

International Consensus Criteria for Pediatric Sepsis and Septic Shock The Phoenix Pediatric Sepsis Criteria

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Key Points

Question: How should children with suspected infection at higher risk of mortality, indicative of sepsis, be identified?

Findings: Using an international survey, systematic review, analysis of >3 million pediatric healthcare encounters, and consensus process, new criteria for sepsis and septic shock in children were developed. Pediatric sepsis in children with suspected infection <18 years of age was identified by ≥ 2 points in the novel Phoenix Sepsis Score, including dysfunction of the respiratory, cardiovascular, coagulation, and/or neurologic systems; and septic shock as sepsis with ≥ 1 cardiovascular point in the Phoenix Sepsis Score.

Meaning: The new criteria for pediatric sepsis and septic shock are globally applicable.

Abstract

Importance: Sepsis is a leading cause of death among children worldwide. Current pediatric-specific criteria for sepsis were published in 2005 based on expert opinion. In 2016, Sepsis-3 defined sepsis as life-threatening organ dysfunction caused by a dysregulated host response to infection, but it excluded children.

Objective: To update and evaluate criteria for sepsis and septic shock in children.

Evidence Review: The Society of Critical Care Medicine (SCCM) convened a task force of 35 pediatric experts in critical care, emergency medicine, infectious diseases, general pediatrics, nursing, public health, and neonatology from 6 continents. Using evidence from an international survey, systematic review and meta-analysis, and a new organ dysfunction score developed based on >3 million electronic health record encounters from 10 sites on 4 continents, a modified Delphi consensus process was employed to develop criteria (endorsed by XX societies listed in the Acknowledgements).

Findings: Based on survey data, most pediatric providers used "sepsis" to refer to infection with life-threatening organ dysfunction, which differed from prior pediatric sepsis criteria that used systemic inflammatory response syndrome (SIRS) criteria, which have poor predictive properties, and included the redundant term, "severe sepsis". The SCCM task force recommends that sepsis in children is identified by a Phoenix Sepsis Score ≥ 2 points in children with suspected infection, which indicates potentially life-threatening dysfunction of the respiratory, cardiovascular, coagulation, and/or neurologic systems. Children with a Phoenix Sepsis Score ≥ 2 points had in-hospital mortality of 7.1% in higher resource settings and 28.5% in lower resource settings, more than 8 times that of children with suspected infection not meeting these criteria. Mortality was higher in children who had organ dysfunction in 1 of 4 organ systems (respiratory, cardiovascular, coagulation, and/or

neurologic) that was not the primary site of infection. Septic shock was defined as children with sepsis who had cardiovascular dysfunction, indicated by ≥ 1 cardiovascular point in the Phoenix Sepsis Score, which included severe hypotension for age, blood lactate >5 mmol/L, or need for vasoactive medication. Children with septic shock had an in-hospital mortality rate of 10.8% and 33.5% in higher and lower resource settings, respectively.

Conclusions and relevance: The Phoenix Pediatric Sepsis Criteria for sepsis and septic shock in children were derived and validated by the international SCCM Pediatric Sepsis Definition Task Force using a large international database and survey, systematic review and meta-analysis, and modified Delphi consensus approach. A Phoenix Pediatric Sepsis Score of ≥ 2 identified potentially life-threatening organ dysfunction in children <18 years of age with infection, and its use has the potential to improve clinical care, epidemiological assessment, and research in pediatric sepsis and septic shock around the world.

1 In 2017, an estimated 25 million children experienced sepsis worldwide, leading to over 3
2 million deaths.¹ Many pediatric survivors of sepsis have ongoing physical, cognitive,
3 emotional, and psychological sequelae, which may have long-term effects on them and their
4 families.²⁻⁴ The risk of developing sepsis during the early years of life exceeds that of any
5 other age group, with the most disproportionate effect among children in lower resource
6 settings.⁵ The World Health Organization resolution on sepsis called for dedicated efforts to
7 improve diagnosis, prevention, and management of sepsis, all of which require use of criteria
8 that accurately identify those with infection who are at high risk of adverse outcomes and
9 death.^{6,7} However, such criteria are lacking for children.

10 The most recent criteria specific to pediatric sepsis were published in 2005 by the
11 International Pediatric Sepsis Consensus Conference (IPSCC) and have been widely
12 incorporated in clinical, research, quality improvement, and policy efforts.^{8,9} Similar to
13 criteria for adult sepsis at the time (Sepsis-2),¹⁰ the IPSCC criteria were based on expert
14 opinion and characterized sepsis as suspected or confirmed infection in the presence of the
15 systemic inflammatory response syndrome (SIRS). Severe sepsis was defined as sepsis with
16 cardiovascular or respiratory organ dysfunction or dysfunction of ≥ 2 other organ systems.
17 Septic shock was defined as sepsis with hypotension, need for vasoactive medications, or
18 evidence of impaired perfusion despite resuscitation with ≥ 40 mL/kg intravenous fluid
19 boluses.

20 In 2016, the Third International Consensus Conference for Sepsis and Septic Shock (Sepsis-
21 3) revised criteria for sepsis and septic shock in adults using data from nearly 150,000
22 patients with suspected infection in the U.S. and Germany.¹¹ The Sepsis-3 definition
23 differentiated sepsis from uncomplicated infection by the presence of life-threatening organ
24 dysfunction caused by a dysregulated host response to infection and identified sepsis using an

25 increase in the Sequential Organ Failure Assessment (SOFA) score by ≥ 2 points in patients
26 with suspected infection.¹² Septic shock was identified in septic patients with vasopressor
27 use to maintain mean arterial blood pressure ≥ 65 mm Hg and serum lactate level > 2 mmol/L
28 in the absence of hypovolemia.¹³ These criteria were not developed with pediatric data nor
29 validated or broadly adapted for children.

30 Sepsis in children has important differences from that in adults, including age-specific
31 variability of vital signs, developmental age-dependent immune function, and differences in
32 pediatric-specific comorbidities, epidemiology, and outcomes.¹⁴⁻¹⁷ Due to the high morbidity
33 and mortality caused by sepsis in children worldwide, sepsis criteria should be derived and
34 validated specifically for diagnosis in children.

35 **Limitations of current criteria for sepsis in children**

36 The IPSCC criteria for pediatric sepsis include many children with mild illness severity, and
37 recent literature supports that SIRS criteria do not reliably identify children with infection at
38 risk for poor outcomes.^{18,19} Furthermore, studies have reported discrepancies in how the
39 criteria are applied clinically, which limit accurate characterization of sepsis disease burden.²⁰
40 Finally, the global applicability of IPSCC criteria for populations in lower resource settings,
41 where disease burden remains greatest, has not been rigorously evaluated.²¹⁻²³

42 Insights from the process of developing and validating Sepsis-3 in adults and subsequent
43 validation studies provided guidance to inform the revision of pediatric sepsis criteria.^{24,25}
44 Sepsis criteria for children should be based on robust, readily available data from diverse
45 clinical settings. Sepsis-3 used the pre-existing SOFA score, but the sensitivity and positive
46 predictive value of pediatric organ dysfunction scores²⁶⁻²⁹ for children with infection are
47 unclear.³⁰ In addition, while sepsis research has focused on patients requiring intensive care,
48 80% of pediatric patients with sepsis initially present to emergency department (ED) or

49 regular inpatient care settings. Therefore, data spanning the entire hospital care continuum
50 should be considered in pediatric patients with sepsis.³¹

51 **The process of developing and validating new criteria for sepsis in children**

52 This manuscript followed the Guidelines on Modifying the Definition of Diseases³². A task
53 force was assembled in 2019 by the Society of Critical Care Medicine (SCCM) to update
54 criteria for pediatric sepsis (eTable 1). A diverse panel in terms of discipline, gender, and
55 healthcare setting was considered essential. Pediatric experts in intensive care, emergency
56 medicine, infectious diseases, general pediatrics, informatics, nursing, neonatology, and
57 research were approached based on their expertise and experience in sepsis, ensuring that
58 healthcare settings with different resources and geography on 6 continents were represented.
59 The task force included 35 nurse and physician experts from Australia, Bangladesh, Brazil,
60 Canada, France, India, Italy, Japan, Switzerland, South Africa, United Kingdom, and the
61 United States.

62 A three-pronged approach (eMethods 1) was used to develop the new criteria, including 1) a
63 global survey of 2835 clinicians,³³ 2) a systematic review and meta-analysis (eMethods
64 3),^{34,35} and 3) a data-driven derivation and validation study,³⁶ which culminated in a modified
65 Delphi consensus process by the entire task force. At each step, the task force included data
66 from lower and higher resource settings and considered the challenges related to limited
67 resources (eMethods 2). The global survey and systematic review informed the design of the
68 derivation and validation study, the results of which were used in the consensus process to
69 arrive at the final criteria for pediatric sepsis. During the consensus process, results of
70 analyses were presented to the members of the task force for review, discussion, and voting
71 using REDCap surveys. Consensus was defined as >80% agreement of >80% of the task
72 force members for any given question. If this threshold was not reached, further discussion

73 (and data analysis where necessary) ensued, followed by additional rounds of voting until
74 consensus was reached (eMethods 4). Preterm neonates (less than 37 weeks gestation at
75 birth) and newborns who remained hospitalized after birth were excluded due to challenges
76 with defining organ dysfunction in babies born prematurely and because of the unique
77 context of perinatally acquired infections.^{37,38}

78 The global survey highlighted concern about inconsistent availability of diagnostic tests and
79 therapeutic tools across settings and a need for new criteria applicable to clinical care,
80 benchmarking, quality improvement, epidemiology, and research.³³ The survey also
81 confirmed the preferred use of the term "sepsis" by pediatric clinicians to refer to children
82 with infection-associated organ dysfunction rather than with infection-associated SIRS,
83 indicating widespread adoption of the Sepsis-3 conceptual framework.

84 The systematic review and meta-analysis examined the association of individual clinical and
85 laboratory criteria with the development of sepsis or increased risk for adverse outcomes,
86 including organ dysfunction scores.³⁴ This confirmed the choice of using validated measures
87 of organ dysfunction for the development of sepsis and septic shock criteria for children.

88 An international, multicenter electronic health record database was developed using data
89 from health systems in 6 higher resource sites (all in the US) and 4 lower resource sites in
90 Bangladesh, China, Colombia and Kenya. This database included >3 million hospital
91 encounters of patients aged <18 years across various hospital locations (e.g., emergency
92 department, regular inpatient care area, ICU), excluding birth hospitalizations and children
93 with post-conceptional age <37 weeks.³⁶ Data from each encounter were available from
94 presentation through discharge or death and were divided into derivation and validation
95 datasets, stratified by resource setting (higher vs. lower). The Sepsis-3 conceptual definitions
96 of sepsis as life-threatening organ dysfunction caused by infection and septic shock as sepsis

97 leading to cardiovascular dysfunction,¹² broadly acceptable in a global survey of clinicians
98 and researchers caring for children,³³ were used as starting points by the task force.

99 The organ-specific subscores of 8 existing pediatric organ dysfunction scores²⁶⁻²⁹ were
100 calculated using data from the first 24 hours of presentation to the hospital and compared to
101 ascertain those best discriminating in-hospital mortality (including in the emergency
102 department) among children with suspected infection, defined as those receiving systemic
103 antimicrobials and undergoing microbiological testing. The best-performing subscores were
104 used as inputs in stacked regression models to determine their association with in-hospital
105 mortality.³⁶ When subscores performed similarly, the task force voted to determine which to
106 include in the final models.

107 The final model, which incorporated levels of dysfunction for 4 organ systems
108 (cardiovascular, respiratory, neurological, and coagulation), had comparable performance to a
109 score generated from an 8-organ system model that also included renal, hepatic, endocrine,
110 and immunological dysfunction (Phoenix-8 Score³⁶). The final 4-organ system model was
111 supported by the task force based on performance and parsimony and was translated into an
112 integer-based score, the Phoenix Sepsis Score, (Table) to optimize utility. Thresholds in the
113 score for sepsis and septic shock were set through the consensus process involving the entire
114 task force, based on sensitivity and positive predictive value. Once completed, the
115 recommendations were circulated to endorsing societies.

116 **Results/recommendations**

117 *Criteria to identify children with sepsis*

118 Sepsis in children was identified using the Phoenix Pediatric Sepsis Criteria, which was ≥ 2
119 points in the Phoenix Sepsis Score, indicating potentially life-threatening organ dysfunction

120 of the respiratory, cardiovascular, coagulation, and/or neurologic systems in children with
121 suspected or confirmed infection (see Table, Box 1, eTable 2 and eTable 3). Children with
122 suspected infection in the first 24 hours of presentation had in-hospital mortality of 0.7%
123 (1,049/144,379) in higher resource settings and 3.6% (1,016/28,605) in lower resource
124 settings. Among these children, a Phoenix Sepsis Score ≥ 2 in the first 24 hours of
125 presentation occurred in 7.1% (10,243/144,379) in higher resource settings and 5.4%
126 (1,549/28,605) in lower resource settings and identified children at a higher risk of death (in-
127 hospital mortality 7.1% [726/10,243] in higher resource settings and 28.5% [441/1,549] in
128 lower resource settings)(eFigure 2). The threshold of Phoenix Sepsis Score ≥ 2 points had
129 higher positive predictive value and higher or comparable sensitivity for in-hospital mortality
130 in children with confirmed or suspected infection in the first 24 hours when compared with
131 the IPSCC definition of sepsis (i.e., SIRS with suspected or confirmed infection) and severe
132 sepsis (i.e., IPSCC sepsis with IPSCC-based organ dysfunction criteria) in the main analysis
133 and in multiple sensitivity analyses.³⁶

134 *Criteria to identify children with septic shock*

135 Pediatric septic shock was identified in children with sepsis by ≥ 1 point in the cardiovascular
136 component of the Phoenix Sepsis Score (i.e., severe hypotension for age, blood lactate >5
137 mmol/L, or receipt of vasoactive medication). Because vasoactive medications may not be
138 available in some clinical settings,³⁹ this approach allowed the identification of septic shock
139 in the absence of such resources. The prevalence of septic shock among children with sepsis
140 was 53.7% (5,502/10,243) in higher resource settings and 81.3% (1,260/1,549) in lower
141 resource settings and was associated with in-hospital mortality of 10.8% (593/5,502) and
142 33.5% (422/1,260), respectively.

143 *Organ dysfunction remote from the primary site of infection*

144 Children meeting Phoenix Pediatric Sepsis Criteria included those with organ dysfunction
145 limited to the primary infected organ (e.g., isolated respiratory dysfunction in a child with
146 pneumonia), and those with Phoenix Sepsis scores that indicated organ dysfunction remote
147 from the primary site of infection (e.g. respiratory dysfunction in a child with meningitis).
148 However, children with sepsis and organ dysfunction remote from the primary site of
149 infection, which includes patients with septic shock and multi-organ dysfunction, represent
150 an important, distinct subset of children with sepsis (eFigures 1 and 2). Children with sepsis
151 and remote organ dysfunction had higher mortality (8.0% [700/8,728] vs 32.3% [427/1,320]
152 in higher and lower resource settings, respectively) and represented 85.2% (8,728/10,243) vs
153 85.2% (1,320/1,549) of children with sepsis in higher and lower resource settings,
154 respectively. In contrast, children with a Phoenix Sepsis Score ≥ 2 who had organ
155 dysfunction limited to the primary site of infection had a mortality of 1.7% vs 6.1% in higher
156 and lower resource settings, respectively.

157 **Discussion**

158 *Main findings*

159 The Phoenix Pediatric Sepsis Criteria for pediatric sepsis and septic shock, developed with an
160 international survey, a systematic review, analyses of >3 million pediatric encounters, and a
161 modified Delphi consensus process, were designed to reliably identify children with sepsis
162 for the purpose of clinical care, benchmarking, quality improvement, epidemiology, and
163 research in pediatric sepsis. The methodology used to develop the criteria leveraged
164 knowledge gained by the Sepsis-3 process while incorporating novel elements, utilizing a
165 globally diverse task force and relying on data from diverse healthcare systems. SIRS should
166 no longer be used to diagnose sepsis in children, and, as any life-threatening condition is

167 severe, the term severe sepsis is redundant. The Phoenix criteria were intended to be globally
168 applicable and were named in reference to the symbolic meaning of the phoenix and the
169 location where the criteria were presented during the 2024 SCCM Congress (Phoenix,
170 Arizona).

171 *Considerations for use of the Phoenix Pediatric Sepsis Criteria*

172 In recent years, many health care institutions caring for adults have implemented SOFA-
173 based extraction procedures in their electronic health care records to identify patients with
174 sepsis, improve sepsis care, and facilitate more accurate coding and billing.⁴⁰ The Phoenix
175 Sepsis Score could achieve the same goals for children across diverse settings.

176 *Considerations for organ dysfunctions not included in the Phoenix Sepsis Score*

177 The Phoenix Sepsis Score incorporated sepsis-defining organ dysfunction associated with
178 increased risk of death. Although this score only included 4 organ systems, the model was
179 sensitive with good positive predictive value when compared with the more complex
180 Phoenix-8 Score. The task force prioritized parsimony, performance, and feasibility across
181 different resource settings and thus limited the number of organ systems used to differentiate
182 sepsis and septic shock from infection without sepsis. Although the 4 organs in the Phoenix
183 Sepsis Score are most commonly involved in sepsis, this does not diminish the crucial
184 importance of the assessment and management of other organ dysfunction⁴¹. Clinicians and
185 researchers can identify and classify additional organ dysfunctions (e.g. kidney or hepatic
186 dysfunction), with the Phoenix-8 Score.³⁶

187 *Considerations for lower resource settings*

188 The Phoenix Pediatric Sepsis Criteria accurately identified sepsis in datasets from lower
189 resource settings,³⁶ which should facilitate international dissemination and data collection for

190 future studies. The restriction to 4 organ systems reduces requirements for laboratory
191 investigation and data collection. While serum lactate was included in the Phoenix Pediatric
192 Sepsis score and may not be available in some settings, the modeling and global survey provide
193 rationale for its inclusion as an essential test whenever possible, even in lower resource
194 settings.²² The task force acknowledges that organ support such as mechanical ventilation or
195 vasoactive medications may not be available in some lower resource settings, in which case
196 other score items such as a low SaO₂/FiO₂ ratio or low mean arterial blood pressure can be
197 used. In addition, the availability of coagulation parameters may be limited in areas of the
198 world with fewer resources than the sites included in this study, however there is enough
199 redundancy in the score that it still performs well identifying children with sepsis when
200 coagulation parameters are not reported.

201 *Considerations for identification of children at risk of sepsis*

202 The Phoenix criteria for sepsis and septic shock were intended to identify life-threatening
203 organ dysfunction due to infection in children. They were not designed for screening
204 children at risk for developing sepsis or early identification of children with suspected sepsis.
205 Thus, it is imperative to continue to develop sepsis screening and early warning tools to
206 correctly identify patients at higher risk of developing sepsis, in both outpatient and inpatient
207 settings, which may lead to early interventions that could decrease the morbidity and
208 mortality associated with pediatric sepsis. The development of such tools is a future goal of
209 the SCCM Pediatric Sepsis Definition Task Force.⁴²

210 *Considerations for quality improvement and antimicrobial stewardship*

211 The Phoenix criteria have the potential to advance pediatric sepsis quality improvement
212 initiatives,⁴³ although not all patients meeting these criteria will have bacterial infections
213 (e.g., those with viral infections such as adenovirus or dengue). Efforts to enhance

214 antimicrobial stewardship integrated into quality improvement work should therefore include
215 both measures of timely antimicrobial administration as well as its appropriateness.^{44,45}

216 *Implications of organ dysfunction remote from the site of infection and development towards*
217 *phenotype-based sepsis criteria*

218 After considerable discussion and debate, the task force defined sepsis as infection-associated
219 organ dysfunction regardless of the site of infection. However, in terms of pathophysiology
220 and management, patients with isolated organ dysfunction due to local infection-related tissue
221 damage likely differ from those with organ dysfunction remote from the site of infection, e.g.,
222 those who have shock and/or multi-organ dysfunction and a substantially higher mortality⁴⁶.
223 Children with this systemic form of sepsis may harbor distinct targets for translational and
224 clinical research to understand its evolution and optimal treatment.⁴⁶ Given the
225 heterogeneity of sepsis, studies should be designed to incorporate phenotype-based criteria
226 reflective of individual biology and which may identify patient subgroups that are more likely
227 to benefit from specific therapeutic interventions.⁴⁷⁻⁴⁹

228 *Limitations*

229 First, the Phoenix Pediatric Sepsis Criteria inherently represent a simplification of the
230 complex biological processes leading to sepsis in children and the heterogeneity of the
231 condition in terms of host, pathogen, and contextual factors. Second, identification of
232 "infection" by proxy markers such as microbiological testing and antibiotics is affected by
233 resource availability and local practice. Third, similar to Sepsis-3, we have not attempted to
234 characterize specific markers of dysregulated host response, nor have we validated findings
235 on datasets of higher biological resolution such as those including multi-omics data. Fourth,
236 the data from higher resource settings were derived exclusively from children's hospitals in
237 the US, so they may not be representative of or generalizable to children in other higher

238 resource countries. Fifth, death as a primary endpoint in children with infection, while
239 pragmatic, does not account for infection-associated morbidity, and does not include the
240 long-term effects on children and their families. Sixth, the 24-hour presentation window used
241 in the development of the criteria excluded children who developed sepsis as a result of
242 healthcare-associated infections.⁵⁰ Seventh, the temporal sequence of infection followed by
243 organ dysfunction and death does not prove causality, and dynamic measures of physiology
244 may reflect deteriorating patients more accurately than static/single time point assessments
245 used in the criteria. Eighth, the new criteria incorporated treatments delivered in response to
246 sepsis (e.g., vasoactive medications) and may not have accounted for other therapies (e.g.,
247 sedation) that could have influenced organ dysfunction. Ninth, preterm neonates and term
248 newborns who were hospitalized directly after birth were excluded from this study, so these
249 pediatric sepsis criteria do not apply to those patients.

250 **Conclusion**

251 The Phoenix Pediatric Sepsis Criteria for sepsis and septic shock in children were derived and
252 validated by the international SCCM Pediatric Sepsis Definition Task Force using a large
253 international database and survey, systematic review and meta-analysis, and modified Delphi
254 consensus approach. A Phoenix Pediatric Sepsis Score of ≥ 2 identified potentially life-
255 threatening organ dysfunction in children <18 years of age with infection and its use has the
256 potential to improve clinical care, epidemiological assessment, and research in pediatric
257 sepsis and septic shock around the world.

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266 Endorsing societies: *To be populated after acceptance*

267 **Author contributions:**

268 *Concept and design:* The project plan for the Pediatric Sepsis Definition Taskforce was
269 drafted by LJS, RSW, LRS, ACA, JJZ, and NK. The plan for the data analyses was designed
270 by TDB and LNS-P. The plan for the Delphi process was designed by KM.

271 *Acquisition, analysis, or interpretation of data:* TDB and LNS-P led data acquisition and
272 analysis including the building of the harmonized international database used to develop and
273 validate the new criteria. FB, MB, TDB, MJC, IE, CMH, JCJ-B, LNS-P, RSW, and SLW
274 curated data at contributing sites, performed data quality checks, and contributed to data
275 harmonization. TDB and LNS-P led a team including DJA, PED, BM, MNR, and SR who
276 conducted the harmonization and analysis of the data, including the Delphi process results,
277 with clinical and scientific contributions by RSW, LJS, HS, SLW, FB, and ERA, and KM.
278 All Taskforce members contributed to weekly Delphi rounds focusing on the interpretation of
279 the data.

280

281 *Drafting of the manuscript:* LJS and RSW wrote the first draft of the manuscript with
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292

293 **Pediatric Sepsis Definition Task Force Group Information:** See eTable 1.

294

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296 Enitan D Carrol has provided scientific advisory board expertise to Thermofisher, Biofire and
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298 institution.

299 Kathleen Chiotos receives grant funding (to her institution) from the Centers for Disease
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303 Mark Hall receives consultant fees paid from Abbvie for service on a Data Safety Monitoring
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305 charge for two clinical trials for which he is the Principal Investigator from Partner
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307 Adrienne G. Randolph is Chair of the International Sepsis Forum, which receives funding
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311 related to pediatric sepsis.

312 Lauren R. Sorce is an elected member of the Executive Committee and serves as President-
313 elect of the Society of Critical Care Medicine (SCCM) 2023-2024 and President 2024-2025.
314 The research presented is that of the author and does not represent SCCM.

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316 Daniela Carla de Souza is the current President of the Latin American Sepsis Institute (ILAS)
317 2022-2023 and served as Vice-President 2020-2021.

318 Pierre Tissieres has provided scientific advisory board expertise for Thermofisher, Baxter,
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329 **Table. The Phoenix Sepsis Score.**

	0 points	1 point	2 points	3 points
Respiratory (0-3 points)	P/F \geq 400 or S/F ¹ \geq 292	P/F <400 on any respiratory support ² or S/F ¹ <292 on any respiratory support ²	P/F 100-200 and IMV or S/F ¹ 148-220 and IMV	P/F <100 and IMV or S/F ¹ <148 and IMV
Cardiovascular (0-6 points)	<ul style="list-style-type: none"> No vasoactive medications³ Lactate⁴ <5 mmol/L MAP⁶ (mmHg) 	<u>1 point each (up to 3) for:</u> <ul style="list-style-type: none"> 1 vasoactive medication³ Lactate⁴ 5-10.9 mmol/L MAP⁶ (mmHg) 	<u>2 points each (up to 6) for:</u> <ul style="list-style-type: none"> \geq2 vasoactive medications³ Lactate⁴ \geq11 mmol/L MAP⁶ (mmHg) 	
Age-based ⁵ <1 month 1 to 11 months 1 to <2 years 2 to <5 years 5 to <12 years 12 to 17 years	>30 >38 >43 >44 >48 >51	17-30 25-38 31-43 32-44 36-48 38-51	<17 <25 <31 <32 <36 <38	
Coagulation ⁷ (0-2 points)	<ul style="list-style-type: none"> Platelets \geq100 K/μL INR \leq1.3 D-Dimer \leq2 mg/L FEU Fibrinogen \geq100 mg/dL 	<u>1 point each (max. 2 points) for:</u> <ul style="list-style-type: none"> Platelets <100 K/μL INR >1.3 D-Dimer >2 mg/L FEU Fibrinogen <100 mg/dL 		
Neurologic ⁸ (0-2 points)	<ul style="list-style-type: none"> GCS⁹ >10 Pupils reactive 	GCS ⁹ \leq 10	Fixed pupils bilaterally	

330

Phoenix Pediatric Sepsis Criteria
<ul style="list-style-type: none"> Sepsis: Suspected infection and Phoenix Sepsis Score \geq2 points Septic shock: Sepsis with \geq1 cardiovascular point(s)

331

332 *P/F*, PaO₂/FiO₂ ratio; *S/F*, SpO₂/FiO₂ ratio (only SpO₂ of 97% or less); *IMV*, invasive mechanical ventilation;
 333 *MAP*, mean arterial pressure; *INR*, international normalized ratio of prothrombin time; *GCS*, Glasgow coma
 334 scale score.

335

336 **Notes for use:** The score may be calculated in the absence of some variables (e.g., even if lactate level is not
 337 measured and vasoactive medications are not used, a cardiovascular score can still be ascertained using blood
 338 pressure). It is expected that laboratory tests and other measurements will be obtained at the discretion of the
 339 medical team based on clinical judgment. Unmeasured variables contribute no points to the score. Ages are not
 340 adjusted for prematurity, and the criteria do not apply to birth hospitalizations, children with post-conceptual
 341 age <37 weeks, or those 18 years of age or older.

342

343 ¹S/F ratio is only calculated if SpO₂ is 97% or less.

344 ²The respiratory dysfunction of 1 point can be assessed in any patient on oxygen, high flow, non-invasive
 345 positive pressure, or IMV respiratory support, and includes P/F <200 and S/F <220 in children who are not on
 346 IMV.

347 ³Vasoactive medications include any dose of epinephrine, norepinephrine, dopamine, dobutamine, milrinone,
348 and/or vasopressin (for shock).
349 ⁴Lactate reference range is 0.5-2.2 mmol/L. Lactate can be arterial or venous..
350 ⁵Ages are not adjusted for prematurity, and the criteria do not apply to birth hospitalizations, children with post-
351 conceptional age <37 weeks, or those 18 years of age or older.
352 ⁶Use measured MAP preferentially (invasive arterial if available or non-invasive oscillometric), and if measured
353 MAP is not available, a calculated MAP ($1/3 \times \text{systolic} + 2/3 \times \text{diastolic}$) may be used as an alternative.
354 ⁷The coagulation variables reference ranges are: platelets 150-450 K/ μ L; D-Dimer <0.5 mg/L FEU; Fibrinogen
355 180-410 mg/dL. The INR reference range is based on the local reference prothrombin time.
356 ⁸The neurologic dysfunction subscore was pragmatically validated in both sedated and non-sedated patients, and
357 those on and off IMV support.
358 ⁹The GCS measures level of consciousness based on verbal, eye, and motor response and ranges from 3 to 15,
359 with a higher score indicating better neurological function.

360 **Box 1. Key Concepts for pediatric sepsis.**

- 361 • Pediatric sepsis criteria apply to children <18 years of age but are not applicable to
362 newborns or babies with post-conceptual age <37 weeks.
- 363 • The former criteria based on systemic inflammatory response syndrome (SIRS)
364 should not be used to diagnose sepsis in children.
- 365 • The former term “severe sepsis” should no longer be used, as sepsis is life-threatening
366 organ dysfunction associated with infection, and is thus indicative of a severe disease
367 state.
- 368 • Life-threatening organ dysfunction in children with suspected or confirmed infection
369 can be identified in settings with different resources as a Phoenix Sepsis Score of at
370 least two points. The new Phoenix Sepsis Score is a composite four-organ system
371 model including criteria for cardiovascular, respiratory, neurological, coagulation
372 dysfunction.
- 373 • Septic shock is a subset of sepsis where patients manifest cardiovascular dysfunction,
374 which is associated with higher mortality. Septic shock can be operationalized by a
375 cardiovascular subscore of at least 1 point of the Phoenix Sepsis Score in children
376 with sepsis.
- 377 • Children with sepsis who manifest organ dysfunction remote from the site of infection
378 have a higher risk of death, suggesting life-threatening systemic processes.
- 379 • These criteria may facilitate harmonized data collection on epidemiology of disease
380 globally and may serve to support clinical care, quality improvement, benchmarking,
381 and research to improve outcomes for children with sepsis.

382 **Box 2. Future directions and considerations for research.**

- 383 • Timely and accurate recognition of sepsis requires data-driven screening tools with
384 reasonable precision and high sensitivity, which are adaptable to different healthcare
385 settings. While the Phoenix Pediatric Sepsis Criteria performed well across over 3
386 million pediatric encounters in different settings, future independent validation
387 (especially in lower resource, remote, and mixed healthcare settings) is warranted.
- 388 • Work is also required to ensure such tools perform robustly across age groups and for
389 patients with chronic conditions such as technology dependence, congenital
390 conditions, or severe malnutrition.
- 391 • The unique developmental context of sepsis in preterm infants, as well as that of
392 perinatal infections, combined with difficulties in robust operationalization of organ
393 dysfunction for this vulnerable patient group, necessitates efforts to validate sepsis
394 and septic shock criteria for preterm infants.
- 395 • Children with sepsis who manifest organ dysfunction remote from the site of
396 infection, including patients with septic shock and those with sepsis-associated multi-
397 organ dysfunction, should be targeted by future trials.
- 398 • Improved understanding of types of host response to infection associated with organ
399 dysfunction, for example through multi-omics studies and harvesting of large EHR
400 datasets, is a prerequisite to decipher biological manifestations of dysregulated host
401 response(s) in sepsis, which then can inform the design of personalized approaches to
402 sepsis in children.
- 403 • The global challenges related to antimicrobial resistance demand investment to test
404 efficacy and effectiveness of novel clinical and molecular markers which can reliably
405 discriminate children evaluated for sepsis necessitating targeted antimicrobial therapy.

406

407 **Figure. Proposed diagnostic flow to characterize patients using the new criteria for**
408 **sepsis and septic shock in children.**

409 Sepsis diagnosis is operationalized as 2 points or more on the Phoenix Sepsis Score, and
410 septic shock as sepsis with cardiovascular dysfunction (see Table).

411 *Institutionally available procedures to identify deteriorating patients with infection
412 should be followed for screening. There is a need for data-driven tools to screen children
413 at risk of development of sepsis, which must be rigorously evaluated in different
414 populations and contexts. The Phoenix Sepsis Score is not intended for early
415 screening/recognition of possible sepsis and management before organ dysfunction is
416 overt.

417 **Please refer to the Table for the Phoenix Sepsis Score.