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Predictors of early progression of surgically treated atypical meningiomas

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Abstract:	<p>Background: Clinical behaviour of atypical meningiomas is not uniform. While, as a group, they exhibit a high recurrence rate, some pursue a more benign course, whereas others progress early. We aim to investigate the imaging and pathological factors that predict risk of early tumour progression and to determine whether early progression is related to outcome.</p> <p>Methods: Adult patients with WHO grade II meningioma treated in 3 regional referral centres between 2007 and 2014 were included. MRI and pathology characteristics were assessed. Gross total resection (GTR) was defined as Simpson 1-3. Recurrence was classified into early and late (≤ 24 months vs. > 24 months).</p>

Results: Among the 220 cases thirty-seven (16.8%) patients progressed within 24 months of operation. Independent predictors of early progression were subtotal resection (STR) ($p=0.005$), parafalcine/parasagittal location ($p=0.015$), peritumoural oedema ($p=0.027$) and mitotic index (MI) > 7 ($p=0.007$). Adjuvant radiotherapy was negatively associated with early recurrence ($p=0.046$). Thirty two per cent of patients with residual tumour and 26% after GTR received adjuvant radiotherapy. There was a significantly lower proportion of favourable outcomes at last follow-up (mRS 0-1) in patients with early recurrence ($p=0.001$).

Conclusions: Atypical meningiomas are a heterogeneous group of tumours with 16.8% patients having recurrence within 24 months of surgery. Residual tumour, parafalcine/parasagittal location, peritumoural oedema and a MI > 7 were all independently associated with early recurrence. As administration of adjuvant radiotherapy was not protocolised in this cohort any conclusions about benefits of irradiation of WHO grade II meningiomas should be viewed with caution. Patients with early recurrence had worse neurological outcome. While histological and imaging characteristics provide some prognostic value further molecular characterisation of atypical meningiomas is warranted to aid clinical decision making.

Dear Editor-*in-Chief*,

Please consider this paper for publication in *Acta Neurochirurgica*.

Atypical meningiomas are a growing group of tumours due to changes in classification systems. They pose a significant therapeutic challenge due to their aggressive behavior. However, it is being increasingly recognised that atypical meningioma constitute a very heterogeneous group of tumours, some of which pursue a benign course, while others are very aggressive.

A lot of work has been done to date to describe characteristics that can be used to predict recurrence/progression of atypical meningiomas, with little consideration to their heterogeneity.

Here, acknowledging the heterogeneity of this group of tumours, we aimed to describe factors that influence early aggressive behavior, defined as recurrence/progression within 24 months of surgery. We have identified subtotal resection, parafalcine/parasagittal location, peritumoural oedema and a mitotic index > 7 as factors independently related to early recurrence/progression. Furthermore, we have identified the use of adjuvant radiotherapy to be negatively related to early progression.

Importantly, we have also demonstrated that early progression/recurrence is a significant factor in outcome prognostication, with patients who have had recurrence within 24 months of the original surgery showing significantly lower rates of good outcomes. This finding confirms the importance of our work and importance of recognising atypical meningiomas as a heterogeneous group.

We believe, this work will be of direct relevance to the audience of *Acta Neurochirurgica* and will lead to future work aimed at using more refined methods to characterise atypical meningioma in order to develop more accurate treatment paradigms.

With best regards

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Conflict of interest: MDJ, SL, MF, MJ are investigators in the The ROAM/EORTC-1308 trial: Radiation versus Observation following surgical resection of Atypical Meningioma: study protocol for a randomised controlled trial. There is no other conflict of interest

Disclosure: The authors have nothing to disclose

Ethical approval: Ethical Committee Approval was not required for this study



Response to reviewers

Reviewer #1:

We thank the reviewer for the comments.

Both typos now corrected. See manuscript.

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1 **Predictors of early progression of surgically treated atypical meningiomas**

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4 33 interest
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35 **Abstract**

36 **Background:** Clinical behaviour of atypical meningiomas is not uniform. While, as a group, they
37 exhibit a high recurrence rate, some pursue a more benign course, whereas others progress early. We
38 aim to investigate the imaging and pathological factors that predict risk of early tumour progression
39 and to determine whether early progression is related to outcome.

40 **Methods:** Adult patients with WHO grade II meningioma treated in 3 regional referral centres
41 between 2007 and 2014 were included. MRI and pathology characteristics were assessed. Gross total
42 resection (GTR) was defined as Simpson 1-3. Recurrence was classified into early and late (≤ 24
43 months vs. > 24 months).

44 **Results:** Among the 220 cases thirty-seven (16.8%) patients progressed within 24 months of
45 operation. Independent predictors of early progression were subtotal resection (STR) ($p=0.005$),
46 parafalcine/parasagittal location ($p=0.015$), peritumoural oedema ($p=0.027$) and mitotic index (MI) $>$
47 7 ($p=0.007$). Adjuvant radiotherapy was negatively associated with early recurrence ($p=0.046$).
48 Thirty-two per cent of patients with residual tumour and 26% after GTR received adjuvant
49 radiotherapy. There was a significantly lower proportion of favourable outcomes at last follow-up
50 (mRS 0-1) in patients with early recurrence ($p=0.001$).

51 **Conclusions:** Atypical meningiomas are a heterogeneous group of tumours with 16.8% patients
52 having recurrence within 24 months of surgery. Residual tumour, parafalcine/parasagittal location,
53 peritumoural oedema and a MI > 7 were all independently associated with early recurrence. As
54 administration of adjuvant radiotherapy was not protocolised in this cohort any conclusions about
55 benefits of irradiation of WHO grade II meningiomas should be viewed with caution. Patients with
56 early recurrence had worse neurological outcome. While histological and imaging characteristics
57 provide some prognostic value further molecular characterisation of atypical meningiomas is
58 warranted to aid clinical decision making.

59 **Key words:** Atypical meningioma, early recurrence, early progression, predictors of recurrence

60 **Introduction**

61 Intracranial meningiomas constitute 35% of all primary brain tumours and are generally considered
62 benign.[38] Nevertheless, atypical meningiomas, which account for 20 - 35% of all meningiomas,
63 have recurrence rates up to 50% and 10 year survival less than 80%.[3, 39, 45]

64 There are numerous histological subtypes of meningioma, however, the WHO classification is
65 typically used to determine the biological behaviour, i.e. the risk of recurrence or progression. Since
66 the changes in diagnostic criteria introduced in 2000 there has been a significant increase in the
67 reported incidence of WHO grade II tumours from approximately 5% before 2000 to 30% of all
68 meningiomas in more recent series.[5, 8, 42] The median time to progression of atypical meningiomas
69 is approximately 24 months,[4, 6, 14] and they remain a heterogeneous group of tumours with reports
70 of tumour progression within 1 year of operation despite gross total resection (GTR).[52] Due to the
71 heterogeneity there is no uniform treatment paradigm currently being used to treat atypical
72 meningiomas. The role of adjuvant radiotherapy as well as the frequency and length of follow-up
73 remain to be determined.[27] Few studies have aimed to identify the clinical and histological
74 characteristics which can be used to predict recurrence and justify more aggressive treatment.[2, 8, 30,
75 34, 37, 49, 51, 54, 57, 10, 12–14, 18–20, 22] Subtotal resection,[12–14, 22] brain invasion,[13, 37, 41,
76 51, 54] high mitotic index (MI),[14, 41, 42, 54] high proliferation index (MIB-1/Ki-67),[12, 18]
77 absence of EGFR receptor,[49] bone involvement,[20, 37] progression from WHO grade I,[11, 14,
78 59] have all been implicated in prognosis.

79 Nevertheless, there remains a paucity of data concerning the exact timing of progression and its
80 implication for prognosis. The aim of this study is to identify routinely available imaging and
81 histological characteristics that may be associated with early ~~with~~-recurrence/progression, and
82 progression/recurrence of WHO grade II meningiomas.

84 **Methods**

85 Retrospective analysis of all meningiomas from the histopathological records of three regional
86 neurosurgery units teaching. All patients diagnosed as WHO grade II meningioma were included.
87 Only patients diagnosed before 2014 were included to allow minimum 2 year follow up. Each
88 Institutional Review Board approved this study.

89 Early aggressive behaviour was defined as radiological recurrence or progression (see below for
90 definitions) within the first two years after definitive treatment with surgery (with or without adjuvant
91 radiotherapy). Radiological recurrence/progression was defined as new solid enhancing tumour.

92 Clinical and patient characteristic used in the analysis included: age at diagnosis, gender, presence of
93 residual tumour on post-operative MRI scan, the use of adjuvant radiotherapy, recurrence of tumour
94 on follow-up imaging, time to recurrence, number of surgeries. Extent of resection was determined
95 based on post-operative MRI (median time from surgery to imaging 23 days) and/or intraoperative
96 findings. If postoperative imaging and intraoperative findings were in disagreement the modality that
97 demonstrated residual was favoured. Subtotal resection (STR) was defined as a persistent area of
98 contrast uptake within part of the volume of the original tumour on post-operative MRI scan or when
99 operative report stated that residual tumour was left, i.e. Simpson grades 4 and 5. Gross total resection
100 (GTR) was defined as Simpson 1 -3. Recurrence was defined as presence of tumour where there was
101 no tumour on post-operative MRI. Progression of tumour was defined as any detected increase in size
102 of residual tumour documented on follow up MRI imaging. Adjuvant radiotherapy was defined as
103 radiotherapy administered to the tumour bed within 6 months of surgery to prevent rather than treat
104 progression/recurrence. We did not stratify patients depending on whether stereotactic radiosurgery or
105 fractionated radiotherapy was performed.

106 Imaging characteristics included: location of tumour, involvement of dural sinus, bone erosion,
107 irregularity of margins and presence of peritumoural oedema on pre-operative imaging (Figure 1).
108 Location of tumour divided into: convexity, parafalcine/parasagittal and skull base. Sinus and bone
109 involvement was determined based on the pre-operative imaging, surgical findings and/or pathology
110 reports. Irregularity of margins was determined on pre-operative contrast enhanced T1 MRI scan and
111 was defined as margins displaying at least one area of irregularity, daughter nodule or area of
112 mushrooming.[36] Peritumoural oedema was determined on pre-operative MRI scans and was defined
113 as T2 hyperintensity seen within the brain surrounding the contrast enhancing tumour (after excluding
114 other possible causes, e.g. known infarct, multiple sclerosis etc.).

115 Pathology characteristics included: brain invasion (brain invasion was only labelled as present or
116 absent when brain tissue was included in the sample), atypia, necrosis, MI (reported as number of
117 mitotic figures seen per 10 high power fields [HPF]) objective x 40 and MIB1 count. All pathology
118 reports underwent central review to confirm diagnosis was in keeping with 2016 WHO criteria.

119 All patients had a minimum of two years of follow up. Outcome was categorised using the modified
120 Rankin Scale (mRS) at the last available clinic appointment. For statistical analysis, patients were
121 dichotomised into those with favourable (mRS 0-1) and unfavourable (mRS \geq 2) outcomes.

122 **Statistical analysis**

123 The median time to recurrence/progression was determined. Patients in whom recurrence/progression
124 was seen before the median time (as defined for the whole cohort) were included in the 'early

125 recurrence/progression'. Patients in whom recurrence/progression was seen after the median time (as
1 126 defined for the whole cohort), or those did not progress until last follow up, were labelled as 'others'.
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4 127 Receiver operator characteristic (ROC) curve data was used to dichotomise continuous variables such
5 128 as MI and MIB1. MI was dichotomised at >7/10 high power fields (HPF) while MIB1 was
6 129 dichotomised at >15%.
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11 131 Kaplan-Meier curves with Mantel Cox test were used to assess relationships between patient/clinical,
12 132 radiological and pathology factors and progression-free survival. Multivariate logistic regression was
13 133 used to determine factors independently associated with early recurrence/progression. Variables found
14 134 significant on univariate analysis were included in the multivariate model. Sensitivity analysis for
15 135 factors found to be independently associated with early recurrence was performed. Chi square was
16 136 used to determine whether early recurrence/progression is associated with worse outcomes in patients
17 137 with atypical meningioma.
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24 138 Statistical analysis was performed using SPSS software (SPSS, IBM, USA).
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141 **Results**

142 We identified 220 patients diagnosed with WHO II atypical meningiomas (Table 1). Data for extent
143 of resection was available for 205 patients. GTR was achieved in 143 patients. Mean (overall survival
144 has not reached a median, hence mean reported) overall survival (OS) for the whole cohort was 159
145 months while median progression free survival (PFS) was 68 months. Five and 10-year OS was 87%
146 and 69% PFR was 59% and 19%.

147
148 Seventy-one patients (32%) had recurrence or progression. Of patients that recurred the median time
149 to recurrence was 24 months (IQR 12-43). Patients who experienced tumour recurrence within 24
150 months after treatment comprised the 'early recurrence/progression' group. Table 2 demonstrates the
151 numbers of patients with early and any recurrence depending on extent of resection stratified by
152 location. Briefly, of patients with GTR 12% had early recurrence, 27% had any recurrence at last
153 follow up. On the other hand, of the patients with STR 32% had early recurrence, 50% had any
154 recurrence at last follow up. On univariate analysis extent of resection was significantly related to the
155 rates of early (p=0.005) and any recurrence (p=0.002). However, when specific locations were
156 examined only early recurrence of tumours located at the convexity, but not tumours in the
157 parafalcine/parasagittal location, skull base, nor those involving the sinuses, seemed to be
158 significantly higher in the STR group.

159
160 Fifty-seven patients received adjuvant radiotherapy. Of those 35 received prophylactic adjuvant
161 radiotherapy despite GTR, while 22 received underwent radiotherapy for residual. A further 34
162 patients had radiotherapy for recurrence. Table 2 described the numbers of patients with recurrence
163 stratified by the use of adjuvant radiotherapy.

164
165 Figure 2 demonstrates the Kaplan-Meier plots for progression free survival stratified by extent of
166 resection; the use of adjuvant radiotherapy; location of tumour; and presence of peritumoural oedema.
167 Figure 3 demonstrates the Kaplan-Meier plots for progression free survival stratified by pathological
168 characteristics of atypia; MI; and MIB1. On univariate analysis all factors apart from necrosis,
169 presence of irregular margins and brain invasion were significantly associated with progression free
170 survival.

171
172 Independent predictors of early progression using multivariate logistic regression were STR
173 (p=0.005), parafalcine/parasagittal location (p=0.015), oedema on pre-operative MRI (p=0.027) and
174 MI>7 (p=0.007), while adjuvant radiotherapy was negatively associated with early progression
175 (p=0.046) (Table 3). No other clinical, imaging, nor pathological characteristics were found to be
176 independently associated with the risk of early recurrence. Of the 62 patients with STR, 20 (32%)

177 received adjuvant radiotherapy. A further 37 patients received adjuvant radiotherapy after GTR.
178 When logistic regression was repeated including only patients who underwent GTR, the use of
179 adjuvant radiotherapy was no longer negatively associated with early recurrence ($p=0.37$; OR 0.52
180 [0.13-2.16]).

181 The presence of oedema on pre-operative MRI had 92% sensitivity, and 30% specificity for predicting
182 24-month recurrence. The sensitivity and specificity of MI > 7/10 HPF were more balanced, i.e. 71%
183 and 75% respectively. STR had a sensitivity and specificity for predicting 24-month recurrence of
184 54% and 75%, respectively.

185 mRS scores were obtained at a median of 54 months post surgery. There was a significantly lower
186 proportion of patients with favourable outcomes at last follow-up (defined as mRS 0-1) among
187 patients with early recurrence/progression versus others (Figure 4; $p=0.001$). Furthermore, this
188 difference remained significant when patients without recurrence were excluded from the analysis
189 (Figure 4; $p=0.036$).

190

191 **Discussion**

1
2 192 In this study we analysed the usefulness of the routinely available clinical, radiological and
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4 193 pathological characteristics in predicting early disease recurrence and/or progression within 24
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6 194 months of surgical treatment, in patients with WHO grade II meningioma. In our series, subtotal
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8 195 resection, parafalcine/parasagittal location, peritumoural oedema visible on pre-operative imaging and
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10 196 a mitotic index $> 7/10$ HPF were independently associated with early recurrence. Furthermore, in this
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12 197 cohort of patients the use of adjuvant radiotherapy was associated with a reduced rate of early
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14 198 recurrence within 24 months. Importantly, we also found that patients who exhibit early recurrence of
15
16 199 WHO II meningioma have a less favourable functional outcome, both when compared with the
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18 200 overall population of patients with WHO II meningiomas as well as when compared with patients
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20 201 who had recurrence later than 24 months after treatment.

21
22 202 Atypical meningioma is a heterogeneous group of tumours. There have been a number of reports
23
24 203 looking into factors associated with progression free survival with multiple factors being implicated.
25
26 204 Location,[14, 43] extent of resection,[12, 16, 18, 22, 23, 58] presence of atypia,[1] brain invasion,[29,
27
28 205 37, 54, 56] high MI,[29, 40, 54, 56] high MIB1 labelling,[12, 16, 18, 40] bone involvement,[20, 29,
29
30 206 37] use of adjuvant radiotherapy,[6, 15, 26, 53] and progression of the WHO grade (from a WHO I
31
32 207 tumour).[59] However, others have shown that none of the above factors influence the recurrence rate
33
34 208 or time to recurrence of atypical meningioma.[25]

35
36 209 Extent of resection is a good predictor of the risk of recurrence of meningiomas.[12, 16, 18, 22, 23,
37
38 210 58] Our study shows that this is relevant to WHO grade II meningiomas, such that STR was
39
40 211 independently associated with early recurrence/progression within 24 months. In our study 54% of
41
42 212 meningiomas with early recurrence/progression had a known residual. We have pragmatically used
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44 213 GTR vs. STR to define extent of resection, as we recognise that in our retrospective series involving
45
46 214 multiple surgeons it was impossible to differentiate with sufficient rigour patients who underwent
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48 215 Simpson 1 vs. Simpson 2 vs. Simpson 3 resections. Consequently, our data do not provide
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50 216 information on the benefits of different Simpson grade resections separately. Furthermore,
51
52 217 colinearities, undoubtedly, exist between the extent of resection and use of adjuvant radiotherapy.
53
54 218 However, radiotherapy in this group of patients was not used in a systematic way, and only one third
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56 219 of patients with residual tumour received adjuvant radiotherapy while the other two thirds did not.

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58 220 Apart from subtotal resection, we identified only two radiological and one histological characteristics
59
60 221 associated with early aggressive behaviour and recurrence/progression within 24 months after
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62 222 treatment. Only parafalcine/parasagittal location and peritumoural oedema seen on preoperative MRI
63
64 223 were independently related to early recurrence. Some reports have suggested there may be a
65
66 224 relationship between location and recurrence rate of meningiomas.[14, 43] Whether there is a certain
67
68 225 biological makeup of tumours related to their location which predisposes to recurrence is

226 unknown.[17] It is likely that overall higher recurrence rates observed in parafalcine/parasagittal
227 location is representative of only being able to achieve STR in this location with residual tumour
228 invading the superior sagittal sinus. Fifty per cent of patients with tumours in the
229 parafalcine/parasagittal location were known to have a residual visible on post-operative imaging.
230 Nevertheless, univariate analysis demonstrated that early recurrence rates were close to 40%
231 regardless of whether GTR or STR was achieved. Although, we do not have data on the genetic
232 makeup of the tumours in this location, nor do we have more detailed descriptions of extent of
233 resection than post operative imaging and operative reports to make definitive statements, we believe
234 that both the univariate and multivariate analysis confirm higher early recurrence rates in
235 parafalcine/parasagittal meningiomas irrespectively of the extent of resection. Furthermore, while
236 Simpson grade 1 resection would be desirable if recurrence was the only consideration, in real life
237 there are many other important considerations, not least widely published morbidity related to radical
238 resection of meningiomas invading venous sinuses.[24, 48] The judicious use of stereotactic
239 radiosurgery following incomplete resection of parasagittal meningiomas reduces recurrence rates to
240 similar as those seen with Simpson grade 1 resections.[35] Our data does not support pursuing radical
241 resection in parafalcine/parasagittal meningiomas at the expense of morbidity

242 In this cohort brain invasion was not found to be associated with early tumour recurrence. It is widely
243 accepted that diagnosis of brain invasion using operative samples is difficult as frequently brain tissue
244 is not included in the sample.[9] We were not able to ascertain whether the samples provided for
245 central review were representative for assessing brain invasions and this constitutes a limitation of this
246 study. We have, however, re-analysed our data including only samples where brain tissue was present
247 and a definitive statement about brain invasion could have been made. However, this analysis did not
248 change the result and brain invasion was not found to be independently associated with early
249 recurrence on multivariate analysis in this limited sample.

250 Our understanding of the pathophysiology of peritumoural oedema associated with meningiomas
251 remains incomplete. Previous studies have implicated size,[21] growth rate,[50] leptomenigeal
252 invasion, development of pial blood supply,[33, 55] as well as specific histological types[7, 33] with
253 development of peritumoural brain oedema. In our series the presence of peritumoural oedema was
254 significantly associated with early aggressive behaviour and recurrence at 24-months. Oedema had a
255 92% and 30% sensitivity and specificity, respectively, suggesting it may be used as a guide to
256 determine frequency of surveillance but may not be specific enough to warrant routine delivery of
257 adjuvant radiotherapy.

258 The histological diagnosis of atypical meningioma is based on the presence of the following: high MI
259 4-19/10 HPF, specific features of atypia (hypercellularity, prominent nucleoli, diffuse growth pattern,
260 necrosis and small cell change), or brain invasion. Of those routinely available histological parameters

261 (and MIB1 labelling) only a MI>7/10 HPF was independently associated with early progression in our
1 262 study. Indeed a high MI has been previously reported to be related to overall recurrence of atypical
2 263 meningioma, but not early recurrence.[18, 40, 54, 56] As atypical meningiomas have a narrowly
3 264 defined range of MI the value of this parameter is likely diminished. For this reason most studies do
4 265 not give a threshold MI related to recurrence, but treat the presence of high MI (i.e. >4/10 HPF) as a
5 266 factor. In this study, based on a ROC curve analysis, 7 mitoses/10 HPF was determined as the
6 267 threshold value in our study. This is in keeping with a report by Sun et al.[54] who also found
7 268 MI>7/10 HPF related to a higher rate of recurrence in completely resected atypical meningiomas
8 269 (particularly in the absence of brain invasion). MI>7/10 HPF had a sensitivity of 71% and specificity
9 270 of 75% for predicting 24-month recurrence. No other histological characteristic was associated with
10 271 early recurrence. It

11 272 The role of adjuvant radiotherapy in the management of atypical meningioma is not fully defined.[28]
12 273 Similarly to our study literature typically reports results of radiotherapy independently of the extent of
13 274 resection as well as tumour location. While a relationship between reduced rates of recurrence and the
14 275 use of adjuvant radiotherapy following surgery for atypical meningiomas, has been previously
15 276 shown,[6, 15, 26, 53] there have been individual reports raising concern that, in fact, radiotherapy
16 277 may transform meningiomas into more aggressive or anaplastic types.[31, 44] Indeed, in a series of
17 278 610 meningiomas, a 2.2% rate of malignant transformation at a median of 4.9 years after SRS has
18 279 been reported.[44] In our series 56 patients underwent adjuvant radiotherapy, however, only one third
19 280 of those patients had residual tumour, while the other two thirds were prophylactically irradiated
20 281 based on patient and clinician preference on the premise of preventing future recurrence. In our study
21 282 adjuvant radiotherapy was independently associated with a reduced risk of early
22 283 recurrence/progression when all patients were analysed. However, this was not the case when only
23 284 patients with GTR were analysed suggesting there may be less benefit in prophylactic adjuvant
24 285 radiation. Due to the variable clinical indications for adjuvant radiotherapy and the inherent bias this
25 286 introduces we cannot conclude that radiotherapy should be used for all patients. Two large,
26 287 multicentre international randomised controlled trials will be in progress and will ultimately address
27 288 the role of early adjuvant radiotherapy for atypical meningioma.[27, 32]

28 289 Whilst our data do not provide definitive answers, we can postulate that early progression/recurrence
29 290 of atypical meningioma may be related as much to the aggressiveness of treatment as well as
30 291 biological makeup of the specific tumours. While some characteristics routinely available in clinical
31 292 practice can aid in prognostication and are very important for day-to-day treatment decisions, this
32 293 study further demonstrates the heterogeneity of atypical meningiomas and the need for developing
33 294 risk stratification tools, which go beyond the WHO grading system. A number of mutations as well as
34 295 DNA methylation profiles have all been shown to be linked with the risk of recurrence in
35 296 meningioma.[46, 47] Addition of molecular markers has the potential to significantly improve not

297 only understanding of the biology of meningioma, but refine prognostic and treatment stratification as
298 well as development of more targeted treatment modalities. Importantly, this study has demonstrated
299 that early recurrence/progression of atypical meningioma was significantly related to neurological
300 outcomes. Therefore, identification of clinical and biological and molecular predictors of recurrence is
301 crucial to rationally stratify management decisions.

302 Our study has several limitations, which need to be acknowledged. Firstly as a retrospective analysis
303 we relied on clinical documentation, particularly related to extent of resection. While we have taken
304 all possible measures to minimise this bias we are aware that inaccuracies could have been
305 introduced. Overall survival in patients with meningiomas is difficult to ascertain, as long observation
306 periods are required. The available survival data only allowed an analysis of all cause mortality, rather
307 than tumour specific mortality. Furthermore, we did not have age matched life expectancy data for
308 comparison. Survival in patients with meningiomas is difficult to ascertain, as long observation
309 periods are required, however, our data concentrates on early recurrence within 2 years and all
310 patients reported have sufficient follow up for this assessment. Whilst there was a trend towards better
311 tumour control in those treated with radiotherapy this needs to be further evaluate and two
312 international phase III trials are ongoing (NRG BN-003
313 (<http://clinicaltrials.gov/ct2/show/NCT03180268>) and the ROAM trial (<http://roam-trial.org.uk>)).
314 Finally, while central pathology review was possible to determine the MIB1 and MI we were not able
315 to review all pathology slides to comprehensively assess brain invasion and instead we had to rely on
316 available pathology reports.

317 **Conclusions**

318 We have identified a specific group of tumours within this cohort of atypical meningioma
319 characterised by early aggressive behaviour and recurrence within 24 months after initial surgical
320 treatment. We have demonstrated that such early recurrence was related to poor neurological
321 outcome.

322 Parafalcine/parasagittal location, peritumoural oedema on pre-operative MRI scan as well as a
323 MI>7/10hpf were positively associated, while the use of adjuvant radiotherapy was negatively
324 associated, with the risk of early recurrence. While the radiological and pathological characteristics
325 were found to be sensitive, they were not specific enough to automatically mandate adjuvant
326 treatment.

327 We have demonstrated that adjuvant radiotherapy was associated with a reduced risk of early
328 recurrence. Nevertheless, limited sample size and inconsistent use of radiotherapy in this cohort
329 prevents us from making a definitive statement. The role of adjuvant radiotherapy remains to be
330 determined in prospective studies.

331 Overall, the routinely available radiological and histological parameters are insufficient to accurately
1 332 predict behaviour and stratify management of patients with this heterogeneous group of tumours. It is
2
3 333 likely that molecular markers, like in other neoplastic diseases, will fill this void and future research
4
5 334 should be focused in this direction.
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346

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519 **Figure 1**

1
2 520 Examples of radiological characteristics used in the study. A: peritumoural oedema manifested as T2
3 521 hyperintensity immediately surrounding the tumour with mass effect; B: irregular margins with
4 522 'mushrooming' and nodules appearing as if detached from main mass of tumour; C: bone involvement
5 523 in a parasagittal meningioma; D: sinus involvement manifest with tumour clearly present in the cavity
6 524 of the superior sagittal sinus.
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528 **Figure 2**

1
2 529 Kaplan-Meier plots demonstrating a significant association between extent of resection; the use of
3 530 adjuvant XRT; location (divided into convexity, parafalcine/parasagittal and skull base); peritumoural
4 531 oedema and progression free survival for patients with atypical meningiomas. Log rank test for
5 532 significance used to determine statistical significance.
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536 **Figure 3**

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2 537 Kaplan-Meier plots demonstrating a significant association between presence of atypia; MI; MIB1
3 538 count and progression free survival. MI has been dichotomised to $MI \leq 7/hpf$ and $MI > 7/hpf$ and
4 539 MIB1 has been dichotomised to $MIB1 \leq 15\%$ and $MIB1 > 15\%$. Log rank test for significance used to
5 540 determine statistical significance.
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544 **Figure 4**

1
2 545 Bar chart demonstrating the difference in clinical outcomes between the 'early progression/recurrence'
3 546 groups. All others (*top graph*); below the same analysis is repeated excluding patient who never had a
4 547 recurrence (*bottom graph*). Dashed line depicts differences in number of patients with favourable
5 548 outcomes defined as mRS 0-1 at last follow-up. mRS - modified Rankin Scale

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1 **Predictors of early progression of surgically treated atypical meningiomas**

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28

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2 32 versus Observation following surgical resection of Atypical Meningioma. There is no other conflict of
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4 33 interest
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35 **Abstract**

1
2 36 **Background:** Clinical behaviour of atypical meningiomas is not uniform. While, as a group, they
3
4 37 exhibit a high recurrence rate, some pursue a more benign course, whereas others progress early. We
5
6 38 aim to investigate the imaging and pathological factors that predict risk of early tumour progression
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8 39 and to determine whether early progression is related to outcome.

9
10 40 **Methods:** Adult patients with WHO grade II meningioma treated in 3 regional referral centres
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12 41 between 2007 and 2014 were included. MRI and pathology characteristics were assessed. Gross total
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14 42 resection (GTR) was defined as Simpson 1-3. Recurrence was classified into early and late (≤ 24
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16 43 months vs. > 24 months).

17 44 **Results:** Among the 220 cases thirty-seven (16.8%) patients progressed within 24 months of
18
19 45 operation. Independent predictors of early progression were subtotal resection (STR) ($p=0.005$),
20
21 46 parafalcine/parasagittal location ($p=0.015$), peritumoural oedema ($p=0.027$) and mitotic index (MI) $>$
22
23 47 7 ($p=0.007$). Adjuvant radiotherapy was negatively associated with early recurrence ($p=0.046$).
24
25 48 Thirty-two per cent of patients with residual tumour and 26% after GTR received adjuvant
26
27 49 radiotherapy. There was a significantly lower proportion of favourable outcomes at last follow-up
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29 50 (mRS 0-1) in patients with early recurrence ($p=0.001$).

30 51 **Conclusions:** Atypical meningiomas are a heterogeneous group of tumours with 16.8% patients
31
32 52 having recurrence within 24 months of surgery. Residual tumour, parafalcine/parasagittal location,
33
34 53 peritumoural oedema and a MI > 7 were all independently associated with early recurrence. As
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36 54 administration of adjuvant radiotherapy was not protocolised in this cohort any conclusions about
37
38 55 benefits of irradiation of WHO grade II meningiomas should be viewed with caution. Patients with
39
40 56 early recurrence had worse neurological outcome. While histological and imaging characteristics
41
42 57 provide some prognostic value further molecular characterisation of atypical meningiomas is
43
44 58 warranted to aid clinical decision making.

45 59 **Key words:** Atypical meningioma, early recurrence, early progression, predictors of recurrence
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60 **Introduction**

61 Intracranial meningiomas constitute 35% of all primary brain tumours and are generally considered
62 benign.[38] Nevertheless, atypical meningiomas, which account for 20 - 35% of all meningiomas,
63 have recurrence rates up to 50% and 10 year survival less than 80%.[3, 39, 45]

64 There are numerous histological subtypes of meningioma, however, the WHO classification is
65 typically used to determine the biological behaviour, i.e. the risk of recurrence or progression. Since
66 the changes in diagnostic criteria introduced in 2000 there has been a significant increase in the
67 reported incidence of WHO grade II tumours from approximately 5% before 2000 to 30% of all
68 meningiomas in more recent series.[5, 8, 42] The median time to progression of atypical meningiomas
69 is approximately 24 months,[4, 6, 14] and they remain a heterogeneous group of tumours with reports
70 of tumour progression within 1 year of operation despite gross total resection (GTR).[52] Due to the
71 heterogeneity there is no uniform treatment paradigm currently being used to treat atypical
72 meningiomas. The role of adjuvant radiotherapy as well as the frequency and length of follow-up
73 remain to be determined.[27] Few studies have aimed to identify the clinical and histological
74 characteristics which can be used to predict recurrence and justify more aggressive treatment.[2, 8, 30,
75 34, 37, 49, 51, 54, 57, 10, 12–14, 18–20, 22] Subtotal resection,[12–14, 22] brain invasion,[13, 37, 41,
76 51, 54] high mitotic index (MI),[14, 41, 42, 54] high proliferation index (MIB-1/Ki-67),[12, 18]
77 absence of EGFR receptor,[49] bone involvement,[20, 37] progression from WHO grade I,[11, 14,
78 59] have all been implicated in prognosis.

79 Nevertheless, there remains a paucity of data concerning the exact timing of progression and its
80 implication for prognosis. The aim of this study is to identify routinely available imaging and
81 histological characteristics that may be associated with early recurrence/progression, and
82 progression/recurrence of WHO grade II meningiomas.

84 **Methods**

85 Retrospective analysis of all meningiomas from the histopathological records of three regional
86 neurosurgery units teaching. All patients diagnosed as WHO grade II meningioma were included.
87 Only patients diagnosed before 2014 were included to allow minimum 2 year follow up. Each
88 Institutional Review Board approved this study.

89 Early aggressive behaviour was defined as radiological recurrence or progression (see below for
90 definitions) within the first two years after definitive treatment with surgery (with or without adjuvant
91 radiotherapy). Radiological recurrence/progression was defined as new solid enhancing tumour.

92 Clinical and patient characteristic used in the analysis included: age at diagnosis, gender, presence of
93 residual tumour on post-operative MRI scan, the use of adjuvant radiotherapy, recurrence of tumour
94 on follow-up imaging, time to recurrence, number of surgeries. Extent of resection was determined
95 based on post-operative MRI (median time from surgery to imaging 23 days) and/or intraoperative
96 findings. If postoperative imaging and intraoperative findings were in disagreement the modality that
97 demonstrated residual was favoured. Subtotal resection (STR) was defined as a persistent area of
98 contrast uptake within part of the volume of the original tumour on post-operative MRI scan or when
99 operative report stated that residual tumour was left, i.e. Simpson grades 4 and 5. Gross total resection
100 (GTR) was defined as Simpson 1 -3. Recurrence was defined as presence of tumour where there was
101 no tumour on post-operative MRI. Progression of tumour was defined as any detected increase in size
102 of residual tumour documented on follow up MRI imaging. Adjuvant radiotherapy was defined as
103 radiotherapy administered to the tumour bed within 6 months of surgery to prevent rather than treat
104 progression/recurrence. We did not stratify patients depending on whether stereotactic radiosurgery or
105 fractionated radiotherapy was performed.

106 Imaging characteristics included: location of tumour, involvement of dural sinus, bone erosion,
107 irregularity of margins and presence of peritumoural oedema on pre-operative imaging (Figure 1).
108 Location of tumour divided into: convexity, parafalcine/parasagittal and skull base. Sinus and bone
109 involvement was determined based on the pre-operative imaging, surgical findings and/or pathology
110 reports. Irregularity of margins was determined on pre-operative contrast enhanced T1 MRI scan and
111 was defined as margins displaying at least one area of irregularity, daughter nodule or area of
112 mushrooming.[36] Peritumoural oedema was determined on pre-operative MRI scans and was defined
113 as T2 hyperintensity seen within the brain surrounding the contrast enhancing tumour (after excluding
114 other possible causes, e.g. known infarct, multiple sclerosis etc.).

115 Pathology characteristics included: brain invasion (brain invasion was only labelled as present or
116 absent when brain tissue was included in the sample), atypia, necrosis, MI (reported as number of
117 mitotic figures seen per 10 high power fields [HPF]) objective x 40 and MIB1 count. All pathology
118 reports underwent central review to confirm diagnosis was in keeping with 2016 WHO criteria.

119 All patients had a minimum of two years of follow up. Outcome was categorised using the modified
120 Rankin Scale (mRS) at the last available clinic appointment. For statistical analysis, patients were
121 dichotomised into those with favourable (mRS 0-1) and unfavourable (mRS \geq 2) outcomes.

122 **Statistical analysis**

123 The median time to recurrence/progression was determined. Patients in whom recurrence/progression
124 was seen before the median time (as defined for the whole cohort) were included in the 'early

125 recurrence/progression'. Patients in whom recurrence/progression was seen after the median time (as
1 126 defined for the whole cohort), or those did not progress until last follow up, were labelled as 'others'.
2

3
4 127 Receiver operator characteristic (ROC) curve data was used to dichotomise continuous variables such
5
6 128 as MI and MIB1. MI was dichotomised at >7/10 high power fields (HPF) while MIB1 was
7 129 dichotomised at >15%.
8

9 130
10
11 131 Kaplan-Meier curves with Mantel Cox test were used to assess relationships between patient/clinical,
12
13 132 radiological and pathology factors and progression-free survival. Multivariate logistic regression was
14
15 133 used to determine factors independently associated with early recurrence/progression. Variables found
16
17 134 significant on univariate analysis were included in the multivariate model. Sensitivity analysis for
18
19 135 factors found to be independently associated with early recurrence was performed. Chi square was
20
21 136 used to determine whether early recurrence/progression is associated with worse outcomes in patients
22 137 with atypical meningioma.
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24 138 Statistical analysis was performed using SPSS software (SPSS, IBM, USA).
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141 **Results**

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2 142 We identified 220 patients diagnosed with WHO II atypical meningiomas (Table 1). Data for extent
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4 143 of resection was available for 205 patients. GTR was achieved in 143 patients. Mean (overall survival
5
6 144 has not reached a median, hence mean reported) overall survival (OS) for the whole cohort was 159
7
8 145 months while median progression free survival (PFS) was 68 months. Five and 10-year OS was 87%
9
10 146 and 69% PFR was 59% and 19%.

11 147
12 148 Seventy-one patients (32%) had recurrence or progression. Of patients that recurred the median time
13
14 149 to recurrence was 24 months (IQR 12-43). Patients who experienced tumour recurrence within 24
15
16 150 months after treatment comprised the 'early recurrence/progression' group. Table 2 demonstrates the
17
18 151 numbers of patients with early and any recurrence depending on extent of resection stratified by
19
20 152 location. Briefly, of patients with GTR 12% had early recurrence, 27% had any recurrence at last
21
22 153 follow up. On the other hand, of the patients with STR 32% had early recurrence, 50% had any
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24 154 recurrence at last follow up. On univariate analysis extent of resection was significantly related to the
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26 155 rates of early (p=0.005) and any recurrence (p=0.002). However, when specific locations were
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28 156 examined only early recurrence of tumours located at the convexity, but not tumours in the
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30 157 parafalcine/parasagittal location, skull base, nor those involving the sinuses, seemed to be
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32 158 significantly higher in the STR group.

33 159
34 160 Fifty-seven patients received adjuvant radiotherapy. Of those 35 received prophylactic adjuvant
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36 161 radiotherapy despite GTR, while 22 received underwent radiotherapy for residual. A further 34
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38 162 patients had radiotherapy for recurrence. Table 2 described the numbers of patients with recurrence
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40 163 stratified by the use of adjuvant radiotherapy.

41 164
42 165 Figure 2 demonstrates the Kaplan-Meier plots for progression free survival stratified by extent of
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44 166 resection; the use of adjuvant radiotherapy; location of tumour; and presence of peritumoural oedema.
45
46 167 Figure 3 demonstrates the Kaplan-Meier plots for progression free survival stratified by pathological
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48 168 characteristics of atypia; MI; and MIB1. On univariate analysis all factors apart from necrosis,
49
50 169 presence of irregular margins and brain invasion were significantly associated with progression free
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52 170 survival.

53 171
54 172 Independent predictors of early progression using multivariate logistic regression were STR
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56 173 (p=0.005), parafalcine/parasagittal location (p=0.015), oedema on pre-operative MRI (p=0.027) and
57
58 174 MI>7 (p=0.007), while adjuvant radiotherapy was negatively associated with early progression
59
60 175 (p=0.046) (Table 3). No other clinical, imaging, nor pathological characteristics were found to be
61
62 176 independently associated with the risk of early recurrence. Of the 62 patients with STR, 20 (32%)

177 received adjuvant radiotherapy. A further 37 patients received adjuvant radiotherapy after GTR.
178 When logistic regression was repeated including only patients who underwent GTR, the use of
179 adjuvant radiotherapy was no longer negatively associated with early recurrence ($p=0.37$; OR 0.52
180 [0.13-2.16]).

181 The presence of oedema on pre-operative MRI had 92% sensitivity, and 30% specificity for predicting
182 24-month recurrence. The sensitivity and specificity of MI > 7/10 HPF were more balanced, i.e. 71%
183 and 75% respectively. STR had a sensitivity and specificity for predicting 24-month recurrence of
184 54% and 75%, respectively.

185 mRS scores were obtained at a median of 54 months post surgery. There was a significantly lower
186 proportion of patients with favourable outcomes at last follow-up (defined as mRS 0-1) among
187 patients with early recurrence/progression versus others (Figure 4; $p=0.001$). Furthermore, this
188 difference remained significant when patients without recurrence were excluded from the analysis
189 (Figure 4; $p=0.036$).

190

191 **Discussion**

1
2 192 In this study we analysed the usefulness of the routinely available clinical, radiological and
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4 193 pathological characteristics in predicting early disease recurrence and/or progression within 24
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6 194 months of surgical treatment, in patients with WHO grade II meningioma. In our series, subtotal
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8 195 resection, parafalcine/parasagittal location, peritumoural oedema visible on pre-operative imaging and
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10 196 a mitotic index > 7/10 HPF were independently associated with early recurrence. Furthermore, in this
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12 197 cohort of patients the use of adjuvant radiotherapy was associated with a reduced rate of early
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14 198 recurrence within 24 months. Importantly, we also found that patients who exhibit early recurrence of
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16 199 WHO II meningioma have a less favourable functional outcome, both when compared with the
17
18 200 overall population of patients with WHO II meningiomas as well as when compared with patients
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20 201 who had recurrence later than 24 months after treatment.

21
22 202 Atypical meningioma is a heterogeneous group of tumours. There have been a number of reports
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24 203 looking into factors associated with progression free survival with multiple factors being implicated.
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26 204 Location,[14, 43] extent of resection,[12, 16, 18, 22, 23, 58] presence of atypia,[1] brain invasion,[29,
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28 205 37, 54, 56] high MI,[29, 40, 54, 56] high MIB1 labelling,[12, 16, 18, 40] bone involvement,[20, 29,
29
30 206 37] use of adjuvant radiotherapy,[6, 15, 26, 53] and progression of the WHO grade (from a WHO I
31
32 207 tumour).[59] However, others have shown that none of the above factors influence the recurrence rate
33
34 208 or time to recurrence of atypical meningioma.[25]

35
36 209 Extent of resection is a good predictor of the risk of recurrence of meningiomas.[12, 16, 18, 22, 23,
37
38 210 58] Our study shows that this is relevant to WHO grade II meningiomas, such that STR was
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40 211 independently associated with early recurrence/progression within 24 months. In our study 54% of
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42 212 meningiomas with early recurrence/progression had a known residual. We have pragmatically used
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44 213 GTR vs. STR to define extent of resection, as we recognise that in our retrospective series involving
45
46 214 multiple surgeons it was impossible to differentiate with sufficient rigour patients who underwent
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48 215 Simpson 1 vs. Simpson 2 vs. Simpson 3 resections. Consequently, our data do not provide
49
50 216 information on the benefits of different Simpson grade resections separately. Furthermore,
51
52 217 colinearities, undoubtedly, exist between the extent of resection and use of adjuvant radiotherapy.
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54 218 However, radiotherapy in this group of patients was not used in a systematic way, and only one third
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56 219 of patients with residual tumour received adjuvant radiotherapy while the other two thirds did not.

57
58 220 Apart from subtotal resection, we identified only two radiological and one histological characteristics
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60 221 associated with early aggressive behaviour and recurrence/progression within 24 months after
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62 222 treatment. Only parafalcine/parasagittal location and peritumoural oedema seen on preoperative MRI
63
64 223 were independently related to early recurrence. Some reports have suggested there may be a
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66 224 relationship between location and recurrence rate of meningiomas.[14, 43] Whether there is a certain
67
68 225 biological makeup of tumours related to their location which predisposes to recurrence is

226 unknown.[17] It is likely that overall higher recurrence rates observed in parafalcine/parasagittal
227 location is representative of only being able to achieve STR in this location with residual tumour
228 invading the superior sagittal sinus. Fifty per cent of patients with tumours in the
229 parafalcine/parasagittal location were known to have a residual visible on post-operative imaging.
230 Nevertheless, univariate analysis demonstrated that early recurrence rates were close to 40%
231 regardless of whether GTR or STR was achieved. Although, we do not have data on the genetic
232 makeup of the tumours in this location, nor do we have more detailed descriptions of extent of
233 resection than post operative imaging and operative reports to make definitive statements, we believe
234 that both the univariate and multivariate analysis confirm higher early recurrence rates in
235 parafalcine/parasagittal meningiomas irrespectively of the extent of resection. Furthermore, while
236 Simpson grade 1 resection would be desirable if recurrence was the only consideration, in real life
237 there are many other important considerations, not least widely published morbidity related to radical
238 resection of meningiomas invading venous sinuses.[24, 48] The judicious use of stereotactic
239 radiosurgery following incomplete resection of parasagittal meningiomas reduces recurrence rates to
240 similar as those seen with Simpson grade 1 resections.[35] Our data does not support pursuing radical
241 resection in parafalcine/parasagittal meningiomas at the expense of morbidity

242 In this cohort brain invasion was not found to be associated with early tumour recurrence. It is widely
243 accepted that diagnosis of brain invasion using operative samples is difficult as frequently brain tissue
244 is not included in the sample.[9] We were not able to ascertain whether the samples provided for
245 central review were representative for assessing brain invasions and this constitutes a limitation of this
246 study. We have, however, re-analysed our data including only samples where brain tissue was present
247 and a definitive statement about brain invasion could have been made. However, this analysis did not
248 change the result and brain invasion was not found to be independently associated with early
249 recurrence on multivariate analysis in this limited sample.

250 Our understanding of the pathophysiology of peritumoural oedema associated with meningiomas
251 remains incomplete. Previous studies have implicated size,[21] growth rate,[50] leptomenigeal
252 invasion, development of pial blood supply,[33, 55] as well as specific histological types[7, 33] with
253 development of peritumoural brain oedema. In our series the presence of peritumoural oedema was
254 significantly associated with early aggressive behaviour and recurrence at 24-months. Oedema had a
255 92% and 30% sensitivity and specificity, respectively, suggesting it may be used as a guide to
256 determine frequency of surveillance but may not be specific enough to warrant routine delivery of
257 adjuvant radiotherapy.

258 The histological diagnosis of atypical meningioma is based on the presence of the following: high MI
259 4-19/10 HPF, specific features of atypia (hypercellularity, prominent nucleoli, diffuse growth pattern,
260 necrosis and small cell change), or brain invasion. Of those routinely available histological parameters

261 (and MIB1 labelling) only a MI>7/10 HPF was independently associated with early progression in our
1 262 study. Indeed a high MI has been previously reported to be related to overall recurrence of atypical
2 263 meningioma, but not early recurrence.[18, 40, 54, 56] As atypical meningiomas have a narrowly
3 264 defined range of MI the value of this parameter is likely diminished. For this reason most studies do
4 265 not give a threshold MI related to recurrence, but treat the presence of high MI (i.e. >4/10 HPF) as a
5 266 factor. In this study, based on a ROC curve analysis, 7 mitoses/10 HPF was determined as the
6 267 threshold value in our study. This is in keeping with a report by Sun et al.[54] who also found
7 268 MI>7/10 HPF related to a higher rate of recurrence in completely resected atypical meningiomas
8 269 (particularly in the absence of brain invasion). MI>7/10 HPF had a sensitivity of 71% and specificity
9 270 of 75% for predicting 24-month recurrence. No other histological characteristic was associated with
10 271 early recurrence. It

11 272 The role of adjuvant radiotherapy in the management of atypical meningioma is not fully defined.[28]
12 273 Similarly to our study literature typically reports results of radiotherapy independently of the extent of
13 274 resection as well as tumour location. While a relationship between reduced rates of recurrence and the
14 275 use of adjuvant radiotherapy following surgery for atypical meningiomas, has been previously
15 276 shown,[6, 15, 26, 53] there have been individual reports raising concern that, in fact, radiotherapy
16 277 may transform meningiomas into more aggressive or anaplastic types.[31, 44] Indeed, in a series of
17 278 610 meningiomas, a 2.2% rate of malignant transformation at a median of 4.9 years after SRS has
18 279 been reported.[44] In our series 56 patients underwent adjuvant radiotherapy, however, only one third
19 280 of those patients had residual tumour, while the other two thirds were prophylactically irradiated
20 281 based on patient and clinician preference on the premise of preventing future recurrence. In our study
21 282 adjuvant radiotherapy was independently associated with a reduced risk of early
22 283 recurrence/progression when all patients were analysed. However, this was not the case when only
23 284 patients with GTR were analysed suggesting there may be less benefit in prophylactic adjuvant
24 285 radiation. Due to the variable clinical indications for adjuvant radiotherapy and the inherent bias this
25 286 introduces we cannot conclude that radiotherapy should be used for all patients. Two large,
26 287 multicentre international randomised controlled trials will be in progress and will ultimately address
27 288 the role of early adjuvant radiotherapy for atypical meningioma.[27, 32]

28 289 Whilst our data do not provide definitive answers, we can postulate that early progression/recurrence
29 290 of atypical meningioma may be related as much to the aggressiveness of treatment as well as
30 291 biological makeup of the specific tumours. While some characteristics routinely available in clinical
31 292 practice can aid in prognostication and are very important for day-to-day treatment decisions, this
32 293 study further demonstrates the heterogeneity of atypical meningiomas and the need for developing
33 294 risk stratification tools, which go beyond the WHO grading system. A number of mutations as well as
34 295 DNA methylation profiles have all been shown to be linked with the risk of recurrence in
35 296 meningioma.[46, 47] Addition of molecular markers has the potential to significantly improve not

297 only understanding of the biology of meningioma, but refine prognostic and treatment stratification as
298 well as development of more targeted treatment modalities. Importantly, this study has demonstrated
299 that early recurrence/progression of atypical meningioma was significantly related to neurological
300 outcomes. Therefore, identification of clinical and biological and molecular predictors of recurrence is
301 crucial to rationally stratify management decisions.

302 Our study has several limitations, which need to be acknowledged. Firstly as a retrospective analysis
303 we relied on clinical documentation, particularly related to extent of resection. While we have taken
304 all possible measures to minimise this bias we are aware that inaccuracies could have been
305 introduced. Overall survival in patients with meningiomas is difficult to ascertain, as long observation
306 periods are required. The available survival data only allowed an analysis of all cause mortality, rather
307 than tumour specific mortality. Furthermore, we did not have age matched life expectancy data for
308 comparison. Survival in patients with meningiomas is difficult to ascertain, as long observation
309 periods are required, however, our data concentrates on early recurrence within 2 years and all
310 patients reported have sufficient follow up for this assessment. Whilst there was a trend towards better
311 tumour control in those treated with radiotherapy this needs to be further evaluate and two
312 international phase III trials are ongoing (NRG BN-003
313 (<http://clinicaltrials.gov/ct2/show/NCT03180268>) and the ROAM trial (<http://roam-trial.org.uk>)).
314 Finally, while central pathology review was possible to determine the MIB1 and MI we were not able
315 to review all pathology slides to comprehensively assess brain invasion and instead we had to rely on
316 available pathology reports.

317 **Conclusions**

318 We have identified a specific group of tumours within this cohort of atypical meningioma
319 characterised by early aggressive behaviour and recurrence within 24 months after initial surgical
320 treatment. We have demonstrated that such early recurrence was related to poor neurological
321 outcome.

322 Parafalcine/parasagittal location, peritumoural oedema on pre-operative MRI scan as well as a
323 MI>7/10hpf were positively associated, while the use of adjuvant radiotherapy was negatively
324 associated, with the risk of early recurrence. While the radiological and pathological characteristics
325 were found to be sensitive, they were not specific enough to automatically mandate adjuvant
326 treatment.

327 We have demonstrated that adjuvant radiotherapy was associated with a reduced risk of early
328 recurrence. Nevertheless, limited sample size and inconsistent use of radiotherapy in this cohort
329 prevents us from making a definitive statement. The role of adjuvant radiotherapy remains to be
330 determined in prospective studies.

331 Overall, the routinely available radiological and histological parameters are insufficient to accurately
1 332 predict behaviour and stratify management of patients with this heterogeneous group of tumours. It is
2
3 333 likely that molecular markers, like in other neoplastic diseases, will fill this void and future research
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5 334 should be focused in this direction.
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346

347 **Ethical approval:** All procedures performed in studies involving human participants were in
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519 **Figure 1**

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2 520 Examples of radiological characteristics used in the study. A: peritumoural oedema manifested as T2
3 521 hyperintensity immediately surrounding the tumour with mass effect; B: irregular margins with
4 522 'mushrooming' and nodules appearing as if detached from main mass of tumour; C: bone involvement
5 523 in a parasagittal meningioma; D: sinus involvement manifest with tumour clearly present in the cavity
6 524 of the superior sagittal sinus.
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528 **Figure 2**

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2 529 Kaplan-Meier plots demonstrating a significant association between extent of resection; the use of
3 530 adjuvant XRT; location (divided into convexity, parafalcine/parasagittal and skull base); peritumoural
4 531 oedema and progression free survival for patients with atypical meningiomas. Log rank test for
5 532 significance used to determine statistical significance.
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536 **Figure 3**

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2 537 Kaplan-Meier plots demonstrating a significant association between presence of atypia; MI; MIB1
3 538 count and progression free survival. MI has been dichotomised to $MI \leq 7/hpf$ and $MI > 7/hpf$ and
4 539 MIB1 has been dichotomised to $MIB1 \leq 15\%$ and $MIB1 > 15\%$. Log rank test for significance used to
5 540 determine statistical significance.
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544 **Figure 4**

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2 545 Bar chart demonstrating the difference in clinical outcomes between the 'early progression/recurrence'
3 546 groups. All others (*top graph*); below the same analysis is repeated excluding patient who never had a
4 547 recurrence (*bottom graph*). Dashed line depicts differences in number of patients with favourable
5 548 outcomes defined as mRS 0-1 at last follow-up. mRS - modified Rankin Scale

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Table 1. Baseline characteristics

Factor		n=
n		220
Female (%)		122 (56%)
Age, median (IQR)		61 (50-68)
Recurrence	Overall (%)	71 (32%)
	Recurrence within 1 year (%)	18 (8%)
	Recurrence within 2 years (%)	37 (17%)
Months to recurrence, median (IQR)		24 (12-43)
Location	Convexity (%)	103 (47%)
	Parafalcine (%)	38 (17%)
	Skull base (%)	50 (23%)
	Intraventricular (%)	5 (2%)
	Sinus involvement (%)	26 (12%)
STR (%)		62 (28)
Radiotherapy	Adjuvant (%)	57 (26%)
	For recurrence (%)	34 (16%)
mRS, median (IQR)		1 (1-3)
mRS \leq 1		73%
mRS \leq 2		83%

Recurrence within 1 year and within 2 years refers to a recurrence up to and including 12 months and 24 months post operatively, respectively. IQR - interquartile range; mRS - modified Rankin score; STR - subtotal resection

Table 2 Differences in early and any recurrence stratified by location, extent of resection and the use of adjuvant radiotherapy.

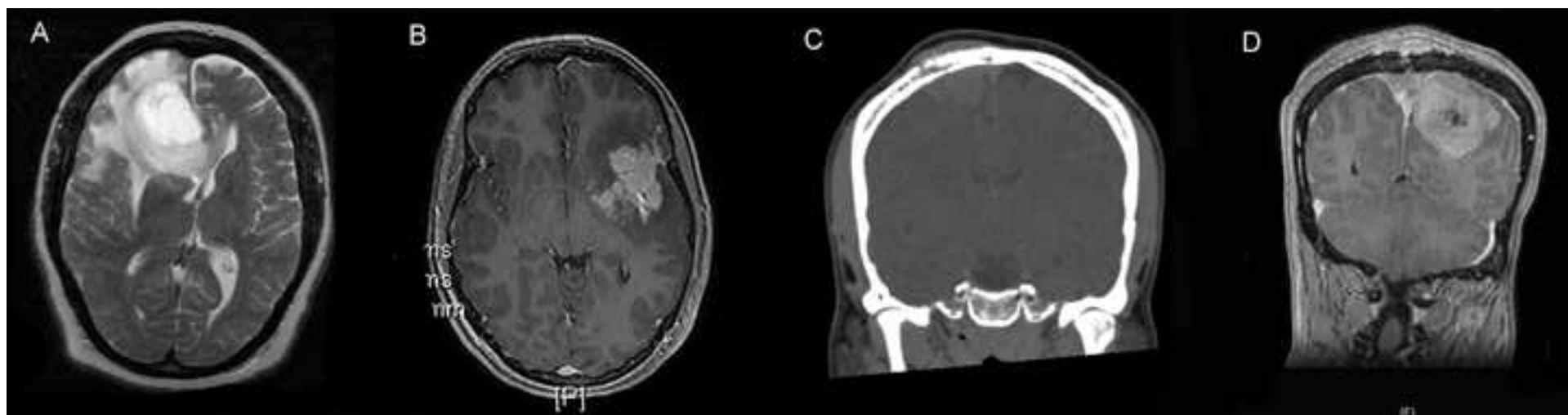
	n	Early recurrence, n (%)		Any recurrence, n (%)	
All, GTR	143	17 (12)	p=0.005	39 (27)	p=0.002
All, STR	62	20 (32)		31 (50)	
Convexity, GTR	79	5 (6)	p=0.001	17 (22)	p=0.01
Convexity, STR	22	7 (32)		11 (50)	
Parafalcine/parasagittal, GTR	18	8 (44)	p=0.64	9 (50)	p=0.44
Parafalcine/parasagittal, STR	19	7 (37)		11 (58)	
Skull base, GTR	26	4 (15)	p=0.077	9 (35)	p=0.14
Skull base, STR	18	7 (39)		10 (56)	
Sinus involvement, GTR	5	3 (60)	p=0.12	4 (80)	p=0.27
Sinus involvement, STR	21	5 (24)		11 (52)	
Adjuvant XRT	57	7 (12)	p=0.049	14 (26)	p=0.09
No XRT	140	28 (20)		50 (36)	
Adjuvant XRT, GTR	35	3 (9)	p=0.22	9 (26)	p=0.61
Adjuvant XRT, STR	20	4 (20)		5 (25)	

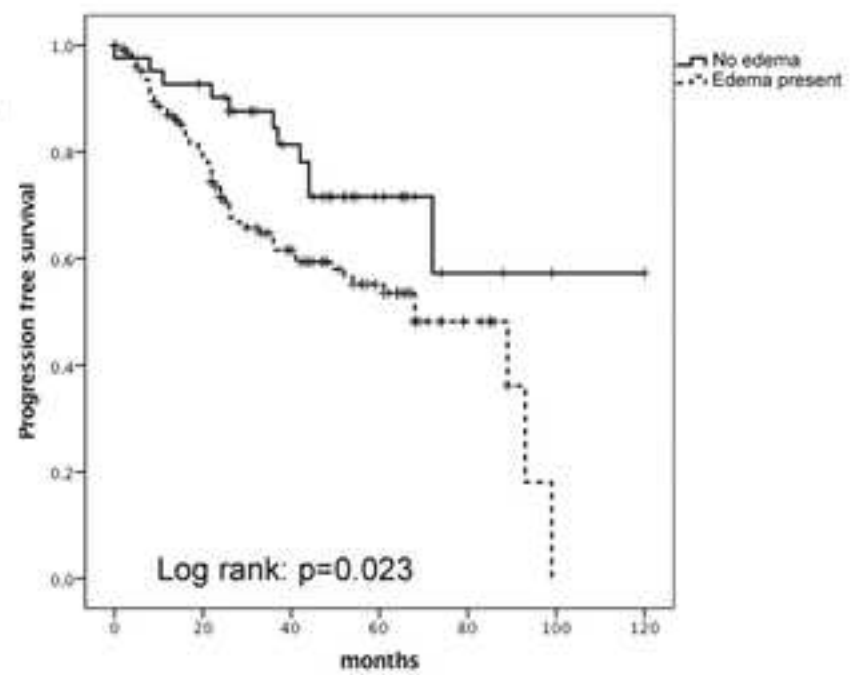
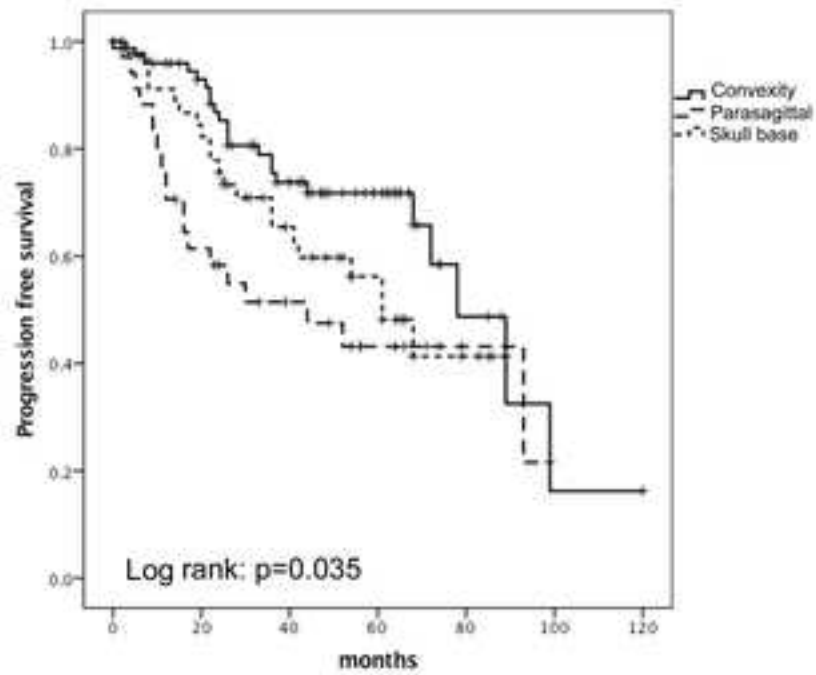
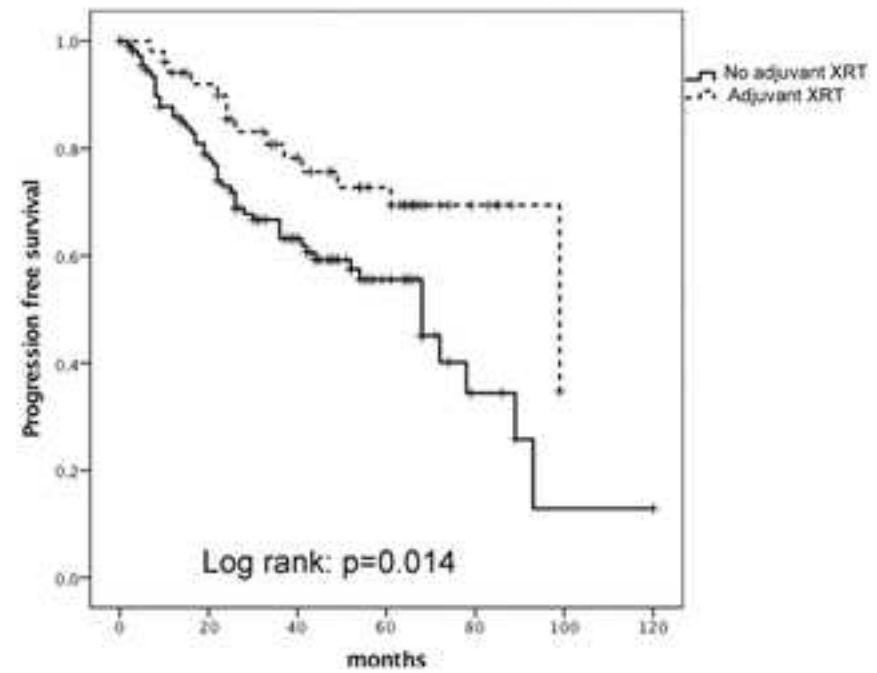
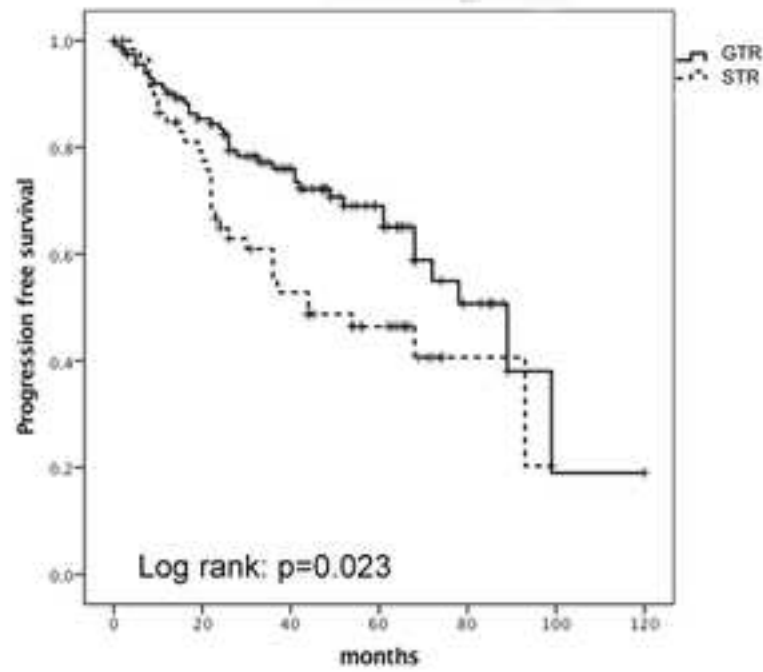
STR - subtotal resection; XRT - adjuvant radiotherapy; any recurrence - defined as recurrence within the period of follow-up

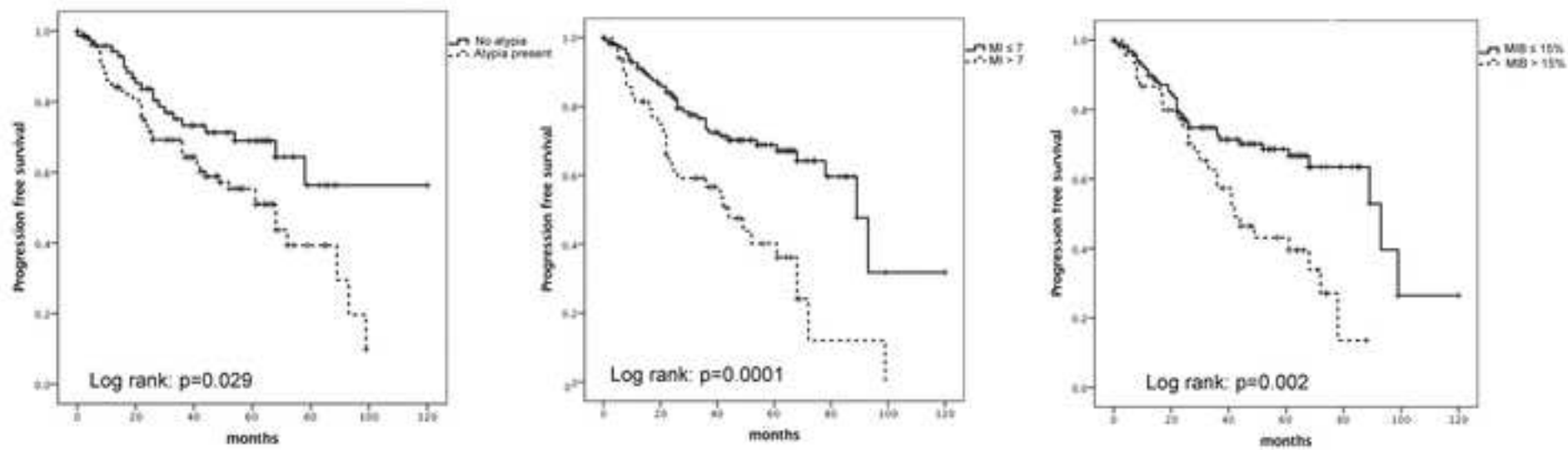
Table 3 Predictors of recurrence of atypical meningioma - Multivariate regression

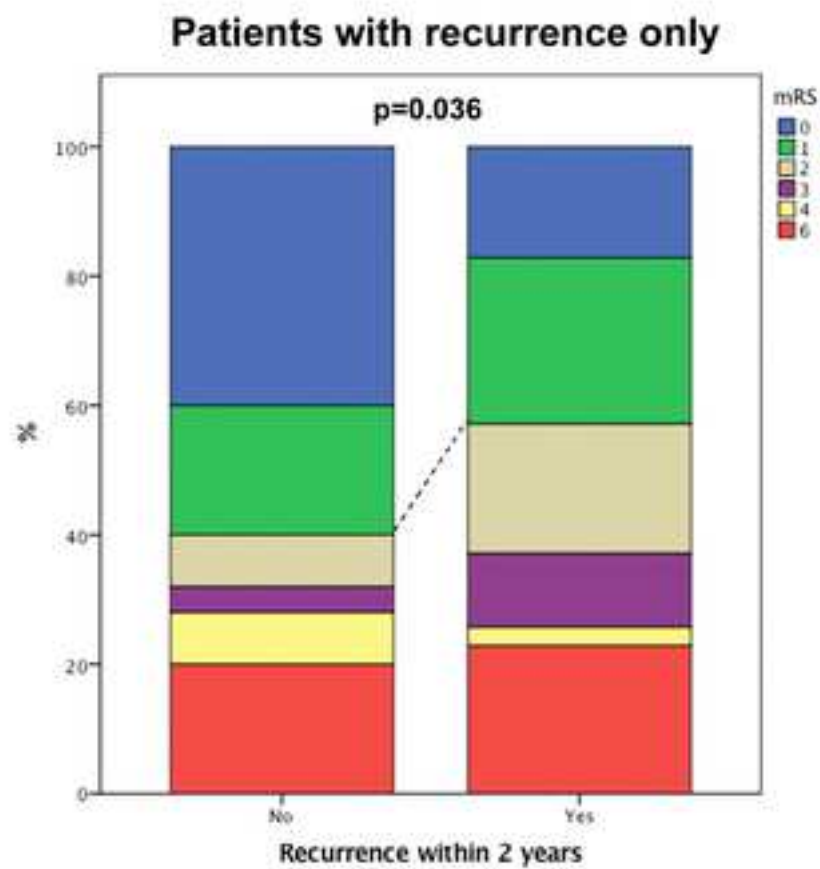
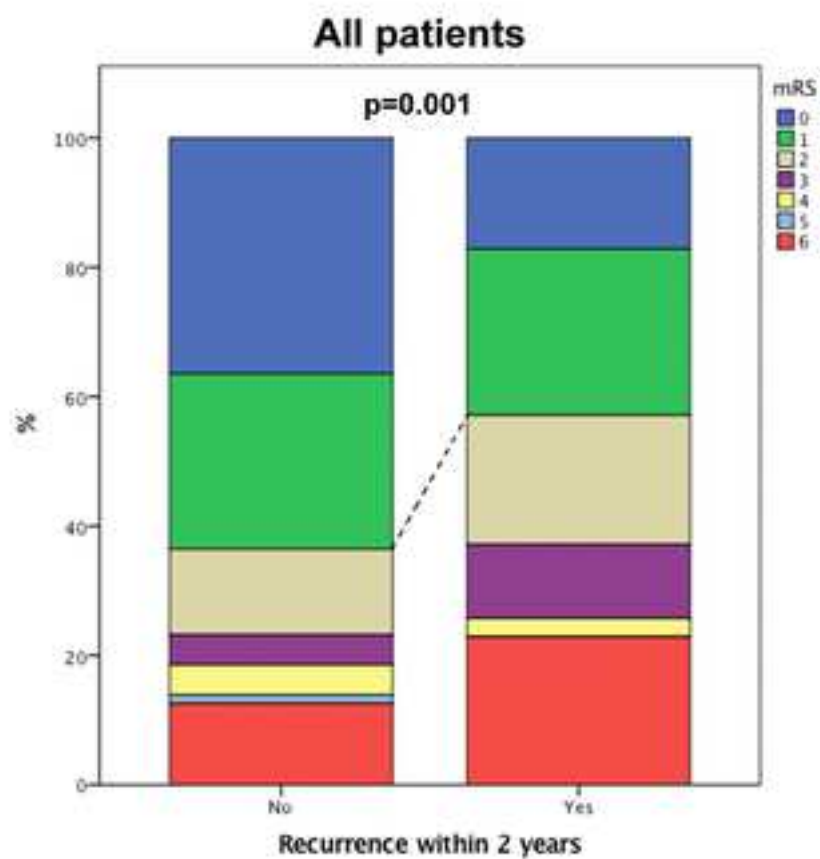
		OR	95% CI for OR	p
STR		3.62	1.48-8.88	p=0.005
Adjuvant XRT		0.38	0.29-0.97	p=0.046
Location	Convexity	0.85	0.29-2.46	p=0.77
	Parafalcine	3.81	1.29-11.22	p=0.015
	Skull base	2.95	0.91-9.62	p=0.07
Imaging	Oedema	4.62	1.19-17.90	p=0.027
Pathology	Atypia	1.14	0.39-3.38	p=0.81
	MI>7/10 HPF	4.27	1.40-12.19	p=0.007

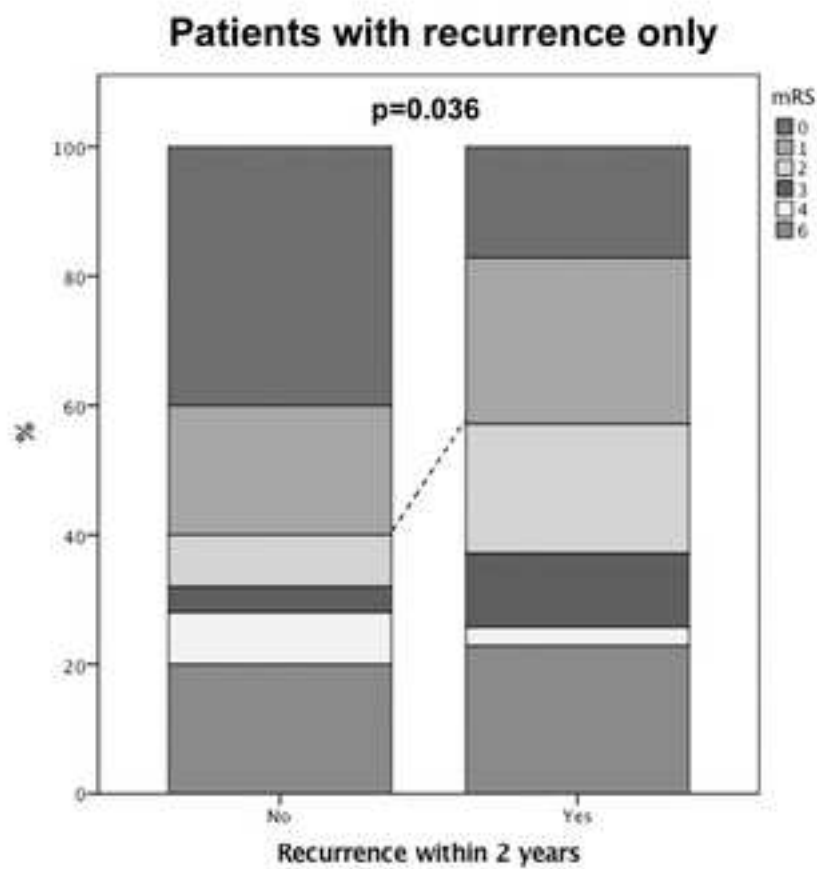
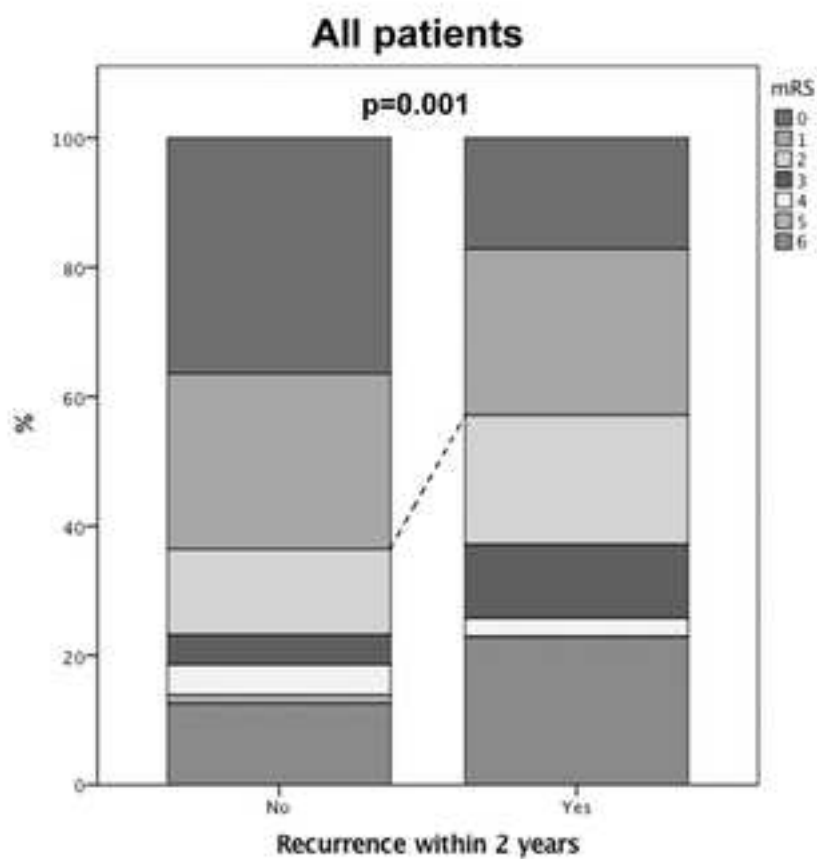
CI - confidence interval; HPF - high power field; MI - mitotic index; OR - odds ratio; STR - subtotal resection; XRT - radiotherapy













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