### Table 2. Prevalence of each theme across included articles

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Authors | Sexual orientation confusion | Sexual intimacy difficulties | Barrier of emotional intimacy | Navigating agency | Healing and growth through love |
| Alaggia & Millington (2008) | 🗸 | 🗸 | 🗸 | 🗸 |  |
| Arreola et al. (2013) | 🗸 | 🗸 |  | 🗸 | 🗸 |
| Crete & Singh (2015) | 🗸 |  | 🗸 | 🗸 | 🗸 |
| Deering & Mellor (2011) |  | 🗸 | 🗸 |  |  |
| Denov (2004) |  | 🗸 | 🗸 |  |  |
| Easton et al. (2019) | 🗸 | 🗸 | 🗸 | 🗸 |  |
| Easton et al. (2015) |  |  | 🗸 | 🗸 | 🗸 |
| Gilgun & Reiser (1990) | 🗸 | 🗸 |  |  | 🗸 |
| Gill & Tutty (1999) |  | 🗸 | 🗸 | 🗸 |  |
| Isely et al. (2008) | 🗸 | 🗸 | 🗸 | 🗸 | 🗸 |
| Kia-Keating et al. (2005) | 🗸 | 🗸 | 🗸 | 🗸 | 🗸 |
| Kia-Keating et al. (2010) |  | 🗸 | 🗸 | 🗸 | 🗸 |
| Lisak (1994) | 🗸 | 🗸 | 🗸 | 🗸 |  |
| MacIntosh et al. (2016) |  | 🗸 | 🗸 |  | 🗸 |
| Payne et al. (2014) | 🗸 | 🗸 | 🗸 |  |  |
| Sigurdardottir et al. (2012) |  | 🗸 | 🗸 | 🗸 |  |