

# An expanded genome-wide association study of type 2 diabetes in Europeans

## Running title: European T2D genome-wide association study

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267 **ABSTRACT**

268 To characterise type 2 diabetes (T2D) associated variation across the allele frequency  
269 spectrum, we conducted a meta-analysis of genome-wide association data from 26,676 T2D  
270 cases and 132,532 controls of European ancestry after imputation using the 1000 Genomes  
271 multi-ethnic reference panel. Promising association signals were followed-up in additional  
272 data sets (of 14,545 or 7,397 T2D cases and 38,994 or 71,604 controls). We identified 13  
273 novel T2D-associated loci ( $p < 5 \times 10^{-8}$ ), including variants near the *GLP2R*, *GIP*, and *HLA-*  
274 *DQA1* genes. Our analysis brought the total number of independent T2D associations to 128  
275 distinct signals at 113 loci. Despite substantially increased sample size and more complete  
276 coverage of low-frequency variation, all novel associations were driven by common SNVs.  
277 Credible sets of potentially causal variants were generally larger than those based on  
278 imputation with earlier reference panels, consistent with resolution of causal signals to  
279 common risk haplotypes. Stratification of T2D-associated loci based on T2D-related  
280 quantitative trait associations revealed tissue-specific enrichment of regulatory annotations in  
281 pancreatic islet enhancers for loci influencing insulin secretion, and in adipocytes, monocytes  
282 and hepatocytes for insulin action-associated loci. These findings highlight the predominant  
283 role played by common variants of modest effect and the diversity of biological mechanisms  
284 influencing T2D pathophysiology.

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286 **MAIN TEXT**

287 Type 2 diabetes (T2D) has rapidly increased in prevalence in recent years and represents a  
288 major component of the global disease burden (1). Previous efforts to use genome-wide  
289 association studies (GWAS) to characterise the genetic component of T2D risk have largely  
290 focused on common variants (minor allele frequency [MAF]>5%). These studies have  
291 identified close to 100 loci, almost all of them currently defined by common alleles  
292 associated with modest (typically 5-20%) increases in T2D risk (2–6). Direct sequencing of  
293 whole genomes or exomes offers the most comprehensive approach for extending discovery  
294 efforts to the detection of low-frequency ( $0.5% < \text{MAF} < 5%$ ) and rare ( $\text{MAF} < 0.5%$ ) risk and  
295 protective alleles, some of which might have greater impact on individual predisposition.  
296 However, extensive sequencing has, thus far, been limited to relatively small sample sizes (at  
297 most, a few thousand cases), restricting power to detect rarer risk alleles, even if they are of  
298 large effect (7–9). Whilst evidence of rare variant associations has been detected in some  
299 candidate gene studies (10,11), the largest study to date, involving exome sequencing in  
300 ~13,000 subjects, found little trace of rare variant association effects (9).

301 Here, we implement a complementary strategy that makes use of imputation into existing  
302 GWAS samples from the DIAbetes Genetics Replication And Meta-analysis (DIAGRAM)  
303 Consortium with sequence-based reference panels (12). This strategy allows the detection of  
304 common and low-frequency (but not rare) variant associations in extremely large samples  
305 (13), and facilitates the fine-mapping of causal variants. We performed a European ancestry  
306 meta-analysis of GWAS with 26,676 T2D cases and 132,532 controls, and followed up our  
307 findings in additional independent European ancestry studies of 14,545 T2D cases and 38,994  
308 controls genotyped using the MetaboChip (4). All contributing studies were imputed against  
309 the March 2012 multi-ethnic 1000 Genomes Project (1000G) reference panel of 1,092 whole-  
310 genome sequenced individuals (12). Our study provides near-complete evaluation of common



311 variants with much improved coverage of low-frequency variants, and the combined sample  
312 size considerably exceeds that of the largest previous T2D GWAS meta-analyses in  
313 individuals of European ancestry (4). In addition to genetic discovery, we fine-map novel and  
314 established T2D-associated loci to identify regulatory motifs and cell types enriched for  
315 potential causal variants, and pathways through which T2D-associated loci increase disease  
316 susceptibility.

## 317 **RESEARCH DESIGN AND METHODS**

318 **Research participants.** The DIAGRAM stage 1 meta-analyses is comprised of 26,676 T2D  
319 cases and 132,532 controls (effective sample size,  $N_{\text{eff}}=72,143$  individuals, defined as  
320  $4/[(1/N_{\text{cases}})+(1/N_{\text{controls}})]$ ) from 18 studies genotyped using commercial genome-wide single-  
321 nucleotide variant (SNV) arrays (**Supplementary Table 1**). The MetaboChip stage 2 follow  
322 up is comprised of 14,545 T2D cases and 38,994 controls ( $N_{\text{eff}}=38,645$ ) from 16 non-  
323 overlapping stage 1 studies (4,14). We performed additional follow-up in 2,796 T2D cases  
324 and 4,601 controls from the EPIC-InterAct (15) and 9,747 T2D cases and 61,857 controls  
325 from the GERA study (16) (**Supplementary Material**).

326 **Statistical analyses.** We imputed autosomal and X chromosome SNVs using the all  
327 ancestries 1000G reference panel (1,092 individuals from Africa, Asia, Europe, and the  
328 Americas [March, 2012 release]) using miniMAC (17) or IMPUTE2 (18). After imputation,  
329 from each study we removed monomorphic variants or those with imputation quality  $r^2$ -  
330  $\hat{r}^2 < 0.3$  (miniMAC) or  $\text{proper-info} < 0.4$  (IMPUTE2, SNPTEST). Each study performed T2D  
331 association analysis using logistic regression, adjusting for age, sex, and principal  
332 components for ancestry, under an additive genetic model. We performed inverse-variance  
333 weighted fixed-effect meta-analyses of the 18 stage 1 GWAS (**Supplementary Table 1**).  
334 Fifteen of the 18 studies repeated analyses also adjusting for body mass index (BMI). SNVs  
335 reaching suggestive significance  $p < 10^{-5}$  in the stage 1 meta-analysis were followed-up. Novel

336 loci were selected using the threshold for genome-wide significance ( $p < 5 \times 10^{-8}$ ) in the  
337 combined stage 1 and stage 2 meta-analysis. For the 23 variants with no proxy ( $r^2 \geq 0.6$ )  
338 available in MetaboChip with 1000G imputation in the fine-mapping regions, the stage 1  
339 result was followed-up in EPIC-InterAct and GERA ( $N_{\text{eff}}=40,637$ ), both imputed to 1000G  
340 variant density (**Supplementary Material**).

341 *Approximate conditional analysis with GCTA.* We performed approximate conditional  
342 analysis in the stage 1 sample using GCTA v1.24 (19,20). We analysed SNVs in the 1Mb-  
343 window around each lead variant, conditioning on the lead SNV at each locus  
344 (**Supplementary Material**) (21). We considered loci to contain multiple distinct signals if  
345 multiple SNVs reached locus-wide significance ( $p < 10^{-5}$ ), accounting for the approximate  
346 number of variants in each 1Mb window (14).

347 *Fine-mapping analyses using credible set mapping.* To identify 99% credible sets of causal  
348 variants for each distinct association signal, we performed fine-mapping for loci at which the  
349 lead independent SNV reached  $p < 5 \times 10^{-4}$  in the stage 1 meta-analysis. We performed credible  
350 set mapping using the T2D stage 1 meta-analysis results to obtain the minimal set of SNVs  
351 with cumulative posterior probability  $> 0.99$  (**Supplementary Material**).

352 *Type 1 diabetes (T1D)/T2D discrimination analysis.* Given the overlap between loci  
353 previously associated with T1D and the associated T2D loci, we used an inverse variance  
354 weighted Mendelian randomisation approach (22) to test whether this was likely to reflect  
355 misclassification of T1D cases as individuals with T2D in the current study (**Supplementary**  
356 **Material**).

357 *Expression quantitative trait locus (eQTL) analysis.* To look for potential biological overlap  
358 of T2D lead variants and eQTL variants, we extracted the lead (most significantly associated)  
359 eQTL for each tested gene from existing datasets for a range of tissues (**Supplementary**

360 **Material**). We concluded that a lead T2D SNV showed evidence of association with gene  
361 expression if it was in high LD ( $r^2 > 0.8$ ) with the lead eQTL SNV ( $p < 5 \times 10^{-6}$ ).

362 ***Hierarchical clustering of T2D-related metabolic phenotypes.*** Starting with the T2D  
363 associated SNVs, we obtained T2D-related quantitative trait Z-scores from published  
364 HapMap-based GWAS meta-analysis for: fasting glucose, fasting insulin adjusted for BMI,  
365 homeostasis model assessment for beta-cell function (HOMA-B), homeostasis model  
366 assessment for insulin resistance (HOMA-IR) (23); 2-hour glucose adjusted for BMI (24);  
367 proinsulin (25); corrected insulin response (CIR) (26); BMI (27); high density lipoprotein  
368 cholesterol (HDL-C), low density lipoprotein cholesterol (LDL-C), total cholesterol, and  
369 triglycerides (28). When an association result for a SNV was not available, we used the  
370 results for the variant in highest LD and only for variants with  $r^2 > 0.6$ . We performed  
371 clustering of phenotypic effects using Z-scores for association with T2D risk alleles and  
372 standard methods (**Supplementary Material**) (29).

373 ***Functional annotation and enrichment analysis.*** We tested for enrichment of genomic and  
374 epigenomic annotations using chromatin states for 93 cell types (after excluding cancer cell  
375 lines) from the NIH Epigenome Roadmap project, and binding sites for 165 transcription  
376 factors (TF) from ENCODE (30) and Pasquali et al. (31). Using fractional logistic regression,  
377 we then tested for the effect of variants with each cell type and TF annotation on the variant  
378 posterior probabilities ( $\pi_c$ ) using all variants within 1Mb of the lead SNV for each distinct  
379 association signal from the fine-mapping analyses (**Supplementary Material**). In each  
380 analysis, we considered an annotation significant if it reached a Bonferroni-corrected  
381  $p < 1.9 \times 10^{-4}$  (i.e.  $0.05/258$  annotations).

382 ***Pathway analyses with DEPICT.*** We used the Data-driven Expression Prioritized Integration  
383 for Complex Traits (DEPICT) tool (32) to (i) prioritize genes that may represent promising  
384 candidates for T2D pathophysiology, and (ii) identify reconstituted gene sets that are

385 enriched in genes from associated regions and might be related to T2D biological pathways.  
386 As input, we used independent SNVs from the stage 1 meta-analysis SNVs with  $p < 10^{-5}$  and  
387 lead variants at established loci (**Supplementary Material**). For the calculation of empirical  
388 enrichment  $p$  values, we used 200 sets of SNVs randomly drawn from entire genome within  
389 regions matching by gene density; we performed 20 replications for false discovery rate  
390 (FDR) estimation.

## 391 **RESULTS**

392 *Novel loci detected in T2D GWAS and MetaboChip-based follow-up.* The stage 1 GWAS  
393 meta-analysis included 26,676 T2D cases and 132,532 controls and evaluated 12.1M SNVs,  
394 of which 11.8M were autosomal and 260k mapped to the X chromosome. Of these, 3.9M  
395 variants had MAF between 0.5% and 5%, a near fifteen-fold increase in the number of low-  
396 frequency variants tested for association compared to previous array-based T2D GWAS  
397 meta-analyses (2,4) (**Supplementary Table 2**). Of the 52 signals showing promising  
398 evidence of association ( $p < 10^{-5}$ ) in stage 1, 29 could be followed up in the stage 2  
399 MetaboChip data. In combined stage 1 and stage 2 data, 13 novel loci were detected at  
400 genome-wide significance (**Table 1, Figure 1, Supplementary Figure 1A-D,**  
401 **Supplementary Table 3**).

402 Lead SNVs at all 13 novel loci were common. Although detected here using 1000G imputed  
403 data, all 13 were well captured by variants in the HapMap CEU reference panel (2 directly,  
404 10 via proxies with  $r^2 > 0.8$ , and one via proxy with  $r^2 = 0.62$ ) (**Supplementary Materials**). At  
405 all 13, lead variants defined through 1000G and those seen when the SNP density was  
406 restricted to HapMap content, had broadly similar evidence of association and were of similar  
407 frequency (**Supplementary Figure 2; Supplementary Table 3**). Throughout this  
408 manuscript, loci are named for the gene nearest to the lead SNV, unless otherwise specified  
409 (**Table 1, Supplementary Materials: Biology box**).

410 Adjustment for BMI revealed no additional genome-wide significant associations for T2D  
411 and, at most known and novel loci, there were only minimal differences in statistical  
412 significance and estimated T2D effect size between BMI-adjusted and unadjusted models.  
413 The four signals at which we observed a significant effect of BMI adjustment  
414 ( $p_{\text{heterogeneity}} < 4.4 \times 10^{-4}$ ; based on 0.05/113 variants currently or previously reported to be  
415 associated with T2D at genome-wide significance) were *FTO* and *MC4R* (at which the T2D  
416 association is known to reflect a primary effect on BMI), and *TCF7L2* and *SLC30A8* (at  
417 which T2D associations were strengthened after BMI-adjustment) (**Supplementary Figure**  
418 **3; Supplementary Table 4**).

419 ***Insights into genetic architecture of T2D.*** In this meta-analysis, we tested 3.9M low-  
420 frequency variants ( $r^2 \geq 0.3$  or proper-info  $\geq 0.4$ ; minor allele present in  $\geq 3$  studies) for T2D  
421 association, constituting 96.7% of the low-frequency variants ascertained by the 1000G  
422 European Panel (March 2012) (**Supplementary Table 2**). For variants with risk-allele  
423 frequencies (RAF) of 0.5%, 1%, or 5%, we had 80% power to detect association ( $p < 5 \times 10^{-8}$ )  
424 for allelic ORs of 1.80, 1.48, and 1.16, respectively, after accounting for imputation quality  
425 (**Figure 1, Supplementary Table 5**). Despite the increased coverage and sample size, we  
426 identified no novel low-frequency variants at genome-wide significance (**Figure 1**).  
427 Since we had only been able to test 29 of the 52 promising stage 1 signals on the MetaboChip,  
428 we investigated whether this failure to detect low-frequency variant associations with T2D  
429 could be a consequence of selective variant inclusion on the MetaboChip. Amongst the  
430 remaining 23 variants, none reached genome-wide significance after aggregating with GWAS  
431 data available from EPIC-InterAct. Six of these 23 SNVs had  $MAF < 5\%$ , and for these we  
432 performed additional follow-up in the GERA study. However, none reached genome-wide  
433 significance in a combined analysis of stage 1, EPIC-InterAct and GERA (a total of 39,219  
434 cases and 198,990 controls) (**Supplementary Table 6**). Therefore, despite substantially

435 enlarged sample sizes that would have allowed us to detect low-frequency risk alleles with  
436 modest effect sizes, the overwhelming majority of variants for which T2D-association can be  
437 detected with these sample sizes are themselves common.

438 To identify loci containing multiple distinct signals, we performed approximate conditional  
439 analysis within the established and novel GWAS loci and detected two such novel common  
440 variant signals (**Supplementary Table 7**) (19,20). At the *ANKRD55* locus, we identified a  
441 previously-unreported distinct ( $p_{\text{conditional}} < 10^{-5}$ ) association signal led by rs173964  
442 ( $p_{\text{conditional}} = 3.54 \times 10^{-7}$ , MAF=26%) (**Supplementary Table 7, Supplementary Figure 4**). We  
443 also observed multiple signals of association at loci with previous reports of such signals  
444 (4,14), including *CDKN2A/B* (3 signals in total), *DGKB*, *KCNQ1* (6 signals), *HNF4A*, and  
445 *CCND2* (3 signals) (**Supplementary Table 7, Supplementary Figure 4**). At *CCND2*, in  
446 addition to the main signal with lead SNV rs4238013, we detected: (i) a novel distinct signal  
447 led by a common variant, rs11063018 ( $p_{\text{conditional}} = 2.70 \times 10^{-7}$ , MAF=19%); and (ii) a third  
448 distinct signal led by a low-frequency protective allele (rs188827514, MAF=0.6%;  
449  $OR_{\text{conditional}} = 0.60$ ,  $p_{\text{conditional}} = 1.24 \times 10^{-6}$ ) (**Supplementary Figure 5A, Supplementary Table**  
450 **7**), which represents the same distinct signal as that at rs76895963 ( $p_{\text{conditional}} = 1.0$ ) reported in  
451 the Icelandic population (**Supplementary Figure 5B**) (7). At *HNF4A*, we confirm recent  
452 analyses (obtained in partially-overlapping data) (14) that a low-frequency missense variant  
453 (rs1800961, p.Thr139Ile, MAF=3.7%) is associated with T2D, and is distinct from the known  
454 common variant GWAS signal (which we map here to rs12625671).

455 We evaluated the trans-ethnic heterogeneity of allelic effects (i.e. discordance in the direction  
456 and/or magnitude of estimated odds ratios) at novel loci on the basis of Cochran's Q statistics  
457 from the largest T2D trans-ancestry GWAS meta-analysis to date (2). Using reported  
458 summary statistics from that study, we observed no significant evidence of heterogeneity of  
459 effect size (Bonferroni correction  $p_{\text{Cochran's Q}} < 0.05/13 = 0.0038$ ) between major ancestral

460 groups at any of the 13 loci (**Supplementary Table 8**). These results are consistent with  
461 these loci being driven by common causal variants that are widely distributed across  
462 populations.

463 **1000G variant density for identification of potentially causal genetic variants.** We used  
464 credible set fine-mapping (33) to investigate whether 1000G imputation allowed us to better  
465 resolve the specific variants driving 95 distinct T2D association signals at 82 loci  
466 (**Supplementary Material**). 99% credible sets included between 1 and 7,636 SNVs; 25  
467 included fewer than 20 SNVs, 16 fewer than 10 (**Supplementary Tables 9 and 10**). We  
468 compared 1000G-based credible sets with those constructed from HapMap SNVs alone  
469 (**Figure 2B, Supplementary Table 9**). At all but three of the association signals (two at  
470 *KCNQ1* and rs1800961 at *HNF4A*), 1000G imputation resulted in larger credible sets  
471 (median increase of 34 variants) spanning wider genomic intervals (median interval size  
472 increase of 5kb) (**Figure 2B, Supplementary Table 9**). The 1000G-defined credible sets  
473 included >85% of the SNVs in the corresponding HapMap sets (**Supplementary Table 9**).  
474 Despite the overall larger credible sets, we asked whether 1000G imputation enabled an  
475 increase in the posterior probability afforded to the lead SNVs, but found no evidence to this  
476 effect (**Figure 2C**).

477 Within the 50 loci previously associated with T2D in Europeans (4) which had at least  
478 modest evidence of association in the current analyses ( $p < 5 \times 10^{-4}$ ), we asked whether the lead  
479 SNV in 1000G-imputed analysis was of similar frequency to that observed in HapMap  
480 analyses. Only at *TP53INP1*, was the most strongly associated 1000G-imputed SNV  
481 (rs11786613, OR=1.21,  $p = 1.6 \times 10^{-6}$ , MAF=3.2%) of substantially lower frequency than the  
482 lead HapMap-imputed SNV (3) (rs7845219, MAF=47.7%, **Figure 2A**). rs11786613 was  
483 neither present in HapMap, nor on the MetaboChip (**Supplementary Figure 6**). Reciprocal  
484 conditioning of this low-frequency SNV and the previously identified common lead SNV

485 (rs7845219: OR=1.05,  $p=5.0\times 10^{-5}$ , MAF=47.5%) indicated that the two signals were likely to  
486 be distinct but the signal at rs11786613 did not meet our threshold ( $p_{\text{conditional}} < 10^{-5}$ ) for locus-  
487 wide significance (**Supplementary Figure 4**).

488 ***Pathophysiological insights from novel T2D associations.*** Among the 13 novel T2D-  
489 associated loci, many (such as those near *HLA-DQA1*, *NRXN3*, *GIP*, *ABO* and *CMIP*)  
490 included variants previously implicated in predisposition to other diseases and traits ( $r^2 > 0.6$   
491 with the lead SNV) (**Supplementary Table 3, Supplementary Materials: Biology box**). For  
492 example, the novel association at SNV rs1182436 lies ~120Kb upstream of *MNX1*, a gene  
493 implicated in pancreatic hypoplasia and neonatal diabetes (34–36).

494 The lead SNV rs78761021 at the *GLP2R* locus, encoding the receptor for glucagon-like  
495 peptide 2, is in strong LD ( $r^2=0.87$ ) with a common missense variant in *GLP2R* (rs17681684,  
496 D470N,  $p=3\times 10^{-7}$ ). These signals were strongly dependent and mutually extinguished in  
497 reciprocal conditional analyses, consistent with the coding variant being causal and  
498 implicating *GLP2R* as the putative causal gene (**Supplementary Figure 7**). While previously  
499 suggested to regulate energy balance and glucose tolerance (37), *GLP2R* has primarily been  
500 implicated in gastrointestinal function (38,39). In contrast, *GLP1R*, encoding the GLP-1  
501 receptor (the target for a major class of T2D therapies (40)) is more directly implicated in  
502 pancreatic islet function and variation at this gene has been associated with glucose levels and  
503 T2D risk (41).

504 We also observed associations with T2D centred on rs9271774 near *HLA-DQA1* (**Table 1**), a  
505 region showing a particularly strong association with T1D (42). There is considerable  
506 heterogeneity within, and overlap between, the clinical presentations of T1D and T2D, but  
507 these can be partially resolved through measurement of islet cell autoantibodies (43). Such  
508 measures were not uniformly available across studies contributing to our meta-analysis  
509 (**Supplementary Table 1**). We therefore considered whether the adjacency between T1D-



510 and T2D-risk loci was likely to reflect misclassification of individuals with autoimmune  
511 diabetes as cases in the present study.

512 Three lines of evidence make this unlikely. First, the lead T1D-associated SNV in the HLA  
513 region (rs6916742) was only weakly associated with T2D in the present study ( $p=0.01$ ), and  
514 conditioning on this variant had only modest impact on the T2D-association signal at  
515 rs9271774 ( $p_{\text{unconditional}}=3.3\times 10^{-7}$ ;  $p_{\text{conditional}}=9.1\times 10^{-6}$ ). Second, of 52 published genome-wide  
516 significant T1D-association GWAS signals, 50 were included in the current analysis: only six  
517 of these reached even nominal association with T2D ( $p<0.05$ ; **Supplementary Figure 8**), and  
518 at one of these six (*BCARI*), the T1D risk-allele was *protective* for T2D. Third, in genetic  
519 risk score (GRS) analyses, the combined effect of these 50 T1D signals on T2D risk was of  
520 only nominal significance (OR = 1.02[1.00, 1.03],  $p=0.026$ ), and significance was eliminated  
521 when the 6 overlapping loci were excluded (OR = 1.00[0.98, 1.02],  $p=0.73$ ). In combination,  
522 these findings argue against substantial misclassification and indicate that the signal at *HLA-*  
523 *DQA1* is likely to be a genuine T2D signal.

524 ***Potential genes and pathways underlying the T2D loci: eQTL and pathway analysis.*** Cis-  
525 eQTLs analyses highlighted four genes as possible effector transcripts: *ABO* (pancreatic  
526 islets), *PLEKHA1* (whole blood), *HSD17B12* (adipose, liver, muscle, whole blood) at the  
527 respective loci, and *HLA-DRB5* expression (adipose, pancreatic islets, whole blood) at the  
528 *HLA-DQA1* locus (**Supplementary Table 11**).

529 We next asked whether large-scale gene expression data, mouse phenotypes, and protein-  
530 protein interaction (PPI) networks could implicate specific gene candidates and gene sets in  
531 the aetiology of T2D. Using DEPICT (32), 29 genes were prioritised as driving observed  
532 associations (FDR<0.05), including *ACSL1* and *CMIP* among the genes mapping to the novel  
533 loci (**Supplementary Table 12**). These analyses also identified 20 enriched reconstituted  
534 gene sets (FDR<5%) falling into 4 groups (**Supplementary Figure 9**; complete results,

535 including gene prioritisation, can be downloaded from  
536 [https://onedrive.live.com/redir?resid=7848F2AF5103AA1B!1505&authkey=!AIC31supgUwj](https://onedrive.live.com/redir?resid=7848F2AF5103AA1B!1505&authkey=!AIC31supgUwjZVU&ithint=file%2cxlsx)  
537 [ZVU&ithint=file%2cxlsx](https://onedrive.live.com/redir?resid=7848F2AF5103AA1B!1505&authkey=!AIC31supgUwjZVU&ithint=file%2cxlsx)). These included pathways related to mammalian target of  
538 rapamycin (mTOR), based on co-regulation of the *IDE*, *TLE1*, *SPRY2*, *CMIP*, and *MTMR3*  
539 genes (44).

540 ***Overlap of associated variants with regulatory annotations.*** We observed significant  
541 enrichment for T2D-associated credible set variants in pancreatic islet active enhancers  
542 and/or promoters (log odds [ $\beta$ ]=0.74,  $p=4.2\times 10^{-8}$ ) and FOXA2 binding sites ( $\beta=1.40$ ,  
543  $p=4.1\times 10^{-7}$ ), as previously reported (**Supplementary Table 13**) (14). We also observed  
544 enrichment for T2D-associated variants in coding exons ( $\beta=1.56$ ,  $p=7.9\times 10^{-5}$ ), in EZH2-  
545 binding sites across many tissues ( $\beta=1.35$ ,  $p=5.3\times 10^{-6}$ ), and in binding sites for NKX2.2  
546 ( $\beta=1.73$ ,  $p=4.1\times 10^{-8}$ ) and PDX1 ( $\beta=1.46$ ,  $p=7.4\times 10^{-6}$ ) in pancreatic islets (**Supplementary**  
547 **Figure 10**).

548 Even though credible sets were generally larger, analyses performed on the 1000G imputed  
549 results produced stronger evidence of enrichment than equivalent analyses restricted to SNVs  
550 present in HapMap. This was most notably the case for variants within coding exons ( $\beta=1.56$ ,  
551  $p=7.9\times 10^{-5}$  in 1000G compared to  $\beta=0.68$ ,  $p=0.62$  in HapMap), and likely reflects more  
552 complete capture of the true causal variants in the more densely imputed credible sets. Single  
553 lead SNVs overlapping an enriched annotation accounted for the majority of the total  
554 posterior probability ( $\pi_c>0.5$ ) at seven loci. For example, the lead SNV (rs8056814) at  
555 *BCAR1* ( $\pi_c=0.57$ ) overlaps an islet enhancer (**Supplementary Figure 11A**), while the newly-  
556 identified low-frequency signal at *TP53INP1* overlaps an islet promoter element  
557 (rs117866713;  $\pi_c=0.53$ ) (**Figure 2D**) (31).

558 We applied hierarchical clustering to the results of diabetes-related quantitative trait  
559 associations for the set of T2D-associated loci from the present study, identifying three main

560 clusters of association signals with differing impact on quantitative traits (**Supplementary**  
561 **Table 9**). The first, including *GIPR*, *C2CDC4A*, *CDKALI*, *GCK*, *TCF7L2*, *GLIS3*, *THADA*,  
562 *IGF2BP2*, and *DGKB* involved loci with a primary impact on insulin secretion and  
563 processing (26,29). The second cluster captured loci (including *PPARG*, *KLF14*, and *IRS1*)  
564 disrupting insulin action. The third cluster, showing marked associations with BMI and lipid  
565 levels, included *NRXN3*, *CMIP*, *APOE*, and *MC4R*, but not *FTO*, which clustered alone.

566 In regulatory enhancement analyses, we observed strong tissue-specific enrichment patterns  
567 broadly consistent with the phenotypic characteristics of the physiologically-stratified locus  
568 subsets. The cluster of loci disrupting insulin secretion showed the most marked enrichment  
569 for pancreatic islet regulatory elements ( $\beta=0.91$ ,  $p=9.5\times 10^{-5}$ ). In contrast, the cluster of loci  
570 implicated in insulin action was enriched for annotations from adipocytes ( $\beta=1.3$ ,  $p=2.7\times 10^{-11}$ )  
571 and monocytes ( $\beta=1.4$ ,  $p=1.4\times 10^{-12}$ ), and that characterised by associations with BMI and  
572 lipids showed preferential enrichment for hepatic annotations ( $\beta=1.15$ ,  $p=5.8\times 10^{-4}$ ) (**Figure**  
573 **3A-C**). For example, at the novel T2D-associated *CMIP* locus, previously associated with  
574 adiposity and lipid levels (28,45), the lead SNV (rs2925979,  $\pi_c=0.91$ ) overlaps an active  
575 enhancer element in both liver and adipose tissue, among others (**Supplementary Figure**  
576 **11B**).

## 577 **DISCUSSION**

578 In this large-scale study of T2D genetics, in which individual variants were assayed in up to  
579 238,209 subjects, we identify 13 novel T2D-associated loci at genome-wide significance and  
580 refine causal variant location for the 13 novel and 69 established T2D loci. We also provide  
581 evidence for enrichment in regulatory elements at associated loci in tissues relevant for T2D,  
582 and demonstrate tissue-specific enrichment in regulatory annotations when T2D loci were  
583 stratified according to inferred physiological mechanism.

584 Together with loci reported in other recent publications (9), we calculate that the present  
585 analysis brings the total number of independent T2D associations to 128 distinct signals at  
586 113 loci (**Supplementary Table 3**). Lead SNVs at all 13 novel loci were common ( $MAF >$   
587  $0.15$ ) and of comparable effect size ( $1.07 \leq OR \leq 1.10$ ) to previously-identified common variant  
588 associations (2,4). Associations at the novel loci showed homogeneous effects across diverse  
589 ethnicities, supporting the evidence for coincident common risk alleles across ancestry groups  
590 (2). Moreover, we conclude that misclassification of diabetes subtype is not a major concern  
591 for these analyses and that the *HLA-DQA1* signal represents genuine association with T2D,  
592 independent of nearby signals that influence T1D.

593 We observed a general increase in the size of credible sets with 1000G imputation compared  
594 to HapMap imputation. This is likely due to improved enumeration of potential causal  
595 common variants on known risk haplotypes, rather than resolution towards low-frequency  
596 variants of larger effect driving common variant associations. These findings are consistent  
597 with the inference (arising also from the other analyses reported here) that the T2D-risk  
598 signals identified by GWAS are overwhelmingly driven by common causal variants. In such  
599 a setting, imputation with denser reference panels, at least in ethnically restricted samples,  
600 provides more complete elaboration of the allelic content of common risk haplotypes. Finer  
601 resolution of those haplotypes that would provide greater confidence in the location of causal  
602 variants will likely require further expansion of trans-ethnic fine-mapping efforts (2). The  
603 distinct signals at the established *CCND2* and *TP53INP1* loci point to contributions of low-  
604 frequency variant associations of modest effect, but indicate that even larger samples will be  
605 required to robustly detect association signals at low frequency. Such new large datasets  
606 might be used to expand the follow-up of suggestive signals from our analysis.

607 The discovery of novel genome-wide significant association signals in the current analysis is  
608 attributable primarily to increased sample size, rather than improved genomic coverage.

609 Although we queried a large proportion of the low-frequency variants present in the 1000G  
610 European reference haplotypes, and had >80% power to detect genome-wide significant  
611 associations with  $OR > 1.8$  for the tested low-frequency risk variants, we found no such low-  
612 frequency variant associations in either established or novel loci. Whilst low-frequency  
613 variant coverage in the present study was not complete, this observation adds to the growing  
614 evidence (2,4,9,46) that few low-frequency T2D-risk variants with moderate to strong effect  
615 sizes exist in European ancestry samples, and is consistent with a primary role for common  
616 variants of modest effect in T2D risk. The present study reinforces the conclusions from a  
617 recent study which imputed from whole-genome sequencing data - from 2,657 European T2D  
618 cases and controls, rather than 1000G - into a set of GWAS studies partially overlapping with  
619 the present meta-analysis. We demonstrated that the failure to detect low frequency  
620 associations in that study is not overcome by a substantial increase in sample size (9). It is  
621 worth emphasising that we did not, in this study, have sufficient imputation quality to test for  
622 T2D associations with rare variants and we cannot evaluate the collective contribution of  
623 variants with  $MAF < 0.5\%$  to T2D risk.

624 The development of T2D involves dysfunction of multiple mechanisms across several  
625 distinct tissues (9,29,31,47,48). When coupled with functional data, we saw larger effect  
626 estimates for enrichment of coding variants than observed with HapMap SNVs alone,  
627 consistent with more complete recovery of the causal variants through imputation using a  
628 denser reference panel. The functional annotation analyses also demonstrated that the  
629 stratification of T2D-risk loci according to primary physiological mechanism resulted in  
630 evidence for consistent and appropriate tissue-specific effects on transcriptional regulation.  
631 These analyses exemplify the use of a combination of human physiology and genomic  
632 annotation to position T2D GWAS loci with respect to the cardinal mechanistic components  
633 of T2D development. Extension of this approach is likely to provide a valuable *in silico*

634 strategy to aid prioritisation of tissues for mechanistic characterisation of genetic  
635 associations. Using the hypothesis-free pathway analysis of T2D associations with DEPICT  
636 (32), we highlighted a causal role of mTOR signalling pathway in the aetiology of T2D not  
637 observed from individual loci associations. The mTOR pathway has previously been  
638 implicated in the link between obesity, insulin resistance, and T2D from cell and animal  
639 models (44,49).

640 The current results emphasize that progressively larger sample sizes, coupled with higher  
641 density sequence-based imputation (13), will continue to represent a powerful strategy for  
642 genetic discovery in T2D, and in complex diseases and traits more generally. At known T2D-  
643 associated loci, identification of the most plausible T2D causal variants will likely require  
644 large-scale multi-ethnic analyses, where more diverse haplotypes, reflecting different patterns  
645 of LD, in combination with functional (31,50,51) data allow refinement of association signals  
646 to smaller numbers of variants (2).

647 **DESCRIPTION OF SUPPLEMENTAL DATA**

648 Supplemental Data include eleven figures and thirteen tables.

649

650 **AUTHOR CONTRIBUTIONS:**

651 **Writing and co-ordination group:**

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678

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829

830 **FIGURE TITLES AND LEGENDS**

831 **Figure 1.** The effect sizes of the established (blue diamonds,  $N=69$ ,  $p<5\times 10^{-4}$ ,  
832 **Supplementary Material**), novel (red diamonds,  $N=13$ ), and additional distinct (sky blue  
833 diamonds,  $N=13$ , **Supplementary Table 7**) signals according to their risk allele frequency  
834 (**Supplementary Table 3**). The additional distinct signals are based on approximate  
835 conditional analyses. The distinct signal at *TP53INP1* led by rs11786613 (**Supplementary**  
836 **Table 7**) is plotted (sky blue diamond). This signal did not reach locus-wide significance, but  
837 was selected for follow-up because of its low frequency and absence of LD with previously  
838 reported signal at this locus. The power curve shows the estimated effect size for which we  
839 had 80% power to detect associations. Established common variants with  $OR>1.12$  are  
840 annotated.

841 **Figure 2.** A) The number of SNVs included in 99% credible sets when performed on all  
842 SNVs compared to when analyses were restricted to those SNVs present in HapMap. B) The  
843 cumulative  $\pi_c$  of the top 3 SNVs among all 1000G SNVs and after restriction to HapMap  
844 SNVs is shown. While the low frequency SNV at *TP53INP1* (rs11786613) did not reach the  
845 threshold for a distinct signal in approximate conditional analyses, we fine-mapped both this  
846 variant and the previous common signal separately after reciprocal conditioning, which  
847 suggested they were independent. C) The minor allele frequency of the lead SNV identified  
848 in current analyses compared to that identified among SNVs present in HapMap. D) The  
849 association of the low frequency variant rs11786613 (blue) and that of the previous lead  
850 variant at this locus, rs7845219 (purple). The low frequency variant overlaps regulatory  
851 annotations active in pancreatic islets, among other tissues, and the sequence surrounding the  
852 A allele of this variant has a *in silico* recognition motif for a FOXA1:AR (androgen receptor)  
853 protein complex.

854 **Figure 3.** Type 2 diabetes loci stratified by patterns of quantitative trait (e.g. glycaemic,  
855 insulin, lipid, and anthropometric) effects show distinct cell-type annotation patterns. We  
856 hierarchically clustered loci based on endophenotype data and identified groups of T2D loci  
857 associated with measures of A) insulin secretion, B) insulin resistance, and C) BMI/lipids.  
858 We then tested the effect of variants in cell-type enhancer and promoter chromatin states on  
859 the posterior probabilities of credible sets for each group. We identified most significant  
860 effects among pancreatic islet chromatin for insulin secretion loci, CD14+ monocyte and  
861 adipose chromatin for insulin resistance loci, and liver chromatin for BMI/lipid loci.

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865 **GUARANTOR'S STATEMENT**

866 Dr. Inga Prokopenko is the guarantor of this work and, as such, had full access to all the data  
867 in the study and takes responsibility for the integrity of the data and the accuracy of the data  
868 analysis.

869

870 **COMPETING FINANCIAL INTERESTS STATEMENT**

871 Inês Barroso and spouse own stock in GlaxoSmithKline and Incyte.

872 Jose C Florez has received consulting honoraria from Pfizer and PanGenX.

873 Valgerdur Steinthorsdottir, Gudmar Thorleifsson, Augustine Kong, Unnur Thorsteinsdottir,  
874 and Kari Stefansson are employed by deCODE 4 Genetics/Amgen inc.

875 Erik Ingelsson is a scientific advisor for Precision Wellness, Cellink and Olink Proteomics  
876 for work unrelated to the present project.

877 Mark I McCarthy sits on Advisory Panels for Pfizer and NovoNordisk, has received  
878 honoraria from Pfizer NovoNordisk and EliLilly, and is also a recipient of research funding  
879 from Pfizer, NovoNordisk, EliLilly, Takeda, Sanofi-Aventis, Merck, Boehringer-Ingelheim,  
880 Astra Zeneca, Janssen, Roche, Servier and Abbvie.

881

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888 Pritam Chanda, Man Li , Yingchang Lu, Christian Dina, Dorothee Thuillier, Loic Yengo,  
889 Longda Jiang, Thomas Sparso, Hans A Kestler, Himanshu Chheda, Lewin Eisele, Stefan  
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892 Meitinger, Michael Roden, Barbara Thorand, Tõnu Esko, Evelin Mihailov, Caroline Fox,  
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894 Couper, James S Pankow, Niels Grarup, Christian T Have, Marit E Jørgensen, Torben  
895 Jørgensen, Allan Linneberg, Marilyn C Cornelis, Rob M van Dam, David J Hunter, Peter  
896 Kraft, Qi Sun, Sarah Edkins, Katharine R Owen, John RB Perry, Andrew R Wood, Eleftheria  
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900 E Humphries, Elena Tremoli, Norman Klopp, Julia Meyer, Gerald Steinbach, Roman  
901 Wennauer, Johan G Eriksson, Satu Männistö, Leena Peltonen, Emmi Tikkanen, Guillaume  
902 Charpentier, Elodie Eury, Stéphane Lobbens, Bruna Gigante, Karin Leander, Olga McLeod,

903 Erwin P Bottinger, Omri Gottesman, Douglas Ruderfer, Matthias Blüher, Peter Kovacs, Anke  
904 Tonjes, Nisa M Maruthur, Chiara Scapoli, Raimund Erbel, Karl-Heinz Jöckel, Susanne  
905 Moebus, Ulf de Faire, Anders Hamsten, Michael Stumvoll, Panagiotis Deloukas, Peter J  
906 Donnelly, Timothy M Frayling, Andrew T Hattersley, Samuli Ripatti, Veikko Salomaa,  
907 Nancy L Pedersen, Bernhard O Boehm, Richard N Bergman, Francis S Collins, Karen L  
908 Mohlke, Jaakko Tuomilehto, Torben Hansen, Oluf Pedersen, Lars Lannfelt, Lars Lind,  
909 Cecilia M Lindgren, Stephane Cauchi, Philippe Froguel, Ruth JF Loos, Beverley Balkau,  
910 Heiner Boeing, Paul W Franks, Aurelio Barricarte Gurrea, Domenico Palli, Yvonne T van  
911 der Schouw, David Altshuler, Leif C Groop, Claudia Langenberg, Nicholas J Wareham, Eric  
912 Sijbrands, Cornelia M van Duijn, James B Meigs, Eric Boerwinkle, Christian Gieger,  
913 Konstantin Strauch, Andres Metspalu, Andrew D Morris, Colin NA Palmer, Frank B Hu,  
914 Josée Dupuis, Andrew P Morris, Michael Boehnke, and Inga Prokopenko declare to have no  
915 competing financial interest.

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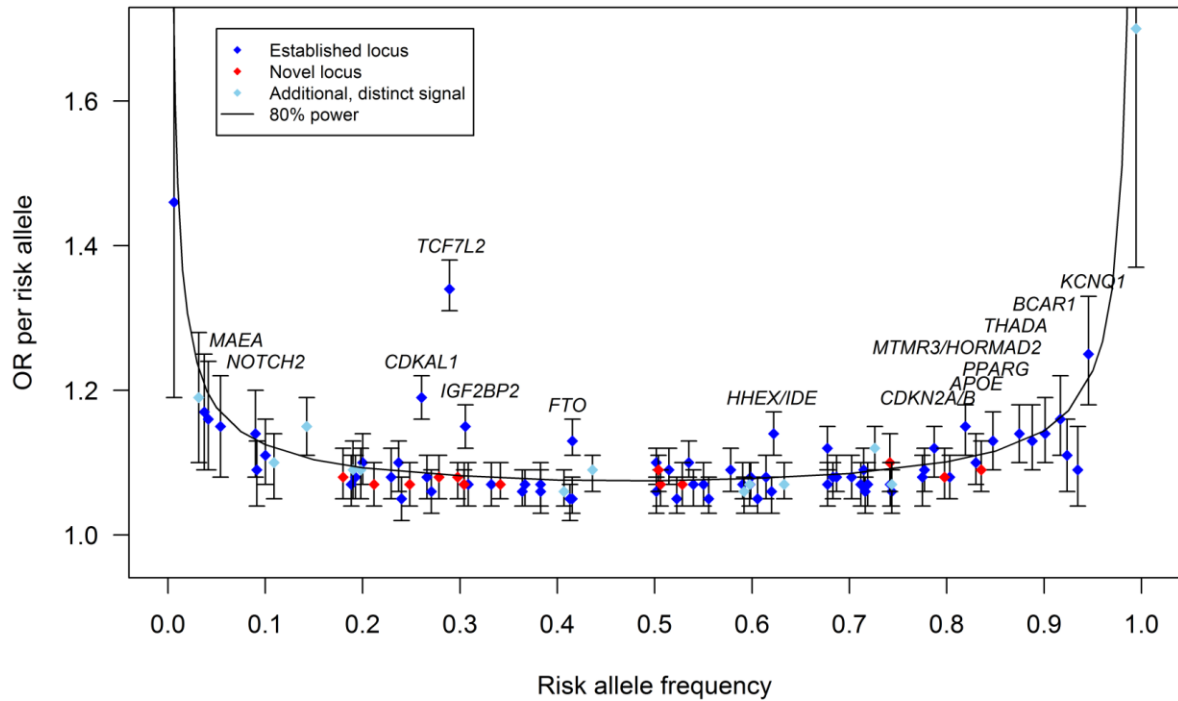
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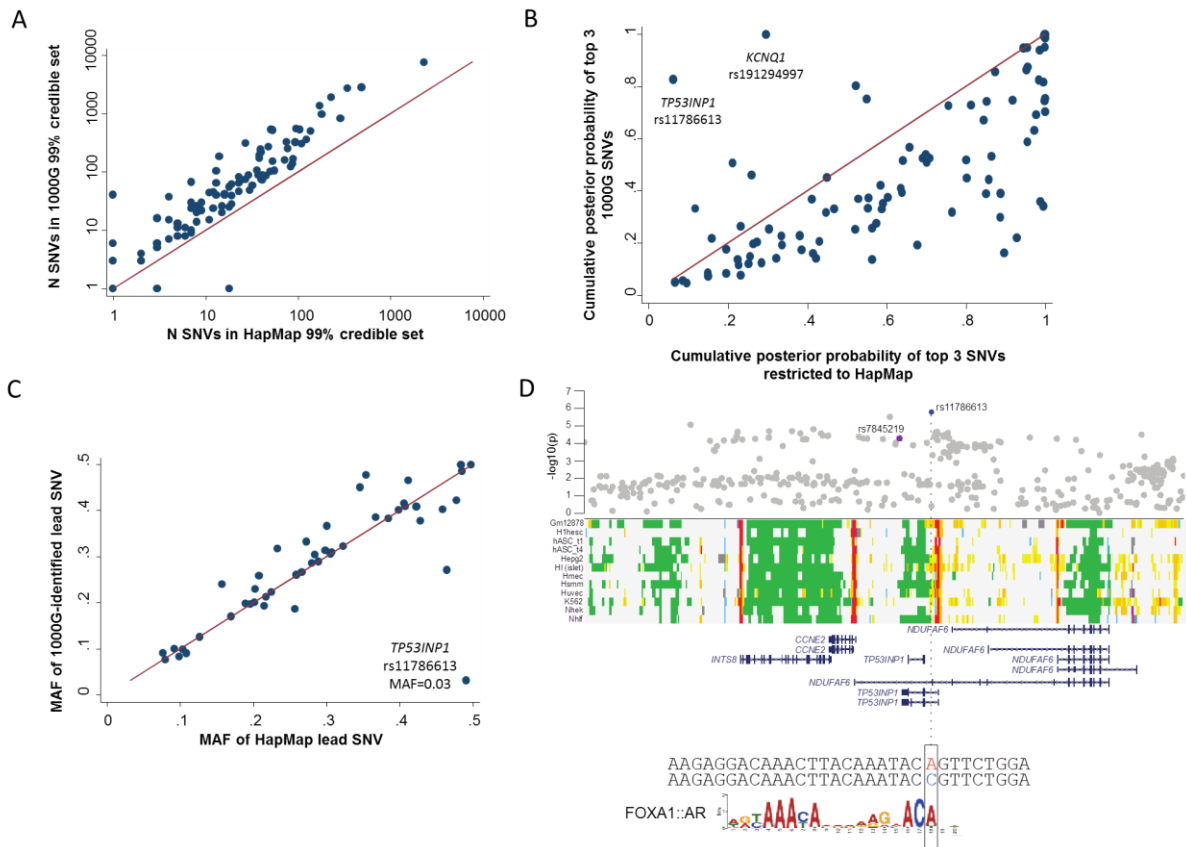
924 **Table 1. Novel loci associated with T2D from the combination of 1000G-imputed GWAS meta-analysis (stage 1) and Metabochip follow-**  
 925 **up (stage 2).**

Locus name*	Chr:Position	SNV†	Stage 1				Stage 2							Stage1+Stage2	
			EA/ NEA	EAF	OR (CI 95%)	P-value	Chr:Position	SNV‡	r <sup>2</sup> with lead SNV	EA/ NE A	EAF	OR (95% CI)	P-value	OR (95% CI) €	P-value
<i>ACSL1</i>	4:185708807	rs60780116	T/C	0.84	1.09 (1.06-1.13)	7.38x10 <sup>-8</sup>	4:185714289	rs1996546	0.62	G/T	0.86	1.08 (1.03-1.13)	5.60x10 <sup>-4</sup>	1.09 (1.06-1.12)	1.98x10 <sup>-10</sup>
<i>HLA-DQA1</i>	6:32594309	rs9271774	C/A	0.74	1.10 (1.06-1.14)	3.30x10 <sup>-7</sup>	6:32594328	rs9271775	0.91	T/C	0.80	1.08 (1.03-1.13)	7.59x10 <sup>-4</sup>	1.09 (1.06-1.12)	1.11x10 <sup>-9</sup>
<i>SLC35D3</i>	6:137287702	rs6918311	A/G	0.53	1.07 (1.04-1.10)	6.67x10 <sup>-7</sup>	6:137299152	rs4407733	0.92	A/G	0.52	1.05 (1.02-1.08)	1.63x10 <sup>-3</sup>	1.06 (1.04-1.08)	6.78x10 <sup>-9</sup>
<i>MNX1</i>	7:157027753	rs1182436	C/T	0.80	1.08 (1.05-1.12)	8.30x10 <sup>-7</sup>	7:157031407	rs1182397	0.92	G/T	0.85	1.06 (1.02-1.11)	4.38x10 <sup>-3</sup>	1.08 (1.05-1.10)	1.71x10 <sup>-8</sup>
<i>ABO</i>	9:136155000	rs635634	T/C	0.18	1.08 (1.05-1.12)	3.59x10 <sup>-7</sup>	9:136154867	rs495828	0.83	T/G	0.20	1.06 (1.01-1.10)	1.23x10 <sup>-2</sup>	1.08 (1.05-1.10)	2.30x10 <sup>-8</sup>
<i>PLEKHA1</i>	10:124186714	rs2292626	C/T	0.50	1.09 (1.06-1.11)	1.75x10 <sup>-12</sup>	10:124167512	rs2421016	0.99	C/T	0.50	1.05 (1.02-1.08)	2.30x10 <sup>-3</sup>	1.07 (1.05-1.09)	1.51x10 <sup>-13</sup>
<i>HSD17B12</i>	11:43877934	rs1061810	A/C	0.28	1.08 (1.05-1.11)	5.29x10 <sup>-9</sup>	11:43876435	rs3736505	0.92	G/A	0.30	1.05 (1.01-1.08)	4.82x10 <sup>-3</sup>	1.07 (1.05-1.09)	3.95x10 <sup>-10</sup>
<i>MAP3K11</i>	11:65364385	rs111669836	A/T	0.25	1.07 (1.04-1.10)	7.43x10 <sup>-7</sup>	11:65365171	rs11227234	1.00	T/G	0.24	1.05 (1.01-1.08)	8.77x10 <sup>-3</sup>	1.06 (1.04-1.09)	4.12x10 <sup>-8</sup>
<i>NRXN3</i>	14:79945162	rs10146997	G/A	0.21	1.07 (1.04-1.10)	4.59x10 <sup>-6</sup>	14:79939993	rs17109256	0.98	A/G	0.21	1.07 (1.03-1.11)	1.27x10 <sup>-4</sup>	1.07 (1.05-1.09)	2.27x10 <sup>-9</sup>
<i>CMIP</i>	16:81534790	rs2925979	T/C	0.30	1.08 (1.05-1.10)	2.72x10 <sup>-8</sup>	16:81534790	rs2925979	1.00	T/C	0.31	1.05 (1.02-1.08)	3.06x10 <sup>-3</sup>	1.07 (1.04-1.09)	2.27x10 <sup>-9</sup>
<i>ZZEF1</i>	17:4014384	rs7224685	T/G	0.30	1.07 (1.04-1.10)	2.00x10 <sup>-7</sup>	17:3985864	rs8068804	0.95	A/G	0.31	1.07 (1.03-1.11)	4.11x10 <sup>-4</sup>	1.07 (1.05-1.09)	3.23x10 <sup>-10</sup>
<i>GLP2R</i>	17:9780387	rs78761021	G/A	0.34	1.07 (1.05-1.10)	5.49x10 <sup>-8</sup>	17:9791375	rs17676067	0.87	C/T	0.31	1.03 (1.00-1.07)	3.54x10 <sup>-2</sup>	1.06 (1.04-1.08)	3.04x10 <sup>-8</sup>
<i>GIP</i>	17:46967038	rs79349575	A/T	0.51	1.07 (1.04-1.09)	2.61x10 <sup>-7</sup>	17:47005193	rs15563	0.78	G/A	0.54	1.04 (1.01-1.07)	2.09x10 <sup>-2</sup>	1.06 (1.03-1.08)	4.43x10 <sup>-8</sup>

926 \*The nearest gene is listed; this does not imply this is the biologically relevant gene; †Lead SNV types: all map outside transcripts except  
 927 rs429358 (missense variant) and rs1061810 (3'UTR); ‡Stage 2: proxy SNV (r<sup>2</sup>>0.6 with stage 1 lead SNV) was used when no stage 1 SNV was  
 928 available. €The meta-analysis OR is aligned to the Stage 1 SNV risk allele. Abbreviations: Chr – chromosome, CI – confidence interval, EA -  
 929 effect allele, EAF – effect allele frequency, OR – odds ratio, NEA – non-effect allele.

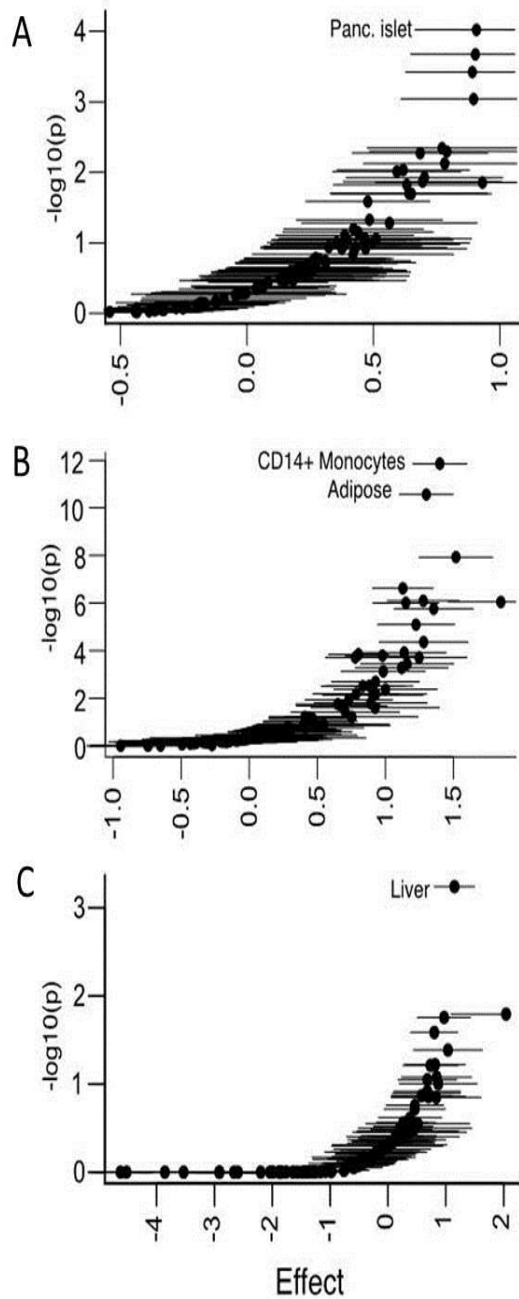


**Figure 1.** The effect sizes of the established (blue diamonds,  $N=69$ ,  $p < 5 \times 10^{-4}$ , **Supplementary Methods**), novel (red diamonds,  $N=13$ ), and additional distinct (sky blue diamonds,  $N=13$ , **Supplementary Table 7**) signals according to their risk allele frequency (**Supplementary Table 3**). The additional distinct signals are based on approximate conditional analyses. The distinct signal at *TP53INP1* led by rs11786613 (**Supplementary Table 7**) is plotted (sky blue diamond). This signal did not reach locus-wide significance, but was selected for follow-up because of its low frequency and absence of LD with previously reported signal at this locus. The power curve shows the estimated effect size for which we had 80% power to detect associations. Established common variants with  $OR > 1.12$  are annotated.



**Figure 2.** A) The number of SNVs included in 99% credible sets when performed on all SNVs compared to when analyses were restricted to those SNVs present in HapMap. B) The cumulative  $\pi_c$  of the top 3 SNVs among all 1000G SNVs and after restriction to HapMap SNVs is shown. While the low frequency SNV at *TP53INP1* (rs11786613) did not reach the threshold for a distinct signal in approximate conditional analyses, we fine-mapped both this variant and the previous common signal separately after reciprocal conditioning, which suggested they were independent. C) The minor allele frequency of the lead SNV identified in current analyses compared to that identified among SNVs present in HapMap. D) The association of the low frequency variant rs11786613 (blue) and that of the previous lead variant at this locus, rs7845219 (purple). The low frequency variant overlaps regulatory annotations active in pancreatic islets, among other tissues, and the sequence surrounding the A allele of this variant has a *in silico* recognition motif for a FOXA1:AR (androgen receptor) protein complex.





**Figure 3.** Type 2 diabetes loci stratified by patterns of quantitative trait (e.g. glycaemic, insulin, lipid, and anthropometric) effects show distinct cell-type annotation patterns. We hierarchically clustered loci based on endophenotype data and identified groups of T2D loci associated with measures of A) insulin secretion, B) insulin resistance, and C) BMI/lipids. We then tested the effect of variants in cell-type enhancer and promoter chromatin states on the posterior probabilities of credible sets for each group. We identified most significant effects among pancreatic islet chromatin for insulin secretion loci, CD14+ monocyte and adipose chromatin for insulin resistance loci, and liver chromatin for BMI/lipid loci.

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