 were ~~extracted using QIA Symphony~~
122 ~~virus/pathogen DSP mini kit (Qiagen) using 200 µl of plasma, eluted in a final volume of 60µL~~
123 ~~and~~ processed using a previously described PCR amplicon-based NGS assay for protease-RT³⁴
124 and integrase was amplified in a nested PCR reaction. Briefly, cDNA was generated using 20 µl
125 of RNA, Qiagen OneStep RT-PCR Kit (Qiagen) and primers H10F2 (5'-
126 GCACAYAARGGRATTGGAGGAAATGA-3') and H10R3 (5'-
127 CCTAGTGGRATGTGTA CTCTGA-3'), both at 15 µM under the following cycling conditions:
128 50°C for 40 minutes, 95 °C for 15 minutes, 35 cycles of 95°C for 30 seconds, 53°C for 30
129 seconds and 72°C for 1 minutes with a final elongation step at 72°C for 4 minutes. Two µl of
130 cDNA were then used in a semi-nested PCR using Platinum Taq DNA Polymerase kit

131 (Invitrogen) and 400.4 μ M of primer H10F2 and 401.6 μ M of primer H10R2 (5'-
132 CATATGRTGYTTTACTAAACTHTTCCA-3') under the following cycling conditions: 95°C for 5
133 minutes, 35 cycles at 94°C for 30 seconds, 53°C for 30 seconds and 72°C for 1 minutes and
134 final elongation step at 72°C for 2 minutes. Amplicons for protease-RT and integrase were
135 pooled in equimolar concentration and then sequenced as previously described.³⁴

136 Samples collected in 2015 and 2016 were processed using a sequence capture whole genome
137 sequencing (WGS) assay (~~see supplementary files for details~~). Briefly, 350 μ l of plasma was
138 extracted using the NucliSENS system on the easyMag platform (bioMérieux) and eluted into a
139 volume of 25 μ l, all of which was subjected to DNase digestion with 0.25U of TURBO DNase
140 (Thermo Fisher Scientific) in 30 μ l reactions incubated for 30 minutes at 37°C. Digestion
141 products were cleaned-up using 2X AMPure XP Beads (Beckman Coulter) following the
142 manufacturer's instructions, with a final elution volume of 10 μ l nuclease-free water. The 10 μ l
143 volume of DNase-digested RNA extracts were used to generate DNA libraries, using the KAPA
144 RNA HyperPrep Kit (Roche). DNA libraries were pooled in a total of 500ng and hybridized using
145 120-nt HIV-specific biotinylated oligonucleotide probes and NimbleGen SeqCap target
146 enrichment reagents (Roche) following the manufacturer's specifications. Following
147 hybridization, the HIV DNA libraries bound to the biotinylated probes were partitioned using
148 magnetic streptavidin-coated beads and subjected to a further 14 cycles of PCR amplification.
149 The concentration of the final pool was quantified using the KAPA SYBR FAST Universal qPCR
150 Kit for Illumina libraries (KAPA Biosystems) on a 7500 Real-Time PCR System (Applied
151 Biosystems), and analysed for fragment size distribution using the High Sensitivity DNA Kit
152 (Agilent) on a 2100 Bioanalyser Instrument, following both manufacturers' specifications.
153 Sequencing was performed on an Illumina MiSeq instrument using the MiSeq Reagent Kit V2
154 (300 cycles) (Illumina) according to the manufacturer's guidelines, with the following minor
155 modifications. The final pool was diluted to 2nM and denatured with 0.2N sodium hydroxide for
156 2 minutes, incubated for 4 minutes at 95°C, and diluted in kit reagent HT1 to produce 1ml of a
157 20pM solution. These were further diluted to make 700 μ l of a 9pM solution, of which 10% was
158 substituted with 12.5pM PhiX (Illumina). A total of 600 μ l of this final solution were loaded onto
159 the MiSeq cartridge.

160 **Bioinformatic analysis**

161 MiSeq paired end FASTQs were trimmed for quality with trimmomatic (v0.39, with LEADING
162 and TRAILING set to 30 and MINLEN to 50)³⁵, and human reads removed through BWA
163 (v0.7.17) mapping to the human genome (GRCh37), retaining unmapped pairs. Contigs
164 generated from dehumanised reads by *de novo* assembly using SPAdes (v3.13.1)³⁶ were split
165 into fragments of approximately 500nt (depending on length) and BLASTed against 2,427
166 reference genome sequences annotated and aligned by LANL (<http://www.hiv.lanl.gov/>). An in-
167 house Python script was used to build a draft sequence from the contigs and their locations
168 within the genome alignment, filling gaps from the reference sequence(s) informing the flanking
169 termini (in a fashion somewhat analogous to LASTZ). Two rounds of BWA mapping and
170 consensus derivation (using an in-house C++ script – QuasiBAM)³⁷ were performed to obtain
171 the final nucleotide frequency table, from which an in-house perl script derived consensus
172 genome sequences at 20% and 2% nucleotide frequencies at a minimum read depth of 30, the
173 latter frequency previously established as the minimum threshold of the assay.³⁴

174 The positive percent agreement (PPA) between amplicon and sequence capture methods was
175 99.8% [99.7-99.9; 95%CI] and 99.0% [98.8-99.2] at 20% and 2% variant frequency thresholds,
176 respectively at the nucleotide level (Tables S1 and S2, Figure S1).

177 Drug resistance analysis

178 The generated consensus sequences were analysed for surveillance drug resistance mutations
179 (SDRMs) using the Calibrated Population Resistance (CPR) tool that uses the WHO 2009 list of
180 SDRMs for PI and RTI, and recently proposed InSTI SDRMs list 2019: T66AIK, E92GQ,
181 G118R, F121Y, E138AKT, G140ACS, Y143CHRS, S147G, Q148HRK, N155H, S230R and
182 R263K.³⁸⁻⁴⁰ The integrase sequences were also analysed for the presence of the following InSTI
183 accessory mutations: H51Y, Q95K, T97A, A128T, V151A, S153FY, E157Q and G163KR. These
184 mutations have minimal, if any, effect on InSTI susceptibility when present alone but may
185 contribute to reduced susceptibility in combination with InSTI major RAMs. For determination of
186 mutational load, viral load and CD4+ count data was only used if performed within 30 days of
187 the sample used for RITA and sequencing. Additional mutational load data for PI, NRTI and
188 NNRTI was obtained from previously reported RT and protease sequencing of recently infected
189 individuals from 2011 to 2013.³⁴

190 Statistical analyses

191 Descriptive statistics (median and interquartile ranges) are provided for continuous variables
192 whereas frequency distributions are provided for categorical variables. Mutational load datasets
193 were compared using Mann-Whitney U-test with significance level set at $p < 0.05$.

194 Sequence data

195 Consensus HIV-1 pol sequences from this study have been submitted to GenBank and may be
196 accessed by the following accession numbers: MT570368-MT571329.

197 Results

198 Use of InSTIs in England

199 ~~The proportion of adults using InSTIs increased significantly from a low of 2.4% in London in~~
200 ~~2010 to between 17.4% and 25.7% in the Midlands and East of England and the North of~~
201 ~~England, respectively in 2015 (Figure 2).~~

202 Study population characteristics

203 The proportion of adults using InSTIs increased significantly from a low of 2.4% in London in
204 2010 to between 17.4% and 25.7% in the Midlands and East of England and the North of
205 England, respectively in 2015 (Figure 2).

206 Sequencing was performed on plasma samples from 655 recently infected individuals collected
207 between 2014 and 2016. The characteristics of the study population are summarised in **Table 1**.
208 The majority were male (94.5%) and of white ethnic background (77.9%) and their risk factor for
209 HIV infection was classed as having sex with other men (82.9%). Most of the recent infections
210 were from the London region (57.1%) and the median age of the study population was 33 years
211 [26.5-41; IQR]. Median viral load was log 5.18 [4.61-6.03] copies/mL and median CD4+ count

212 was 545 [408-723] cells/ μ L, in keeping with recency of infection. Subtyping using the *pol* gene
213 showed most individuals were infected with subtype B (67.5%).

214 Prevalence of integrase resistance-associated mutations

215 Of the 655 samples sequenced, 640 (97.7%) generated good quality integrase gene sequence
216 data (complete gene coverage at minimum read depth of 100); 316, 132 and 192 in 2014, 2015
217 and 2016, respectively. No InSTI major RAMs were detected in the 640 sequences as a high-
218 frequency variant ($\geq 20\%$). A total of 25 (3.9%) sequences contained major InSTI major-RAMs
219 as low-frequency variants occurring at a frequency between 2% and 20% (**Figure 3A**). By year,
220 18 (5.7%), 3 (2.3%) and 4 (2.1%) sequences contained InSTI major RAMs as low-frequency
221 variants in 2014, 2015 and 2016, respectively. In contrast, 39 (6.1%) sequences contained
222 InSTI accessory mutations as a high-frequency variant and 18 (2.8%) as a low-frequency
223 variant (**Figure 3A**). By year, the number of sequences containing InSTI accessory mutations
224 were 19 (6.0%), 11 (8.3%) and 9 (4.7%) as a high-frequency variant, and 8 (2.5%), 7 (5.3%)
225 and 3 (1.6%) as a low-frequency variant in 2014, 2015 and 2016, respectively.

226 The InSTI major RAMs and accessory mutations detected are shown in **Figure 3B**. The most
227 common InSTI major RAMs detected as low-frequency variants were E138K (8/25; 32.0%) and
228 Q148K (7/25; 28.0%). On the other hand, the most common InSTI accessory mutation detected
229 as a high-frequency variant was E157Q (29/39; 74.4%) whereas V151A was the most common
230 InSTI accessory mutation detected as a low-frequency variant (5/18; 27.8%). Most of the InSTI
231 accessory mutations present as high-frequency variants were associated with non-B subtypes
232 (22/39; 56.4%) with the majority associated with the circulating recombinant forms CRF02_AG
233 (n=9) and CRF06_cpx (n=8). The presence of low frequency RAMs was confirmed by read-
234 based RAM analysis using the variant frequency files produced by the QuasiBam software
235 (Table S3).

236 Prevalence of Rreverse Transcriptase and Protease Resistance-associated 237 mutations

238 Of the 655 samples sequenced, 619, 593 and 588 generated good quality sequence data for
239 protease, reverse transcriptase and both gene regions, respectively. By year, 302, 129 and 188
240 protease, and 295, 116 and 182 RT sequences were generated for 2014, 2015 and 2016,
241 respectively. TDR prevalence for all drug classes for the period 2014-2016 was 8.0% (47/588)
242 for high-frequency variants and 10.9% (64/588) for low-frequency variants. TDR mutations were
243 detected as a high-frequency variant in 15 (2.4%), 20 (3.4%) and 17 (2.9%) sequences against
244 PIs, NRTIs and NNRTIs, respectively (**Figure 4A**). The overall prevalence of TDR low-
245 frequency variants against PIs, NRTIs and NNRTIs was 27 (4.4%), 29 (4.9%) and 12 (1.0%),
246 respectively (**Figure 4A, Table S3**). The most common TDR mutations detected as a high-
247 frequency variant were L90M (7/15; 46.7%), T215rev (11/20; 55.0%) and K103N (12/17; 70.6%)
248 against PIs, NRTIs and NNRTIs, respectively (**Figure 4B**). In contrast, the most common TDR
249 mutations detected as a low-frequency variant were M46IL (13/27; 48.1%), D67GNE (13/29;
250 44.8%) and G190E (6/12; 50.0%) against PIs, NRTIs and NNRTIs, respectively (**Figure 4B**).

251 Of the 655 sequences 581 (88.7%) generated sufficient and good quality data in all three
252 polymerase gene regions. Two (0.3%) of the samples had a low-frequency variant-InSTI major

253 RAM and a high-frequency ~~variant~~ RAM in protease or RT: Q148K + G190A (NNRTI) and E92G
254 + T215S (NRTI). Both were subtype B. Three samples (0.5%) had a low-frequency ~~variant~~ InSTI
255 major RAM (E138K) and low-frequency ~~variant~~ RAM in protease and/or RT: D67N (NRTI) +
256 M46I (PI), M46I (PI) and D67G (NRTI) and they were subtype F, B and CRF01_AE,
257 respectively.

258 Mutational load of low frequency RAMs resistance-associated mutations

259 We determined the mutational load of low-frequency RAMs as previously described¹⁹. The
260 median mutational load of low-frequency InSTI RAMs was 3,833 [895-14,733; IQR] copies/mL
261 (**Figure 5**). The median mutational load of low-frequency InSTI RAMs was similar to that of low-
262 frequency PI and NRTI RAMs at 5,914 [1,470-31,552] and 2,706 [1,387-11,726] copies/mL,
263 respectively. In contrast, the mutational load for low-frequency NNRTI RAMs was slightly higher
264 and had a broad range at 10,188 [2,170-95,313] copies/mL; however, the difference was not
265 statistically significant ($p > 0.05$, Mann Whitney U test).

266 Discussion

267 Surveillance of transmitted InSTI resistance among ~~a population of 655 recently infected~~
268 individuals with recent HIV infection in the UK who were sampled between 2014 and 2016
269 showed no evidence of ~~transmission of major~~ InSTI ~~major~~ RAMs when considering mutants
270 present at high frequency in the individuals' samples. In contrast, at approximately 8%, the
271 prevalence of TDR to PIs and RTIs remains steady compared to last reported figures in 2014 ~~at~~
272 approximately 8%. This prevalence is still higher than the recommended threshold of 1-5%
273 where baseline resistance testing is considered of benefit at the population level.

274 On the other hand, accessory InSTI resistance mutations were detected as ~~a high-frequency~~
275 variants in 6.1% of the study population. The most common accessory InSTI RAMs were T97A
276 and E157Q; ~~both which~~ are polymorphic and observed at a high prevalence (up to 7%) in InSTI-
277 naïve individuals infected with non-B subtypes e.g. CRF02_AG, ~~at up to 7% prevalence~~. They
278 are also selected in patients experiencing treatment failure with first-generation InSTIs,
279 raltegravir and elvitegravir; however, they have little effect on InSTI susceptibility when present
280 alone.⁴¹

281 Ultradeep sequencing allowed the detection of mutations below the Sanger sequencing variant
282 frequency threshold of ~20%. Major InSTI ~~major~~ RAMs were detected as a low-frequency
283 variant in 3.9% of the study population, at a variant frequency between 2% and 20%. It has
284 been argued that the mutational load of low-frequency RAMs, especially for NNRTIs, could play
285 a role in treatment failure.⁴² The mutational load of low-frequency InSTI RAMs was comparable
286 to that of NRTI and PI RAMs, but was lower and had a very narrow range compared to that of
287 NNRTI RAMs. Compared to the data for low-frequency NNRTI RAMs, ~~there~~ is less compelling
288 evidence that low-frequency PI and NRTI RAMs contribute to treatment failure.²⁰ It is likely that
289 the mutational load of low-frequency RAMs is associated with the impact on virus replication
290 fitness, therefore InSTI, NRTI and PI RAMs which have a high impact on virus replication fitness
291 are unlikely to accumulate to high absolute levels compared to NNRTI RAMs. In addition, ~~We~~
292 recently showed evidence that the majority of low-frequency RAMs to PIs and RTIs in recently
293 infected individuals are not a result of a transmission event and thus would not have been

294 selected under drug pressure.²¹ Furthermore, a recent study showed no association between
295 the presence of low-frequency InSTI RAMs prior to initiation of treatment and treatment
296 outcomes.⁴³ Taken together, these data suggest that the low-frequency InSTI RAMs in recently
297 infected individuals are less likely to affect treatment outcome especially as current second-
298 generation InSTIs, dolutegravir and bictegravir, are highly effective and have very high **genetic**
299 barriers to resistance. However, ~~the~~ low-frequency InSTI RAMs may still have an impact in
300 treatment-experienced individuals, those with poor adherence or those who harbour resistance
301 to other components of their ART regimen who have undergone treatment interruption.

302 The proportion of individuals on an ART regimen that included an InSTI was approximately 20%
303 during the period covered by the study, as estimated using prescription data from NHS England.
304 The use of InSTIs as part of first-line regimens is anticipated to continue to rise in the UK
305 reflecting national and international treatment guidelines.⁴⁴ The use of InSTIs in the UK
306 increased from less than 10% in 2014 to over 20% in 2015; thus, the effect of this and further
307 projected increases in InSTI use may not be captured in this surveillance study. Nonetheless,
308 the virological suppression rate for people on InSTI-based therapy in the UK is very high (>95%)
309 and the likelihood of the emergence of drug resistance for those failing dolutegravir or
310 bictegravir plus two NRTIs in first-line ART is negligible.^{3,4} However, raltegravir and elvitegravir
311 have been used for longer than dolutegravir and bictegravir in ART-naïve and **ART-experienced**
312 patients and these drugs are more likely to result in treatment failure with resistance selection.
313 Thus, these groups may have generated a pool of potential transmitters which may later
314 contribute to transmitted InSTI resistance. All these factors necessitate continued surveillance of
315 InSTI TDR in the coming years.

316 Reflecting the focus on recent infection, A another limitation of the study is that most of the
317 sampled population was ~~from England, were~~ male, of white ethnic background ~~from England and~~
318 whose probable route of HIV exposure was sex between men and who were infected with
319 subtype B virus. This is because gay and bisexual men are more likely to have recently
320 acquired infection at HIV diagnosis. Thus, these findings may not be generalizable to the whole
321 of the UK population living with HIV, and particularly women and those infected with non-B
322 subtypes. In addition, the frequency of InSTI use may be different in Scotland, Wales and
323 Northern Ireland, data which was not captured in this study.

324 Two different sequencing methods were used in this study, an amplicon-based approach using
325 gene-specific nested PCR followed by DNA library prep and a sequence capture approach
326 which is dependent on RNA library prep followed by enrichment using HIV-1 specific probe
327 baits. Overall the consensus sequence generated by both methods were highly concordant
328 (>99%) using the 20% and 2% variant frequency at nucleotide level (see supplementary data).
329 Discordances were at mixed base positions where one method detected only one of the mixed
330 bases with a tendency for low-frequency variants detected by amplicon method being
331 infrequently detected by sequence capture whereas the opposite was true. This could either be
332 due an overcall of low-frequency variants by the amplicon method or a decreased sensitivity for
333 detection of low-frequency variants by the sequence capture. This requires further investigation
334 using standardised reference or control material with well-characterised low-frequency variants

335 at specific frequencies. The validation of NGS methods to accurately reflect *in vivo* low-
336 frequency variants is essential to determine their effect on clinical outcomes.

337 In conclusion, this study shows no evidence of transmitted InSTI resistance in the recently
338 infected population in the UK. However, performing baseline integrase resistance testing is still
339 important, especially for national reference laboratories in order to provide surveillance data
340 suggesting that baseline InSTI resistance testing is unlikely to be of clinical benefit. However,
341 continued surveillance is recommended and possibly in selected patients in routine clinical
342 practice. One consideration is considering that the use of InSTIs as part of first-line cART is
343 anticipated to continue to increase worldwide following WHO recommendations. The large-scale
344 use of DTG in resource-limited settings is likely to take place with limited viral load monitoring
345 and thus could result in significant increases in transmitted InSTI resistance from a more global
346 perspective in the UK and low-frequency InSTI resistance was detected at 3.9%. In parallel,
347 prospective cohort studies to assess treatment outcomes in recently infected individuals
348 harbouring the low-frequency RAMs variants would best inform their clinical significance and
349 diagnostic utility. The use of WGS adopted from 2015 onwards will also be useful in analysing
350 other regions of the HIV-1 genome that have been postulated to be involved in development of
351 resistance to second-generation InSTI, such as envelope and 3' polypurine tract (PPT).^{45 46}

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375

376 Author Contributions

377 JLM and JL contributed equally to this manuscript. JLM, AMG, VD and DTD conceived the
378 hypotheses and designed the study. JL and CM performed the sequencing experiments. all the
379 laboratory work. PK, AS, GM, AB and VD collected the metadata and coordinated RITA testing
380 and HARS database. JLM, JL and DFB performed bioinformatics analyses. JLM and AMG
381 drafted the manuscript. All authors provided critical reading that shaped the manuscript and
382 approved the final version of the manuscript. The corresponding author attests that all listed
383 authors meet authorship criteria and that no others meeting the criteria have been omitted and
384 had final responsibility for the decision to submit for publication.

385

386 Ethics statement

387 PHE has Section 251 approval, which is reviewed annually, and provides the legal basis for the
388 collection of HIV patient-level data for public health monitoring purposes. In addition, the HIV
389 surveillance dataset is reviewed annually by the PHE Caldicott Panel to ensure compliance with
390 information governance policies.

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548 **Table 1.** Characteristics of the study population

<i>Characteristic</i>	<i>Category</i>	<i>Variable^a</i>
<i>Gender</i>	Male	619 (94.5)
	Female	36 (5.5)
<i>Risk exposure</i>	MSM	543 (82.9)
	Heterosexual male	48 (7.3)
	Heterosexual female	33 (5.0)
	IDU	3 (0.5)
	Other / Unknown	28 (4.3)
<i>Ethnicity</i>	White	510 (77.9)
	Black (African / Caribbean / Other)	41 (6.3)
	Other / Unknown	104 (15.9)
<i>Region</i>	London	374 (57.1)
	North of England	113 (17.3)
	Midlands & East of England	83 (12.7)
	South of England	78 (11.9)
	Northern Ireland	6 (0.9)
	Wales	1 (0.2)
	<i>Subtype</i>	A
B		442 (67.5)
C		38 (5.8)
D		3 (0.5)
F		27 (4.1)
G		4 (0.6)
CRF01_AE		28 (4.3)
CFR02_AG		54 (8.2)
CRF06_cpx		18 (2.7)
CRF07_BC		1 (0.2)
CRF11_cpx		3 (0.5)
CRF12_BF		3 (0.5)
CRF24_BG		1 (0.2)
Complex recombinants		9 (1.4)
<i>Age in years</i>		
<i>CD4+ count (cells/mm³)</i>		545 [408-723] ^b
<i>Viral load (log₁₀, copies/mL)</i>		5.18 [4.61-6.03] ^c

549 ^abinary or category variables are presented as a number (% total) whereas continuous variables are
550 presented as median (interquartile range)

551 ^bn=602, number of samples with CD4+ counts done within 30 days of date of collection of the sample
552 used for RITA and sequencing

553 ^cn=366, number of samples with viral load done within 30 days of date of collection of the sample used for
554 RITA and sequencing

555

556 Figure Legends

557 **Figure 1.** *Flow chart showing study participant selection.* Patients were eligible for inclusion if
558 they were newly diagnosed and identified to be recently infected (within 4 months of sampling)
559 using RITA.

560 **Figure 2.** *The proportion of people on ART including InSTI in England between 2010 and 2015.*
561 The data was estimated from ART prescribing data from NHS England and is stratified by PHE
562 regions of London, Midlands & East of England, North of England and South of England. Data
563 for London in 2015 does not include figures for the month of December. Hospitals in the former
564 North West Strategic Health Authority (SHA) preferred to use RAL over bPIs as third agent for a
565 significant portion of the survey period. Figures may include a source of over-estimation as RAL
566 was used as first-line Post-Exposure Prophylaxis following Sexual Exposure (PEPSE). NA =
567 data not available.

568 **Figure 3.** *Prevalence of InSTI RAMs in recently infected individuals in the UK between 2014*
569 *and 2016.* Stacked column graphs showing the prevalence of InSTI major and accessory
570 resistance (A) and types of InSTI resistance mutations (B) at high (>20%) and low (2-20%)
571 variant frequency. This was determined from 640 integrase sequences from recently infected
572 individuals consisting of 316, 132 and 192 sequences in 2014, 2015 and 2016, respectively.
573 Major and accessory InSTI resistance mutations were determined using the Stanford HIV Drug
574 Resistance Database InSTI SDRM list 2019 and InSTI accessory mutations as of October 2019.

575 **Figure 4.** *Prevalence of PI and RTI TDR mutations in recently infected individuals in the UK*
576 *between 2014 and 2016.* Stacked column graphs showing the prevalence of PI and RTI TDR
577 mutations (A) and types of PI, NRTI and NNRTI resistance mutations (B) at high (>20%) and
578 low (2-20%) variant frequency. This was determined from 622 protease and 597 RT sequences
579 from recently infected individuals consisting of 302, 129 and 188 protease sequences and 295,
580 116 and 182 RT sequences in 2014, 2015 and 2016, respectively. PI, NRTI and NNRTI TDR
581 mutations were determined using the WHO SDRM list 2019.

582 **Figure 5.** *Mutational load of low-frequency RAMs.* Box and whisker plot of mutational load of
583 low frequency InSTI (n=14), PI (n=44), NRTI (n=28) and NNRTI (n=14) RAMs. Mutational load
584 is defined as mutation frequency \times viral load (copies/mL).

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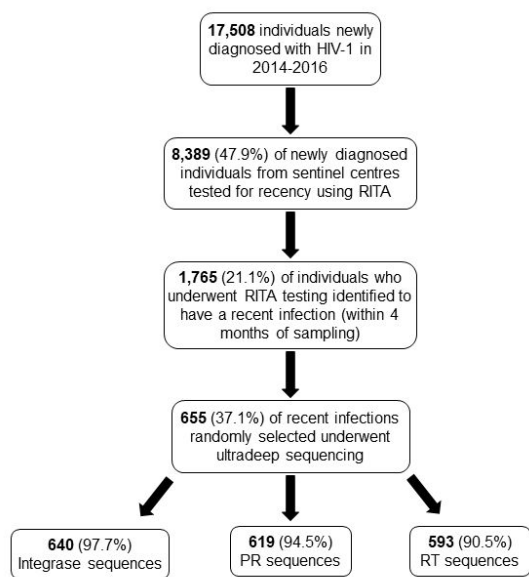


Figure 1

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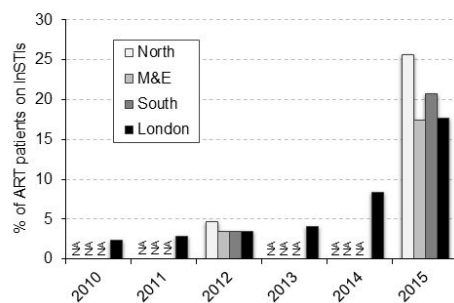


Figure 2

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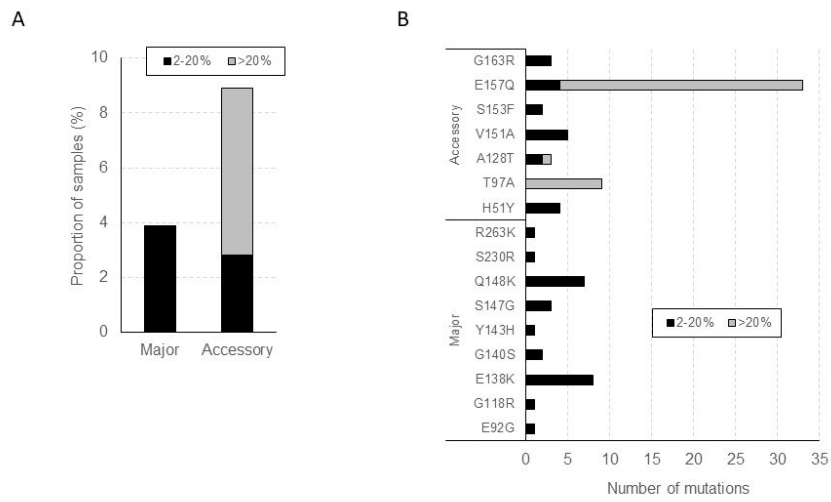


Figure 3

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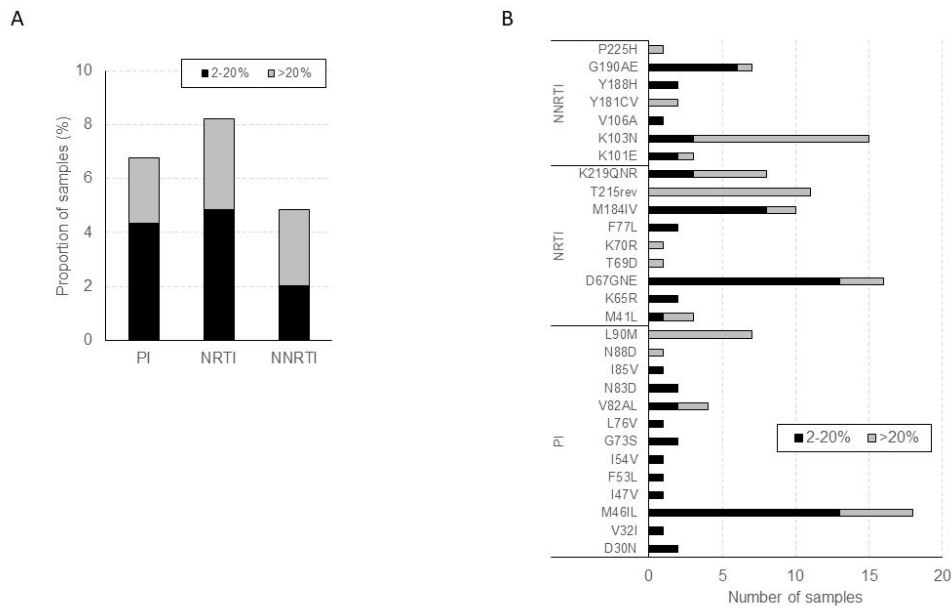


Figure 4

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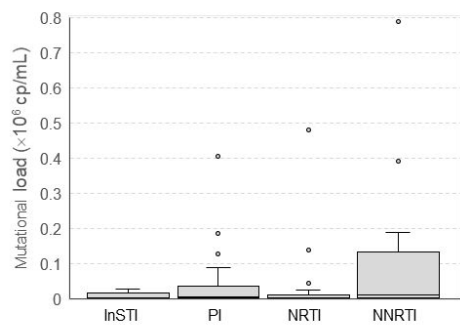


Figure 5

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Table S1. Comparison of amplicon and sequence capture NGS-based methods

Variant frequency threshold	Total no. of bases ^a	Discordances			Positive percent agreement	95% CI
		Total	Absolute ^b	Partial ^c		
20%	15410	32	7	25	99.8	99.7-99.9
2%	15401	153	3	150	99.0	98.8-99.2

^a using the integrase gene region from 19 different samples

^b positions where the two methods gave completely different bases e.g. T vs C

^c positions where one method had mixed bases whereas the other method had only one of the bases in the mixture e.g. Y vs T

Table S2. Analysis of mixed base calls between amplicon and sequence capture NGS-based methods

Variant frequency range	Method	No. of mixed base sites	No. concordant in alternate method	% concordant	No. concordant at >2% or 20%	% concordant overall
>20%	SeqCap	16	11	68.8	13	81.3
	Amplicon	29	10	34.5	21	72.4
2-20%	SeqCap	57	10	17.5	23	40.4
	Amplicon	116	11	9.5	14	12.1

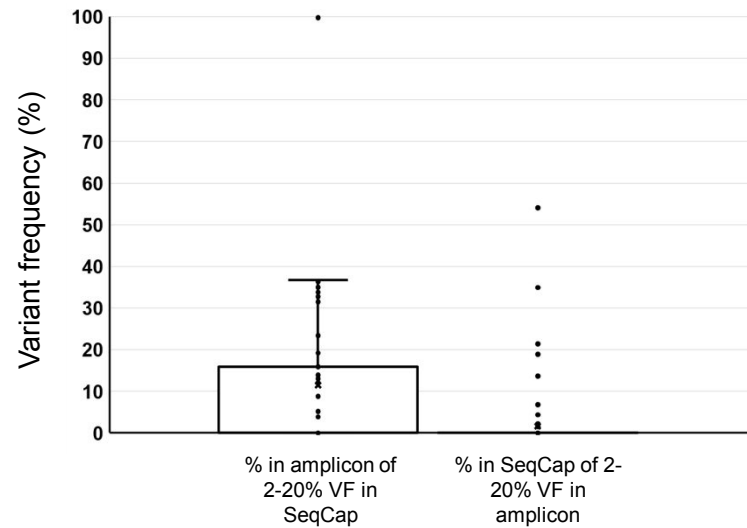


Figure S1. *Distribution of variants at mixed base positions.* The frequency of variants was determined for each method for variants detected within the 2-20% range by the alternate method and displayed in a box-whisker graph. This shows that low-frequency variants detected by the amplicon method are infrequently detected by the SeqCap method whereas the opposite is true.

Table S3. Codon frequency of low-frequency drug resistance variants

Gene	Sample ID	Mutation	AA:freq	Codon:freq	Depth
Integrase	14-0057	S147G	S:84.3487, G:15.4707,	AGT:84.0597, GGT:15.4587,	8306
Integrase	14-0128	E138K	E:92.2577, K:7.19498,	GAA:92.1551, AAA:7.18358,	8770
Integrase	14-0131	G140S	G:94.5347, S:5.05922,	GGC:94.3147, AGC:5.05922,	5910
Integrase	14-0144	Q148K	Q:97.4224, K:2.2942,	CAA:95.5735, AAA:2.2942, CAG:1.84885,	7410
Integrase	14-0159	Q148K	Q:97.3832, K:2.11281,	CAA:96.8599, AAA:2.11281,	5159
Integrase	14-0161	R263K	R:82.5018, K:16.3036,	AGA:82.2441, AAA:16.2567,	4269
Integrase	14-0186	Q148K	Q:97.2064, K:2.2843,	CAA:96.8394, AAA:2.2843,	13352
Integrase	14-0191	Q148K	Q:97.2017, K:2.54029,	CAA:96.9675, AAA:2.54029,	25194
Integrase	14-0261	Q148K	Q:97.1632, K:2.2705,	CAA:96.567, AAA:2.26505,	36732
Integrase	14-0280	Q148K	Q:95.7972, K:2.17376,	CAG:95.6766, AAG:2.17376,	29028
Integrase	14-0298	E138K	E:96.9016, K:2.32711,	GAA:96.6868, AAA:2.32711,	22818
Integrase	14-0302	S147G	S:87.8656, G:12.0877,	AGT:87.6945, GGT:12.0566,	6428
Integrase	14-0329	Q148K	Q:97.1253, K:2.34673,	CAA:96.7732, AAA:2.34673,	3409
Integrase	14-0395	S230R	S:96.964, R:2.06878,	AGC:96.8834, AGA:2.01505,	3722
Integrase	14-0416	E138K	E:89.5409, K:9.57476,	GAG:89.3389, AAG:9.5693,	18319
Integrase	14-0417	E92G	E:93.6004, G:5.76984,	GAG:93.4981, GGG:5.73835,	12704
Integrase	14-0419	E138K	E:95.5778, K:3.63601,	GAA:95.4206, AAA:3.62618,	10176
Integrase	14-0425	S147G	S:95.7666, G:4.15528,	AGT:95.5167, GGT:4.15528,	12803
Integrase	15-2792	E138K	E:96.3542, K:3.64583,	GAG:95.8333, AAG:3.64583,	384
Integrase	15-2828	E138K	E:91.4186, K:8.53367,	GAA:91.4026, AAA:8.53367,	6281
Integrase	15-3206	E138K	E:97.2211, K:2.50803,	GAA:97.2111, AAA:2.50803,	9968
Integrase	16-0742	G118R	G:96.7391, R:3.26087,	GGA:96.7391, AGA:3.26087,	92
Integrase	16-0775	Y143H	Y:97.2163, H:2.67666,	TAC:97.0021, CAC:2.67666,	934
Integrase	16-0830	G140S	G:93.5223, S:6.17409,	GGT:93.5223, AGT:6.17409,	1976
Integrase	16-0831	E138K	E:94.575, K:5.42504,	GAA:94.5265, AAA:5.42504,	4129
Integrase	14-0049	E157Q	E:94.3676, Q:5.38094,	GAA:94.3425, CAA:5.38094,	3977
Integrase	14-0103	V151A	V:89.7666, A:10.069,	GTA:89.2898, GCA:10.069,	12166
Integrase	14-0136	S153F	S:93.7058, F:5.66108,	TCT:93.5568, TTT:5.66108,	2685

Integrase	14-0174	G163R	G:96.2559, R:2.72596,	GGA:95.9735, AGA:2.72596,	15224
Integrase	14-0181	E157Q	E:94.8027, Q:4.96599,	GAA:94.5986, CAA:4.96599,	7350
Integrase	14-0181	G163R	G:97.969, R:2.00357,	GGA:97.5298, AGA:2.00357,	7287
Integrase	14-0379	G163R	G:95.9228, R:2.76765,	GGA:95.3827, AGA:2.76765,	7407
Integrase	14-0387	V151A	V:97.3938, A:2.4277,	GTG:96.769, GCG:2.4277,	5602
Integrase	14-0431	A128T	A:94.2695, T:5.68078,	GCC:94.1866, ACC:5.68078,	24134
Integrase	15-2838	H51Y	H:97.8102, Y:2.18978,	CAT:97.8102, TAT:2.18978,	137
Integrase	15-2861	V151A	V:93.573, A:3.15904, G:2.61438,	GTA:93.573, GCA:3.15904, GGA:2.61438,	918
Integrase	15-2942	V151A	V:95.4248, A:4.57516,	GTG:84.9673, GTA:10.4575, GCG:4.57516,	306
Integrase	15-2950	H51Y	H:92.2399, Y:7.58377,	CAT:92.2399, TAT:7.58377,	567
Integrase	15-2958	V151A	V:92.7253, A:4.10146,	GTA:92.6606, GCA:4.10146,	9265
Integrase	15-3064	S153F	S:85.4202, F:14.5798,	TCT:85.4202, TTT:14.5798,	583
Integrase	15-3252	E157Q	E:93.2653, Q:6.53061,	GAA:93.2653, CAA:6.53061,	980
Integrase	16-0739	H51Y	H:94.1402, Y:5.81341,	CAT:94.0938, TAT:5.81341,	8618
Integrase	16-0804	A128T	A:96.7692, T:3.20479,	GCA:96.7431, ACA:3.20479,	3838
Integrase	16-0804	V151A	V:93.5411, A:4.60812, M:1.75637,	GTG:93.4844, GCG:4.60812, ATG:1.75637,	5295
Integrase	16-0847	H51Y	H:97.764, Y:2.23602,	CAT:97.764, TAT:2.23602,	805
RT	14-0111	F77L	F:96.3229, L:2.47802, S:1.1191,	TTC:95.8433, CTC:2.47802, TCC:1.1191,	1251
RT	14-0128	D67N	D:94.9077, N:4.53875,	GAT:94.8155, AAT:4.5203,	5420
RT	14-0195	M41L	M:93.2409, L:5.60768,	ATG:93.2409, CTG:5.60768,	4690
RT	14-0218	K65R	K:96.8848, R:2.91979,	AAG:96.8197, AGG:2.91979,	9213
RT	14-0232	F77L	F:96.9987, L:2.43125,	TTC:96.9316, CTC:2.09591,	5964
RT	14-0282	K219R	K:94.1369, R:5.14612,	AAA:93.9826, AGA:5.14612,	11018
RT	14-0298	D67G	D:90.1886, G:9.1043,	GAC:90.0265, GGC:9.1043,	6788
RT	14-0311	D67G	D:96.3252, G:3.67483,	GAC:96.3252, GGC:3.67483,	898
RT	14-0353	D67G	D:97.2086, G:2.38127,	GAC:97.1689, GGC:2.38127,	7559
RT	14-0427	D67G	D:96.2117, G:3.06675,	GAC:96.0914, GGC:3.06675,	1663
RT	14-0434	K65R	K:97.5438, R:2.11851,	AAG:97.4823, AGG:2.11851,	3257
RT	14-0436	D67G	D:96.9207, G:2.69438,	GAC:96.6128, GGC:2.69438,	1299
RT	14-0437	M184I	M:95.5732, I:3.18471,	ATG:95.5732, ATA:2.92994,	3140

RT	14-0438	D67G	D:94.6474, G:5.09771,	GAC:94.4775, GGC:5.09771,	2354
RT	15-2840	D67N	D:97.3847, N:2.47003,	GAT:97.3847, AAT:2.47003,	2753
RT	15-2847	K219R	K:96.7532, R:3.24675,	AAA:96.7532, AGA:3.24675,	154
RT	15-3018	D67N	D:97.7273, N:2.27273,	GAT:97.7273, AAT:2.27273,	176
RT	15-3059	M184I	M:96.5116, I:3.48837,	ATG:96.5116, ATA:3.48837,	344
RT	15-3067	K219N	K:95.5437, N:4.45633,	AAA:95.5437, AAT:4.45633,	561
RT	15-3117	M184I	M:93.1483, I:6.8174,	ATG:93.1483, ATA:6.44056,	2919
RT	16-0741	M184I	M:96.5614, I:3.42205,	ATG:96.5614, ATA:3.33939,	6049
RT	16-0745	D67N	D:97.4684, N:2.53165,	GAT:97.4684, AAT:2.53165,	158
RT	16-0786	D67N	D:94.6404, N:5.35961,	GAT:94.6404, AAT:5.35961,	5075
RT	16-0799	M184I	M:91.1871, I:8.74101,	ATG:91.1871, ATA:8.70504,	2780
RT	16-0800	M184I	M:94.3534, I:5.64663,	ATG:94.3534, ATA:5.46448,	549
RT	16-0841	D67G	D:85.3253, G:14.5234,	GAC:85.3253, GGC:14.5234,	661
RT	16-0858	M184I	M:97.9458, I:2.05423,	ATG:97.9458, ATA:2.01315,	2434
RT	16-0879	M184I	M:96.0673, I:3.88411,	ATG:96.0673, ATA:3.83064,	20571
RT	16-0900	D67G	D:92.3077, G:7.50315,	GAT:92.1816, GGT:7.50315,	1586
RT	14-0080	V106A	V:97.2472, A:2.67103,	GTG:95.9389, GCG:2.61652,	3669
RT	14-0217	Y188H	Y:94.4268, H:5.25478,	TAT:94.2675, CAT:5.25478,	628
RT	14-0405	K103N	K:95.2284, N:3.98034,	AAA:95.1445, AAC:3.96835,	8341
RT	14-0443	K101E	K:96.0389, E:3.70736,	AAA:95.8416, GAA:3.70736,	7094
RT	14-0443	K103N	K:82.1165, N:16.9742,	AAA:81.9452, AAC:16.6974,	7588
RT	14-0443	Y188H	Y:92.4967, H:7.26386,	TAT:92.1951, CAT:7.25499,	11275
RT	15-2803	G190E	G:97.2282, E:2.69945,	GGA:97.2282, GAA:2.69945,	4149
RT	15-2837	K103N	K:89.7959, N:10.2041,	AAA:89.7959, AAC:10.2041,	441
RT	15-2861	G190E	G:95.8559, E:4.14414,	GGA:95.8559, GAA:4.14414,	1110
RT	15-3089	G190E	G:80, E:19.5918,	GGA:80, GAA:19.5918,	245
RT	15-3207	V106A	V:89.5053, A:10.4227,	GTA:89.5053, GCA:10.4227,	4164
RT	16-0745	G190E	G:92.9444, E:6.3772,	GGA:92.9444, GAA:6.3772,	737
RT	16-0769	G190E	G:96.5877, E:3.31754,	GGA:96.5877, GAA:3.31754,	2110
RT	16-0773	K101E	K:94.8252, E:5.17483,	AAA:94.8252, GAA:5.17483,	715

RT	16-0845	G190E	G:95.9751, E:3.85892,	GGA:95.9751, GAA:3.85892,	2410
PR	14-0077	M46I	M:97.0008, I:2.71159,	ATG:97.0008, ATA:1.97206,	2434
PR	14-0087	V82A	V:92.1878, A:7.6314,	GTC:91.2339, GCC:7.60646,	16039
PR	14-0128	M46I	M:94.0327, I:5.66519,	ATG:94.0327, ATA:5.47635,	10591
PR	14-0142	M46I	M:93.2759, I:6.37931,	ATG:93.2759, ATA:6.24521,	10440
PR	14-0196	I54V	I:97.2679, V:2.34663,	ATC:96.9913, GTC:2.34663,	11932
PR	14-0197	M46I	M:97.7584, I:2.18144,	ATG:97.7584, ATA:2.16639,	6647
PR	14-0215	M46I	M:92.0221, I:7.81991,	ATG:92.0221, ATA:7.74092,	2532
PR	14-0220	G73S	G:97.0144, S:2.83819,	GGT:96.6273, AGT:2.83819,	5426
PR	14-0224	N83D	N:95.1649, D:4.61019,	AAC:95.1274, GAC:4.61019,	5336
PR	14-0244	M46L	M:97.7225, L:2.05809,	ATG:97.7225, TTG:2.02674,	9572
PR	14-0295	N83D	N:96.67, D:3.14004,	AAC:96.6067, GAC:3.14004,	7898
PR	14-0323	I85V	I:94.8741, V:4.85126,	ATT:94.5538, GTT:4.85126,	2185
PR	14-0360	I47V	I:95.7078, V:3.93147,	ATA:95.6898, GTA:3.93147,	5545
PR	14-0399	M46I	M:96.6017, I:3.12115,	ATG:96.6017, ATA:3.01971,	55204
PR	14-0405	M46L	M:96.2874, L:3.18044,	ATG:96.2874, TTG:3.16776,	7892
PR	14-0419	M46I	M:85.6092, I:14.0484,	ATG:85.6092, ATA:13.5539,	7887
PR	14-0422	V32I	V:96.7893, I:3.00642,	GTA:96.6871, ATA:3.00642,	6852
PR	14-0444	D30N	D:88.5475, N:11.1034,	GAT:88.2542, AAT:11.1034,	7160
PR	15-2892	G73S	G:97.262, S:2.59003,	GGT:97.2373, AGT:2.59003,	4054
PR	15-3019	V82L	V:93.5012, L:6.39712,	GTC:93.4856, CTC:6.39712,	12787
PR	15-3050	F53L	F:84.6348, L:15.3652,	TTT:84.6348, CTT:15.3652,	397
PR	16-0717	M46I	M:91.4494, I:3.90283,	ATG:91.4494, ATA:3.88664,	6175
PR	16-0796	M46I	M:95.4325, I:4.56754,	ATG:95.4325, ATA:4.56754,	1029
PR	16-0901	L76V	L:96.1762, V:3.82381,	TTA:96.031, GTA:3.82381,	2066
PR	16-0992	M46I	M:86.7987, I:13.2013,	ATG:86.7987, ATA:13.2013,	303
PR	16-1001	D30N	D:95.2381, N:4.7619,	GAT:95.2381, AAT:4.7619,	147