

1 **Three-dimensional ori-kirigami metamaterials with multistability**

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5
6 **Abstract:** Ori-kirigami structures offer a good avenue for designing mechanical metamaterials
7 due to their unique advantage of being independent of material properties and scale limitations.
8 Recently, the scientific community has been greatly interested in exploiting the complex energy
9 landscape of ori-kirigami structures to construct multistable systems and play their valuable role in
10 different applications. Here, we present three-dimensional ori-kirigami structures based on
11 generalized waterbomb units, a cylindrical ori-kirigami structure based on waterbomb units, and a
12 conical ori-kirigami structure based on trapezoidal waterbomb units. We investigate the inherent
13 relationships between the unique kinematics and mechanical properties of these three-dimensional
14 ori-kirigami structures and explore their potential usage as mechanical metamaterials that exhibit
15 negative stiffness, snap-through, hysteresis effects, and multistability. What makes the structures
16 even more attractive is their massive folding stroke, where the conical ori-kirigami structure can
17 obtain a huge folding stroke of more than twice its initial height through penetration of its upper
18 and lower boundaries. This study forms the foundation for designing and constructing three-
19 dimensional ori-kirigami metamaterials based on generalized waterbomb units for various
20 engineering applications.

21 **1. Introduction**

22 As carefully constructed artificial structures, either periodic or nonperiodic, the unusual properties
23 of metamaterials are determined by their microstructure rather than composition [1] and are not
24 constrained by the structural scale, which are rarely visible in conventional natural materials.
25 Metamaterials designed to transcend the limitations of conventional material properties have
26 exhibited colorful and exotic properties such as lightweight and high strength [2], negative
27 Poisson's ratio [3], negative compressibility [4], negative stiffness [5], and reprogrammable
28 stiffness [6-8], which have attracted extensive exploration by researchers in the past few years. As
29 a design method to create three-dimensional structures from two-dimensional sheet materials,

30 origami art possesses superior properties such as deployability and reconfigurability independent
31 of model size and material limitations. This geometric design method offers unlimited possibilities
32 for designing and developing new metamaterials.

33 Rapid developments in computers, mathematics, and geometry have fostered extensive research
34 into the kinematic mechanisms and the mechanical behavior of origami structures. The most
35 popular is the rigid-foldable mode, where the folding motion of rigid origami occurs only at the
36 crease lines and does not involve the deformation of the facets. The relatively simple kinematic
37 mechanisms have attracted tremendous interest from researchers. As a single-degree-of-freedom
38 periodic structure, Miura-ori origami can exhibit the negative Poisson's ratio property of in-plane
39 folding and the positive Poisson's ratio property of out-of-plane bending [9, 10]. Coupling Miura-
40 ori tubes like zippers, Filipov et al. [11] designed a deployable yet stiff origami structure. By
41 studying the motion path of the three-dimensional Tachi-Miura polyhedron, Yang and Yasuda [12]
42 found that the Poisson's ratio can be switched between positive and negative, which is a tunable
43 mechanical property. A generic four-vertex pattern can have up to five stable states under different
44 crease energy distributions [13]. Classical nonrigid origami, including Kresling, Square-twist, and
45 Hypar origami, will have a more complex energy landscape due to the deformation of the facets
46 involved and the highly nonlinear geometric motion, which makes their mechanical behavior more
47 difficult to predict. As a representative of deformable origami, the folding mode of Kresling
48 origami is a compression-torsion coupled motion, and there will be elastic deformation of the
49 facets; Yasuda et al. [14] simplified Kresling origami to a truss model, based on which a structure
50 with tunable stability and stiffness was designed. Under the simplified bar and hinge model, Liu et
51 al. [15] simulated the mechanical behavior of the Hypar pattern and verified the bistable property
52 of the Hypar structure. Based on these exotic and promising properties, origami-inspired
53 metamaterials have been used in different engineering applications, such as biomedical scaffolds
54 [16] and deployable solar panels [17].

55 Multistable systems can be found in nature [18, 19], and in recent years researchers have worked
56 to create artificial multistable systems and used them for different engineering applications,
57 including energy absorption [20, 21], mechanical switches [22, 23], and actuators [24-26].
58 Multistable structures can exhibit different mechanical properties by switching between stable

59 states, which supports the development of adaptive structures, such as tunable stiffness [27, 28]
60 and auxetic [29]. Origami structures can use their reconfigurability to provide a flexible platform
61 for achieving multistability.

62 In this study we adopt three-dimensional ori-kirigami structures as a building block of mechanical
63 metamaterials to achieve simultaneous rigid foldability and structural multistability. Specifically,
64 these three-dimensional ori-kirigami structures are cylindrical and conical ori-kirigami
65 metamaterials based on generalized waterbomb units. By exploring the mechanical properties of
66 the cylindrical and conical ori-kirigami structures, we found that the structures have multistable
67 characteristics, which means they can maintain two or more different folding configurations. In
68 addition, we can observe negative stiffness, snap-through, and hysteresis effects in their
69 mechanical responses, which are achieved in elastic systems using mechanical instabilities so that
70 such mechanical responses are reversible and repeatable. The conventional cylindrical and conical
71 origami structures usually consist of generalized waterbomb units tessellated and stacked
72 sequentially [30, 31]. However, these origami structures cannot be rigid-foldable, which has led to
73 minimal research and application due to not possessing the most significant feature (rigid-foldable)
74 of origami structures. To break through this limitation, we cut two waterbomb units on the same
75 layer along the adjacent boundary to form cylindrical and conical ori-kirigami structures [see Figs.
76 1(a) and 2(a)] to satisfy the rigid foldability (i.e., deformation occurs only at the crease lines). In
77 order to connect the split waterbomb units to form a whole, we can set up a connection structure at
78 both ends [Figs. 1(a) and 2(a)]. Compared with other origami-based three-dimensional structures
79 [32, 33], the conical ori-kirigami structure has a unique feature: its upper and lower boundaries
80 can penetrate. This implies that we can obtain a considerable folding stroke over twice its initial
81 height, which will provide new ideas for designing structures such as actuators and impact energy
82 absorbers. The conical ori-kirigami structure can exhibit multistable properties under the premise
83 that penetration can occur of its upper and lower boundaries, which is better than those three-
84 dimensional origami structures that have to be multistable by adjusting the crease stiffness and
85 zero potential energy states [34, 35]. It is worth noting that self-folding structures based on
86 origami have recently received much attention from engineers. From the micro- to macroscale
87 range, by combining with current smart materials, driving methods have been designed that rely

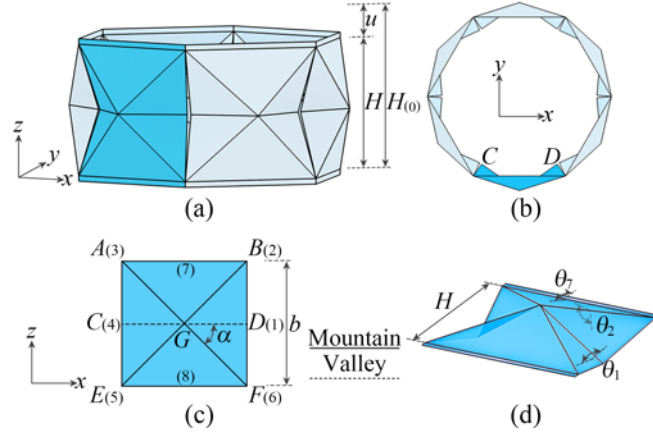
88 on chemical environment [36], temperature [37], and light [38] to achieve self-folding. For
89 example, using thermal fluctuations as a driving force can make polyhedral nets fold to target
90 three-dimensional geometries [39, 40]. Unlike these systems that require a continuous supply of
91 energy to complete self-folding, multistable structures only need to provide energy to initiate
92 switching between stable states to achieve reconfigurable performance.

93 The rest of the paper is organized as follows. Section II presents the geometric design and folding
94 kinematics of these three-dimensional ori-kirigami structures based on generalized waterbomb
95 units. Based on the discussion provided in Sec. II, Sec. III investigates the force-displacement
96 relationships of the three-dimensional ori-kirigami structures. Finally, Sec. IV presents the
97 important conclusions.

98 **2. Kinematic analysis**

99 **2.1 The cylindrical ori-kirigami structure**

100 First, we describe the geometric features and kinematic mechanisms of the cylindrical ori-kirigami
101 structure based on the waterbomb units. The side and top views of the cylindrical ori-kirigami cell
102 are shown in Figs. 1(a) and 1(b), respectively. n_w is the number of waterbomb units contained in a
103 cylindrical ori-kirigami cell [i.e., $n_w = 6$ for Fig. 1(a)], and all waterbomb units form a whole
104 through the connecting segments at both ends [Fig. 1(a)]. The geometry of each waterbomb unit
105 can be characterized by a length parameter (b) and an acute angle (α) [see Fig. 1(c)]. As shown in
106 Fig. 1(c), the foldable spreading point G is located at the center of the origami unit, and points C
107 and D are located at the two vertical edges and pass through the central axis of the unit [dashed
108 line in Fig. 1(c)]. Accordingly, the height (H) of the cylindrical ori-kirigami cell corresponds to the
109 distance between crease lines AB and EF along the z -axis, and the size of the connecting segments
110 can be ignored because they do not deform during the folding process. The axial displacement u is
111 used to express deformations of the structure and can be calculated as $u = H_{(0)} - H$, where $H_{(0)}$ is
112 the height of the cylindrical ori-kirigami cell when the gap between two adjacent waterbomb units
113 is closed. Each waterbomb unit maintains the same motion characteristics during the folding of the
114 cylindrical ori-kirigami cell along the z -axis, so we can understand the rigid folding characteristics
115 of the cylindrical ori-kirigami cell by analyzing individual waterbomb unit, as shown in the blue
116 (dark gray) area in Fig. 1.



117

118 FIG. 1 (a) Side view of the cylindrical ori-kirigami cell; (b) Top view of the cylindrical ori-
 119 kirigami cell; (c) The crease pattern of the waterbomb unit with mountain and valley folds; (d)
 120 Folded configuration of the waterbomb unit corresponding to the blue (dark gray) areas in (a) and
 121 (b). There are eight crease lines, and each crease line is assigned a number. θ_i ($i=1,2,\dots,6$) is the
 122 dihedral angle at crease line i . θ_7 and θ_8 are the waterbomb unit's boundary crease folding angles
 123 related to the z -axis.

124 The kinematic mechanisms of the origami structures can generally be described by the folding
 125 angle at each crease line, as shown in Fig. 1(d). Each waterbomb unit has only three folding angle
 126 parameters due to the symmetry condition, which are the folding angles θ_1 ($\theta_4 = \theta_1$), θ_2
 127 ($\theta_3 = \theta_5 = \theta_6 = \theta_2$), and θ_7 ($\theta_8 = \theta_7$, θ_7 is the complementary angle of the angle between the facet
 128 AGB and the z -axis), and they are functions for α , b (determined by the given geometry) and the
 129 height H (which varies with the degree of folding) of the cylindrical ori-kirigami cell. The
 130 mathematical expressions for these folding angles can be obtained according to the necessary
 131 conditions designed by Belcastro and Hull [41] for the foldability of single-vertex origami. For a
 132 single vertex with j crease lines, the angle variation constraint for these folding angles (ρ_1, \dots, ρ_j)
 133 can be given by the following equation:

134
$$R(\rho_1, \dots, \rho_j) = \chi_1 \cdots \chi_{j-1} \chi_j = \mathbf{I} \quad (1)$$

135 where χ_i is the rotation matrix around the crease line i , the expression of χ_i as:

136
$$\chi_i = \begin{bmatrix} 1 & 0 & 0 \\ 0 & \cos \rho_i & -\sin \rho_i \\ 0 & \sin \rho_i & \cos \rho_i \end{bmatrix} \begin{bmatrix} \cos \omega_i & -\sin \omega_i & 0 \\ \sin \omega_i & \cos \omega_i & 0 \\ 0 & 0 & 1 \end{bmatrix} \quad (2)$$

137 Where ω_i is the angle between crease lines i and $i+1$ (when $i+1 > j$, take $i+1$ as 1); ρ_i is the

138 complementary angle of the dihedral angle at crease line i , and assign positive and negative values
 139 to the valley and mountain folds, respectively.

140 In the waterbomb unit shown in Fig. 1(c), the angles between adjacent crease lines are

141 $\omega_1 = \omega_3 = \omega_4 = \omega_6 = \alpha$ and $\omega_2 = \omega_5 = \pi - 2\alpha$. During the folding of the waterbomb unit in the z -
 142 direction, the folding angle at each fold have the following relationships: $\rho_2 = \rho_3 = \rho_5 = \rho_6$,
 143 $\rho_1 = \rho_4$. Substituting them into Eq. (1), we can obtain

$$144 \quad \tan \rho_2 = \frac{2 \cos \alpha \sin \rho_1}{1 - \cos^2 \alpha \cos \rho_1 - \cos^2 \alpha - \cos \rho_1} \quad (3)$$

145 Substituting the relationships ($\rho_1 = \pi - \theta_1$, $\rho_2 = \theta_2 - \pi$) between the folding angle ρ_i at crease
 146 line i and the dihedral angle θ_i into Eq. (3), we obtain

$$147 \quad \theta_2 = \begin{cases} \pi + \arctan \frac{2 \cos \alpha \sin \theta_1}{\cos^2 \alpha \cos \theta_1 - \cos^2 \alpha + \cos \theta_1 + 1} & \theta_1 \geq \arccos \frac{\cos^2 \alpha - 1}{\cos^2 \alpha + 1} \\ \arctan \frac{2 \cos \alpha \sin \theta_1}{\cos^2 \alpha \cos \theta_1 - \cos^2 \alpha + \cos \theta_1 + 1} & \theta_1 < \arccos \frac{\cos^2 \alpha - 1}{\cos^2 \alpha + 1} \end{cases} \quad (4)$$

148 Additionally, we can obtain expressions of θ_1 and θ_2 in terms of H (the height of the cylindrical
 149 ori-kirigami cell) as follows:

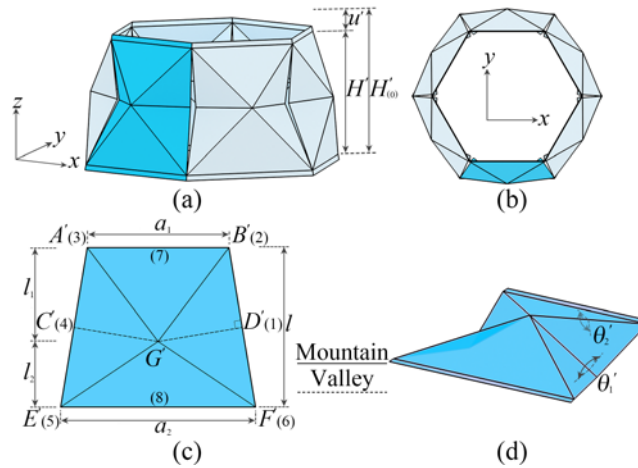
$$150 \quad \theta_1 = 2 \arcsin \frac{H}{b}, \quad \theta_2 = \frac{\pi}{2} + \arcsin \frac{H}{b} = \frac{\pi + \theta_1}{2} \quad (5)$$

151 As mentioned above, in the folding process of the cylindrical ori-kirigami cell, all folding angles
 152 can be described by the dihedral angle θ_1 of crease line 1 as an independent variable so that the
 153 folding configuration of the cylindrical ori-kirigami cell can be uniquely determined at different H .
 154 Therefore, the folding of the cylindrical ori-kirigami cell in the z -direction is a single-degree-of-
 155 freedom mechanism. Note that the waterbomb unit can be completely flat-foldable when α is less
 156 than or equal to 45° . When it is greater than 45° , points C and D will collide before being
 157 completely flat-folded, resulting in a self-locking state of the waterbomb unit. The geometric
 158 characteristics of the waterbomb unit under this state and the folding angle at each fold are
 159 described in the Supplemental Material.

160 2.2 The conical ori-kirigami structure

161 Next, we describe the geometric features and kinematic mechanisms of the conical ori-kirigami
 162 cell, which is based on the trapezoidal waterbomb units. The side and top views of the conical ori-

163 kirigami cell are shown in Figs. 2(a) and 2(b), respectively. The conical ori-kirigami cell consists
 164 of n_{tw} [i.e., $n_{tw} = 6$ for Fig. 2(a)] trapezoidal waterbomb units, and all the trapezoidal waterbomb
 165 units form a whole through the connecting segments at both ends [Fig. 2(a)]. The geometry of
 166 each trapezoidal waterbomb unit can be characterized by four length parameters (a_1, a_2, l_1, l_2)
 167 [Fig. 2(c)]. As shown in Fig. 2(c), the foldable spreading point G' is located on the mid-pipeline
 168 of the origami unit; the valley folds $G'D'$ and $G'C'$ are perpendicular to the corresponding side
 169 edges in the trapezoidal waterbomb unit, respectively. Each trapezoidal waterbomb unit maintains
 170 the same motion characteristics during the folding of the conical ori-kirigami cell in the z -direction,
 171 so we can characterize the shape of the conical ori-kirigami cell by defining its height (H' , the
 172 distance between crease lines $A'B'$ and $E'F'$ along the z -axis). Letting $H'_{(0)}$ be the height of the
 173 conical ori-kirigami cell when the gap between two adjacent trapezoidal waterbomb units is closed,
 174 we can express deformations of the structure by axial displacement $u' = H'_{(0)} - H'$ where
 175 compression is defined to be positive. Accordingly, we can understand the rigid folding
 176 characteristics of the conical ori-kirigami cell by analyzing individual trapezoidal waterbomb unit
 177 [as shown in the blue (dark gray) area in Fig. 2].



179 FIG. 2 (a) Side view of the conical ori-kirigami cell; (b) Top view of the conical ori-kirigami cell;
 180 (c) The crease pattern of the trapezoidal waterbomb unit with mountain and valley folds; (d)
 181 Folded configuration of the trapezoidal waterbomb unit corresponding to the blue (dark gray)
 182 areas in (a) and (b). There are eight crease lines, and each crease line is assigned a number. θ_i
 183 ($i=1,2,\dots,6$) is the dihedral angle at crease line i . θ_7 and θ_8 are the trapezoidal waterbomb unit's

184

boundary crease folding angles related to the z -axis.

185

As shown in Figs. 2(c) and 2(d), each trapezoidal waterbomb unit has a total of five folding angle

186

parameters due to the symmetry condition, namely the folding angles θ'_1 ($\theta'_4 = \theta'_1$), θ'_2 ($\theta'_3 = \theta'_2$),

187

θ'_6 ($\theta'_5 = \theta'_6$), θ'_7 and θ'_8 . By changing the geometric parameters of the trapezoidal waterbomb

188

unit, a total of seven final folding cases can be generated, including two cases that can be

189

completely flat-foldable and five cases with self-locking angles (see the Supplementary Material

190

for details). To conveniently analyze the kinematics of the conical ori-kirigami cell, we specify

191

$l_1 = l_2$, so that the trapezoidal waterbomb unit can only produce three final folding cases. Two of

192

these three folding cases have a self-locking angle ($\bar{\theta}'$), defined as the dihedral angle between the

193

facet $A'G'B'$ and the facet $E'G'F'$ when self-locking occurs, and the formula for calculating the

194

self-locking angle is shown in the Supplementary Material.

195

Due to a large number of geometric parameters for the trapezoidal waterbomb unit, to

196

conveniently analyze the kinematics and the force-displacement relationship of the conical ori-

197

kirigami cell, here we define l and a_1 be the variables with parameter a_2 , where $l = \xi a_2$,

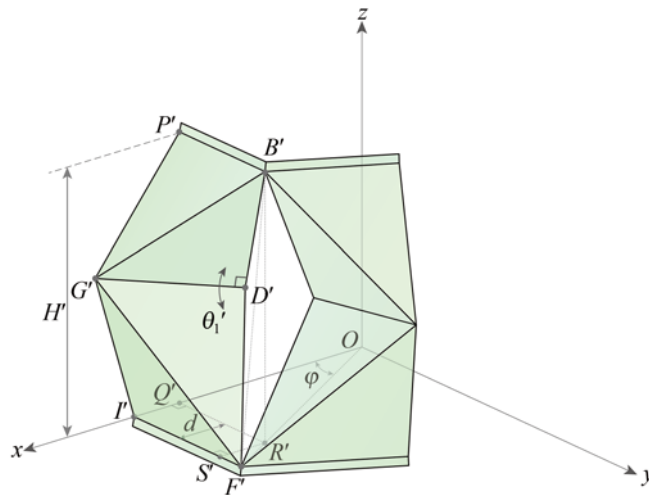
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$a_1 = \eta a_2$ ($\eta < 1$). First let's get the expression for θ'_1 , the conical ori-kirigami cell is shown in Fig.

199

3.

200



201

FIG. 3 Folded configuration of the conical ori-kirigami cell ($1/n_{tw}$).

202

We can calculate the distance between the points B' and F' as

203

$$l_{B'F'} = \sqrt{H'^2 + d^2 + l_{S'F'}^2} \quad (6)$$

204 where

$$205 \quad d = l_{I'O} - l_{Q'O} = \frac{a_2}{2 \tan \pi / n_{tw}} - \frac{a_1}{2 \tan \pi / n_{tw}} \quad (7)$$

$$l_{S'F'} = \frac{a_2 - a_1}{2}$$

206 Then, we can calculate θ_1' as

$$207 \quad \theta_1' = \arccos \frac{l_{B'D'}^2 + l_{F'D'}^2 - l_{B'F'}^2}{2l_{B'D'}l_{F'D'}} \quad (8)$$

208 where $l_{B'D'}$ and $l_{F'D'}$ are calculated as detailed in the Supplemental Material, $l_{B'F'}$ is calculated
209 from Eq. (6).

210 We only discuss the first final folding state (see Supplemental Material for details) here in order to
211 facilitate the analysis of the variation relationship between θ_2' , θ_6' and θ_1' . The subsequent
212 analysis of the force-displacement response for the conical ori-kirigami structure will be based on
213 the first final folding case. For the first final folding case, the geometric condition of the
214 trapezoidal waterbomb unit needs to satisfy $l_1 = l_2 = l_{C'D'}$ [see Fig. S4(a) and Eq. (S17) in the
215 Supplemental Material for details], we can obtain

$$216 \quad \xi = \sqrt{\eta} \quad (9)$$

217 For the first final folding case, the angle between the adjacent crease lines of the trapezoidal
218 waterbomb unit shown in Fig. 2(c) has the following relationship:

$$219 \quad \begin{aligned} \omega_2' &= \omega_1' + \omega_3' = 2\omega_1' \\ \omega_5' &= \omega_4' + \omega_6' = 2\omega_6' \end{aligned} \quad (10)$$

220 Since the sum of the angles between all adjacent crease lines connecting a single vertex is 2π , we
221 can obtain

$$222 \quad \omega_1' + \omega_6' = \frac{\pi}{2} \quad (11)$$

223 In the first final folding case, we assume that the geometric parameters of the trapezoidal
224 waterbomb unit are

$$225 \quad \omega_1' = \omega_3' = \beta, \quad \omega_2' = 2\beta, \quad \omega_4' = \omega_6' = \frac{\pi}{2} - \beta, \quad \omega_5' = \pi - 2\beta \quad (12)$$

226 According to the symmetry condition, there are relationships between the folding angle at each

crease line during the folding of the conical ori-kirigami cell along the z -direction as

$$\rho_1' = \rho_4', \rho_2' = \rho_3', \rho_5' = \rho_6' \quad (13)$$

Substituting Eqs. (12) and (13) into Eq. (1), we can obtain

$$\tan \rho_2' = \frac{2 \cos^2 \rho_1' \sin^2 \beta - \cos^2 \rho_1' - 2 \sin^2 \beta + 1}{\sin \rho_1' (\cos \rho_1' \cos \beta \sin^2 \beta + \cos \rho_1' \sin^3 \beta - \cos \beta \sin^2 \beta - \sin^3 \beta - \cos \rho_1' \cos \beta + \sin \beta)}$$

$$\rho_2' = \rho_6' \quad (14)$$

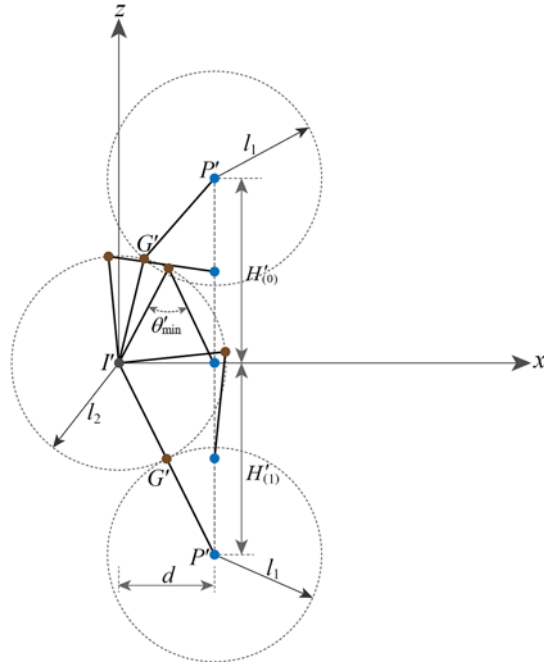
Substituting the relationships ($\rho_1' = \pi - \theta_1'$, $\rho_2' = \theta_2' - \pi$, $\rho_6' = \theta_6' - \pi$) between the folding angle ρ_i' at crease line i and the dihedral angle θ_i' into Eq. (14), we obtain

$$\theta_2' = \begin{cases} \pi + \arctan \frac{2 \cos^2 \theta_1' \sin^2 \beta - \cos^2 \theta_1' - 2 \sin^2 \beta + 1}{\sin \theta_1' \begin{pmatrix} -\cos \theta_1' \cos \beta \sin^2 \beta - \cos \theta_1' \sin^3 \beta \\ -\cos \beta \sin^2 \beta - \sin^3 \beta + \cos \theta_1' \cos \beta + \sin \beta \end{pmatrix}} & \theta_1' \geq \pi - \arccos \frac{\sin \beta \cos \beta}{\sin \beta \cos \beta + 1} \\ \arctan \frac{2 \cos^2 \theta_1' \sin^2 \beta - \cos^2 \theta_1' - 2 \sin^2 \beta + 1}{\sin \theta_1' \begin{pmatrix} -\cos \theta_1' \cos \beta \sin^2 \beta - \cos \theta_1' \sin^3 \beta \\ -\cos \beta \sin^2 \beta - \sin^3 \beta + \cos \theta_1' \cos \beta + \sin \beta \end{pmatrix}} & \theta_1' < \pi - \arccos \frac{\sin \beta \cos \beta}{\sin \beta \cos \beta + 1} \end{cases}$$

$$\theta_6' = \theta_2' \quad (15)$$

As mentioned above, the folding angles at all folds of the trapezoidal waterbomb unit under $\xi = \sqrt{\eta}$ can be described by the dihedral angle θ_1' of crease line 1 as an independent variable. Therefore the folding of each trapezoidal waterbomb unit along the z -axis is a single-degree-of-freedom mechanism. While folding the conical ori-kirigami cell along the z -direction, we can consider the facets $A'G'B'$ and $E'G'F'$ as a linkage mechanism composed of $G'P'$ and $G'I'$ as shown in Fig. 4. Assume that the linkage $G'I'$ is in a circular motion around the point I' on a fixed circle of radius l_2 , while the linkage $G'P'$ is constantly in motion on a movable circle of radius l_1 and centered at the point P' .

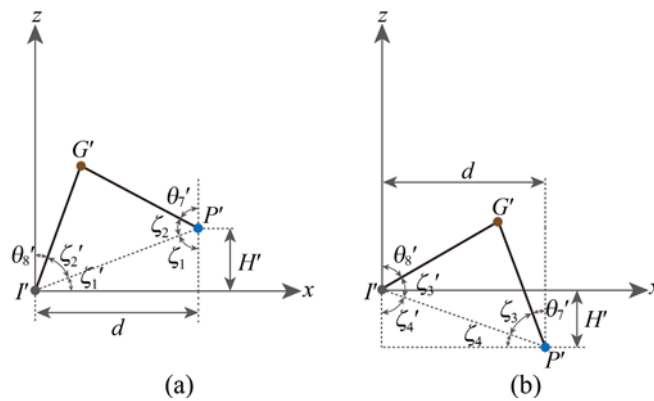
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245 FIG. 4 The folding motion mechanism of the conical ori-kirigami cell. There are four
 246 configurations of the conical ori-kirigami cell during folding along the z-axis. The facets $A'G'B'$
 247 and $E'G'F'$ can be considered as a linkage mechanism connected by point G' . Assuming that
 248 point I' is not moving; point P' is always moving on the $x=d$ axis. $H'_{(0)}$ is the height of the
 249 structure when the gap between two adjacent trapezoidal waterbomb units is closed, and $H'_{(1)}$ is
 250 the height of the structure when the gap is closed again. θ'_{\min} is the minimum dihedral angle
 251 between the facets $A'G'B'$ and $E'G'F'$.

252 As shown in Fig. 5, we define θ'_7 and θ'_8 as the angle between $G'P'$, $G'I'$ and the z-axis,
 253 respectively.

254



255 FIG. 5 Calculation schematic of the folding angle for crease lines 7 and 8.

256 During the folding process of the conical ori-kirigami cell in the z-direction, before the point P'

257 does not cross the x -axis (Fig. 5(a)), we can obtain

$$258 \quad \zeta_1 = \arccos \frac{H'}{l_{P'I'}}, \quad \zeta_1' = \arcsin \frac{H'}{l_{P'I'}}, \quad \zeta_2 = \zeta_2' = \arccos \frac{l_{P'I'}}{2l_{G'P'}} \quad (16)$$

259 where

$$260 \quad l_{P'I'} = \sqrt{d^2 + H'^2} \quad (17)$$

261 Therefore, we can obtain the expressions for θ_7' and θ_8' in this case as

$$262 \quad \begin{aligned} \theta_7' &= \pi - (\zeta_1 + \zeta_2) \\ \theta_8' &= \frac{\pi}{2} - (\zeta_1' + \zeta_2') \end{aligned} \quad (18)$$

263 After the point P' cross the x -axis (Fig. 5(b)), we can obtain

$$264 \quad \zeta_4 = \arcsin \frac{H'}{l_{P'I'}}, \quad \zeta_4' = \arccos \frac{H'}{l_{P'I'}}, \quad \zeta_3 = \zeta_3' = \arccos \frac{l_{P'I'}}{2l_{G'P'}} \quad (19)$$

265 Finally, we can obtain the expressions for θ_7' and θ_8' in this case as

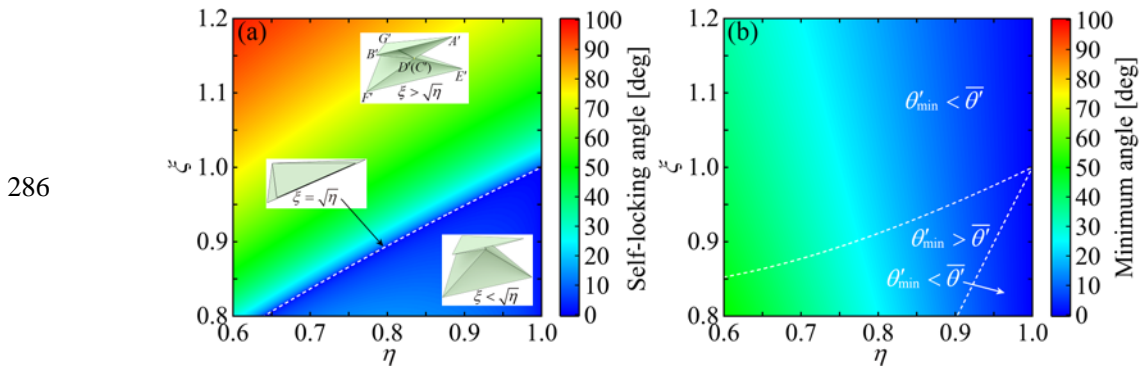
$$266 \quad \begin{aligned} \theta_7' &= \frac{\pi}{2} - (\zeta_3 + \zeta_4) \\ \theta_8' &= \pi - (\zeta_3' + \zeta_4') \end{aligned} \quad (20)$$

267 It is noteworthy that the dihedral angle between the facet $A'G'B'$ and the facet $E'G'F'$ of each
 268 trapezoidal waterbomb unit decreases before the penetration of the upper and lower boundaries in
 269 the conical ori-kirigami cell. Furthermore, it increases after the penetration during the folding of
 270 the conical ori-kirigami structure along the z -direction. Therefore, the dihedral angle between the
 271 facet $A'G'B'$ and the facet $E'G'F'$ reaches a minimum at the critical position when the upper and
 272 lower boundaries of the conical ori-kirigami cell are penetrated. The minimum dihedral angle θ'_{\min}
 273 can be calculated as

$$274 \quad \theta'_{\min} = \arccos \frac{l_1^2 + l_2^2 - d^2}{2l_1l_2} = \arccos \left\{ \frac{(2\xi^2 + \eta^2 - 2\eta + 1) \cos^2 \frac{\pi}{n_{tw}} - 2\xi^2}{2(\cos^2 \frac{\pi}{n_{tw}} - 1)\xi^2} \right\} \quad (21)$$

275 In order to ensure the penetration of the upper and lower boundaries of the conical ori-kirigami
 276 cell, the minimum dihedral angle (θ'_{\min}) between the facet $A'G'B'$ and facet $E'G'F'$ must be
 277 greater than or equal to the self-locking angle ($\bar{\theta}'$) of the trapezoidal waterbomb unit. The

278 analytical contour plot of the self-locking angle of the trapezoidal waterbomb unit as a function of
 279 continuous η and ξ is shown in Fig. 6(a). Only the geometric conditions on the white dashed
 280 line can ensure the completely flat-foldability of the trapezoidal waterbomb unit. The insets show
 281 the three final folding configurations of the trapezoidal waterbomb unit under $l_1 = l_2$. Figure 6(b)
 282 shows the contour plot of the minimum dihedral angle between facets $A'G'B'$ and $E'G'F'$ during
 283 the folding of the conical ori-kirigami cell. The geometric conditions in the area ($\theta'_{\min} > \bar{\theta}'$)
 284 enclosed by the two white dashed lines and the coordinate axis can satisfy the penetrability of the
 285 upper and lower boundaries of the conical ori-kirigami cell.



287 FIG. 6 (a) Contour plot of the self-locking angle as a function of η and ξ for the trapezoidal
 288 waterbomb unit under $l_1 = l_2$. Insets show the three folding configurations of the trapezoidal
 289 waterbomb unit under self-locking state. (b) Contour plot of the minimum angle between the
 290 facets $A'G'B'$ and $E'G'F'$ during the folding of the conical ori-kirigami cell under $l_1 = l_2$.

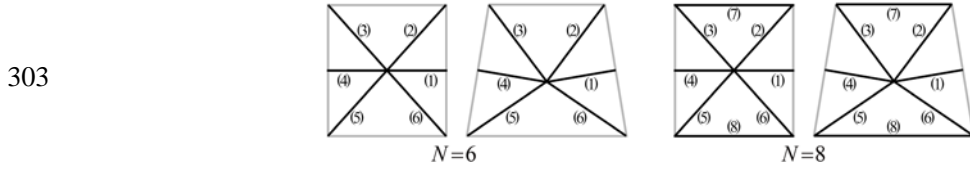
291 3. Analysis of force-displacement relationship

292 We now investigate the relationships between the force and the degree of folding to validate the
 293 multistable nature of the ori-kirigami structures. We assume that the structures are rigid-foldable,
 294 i.e., the facets remain rigid during folding and are connected by elastic hinges with prescribed
 295 torsional stiffness. This modeling approach is simple and effective [42-44], such that the following
 296 equation can determine the total elastic potential energy stored in the origami unit,

$$297 \quad \Pi = \frac{1}{2} \sum_{i=1}^N K_i (\theta_i - \theta_i^0)^2 \quad (22)$$

298 where N is the number of crease lines contained in the origami unit, K_i is the torsional stiffness
 299 constant at fold i , and θ_i^0 is the initial folding angle when fold i is at zero potential energy. To
 300 analyze the mechanical properties of the ori-kirigami structures, we considered two cases

301 accounting for ($N = 8$) and not accounting for ($N = 6$) the deformation of boundary creases
 302 between the origami units and connecting segments (see Fig. 7).



304 FIG. 7 The two cases for analyzing the mechanical properties of the ori-kirigami structures. The
 305 black crease lines are considered, and each crease line is assigned a number.

306 3.1 The cylindrical ori-kirigami structure

307 We specify the torsional stiffness per unit length for the creases in the waterbomb unit as k , so K_i
 308 in Eq. (24) can be calculated as $K_i = kL_i$ (L_i is the length of crease i). Applying the principle of
 309 virtual work to the geometry of the waterbomb unit, the required compression force along the z
 310 axis of the cylindrical ori-kirigami cell with $n_w = 6$ can be obtained as [see Eqs. (S6)–(S13) in the
 311 Supplemental Material]

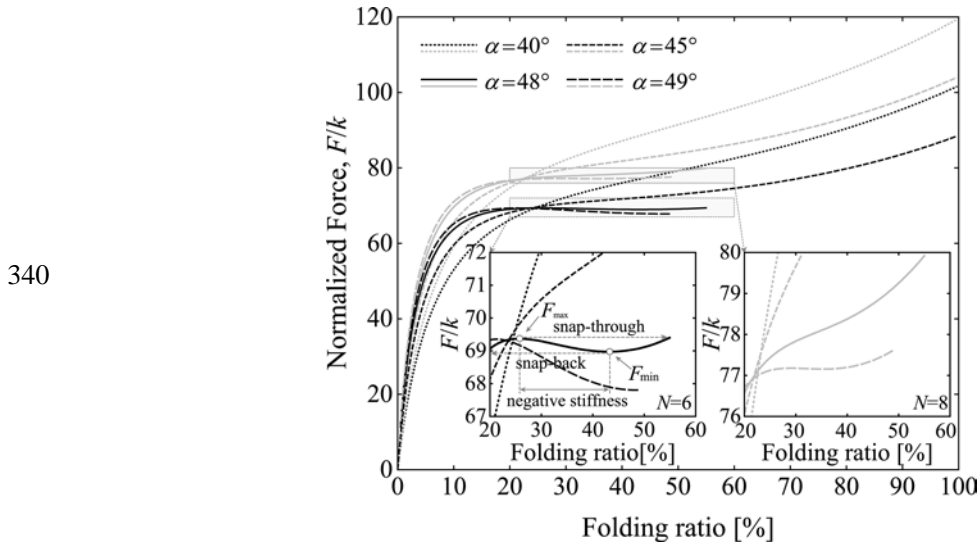
312

$$\frac{F|_{N=8}}{k} = -\frac{2n_w}{\tan \alpha \cos \frac{\theta_1}{2}} \left\{ (\theta_1 - \theta_1^0) - \frac{4(\theta_2 - \theta_2^0)}{\cos^2 \alpha \cos \theta_1 - \cos^2 \alpha - \cos \theta_1 - 1} + (\theta_7 - \theta_7^0) \right\} \quad (22)$$

313 Here we eliminate the effect of stiffness factor and waterbomb unit size by a normalized force.
 314 Figure 8 shows the relationship between the force along the z axis of the cylindrical ori-kirigami
 315 cell ($n_w = 6$) and the folding ratio under different initial conditions. The folding ratio we define as
 316 $(H_{(0)} - H)/H_{(0)}$, where $H_{(0)}$ is the height of the cylindrical ori-kirigami cell when the gap between
 317 two adjacent waterbomb units is closed. The geometric characteristics of the waterbomb unit
 318 under $H = H_{(0)}$ and the folding angle at each fold are described in the Supplemental Material. The
 319 black curve in Fig. 8 shows the force-folding ratio relationship considering only the folding
 320 deformation of the six folds intersecting at point G in the waterbomb unit, i.e., the torsional
 321 stiffness of the boundary folds 7 and 8 is considered zero. In the case of $\theta_1^0 = \theta_1^{(0)}$ ($\theta_1^{(0)}$ is the
 322 folding angle corresponding to $H_{(0)}$ at fold 1), we observe a valley load (F_{\min}) greater than zero and
 323 a negative stiffness region (between peak load and valley load) in the force-folding ratio
 324 relationship for the cylindrical ori-kirigami cell with or without considering the boundary folds
 325 deformation at $\alpha = 48^\circ$ and $\alpha = 49^\circ$ (the waterbomb unit has a self-locking state), respectively.

326 Physically, a slight perturbation near the critical state under load control can cause the structure to
 327 undergo snap-through or snap-back, resulting in hysteresis effects due to the noncoincident
 328 loading-unloading path. After unloading, the structure automatically returns to its initial state, so
 329 this mechanical response is reversible and repeatable.

330 The cylindrical ori-kirigami cells can also be massively expanded in the plane with a certain
 331 regularity and then vertically connected in series to construct multilayer cellular metamaterials
 332 (see Figs. S10 and S11 in the Supplemental Material for details). By analyzing the force-
 333 displacement relationship of cellular structure based on two layers of cylindrical ori-kirigami cells,
 334 we find that such structures have similar mechanical properties compared to a single cell.
 335 Compared to the single-layer structure, under specific geometric conditions ($\alpha = 48^\circ$, $N = 6$), the
 336 force-displacement relationship of the two-layer cellular structure will have two negative stiffness
 337 regions since the structure will enter the instability state layer by layer. The structure then
 338 undergoes successive snap-through or snap-back and produces hysteresis effects (see Fig. S13 in
 339 the Supplemental Material).

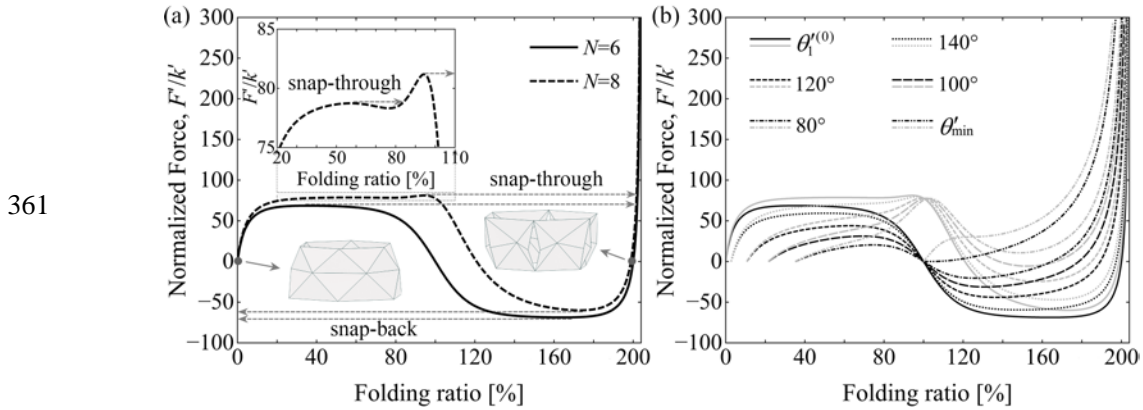


341 FIG. 8 Force-folding ratio relationship of the cylindrical ori-kirigami cell when n_w (number of the
 342 waterbomb unit) is 6, and the initial folding angle is $\theta_1^0 = \theta_1^{(0)}$. The two insets each show an
 343 enlarged view of the shaded regions. The black and gray lines show the force-displacement
 344 relationships of the conical ori-kirigami cell at $N = 6$ and $N = 8$, respectively.

345 3.2 The conical ori-kirigami structure

346 Next, we investigate the force-folding ratio relationship of the conical ori-kirigami structure under

347 $l_1 = l_2$ and $\xi = \sqrt{\eta}$. Here we specify k' as the torsional stiffness per unit length of all the folds in
348 the trapezoidal waterbomb unit. The calculations of the required force in the z direction for the
349 conical ori-kirigami cell are described by Eqs. (S30)–(S34) in the Supplemental Material. Figures
350 9(a) and 9(b) show the force-folding ratio relationship of the conical ori-kirigami cell under $l_1 = l_2$
351 and $\xi = \sqrt{\eta}$. Here, the folding ratio is defined as either $(H'_{(0)} - H')/H'_{(0)}$ (before the penetration of
352 the upper and lower boundaries in the conical ori-kirigami cell) or $(H'_{(0)} + H')/H'_{(0)}$ (after
353 penetration), where $H'_{(0)}$ is the height of the conical ori-kirigami cell when the gap between two
354 adjacent trapezoidal waterbomb units is closed, and the geometry of the trapezoidal waterbomb
355 unit and the folding angle at each crease line in this case are described in the Supplemental
356 Material. When the initial folding angle $\theta_1^{(0)}$ is $\theta_1^{(0)}$ ($\theta_1^{(0)}$ is the folding angle corresponding to
357 $H'_{(0)}$ at fold 1), we observe that the conical ori-kirigami cell with $\eta = 0.8$ and $n_{tw} = 6$ has two
358 stable configurations [see the black solid curve in Fig. 9(a)], without considering the folding
359 deformation of the boundary folds 7 and 8, one is the initial state (folding ratio of 0%) and the
360 other is close to the final folding state (folding ratio of 200%).



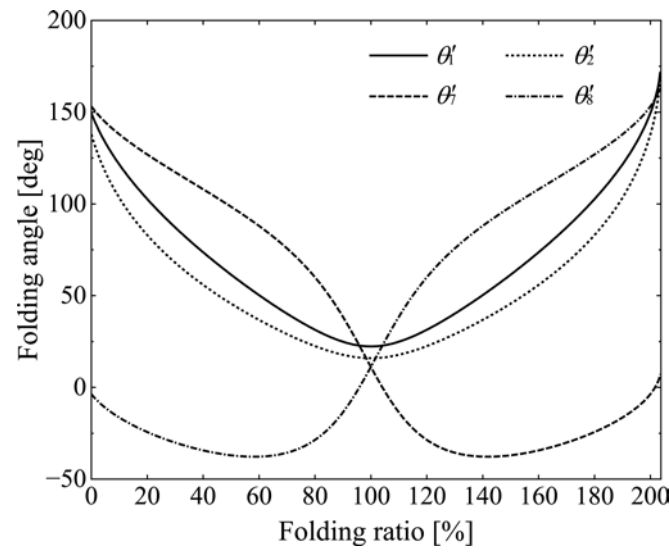
362 FIG. 9 Force-folding ratio relationship of the conical ori-kirigami cell with $\eta = 0.8$ and $n_{tw} = 6$. (a)
363 The initial folding angle is $\theta_1^{(0)} = \theta_1^{(0)}$. Insets indicate the stable configurations of the conical ori-
364 kirigami cell and an enlarged view of the shaded regions. (b) The black and gray lines show the
365 force-displacement relationships of the conical ori-kirigami cell under different initial angles at
366 $N = 6$ and $N = 8$, respectively.

367 An interesting phenomenon is that all the trapezoidal waterbomb units in the conical ori-kirigami
368 cell have the same folding state in both stable states, except that the foldable spreading points G'

369 of all the trapezoidal waterbomb units point to the outside of the conical ori-kirigami cell in the
 370 first stable state, while they point to the inside of the conical ori-kirigami cell in the second stable
 371 state. In addition, there is a valley load less than zero in the force-folding ratio relationship and a
 372 negative stiffness region, where snap-through or snap-back occurs in the critical state under load
 373 control and produces hysteresis effects. After unloading, the structure stays in the second stable
 374 state and can only be passively restored to the initial state by applying a load in the opposite
 375 direction.

376 When we consider the folding deformation of the boundary folds, we can find from the force-
 377 folding ratio relationship of the conical ori-kirigami cell that it is still a bistable system [see the
 378 black dashed line in Fig. 9(a), where there are two points with positive slope and zero force]. An
 379 interesting phenomenon is two negative stiffness regions in its force-folding ratio relationship, so
 380 snap-through will occur twice under load control. It is worth noting that a load increase process is
 381 required between these two snap-throughs. Both conditions of the conical ori-kirigami cell can
 382 produce negative stiffness, snap-through, and hysteresis phenomena that have potential
 383 applications in impact isolation and energy absorption. These complex mechanical responses are
 384 due to the highly nonlinear relationship between the folding angle and the folding ratio of the
 385 conical ori-kirigami structure (see Fig. 10). The strongly nonlinear relationship plays a crucial role
 386 in the multistable properties of the conical ori-kirigami structure. Under specific geometrical and
 387 folding configurations, the conical ori-kirigami cell can exhibit five different equilibrium states
 388 under the same normalized force (see Fig. S8 in the Supplemental Material).

389



390 FIG. 10 The relationship between the folding angle and the folding ratio of the conical ori-
391 kirigami cell with $\eta = 0.8$ and $n_{tw} = 6$.

392 We now investigate the force-folding ratio relationship of the conical ori-kirigami cell under
393 different initial folding angles [see Fig. 9(b)]. We can observe that the conical ori-kirigami cell
394 with $\eta = 0.8$ and $n_{tw} = 6$ can exhibit monostable or bistable states at appropriate initial folding
395 angles, which means that the stability of the conical ori-kirigami structure can be artificially
396 manipulated by changing θ_1^0 . It is noteworthy that the stability does not rely on material
397 properties but is achieved by the kinematics of this structure. Moreover, the multistability property
398 can provide self-locking mechanisms, so that the structure can cease its folding motion and
399 maintain a specific folding configuration stably.

400 Unlike the cylindrical ori-kirigami cell, the conical ori-kirigami cell can only be expanded
401 vertically in series into a multilayer metamaterial structure (see Supplemental Material for details).
402 With an energy-based mechanical analysis approach, we investigate the mechanical properties of
403 the two-layer conical ori-kirigami structure, which we can observe from its potential energy paths
404 to possess four stable configurations (see Figs. S15 and S16 in the Supplemental Material for
405 details). After careful design, the two-layer conical ori-kirigami structure can complete the whole
406 folding stroke smoothly during loading and unloading, i.e., the layers of conical ori-kirigami cells
407 do not collide during the folding process. An interesting phenomenon is that the structure can be
408 folded under displacement control during loading and unloading following independent motion
409 paths. Each path connects only three stable configurations and goes through one complete loading
410 and unloading cycle to traverse the four stable configurations. The loading and unloading paths do
411 not overlap and thus produce hysteresis effects, which is a different mechanism from the
412 hysteresis effects that occur with snap-through and snap-back under load control.

413 **4. Summary**

414 In summary, we investigated the unique kinematic and mechanical properties of cylindrical and
415 conical ori-kirigami structures based on generalized waterbomb units. We found that these three-
416 dimensional ori-kirigami structures can exhibit negative stiffness, snap-through, hysteresis effects,
417 and multistability, and these mechanical responses are reversible and repeatable. At the same time,

418 compared with the conventional three-dimensional origami structures, the upper and lower
419 boundaries of the conical ori-kirigami structure can be penetrated to obtain a substantial folding
420 stroke over twice its initial height. The results of this study can provide ideas for the construction
421 and design of three-dimensional mechanical metamaterials with greater degrees of freedom and
422 controllable structural stability, which will show great potential for various engineering
423 applications such as space structures, actuators, and energy absorbers.

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