

1 ***Fasciola hepatica* is refractory to complement killing by preventing attachment of**  
2 **mannose binding lectin (MBL) and inhibiting MBL-associated serine proteases**  
3 **(MASPs) with serpins**

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23 **Abstract**

24 The complement system is a first-line innate host immune defence against invading pathogens.  
25 It is activated via three pathways, termed Classical, Lectin and Alternative, which are mediated  
26 by antibodies, carbohydrate arrays or microbial liposaccharides, respectively. The three  
27 complement pathways converge in the formation of C3-convertase followed by the assembly  
28 of a lethal pore-like structure, the membrane attack complex (MAC), on the pathogen surface.  
29 We found that the infectious stage of the helminth parasite *Fasciola hepatica*, the newly  
30 excysted juvenile (NEJ), is resistant to the damaging effects of complement. Despite being  
31 coated with mannosylated proteins, the main initiator of the Lectin pathway, the mannose  
32 binding lectin (MBL), does not bind to the surface of live NEJ. In addition, we found that  
33 recombinantly expressed serine protease inhibitors secreted by NEJ (rFhSrp1 and rFhSrp2)  
34 selectively prevent activation of the complement via the Lectin pathway. Our experiments  
35 demonstrate that rFhSrp1 and rFhSrp2 inhibit native and recombinant MBL-associated serine  
36 proteases (MASPs), impairing the primary step that mediates C3b and C4b deposition on the  
37 NEJ surface. Indeed, immunofluorescence studies show that MBL, C3b, C4b or MAC are not  
38 deposited on the surface of NEJ incubated in normal human serum. Taken together, our  
39 findings uncover new means by which a helminth parasite prevents the activation of the Lectin  
40 complement pathway to become refractory to killing *via* this host response, in spite of  
41 presenting an assortment of glycans on their surface.

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## 46 **Author Summary**

47 The mammalian complement system plays a central role in the defence against invasive  
48 pathogens. This response is initiated by recognition of specific molecules attached on the  
49 surface of bacteria, virus and parasites. Antigen-antibody complex, sugars and  
50 lipopolysaccharides are recognized by initiators of the Classical, Lectin and Alternative  
51 complement pathway, respectively, which leads to activation of the complement response and  
52 subsequent inflammation, opsonisation, damage and elimination of the invasive organism.  
53 Therefore, during infection with helminth parasites such as *Fasciola hepatica*, which is covered  
54 in antigenic sugars, it would be expected that complement attack, especially via the Lectin  
55 pathway, would eliminate them, thereby preventing establishment of infection. We discovered  
56 that the infective stage of *F. hepatica*, the newly excysted juvenile (NEJ), is resistant to the  
57 damaging effects of complement by using unique means that consists of: (1) preventing binding  
58 of the main initiator of this cascade, the mannose binding lectin (MBL), to the parasite surface;  
59 and (2) secreting two protease inhibitors (serpins), FhSrp1 and FhSrp2, that inactivate the main  
60 serine proteases involved in the Lectin pathway activation, namely MASPs. The elucidation of  
61 how *F. hepatica* and other helminths evade complement attack is a tractable approach for the  
62 discovery of novel anti-parasite interventions.

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## 69 **Introduction**

70 The complement system is the frontline immune defence against invading microorganisms and  
71 parasites [1, 2]. The three pathways that activate the complement system, namely the Classical,  
72 Lectin and Alternative, consist of more than 35 plasma and membrane-associated proteins  
73 organized in a well-balanced network. Many of these proteins are proenzymes (serine  
74 proteases) that, in turn, are activated or serve as substrates for a series of extracellular  
75 proteolytic cascades [3, 4]. While each of the three complement pathways is initiated in its own  
76 very specific way (antigen-antibody for Classical, glycans for Lectin, and bacterial  
77 lipopolysaccharides (LPS) for Alternative pathway), they all converge in the formation of C3-  
78 convertase (C4b2a in the Classical and Lectin pathways; C3bBb in the Alternative pathway)  
79 and result in the assembly of a pore-like structure, the membrane attack complex (MAC), that  
80 is inserted into the membrane of the target cell or pathogen and prompts their lysis [5].  
81 Activation of complement attack via any of the three pathways also stimulates a strong pro-  
82 inflammatory response driven by anaphylatoxins (C3a, C4a and C5a) and opsonization of  
83 pathogens via binding of C3b and C4b fragments that are recognized by complement receptors  
84 on phagocytic cells [4, 5].

85 Remarkably, even though the complement system is present in tissues, fluids and blood,  
86 it often fails to kill protozoa and helminth parasites within these host compartments [1, 4],  
87 suggesting that parasites have developed effective mechanisms to evade or subvert this system.  
88 It is not surprising, therefore, that attention has been focused on uncovering parasite-specific  
89 mechanisms and molecules involved in this complement escape. Helminth parasites of the  
90 genus *Schistosoma* and *Echinococcus*, and protozoans of the genus *Trypanosoma* and  
91 *Leishmania* have been shown to avoid complement attack or complement mediated responses  
92 mainly by (1) avoiding recognition by complement activators, e.g., antibodies and mannose-

93 binding lectins, (2) varying or changing their surface components, and (3) expressing regulators  
94 of complement activation as secreted or membrane-associated products [1, 4, 6-11].

95 Fasciolosis or liver fluke disease is a global neglected food- and water-borne infectious  
96 disease caused by the digenean trematode parasite *Fasciola hepatica*. It is widespread,  
97 affecting ~17 million people in more than 70 countries and a 50-75% of the domestic ruminants  
98 (sheep, cattle, water buffalo) depending on the region [12, 13], causing annual losses estimated  
99 at ~ €2.5 billion to livestock and food industry worldwide [14-16]. Mammalian hosts become  
100 infected by ingesting infective encysted metacercariae present on vegetation or floating in  
101 water. *F. hepatica* newly excysted juveniles (NEJ) emerge inside the host's intestine and  
102 burrow through the gut wall into the peritoneal cavity to reach the liver, where they migrate  
103 through the parenchyma to find the bile ducts where they reside and reproduce for many years  
104 [17, 18].

105 The molecular mechanisms underlying the successful establishment and persistence of  
106 *F. hepatica* in the host involves sophisticated methods of modulating the host's immune  
107 responses, including polarization towards a Th2 response, suppression of Th1/Th17 responses,  
108 alternative activation of macrophages (M2), induction of eosinophil apoptosis and inhibition  
109 of dendritic cells maturation [19-21]. What has yet to be investigated is whether NEJ possess  
110 a mechanism to prevent attack by the complement system as they enter the host. As a tissue-  
111 invasive pathogen, *F. hepatica* NEJ should be vulnerable to this rapid innate immune response.  
112 Furthermore, recent glycomic analysis has shown that the surface glycocalyx of both NEJ and  
113 adult fluke contains highly mannosylated glycans [22, 23], which would be expected to activate  
114 the complement system, specifically via the Lectin pathway. In this study, we aimed to  
115 understand how *F. hepatica* NEJ avoid the complement system during invasion of the  
116 mammalian host.

117 Here we show that *F. hepatica* NEJ are resistant to killing by complement. We  
118 discovered that NEJ selectively and potently inhibit the Lectin complement pathway. Our  
119 experiments point to an evasion strategy whereby *F. hepatica* NEJ, despite their mannosylated  
120 surface, prevent the binding of mannose binding lectin (MBL) on their surface. Concurrently,  
121 they express serine protease inhibitors, serpins, which regulate MBL-associated serine  
122 proteases (MASPs) that under normal circumstances play a role in generating the precursors of  
123 C3-convertase essential for the initiation of the Lectin pathway. This mechanism of  
124 complement avoidance has not been described before for any helminth and it may not be the  
125 only means by which *F. hepatica* blocks complement-mediated killing. Therefore, we place  
126 these mechanisms in the context of other putative tactics that the parasite may exploit to  
127 efficiently avoid complement attack.

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## 129 **Materials and Methods**

### 130 **Ethical statement and samples**

131 Samples of normal human sera (NHS) were obtained from healthy volunteers following ethical  
132 approval by the National University of Ireland Galway, Ireland, research ethics committee  
133 (R20.Jun.06). The samples were pooled and immediately stored at -80°C. All participants  
134 provided written informed consent prior to the study.

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### 136 **Recombinant *F. hepatica* serpins (rFhSrp1 and rFhSrp2) and MASP proteins.**

137 The recombinant *F. hepatica* serpins, rFhSrp1 and rFhSrp2 were produced as described by De  
138 Marco Verissimo et al. [24]. Briefly, recombinant expression was carried out in *Escherichia*  
139 *coli* and recombinant proteins purified using Ni-NTA affinity chromatography (Qiagen).

140 Proteins concentration was measured by Bradford Protein Assay (Bio-Rad) and the proteins  
141 visualised on 4-20% SDS-PAGE gels (Bio-Rad) stained with BioSafe Coomassie (Bio-Rad).  
142 Polyclonal antibodies against rFhSrp1 and rFhSrp2 were produced in rabbits as previously  
143 described (Eurogentec; [24]). Recombinant MASP-1 catalytic region (CCP1-CCP2-SP;  
144 crMASP-1) and MASP-2 catalytic region (CCP1-CCP2-SP; crMASP-2) were produced as  
145 previous described [25, 26].

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### 147 **Effect of live *F. hepatica* NEJ, ES, rFhSrp1 and rFhSrp2 on the Classical, Lectin and** 148 **Alternative pathways of the complement system**

149 *F. hepatica* newly excysted juveniles (NEJ) were obtained by excysting metacercariae (Italian  
150 and Aberystwyth isolates, Ridgeway Research Ltd), as previously described by Robinson et  
151 al. [27]. *F. hepatica* NEJ were cultured in RPMI-1640 media (ThermoFisher Scientific)  
152 supplemented with 30 mM HEPES (ThermoFisher Scientific), 0.1% glucose and 50 µg/ml  
153 gentamycin, at 37°C with 5% CO<sub>2</sub>, for up to 24 hr. The culture media containing the  
154 excretory/secretory (ES) products was collected after 24 hr, concentrated using Amicon Ultra  
155 3kDa columns (Merck Millipore) and stored at -80°C until use [28].

156 For the complement blocking assays, the NEJ were washed five times in Dulbecco's  
157 phosphate-buffered saline (DPBS) (ThermoFisher Scientific) and cultured for further 1 hr in  
158 100% NHS at 37°C, 5% CO<sub>2</sub> (1 NEJ/1 µL). Samples of NHS alone were also incubated under  
159 the same conditions to be used as control sera (NHS-control). The cultured sera were  
160 recovered from each condition following the incubation and stored at -80°C until use in the  
161 complement assays.

162 Activation of the three complement pathways (Classical, Lectin and Alternative) was  
163 measured using the Wieslab Complement System Screen (Svar Life Science AB) in a 96-well

164 plate format. Samples of NHS cultured with *F. hepatica* NEJ or NHS-control were diluted  
165 according the manufacturer's instructions, in the required kit buffer, and incubated at room  
166 temperature (RT) for 15 min. Alternatively, to test the effect of the NEJ ES products, NHS was  
167 diluted in the required buffers and, after 15 min incubation, RPMI media or NEJ ES (20 µg)  
168 with or without the broad-spectrum cathepsin proteinase inhibitor E-64 (20 µM; Sigma-  
169 Aldrich) was added to the samples, which were incubated at RT for a further 25 min. The  
170 samples (100 µL) were then added to the wells of the Wislab plates, incubated at 37°C for 1 hr  
171 and the activity of each complement pathway measured according to the manufacturer's  
172 instructions. All the assays were performed in triplicate. The complement activity via each  
173 pathway, presented as a percentage, was calculated either relative to the activity within the  
174 NHS, NHS-control or within NHS assayed with RPMI only, set as 100% activity.

175 To test the effect of the recombinant *F. hepatica* rFhSrp1 and rFhSrp2 serpins on the  
176 complement pathways, NHS was diluted as above according to the manufacturer's instructions,  
177 and incubated at RT for 15 min. Following which, rFhSrp1 (1 µM), rFhSrp2 (1 µM), rFhSrp1  
178 and 2 combined (referred to hereon in as FhSrps, 1 µM), serine protease inhibitor Futhan (FUT-  
179 175; as a positive control in the recommended concentration 100 µM to inhibit complement  
180 pathways, BD-Pharmingen-Bioscience), or 1x PBS (negative control) was added to the NHS  
181 samples and incubated at RT for a further 25 min, before adding the samples to the wells of the  
182 Wieslab plates. The assays were developed as described above. All the assays were performed  
183 in triplicate and the percentage inhibition of each complement pathway was calculated relative  
184 to the activity within the control NHS samples with PBS.

185

186 **Immunolabeling of complement-derived proteins on the surface of *F. hepatica* NEJ**



187 *F. hepatica* NEJ were excysted and cultured in RPMI-1640 media (ThermoFisher Scientific)  
188 for 23 hr, as described above. The media containing the NEJ was then supplemented with  
189 either 10% NHS, recombinant human MBL (rhMBL, 2 µg/mL; R&D Systems), or 1x PBS  
190 and incubated at 37°C, 5% CO<sub>2</sub>, for 1 hr. After five washes in DPBS, the NEJ were fixed in  
191 4% paraformaldehyde (PFA) at RT for 4 hr for complement immunolocalization studies.

192 To analyse complement interaction and deposition on *F. hepatica* NEJ exposed to 10%  
193 NHS, the respective fixed parasites were washed three times in antibody diluent buffer (AbD)  
194 (0.1% Triton X-100 (v/v), 0.1% bovine serum albumin (w/v) and 0.1% sodium azide (w/v) in  
195 PBS) and probed overnight (ON) with rabbit anti-human MBL (1:250; Abcam), rabbit anti-  
196 human C3b (1:250; Aligent), rabbit anti-human C4b (1:250; Abcam), or rabbit anti-human  
197 C5b-9 (MAC) (1:500; Abcam), at 4°C. After three washes with AbD, fluorescein  
198 isothiocyanate (FITC)-labelled goat anti-rabbit IgG (1:200; Sigma-Aldrich) was added and the  
199 samples were incubated ON, in the dark at 4°C. Parasites incubated with 10% NHS were also  
200 probed directly with concanavalin A-FITC labelled (10 µg/mL; Sigma-Aldrich), ON at 4°C.  
201 The parasites were subsequently washed with AbD and counter-stained ON, in the dark at 4°C  
202 with phalloidin-tetramethylrhodamine isothiocyanate (TRITC) (200 µg/mL; Sigma-Aldrich).

203 In other experiments, live *F. hepatica* NEJ were cultured for 1 hr in the presence of  
204 recombinant human MBL (rhMBL, 2 µg/mL), after which the NEJ were washed, fixed and  
205 probed with rabbit anti-human MBL (1:250). Addition of the secondary FITC-antibody and  
206 counter-staining with TRITC were subsequently performed as described above.

207 *F. hepatica* NEJ cultured in RPMI alone and subsequently fixed, were washed with  
208 AbD and subsequently incubated with either rhMBL (2 µg/mL) or 10% NHS, for 1 hr at RT.  
209 After three washes with AbD, these samples were probed ON at 4°C with either rabbit anti-  
210 human MBL (1:250), rabbit anti-human C3b (1:250), rabbit anti-human C4b (1:250), or rabbit

211 anti-human C5b-9 (MAC) (1:500). As non-related controls, samples of these NEJ fixed were  
212 probed with polyclonal rabbit anti-recombinant *F. hepatica* cathepsin L3 (rFhCL3, 1:500)  
213 followed by FITC-labelled goat anti-rabbit IgG secondary antibody (1:200; ThermoFisher  
214 Scientific). Alternatively, these NEJ parasites were probed directly with concanavalin A-FITC  
215 labelled (10 µg/mL), ON at 4°C. All these samples were counter-stained and processed as  
216 described above. The NEJ were mounted on slides in 10% glycerol (v/v) with 0.1M propyl  
217 gallate and covered with a coverslip. The slides were visualized in an Olympus Fluoview 3000  
218 Laser Scanning Confocal Microscope under the PL APO CS 60x oil objective lens using  
219 Olympus type F immersion oil.

220

#### 221 **Recognition of *F. hepatica* NEJ somatic extract by human mannose binding lectin**

222 *F. hepatica* NEJ somatic extract was prepared by adding 100 µl RIPA buffer (Sigma-Aldrich)  
223 containing 5% protease and phosphatase inhibitor cocktail (Sigma-Aldrich) to ~1000 24 hr  
224 post-excystment NEJ. The sample was freeze-thawed 3x and homogenised using a sterile pestle  
225 to extract the proteins. Following centrifugation at 10,000 x g for 40 min at 4°C, the supernatant  
226 was collected and the somatic protein concentration was measured by the Bradford Protein  
227 Assay (Bio-Rad).

228 *hMBL-binding ELISA*: Flat-bottom 96 well microtiter plates (Nunc MaxiSorp, Biolegend) were  
229 coated with mannan from *Saccharomyces cerevisiae* (2 µg/well; Sigma-Aldrich) or *F. hepatica*  
230 NEJ somatic extract (2 µg/well) in carbonate buffer ON, at 4°C. Recombinant human MBL  
231 (rhMBL, 2 µg/mL) or NHS (1:25) used as source of human MBL (hMBL), or PBS (as control)  
232 were diluted in dilution buffer (0.1% BSA (w/v), 1 M NaCl, 20 mM Tris, 10 mM CaCl<sub>2</sub>, pH  
233 7.4) and added, in triplicate, to the mannan and NEJ somatic extract-coated wells and incubated  
234 ON, at 4°C. After three washes with wash buffer (120 mM NaCl, 10 mM Tris, 1 mM CaCl<sub>2</sub>,

235 0.05% Tween 20 (v/v), pH 7.4), the wells were treated with blocking buffer (0.1% BSA (w/v),  
236 120 mM NaCl, 10 mM Tris, 1 mM CaCl<sub>2</sub>, pH 7.4) for 1 hr at 37°C. Bound hMBL was detected  
237 with rabbit anti-human MBL HRP-conjugated antibodies (1:4,000; US Biological Life  
238 Sciences). The assays were developed with 3,3',5,5' tetramethylbenzidine (TMB) substrate  
239 (Sigma-Aldrich) and the reaction was stopped by the addition of 100 µL 2N sulphuric acid to  
240 each well. Absorbance was measured at 450 nm in a PolarStar Omega Spectrophotometer  
241 (BMG LabTech, UK) and the OD<sub>450</sub> intensity was considered proportional to the hMBL  
242 bound to the wells. To assess if *F. hepatica* serpins could interfere with the hMBL binding,  
243 rFhSrp1 (1 µM), rFhSrp2 (1 µM), rFhSrps (1 µM) or FUT-175 (100 µM) was added to the  
244 NHS samples prior to addition to the wells. These concentrations were conserved throughout  
245 all the experiments in this study, considering their effectiveness on inhibiting the lectin  
246 pathway assayed using the Wieslab test.

247

248 *Detection of hMBL-binding molecules in F. hepatica NEJ somatic extract by transfer blotting:*  
249 *F. hepatica* NEJ somatic extract (10 µg/lane) was resolved in a 4-20% SDS-PAGE gel and  
250 electro-transferred onto PVDF membrane. The membrane was incubated in blocking buffer  
251 (2% BSA (w/v) in PBST) and then probed ON at 4°C with either recombinant rhMBL (2  
252 µg/mL) or NHS (1:25). After five washes, bound hMBL was detected with rabbit anti-human  
253 MBL HRP-conjugate antibodies (1:4,000) followed by developing with 3,3'-Diaminobenzidine  
254 substrate (DAB, Sigma-Aldrich). As controls, separate transfer strips containing the NEJ  
255 somatic extract (10 µg/lane) and rhMBL (1 µg/lane) were probed with the secondary antibody  
256 only.

257

258 **Assessing rFhSrp1 and rFhSrp2 interaction with serum-derived MASPs**

259 We assessed the ability of the recombinant *F. hepatica* serpins (rFhSrp1 or rFhSrp2) to bind  
260 and block the activity of the native serum derived MASPs using two different assays.

261 *ELISA assay to assess F. hepatica serpins interaction with serum-derived MASPs:* The ELISA  
262 was performed according to Ferreira et al. [29] with slight modifications. Flat-bottom 96 well  
263 microtiter plates were coated with mannan from *S. cerevisiae* (5 µg/mL) in carbonate buffer  
264 (50 mM NaHCO<sub>3</sub>, 50 mM Na<sub>2</sub>CO<sub>3</sub>, pH 9.6). NHS diluted 1:100 in barbital buffer (4 mM  
265 barbital, 145 mM NaCl, 0.5 mM MgCl<sub>2</sub>, 2 mM CaCl<sub>2</sub>, 0.02% Tween 20 (v/v), 0.3% BSA  
266 (w/v), pH 7.4) was added to the mannan-coated plates and incubated for 2 hr at 37°C. After  
267 five washes with PBST containing 10 mM NaCl, either rFhSrp1 (1 µM), rFhSrp2 (1 µM),  
268 rFhSrps (1 µM) or 1x PBS was added to the wells and incubated at 37°C for 2 hr. Serpins  
269 bound to the wells were detected with rabbit anti-rFhSrp1 (1:1,000), anti-rFhSrp2 (1:1,000) or  
270 anti-rFhSrp1 and 2 mixed 1:1 (1:1,000), followed by a secondary antibody HRP-conjugated  
271 goat to rabbit anti-IgG (1:5,000). The assays were developed with TMB substrate and the  
272 reaction was stopped by the addition of 100 µL 2N sulphuric acid to each well. Absorbance  
273 was measured at 450 nm in a PolarStar Omega Spectrophotometer. All assays were carried  
274 out in triplicate and the OD450 intensity was considered proportional to the binding of the  
275 serpins.

276

277 *Assessing the enzymatic activity of serum-derived MASPs:* To investigate whether the *F.*  
278 *hepatica* recombinant serpins inhibit native serum-derived MASPs, samples of NHS diluted  
279 1:10 in barbital buffer were incubated with either rFhSrp1 (1 µM), rFhSrp2 (1 µM), rFhSrps  
280 (1 µM), FUT-175 (100 µM) or PBS at RT for 25 min and then added to *S. cerevisiae* mannan-  
281 coated plates (20 µg/mL). The plates were incubated at 37°C for 5 min before the addition of  
282 the fluorogenic substrate, Z-Gly-Pro-Arg-AMC (20 µM; Bachem, UK). The proteolytic  
283 activity of serum derived MASPs was measured continuously over 1 hr at 37°C in a PolarStar

284 Omega Spectrophotometer as relative fluorescent units (RFU). All assays were carried out in  
285 triplicate and the average. The activity, presented as a percentage, was calculated relative to  
286 the activity within the NHS-PBS sample, set as 100% activity. Serum MASPs activity was also  
287 determined in the NHS in which *F. hepatica* NEJ were cultured and compared to the NHS-  
288 control incubated without NEJ.

289

### 290 **Enzymatic activity of recombinant crMASP-1 and crMASP-2**

291 In order to determine the optimal substrate to assess the enzymatic activity of recombinant  
292 crMASP-1 and crMASP-2, a panel of fluorogenic peptide substrates was screened against each  
293 enzyme (S1 Fig). The recombinant crMASP-1 (0.1  $\mu$ M) or crMASP-2 (0.2  $\mu$ M) was diluted in  
294 TBS-calcium buffer (150 mM NaCl, 50 mM Tris, 20 mM CaCl<sub>2</sub>, 0.05% Tween 20 (v/v), pH  
295 7.8) before adding the fluorogenic substrate to initiate the reaction. The proteolytic activity was  
296 measured at 37°C continuously for up to 1 hr, as RFU in a PolarStar Omega Spectrophotometer.  
297 All assays were carried out in triplicate. From this data, the optimal substrates Z-Phe-Arg-AMC  
298 (40  $\mu$ M; Bachem, UK) and Z-Ile-Glu-Gly-Arg-AMC (40  $\mu$ M; Bachem, UK) were chosen to  
299 assess the activity of crMASP-1 and crMASP-2, respectively.

300 The inhibition assays were carried out using the same buffers and conditions as  
301 described above. The recombinant crMASP-1 or crMASP-2 was pre-incubated with 1 or 10  
302  $\mu$ M of either rFhSrp1, rFhSrp2 or FhSrps. The FUT-175 (100  $\mu$ M) was used as positive control.  
303 All the samples were kept at 37°C for 15 min, before the substrate was added. The proteolytic  
304 activity of crMASPs was measured at 37°C continuously for up to 1 hr, as RFU in a PolarStar  
305 Omega Spectrophotometer. All the assays were performed in triplicate and the percentage  
306 inhibition of the crMASP-1 and crMASP-2 was calculated relative to the activity of each  
307 recombinant protein assayed alone.

308

309 **Quantification of C3 and C4 deposition by ELISA in the presence and absence of serpins**

310 Mannose binding lectin (MBL)/MASP mediated complement activation was measured as  
311 described by Bultink et al. [30] with slight modifications. Briefly, flat-bottom 96 well  
312 microtitre plates were coated with mannan from *S. cerevisiae* (50 µg/mL) in carbonate buffer,  
313 washed three times with 1x PBS and incubated with blocking solution (0.5% BSA (w/v) in  
314 PBS) at RT for 2 hr. NHS diluted 1:100 in barbital buffer was incubated with either rFhSrp1  
315 (1 µM), rFhSrp2 (1 µM), rFhSrps (1 µM), FUT-175 (100 µM) or 1x PBS, at RT for 20 min.  
316 NHS in which *F. hepatica* NEJ were cultured and NHS-control samples were also diluted and  
317 incubated in the same conditions. Subsequently, the samples were added, in triplicate, to the  
318 plates and incubated at 37°C for 1 hr. The C3 or C4 deposition onto the surface of the plate  
319 was detected using rabbit to anti-human C3b antibody (1:500) or rabbit to anti-human C4  
320 antibody (1:500), followed by incubation with the secondary antibody HRP-conjugated goat to  
321 rabbit anti-IgG (1:1,000). The assays were developed with TMB and the reaction was stopped  
322 by the addition of 100 µL 2N sulphuric acid to each well. Absorbance was measured at 450 nm  
323 in a PolarStar Omega Spectrophotometer and the OD450 intensity was considered  
324 proportional to the C3 or C4 deposition on the wells.

325

326 **Statistical analysis**

327 Statistical analysis was carried out using GraphPad Prism version 5. Differences between the  
328 groups were assessed using a T-test or One-way ANOVA followed by Dunnett's multiple  
329 comparison test or Newman-Keuls with at least 95% confidence intervals (P values of < 0.05  
330 were considered significant).

331

## 332 **Results**

### 333 ***F. hepatica* NEJ specifically inhibit the Lectin complement pathway**

334 During our investigations of how *F. hepatica* avoids immune elimination in the early stages of  
335 infection we observed that NEJ cultured *in vitro* in 100% NHS for 24 hr were resistant to the  
336 killing effects of complement. We then explored the mechanisms by which the NEJ evade  
337 complement attack using the Wieslab kit. This commercial 96-well plate assay assesses the  
338 three complement pathways, namely Classical, Lectin and Alternative, via the activation with  
339 specific ligands (antibody, mannan and LPS, respectively) by measuring the levels of the  
340 deposited MAC (C5b-9) on the surface of the well. Remarkably, our results showed that while  
341 NHS incubated with *F. hepatica* NEJ (FhNHS) retained practically all its activity through the  
342 Classical and Alternative pathways, the Lectin pathway was drastically reduced (Fig 1A-C).  
343 We calculated that the incubation of *F. hepatica* NEJ with NHS for 1 hr reduced MAC  
344 formation via the Lectin pathway >97% when compared to control NHS incubated in the same  
345 conditions. Moreover, after the 24 hr incubation the NEJ were completely viable and their  
346 locomotion/muscle movements were normal (S2 Fig).

347 Subsequently we tested the effects of *F. hepatica* NEJ ES products on complement  
348 activation also using the Wieslab kit. These tests showed that components within this ES  
349 preparation could almost completely block the Lectin pathway. Moreover, ES products also  
350 have significant activity against the Classical complement pathway (Fig 1D-F). The effect of  
351 the ES products on complement was assayed in the presence and absence of the cysteine  
352 peptidase inhibitor, E-64, since we are aware that NEJ secrete both cathepsin L and cathepsin  
353 B peptidases. However, this inhibitor did not affect the complement blocking activity of the ES  
354 products.

355

356 **Live *F. hepatica* NEJ prevent the MAC assembling by not allowing the main initiators of**  
357 **the Lectin pathway to bind to their surface**

358 To investigate how the parasite blocks the Lectin complement pathway we first carried out  
359 immunolabelling experiments on fixed *F. hepatica* NEJ following their incubation in NHS. No  
360 significant fluorescent labelling could be detected on the surface of these NEJ parasites when  
361 we probed them with commercially available antibodies against various salient complement  
362 components, MBL, C3b, C4b and MAC (C5b-9); however, a strong green fluorescence signal  
363 could be detected when the larvae were probed with another lectin, the concanavalin A (ConA),  
364 which binds to mannosylated sugars (Fig 2).

365 Live *F. hepatica* NEJ were also cultured with rhMBL, the molecule responsible for the  
366 initiation of the Lectin pathway, and then probed with anti-hMBL. No fluorescence could be  
367 observed; however, by marked contrast, when NEJ were first fixed and subsequently exposed  
368 to either rhMBL or NHS, a significant amount of hMBL could be detected on the surface of  
369 the NEJ (Fig 2). Similarly, fixed NEJ probed with anti-C4b have also showed substantial  
370 fluorescence signal on the surface. However, even in this conditions, C3b and C5b-9 do not  
371 deposit on NEJ's surface, as indicated by the absence of green fluorescent signal in these  
372 specimens (S3 Fig). Control experiments show that strong immunofluorescent signals were  
373 present in the gut and on the surface of fixed *F. hepatica* NEJ probed with anti-FhCL3 and  
374 ConA, respectively (Fig 2). These results suggest that while the surface of live NEJ is refractory  
375 to hMBL binding, the surface of fixed larvae is not. Moreover, the presence of C4b on the  
376 surface of fixed NEJ exposed to NHS, but not on the live ones, indicates that these larvae  
377 secrete molecules that actively prevent the formation of essential complement intermediates on  
378 their surface.



379 We next investigated if hMBL, recombinant or native, could bind to glycoconjugates  
380 in *F. hepatica* NEJ somatic extracts using ELISA and transfer blots assays (Fig 3). While both  
381 rhMBL and native hMBL (NHS) were demonstrated to bind to wells coated with mannan from  
382 *S. cerevisiae* (Fig 3A, i), no significant binding could be detected in wells coated with the NEJ  
383 somatic extract (Fig 3A, ii). However, when the *F. hepatica* NEJ somatic extract was  
384 transferred onto PVDF membrane and probed with either recombinant or native hMBL, distinct  
385 bands could be observed, indicating that hMBL binds specific glycosylated proteins in the  
386 parasite extract (Fig 3B). As control, we also tested if serine protease inhibitors (rFhSrp1 or  
387 FUT-175) could interfere with MBL binding. Our results demonstrate that neither of the  
388 inhibitors reduce MBL ability to bind to mannan or NEJ extract.

389

### 390 **rFhSrp1 and rFhSrp2 inhibit the Lectin pathway but not the Classical or Alternative** 391 **pathways**

392 We have recently shown that during their development in the mammalian host *F.*  
393 *hepatica* expresses and temporally regulates a family of serpins. We produced functionally  
394 active recombinant forms of two members of this family, rFhSrp1 and rFhSrp2, which were  
395 observed to localise to the surface of the NEJ, but are also highly excreted/secreted by this  
396 parasite lifecycle stage [24, 31]. Given that the cascade of events that mediate complement  
397 activation involves many different serine proteases [32], we examined the ability of rFhSrp1  
398 and rFhSrp2 to block individual complement pathways using the Wieslab kit. Firstly, the results  
399 show that the broad-spectrum serine protease inhibitor, FUT-175 (100  $\mu$ M), blocked all three  
400 complement pathways by >95%. Secondly, and by contrast, we found that rFhSrp1 and  
401 rFhSrp2 (1  $\mu$ M) inhibited the activation of the Lectin pathway by 74% and 84%, respectively,  
402 and this effect was further increased (>95%) when the two serpins (FhSrp1 and FhSrp2) were combined in

403 the assays (Fig 4B). Such inhibition of the Lectin cascade was proportional to that observed  
404 with the live NEJ or the positive control, FUT-175 ( $P \leq 0.05$ ) (Fig 4). The serpins also showed  
405 some blocking of the classical and alternative pathways, but this was always below 25%, even  
406 when the two inhibitors were combined (Fig 4A and C).

407

#### 408 **rFhSrp1 and rFhSrp2 bind to serum-derived MBL-associated serine proteases (MASPs)** 409 **and inhibit their activity**

410 MBL-associated serine proteases (MASP-1 and MASP-2) are exclusive to the Lectin  
411 complement pathway [33]. They form complexes with the pattern recognition molecules of the  
412 Lectin pathway (i.e. MBL, ficolins and collectins) in the circulation. When these complexes  
413 bind to a suitable pattern of glycans expressed on the surface of pathogens, the MASPs become  
414 activated. MASP-1 activates zymogen MASP-2 and both cleave C2 and C4 to form the C3-  
415 convertase (C3c) required for proper Lectin pathway activation [23, 34]. We investigated the  
416 ability of *F. hepatica* serpins to specifically bind and inhibit MASPs activity using NHS as a  
417 source of native MASPs. We first designed an ELISA based assay that employed anti-serpin  
418 antibodies to assess the ability of serpins to bind MASPs. Our data showed that the *F. hepatica*  
419 serpins, rFhSrp1 and rFhSrp2, are capable of binding serum-derived MASPs and, at 1  $\mu$ M, both  
420 displayed similar affinity (Fig 5A). The OD values of all the samples containing serpins were  
421 significantly higher ( $P \leq 0.05$ ) than those obtained for the control NHS samples without serpins  
422 (Fig 5A).

423 Next, to assess if the binding of rFhSrp1 and rFhSrp2 to serum-derived MASPs reflects  
424 a mechanism of inhibition, we assayed the activity of native-bound MASPs in the presence and  
425 absence of the serpins using the fluorogenic substrate Z-Ile-Glu-Gly-Arg-AMC. Both rFhSrp1  
426 and rFhSrp2, at 1  $\mu$ M, significantly reduced the activity of the serum-derived MASPs by ~40%

427 (Fig 5B, i). Interestingly, the combination of the two serpins (rFhSrps) resulted in an even more  
428 efficient inhibition, decreasing the enzymatic activity by ~50%. As expected, total inhibition  
429 of native MASPs activity was achieved with the broad-spectrum serine protease inhibitor FUT-  
430 175 at 100  $\mu$ M, which is the recommended concentration for inhibition of the complement  
431 response via any complement pathway (Fig 5B, i). Finally, we found that MASPs activity in  
432 NHS pre-incubated for 1 hr with *F. hepatica* NEJ was reduced by ~45%, compared to the  
433 untreated control sera (Fig 5B, ii).

434

435 **The recombinant catalytic domain of MASPs, crMASP-1 and crMASP-2, are inhibited**  
436 **by *F. hepatica* serpins**

437 Having shown that the recombinant serpins inhibit native MASPs in NHS we proceeded to  
438 investigate if such inhibition resulted from the interaction of the serpins with the catalytic  
439 domain of MASP-1 and/ or MASP-2. For this analysis, we used recombinant active forms of  
440 the catalytic fragment of the crMASP-1 (CCP1-CCP2-SP) and crMASP-2 (CCP1-CCP2-SP),  
441 which consist of two complement control protein modules (CCP1-CCP2) and a chymotrypsin-  
442 like serine protease (SP) domain [35]. Previous studies have shown that these domains  
443 efficiently cleave the proteins within the complement cascade, specifically crMASP-1 (CCP1-  
444 CCP2-SP) cleaves C2 and crMASP-2 (CCP1-CCP2-SP) cleaves C2 and C4 [25].

445 Surprisingly, the activity of the recombinant crMASP-1 (0.1  $\mu$ M) or crMASP2 (0.2  
446  $\mu$ M) was only marginally affected by either *F. hepatica* serpins at 1  $\mu$ M. However, when  
447 rFhSrp1 and rFhSrp2 were used at 10  $\mu$ M in the assays, ~40% and ~50% of the activity of  
448 crMASP-1 and crMASP-2 was abrogated, respectively (Fig 6A and B). At 10  $\mu$ M, both serpins  
449 were more effective on inhibiting crMASP-2 than crMASP-1, whilst FUT-175 completely  
450 abrogated the enzymatic activity of both catalytic domains when used at the manufacturer's

451 recommended concentration of 100  $\mu$ M. These results suggest that the interaction of *F.*  
452 *hepatica* serpins with the small recombinant catalytic domain of MASPs is not as efficient as  
453 their interaction with the native proteinases.

454

#### 455 **rFhSrp1 and rFhSrp2 reduce *in vitro* C3 and C4 deposition via the Lectin complement** 456 **pathway**

457 We investigated the effect of rFhSrp1 and rFhSrp2 on MBL/MASPs-mediated cleavage of C3  
458 and C4 and their subsequent deposition on targeted surfaces. Using an ELISA-based approach  
459 to quantify the complement deposition, we showed that rFhSrp1 significantly reduced both  
460 C3b and C4b deposition ( $P \leq 0.05$ ), whilst the rFhSrp2 was more efficient at reducing the C4  
461 deposition (Fig 7A and B). When a combination of the two recombinant serpins were used,  
462 FhSrps, their inhibitory effect towards sera derived-MASPs, and consequently C3b and C4b  
463 deposition, are potentiated (Fig 7A and B). rFhSrps reduced the C3b and C4b deposition by  
464 ~50 and ~35%, respectively, whereas FUT-175 (100  $\mu$ M) inhibited the deposition of both by  
465 >80% ( $P \leq 0.05$ ).

466 Significant inhibition of C3b and C4b deposition was also observed using NHS that  
467 was exposed to live *F. hepatica* NEJ (~30 and ~50%, respectively ( $P \leq 0.05$ ), compared to the  
468 untreated control sera (Fig 7A and B, ii).

469

#### 470 **Discussion**

471 Activation of the complement system is critical to many biological processes, including  
472 phagocytosis, lysis, and inflammation, and is pivotal for the regulation of adaptive immune  
473 responses that elicit antibodies to T-cell dependent and independent antigens [2, 36]. Its

474 activation via any of the three pathways, Classical, Lectin or Alternative, leads to deposition  
475 of complement factors on target organisms (opsonisation) and culminates in the assembly of  
476 the lytic membrane attack complex (MAC) resulting in phagocytosis and lysis, respectively  
477 [4]. Complement responses exert significant pressure on pathogens, particularly during the  
478 early invasive stages, and are critical to prevent further dissemination of the infectious agent  
479 [37, 38].

480 In the case of the liver fluke *F. hepatica*, as the adult fluke hides inside the bile duct,  
481 the complement system would be expected to rapidly direct its focus towards the early NEJ  
482 stage as they invade and migrate through the host's intestinal tissues to establish infection.  
483 Although it is known that NEJ parasites have evolved mechanisms to counter-act both innate  
484 and adaptive responses of the mammalian host [19, 20], at present, it is not understood how  
485 they avoid the host complement attack. In this study, we found that live *F. hepatica* NEJ survive  
486 undamaged when incubated with normal human serum (S2 Fig). This was a surprising result,  
487 especially given that a recent characterization of glycans associated with the tegumental surface  
488 of NEJ revealed an abundance of highly mannosylated sugars that would be expected to make  
489 them susceptible to the Lectin complement cascade [39-41]. Indeed, our immunocytochemical  
490 analysis of live *F. hepatica* NEJ demonstrated intense fluorescent signals when these were  
491 probed with the lectin concanavalin A (ConA) confirming the presence of exposed  
492 mannosylated sugars on the parasite surface.

493 Complement activation via the Lectin pathway is initiated when MBLs bind to  
494 mannosylated glycans on the surface of pathogens [23, 42]. However, no significant binding  
495 of hMBL was observed on the NEJ surface after incubation with NHS or recombinant hMBL,  
496 explaining why the Lectin pathway is not initiated by the parasite. This also clarifies why  
497 downstream complement factors such as C3b, C4b and MAC (C5b-9) were not observed bound  
498 to the surface of live *F. hepatica* NEJ that were incubated in NHS. Furthermore, C3b and C5b-

499 9 were not detected on the surface of dead NEJ exposed to NHS, in contrast to the observed  
500 for MBL and C4b, suggesting that the parasite actively secretes complement inhibitory  
501 molecules.

502         Early ultrastructural studies of developing *F. hepatica* parasites showed that their  
503 tegument is covered by a ‘fuzzy’ glycocalyx that varied in composition according to the  
504 environment in which the parasites were obtained, i.e. intestine, liver or bile duct [43, 44].  
505 Although the Lectin pathway was not discovered until years later, Hanna [44] had proposed  
506 that the continual shedding of the NEJ glycocalyx, following exposure to immune sheep serum,  
507 represented a pivotal strategy for parasite survival by preventing complement binding and  
508 activation. Subsequently, studies by Davies and Goose [45] described their inability to detect  
509 C3 deposition on the surface of live NEJ incubated in immune rat serum or on flukes collected  
510 from the peritoneal cavity of sensitized rats. Although we did not detect hMBL bound on the  
511 surface of live NEJ incubated in NHS, we did observe binding of hMBL to parasites if they  
512 were first fixed and then exposed to NHS. Moreover, recombinant hMBL recognized specific  
513 bands in soluble extracts of NEJ that were electro-transferred to PVDF membranes. Therefore,  
514 we propose that NEJ possess molecules containing hMBL-glycan epitopes, but their topology  
515 on the surface of live NEJ does not facilitate their recognition and the correct assembly of  
516 hMBL to initiate the Lectin pathway. If some MBL bound to the surface this could be discarded  
517 by the continual sloughing of the glycocalyx, suggested by Hanna [44], or this mechanism may  
518 not allow activators of the complement response to bind with sufficient affinity, or for sufficient  
519 time, on the surface to initiate the specific cascades.

520         The importance of preventing the activation of the Lectin complement pathway by *F.*  
521 *hepatica* NEJ is further highlighted by our studies showing that they possess a secondary, or  
522 back-up, mechanism to regulate this cascade. We discovered that pre-incubation of NHS with  
523 live *F. hepatica* NEJ prevents the assembly of MAC on the surface of mannose-coated wells

524 of the Wieslab kit, further indicating that the NEJ release factors that specifically block the  
525 activation of the Lectin complement pathway. Serpins expressed by vertebrates are commonly  
526 involved in the regulation of complex cascades such as those for blood coagulation and  
527 complement activation [46]. Our recent immunolocalization studies show that *F. hepatica* NEJ  
528 express FhSrp1 and FhSrp2 on their surface [24]. In addition, proteomic analysis reveals that  
529 these serpins are released within the NEJ's secretions, consistent with the presence of secretory  
530 signal sequences on these proteins [31, 47]. Here, we showed that the NEJ ES products have a  
531 profound blocking effect on the ability of NHS to activate the Lectin pathway in the Wieslab  
532 kit, and this inhibition could be replicated using recombinant forms of the FhSrp1 and FhSrp2  
533 at low concentrations (1  $\mu$ M).

534         Because *F. hepatica* NEJ do not excrete/secrete serine proteases, we proposed that  
535 FhSrp1 and FhSrp2 were designed to inhibit host serine proteases and, therefore, would play  
536 key roles in the parasite-host interplay [24]. As the Lectin complement pathway uniquely relies  
537 on the activity of MBL-associated serine proteases, namely MASP-1 and MASP-2 [25, 33, 34,  
538 48], we were drawn to investigate the effect of *F. hepatica* serpins on these proteases. Both  
539 rFhSrp1 and rFhSrp2 bound and significantly inhibited the activity of native MASPs in NHS  
540 by ~40% at 1  $\mu$ M, leading to a proportional reduction of the *in vitro* deposition of C3b and C4b  
541 on mannose-coated plates. The less potent inhibition of the rFhSrp1 and rFhSrp2 on the  
542 recombinant forms of MASP-1 and MASP-2 (crMASP-1 and crMASP-2) could represent a  
543 concentration effect of MASPs in NHS in relation to the recombinant versions used in the *in*  
544 *vitro* assays. However, it is worth noting that these synthetic forms represent only the central  
545 catalytic fragment of the enzymes [25, 35] and, as such, may exhibit different binding  
546 characteristics to native MASPs which undergo a conformational change following binding to  
547 MBL [46].

548           Although serpins of different parasites have been suggested to be involved in the  
549 regulation of various homeostatic processes within the host [49], their role as complement  
550 inhibitors are not well characterized. Interestingly, Verma et al. [1], obtained comparable  
551 results to our study with a *Leishmania donovani* serine protease inhibitor (rLdSPI2) which, at  
552 50  $\mu$ M, inhibited MASP-2 activity by ~60%. Mika et al. [50], found that two scabies mite  
553 serpins, termed SMSB3 and SMSB4, inhibited all three pathways of the human complement  
554 system, although the authors did not observe complex formation between either of these mite  
555 serpins and MASPs [50]. However, the fact that serine protease inhibitors of *F. hepatica* and  
556 *L. donovani* target MASPs' activity may be the first indication of a common strategy of  
557 complement evasion amongst both helminth and protozoan parasitic organisms [1, 3, 49].

558           Complement evasion strategies have been reviewed for several different helminth  
559 parasites, and mainly involve the acquisition or expression of host-like complement regulators  
560 on their surface [6, 51-53]. Avoidance of complement attack by schistosome parasites,  
561 flatworms related to *F. hepatica* that also migrate through mammalian host tissues at early  
562 stages and feed on blood as adults, is thought to be intricately linked to their decades-long  
563 survival within the host. They exploit several overlapping strategies to prevent damage by  
564 complement, including replacement of their tegumental surface, appropriation of host  
565 complement receptors (e.g. decay accelerating factor, DAF), and expression of surface  
566 molecules like paramyosin and CD59-like, which avoid C3, C8 and C9 components binding to  
567 stop their activation or assembly into functional complexes that could lead to parasite damage  
568 [9, 11, 53]. While these evasion strategies prevent damage and elimination, they may also  
569 contribute to creating an immunological environment favourable for the parasite invasion and  
570 establishment within the host, as the complement response also initiates the innate and adaptive  
571 immune responses and stimulates pro-inflammatory responses [38].



572           Although helminth parasites are often coated with glycans [22, 54, 55], up to now, few  
573 studies have focused on the complement response via the Lectin pathway in the context of these  
574 infections. In the present study, we show that live *F. hepatica* NEJ escape the innate host  
575 response via the Lectin complement pathway by avoiding the binding of the main recognition  
576 molecule, MBL. In addition, the NEJ secrete and express serpins on their surface that interfere  
577 with MASPs activity and thereby halt the cascade of reactions that lead to complement  
578 activation and the formation of lytic compounds. In addition, as MASP-1 is capable of initiating  
579 the Lectin complement pathway by itself, the ability of *F. hepatica* serpins inhibit this enzyme  
580 could explain the drastic effect both the recombinant inhibitors and the live NEJ have on this  
581 cascade [34]. This mechanism has not been described before for any other helminth parasite.  
582 However, it may be only a part of the overall strategy by which *F. hepatica* NEJ block  
583 complement-mediated killing.

584           As shown here, molecules within the NEJ ES products also significantly inhibit the  
585 Classical complement pathway and, although the identity of these is unknown, they do not  
586 appear to be cathepsin-like cysteine proteinases. As Classical pathway is initiated by antigen-  
587 antibody complexes this cascade could play a significant role in cases of re-exposure to the  
588 parasite. The NEJ ability to prevent complement attack via this pathway could be important for  
589 resistance during *F. hepatica* re-infections. Unveiling this mechanism will involve future  
590 studies of the key NEJ ES molecules that interact with the multitude of complement  
591 components.

592           In conclusion, the present study shows that *F. hepatica* NEJ survive undamaged during  
593 the processes of invasion and migration through host tissues by specially preventing activation  
594 of the Lectin complement pathway. This inhibition appears to be achieved by multiple and  
595 overlapping mechanisms, namely expression of a glycosylated surface refractory to MBL, the  
596 main recognition molecule of this cascade, and surface expression and secretion of serpins that

597 halt MASPs' activity, ultimately limiting the formation of lytic complement molecules on the  
598 parasite. Additional strategies used by *F. hepatica* to evade, disarm or inhibit the complement  
599 pathways could include variation of the tegmental surface antigens [53], and the expression of  
600 proteolytic enzymes [56], complement-binding molecules such as paramyosin and enolase [9,  
601 57-59], and/or host-like receptors such as CD59-like proteins [60, 61]. Several of these  
602 molecules are expressed by all the *F. hepatica* developmental stages within the mammalian  
603 host [28, 47, 62, 63], and may function in conjunction to stop host complement attack and  
604 facilitate parasite establishment [38] (Fig 8). Further elucidation of how *F. hepatica* and other  
605 helminths evade complement attack is the next step for the discovery of novel anti-parasite  
606 interventions.

607

## 608 **Acknowledgments**

609

## 610 **Figure captions**

611 **Fig 1. *F. hepatica* NEJ specifically inhibit the Lectin pathway of complement.** (A-C) The  
612 activity of the Classical, Lectin and Alternative pathways of complement in normal human sera  
613 incubated with live *F. hepatica* NEJ (1/μL) (FhNHS) for 1 hr at 37°C was assessed using the  
614 Wieslab kit. Data is graphically represented as percentage activity compared to the normal  
615 human sera control incubated alone (Ctl-NHS). (D-F) The activation of the three pathways was  
616 also assessed with NHS incubated with *F. hepatica* NEJ ES products alone (ES FhNEJ) or with  
617 the cysteine proteinase inhibitor E-64 (FhNEJ (E64)) using the same assay kit. Data is  
618 graphically represented as percentage activity compared to the normal human sera (NHS). The  
619 experiments were performed in triplicate and the results are represented as means ± standard  
620 deviation. Statistical analyses were carried out using a T- test or one-way ANOVA followed  
621 by Newman-Keuls. The asterisks indicate significant differences, \*\*\*  $P \leq 0.001$ . Non-  
622 significant results, ns. **File:** (Fig1.tiff)

623 **Fig 2. Complement deposition on the *F. hepatica* NEJ surface following incubation in**  
624 **human serum. Top panel:** immunolocalization studies were carried out to assess complement  
625 deposition on the surface of whole mount NEJ cultured in normal human sera (NHS) for 1 hr  
626 prior to fixation. Once fixed the NEJ were probed with anti-human MBL (1:250), anti-human  
627 C3b (1:250), anti-human C4b (1:250), anti-human C5b-9 (MAC, 1:500). As controls, NEJ 24  
628 hr were also probed with the mannose-binding lectin, concanavalin A (ConA, 1:200). **Bottom**

629 **panel:** NEJ were fixed and then incubated with recombinant human MBL (rhMBL, 2 µg/mL)  
630 or NHS for 1 hr before being probed with anti-human MBL (1:250). As controls, NEJ were  
631 fixed and probed with ConA (1:200), which stains the surface of the NEJ, or with rabbit anti-  
632 *F. hepatica* cathepsin L3 (FhCL3, 1:500), which highlights the peptidase in the bifurcated gut.  
633 All samples were analysed by confocal laser microscopy represented by green fluorescence  
634 (FITC staining) and counter-stained with phalloidin-tetramethylrhodamine isothiocyanate  
635 (TRITC) for visualisation of the NEJ musculature (red fluorescence). The profile of  
636 immunolocalization is shown on two planes; on the surface of the NEJ (Outside) and internally  
637 (Inside). OS, oral sucker. VS, ventral sucker. Scale bars, 25 µM. **File:** (Fig2.tiff)

638 **Fig 3. Recognition of glycans in the *F. hepatica* NEJ somatic extract by human mannose**  
639 **binding lectin. (A)** The ability of recombinant human mannan binding lectin (rhMBL) or  
640 native human mannan binding lectin in NHS (NHS) to bind to ELISA plates coated with (i)  
641 mannan from *S. cerevisiae* or (ii) NEJ somatic extract-coated (NEJ som antigens). The  
642 inhibition of the broad-spectrum serine protease inhibitor FUT-175 (100 µM), or of 1 µM  
643 recombinant *F. hepatica* serpins (rFhSrp1, rFhSrp2, or combined rFhSrps) was assessed and  
644 compared relative to the binding observed with the NHS alone. The experiments were  
645 performed in triplicate and the results represented as means ± standard deviation on  
646 independent analyses. Statistical analysis was carried out using One-way ANOVA with  
647 Dunnett multiple comparison. Non-significant results, ns. **(B)** Binding of rhMBL or native  
648 hMBL in NHS to *F. hepatica* NEJ somatic extract by Western blot analysis (WB). NEJ somatic  
649 extract was resolved in a 4-20% SDS-PAGE (i) and electro-transferred onto PVDF membranes.  
650 The membranes were probed with (ii) rhMBL (2 µg/mL) or (iii) NHS (1:25) as source of  
651 hMBL. Additionally, as controls, (iv) NEJ extract and (v) rhMBL (white arrow, ~34 kDa) were  
652 probed only with the secondary rabbit anti-human MBL-HRP conjugated antibody (1:4,000).  
653 M, molecular weight in kilodaltons. **File:** (Fig3.tiff)

654 **Fig 4. Specific inhibition of the Lectin pathway of complement by *F. hepatica* serine**  
655 **protease inhibitors, rFhSrp1 and rFhSrp2.** The activity of the three complement pathways,  
656 **(A)** Classical, **(B)** Lectin and **(C)** Alternative, in normal human sera was assessed using the  
657 Wieslab kit in the presence of rFhSrp1 (1 µM), rFhSrp2 (1 µM) or a combination of the two  
658 recombinant serpins, rFhSrps (1 µM). The serine protease inhibitor FUT-175 (100 µM) was  
659 used as a positive control. The data from experiments performed in triplicate are graphically  
660 represented as percentage inhibition compared to normal human sera alone and the results are  
661 presented as means ± standard deviation. Statistical analysis was carried out using One-way  
662 ANOVA compared to the positive control. The asterisks indicate significant differences, \* $P \leq$   
663 0.05, \*\* $P \leq$  0.01, \*\*\*  $P \leq$  0.001, and ns are non-significant results. **File:** (Fig4.tiff)

664 **Fig 5. *In vitro* binding and inhibitory effects of *F. hepatica* rFhSrp1 and rFhSrp2 on**  
665 **serum-derived MASPs. (A)** Graphical representation of the binding of rFhSrp1, rFhSrp2 or  
666 combined serpins (rFhSrps) to serum-derived MASPs evaluated by ELISA, relative to the  
667 control normal human sera (NHS). **(Bi)** The inhibitory effect on serum-derived MASPs by the  
668 recombinant serpins, rFhSrp1 (1 µM), rFhSrp2 (1 µM) or rFhSrps (1 µM). The serine protease  
669 inhibitor FUT-175 (100 µM) was used as a positive control. MASPs activity was graphically  
670 represented as percentage activity compared to the activity in NHS alone set as 100% activity.  
671 **(Bii)** The MASPs activity in NHS in which *F. hepatica* NEJ were cultured at 37°C for 1 hr  
672 (FhNHS) was graphically represented as percentage activity compared to the normal human  
673 sera incubated alone, as control, set as 100% activity (Ctl-NHS). The experiments were

674 performed in triplicate and the results are represented as means  $\pm$  standard deviation on  
675 independent assays. Statistical analysis was carried out using One-way ANOVA with Dunnett  
676 multiple comparison and T-tests compared to the NHS control. The asterisks indicate  
677 significant differences, \*\*\*  $P \leq 0.05$ . **File:** (Fig5.tiff)

678 **Fig 6. Inhibition of recombinant crMASP-1 and crMASP-2 by rFhSrp1 and rFhSrp2.** The  
679 activity of the recombinant catalytic domain of (A) crMASP-1 (0.1  $\mu$ M) and (B) crMASP-2  
680 (0.2  $\mu$ M) was assayed alone or in the presence of 1 and 10  $\mu$ M of rFhSrp1, rFhSrp2 or combined  
681 rFhSrps. The broad-spectrum serine protease inhibitor FUT-175 (100  $\mu$ M) was used as a  
682 positive control. The experiments were performed in triplicate and the enzymatic activity in  
683 each condition is presented as means  $\pm$  standard deviation. **File:** (Fig6.tiff)

684 **Fig 7. *F. hepatica* NEJ, rFhSrp1 and rFhSrp2 reduce *in vitro* C3 and C4 deposition**  
685 **mediated by the Lectin complement pathway.** Graphical representation of the deposition of  
686 (A) C3b and (B) C4b on the surface of mannan-coated plates in the presence of (i) recombinant  
687 serpins rFhSrp1 (1  $\mu$ M), rFhSrp2 (1  $\mu$ M) or two serpins combined, rFhSrps (1  $\mu$ M). The broad-  
688 spectrum serine protease inhibitor FUT-175 (100  $\mu$ M) was used as a positive control.  
689 Complement deposition was graphically represented as OD450 values and compared to the  
690 deposition obtained with NHS alone. (ii) Deposition caused by normal human serum (NHS) in  
691 which *F. hepatica* NEJ were cultured at 37°C for 1 hr (FhNHS) relative to normal human sera  
692 incubated alone as control (Ctl-NHS). The experiments were performed in triplicate and the  
693 results represented as means  $\pm$  standard deviation on independent analyses. Statistical analysis  
694 was carried out using One-way ANOVA with Dunnett multiple comparison and T-tests  
695 compared to the NHS control. The asterisks indicate significant differences, \* $P \leq 0.05$ , \*\* $P \leq$   
696 0.01, \*\*\*  $P \leq 0.001$ , and ns are non-significant results. **File:** (Fig7.tiff)

697 **Fig 8. Schematic of the putative mechanisms *F. hepatica* NEJ employ to disrupt the**  
698 **complement pathway.** The possible *F. hepatica* targets within the Lectin pathway are  
699 highlighted in light blue. Key serine proteases within the Lectin cascade (in red) are all potential  
700 targets of *F. hepatica* serpins (FhSrps). The highly secreted cathepsin L3 protease (FhCL3) is  
701 known to have a strong collagenolytic activity and might impair the Lectin pathway of  
702 complement by digesting the collagen-like domain of the mannose binding lectin (MBL) and/  
703 or ficolins. The proteins FhCD59-like, paramyosin and enolase are found in the tegumental  
704 surface of *F. hepatica* life stages and may act as regulators of complement activity (RCA).  
705 Images built using biorender <https://app.biorender.com/illustrations/>  
706 <https://smart.servier.com/>. **File:** (Fig8.tiff)

707

## 708 **Author contributions**

709 CMV: Conceptualization, Formal analysis, Investigation, Methodology, Visualization, Writing  
710 – original draft, Writing – review & editing; HLJ: Investigation, Visualization; JD:  
711 Methodology, Writing – review & editing; PG: Methodology, Writing – review & editing; JPD:  
712 Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology,

713 Resources, Supervision, Writing – original draft, Writing – review & editing; KC:  
714 Conceptualization, Formal analysis, Investigation, Methodology, Visualization, Writing –  
715 original draft, Writing – review & editing.

716

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725

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924

## 925 **Supporting information**

926 **S1 Fig. Screening substrates to assess crMASP-1 and crMASP-2 enzymatic activity.** The  
927 activity of recombinant **(A)** crMASP-1 (0.1  $\mu$ M) and **(B)** crMASP-2 (0.2  $\mu$ M) was assayed  
928 with different fluorogenic substrates, namely Z-Gly-Pro-Arg-AMC (GPR, 40  $\mu$ M; Bachem,  
929 UK), Z-Leu-Arg-AMC (LR, 40  $\mu$ M; Bachem, UK), Z-Phe-Arg-AMC (FR, 40  $\mu$ M; Bachem,  
930 UK), Z-Val-Ile-Arg-AMC (VIR, 40  $\mu$ M; Bachem, UK), Z-Ile-Glu-Gly-Arg- AMC (IEGR, 40  
931  $\mu$ M; Bachem, UK). The proteolytic reactions were performed in TBS-Ca<sup>+2</sup> (150 mM NaCl, 50  
932 mM Tris, 20 mM CaCl<sub>2</sub>, 0.05% Tween-20 (v/v), pH 7.8) and measured continuously for up to

933 1 hr at 37°C, as relative fluorescent units (RFU) in a PolarStar Omega Spectrophotometer  
934 (BMG LabTech, UK). All assays were carried out in triplicate and are represented as means ±  
935 standard deviation. **File:** (Sup information1.txt).

936 **S2 Fig. *F. hepatica* NEJ survive incubation in Normal Human Serum.** (A) NEJs 3 hr post-  
937 excystment in PBS. (B) NEJ 24 hr post-excystment which were kept incubated in RPMI  
938 medium, at 37°C with 5% CO<sub>2</sub>. (C) NEJ 24 hr post-excystment which incubated in 100%  
939 Normal Human serum (NHS), at 37°C with 5% CO<sub>2</sub>. Images were made using a light  
940 microscope (25x magnification). Scale bars, 10 mm.

941 **S3 Fig. Complement deposition on the surface of dead *F. hepatica* NEJ following**  
942 **incubation in human serum.** Immunolocalization studies were carried out to assess  
943 complement deposition on the surface of whole mount NEJ cultured in RPMI medium, fixed  
944 and then incubated with NHS for 1 hr before being probed with anti-human MBL (1:250), anti-  
945 human C3b (1:250), anti-human C4b (1:250) or anti-human C5b-9 (MAC, 1:500). All samples  
946 were analysed by confocal laser microscopy represented by green fluorescence (FITC staining)  
947 and counter-stained with phalloidin-tetramethylrhodamine isothiocyanate (TRITC) for  
948 visualisation of the NEJ musculature (red fluorescence). The profile of immunolocalization is  
949 shown on two planes; on the surface of the NEJ (Outside) and internally (Inside). OS, oral  
950 sucker. VS, ventral sucker. Scale bars, 25 µM.

Fig 1

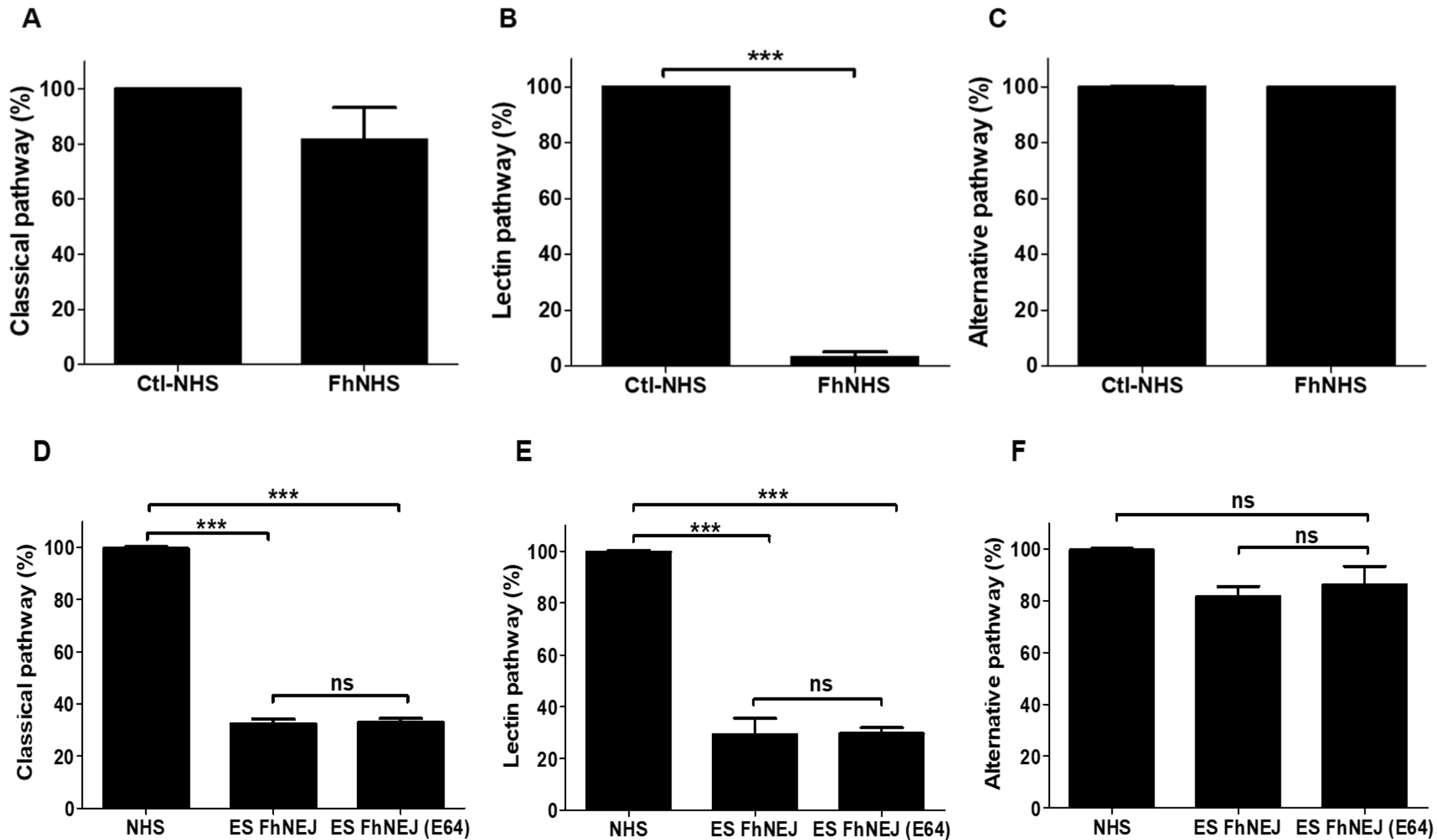


Fig 2

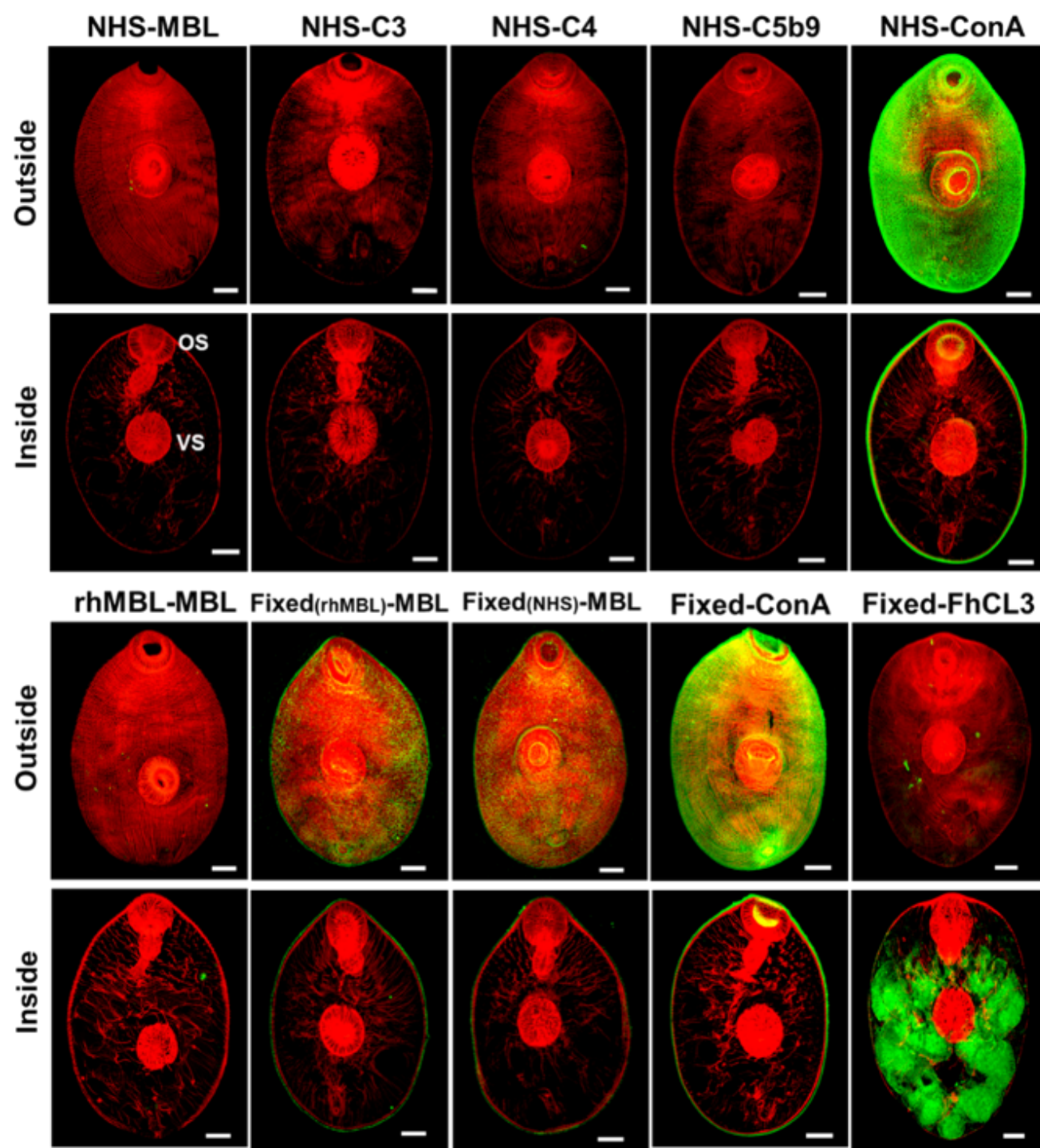


Fig 3

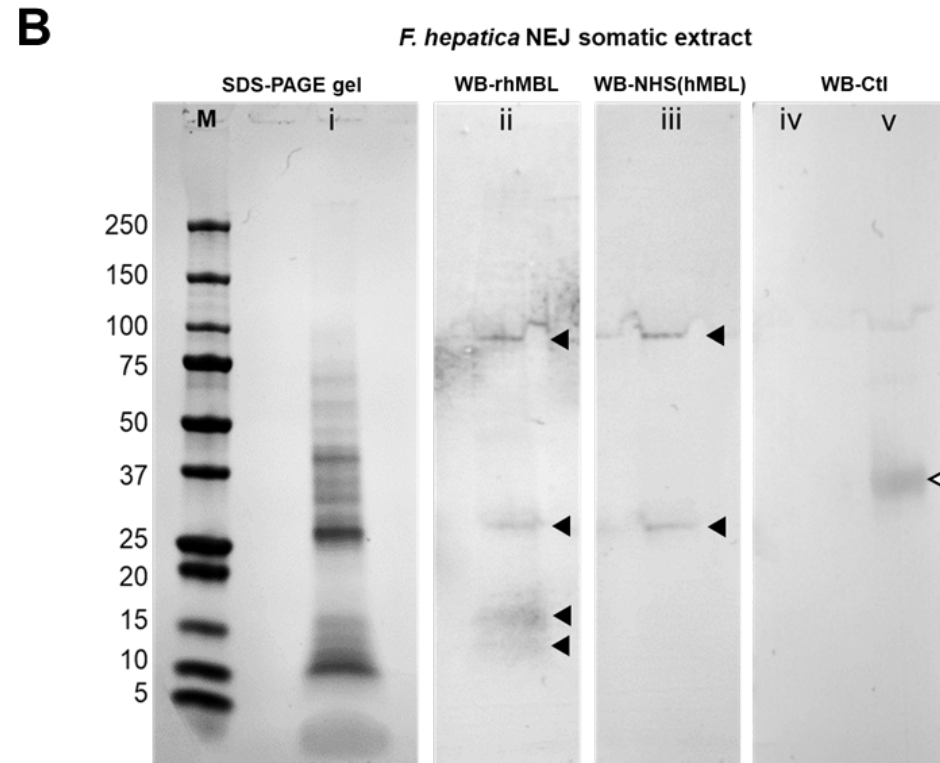
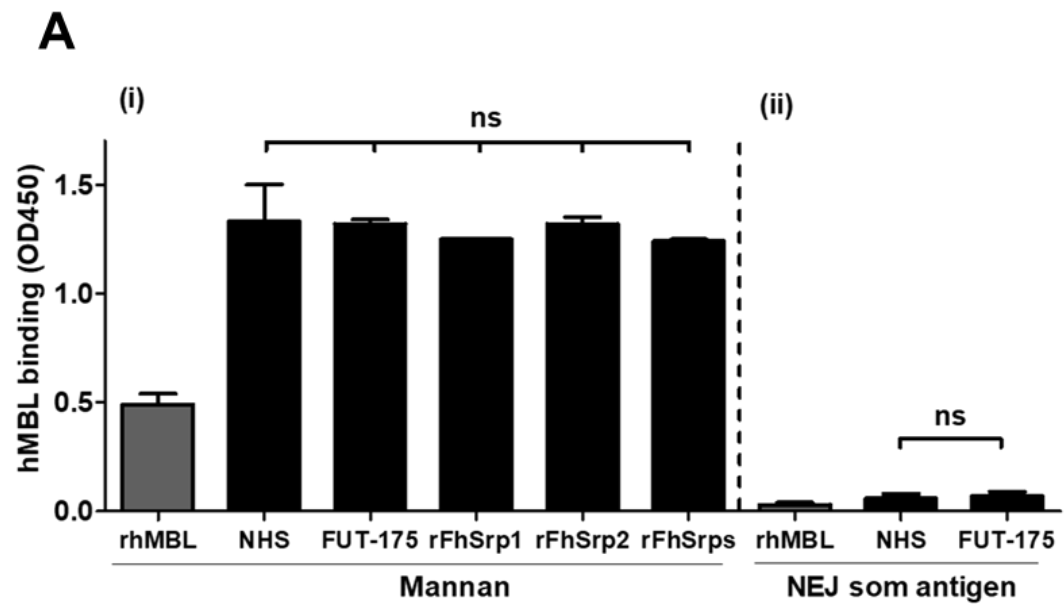


Fig 4

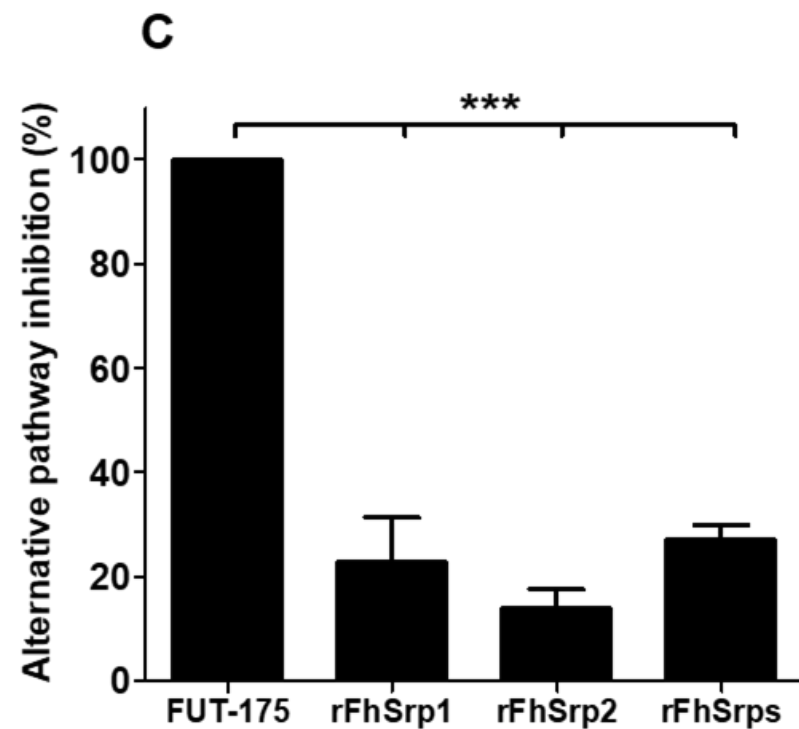
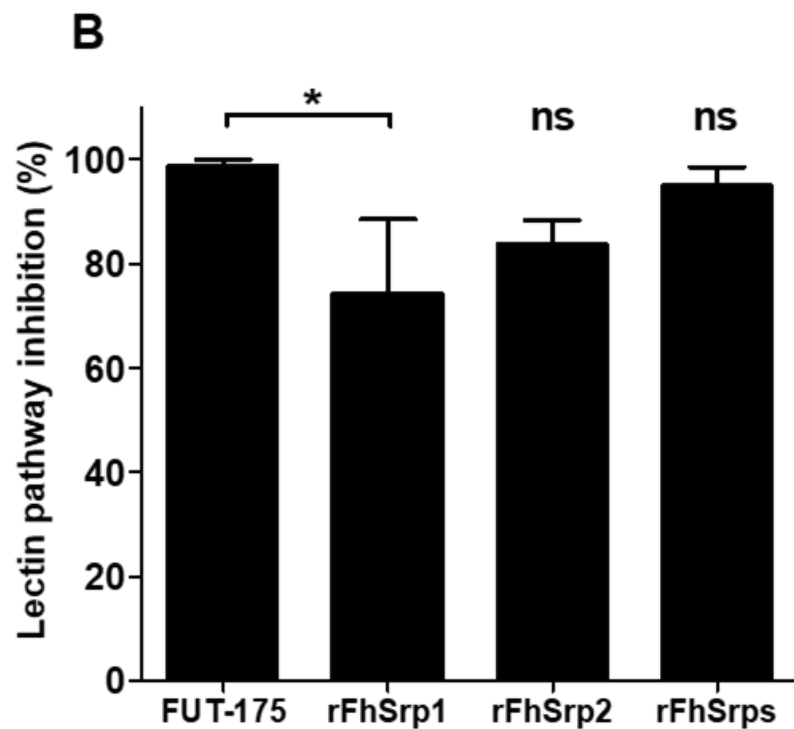
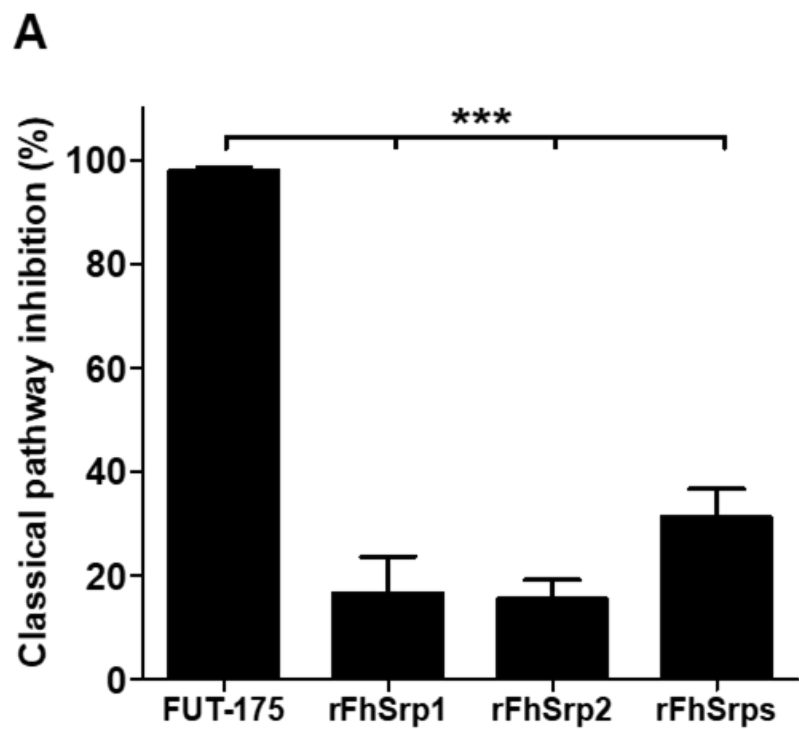


Fig 5

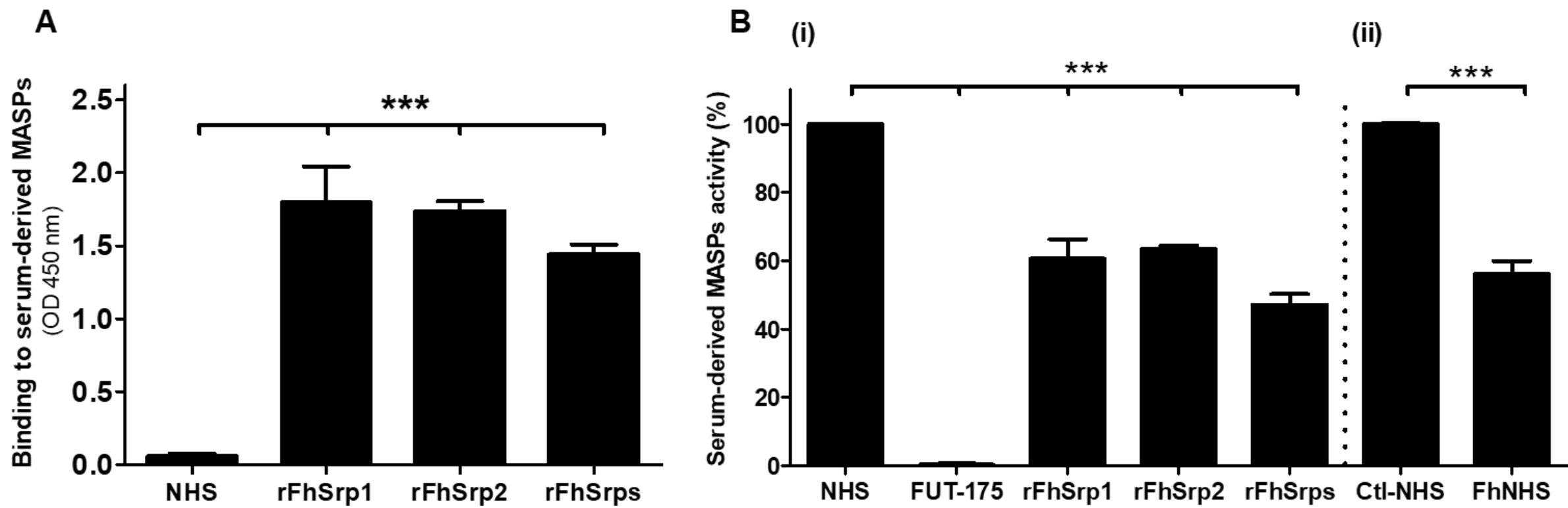


Fig 6

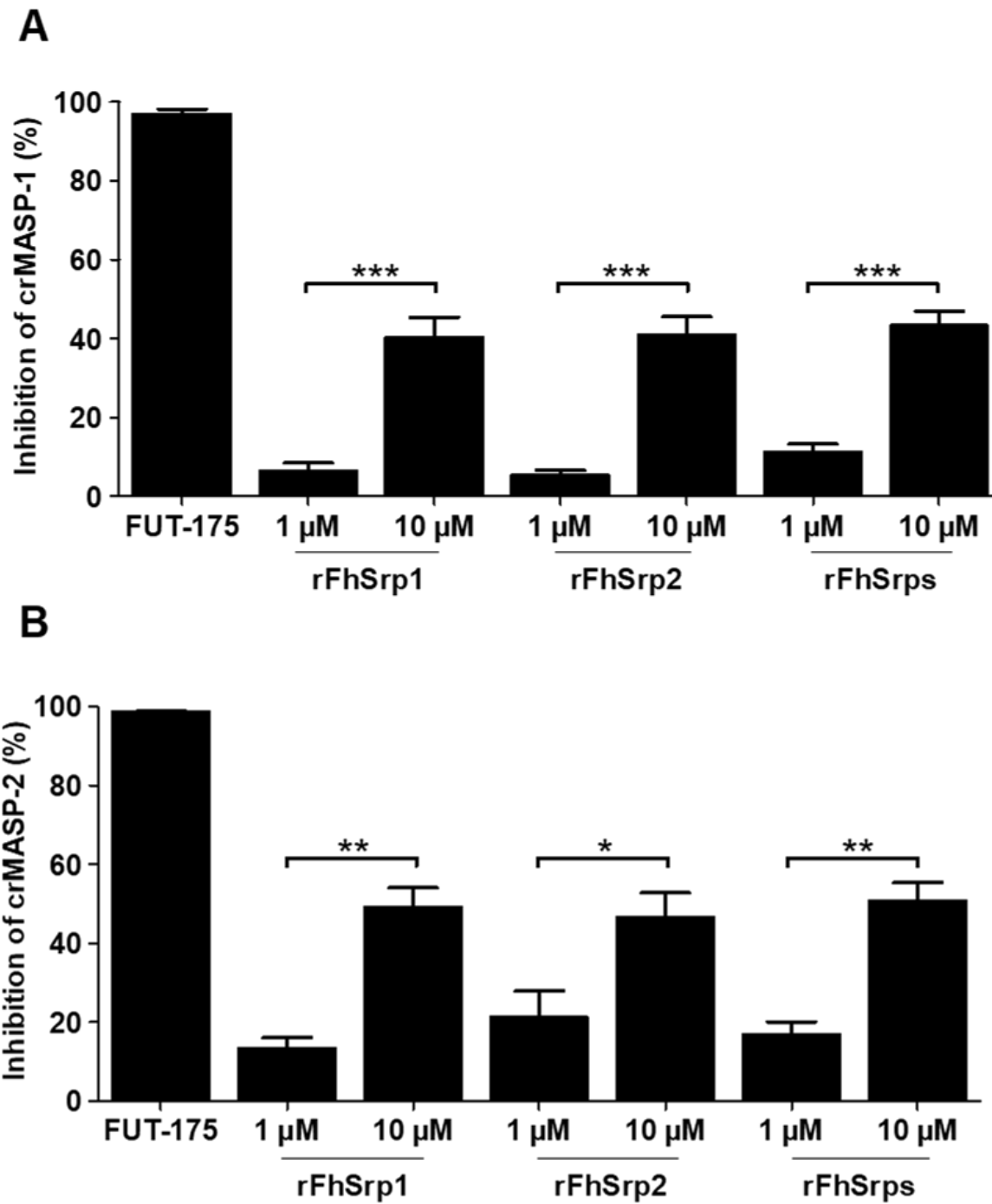




Fig 7

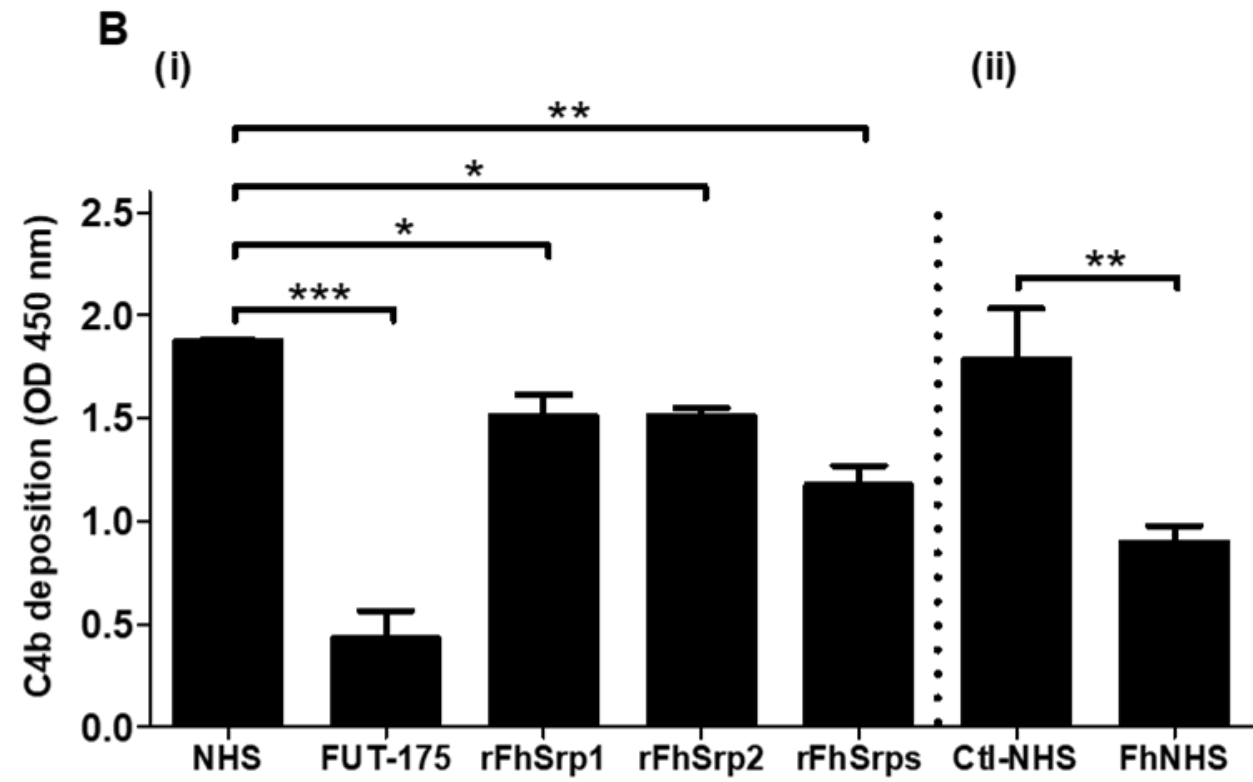
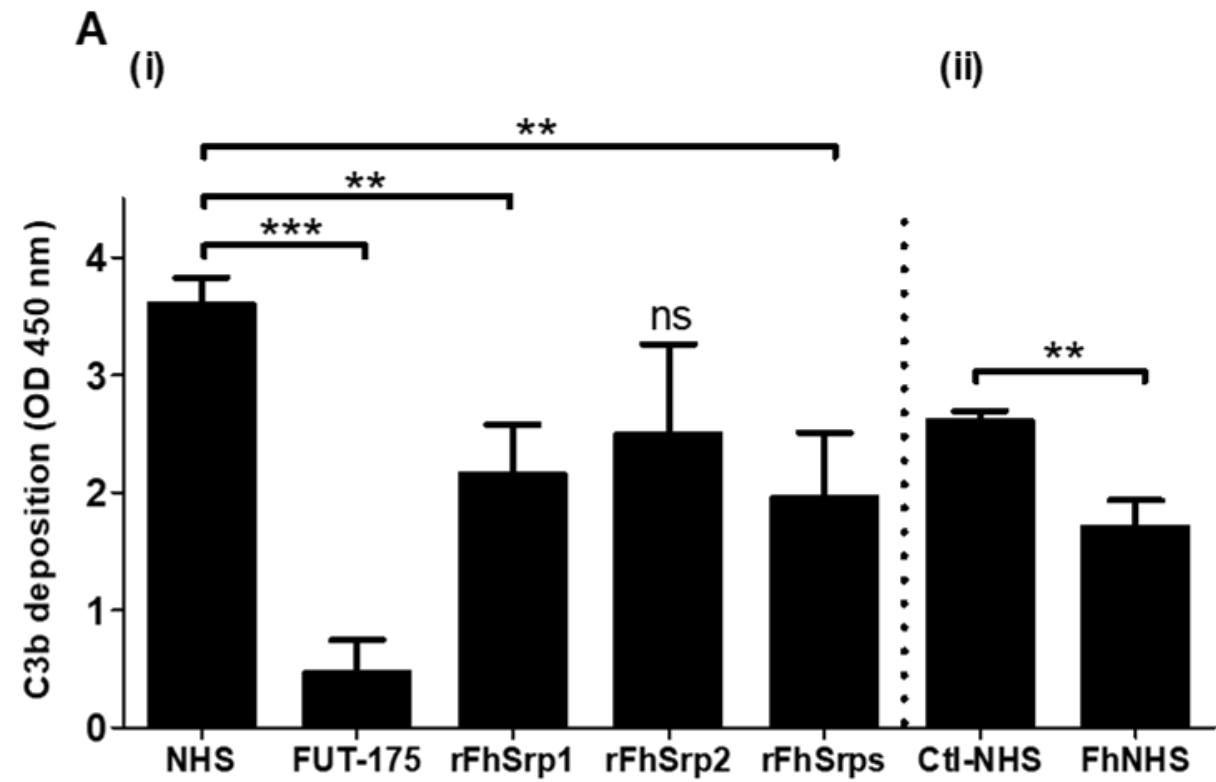


Fig 8

