

## APPENDIX

Table A: Summary of academic papers on usage of sanitary pads in India

Indian State	Year	Sample	Usage of sanitary pads	Other key findings	Reference
<b>Urban</b>					
Tamil Nadu	2012	435 girls attending secondary school	90%		(Barathalakshmi et al., 2014)
Karnataka	2013	270 girls attending secondary school	75.9%	Disposal is the main constraint to using sanitary pads.	(Kamath et al., 2013)
Andhra Pradesh	2011	250 girls attending secondary school	82%		(Katkuri et al., 2014)
Maharashtra	2009	350 unmarried young women attending higher education	68.9%	MHM is positively correlated socio-economic status.	(Omidvar & Begum, 2010)
Maharashtra	2011	387 girls attending secondary school	49.5%	Affordability is the main constraint to using pads.	(Thakre et al., 2011)
Maharashtra	2011	132 girls attending secondary school	60%		(Salve, Dase, Mahajan, & Adchitre, 2012)
Punjab	2005	300 girls attending secondary school	69%		(Kamaljit, Arora, Singh, & Neki, 2012)
<b>Urban Slums</b>					
Delhi	2000	380 women aged 15 to 49	2.9%		(Garg et al., 2001)
Delhi	2004	250 women aged 15 to 49	28%	89% of women were aware sanitary pads.	(Baridalyne & Reddaiah, 2004)
<b>Rural</b>					

Karnataka	2013	280 girls attending secondary school	65%	Disposal is the main constraint to using sanitary pads.	(Kamath et al., 2013)
Andhra Pradesh	2013	400 married women aged 15 to 25 years	20.5 %	MHM is positively correlated to education, age at marriage, awareness, and time spent watching TV and/or listening to radio.	(Patil, 2014)
Maharashtra	2011	189 girls attending secondary school	3%		(Salve et al., 2012)
Maharashtra	2010	300 girls attending secondary school	15.67%		(Mudey, Kesharwani, Mudey, & Goyal, 2010)
Gujarat	2011	164 unmarried girls post menarche	0% to 4%	Post intervention - provision of a soft absorbent reusable cloth - usage of pads increased from 0 to 4% in 3 months.	(Shah et al., 2013)
Jammu & Kashmir	2008	200 adolescent girls from the Gujjar tribe	0%		(Dhingra, Kumar, Kour, & others, 2009)
Uttarakhand	2010	695 ever-married women	13.16%		(S. Singh, Kandpal, & Roy, 2011)
Uttarakhand	2012	453 girls attending secondary school	38%		(Juyal, Kandpal, Semwal, & Negi, 2012)
West Bengal	2006	160 girls attending secondary school	11.25%	48.75% were aware of sanitary pads.	(Dasgupta & Sarkar, 2008)
West Bengal	2010	180 girls attending secondary school	13.2%	MHM is positively correlated with exposure to media.	(Sudeshna & Dasgupta, 2012)