

Toast Trial: Outcomes

Severity of anastomotic stricture

• The number of dilations performed within one year of trial entry.

Incidence of anastomotic stricture

Whether your baby has any dilatation or none in the first year / 2 years of their life.

Other complications directly related to oesophageal atresia

 Anything that is directly related to oesophageal atresia or its repair, for instance leakage from the join in the oesophagus.

Adverse events

 A general term used to describe things that don't go as planned but aren't included in other outcomes.

Presence of symptoms of gastro-oesophageal reflux

Symptoms that may be due to reflux and reported by parents.

Need for treatment of reflux

• Whether your baby is given any sort of medication to treat reflux (e.g., feed thickener, Gaviscon).

Growth

• Your baby's growth during the first year of their life (recorded by weight, length and head circumference at certain time points).

Respiratory symptoms

• Presence of respiratory symptoms such as infections, chronic cough (but not the usual TOF cough) or any other symptoms that a doctor felt required investigation or treatment.

Oral Intake

How your baby is progressing with advancing from milk feeds onto solids at specific ages.

Episodes of infection

• Any episode of proven infection (including respiratory infections).

Survival

• Whether your child survived to a certain time point (usually time point at months/years) or to a specific event (e.g., hospital discharge).

Maternal Health Related Quality of Life (EQ-5D-5L)

• A measure of a mother's quality of life using a specially designed questionnaire to understand how their baby's health may impact on their health and quality of life.

Child Health Related Quality of Life (PedsQL; Parent reported, collected at age 24 months)

A measure of your baby's quality of life, as reported by a parent. This is measured using a specially
designed questionnaire and is done at 2 years of age because this is the youngest age that it can
reliably be done.

TOAST Study Team

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