

1 **The use of Cathepsin L1 (FhCL1) serological ELISA in sentinel screening for liver fluke on sheep**
2 **farms**

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15

16 **Abstract**

17 *Fasciola hepatica* is a parasitic helminth (worm) that poses a significant economic threat to the
18 ruminant livestock industry worldwide. The disease, fasciolosis, can result in a range of clinical signs
19 including anaemia, weight loss and death, with the most severe symptoms attributed to early acute
20 infection when the parasite is migrating through the liver. Early diagnosis and intervention are
21 essential for the control and management of the disease to prevent productivity losses. The
22 traditional gold standard method of diagnosis uses faecal egg counts (FEC) that is limited to

23 detecting patent infections from 10-12 weeks post infection (WPI). In contrast, serological assays can
24 detect pre-patent infections as we have shown that enzyme-linked immunosorbent assays (ELISA)
25 using the *F. hepatica* cysteine peptidase cathepsin L1 (FhCL1) can detect liver fluke infections from 3
26 to 4 WPI. Here, we used FEC and ELISA to monitor liver fluke infections in sentinel lambs from three
27 commercial farms in Ireland from September 2021 to March 2022. All three farms showed a
28 significant increase in FhCL1 antibody levels and FEC over this time, with a substantial rise in positive
29 infection detection between late November and January. However, ELISA screening detected
30 infection at least two months prior to FEC (September). This suggests that the regular screening of
31 sentinel lambs for *F. hepatica* seroconversion in a “test and treat” approach could mitigate the
32 negative damaging impact of early fasciolosis on flock health, welfare and productivity and inform
33 management strategies. In addition, we show that whole blood samples taken on Whatman®
34 protein saver cards could replace conventional serum blood tubes for blood collection. Cards can be
35 stored at room temperature for long periods of time and samples revisited at any time for re-
36 analysis. The adoption of these cards on farm together with the FhCL1 ELISA would provide a
37 simpler, cost-effective, and eco-friendly method for testing sentinel lambs for liver fluke disease.

38

39 **Keywords:** *Fasciola hepatica*, Diagnostics, ELISA, Cathepsin peptidase L1, Whatman® protein saver
40 cards, Sentinels

41

42 **Introduction**

43 Fasciolosis is a worm infection by the liver fluke, *Fasciola hepatica*, that causes extensive liver
44 damage and loss of productivity in ruminants. The disease has three clinical forms (acute, subacute
45 and chronic), which can cause symptoms ranging from weight loss and anaemia to sudden death
46 (Sustainable Control of Parasites, 2022; Andrews et al., 2021). It is estimated that fasciolosis is

47 responsible for ~€2.5 billion losses in productivity (milk, meat, wool etc.) to the global livestock and
48 food sectors, with €90 million of this being apportioned to the Irish economy alone (Animal Health
49 Ireland, 2021b).

50

51 In Ireland and the UK, the mud snail *Galba truncatula* is the intermediate snail host of *F. hepatica*
52 (Jones et al., 2017). Infected snails shed cercariae that encyst as the infective form on pasture and in
53 water, which is then eaten/drunk by a grazing animal. The metacercariae excyst in the intestine and
54 the newly excysted juveniles (NEJs) penetrate through the intestinal wall and migrate to the liver.
55 The closely related paramphistome or rumen fluke, *Calicophoron daubneyi*, shares *G. truncatula* as
56 an intermediate host (Jones et al., 2015), and in *G. truncatula*-associated habitats livestock are often
57 co-infected with the two flukes.

58

59 The effective and sustainable management of fasciolosis in agriculture can be facilitated by a “test
60 and treat” approach. The current gold standard diagnostic for fasciolosis is the faecal egg count
61 (FEC). While a positive FEC is indicative of an active infection, *F. hepatica* do not start to shed eggs
62 until the parasites have reached maturity in the bile ducts, typically around 10-12 weeks post-
63 infection (WPI), so a negative result does not discriminate between a non-infected animal or one
64 that may have parasites less than 10-12 weeks old. This is a major drawback of the FEC since it is the
65 immature migratory parasites that cause the extensive liver damage (tunnelling and haemorrhaging)
66 during the acute stages.

67

68 Recently, we have shown that a serological test, an enzyme-linked immunosorbent assay (ELISA) that
69 detects antibodies against the *F. hepatica* cathepsin peptidase L1 (FhCL1) can identify infected sheep
70 as early as 3 WPI (López Corrales et al., 2021). Recent guidelines recommend the regular monitoring

71 of sentinel animals (7 – 10 per herd/flock), ideally first grazing season lambs or calves, using tests for
72 serum antibodies to give an indication as to the infection status of the flock or herd (Sustainable
73 Control of Parasites, 2022). This method of regular infection monitoring would enable farmers to
74 accurately and timely detect when an infection occurred in these animals, and therefore choose the
75 most suitable time and drug for treating the flock/herd; this strategy would avoid misuse or overuse
76 of chemicals that could encourage the emergence of drug-resistant parasites (Fairweather et al.,
77 2020). It is also useful for identifying infected pastures, which farmers should avoid using in
78 autumn/winter to prevent further infections and thereby reduce the need for anthelmintic use
79 (Animal Health Ireland, 2021a; Opsal et al., 2021).

80

81 In the current study, we conducted a 6-month sentinel surveillance across three sheep farms in
82 Ireland, monitoring *F. hepatica* infection using the FhCL1 ELISA compared with the gold standard
83 FEC. Furthermore, with the view to improving the ease and utility of our test, including energy-
84 saving measures, we evaluated the use of Whatman® protein saver cards for blood sampling
85 compared to traditional polypropylene blood tubes. Finally, we demonstrate absolute specificity
86 and sensitivity for the FhCL1 ELISA for monitoring liver fluke as animals solely infected with rumen
87 fluke do not express antibodies that cross react with FhCL1. Therefore, our studies fully support the
88 use of our FhCL1 ELISA for serologically screening sentinel sheep to predict on-farm sheep
89 fasciolosis.

90

91 **Methods**

92 *Ethical Statement*

93 All animal procedures were carried out on commercial farms under license from the Health Products
94 Regulatory Authority (HPRA) in accordance with EU Directive 2010/63/EU (License No.

95 AE19132/P115) following ethical approval from the Teagasc Animal Ethics Committee (TAEC2021-
96 298).

97

98 *Sample Collection*

99 Three commercial farms in Ireland located in Co. Galway (Farm A), Co. Sligo (Farm B) and Co. Cork
100 (Farm C), with previous history of *Fasciola hepatica* infections were selected for this study. To assess
101 the parasite burden at farm level, seven spring-born lambs from each farm were randomly selected
102 to act as flock sentinels. This represented 5-7% of the total flock as each farm has 100-150 animals.
103 These animals were monitored regularly for *F. hepatica* and *C. daubneyi* infections over a six-month
104 period from September 2021 to March 2022. Faecal and blood samples were obtained from each
105 animal at five separate time points (in September, early November, late November, January, and
106 March), although in some cases samples were not obtained. In total, 103 blood samples and 94
107 faecal samples were collected throughout the study. Blood samples taken for the recovery of sera
108 were collected in BD Vacutainer™ SST™ II Advance Tubes (FisherScientific) and on Whatman®
109 protein saver cards (Cytiva) via jugular venepuncture. Droplets of blood were collected on the
110 Whatman® protein saver cards until a sample collection circle marked on the card was saturated via
111 the jugular venepuncture.

112

113 *Elution of samples from Whatman® protein saver cards*

114 A 5 mm diameter circle was cut from the Whatman® protein saver card using a steel paper punch.
115 The card piece was transferred to 1 mL PBS supplemented with 0.15% (v/v) Tween 20 and incubated
116 overnight at 4°C on a rocker. The 1 mL suspension was used in place of a serum sample in the card
117 ELISA.

118

119 *ELISA*

120 The ELISA was carried out as previously described by López Corrales *et al.* (2021). Flat-bottom 96-
121 well microtitre plates (Nunc™ Maxisorp™, ThermoFisher Scientific) were coated in triplicate with
122 100 µL of 1 µg/mL of the recombinant antigen (rFhCL1) in 0.05 M carbonate buffer, pH 9.6, and
123 incubated overnight at 4°C. After three washes with 100 µL of PBS-0.05% Tween 20 (PBST), 100
124 µL/well of blocking buffer (2% bovine serum albumin diluted in PBST) was added and incubated for 1
125 h at 37°C. After washing three times with PBST, 100 µL of serum or 100 µL eluted card samples from
126 sheep diluted 1:100 in serum dilution buffer (PBS, 0.5% Tween 80, 0.5 M NaCl) were added and the
127 plates were incubated for 1 h at 37° C. After washing five times, 100 µL/well of HRP-conjugated
128 donkey anti-sheep IgG (ThermoFisher Scientific), diluted 1:50,000 in blocking buffer, was added and
129 the plates were incubated for 1 h at 37°C. Following five washes, 100 µL/well of 3,3',5,5'-
130 Tetramethylbenzidine (TMB; Sigma-Aldrich) was added and the plates incubated at room
131 temperature for 4 min. The reaction was stopped by the addition of 100 µL/well of 1 M sulphuric
132 acid. The optical density was determined at a wavelength of 450 nm (OD450) in a PolarStar Omega
133 spectrophotometer (BMG LabTech).

134

135 *Faecal Egg Counts (FEC)*

136 FECs were completed for each animal to monitor patent *F. hepatica* and *C. daubneyi* infections. The
137 samples (5 g) were processed as described by López Corrales *et al.* (2021) and results were
138 presented as eggs per gram of faeces.

139

140 *Statistical analysis*

141 All statistical analysis was carried out in NCSS2022. Determination of the significance of the
142 association between seropositivity and month, and seropositivity and farm was determined by the

143 Chi-squared test. The optimal OD cut-off for determination of seropositive and seronegative
144 samples by the ELISA assays was derived from a receiver operating characteristic (ROC) curve of data
145 values as the OD value which optimised the accuracy of diagnosis of FEC positive and FEC negative
146 samples. The overall efficiency of the ELISA assays was determined from the area under the curve
147 (AUC) Analysis (empirical estimation). Determination of the significance of the difference of two ROC
148 curves was determined by test comparing two AUCs (empirical estimation). The significance of the
149 slope of the regression of serum immunoassay absorbance and of card immunoassay absorbance
150 against fluke egg number was determined by linear regression analysis. Fluke egg numbers were first
151 logged to promote linearity. Normality of the residuals was assessed by the D'Agostino omnibus test
152 and linearity by the Lack of Linear Fit Test. The correlation was assessed by correlation analysis.
153 Determination of the significance of the association between seropositivity and egg positivity was
154 determined by the McNemar test.

155

156 **Results**

157 *Infection rates are highest in January and March on all three farms.*

158 We used our cathepsin peptidase ELISA (López Corrales et al., 2021) based on FhCL1 to determine at
159 what point the animals displayed *F. hepatica* antibodies, in comparison to the FEC data (Figure 1;
160 Table 1). Infection status was determined by *F. hepatica* FEC for the 94 faecal samples collected
161 across the three farms over the course of the study. When infection was compared over time by
162 Pearson's Chi-square, there was significantly higher infection in January and March compared to
163 September, early November and late November ($p < 0.0001$). Comparable numbers of samples were
164 collected from each farm allowing comparative analyses to be carried out (Farm A: 33; Farm B: 29;
165 Farm C: 32). Farm A and C had similar numbers of positive faecal samples (Farm A: 14, 42.4%; Farm
166 C: 15, 46.9%), whereas a slightly lower number of samples on Farm B were identified as being

167 positive for liver fluke infection (Farm B: 9, 31%) (Figure 1). However, no significant difference was
168 observed between the farms based on the Pearson's Chi-squared test ($p > 0.05$).

169

170 As would be expected, there was a significant difference in the infection levels depending on the
171 time of year the samples were collected (Table 1; Pearson's Chi-squared test, $p < 0.0001$). In
172 September, at the beginning of our study, we observed lower levels of infection, with only two
173 animals positive for liver fluke infection out of the 20 faecal samples collected. The infection level
174 rose slightly over November, with three and five animals positive for liver fluke eggs in early and late
175 November, respectively. The highest number of liver fluke egg positive animals were observed in
176 early 2022, with 12 animals in January and 16 animals in March. At the end of our study, two animals
177 were still negative by *F. hepatica* FEC.

178

179 *There is no significant difference in the sensitivity and accuracy of the FhCL1 ELISA using sera samples*
180 *compared to samples eluted from Whatman® protein saver cards*

181 To improve the utility of our cathepsin peptidase ELISA, we assessed the sensitivity and specificity of
182 the FhCL1 ELISA using serum collected via the traditional method via polypropylene blood tubes
183 (serum ELISA) compared with the eluate from Whatman® protein saver cards (card ELISA). Both
184 protocols could significantly detect liver fluke infection based on the data from the FEC, which gave
185 an estimated prevalence of infection of 0.40 across the three farms. No significant difference was
186 detected between the two tests using Test to Compare Two AUCs (Empirical Estimation; $p > 0.05$).
187 Based on this data, the optimal cut-off for the serum ELISA was 0.26A, giving an accuracy of 0.85,
188 and for the card ELISA was 0.31A, giving an accuracy of 0.87 (Figure 2).

189

190 The similar life cycle of *F. hepatica* and *C. daubneyi*, which utilise the same intermediate host (*G.*
191 *truncatula*), often results in animals being co-infected with these two fluke species. We assessed the
192 impact of *C. daubneyi* infections on our FhCL1 ELISA to determine if any cross reactivity was
193 observed (Figure 2). Seventy-nine of the 94 faecal samples collected across the three farms over the
194 course of the study were positive by *C. daubneyi* FEC (estimated prevalence of 0.84). No cross
195 reactivity was observed for the serum ELISA ($p > 0.05$; AUC = 0.63 ± 0.08), although a significant
196 impact of rumen fluke infection was observed for the card ELISA ($p = 0.01$; AUC = 0.66 ± 0.08). To
197 assess whether this was because of the presence of both *F. hepatica* and *C. daubneyi* eggs, we re-
198 analysed the data focusing only on the samples negative for liver fluke eggs, representing 56
199 samples, of which 44 were positive for *C. daubneyi* eggs. No significant cross reactivity was observed
200 for these samples by either ELISA protocol ($p > 0.05$).

201

202 *There is no significant difference in the accuracy of FEC compared to either of the FhCL1 ELISA tests.*

203 Comparative analysis of the *F. hepatica* positive FEC data with our serological data showed a
204 significant correlation between these two diagnostic assays (serum ELISA: $p = 0.0001$; card ELISA: $p =$
205 0.0008), indicating that our ELISA could accurately detect *F. hepatica* infections earlier than the FEC.
206 The only exception was the misdiagnosis of six samples by the serological assays that were positive
207 by FEC (Figure 3A and B, blue circles). However, all six samples had a *F. hepatica* FEC of <3 , indicating
208 a possible limit of sensitivity to the ELISA methods. Three of these samples were from Farm B that
209 displayed a lower level of liver fluke infection, particularly at the early stages of our study (Animal 2
210 in early November and Animal 5 in September and March). Similarly, a sample from Farm C collected
211 in September (Animal 3) was positive by *F. hepatica* FEC but negative by the serological assays. Two
212 further samples were not consistent across the serological assays. Animal 1 of Farm A was negative
213 by serum ELISA but positive by both the card ELISA and *F. hepatica* FEC in late November, and animal

214 3 of Farm C was negative by the card ELISA but positive by both serum ELISA and *F. hepatica* FEC in
215 March.

216

217 The accuracy of the serological assays to detect liver fluke infection compared with the FEC was
218 further supported by comparing these two datasets using the McNemar test. The probability that
219 the serological assays would not result in the same diagnosis as the *F. hepatica* FEC was insignificant
220 (serum ELISA and *F. hepatica* FEC $p > 0.05$; card ELISA and *F. hepatica* FEC $p = > 0.05$). Comparing the
221 data with the *C. daubneyi* FEC data, resulted in a significant probability that the *F. hepatica*
222 serological data did not correlate with the rumen fluke egg data ($p < 0.0001$), further highlighting
223 that the *F. hepatica* serological assays can be used for animals co-infected with both rumen and liver
224 fluke due to the lack of cross-reactivity (Table 2).

225

226 **Discussion**

227 Typically, in Ireland, animals pick up *F. hepatica* from the pasture in the late summer and early
228 autumn, with the infection becoming chronic over the winter and into spring (Control of Cattle
229 Parasites Sustainably, 2022). Since 1959, the amount of rainfall and evapotranspiration have been
230 used for the Ollerenshaw forecasting model to predict the risk of liver fluke infection within specific
231 geographical areas (Ollerenshaw and Rowlands, 1959). The liver fluke forecast based on weather
232 data from the summer of 2021 predicted high risk of disease in Co. Sligo and medium levels of risk in
233 Co. Cork and Co. Galway (Department of Agriculture, Food and the Marine, 2021). The Animal
234 Health Ireland Beef Health Check programme reported low levels of live liver fluke identified in post-
235 mortem inspection of livers in abattoirs across Ireland (1.6% of 144,000 animals) in spring 2022, with
236 highest number of reported cases in the northwest of Ireland (Co. Sligo, Co. Roscommon, Co.
237 Leitrim, Co. Longford, and Co. Mayo). By the summer of 2022, the percentage of herds in which at

238 least one animal had a live liver fluke infection at slaughter was up to 40% in Co. Sligo, up to 20% in
239 Co. Galway and up to 10% in Co. Cork (Animal Health Ireland, 2022a, b), indicating that infection
240 levels, albeit high in some counties, did not fully align with predictions. In the present study, there
241 was no significant difference in infection levels between farms, despite Farm B being located in a
242 high risk area and Farms A and C being located in a medium risk area (Teagasc, 2021). This indicates
243 that, while geography and weather are major determinants of infection rates, their accuracy is
244 compromised by generalised predictions that cannot take into consideration the level of pasture
245 contamination on individual farms, nor individual farming practices that may influence infection
246 rates. However, in agreement with the seasonal lifecycle of *F. hepatica*, the present study identified
247 a significant increase in infection rates across all farms in January and March compared to
248 September and November. Therefore, infections begin in September to November consistent with
249 the weather data predictions but were not detectable by *F. hepatica* FEC until at least 10 WPI when
250 eggs were produced by mature flukes in the bile duct and were shed in the faeces (Craig, 2009). This
251 delay in detecting infection using FEC highlights the need for a diagnostic that can detect infection
252 prior to egg production and liver damage.

253

254 There is currently no system in place to monitor the impact of fasciolosis in sheep across Ireland.
255 Recently the Irish Regional Veterinary Laboratory (RVL) carried out an ELISA based survey to assess
256 liver fluke infections in sheep using blood samples collected by the Irish Department of Agriculture,
257 Food and the Marine at time of slaughter, indicating that there is a potential mechanism for a
258 surveillance program (Regional Veterinary Laboratory, 2021). In our previous study, we showed that
259 antibodies in naturally infected lambs against FhCL1 could be measured to determine infection
260 status, and accurately distinguish between infected and non-infected lambs, including animals
261 infected with low liver fluke burdens (López Corrales et al., 2021). In the present study, using the
262 same FhCL1 ELISA we showed that antibodies against FhCL1 were found to significantly increase

263 over the course of infection and detected infection at least two months earlier than FEC, consistent
264 with our previous study.

265

266 An aim of this study was to develop an ELISA that used serum samples eluted from Whatman®
267 protein saver cards that could detect *F. hepatica* infections as well as the current gold standard FEC
268 and was consistent with our established FhCL1 ELISA. Whatman® protein saver cards offer several
269 environmental and logistical advantages over conventional blood tubes, including that they do not
270 require low-temperature storage. Laboratories are huge users of energy and single use plastics,
271 consuming up to six times more energy than an equal sized office building (Lopez et al., 2017). It is
272 estimated that research labs used approximately 5.5 million tonnes of single-use plastics in 2014
273 (Urbina et al., 2015). A large proportion of the energy consumed by laboratories is a result of
274 requirements for cold storage, with a new ultra-low temperature freezer running at -70°C to -80°C
275 consuming approximately 22 kWh per day (Henderson, 2014), compared to the 0.84 kWh that a
276 standalone kitchen freezer consumes per day (Energy Use Calculator, 2023). Whatman® protein
277 saver cards also facilitate collection of blood samples by the farmer, e.g. capillary blood sampling
278 with a lancet, rather than requiring a vet to collect the blood samples, which could lead to more end-
279 user uptake of the test.

280

281 The card ELISA in the present study had 87% specificity compared to 85% specificity for the serum
282 ELISA, indicating that the Whatman® protein saver cards offer a comparable alternative for sample
283 collection compared to polypropylene tubes. While some studies indicate that there may be
284 variability in antibody elution from Whatman® protein saver cards (Dauner et al., 2015; Barin et al.,
285 2005), further optimisation of our antibody elution SOP could be made following further studies that
286 include farmers to collect the sample to investigate the effect of user handling. Nevertheless, no

287 statistical difference was observed between the card-elution method compared to serum isolation
288 from blood for the present study.

289

290 In addition, both the serum and card ELISA diagnoses showed a significant correlation with the
291 results of the *F. hepatica* FEC, with IgG levels increasing in congruence with the number of eggs per
292 gram of faeces. This finding agrees with that of the study by Valero *et al.* (2020), who identified a
293 positive correlation between egg shedding and IgG levels in rats that were experiencing their first *F.*
294 *hepatica* infection, albeit not in re-infected rats which suggested that egg shedding is influenced by
295 the immune status of the individual. However, this finding disagrees with the previous study by
296 Brockwell *et al.*, (2013) who did not find a correlation between IgG levels and FEC and found that
297 FEC levels varied day by day. The correlation seen in the current study could be due to the different
298 ELISA assay used, CL1 as opposed to the assay available from Bio-X Diagnostics, or because the
299 current study used samples from naturally infected lambs as opposed to experimentally infected
300 cattle. It would be important to further evaluate the serum and card ELISA's across a larger number
301 of farms, and to include a larger sample size at each farm, as the current study only availed of seven
302 animals across three farms.

303

304 Of the 38 samples positive by *F. hepatica* FEC, six samples were misdiagnosed by our ELISA assays.
305 The exact cause for these discrepancies is unknown but could be related to technical aspects of
306 sampling out on farm, including mislabelling of either the blood tube, Whatman® protein saver card
307 or faecal sample or contamination of a faecal sample. However, all the animals misdiagnosed by
308 either of the ELISAs had a FEC of <3, indicating a possible cut-off for sensitivity of the methods.

309

310 The paramphistome *C. daubneyi* is a closely related species of *F. hepatica*, sharing a similar
311 excretory-secretory (ES) proteome including a range of cysteine proteases, including cathepsins,
312 (Huson et al., 2018). The *C. daubneyi* NEJ ES proteome overlaps with that of *F. hepatica* by 24%,
313 while the adult ES proteomes overlap by 20% (Huson et al., 2021). The finding that neither the
314 serum nor the card ELISA significantly detect animals that were infected with *C. daubneyi* but not *F.*
315 *hepatica* indicates that the FhCL1 antigen is specific to *F. hepatica*. This is of particular importance
316 due to the shared intermediate host, *G. truncatula*, of the two species and also the finding that
317 infection with either species is associated with an increased risk of becoming infected with the other
318 (Naranjo-Lucena et al., 2018). Most importantly, our study shows that both the serum and card
319 ELISAs provide diagnostic tests that are capable of specifically diagnosing *F. hepatica* infection
320 independently of *C. daubneyi* infection.

321

322 **Conclusions**

323 Previous studies using ELISA assays for *F. hepatica* utilise either serum collected in traditional blood
324 tubes (Carnevalea et al., 2001; López Corrales et al., 2021; Mokhtarian et al., 2018) or milk samples
325 (Bloemhoff et al., 2015; Munita et al., 2016; Munita et al., 2019; Selemetas et al., 2014) to test for
326 anti-FhCL1 antibodies. This study is the first study to demonstrate that blood samples collected on
327 Whatman® protein saver cards can be used to determine an animal's *F. hepatica* infection status by
328 FhCL1 ELISA. Not only do the Whatman® protein saver cards provide environmental benefits by
329 reducing plastic use and the need for cold storage, but they also allow for a sample to be reanalysed
330 multiple times without any freeze thawing. Secondly, this study has proven the suitability of both
331 the serum and card ELISA for diagnosing infection in naturally infected animals, which contrasts with
332 the study by Walsh et al. (2021) that found naturally infected animals have a much weaker antibody
333 response to recombinant FhCL1 compared to experimentally infected animals. Both ELISA assays in
334 the current study were able to detect naturally acquired *F. hepatica* infections with 85-87%

335 accuracy, showing strong levels of correlation with *F. hepatica* FEC but remained unaffected by *C.*
336 *daubneyi* infections. Finally, this study provides evidence that using new season lambs as sentinels
337 provides an accurate method of monitoring infection within sheep flocks, consistent with the study
338 by the Irish RVL and as recommended by SCOPS (Regional Veterinary Laboratory, 2021; Sustainable
339 Control of Parasites, 2023). This offers both a time and cost-saving incentive for farmers to
340 implement a “test then treat” approach, helping to combat anthelmintic resistance.

341

342 ***Declaration on competing interests***

343 The authors declare that they have no known competing financial interests or personal relationships
344 that could have appeared to influence the work reported in this paper.

345

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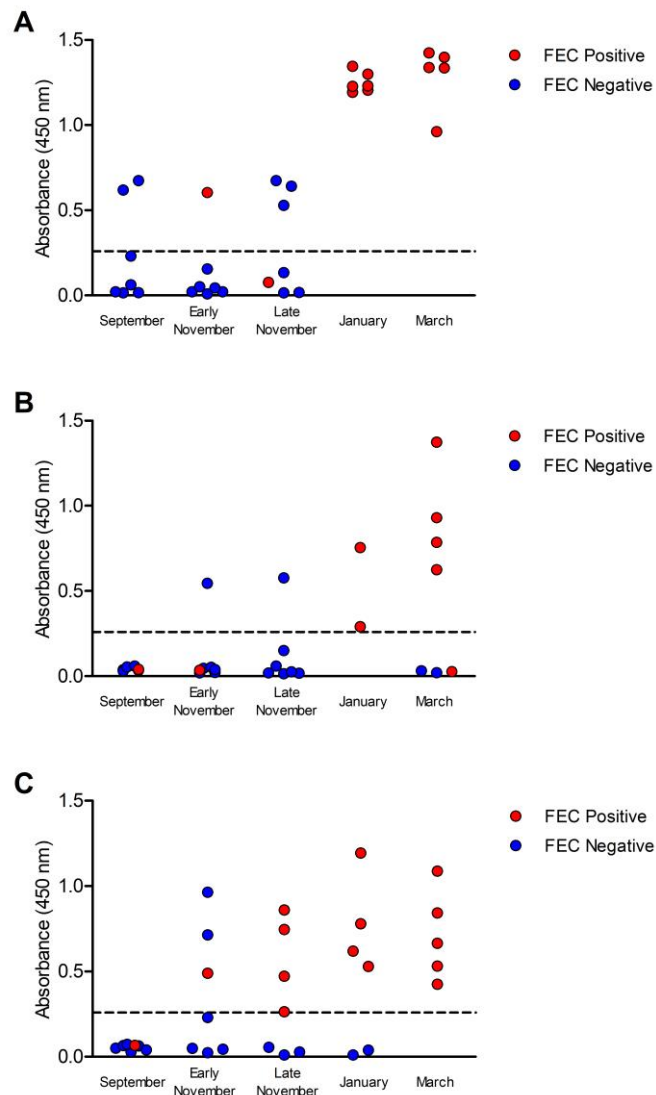
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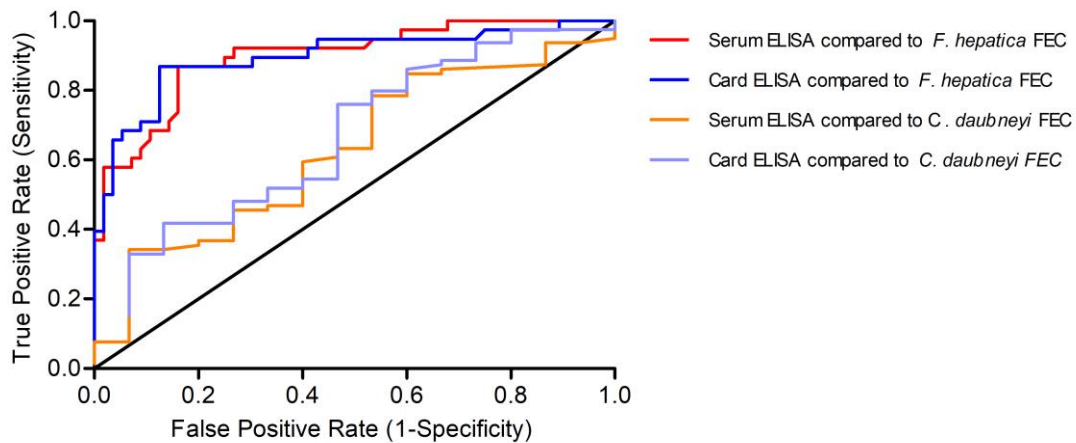
452 **Figure legends**

453 **Figure 1. Infection rates do not differ between farms, but infection is higher in January and March**
454 **compared to September and November.** Infection status was determined by *F. hepatica* FEC for the
455 94 samples collected across the three farms (Farm A, B and C) over the course of the study. Optical
456 density values for total IgG against FhCL1 were plotted for each sample, and samples were coded
457 according to comparative *F. hepatica* FEC analysis (red circles: positive FEC; blue circles: negative
458 FEC). The cut-off for seropositivity of the ELISA was 0.26, indicated by the dashed line. The degree
459 of association between farms was measured by Pearson's Chi-square analysis. There was no
460 evidence that farms had different rates of infection ($p > 0.05$).

461



465 **Figure 2. Comparable levels of sensitivity and specificity are observed for the FhCL1 ELISA using**
466 **serum samples or blood samples eluted from Whatman® protein saver cards.** Ninety-four sera
467 samples collected from the three farms over the course of the study with corresponding *F. hepatica*
468 and *C. daubneyi* FEC were used to calculate the sensitivity and specificity of the serum and card
469 ELISAs. The optimal cut-off for the serum ELISA was 0.26A with a specificity of 85% (red line). The
470 optimal cut-off for the card ELISA was 0.31A with a specificity of 87% (blue line). AUC analysis found
471 a highly significant ($p < 0.0001$) selective detection of *F. hepatica* FEC negative and positive samples
472 by both serum and card ELISA. Forty-four of the 94 sera samples were negative by *F. hepatica* FEC
473 and positive by *C. daubneyi* FEC; however, no significant cross reactivity was observed with the ELISA
474 data (orange and purple lines).

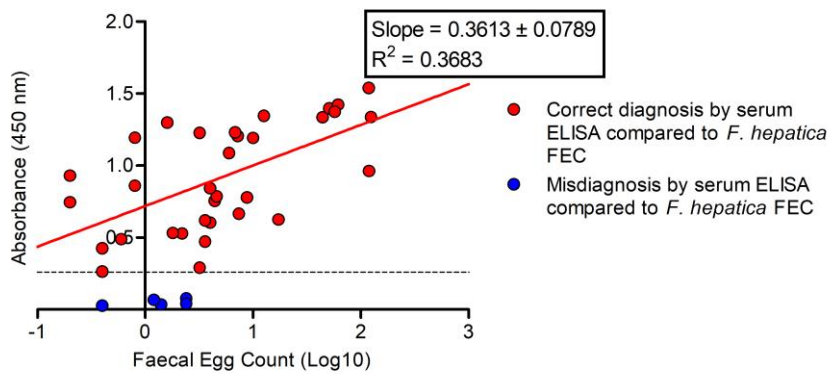


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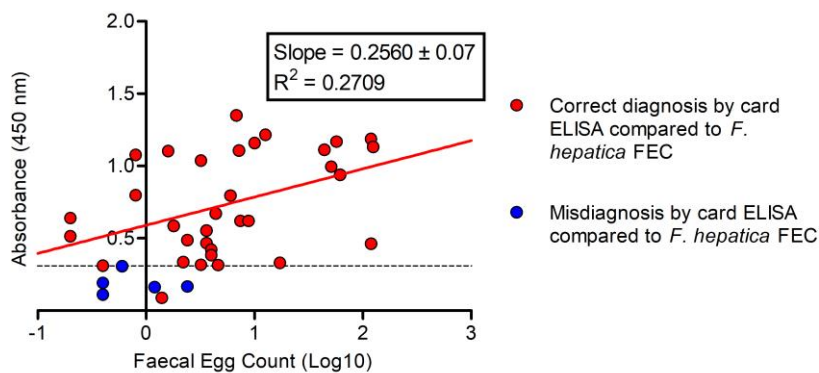
476

477 **Figure 3. There is a significant linear relationship between *F. hepatica* FEC results and serum and**
 478 **card FhCL1 ELISA absorbance values.** Thirty-eight faecal samples collected across the three farms
 479 over the course of the study were positive by *F. hepatica* FEC. The results of the FEC were plotted
 480 against absorbance values of the serum (A) and card (B) ELISAs. The serum ELISA has a y-intercept of
 481 0.5759 with a SE of 0.0779 and a significant ($p = 0.0001$) slope of 0.3613 with a SE of 0.0789. The R^2
 482 is 0.3683 and the correlation between the serum ELISA and the *F. hepatica* FEC is 0.6069. The card
 483 ELISA has a y-intercept of 0.5017 with a SE of 0.0692, and a significant ($p = 0.0008$) slope of 0.2560
 484 with a SE of 0.07. The R^2 is 0.2709 and the correlation between the card ELISA and the *F. hepatica*
 485 FEC is 0.5204. The slope is significant ($p = 0.0008$). Both the serum and card ELISAs each
 486 misdiagnosed five individuals that were positive by *F. hepatica* FEC (blue circles).

A



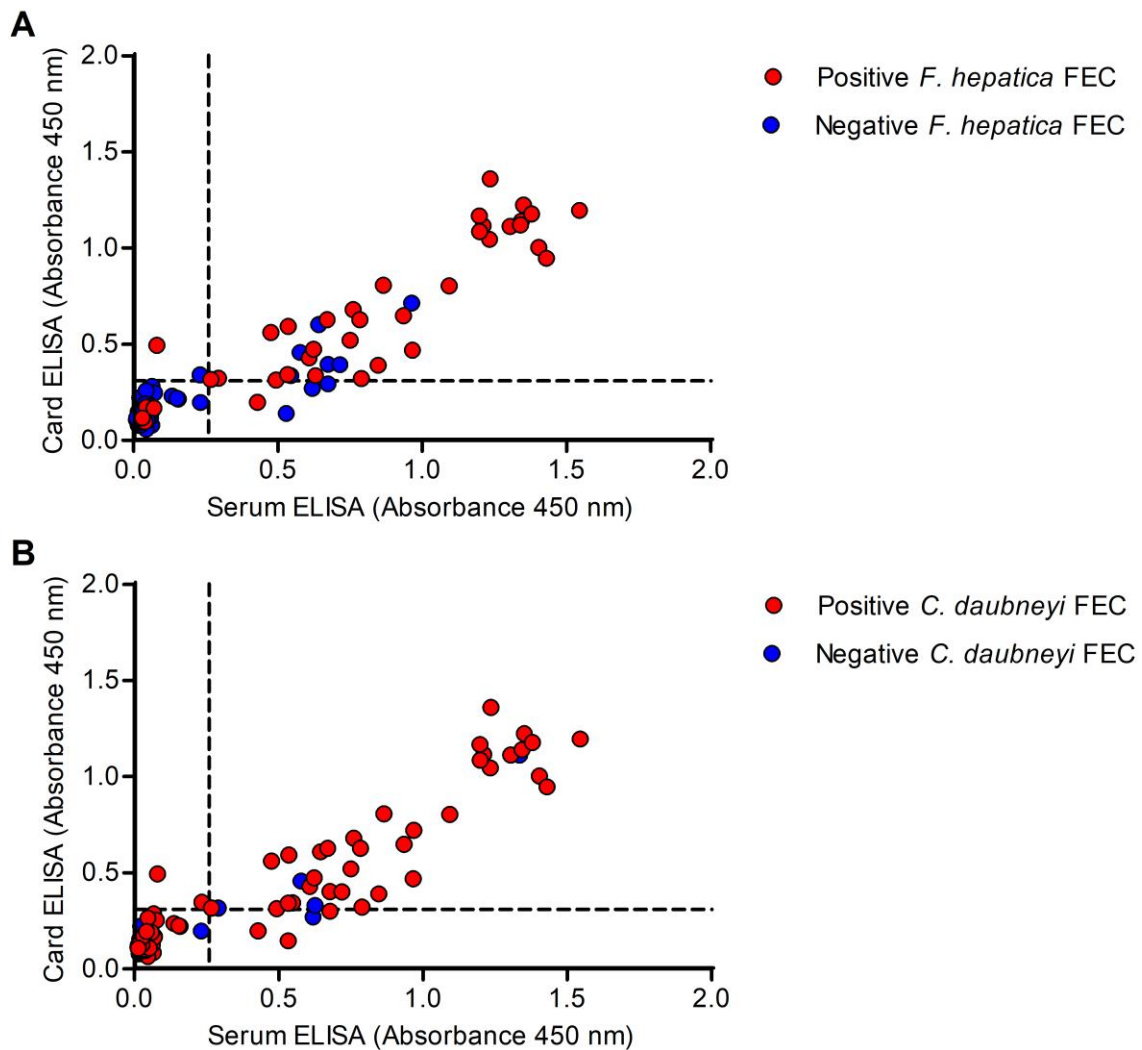
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488

489 **Figure 4. There is a strong association between the diagnosis obtained for the serum and card**
490 **ELISAs and the *F. hepatica* FEC, but not the *C. daubneyi* FEC.** Ninety-four serum and card samples
491 with corresponding faecal samples were collected across the three farms over the course of the
492 study. Absorbance values for the serum and card ELISA's are plotted and colour coded for positive
493 (red circles) or negative (blue circles) *F. hepatica* (A) or *C. daubneyi* (B) FEC. There is no evidence
494 that the serum and card ELISAs are not giving the same result as the *F. hepatica* FEC ($p = 0.2850$ and
495 0.7815 , respectively). There is evidence that the serum ELISA and the *C. daubneyi* FEC are not giving
496 the same diagnosis ($p < 0.0001$ for both tests). Cut-off values for the serum ELISA ($x = 0.26$) and card
497 ELISA ($y = 0.31$) are indicated by the dashed lines.



498

499

500 **Table 1. *F. hepatica* FEC data**

Month	Number of Positive <i>F. hepatica</i> FEC	Number of Negative <i>F. hepatica</i> FEC
September	2	18
Early November	3	18
Late November	5	16
January	12	2
March	16	2

501

502 **Table 2. Summary of the results from each of the diagnostic assays (FEC and ELISA) used over the**
 503 **course of the study to determine positive and negative *F. hepatica* infections compared with *C.***
 504 ***daubneyi* FEC data.**

Diagnostic Test	Number of Positive Results	Number of Negative Results
Serum ELISA	42	52
Card ELISA	39	55
<i>F. hepatica</i> FEC	38	56
<i>C. daubneyi</i> FEC	79	15

505

506 **Table S1. Raw data for the serum ELISA, card ELISA, *F. hepatica* FEC and *C. daubneyi* FEC used in the study.** Cells highlighted in green indicate a negative
 507 result and cells highlighted in red indicate a positive result. N/A indicates that the sample was unavailable.

Serum-ELISA		Month				
		Sept	Early Nov	Late Nov	Jan	March
Farm A	Animal 1	0.619	0.604	0.077	1.466	1.542
	Animal 2	0.016	0.010	0.530	1.346	1.539
	Animal 3	0.017	0.022	0.016	1.228	1.398
	Animal 4	0.022	0.022	0.134	1.206	1.338
	Animal 5	0.674	0.044	0.674	1.300	1.335
	Animal 6	0.232	0.155	0.642	1.231	1.425
	Animal 7	0.063	0.052	0.018	1.193	0.962
Farm B	Animal 1	0.038	0.022	0.014	0.012	0.032
	Animal 2	0.035	0.036	0.151	0.756	0.785
	Animal 3	0.031	0.047	0.059	0.055	1.374
	Animal 4	0.055	0.545	0.577	0.291	0.626
	Animal 5	0.041	0.020	0.018	0.032	0.027
	Animal 6	0.059	0.053	0.020	0.055	0.930
	Animal 7	0.043	0.040	0.025	0.030	0.021
Farm C	Animal 1	0.051	0.230	0.056	0.039	N/A
	Animal 2	0.029	0.049	0.011	0.011	N/A
	Animal 3	0.067	0.489	0.264	0.530	0.425
	Animal 4	0.066	0.715	0.861	0.780	0.666
	Animal 5	0.064	0.044	0.028	0.922	0.843
	Animal 6	0.073	0.024	0.472	1.194	1.088
	Animal 7	0.041	0.964	0.746	0.619	0.532

Card-ELISA 1 ml extraction		Month				
		Sept	Early Nov	Late Nov	Jan	March
Farm A	Animal 1	0.270	0.423	0.487	1.224	1.161
	Animal 2	0.079	0.108	0.141	1.215	1.188
	Animal 3	0.085	0.095	0.149	1.037	0.996
	Animal 4	0.135	0.222	0.231	1.107	1.132
	Animal 5	0.294	0.060	0.396	1.104	1.113
	Animal 6	0.197	0.216	0.602	1.351	0.939
	Animal 7	0.079	0.184	0.142	1.160	0.463
Farm B	Animal 1	0.129	0.124	0.121	0.199	0.151
	Animal 2	0.107	0.090	0.219	0.673	0.316
	Animal 3	0.141	0.148	0.121	0.098	1.170
	Animal 4	0.192	0.337	0.457	0.317	0.331
	Animal 5	0.168	0.126	0.099	0.136	0.111
	Animal 6	0.125	0.111	0.086	0.135	0.641
	Animal 7	0.176	0.132	0.081	0.115	0.095
Farm C	Animal 1	0.176	0.340	0.184	0.189	N/A
	Animal 2	0.098	0.105	0.118	0.103	N/A
	Animal 3	0.163	0.307	0.311	0.335	0.193
	Animal 4	0.159	0.394	0.799	0.621	0.621
	Animal 5	0.281	0.259	0.165	0.873	0.385
	Animal 6	0.248	0.121	0.554	1.077	0.796
	Animal 7	0.183	0.715	0.515	0.467	0.586

Liver fluke FEC		Month				
		Sept	Early Nov	Late Nov	Jan	March
Farm A	Animal 1	0.0	4.0	2.4	N/A	N/A
	Animal 2	0.0	0.0	0.0	12.6	118.8
	Animal 3	0.0	0.0	0.0	3.2	51.0
	Animal 4	0.0	0.0	0.0	7.2	124.4
	Animal 5	0.0	0.0	0.0	1.6	44.2
	Animal 6	0.0	0.0	0.0	6.8	61.6
	Animal 7	0.0	0.0	0.0	10.0	119.2
Farm B	Animal 1	0.0	0.0	0.0	N/A	0.0
	Animal 2	0.0	1.4	0.0	4.4	4.6
	Animal 3	0.0	0.0	0.0	N/A	57.2
	Animal 4	0.0	0.0	0.0	3.2	17.2
	Animal 5	2.4	0.0	0.0	N/A	0.4
	Animal 6	0.0	0.0	0.0	N/A	0.2
	Animal 7	N/A	0.0	0.0	N/A	0.0
Farm C	Animal 1	0.0	0.0	0.0	0.0	N/A
	Animal 2	0.0	0.0	0.0	0.0	N/A
	Animal 3	1.2	0.6	0.4	2.2	0.4
	Animal 4	0.0	0.0	0.8	8.8	7.4
	Animal 5	0.0	0.0	0.0	N/A	4.0
	Animal 6	0.0	0.0	3.6	0.8	6.0
	Animal 7	0.0	0.0	0.2	3.6	1.8

Rumen fluke FEC		Month				
		Sept	Early Nov	Late Nov	Jan	March
Farm A	Animal 1	0.0	0.8	4.2	N/A	N/A
	Animal 2	0.0	36.8	50.0	158.7	5.6
	Animal 3	0.0	0.0	0.8	8.4	0.2
	Animal 4	0.0	0.0	0.4	2.1	1.2
	Animal 5	13.0	133.4	>200	184.4	0.0
	Animal 6	0.0	3.4	8.4	57.4	1.8
	Animal 7	4.8	75.2	172.8	>200	95.8
Farm B	Animal 1	43.4	137.6	89.0	N/A	> 200
	Animal 2	0.0	16.2	0.4	43.6	134.8
	Animal 3	6.6	0.4	0.4	N/A	>200
	Animal 4	5.4	63.2	0.0	0.0	0.0
	Animal 5	10.0	41.4	36.4	N/A	> 200
	Animal 6	0.0	0.0	0.6	N/A	> 200
	Animal 7	N/A	6.0	0.0	N/A	6.6
Farm C	Animal 1	1.8	12.6	7.8	0.4	N/A
	Animal 2	30.4	44.6	>200	>200	N/A
	Animal 3	36.2	50.2	40.2	134.4	>200
	Animal 4	14.2	171.2	17.4	28.0	41.2
	Animal 5	37.6	76.4	18.4	N/A	35.6
	Animal 6	22.8	41.4	126.0	>200	>200
	Animal 7	28.2	24.2	>200	173.4	>200

508