An Economic Evaluation of the impact of using Rapport-Based Interviewing Approaches with Child Sexual Abuse Suspects

3 Two studies examined whether rapport-based interviewing with CSA suspects 4 provides greater interview yield that could result in overall cost-savings to the 5 investigation. First, multi-level modelling was applied to 35 naturalistic CSA 6 suspect interviews to establish whether rapport-based interviewing techniques 7 increase 'yield'- defined as information of investigative value. The Observing 8 Rapport Based Interviewing Technique (ORBIT coding manual was used to code 9 interviews; it includes an assessment of both interpersonal adaptive and 10 maladaptive rapport-based interviewer engagement as well as motivational 11 interviewing (MI) strategies. The impact of these two strands (interpersonal and 12 MI) on extracting information of investigative value (including strengthening a 13 case for court and safeguarding) were examined. Adaptive interpersonal 14 strategies increased case strengthening and safeguarding yield, with motivational 15 interviewing having the largest impact on safeguarding yield. Both strategies 16 increase the likelihood of gaining additional types of economic yield. 17 Maladaptive interviewer strategies reduced case strengthening and different types 18 of economic yield. In study two, literature-based economic estimates were 19 applied to establish the potential cost benefits from following national ORBIT 20 rapport training. Further training in adaptive and motivational interviewing could 21 contribute cost savings between £19-£78 million (annual unit costs) increasing to 22 £238-£972 million (lifetime costs) for online CSA across England and Wales; 23 and £157-£639 million (annual unit costs) increasing to £2-£8 billion (lifetime 24 costs) for all CSA. Failure to commit training resource to this, or an alternative 25 strategy, could mean the cost burden attributable to maladaptive interviewing 26 (between £1-£6 million for online CSA and £12-£48 million for all CSA) is not 27 successfully averted.

- 28 Keywords: child sexual abuse, investigative interviewing, rapport, ORBIT,
- 29 motivational interviewing, economic evaluation
- 30 Subject classification codes: Forensic Psychology, Criminology, Policing

31 Introduction

32 Despite low levels of disclosure and conviction rates, estimated at 12% and 17%

respectively (Children's Commissioner for England, 2015), the number of reported 33 34 cases of child sexual abuse (CSA) creates demanding workloads for policing bodies. 35 Police in England and Wales recorded 73,260 sexual offences against children in the 36 year ending March 2019 (27% rape offences and 12% with an online element; NSPCC, 2020). This is equivalent to one sexual offence against a child recorded every seven 37 38 minutes, one child rape recorded every 30 minutes, and an internet offence against a 39 child recorded every hour. Historical child sexual abuse (e.g., Hughes & Jonas, 2015) 40 and CSA with an online element (National Society for the Prevention of Cruelty to 41 Children (NSPCC), 2020; Mitchell et al. 2010; Wolak et al. 2011) have also increased. 42 There are additional concerns that the internet has generated new forms of CSA 43 offending with easy access to IIOC, children and other offenders online reinforcing 44 deviant sexual interests (Kloess et al. 2014). Middleton (2009) estimated that one-third 45 of CSA included an online element. In their meta-analysis Seto et al (2011), found up to 46 55% of IIOC users admitted to a contact sexual offence, while Long et al (2013) found 47 87% of dual offenders engaged in grooming behaviours both on and offline, and one 48 fifth of IIOC viewers had produced IIOC (via webcams/grooming children to take 49 photographs of themselves). Findings such as these prompted Christie (2018) to argue 50 that IIOC offences, online grooming and offline CSA be treated as one offence type.

The National Crime Agency (2020) estimate there are now 300,000 individuals in the UK who pose a sexual threat to children, either through contact abuse or online. This requires a huge investment of time and resources to tackle the problems. Giles and Alison (2021) calculated that the Child Exploitation and Online Protection Command's estimated national pool of 50,000 IIOC suspects (CEOP, 2013) could have already contributed an economic burden of £97-£445million (incident costs) increasing to £1.2-£5.4bn (lifetime costs for services and victims) through historical contact CSA. If left unattended by targeted police action, historical victims would not be safeguarded and risk re-victimisation, and future contact offences could contribute a further burden of $\pounds 16-\pounds 18.6m$ (incident costs; $\pounds 198-\pounds 227m$ lifetime costs). Designated a national threat by the NCA in 2015, the scale of the problem now requires the development of evidence-led, cost-effective investigative techniques.

63 Rapport-based Investigative Interviewing with CSA suspects

64

65 Enhancing effective CSA suspect interviews should help improve outcomes. Suspect interviews represent a critical moment for investigators; to gather evidence against 66 67 suspects that builds and strengthens cases and crucially, helps achieve safeguarding 68 goals. Alison, and colleagues argued that rapport-based strategies are preferable to high 69 pressure interrogation techniques. Many studies have demonstrated the benefits of the 70 Observing Rapport Based Interviewing Technique (ORBIT) with terrorist suspects and 71 online child sexual abuse suspects (e.g., Alison et al., 2013; Christiansen et al., 2018; 72 Surmon-Bohr et al., 2020). Indeed, surveys with prisoners confirm that interviewees are 73 more responsive to rapport building and non-adversarial strategies (Kebbell et al., 2006; 74 2010; Cleary & Bull 2019).

75 Responsiveness has been defined by Alison and colleagues as, first, the 76 reduction in counter interrogation strategies and disengagement (e.g., aggression, 77 complete silence or 'no comment') and, second, increased yield (information of 78 evidential value). The ORBIT framework consists of three elements. The first two are 79 independent sets of measures: one based on Motivational Interviewing skills (MI; Miller 80 & Rollnick, 2009; 2012) and the other on the Interpersonal Behaviour Circle (IBC; 81 Leary, 1957). In their examination of the ORBIT model, they have found that adaptive 82 interpersonal strategies (which include adaptive means to handle difficult suspect

83 behaviour), coupled with aspects of motivational interviewing (honesty, authenticity 84 and empathy) increased yield. In contrast, maladaptive interpersonal strategies (in 85 which the interviewer exacerbates aggression of increases a commitment to silence or 86 no comments) and behaviours antithetical to MI (dishonesty, leaking judgement and 87 indifference) reduces yield. This reflects the autonomy afforded to the suspect, allowing 88 them to engage with the evidence and topics presented to them during interviews, 89 without undue pressure or manipulation. The goal is to recognise the situation the 90 suspect is in, consider the implications and draw out their feelings and beliefs.

91 Economic yield linked to suspect interviews

92

93 Adherence to rapport-based interviewing should have numerous benefits. Firstly, 94 revealed information might present opportunities to safeguard victims, including 95 undisclosed victims, offences, and suspects, thereby reducing the considerable 96 economic costs associated with sexual victimisation (Giles & Alison, 2021). Second, it 97 would reduce workload as long delays with digital forensics to identify additional 98 victims (e.g., Gallagher et al., 2006; Christie et al., 2015; Christie 2018) may be avoided 99 through it producing targeted intelligence. Third, targeted intelligence might also lead to 100 additional corroborating evidence.

101 Corroborating evidence plays a key role in successful legal outcomes (e.g., 102 Alonzo-Proulx & Cyr, 2017). Offline CSA often takes place in private with few 103 eyewitnesses, with less physical evidence so investigators are often reliant on children's 104 testimony (Walsh et al. 2010). Along with problems associated with children's accounts 105 (e.g., developmental stage, ability to verbalise, memory, impact of grooming, shame 106 and self-blame) there are often further complications owing to pre-existing relationships 107 with suspects meaning victims are reluctant to disclose or cooperate (Gekoski et al., 108 2016). With the increase in online offences there is the potential for further 109 corroborating evidence (digital evidence or additional victims who can support the 110 victim's testimony), and rapport-based interviewing may help generate such detail and 111 subsequently increase guilty pleas.

Walsh et al. (2010) found cases with an increased quantity of different types of supporting evidence were more likely to be convicted and to enter a guilty plea. A guilty plea means that victims do not need to appear in court, which can help to alleviate the associated detrimental impact on victims (e.g., Parsons & Bergin, 2010; Quas & Goodman, 2012; Joleby et al., 2020; Gekoski et al., 2016). Whilst this impact is difficult to monetize, if ORBIT can increase both the quality and quantity of evidence, it may reduce the amount of child victims required to appear in court.

119 Examples of interview yield that could be more directly monetized include 120 information about specific locations and devices (e.g., passwords), information about 121 specific movements of the suspect and other suspects, knowledge of other suspects, 122 plans and devices, culpability for other offenses and knowledge of other victims. 123 Procuring this information would reduce resource requirements elsewhere (data 124 analytics, digital forensic, house to house, victim identification, identification of 125 networks), facilitate safeguarding (disclosed and undisclosed victims), and help to 126 strengthen cases ultimately improving legal outcomes (charging decisions, prosecutions 127 and convictions).

128 Evaluation of investigative techniques

129

To date, there has been no economic evaluation of suspect interviewing approaches.
There have, however, been evaluations that demonstrate the efficacy of other police
actions. For example, multi-agency teams improve case outcomes following child

133 abuse; specifically, child abuse assessment centres (Joa & Edelson, 2004) and child 134 advocacy centres (Bracewell, 2018; Herbert & Bromfield, 2016; 2019a; 2019b; Herbert 135 et al., 2018; Nwogu et al., 2015). Rumney et al. (2020) also considered the case 136 outcome benefits associated with police specialist rape investigation units, whilst 137 Cloutier (2020) considered the use of specialized courts for sexual crimes. A number of 138 studies have tested the efficacy of medical forensic examinations in helping to improve 139 case outcomes following sexual violence (e.g. Kjaerulff et al. 2019; La Harpe et al., 140 2019; Menaker et al. 2017).

141 Limited research has been conducted to examine the investigative, legal and 142 victim outcomes of investigative interviews. The most directly relevant to ORBIT is 143 Kebbell et al (2006), which reported that sex suspects who confessed to offences, 144 perceived their interviewers to have been more ethical and to have displayed more 145 humanity than those who denied offences. Moreover, the use of suspect interviews 146 improves case outcomes (Kelley, 2008), evidence-based interview techniques with 147 children increase charging rates (Pipe et al., 2013), and voice stress analysis elicits 148 disclosures of undetected offences amongst offenders (Sthathis & Marinakis, 2020). 149 However, Sellers & Kebbell (2011) found interviewers' disclosure of evidence against 150 sexual abuse suspects did not impact decisions to confess. Pichler et al. (2020) reported 151 that interview quality with child interviewees (open-ended questions, compliance with 152 best practice, evidential categories sought) was not associated with trial outcomes when 153 controlling for number of victims and corroborative evidence. The strongest predictor of 154 conviction was number of victims.

155 The purpose of the current research is to conduct an evaluation of naturalistic 156 CSA suspect interviews to explore the extent to which adherence to rapport-based 157 methods (specifically the ORBIT framework's adaptive interpersonal behaviour 158 coupled with motivational interviewing) elicit more relevant cost-saving information 159 from suspects. Study 1 tests the extent to which rapport-based interviewing (increased 160 adaptive, and reduced maladaptive, interviewing along with motivational interviewing) 161 leads to suspects revealing increased evidential vield. In study 2 we draw on a 162 systematic review strategy to establish the various cost estimates that could be 163 associated with case strengthening and safeguarding economic yield. We then estimate 164 the potential impact that national ORBIT training could have, in terms of cost savings 165 generated from improving the use of rapport-based approaches along with outlining cost 166 burdens generated from failure to execute rapport-based interviewing effectively. It is 167 important to note that this is not a cost benefit analysis. This paper establishes the 168 potential economic benefit, but in making any decisions on whether to implement the 169 approach, further consideration should be given to the costs of doing so, as well as the 170 risks.

171

172 Materials and Methods

173 Study 1 Multi-level modelling of naturalistic interviews

174 *Participants*

175 The case files for 25 CSA suspects were drawn upon for this research. Independent 176 coders analysed 35 individual (as some cases contained multiple interviews) interviews 177 across 44 hours, broken down into 176 15-min segments. While the interviewers were 178 not trained in ORBIT, they represented a sample of experienced officers (10+ years in 179 specialist area, with at least PIP 2 or Tier 3 equivalent training) demonstrating a range 180 of adaptive and maladaptive methods. The cases were selected to represent a diverse 181 range of suspects and challenges presented during interview, which included disengaged 182 or no-comment suspects, others denying knowledge of most evidence presented to

them, and some that confessed and provided full accounts. They include both contact and IIOC only suspects, female and male suspects, multiple and single offender cases, international and UK based, as well as a diverse range of victims (e.g., contact abuse of children and teenagers, repeat image offences, online grooming, payment for live streaming content). Cases covered a range of forces throughout the UK.

188 Materials

189 Two experienced ORBIT coders, worked independently to code each 15 min interview 190 segment according to an ORBIT coding manual. The manual developed by Alison, 191 Alison, Elntib, and Noone (2010) was used to code the behaviour of the participants in 192 the interview. Interviewer behaviour was coded into three elements measuring the 193 following: (i) GMIS - Global Motivational Interviewing Scores, (ii) MIDAS -194 Motivational Interviewing of Detainees: Assessment of Skills, and (iii) IBC-I -195 Interpersonal Behaviour Circle: Adaptive and Maladaptive - Interviewer. Suspect 196 behaviour was coded into two variables by measuring: (i) IBC-D - Interpersonal 197 Behaviour Circle: Adaptive and Maladaptive - Detainee, and (ii) IYA - Interview Yield 198 Assessment. Further details can be found in Alison et al. (2013). Uniquely for this study 199 and the CSAE offender sample, the coding framework also included components 200 relating to transition points, denial strategies (adapted from Sykes & Matza, 1957), and 201 economic evaluation measures

The first author worked with the coders to identify types of economic yield. Eight variables of economic yield were combined to form a variable, **case** strengthening - passwords and pin codes, along with evidence of involvement, usernames on social media, info on victim devices, presence of digital evidence, info on areas/movements, knowledge of other undisclosed devices, and knowledge of other significant people. Six variables of economic yield were combined to form a variable, safeguarding; usernames of associates, information about associate devices, knowledge
of other undisclosed plans, other suspects, culpability for other offences, knowledge of
other victims.

211 We did not have access to legal outcomes for individuals within this data set.

Cohen's Kappa (k) was used to measure inter-coder agreement. The analysis
indicated moderate to almost perfect agreement between coders with five instances of
fair agreement between coders.

215 Analysis

Two binary dependent variables were created for the analysis. These were (1) 'Case strength'; a score of one was given if in that measurement unit information was given on any of eight case strengthening variables, and (2) 'Safeguarding'; a score of one was given if in that measurement unit information was given on any of the six safeguarding variables. A third continuous variable 'Total economic yield' was the summed score of all 'case strength' and 'safeguarding' variables elicited from suspects (up to a maximum of 14).

223 As the data consisted of multiple measures nested within the same suspects, this 224 necessitated the use of multi-level general linear modelling (as independence of errors 225 would be violated). We ran a variance components model with 'suspect' as a random 226 intercept and produced an intraclass correlation coefficient (ICC) to ascertain the 227 percentage of variance in each outcome attributable to 'suspect'. The variance 228 components model was also compared to a single level model, to ensure fit of the 229 former was superior (assessed with the X² difference between models and the Akaike 230 information criterion, AIC).

We than ran a series of multi-level logistic regression models with a logit link and a Nelder-Mead optimiser for case strength and outcomes. For 'total economic yield' multi-level Poisson regression with a log link was utilised. Regression coefficients along with odds ratio's (or Relative risk ratio's in the case of the Poisson model) and their 95% confidence intervals were reported. For each outcome four separate models were tested: (1) Overall adaptive, maladaptive and MI skills (2) Each of the global MI skills as the predictors, 3) Each aspect of adaptive interviewing as predictors and, (4) Each aspect of maladaptive interviewing as predictors.

239

240 Study 2 Economic modelling of rapport-based interviewing

A rapid evidence assessment (see Varker et al., 2015), was undertaken to develop an economic framework to apply to investigative interviews. The aim was to summarize what is known about the cost of CSA investigations and average victim costs for CSA. The review of material followed in the economic tradition; producing a systematic literature review to provide an overview of available evidence from which we make critical decisions about figures in cost estimates.

247 First, we drew on the systematic review produced by Giles & Alison (2021). 248 These authors undertook a systematic literature review in August 2020, searching for 249 relevant material published 2000-2020, that met search terms (cost AND victim AND 250 sex* crime OR rape OR child sex* abuse OR indecent image* OR internet sex* offend* 251 OR online sex* offend OR contact sex offen OR groom* OR chat room off* or solicitation off* OR molest* OR pedo* OR paedo*) and could be found utilising six 252 253 databases (Cochrane library, PsychINFO, Scopus, Web of Science, NCJRS and 254 PubMed). This was focussed on average victim costs for CSA. To expand upon this and 255 identify resources examining the cost of CSA investigations a PICO framework was 256 developed to establish any economic costs (outcomes) associated with police 257 (population) action (intervention) during CSA investigations along with broader 258 outcomes that could potentially be monetized (e.g., outcomes, including impacts on

259 offending). Economic evaluation research would also be considered (control).

260 Search Strategy

261 Studies would be included if they included economic costs associated with CSA 262 investigations, provided an economic assessment of police actions during CSA 263 investigations, or demonstrated the cost effectiveness of such. Search terms were 264 developed from the PICO ("police*" or "law enforcement") AND ("invest*" OR 265 "interview" OR "enquiry" OR "inquiry" OR "response" OR "evidence" OR "analysis" 266 OR "case manag") AND ("cost" OR "price" OR "value" OR "economic" OR "investment" OR "resources") AND ("sex* crime" OR "sex* offender" OR "sex* 267 268 offender victim" OR "child sex* abuse" OR "child porn*" OR "indecent image* of 269 children" OR "IIOC" or "internet sex* offend*" OR "online sex* offend" OR "contact 270 sex offen" OR "groom*" OR "chat room off*" or "solicitation off*" OR "molest*" OR "pedo*" OR "paedo*" OR "hebro"). The search covered the period from 2000-2020 and 271 272 was not limited by language or publication type, or with respect to whether they were 273 published or unpublished. Seven databases were searched in total: PsychINFO, Scopus, 274 WoS, NCJRS, PubMed, econlit and repec. A request for relevant police literature was 275 also disseminated by national policing leads.

Following initial searches, there followed de-duplication, review of study titles,
application of screening procedures and compilation of target lists for further review.
Application of search terms resulted in 4052 items. These were screened by the
first author, such that items were excluded based on duplication, or on the basis that the
full text did not inform the research question. A short list of 182 items were reviewed.
Shortlisted material included a range of police interventions in child sexual abuse and

sexual violence cases, including forensic advisors in court & multidisciplinary teams,
but the majority were excluded on the basis that economic data was not presented.

284

285 Cost of CSA investigations

Three studies were retained that provided detailed accounts of the economic costs
associated with CSA investigations (Christie et al., 2015; Christie, 2018, Heeks et al.,
2018).

289 Costs provided by the Home Office (Heeks et al., 2018) are drawn upon 290 nationally to help estimate the 'disease burden' generated from crime. However, it is 291 important to note that the costs provided are not unit costs to police for each crime 292 recorded. The Home Office uses all crimes (rather than police recorded crimes) to 293 estimate the unit cost for each crime. As such, the unit costs for each rape and other 294 sexual offence will be higher. The total cost to the police by crime type (e.g. rape) is 295 divided by the estimated total number of crimes (including those not reported to the 296 police).

297 Christie et al., (2015) and Christie (2018) worked with UK policing partners to 298 scope out the potential volume of CSA and relatedly, approximate costings for the 299 police response across the UK. Both reports provide a detailed breakdown of potential 300 costs throughout the life cycle of a typical online and offline CSA investigation that 301 could be utilised for subsequent economic analysis. This provides a framework to be 302 used in future research examining the benefits of police investments. As such, we draw 303 upon the detailed costs provided by Christie et al (2015) and Christie (2018) to inform 304 our economic evaluation.

305

306 Average CSA victim costs

308 Following a systematic review methodology, Giles & Alison (2021) considered Saied-309 Tessier (2014), Letourneau et al (2018) and Heeks et al (2018) for inclusion in 310 economic analysis given their focus on either child sexual abuse, the full range of costs 311 included and/or focus on the United Kingdom (UK). Saied-Tessier (2014) was further 312 discounted from analysis as unit costs were not available across a range of measures. 313 They argue for the use of Home Office figures (Heeks et al., 2018; UK) to calculate 314 incident costs. An American study (Letourneau et al., 2018) was selected to estimate 315 lifetime costs on victims and society.

316

317 Incident costs

To provide a cost per incident, Heeks et al (2,018) calculate the unit cost of rape as £39,360 and other sexual offences as £6,520 in 2015/16. Figures increase to £43,214 and £7,158 in 2019 using Bank of England online 'inflation' calculator with inflation averaged at 3.2% a year (Giles & Alison, 2021). These figures are drawn on in the economic proofs provided in study 2.

323 Lifetime costs – lower and upper bound estimates

Letourneau et al (2018) provide average lifetime costs for victims of nonfatal child sexual abuse in the USA in 2015. Drawing upon a wider range of measures than Heeks et al (2018) such as education costs, they also draw on the available child sexual abuse literature to establish lifetime effects on health, criminal offending, suicide death and QALY losses. They estimate that the lifetime costs for female victims of nonfatal child sexual abuse is \$282,734. Applying HM Revenue & Customs exchange rates \$282,734 was calculated as £176,850 in 2015, this figure increases to £197,535 in 2019 using 331 Bank of England online 'inflation' calculator with inflation averaged at 2.8% a year. 332 This is used as a lower bound lifetime cost in the economic proofs provided in study 2. 333 Separately, Letourneau et al (2018) estimate quality of life losses as \$41,001 for 334 female victims and \$38,904 for male victims. Upper bound estimates could therefore 335 include quality of life losses (adjusted to \$40,477 to account for 75% of victims being 336 female, see Giles & Alison, 2021). This was calculated as £25,318 in 2015 and 337 increased to £28,279 in 2019 (using the same method). As such, the upper bound 338 estimate of lifetime cost used in study 2 is £225,814. 339 Table 1 provides a detailed breakdown of costs that inform our economic framework, 340 including our rationale for lower and upper bound estimates. 341 342 Insert Table 1 here 343 344 Analysis 345 The economic framework is applied to national crime reports to establish the potential 346 impact we might expect from ORBIT training, moving the interviewer workforce 347 towards predominant use of adaptive and motivational interviewing. This approach also 348 helped to establish the potential cost burden associated with predominant use of 349 maladaptive interviewing. The economic estimates are applied to the most recently 350 published crime figures for online CSA (n=8,807; NSPCC, 2020) and all CSA recorded 351 by police forces in England and Wales (n=73,260; ONS, 2020). 352 353 **Results: Study 1**

354 Case strengthening

355	Case strength- is the presence of <i>any</i> of the case strength variables (91) vs. absence (81).
356	Case strength is coded as $0/1$ with the latter indicting presence.
357	Variance components
358	The measurement within case model (AIC= 231.28) was a better fit compared to single
359	level model (AIC=238.86; X ² (1)=10.581, p=.001, ICC =.21). This indicated a multi-
360	level model is required.
361	
362	Multi-level models
363	Tables 2-5
364	
365	These tables show a one unit increase in adaptive interviewing strategies produce a 35%
366	increase in the likelihood of gaining economic yield that would strengthen cases (Table
367	2). Notably the use of adaptive co-operative strategies appears most effective with a one
368	unit increase here increasing the likelihood of gaining case strength economic yield by
369	55% (Table 3).
370	
371	Safeguarding
372	Safeguard is the presence of any of the safeguarding variables (36) vs absence (136).
373	Safeguard is coded as 0/1 with the latter indicating presence.
374	Variance components
375	Measurement within case model (AIC= 174.09 was a better fit compared to single level
376	model (AIC=178.48; $X^2(1)$ =6.395, p=.011, ICC =.29). Although the difference was
377	significant the AIC did not indicate a substantial improvement from the single level to
378	multilevel model (AIC difference <5), and wide large CIs generated. We repeated the

379	safeguard analysis using a single level, Penalised likelihood regression analysis (logistic
380	regression using Jeffery's invariant prior).
381 382 383 384	Insert Tables 6-9 A one unit increase in motivational interviewing strategies produced a 12% increase in
385	the likelihood of gaining safeguarding economic yield (Table 6). This is particularly
386	related to the use of evocation; one unit increase here doubles (222%) the likelihood of
387	gaining safeguarding economic yield (Table 9). Adaptive interviewing approaches also
388	play a part. Whilst overall adaptive interviewing was related to increased safeguarding
389	economic yield, it is notable that a one unit increase in passive adaptive interviewing is
390	associated with a 57% increase in the likelihood of gaining safeguarding economic yield
391	(Table 7).
392	
393	Different types of economic yield
394	Economic data is coded as information not given (0) or given (1) e.g., passwords, other
395	offender names, etc across 14 different categories. A total count of this information
396	(#/14) was computed.
397	
398	This count was then analysed with a series of multi-level Poisson regressions. Fit was
399	compared against alternative models (zero inflated Poisson, negative binomial, zero-
400	inflated negative binomial) with the standard Poisson being the best fit as assessed with
401	AIC values

402

403 Variance components.

404 38.8% of variance in information produced was attributable to the case level, the405 remaining 61.2% to the unit of measurement. This suggests that the individual is not the

406 most important factor in whether they gave this information or not (i.e., it's not the case 407 that some interviewees just talk and other do not at all, all showed variance in 408 information given across the interview process). The dispersion for all three models was 409 <1.06, meeting Poisson assumptions.</p>

410

411 Global MI skills.

412 Evocation had a significant effect on increasing the amount of information given 413 Relative Risk Ratio (RRR)=1.38, 95%CIs =1.10 to 1.74, p=.006. This means that a unit 414 increase in economic yield (one additional type of economic yield) is 38% higher when 415 exposed to a 1 unit increase in evocation. There were no other significant MI skills.

416

417 *Interviewer adaptive*

Adaptive cooperative interviewing significantly increased the amount of information given RRR=1.21, 95%CIs =1.03 to 1.44, p=.012 as did adaptive passive RRR=1.23, 95%CIs =1.07 to 1.40, p=.003. This means that a unit increase in economic yield (one additional type of economic yield) is 21% higher when exposed to a 1 unit increase in adaptive cooperative interviewing and 23% higher when exposed to a 1 unit increase in adaptive passive interviewing.

424

425 Notably adaptive confrontational had a negative association with information
426 RRR=0.87, 95%CIs =0.77 to 0.98, p=.026. This means that a unit increase in economic
427 yield (one additional type of economic yield) is 13% less likely when exposed to a 1
428 unit increase in adaptive confrontational interviewing.

429

430 *Interviewer maladaptive*

431 Maladaptive passive interviewing had a significant negative effect on information given
432 RRR=0.74, 95%CIs =0.61 to 0.91, p=.004, as did maladaptive confrontational
433 RRR=0.73, 95%CIs =0.65 to 0.94, p=.017.

434

This is an interesting observation in respect to passive interviewing, done well (adaptive passive) increases the likelihood of number of different types of economic yield. Done badly (maladaptive passive) reduces the likelihood of number of different types of economic yield, here a 1 unit increase was associated with a 26% reduction in likelihood of gaining an additional type of economic yield. Equally, a 1 unit increase in maladaptive confrontational is associated with 27% reduction in likelihood of gaining an additional type of economic yield.

442

443 **Results: Study 2**

444 *Case strengthening*

445 Adaptive co-operative strategies proved effective in improving the likelihood of gaining 446 case strengthening economic yield. Moving the national workforce from none co-447 operative strategies to predominant style of interaction (a three point unit increase) 448 could be associated with an 165% increase in likelihood of gaining case strength 449 economic yield. Whilst the initial base line of economic yield was low, this analysis has 450 demonstrated potential benefits associated with increase in adaptive co-operative 451 strategies in a naturalistic setting (i.e., these interviewers were not ORBIT trained). In 452 Table 10 we apply the economic framework provided in Table 1 to project the potential 453 cost savings that could be associated with ORBIT training on a national level, 454 responding to annual reports of online CSA and all CSA in England and Wales.

455

Table 10 here

Taken together, predominant use of adaptive co-operative strategies could reduce police
time (passwords, targeted case building, shorter investigations, reduced court costs
through guilty pleas) contributing annual cost savings for police forces across England
and Wales; between £1.4 to £5.8 million for online CSA and £12.2 and £48.4 million all
CSA.

462 Using the same logic applied to passive maladaptive interviewing (48% reduced 463 likelihood of case strength economic yield), predominant use of passive maladaptive 464 adaptive interviewing could reduce the likelihood of gaining case strength economic 465 yield by 144%. Failure to commit resources to reduce the use of passive maladaptive 466 interviewing could generate a cost burden within the same magnitude as the cost saving 467 established for adaptive co-operative strategies (between $\pounds 1.4$ to $\pounds 5.8$ million for online 468 CSA and £12.2 and £48.4 million all CSA). As cost effective as adaptive interviewing 469 is, maladaptive interviewing could prove equally costly.

470 Safeguarding

471 Evocation and passive adaptive interviewing proved effective in improving the 472 likelihood of gaining safeguarding economic yield. Moving the national workforce from 473 no evocation to predominant style of interaction (a three-point unit increase) could 474 mean that interviewers are up to six times more likely to elicit safeguarding economic 475 yield from interviewees. Moving towards predominant use of passive adaptive 476 interviewing would be associated with 171% increased likelihood of gaining 477 safeguarding yield. The initial baseline of safeguarding economic yield was higher than 478 case strengthening, and this analysis has demonstrated further potential benefits 479 associated with increase in evocation and passive adaptive strategies in a naturalistic 480 setting (i.e., these interviewers were not ORBIT trained). In Tables 11-12 we apply the

481 economic framework provided in Table 1 to project the potential cost savings that could
482 be associated with ORBIT training on a national level, responding to annual reports of
483 online CSA and all CSA in England and Wales.

484 Insert Tables 11-12 here

Taken together, predominant use of passive adaptive interviewing and evocation could reduce potential victim harm (identification of other victims and reductions in reoffending) contributing cost savings for police forces across England and Wales; between £17.8-£71.9 million for online CSA and £146.8-£597.6 million all CSA. These figures are based on unit costs. Cost savings, based on averted lifetime costs on victims increased to between £236.8-£966.2 million for online CSA and £1,97-£8 billion all CSA (without QALY)

492

493 Discussion

494 The scale of the CSA problem necessitates the development of evidence-led, cost-495 effective investigative techniques that facilitate legal outcomes and safeguarding goals. 496 Faced with limited, and competing demand on, resources economic evaluation can help 497 policy makers and law enforcement agencies decide where to allocate limited resources. 498 The hypotheses were that rapport-based suspect interviewing generates economic yield 499 that can a) strengthen cases, and thus potentially save valuable police resources; and b) 500 help generate information about victims and other suspects, thus contributing to 501 safeguarding goals.

502 Drawing on findings from study 1 and study 2 with respect to case 503 strengthening, we found that adaptive co-operative strategies could potentially reduce 504 police time (targeted case building, shorter investigations, and reduced court costs 505 through guilty pleas) contributing annual cost savings for police forces. As cost 506 effective as adaptive interviewing is, our analysis reveals that maladaptive interviewing 507 is equally costly. The economic burden generated through increased use of passive 508 maladaptive strategies was estimated as being equivalent to the estimated cost savings 509 for cooperative adaptive interviewing.

510 In our second set of analyses, we found that predominant use of passive adaptive 511 interviewing and evocation could reduce potential victim harm contributing cost savings 512 across England and Wales; between £17,800 million to £71,858 million for online CSA 513 and £147 million to £598 million all CSA. These figures are based on unit costs. Cost 514 savings, based on averted lifetime costs on victims increased to between £237 million to 515 £966 million for online CSA and £2-£8 billion all CSA (without QALY). Evocation -516 an MI consistent technique directed at extracting thoughts feelings and beliefs appears 517 to be a central mechanism here in encouraging suspect engagement and, subsequently, 518 information of investigative value. Moving the work force towards consistent use of 519 evocation could increase the likelihood of each trained officer gaining safeguarding 520 information six-fold.

521 In summary, findings from our economic modelling suggest that the total cost 522 savings emerging from adaptive interviewing and motivational interviewing 523 (passwords, case strength and safeguarding) could be between £19 million and £78 524 million for online CSA using unit costs, this increases to £238 million to £972 million 525 taking into account averted lifetime costs on victims. The estimated cost savings from 526 adaptive interviewing and motivational interviewing (passwords, case strength and 527 safeguarding) are estimated to be between £157 million and £639 million for all CSA 528 using unit costs, this increases to £2 billion to £8 billion taking into account averted 529 lifetime costs on victims. The disadvantages of maladaptive interviewing could generate 530 a cost burden on police forces across England and Wales, between £1,417 million to

£5,818 million for online CSA, and between £12,200 million and £48,396 million for
all CSA.

533 It is important that police forces recognise that the findings from this research 534 (particularly study 1) are based on advantages of naturally occurring rapport-based 535 strategies (along with disadvantages of naturally occurring maladaptive behaviours). 536 This research does not provide a definitive evidence base for the full economic benefits 537 of ORBIT. These interviewers had not been ORBIT trained. As demonstrated in the CT 538 interviewing context (Alison, Plummer & Humann, UNDER REVIEW), the anticipated 539 benefits of an ORBIT trained workforce would be expected to be much higher. Even the 540 limited number of rapport-based strategies that were observed conferred economic 541 advantages.

542 A more detailed example is also useful for academics and practitioners to 543 understand our use of odds ratios in study 2. We shall provide an example based on our 544 findings around evocation. Findings from study 1 demonstrated that interviewers who 545 used evocation (e.g. minimal expression of evocation) were twice more likely to elicit 546 safeguarding yield than those interviewers in the category below them (e.g. no 547 evocation observed). This increase in the likelihood of gaining safeguarding yield is 548 linked to an officer moving one unit increase in their use of evocation (from no use to 549 minimal use, minimal use to moderate use, moderate use to predominant use). Although 550 not technically a linear prediction, the assumption is that the IRR has the same effect at 551 each step. For study 2, we apply the finding of a two-fold increase per unit change to 552 six-fold increase across a three unit change (moving the workforce from no use to 553 predominant style of interaction). So if interviewers can be trained to move from not 554 using evocation to using evocation consistently this *could* have up to a six fold increase 555 in the likelihood of them eliciting safeguarding yield from suspects. This does not 556 guarantee certainty as it is reliant on the baseline expression of evocation prior to 557 training. However, it does suggests that officers encouraged to include even minimal 558 expressions of evocation would be twice more likely to elicit safeguarding yield than 559 officers who do not currently use evocation. Those who use evocation predominantly 560 would be anticipated to be six times more likely to elicit safeguarding yeld than those 561 officers who do not use evocation at all. This is the anticipated improvement modelled 562 from naturally occurring evocation and, as mentioned above, does not directly test the 563 likelihood of gaining safeguarding yield following ORBIT training. The actual increase 564 following ORBIT training may be different (confidence intervals must also be 565 inspected). A note of caution must also be made about extrapolating these predictions. It 566 may be that the biggest increase in odds emerges from moving from no use of evocation 567 to minimal expression rather than from moderate expression to predominant expression. 568 Further investigation would be needed to explore the exact effects of different levels of 569 evocation.

570 Evocation, adaptive cooperative and adaptive passive interviewing were further 571 found to increase the number of different types of economic yield. Conversely, adaptive 572 confrontational, maladaptive passive and maladaptive confrontational reduced the 573 number of different types of economic yield. These results suggest that passive 574 interviewing done well can increase yield, whilst done badly decreases yield. 575 Confrontational interviewing reduces yield whether done in an adaptive or maladaptive 576 way. Given findings from Walsh et al. (2010) that successful legal outcomes are 577 dependent upon amount of corroborative evidence, these findings provide further 578 evidence that rapport-based interviewing could have a direct impact on legal outcomes, 579 potentially helping to reduce the poor rates of attrition and prosecution in CSA offences.

580 The evidence presented in this paper is promising, but on its own should not be 581 used to justify investment in ORBIT. Further work is needed to establish a full cost 582 benefit analysis. We are satisfied that our approach can be used to analyse future 583 benefits. We have sought throughout to provide conservative figures so as to promote 584 confidence in our approach. We have drawn on literature-based estimates, identified 585 lower and upper bound estimates, used official crime reports, assumed one current and 586 one future victim, employ recidivism rates based on apprehended offenders. In addition, 587 we do not include the costs of averted internet offences. This is likely to include 588 children who are sexually abused online, along with IIOC offences. As the literature on 589 online CSA demonstrates, online CSA victims can be expected to experience similar 590 levels of harm experienced by offline CSA victims (Hamilton-Giachritsis et al. 2017; 591 Whittle et al. 2013). Further, the economic harm presented here does not consider 592 impact of attending court for victims or family members, nor the wider impact on 593 family members. These estimates might also be best seen as relating to adult offending 594 as offences involving adolescents may not necessarily be recorded as CSA. Christie 595 (2018) notes that 45% of offences are committed by adolescents. It is likely that costs 596 emerging from adolescent offenders are considerable and that rapport-based 597 interviewing would be equally advantageous with younger offenders.

Although conservative, there are limitations with the current study. First, we rely on single studies as the basis of estimates rather than meta-analyses. However, there are limited systematic reviews and meta-analyses available. Our analysis provides 'back-ofthe-envelope' calculations to demonstrate the potential cost saving that could emerge from estimated decreases in police time. This is a fairly established approach to demonstrate cost benefits (e.g., Wen et al., 2014) when trying to get a handle on potential costs. Whilst we recognise limitations with this approach, Christie et al. (2015) 605 and Christie (2018) worked with partner forces to establish costs, adding validity to our 606 approach. A sensible way forward would be to seek validation from policing partners 607 for the estimates provided in this research. Second, we cannot rule out the role of other 608 important variables or reverse causality, i.e., variables other than rapport-based 609 interviewing led to economic yield, or that suspects willing to make admissions 610 generated a more positive response from interviewers. Cases involving IIOC suspects 611 may be more likely to lead to a guilty plea as there is a physical record of the abuse. It 612 may also be that cases that suspects who assume strong evidence against them are more 613 likely to make admissions during a suspect interview. To help address these potential 614 problems, the ORBIT research team were clear to make sure where economic yield was 615 revealed as a result of interviewers' asking questions and where it was revealed by 616 suspects' own omission. We conducted economic analysis on economic yield that was 617 revealed following asks. A further quality check would be to assess guilty pleas against 618 the coding framework, i.e., is it the case that interviewers demonstrated rapport-based 619 approaches with co-operative interviews who were likely to confess anyway, or did 620 rapport-based interviewing generate yield and potential confession from recalcitrant 621 interviewees? The coders noted that the use of rapport-based strategies was fairly 622 limited in this naturalistic sample, but where present it was clear this had a positive 623 effect in terms of gaining yield and economic yield. An alternative, beneficial approach, 624 would be to conduct methodological triangulation on the existing data set using a qualitative approach to rule out the influence of additional factors and reverse causality. 625

There are a number of additional limitations with our cost estimates. First, some of our case strengthening estimates were based on the assumption that 50% of cases led to a charging decision and this may run the risk of inflating figures. Further work is needed here to establish whether 50% was a sensible metric or whether we should 630 revise our figures with a smaller number (e.g., 17% as outlined by Children's 631 Commissioner, 2015). Second, our estimates assume that victims disclose their abuse 632 and so use the services making up the bulk of tangible costs. However, as previously 633 mentioned, as few as 12% of CSA victims might be expected to report offences to the 634 police. Third, Heeks et al. (2018) do not specifically identify costs of sexual violence 635 with child victims. As noted by Giles & Alison (2021) this has likely led to cost underestimation but further work examining child related costs would be clearly 636 637 beneficial. Fourth, the evidence underlying assumptions in Letourneau et al. (2018) is 638 US centric. We attempted to interrogate the equivalent literature base in the UK, 639 drawing upon databases routinely used within Health Economics as well as Psychology 640 but no further references were identified. Fifth, some measures in Letourneau et al are 641 underdeveloped. (e.g. educational impacts are measured using the typical costs of 642 special education and this does not do justice to the profound educational impacts 643 following sexual violence; Bolger, 2016). Sixth, Letourneau et al's (2018) estimates are 644 based on victimization at age 11 years. Further work is needed to explore variation in 645 victim costs as a function of victim age (Fisher et al., 2017). Whilst our review did not 646 reveal recidivism studies (beyond Elliot et al. 2019 which suggested higher recidivism 647 rates than those employed here) future work might consider more recent advancements 648 in recidivism studies (e.g. Hogan & Sribney, 2019; Coulter et al. 2021). Whilst 649 problematic, we do not envisage these issues inflated costs. Rather, with further clarity, 650 we would expect costs to increase.

This research has demonstrated the benefits of rapport-based strategies for eliciting economic yield. This knowledge can help interviewers appreciate and understand the potential benefits of rapport-based approaches and disadvantages associated with maladaptive approaches. The use of rapport-based approaches was low 655 across the sample as a whole and interviewers did not routinely push for economic 656 yield. In naturalistic settings, interviewers may be reliant on existing digital evidence to 657 help support reactive interview strategies rather than being proactive in using interview 658 strategies to help gain corroborative evidence. Interviewers would benefit from further 659 knowledge and training about the role and value of rapport building in helping to push 660 for and gain such information. Given the low levels of rapport-based skill in this 661 naturalistic sample, it might also be useful to consider gaining the views of interviewers 662 on rapport-based approaches (e.g., their concerns, any barriers they foresee in 663 implementing such an approach). There may be reluctance to implement rapport-based 664 strategies given the stigma of child sexual abuse offenders. Police officers, as well as 665 police managers and the general public, may implicitly favour punishment and 666 retribution in all phases of the criminal justice system, irrespective of the science and 667 potential value of rapport-based approaches. This may present a barrier to the 668 implementation of evidence-based practise. We might also consider more practical 669 aspect, such as whether ORBIT takes longer to deliver and whether this is perceived as 670 problematic for interviewers (see Py, 2013). In future research, we might also consider 671 whether or not ORBIT is effective in detecting false allegations of CSA and the 672 potential economic implications emerging from this.

Drawing on evidence-based policing approaches, this research set out to establish whether rapport-based interviewing of CSA suspects represents an effective use of police resources. Multi-level modelling validated the potential mechanisms by which rapport-based interviewing increases economic yield. Economic modelling demonstrated the potential cost savings attributable to adaptive interviewing and cost burden associated with maladaptive interviewing. Evocation played a key role in eliciting safeguarding-related information from suspects. We anticipate that the costs

- 680 presented here are conservative, as the analysis was conducted prior to any organised
- training programme for CSAE investigating officers to improve their use of rapport-
- based approaches when interviewing. With investment in training and improvements to
- 683 interview approaches, the gains would be predicted to increase substantially.

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