



**PCR arrays indicate that the expression of extracellular matrix and cell adhesion genes in human adipocytes is regulated by IL-1 $\beta$  (interleukin-1 $\beta$ )**

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**PCR arrays indicate that the expression of extracellular matrix and cell adhesion genes in human adipocytes is regulated by IL-1 $\beta$  (interleukin-1 $\beta$ )**

Malgorzata A. Kepczyńska<sup>1</sup>, Mohamed S. Zaibi<sup>1</sup>, Suliman Y. Alomar<sup>2</sup>, and Paul Trayhurn<sup>1,2,3</sup>

<sup>1</sup>*Clare Laboratory, University of Buckingham, Buckingham, United Kingdom*, <sup>2</sup>*Zoology Department, College of Science, King Saud University, Riyadh, Saudi Arabia*, and <sup>3</sup>*Obesity Biology Unit, University of Liverpool, Liverpool, United Kingdom*

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**Keywords:** Adipose tissue, fibrosis, ICAM1, MMPs, VCAM1

\*Correspondence should be addressed to:

*Professor Paul Trayhurn, FRSE*

*Clare Laboratory*

*University of Buckingham*

*Hunter Street*

*Buckingham MK18 1EG*

*UK*

*Email:* [p.trayhurn@liverpool.ac.uk](mailto:p.trayhurn@liverpool.ac.uk)

*Fax:* +44 1280 820135

**Abstract**

The role of IL-1 $\beta$  in regulating the expression of extracellular matrix (ECM) and cell adhesion genes in human adipocytes has been examined. Adipocytes differentiated in culture were incubated with IL-1 $\beta$  for 4 or 24 h and RNA probed with PCR arrays for 84 ECM and cell adhesion genes. Treatment with IL-1 $\beta$  resulted in changes in the expression at one or both time points of ~50% of the genes probed by the arrays, the majority being down-regulated. Genes whose expression was down-regulated by IL-1 $\beta$  included those encoding several collagen chains and integrin subunits. In contrast, IL-1 $\beta$  induced substantial increases (>10-fold) in the expression of *ICAM1*, *VCAM1*, *MMP1* and *MMP3*; the secretion of the encoded proteins was also markedly stimulated. IL-1 $\beta$  has a pervasive effect on the expression of ECM and cell adhesion genes in human adipocytes, consistent with the derangement of tissue structure during inflammation in white fat.

### Introduction

The expansion of the adipose tissue depots that defines obesity is associated with the development of several major diseases, particularly type 2 diabetes, the metabolic syndrome and certain cancers (Kopelman, 2000; Rosen & Spiegelman, 2006; Bluher, 2009). As fat mass expands an inflammatory state is established within white adipose tissue, and this is considered to underpin the development of the obesity-associated disorders (Hotamisligil, 2006; Rosen & Spiegelman, 2006; Bluher, 2009). This inflammatory condition involves the recruitment of macrophages and other immune cells, as well as the synthesis and release of a series of inflammation-related adipokines from adipocytes and preadipocytes (Weisberg *et al.*, 2003; Xu *et al.*, 2003; Pond, 2005; Bertola *et al.*, 2012). The inflammation-related factors released from fat cells and their precursors encompass a wide range of cytokines and chemokines, including IL-1 $\beta$ , IL-6, IL-10, TNF $\alpha$ , MCP-1, eotaxin and MCP-4 (Trayhurn, 2005; Meijer *et al.*, 2011; Trayhurn, 2013; Alomar *et al.*, 2015; Alomar *et al.*, 2016).

The extracellular matrix (ECM) is an important component of adipose tissue, providing mechanical support for adipocytes with considerable flexibility and plasticity being required to allow the cells to expand and contract (Mariman & Wang, 2010; Sun *et al.*, 2013). Fibrosis is evident in adipose tissue depots in obesity and this may reduce the flexibility of the ECM, preventing re-modelling and leading to tissue dysfunction (Halberg *et al.*, 2009; Khan *et al.*, 2009; Kos *et al.*, 2009; Divoux *et al.*, 2010; Mariman & Wang, 2010; Sun *et al.*, 2013; Hirai *et al.*, 2014). Fibrosis may in part be a consequence of hypoxia in adipose tissue as fat mass expands, and it may also result from local inflammation with the inflammatory state itself being linked to oxygen deprivation (Halberg *et al.*, 2009; Trayhurn, 2013). The expression of specific genes linked to the ECM, such as those encoding the matrix metalloproteinases (MMP) that catalyse the breakdown of specific collagens and other matrix proteins, are strongly upregulated in adipocytes and preadipocytes by inflammatory stimuli (Henegar *et al.*, 2008; O'Hara *et al.*, 2009). In the case of human adipocytes, these stimuli have been shown to include secretions from macrophages and TNF $\alpha$  (O'Hara *et al.*, 2009).

TNF $\alpha$  is well recognised to have a powerful stimulatory effect on the synthesis and secretion of multiple cytokines and chemokines in human adipocytes, as well as of MMPs (Wang *et al.*, 2005; Cawthorn & Sethi, 2008). The effect of IL-1 $\beta$  on adipocyte function has, however, received much less attention than TNF $\alpha$  (Bing, 2015), but our recent studies demonstrate that this pro-inflammatory factor stimulates the expression of a number of cytokine and chemokines genes in human adipocytes and preadipocytes, and that the release of the encoded proteins is also stimulated (Alomar *et al.*, 2015; Alomar *et al.*, 2016). In the present study, we have examined

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2  
3 the effect of IL-1 $\beta$  on the expression of multiple ECM and cell adhesion genes in human  
4 adipocytes using a pathway-focused PCR array. The results demonstrate that IL-1 $\beta$  inhibits the  
5 expression of a number of ECM and cell adhesion genes within the 'matrisome', particularly  
6 those encoding collagen chains and integrin subunits. The results also show that the expression  
7 of *ICAM1*, *VCAM1*, *MMP1* and *MMP3*, together with the secretion of the proteins encoded by  
8 these genes, is strongly stimulated by IL-1 $\beta$ .  
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## 13 14 **Materials and methods**

### 15 ***Adipocyte cell culture***

16 Human fibroblastic preadipocytes (Catalogue #C-12730, Lot #400Z008.1) isolated from the  
17 subcutaneous adipose tissue of an obese Caucasian female (aged 46 years) were obtained from  
18 PromoCell (Germany), together with proprietary culture media. The preadipocytes were plated  
19 into 12-well plates (5,000 cells/cm<sup>2</sup>) cultured, differentiated into adipocytes and further cultured  
20 as described previously (Alomar *et al.*, 2015). In essence, the preadipocytes were taken to  
21 confluence in a growth medium containing 5% foetal calf serum, hydrocortisone (1  $\mu$ g/ml),  
22 epidermal growth factor (10 ng/ml) and heparin (90  $\mu$ g/ml). The cells were then transferred for  
23 72 h to a differentiation medium (without foetal calf serum) containing insulin (0.5  $\mu$ g/ml),  
24 thyroxine (9 ng/ml), dexamethasone (400 ng/ml), IBMX (44  $\mu$ g/ml) and ciglitazone (3  $\mu$ g/ml).  
25 The differentiating adipocytes were finally incubated in a nutrition medium containing 3% foetal  
26 calf serum, insulin (0.5  $\mu$ g/ml) and dexamethasone (400 ng/ml), with the medium being changed  
27 every 2-3 days. The adipocytes were used at 12 days after the induction of differentiation, at  
28 which point they contained multiple lipid droplets.  
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39 The differentiated adipocytes were incubated with human recombinant IL-1 $\beta$  (Sigma, UK)  
40 at a dose of 2 ng/ml, as in previous studies, this giving an approximately maximal response in  
41 the expression of those genes investigated earlier (Gao & Bing, 2011; Alomar *et al.*, 2015);  
42 control cells received vehicle. The concentration of IL-1 $\beta$  employed approaches that which may  
43 be found locally in tissues during marked inflammation, the intent being to reflect the  
44 inflammatory state within adipose tissue in obesity. The cells were incubated with IL-1 $\beta$  for  
45 either 4 or 24 h, to enable both acute and chronic responses to be assessed. At the end of the  
46 incubation period, the medium was removed and stored at -20°C, and the adipocytes washed,  
47 frozen in TRI Reagent (Sigma, UK) and stored at -80°C, as previously (Alomar *et al.*, 2015). A  
48 total of six sets of cells was taken for each experimental group.  
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### ***RNA extraction and PCR arrays***

Total RNA was extracted and PCR arrays performed essentially as previously described (Alomar *et al.*, 2015). In outline, the adipocytes were homogenised in the TRI Reagent in which they had been stored and total RNA extracted using an RNeasy Micro Kit (Qiagen, UK). The purity of the extracted RNA was close to 2.0, based on the 260/280 nm and 260/230 nm ratios (NanoDrop 1000; Wilmington, USA), and the RNA Integrity Number (Agilent 2100 Bioanalyser; Agilent Technologies, Germany) was approximately 10.

The extracted RNA was DNase-treated, reverse transcribed using a RT<sup>2</sup> First Strand Kit (Qiagen, UK) and screened with a RT<sup>2</sup> Profiler PCR array for 84 Human Extracellular Matrix and Cell Adhesion genes (Qiagen, UK). PCR amplification was performed by real-time PCR detection (ABI StepOneplus; Applied Biosystems, USA) with two step thermal cycling; 95°C for 10 min, and then 40 cycles of 95°C for 15 sec and 60°C for 1 min, as previously (Alomar *et al.*, 2015). The data were analysed by the comparative 2<sup>-ΔΔCt</sup> method (Livak & Schmittgen, 2001) and expressed as fold-changes in the target gene normalised to the reference genes (*ACTB*, *B2M*, *GAPDH*, *HPRT*, *RLPO*) for the IL-1β treated adipocytes and related to the expression level of the untreated control cells, according to the manufacturer's protocol. In outline, the ΔCt for each gene of interest (GOI) in each plate was calculated using the Ct values for the gene and the housekeeping genes (HKG) used for normalization: ΔCt = Ct GOI – Ct average HKG. Multiple HKGs help ensure that errors are not introduced through variations between treatment groups in the expression level of a specific HKG.

The manufacturer states that the PCR array system demonstrates strong correlations across technical replicates, lots and instruments with average correlation coefficients >0.99.

### ***Protein measurements***

The release into the medium of ICAM1, VCAM1, MMP1 and MMP3 was measured using MSD immunoassays (Meso Scale Discovery, USA); the media were centrifuged prior to analysis to remove any cell debris. These immunoassays provide a rapid, sensitive measurement of specific proteins in small sample volumes. Plates were pre-coated with antibodies on independent, discrete spots and the assay then performed essentially according to the manufacturer's instructions, as described previously (Alomar *et al.*, 2015; Alomar *et al.*, 2016). The data was analysed using Proprietary Meso Scale software; the lowest level of detection was 1.03 pg/ml for ICAM1 (interlot CV 17.8%), 6 pg/ml for VCAM1 (interlot CV 2.6%), 11 pg/ml for MMP1 and 2.1 pg/ml for MMP3 (mean intraplate CV <15% for both MMP1 and MMP3).

### Statistical analysis

The statistical significance of differences between the IL-1 $\beta$  treated and control groups was assessed with Student's *t* test; a value of  $P < 0.05$  was taken as being statistically significant.

## Results

### Gene expression: PCR arrays

The present study was conducted on human adipocytes taken 12 days after the induction of differentiation from preadipocytes, at which point they exhibit multiple lipid droplets in the cytoplasm with validation studies indicating that marker genes characteristic of differentiated fat cells are expressed. The cells were treated with IL-1 $\beta$  for 4 or 24 h at a dose which induces a maximal response in the expression of selected genes in adipocytes (Gao & Bing, 2011; Alomar *et al.*, 2015). The possibility cannot be excluded, however, that not all genes whose expression is modulated by IL-1 $\beta$  will be maximally effected by the dose used. A focused pathway-specific PCR array was used to probe the expression of a panel of 84 genes encoding proteins linked to the ECM and cell adhesion. A stringent criterion of >2-fold difference in mRNA level, with  $P < 0.05$  or greater, between treated and control cells was used to assess whether treatment with IL-1 $\beta$  resulted in differential expression of a gene.

The expression at 4 h of four of the genes on the arrays was increased >10-fold in response to IL-1 $\beta$ , the greatest increase being for *ICAM1* (Figure 1); the *ICAM1* mRNA level was >200-fold higher in the treated cells than in the control adipocytes. The other three genes which exhibited large increase in mRNA level on treatment with IL-1 $\beta$  were *VCAM1*, *MMP1* and *MMP3*, the level at 4 h being 22-fold, 13-fold and 12.5-fold higher, respectively, than in the controls. The mRNA level was also increased at 24 h in the treated cells, but the elevation was much lower at this time-point than at 4 h for each of the four genes (Figure 1). The expression of five further genes – *TNC*, *HAS1*, *LAMB3*, *THBS1* and *TIMP1* – was also stimulated at both 4 and 24 h (Table 1), but the increases in mRNA level were smaller, varying from 2- to 8-fold relative to the controls. In contrast to the other genes, the response to IL-1 $\beta$  was higher, rather than lower, at 24 h than at 4 h for *HAS1*, *THBS1* and *TIMP1*.

The expression of both *SELE* and *CD44* was increased at 4 h, but not at 24 h, while *MMP9*, *THBS2* and *COL7A1* were up-regulated only at 24 h. The expression of three genes – *TGFB1*, *CTGF* and *SPP1* (which encodes the pro-inflammatory mediator osteopontin) – was down-regulated in response to IL-1 $\beta$  at both 4 and 24 h, while that of two genes – *ITGB5* and *ADAMTS1* – was decreased only at 4 h. The full list of genes whose expression was significantly



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3 altered by treatment with IL-1 $\beta$ , together with the names of the encoded proteins, is shown in  
4 Table 1.

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6 The expression of as many as 22 genes (>25 % of the probes on the arrays) was down-  
7 regulated at 24 h (Table 1), these including several genes encoding collagen chains (*COL1A1*,  
8 *COL5A1*, *COL6A1*, *COL11A1*, *COL14A1*, *COL15A1*), matrix metalloproteinases (*MMP7*,  
9 *MMP11*, *MMP16*) and integrin subunits (*ITGA3*, *ITGB3*, *ITGA6*, *ITGA4*). The genes that were  
10 most strongly down-regulated by IL-1 $\beta$  at 24 h were an integrin (*ITGA4*), a collagen (*COL14A1*)  
11 and a matrix metalloproteinase (*MMP16*), the mRNA level of each of which was reduced by >5-  
12 fold (Figure 2).  
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### 17 **Protein secretion**

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19 The culture media were examined to determine whether the changes induced by IL-1 $\beta$  in the  
20 expression of key genes, as indicated by the PCR arrays, were mirrored in the amount of the  
21 encoded protein released by the adipocytes. ICAM1, VCAM1, MMP1 and MMP3 were analysed  
22 since at the gene expression level they showed the most substantial responses to IL-1 $\beta$ . Figure 3  
23 shows the amount of each of these proteins in the medium at 4 and 24 h; greater quantities were  
24 found at 24 h, reflecting the accumulation with time of the secreted protein. In addition, the  
25 consequences of the lag between the expression of a gene and the subsequent synthesis and  
26 release of the protein product will be much more evident at shorter time points.  
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32 Each of the four proteins analysed was readily detected in the medium at 4 and 24 h, and  
33 treatment with IL-1 $\beta$  resulted in an increase in the amount released at both times. However, the  
34 stimulatory effect of IL-1 $\beta$  was more evident at 24 h with the amount of ICAM1 being 56-fold  
35 higher at this time point than in the controls. The increase in VCAM1 at 24 h in response to IL-  
36 1 $\beta$  was 3.5-fold, while for MMP1 and MMP3 it was 7.8- and 18-fold, respectively.  
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### 42 **Discussion**

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44 The present study employing focused PCR pathway arrays demonstrates that the expression of  
45 multiple genes encoding proteins associated with the ECM and cell adhesion is modulated by the  
46 classical pro-inflammatory cytokine IL-1 $\beta$ . PCR arrays provide a valuable tool for determining  
47 expression in that a number of genes in a given pathway can be assessed simultaneously with the  
48 quantitative precision of real-time PCR. Of the 84 genes on the arrays employed here, the  
49 expression of almost half (41) was altered in response to IL-1 $\beta$ , either at both 4 and 24 h, or at  
50 one of these two times. Changes in expression at both time points implies a direct regulatory  
51 effect of IL-1 $\beta$ . Alteration at 24 h, even without any change at 4 h, is also likely to be of  
52 significance in terms of the structure and re-modelling of the ECM.  
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3 Of the genes whose expression was altered by IL-1 $\beta$ , the majority (66%) were down-  
4 regulated. The most strongly up-regulated included two matrix metalloproteinase genes, *MMP1*  
5 and *MMP3*, and the secretion of their encoded proteins was also stimulated by IL-1 $\beta$ . The  
6 MMPs as a group are endopeptidases which play an important role in degrading the proteins of  
7 the ECM (Mariman & Wang, 2010), including collagens, with *MMP1* being an interstitial  
8 collagenase and *MMP3* a stromelysin (stromelysin-1); their up-regulation by IL-1 $\beta$  is indicative of  
9 an inflammation-induced stimulation of the remodelling of the ECM. Previous studies have  
10 demonstrated that *MMP1* and *MMP3* are secreted from human adipocytes (Traurig *et al.*, 2006;  
11 van Beek *et al.*, 2008; Mariman & Wang, 2010), expression and secretion being stimulated by  
12 factors released by macrophages and specifically by TNF $\alpha$  (O'Hara *et al.*, 2009).

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19 IL-1 $\beta$  has been shown to stimulate the expression and secretion of *MMP1* and *MMP3* in  
20 other cell types, including human preadipocytes (Domeij *et al.*, 2002; Liacini *et al.*, 2005; Gao &  
21 Bing, 2011). In the present study, another MMP, *MMP9* (also known as gelatinase B), was up-  
22 regulated by IL-1 $\beta$  only at 24 h and the increase in mRNA was modest. *MMP9* expression has  
23 previously been shown to be strongly up-regulated in human adipocytes exposed to macrophage-  
24 conditioned media (O'Hara *et al.*, 2009), and the much more modest effect observed here with  
25 IL-1 $\beta$  alone suggests that other factors released by macrophages (such as TNF $\alpha$ ) are important in  
26 stimulating the expression of this gene.

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33 The two most highly up-regulated genes in response to IL-1 $\beta$  were *ICAM1* and *VCAM1*,  
34 and again this was evident at both the level of expression and in the secretion of the protein  
35 product. *ICAM1* was particularly sensitive to IL-1 $\beta$ , and the expression of both cellular adhesion  
36 molecules is well recognised to be highly inducible by this cytokine, as well as by TNF $\alpha$ , in other  
37 cell types (Collie-Duguid & Wahle, 1996; Haraldsen *et al.*, 1996; Tessier *et al.*, 1996). There was a  
38 substantial, but transient stimulation (at 4 h only), of the expression of *SELE*, a gene that codes  
39 for the cell adhesion molecule selectin-E, which plays a role in inflammation. The expression of  
40 *LAMB3*, a laminin subunit gene, was stimulated by IL-1 $\beta$  (at 4 and 24 h), but the expression of  
41 the other two genes on the arrays associated with laminin sub-units, *LAMC1* and *LAMA2*, was  
42 inhibited (at 24 h), the laminins being ECM glycoproteins (Mariman & Wang, 2010).

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49 Similarly, while the expression of *COL7A1*, which encodes collagen type VII alpha 1, was  
50 slightly stimulated by IL-1 $\beta$  at 24 h, the expression of six other genes for collagens was down-  
51 regulated at 24 h. Thus a key effect of IL-1 $\beta$  was to inhibit the expression of a series of genes  
52 encoding collagen chains, thereby comprising matrix re-modelling and tissue structure. In  
53 addition, the expression of all five integrin genes present on the arrays was suppressed by IL-1 $\beta$ ,  
54 at 4 h in the case of *ITGB5* and at 24 h for the others. This inhibition would be expected to  
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3 reduce cell adhesion to the ECM. It is noteworthy that despite the strong stimulation of the  
4 expression of *MMP1* and *MMP3*, the expression of three other MMP genes, *MMP7*, *MMP11* and  
5 *MMP16*, was reduced by IL-1 $\beta$  at 24 h; indeed, *MMP16* was the most strongly down-regulated  
6 gene measured by the arrays.  
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10 MMP7, which is also known as matrilysin or PUMP-1, is a membrane-bound protease, as  
11 is *MMP16*, which degrades specific collagens and fibronectin (Mariman & Wang, 2010). *MMP11*,  
12 known as stromelysin 3, is, however, not membrane-bound. *MMP11* expression in human  
13 adipocytes was previously found to be stimulated on exposure to macrophage-conditioned  
14 medium, as was that of a number of other *MMP* genes in addition to *MMP1* and *MMP3* (O'Hara  
15 *et al.*, 2009). Since in the present study, IL-1 $\beta$  inhibited *MMP11* expression, other factors released  
16 from activated macrophages must counteract the inhibitory effect of this cytokine, and the  
17 potential candidates include TNF $\alpha$ . There is evidence that *MMP11* is a potent negative regulator  
18 of adipogenesis (Andarawewa *et al.*, 2005).  
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22 A differential effect of IL-1 $\beta$  on the expression of closely linked genes was also evident  
23 with the TIMPs (tissue inhibitor of metalloproteinases). There was a small increase in the  
24 expression of *TIMP1* (at 4 and 24 h), while both *TIMP2* and *TIMP3* expression decreased (at 24  
25 h). Overall, the balance of effects of IL-1 $\beta$  in human adipocytes would appear to favour the  
26 stimulation of the synthesis and release of the major matrix metalloproteinases (*MMP1* and  
27 *MMP3*) while decreasing the production of key inhibitors of these enzymes.  
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31 Remodelling of the ECM is evident during the expansion of adipose tissue and fibrosis is a  
32 hallmark of the tissue in obesity (Halberg *et al.*, 2009; Khan *et al.*, 2009; Mariman & Wang, 2010).  
33 Inflammation may underlie both ECM remodelling and the development of fibrosis, and the  
34 strong stimulation of *MMP1* and *MMP3* synthesis and release by adipocytes in response to IL-1 $\beta$   
35 is consistent with the important role that these enzymes have been shown to play in modifying  
36 the structure of the matrix, including in obese white fat (Chakraborti *et al.*, 2003; Chavey *et al.*,  
37 2003). IL-1 $\beta$  may be primarily derived from activated macrophages within adipose tissue, but it  
38 can also be released from other cells in the tissue, including the adipocytes themselves which  
39 would imply an autocrine or paracrine action. Macrophages, adipocytes and preadipocytes each  
40 synthesis and release IL-1 $\beta$ , and production is increased in an inflammatory state (see Fain, 2006;  
41 Alomar *et al.*, 2015).  
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45 It should be noted that the adipocytes used in the present work were differentiated from  
46 the preadipocytes of a single lean donor and this is a limitation of the study. The responsiveness  
47 to IL-1 $\beta$  may vary between individuals, particularly in terms of the scale of response of specific  
48 genes or in the relative response between different genes. Nevertheless, in our previous and  
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3 ongoing studies we have observed a general consistency of responsiveness in human adipocytes  
4 to inflammatory stimuli independent of the donor.  
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### 7 8 **Conclusions**

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10 The pro-inflammatory cytokine IL-1 $\beta$  has a pervasive effect on the expression by human  
11 adipocytes of genes encoding key proteins involved in the ECM and cell adhesion. There is a  
12 marked down-regulation of the expression of genes for a number of different collagen chains  
13 and integrin subunits. On the other hand, the expression and release of the major MMPs, MMP1  
14 and MMP3, is strongly stimulated, and this is also the case for two key cellular adhesion  
15 molecules, ICAM1 and VCAM1. The ECM in white adipose tissue is required to be highly  
16 flexible in order to accommodate the expansion and/or contraction of the adipocytes, as well as  
17 changes in the shape and size of preadipocytes as they differentiate into mature fat cells. There is  
18 also considerable variability in the size of adipocytes within a fat depot, and again this requires  
19 plasticity in the ECM. Inflammation, through the mediation of IL-1 $\beta$  as well as of TNF $\alpha$  and  
20 other factors, plays a major role in the modelling and function of the ECM in white adipose  
21 tissue, and underpins the dysfunction and metabolic derangements that characterises the tissue in  
22 obesity.  
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### 34 **Declaration of interest**

35 The authors are grateful to the Distinguished Scientist Fellowship Programme at King Saud  
36 University for financial support of this work. The authors declare that they have no conflicts of  
37 interest in regard to this study.  
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**Table 1.** Genes probed by extracellular matrix and cell adhesion PCR pathway arrays where expression was up- or down-regulated in human white adipocytes by treatment with IL-1 $\beta$

Gene	Encoded protein	Fold change at 4 h with IL-1 $\beta$	Fold change at 24 h with IL-1 $\beta$
<b>Upregulated: 4 and 24 h</b>			
<i>ICAM1</i>	Intercellular adhesion molecule-1	213.4	27.5
<i>VCAM1</i>	Vascular cell adhesion molecule-1	22.3	2.32
<i>MMP1</i>	Matrix metalloproteinase-1	13.0	8.60
<i>MMP3</i>	Matrix metalloproteinase-3	12.6	12.2
<i>TNC</i>	Tenascin C	7.95	4.79
<i>HAS1</i>	Hyaluronan synthase-1	4.95	5.42
<i>LAMB3</i>	Laminin subunit beta-3	3.98	2.33*
<i>THBS1</i>	Thrombospondin-1	2.14	3.01
<i>TIMP1</i>	Tissue inhibitor of metalloproteinases-1	2.08	3.02
<b>Upregulated: 4 h only</b>			
<i>SELE</i>	Selectin E	17.2	
<i>CD44</i>	CD44 antigen	3.97	
<b>Upregulated: 24 h only</b>			
<i>MMP9</i>	Matrix metalloproteinase-9		2.80
<i>THBS2</i>	Thrombospondin-2		2.47
<i>COL7A1</i>	Collagen type VII alpha1		2.10
<b>Downregulated: 4 and 24 h</b>			
<i>TGFB1</i>	Transforming growth factor beta-1	0.475	0.283
<i>CTGF</i>	Connective tissue growth factor	0.392	0.358
<i>SPP1</i>	Secreted phosphoprotein-1	0.333*	0.237
<b>Downregulated: 4 h only</b>			
<i>ITGB5</i>	Integrin subunit beta-5	0.446	
<i>ADAMTS1</i>	A disintegrin-like and metalloprotease with thrombospondin type 1 motif 1	0.295	
<b>Downregulated: 24 h only</b>			
<i>ECM1</i>	Extracellular matrix protein-1		0.500
<i>CTNND2</i>	Catenin delta-2		0.487*
<i>LAMC1</i>	Laminin subunit gamma-1		0.459
<i>COL5A1</i>	Collagen type V alpha-1		0.449
<i>ITGA6</i>	Integrin subunit alpha-6		0.445
<i>COL6A1</i>	Collagen type VI alpha-1		0.439
<i>TIMP2</i>	Tissue inhibitor of metalloproteinases 2		0.437
<i>ITGA3</i>	Integrin subunit alpha-3		0.436*

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3	<i>SPARC</i>	Secreted protein acidic and cysteine rich (osteonectin)	0.435
4			
5	<i>MMP7</i>	Matrix metalloproteinase-7	0.412
6	<i>COL15A1</i>	Collagen type XV alpha-1	0.407
7	<i>COL1A1</i>	Collagen type I alpha-1	0.387
8			
9	<i>MMP11</i>	Matrix metalloproteinase-11	0.359
10	<i>CLEC3B</i>	C-Type lectin domain family 3 member B (tetranection)	0.356
11			
12	<i>ITGB3</i>	Integrin subunit beta-3	0.346
13	<i>LAMA2</i>	Laminin subunit alpha-2	0.317
14	<i>TIMP3</i>	Tissue inhibitor of metalloproteinases-3	0.317
15			
16	<i>CNTN1</i>	Contactin-1	0.210
17	<i>COL11A1</i>	Collagen type XI alpha-1	0.200
18	<i>ITGA4</i>	Integrin subunit alpha-4	0.185
19	<i>COL14A1</i>	Collagen type XIV alpha-1	0.156
20	<i>MMP16</i>	Matrix metalloproteinase-16	0.127
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Human adipocytes were incubated in the presence or absence of human recombinant IL-1 $\beta$  (2 ng/ml) for 4 or 24 h. The expression of ECM and cell adhesion genes was probed using PCR pathway arrays. The genes listed are those where there was a change in mRNA level of at least 2-fold which was statistically significant ( $P < 0.05$  or more). The results are expressed as fold-changes for the IL-1 $\beta$  treated adipocytes relative to the untreated controls, and are the means of 5-6 independent sets of adipocytes at both time points; all differences shown are significant at  $P < 0.001$  or better, except those marked \* where  $P < 0.05$ .

## Legends to Figures

### Figure 1

Stimulatory effect of IL-1 $\beta$  on the expression of extracellular matrix and cell adhesion genes in human adipocytes. The adipocytes were incubated with IL-1 $\beta$  (2 ng/ml) for either 4 or 24 h. The four most highly up-regulated genes are shown: *ICAM1*, *VCAM1*, *MMP1* and *MMP3*. The results, which are expressed as fold-changes in the cells treated with IL-1 $\beta$  relative to the control cells, are means  $\pm$  SE (bars) for 5-6 independent sets of adipocytes. \*\*\* $P < 0.001$  compared with the control cells at the same time point.

### Figure 2

Inhibitory effect of IL-1 $\beta$  on the expression of extracellular matrix and cell adhesion genes in human adipocytes. The adipocytes were incubated with IL-1 $\beta$  (2 ng/ml) for either 4 or 24 h. The four most highly down-regulation genes are shown: *COL11A1*, *ITGA4*, *COL14A1* and *MMP16*. The results, which are expressed as fold-changes in the cells treated with IL-1 $\beta$  relative to the control cells, are means  $\pm$  SE (bars) for 5-6 independent sets of adipocytes. \* $P < 0.05$ , \*\*\* $P < 0.001$  compared with the control cells at the same time point.

### Figure 3

Stimulatory effect of IL-1 $\beta$  on the secretion of extracellular matrix proteins by human adipocytes. The adipocytes were incubated with IL-1 $\beta$  (2 ng/ml) for either 4 or 24 h, and proteins were measured that were encoded by the genes which exhibited the strongest response to IL-1 $\beta$ . The results are means  $\pm$  SE (bars) for 5-6 independent sets of adipocytes. \* $P < 0.05$ , \*\*\* $P < 0.001$  compared with the control cells at the same time point.

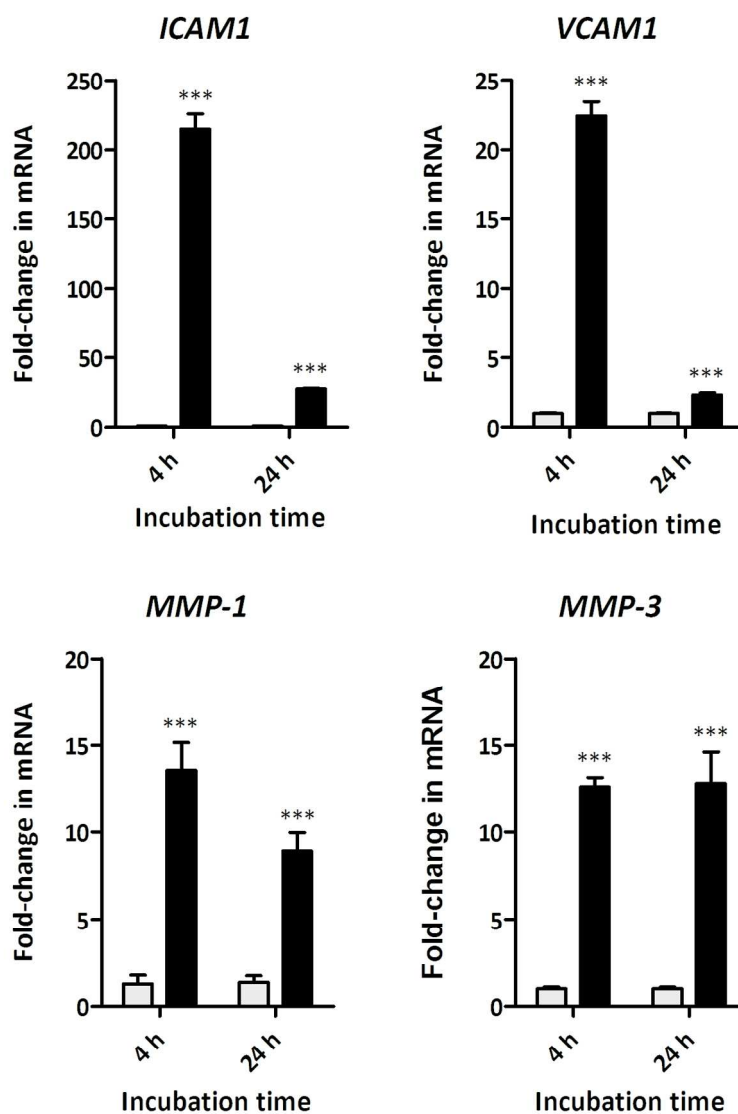


Figure 1

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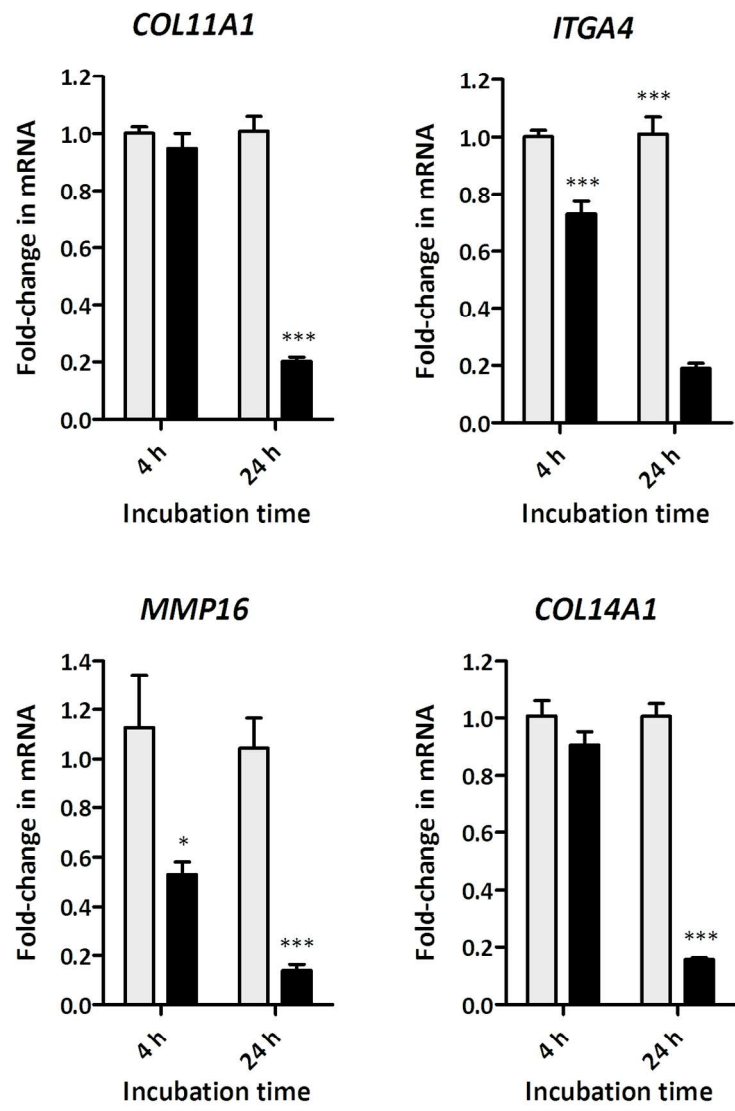


Figure 2

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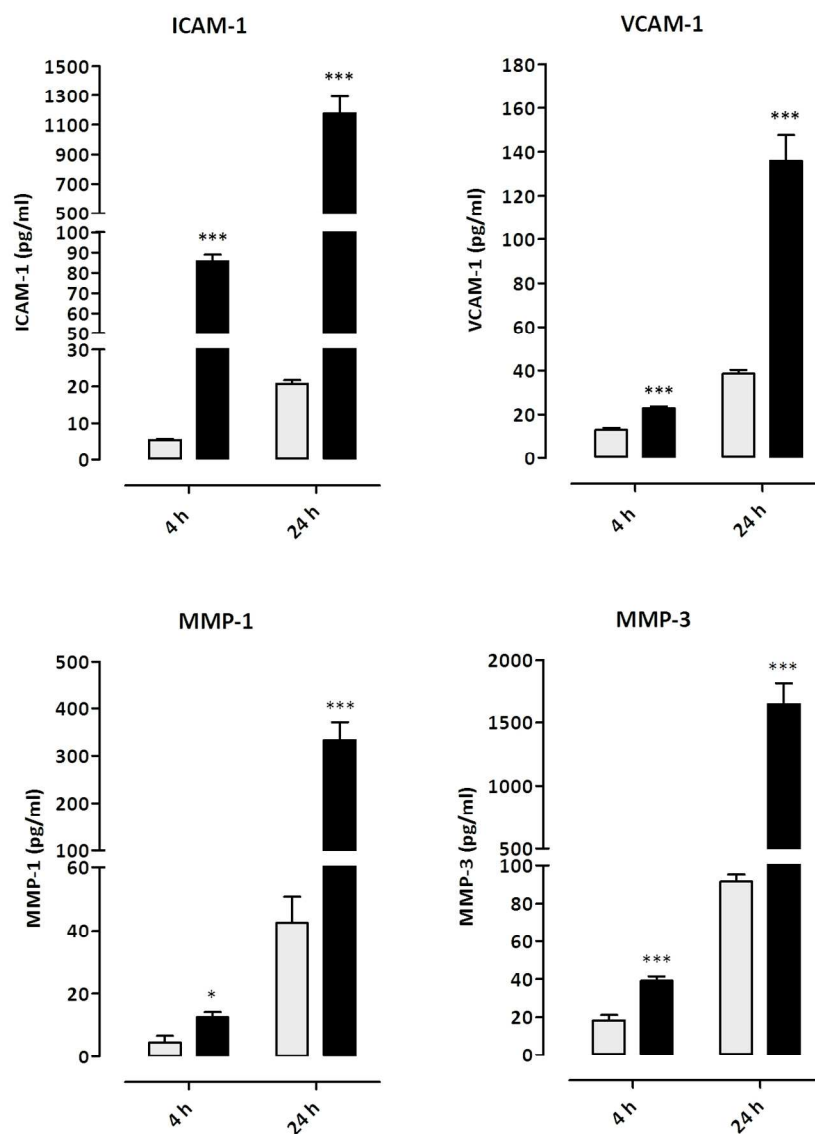


Figure 3

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